



Newsletter of North Gloucestershire Orienteering Club April 2020

www.ngoc.org.uk



NGOC Committee

Chairman Tom Mills <u>chairman@ngoc.org.uk</u>

Secretary Kim Liggett secretary@ngoc.org.uk

Treasurer Carol Stewart treasurer@ngoc.org.uk 01242 514988

Membership Secretary Simon Denman membership@ngoc.org.uk

Mapping Officer Paul Taunton <u>mapping@ngoc.org.uk</u> 01594 529455

Equipment & Development Pat MacLeod equipment@ngoc.org.uk 01594 528128

Logistics Support Stephen Robinson Stephen.robinson61@btinternet.co <u>m</u> 01594 841743

Welfare Officer Ashleigh Denman welfare@ngoc.org.uk Volunteer Coordinator Kevin Brooker ngocvolunteer@gmail.com

Fixtures Secretary & Permissions Officer Greg Best permissions@ngoc.org.uk

Legend Editor Alan Brown legend@ngoc.org.uk

Captain Shirley Robinson Shirley.robinson18@btinternet.co m

Vice Captain Hilary Nicholls Committee1@ngoc.org.uk

Committee Member John Fallows john@greyeye.co.uk 07971 782729

Committee Member Steve Lee

Committee Member Caroline Craig caroline.craig4@gmail.com

Cover: The cake for NGOC's 10th anniversary in 1980. (Thanks to Ian Phillips for supplying the photo). Any volunteers to make the cake for our 50th?



By now you will all be familiar with the problem caused by coronavirus in respect of our sport. The implications for the shortand medium-term do not look too hopeful but nevertheless we do have a number of urban events in the calendar from June onwards if restrictions are lifted. Apart from that we have a traditional forest event scheduled for September at Soudley. If it is deemed that groups can gather for sporting events at this time then this will be the Chairman's Challenge and 50th Anniversary Social held at the Dean Heritage Centre.

Hopefully you are all dealing with the aspect of isolation with stoic resignation and keeping your eyes off the carving knife in case you are overcome by suicidal ambition. Might be best to hide it and eat the joint straight off of the bone, giving full vent to the frustration of dealing with this world wide pestilence. As for sanity I talk to my aspidistra each day, if it ever talks back that will be the time to seek help.

Exercise, as we all know, is very important in fighting disease. It is also very important for those who, for many years, have used sport to 'dodge the bullet'. Some are lucky enough to live in the country with miles of open space and little habitation so staying reasonably fit is possible. For those not so lucky and living in a very close urban environment this is a little trickier. The web is full of ideas for in-house fitness possibilities. A couple of ideas you might like to try are wearing ankle weights, get 'em online, (make sure the Velcro straps are long enough) and yoga bands also online. Plenty of upper and lower body exercise via the web. By necessity I have used them after injury or other health reasons and both help to stop the decline. This also might be a good time, for those who have never tried it, and particularly those living in a town or city, to try MapRun. It could form your one hour of activity suggested by government. Organised MapRuns are cancelled as with all other events but you can do individual runs any time and as often as you like.

Over the past couple of months we have had a number of events, amongst them the CompassSport Cup. Despite the weather this was a very successful competition and both the courses and the effort put in by the large group of helpers were widely appreciated. As an extra 'bonus' those of us who spent a couple of hours pushing cars out of the mud had an unexpected additional workout. Two memories that have stayed with me are the back windscreen wipers that unexpectedly came on entrapping our hands on the back of the car, which seemed very amusing to me at the time. Less amusing was when a couple of cars retained four people in the car as we struggled and puffed to give them some momentum. Two people who worked tirelessly on this task for at least three hours were Andy Creber and Pat MacLeod and later the additional few who joined after their run for which the club is immensely grateful.

Finally I must mention Father Aidan Murray, now M90, who I hear is now in receipt of Legend. Aidan was my first mentor and a reason that I joined the club. It is therefore Aidan's fault if you think this article is rubbish for without him I would not be writing it.

Stay healthy, stay safe, stay sane. If you need help the club is here for you.



NGOC 50th Anniversary

In his Chairman's Chat Tom mentioned that Father Aidan Murray got him into orienteering. Well, we have had a couple of emails from Aidan:

1. "Laurence Townley has just informed me that you are about to celebrate your Golden Jubilee.

"I am delighted to congratulate you on this achievement.

"I'm sorry I can't say I was there at the beginning... I started orienteering only in 1972 and joined NGOC soon afterwards. I was sorry to have to give it up in 1996 due to pressure of work but I've always great memories. I mapped much of the Forest of Dean and managed several top events over the years.

"Yours sincerely

"Aidan Murray (M90)"

Fr Aidan Murray SDB (Salesians of Don Bosco)

"2. Thank you ever so much for the Legend... I've just read it right through.

"Delighted to see Tom Mills at the top... I can claim to be the one who got him into orienteering many years ago!

"Nice also to see a number of names I remember... and places where I've done mapping... and orienteering.

"I can feel a desire to get back into it... I can't run but there's no reason why I can't walk round... I must look up my local Guildford Orienteers.

"Thanks for location of Lightning Tree Hill... Now I remember it. British Champs 1987... I was certainly involved but can't be sure in what capacity. If I remember rightly we had glorious sunny weather...

"Good to hear from you. My memory fails me: Lightning Tree Hill rings all sorts of bells but I can't remember where it is. I think it is part of the Speech House wood but not sure.

"You have my permission to use any or all of whatever I said... with the proviso that my memory is not infallible! I'd love to see the Legend again... and would appreciate your Historic Forest of Dean Maps.

"Kind regards to all the members,

"Aidan"

Legend special edition

Given that we are all stuck at home at the moment (and possibly in need of reading material) and that the editor has been sent a large amount of interesting photos, maps and documents about NGOC from some decades ago these will be used to make up a special edition of Legend for issue at the end of May/beginning of June. If you have anything you would like included please send to: legend@ngoc.org.uk

Alan Brown

Making Orienteering Inclusive Workshop



On Saturday 25 January a few club members attended a workshop run by Nath Fernandes. Nath is an inspirational young man who has attended a number of NGOC maprun events, turning up by public transport and heading off despite not knowing if there will be gates or embankments or other obstacles in his way. He has been a wheelchair user all his life and certainly doesn't let it stop him from achieving his goals.

At the workshop, Nath shared his experiences of orienteering courses and gave us some pointers about what planners should consider when planning an accessible course. I am sure Nath would be happy to share his presentation with those who where unable to attend but in brief summary some of the main points I took away are as follows:

• The only way you can assess whether something if accessible is by going round the route; Google Earth and the like can be out of date.

• Look out for drop kerbs, offset and cycling gates (and their widths), parkland without a hard path, uneven/muddy footpaths, bollards and embankments as well as steep slopes.

• Be aware that there are a wide variety of types of wheelchair with different turning circles, rear/front wheel drive, different lengths, different levels of stability, different widths and so on – the best advice is to know in advance that a wheelchair user or person with some other type of disability is coming and mark up a map based on their individual circumstances.

• Controls - try to place controls on the path as even a short distance from the path can be out of reach for a wheelchair user. Be aware of the height of the control, place it at wheelchair height.

• Paths – most wheelchairs can manage light gravel paths in the summer but avoid uneven footpaths with steep embankments. For night events, pavements are the best option.

• Roads – avoid major road crossings that don't have pedestrian crossings/traffic lights as it can take a wheelchair user a while to cross the road.

• Maps – mark up a map with areas that are not suitable for wheelchairs, such as parkland, and specific controls that will be inaccessible due to gates/steps etc. It might be worth marking in safe crossing points too.

• A good length of course for most wheelchair users would be 2 - 2.5km if you were planning a linear course but, again, this may be specific to an individual.

• Ensure the start location is accessible – not up a slope, for example.

• Cover extra risks in the risk assessment for the event. Nath shared a risk assessment produced for the West Swindon Urban event in September 2019 which had an accessible course which he would be happy for those of us who attended the course to pass on if required - just speak to me, Pat Macleod or Tom Cochrane.

It was an interesting workshop with a number of anecdotes about situations Nath has found himself in. It certainly made me think about things I will take into consideration when I am planning my next Maprun course later this year.

Accessible orienteering is in its infancy and it was great to be involved in cross-club discussions about how best we can open up our events to a wider range of individuals.

And the big take home message was – "If in doubt, just ask the individual!"

Ashleigh Denman

CompassSport newsletter awards 2019

You will all have noticed the new CompassSport newsletter award banner on the front cover: this is the fifth time Legend has been given this accolade.

For 2019 six clubs' newsletters were recognised: in alphabetical order of club they are: BKO Newsletter (BKO – David Jukes), Newstrack (DVO – Sal Chaffey), Capital O and O Zone (ESOC - Mike Stewart & Leonne Hutchison), The Legend (NGOC – Alan Brown), SNaggers (SN – Lucy Paton), Score (SOA – Sheila Reynolds).

<u> Urban orienteering – Gurkha style</u>

(Gurkhas recruited into the British Army from remote villages in Nepal may never have seen even a car before they travel to the UK for their training. This extract is from "The Gurkhas" by John Parker, published in 1999 by Headline Book Publishing.)

"Their introduction to British life is tenuously begun walking the streets of towns and countryside around the barracks - a sight now familiar to those who live in the area. Their first excursion into this brave new world is in groups led by a section commander to the towns of Fleet, Farnham, Farnborough and Aldershot. Over a period of several days, they discover the complications of zebra crossings, traffic lights, public transport, public telephones, the post office and so on. The next stage will be a tour of larger towns in groups of four without a leader from the permanent staff. When these manoeuvres have been completed successfully without mishap, an 'urban orienteering exercise' is begun. The trainee Gurkhas now set off in pairs to visit London, negotiate trains and the Underground, which has been known to put the fear of God into even some of the toughest recruits. Misunderstandings are not uncommon. One recruit from a particularly remote part of the Himalayas was confronted by a middle-aged lady dressed in twinset and pearls waving a tin emblazoned with the letters RSPCA. He duly put a coin in the tin and later reported back to his platoon commander that in England the beggars are most respectable and very well dressed."

Map Making - a personal history

Alan suggested an article for Legend about my "Map Making". I thought I would approach this by giving you a potted history of my experiences and hope you may find it interesting. I would not call myself a map making expert but I have some experience and would call myself competent. There are many ways of taking part in the sport of orienteering: competing is just one way, organising/planning/coaching are others and "making a map" is as much a part of the sport as anything.



An epidiascope

Early Days

My father was an early pioneer of orienteering and he established a school O club in Manchester (St Bede's College). He helped to organise MDOC events and in those days this included producing a map. The six-inch to the mile (1:10,560) OS maps were the most detailed available and these were initially just copied, maybe with some additions. These then became the base maps for more ambitious re-mapping projects. Everything was done with tracing film and a set of Rotring pens. The school had an epidiascope, which was an optical device to project an image of an opaque object (base map) on to a surface (tracing film) which could then be copied by hand. The image could be adjusted in scale allowing a 6" map to be enlarged to 1:5,000 for example. You can imagine it was a painstaking process. The area to be mapped, more often than not, covered more than one OS map sheet, and so the base map would literally be cut and pasted together with scissors and glue.

I helped my father with surveying these early maps. A section of map would be copied for field work and taped to a board, then the day's work would be to systematically wander around the area. An OS map has reliable field boundaries, major tracks and probably significant streams, so the first task was to plot the other linear features in the area, smaller paths, ditches etc. Plotting was done with a *trundle wheel* – we used an old bicycle wheel with a bit of tape around the tyre. My father would walk ahead along the path to a bend, take a bearing back to me using his old army sighting compass, then I would "trundle" up to him counting wheel turns. With a bearing and distance, I think one turn was two metres, the section of line was plotted and the process continued. The linear feature would start from a known point at one side of the area and hopefully finish at another known point, the cumulative errors meant that some adjustment and artistic licence was necessary to get a good fit.

The second stage, after all the linear features were mapped, was to tackle the point features. My job here was to stand on the point feature, knoll, pit etc while my father walked around trying to find a fixed point, path bend, junction and take a bearing back to me. Visibility was often difficult and a bright flag, lots of waving, and maybe shouting, would be called for. Ideally three bearings will fix a point, the lines form a small triangle and the centre of the triangle should be the location. The skill in triangulation is choosing fixed points which are not so far away you can't see the original feature and form a triangle which is not too long and thin.

The third stage was to improve the OS contours, making reentrants deeper, spurs broad or narrow as required. Whereas plotting lines and points is a very scientific process, contours call for an altogether more artistic approach.

After the day's field work the scribbles on the drawing board were copied onto the master survey. At this point the scribbles need to be clean lines which can in the final process be traced onto separate films, one for each colour on the map.

I remember many visits to Lyme Park in south Manchester and over years the map evolved from black and white through two colour to multi-colour. One version used a revolutionary base map produced at the University of Manchester using a stereoscopic pair of aerial photographs; everything visible in the photographs was traced onto the base map, contours too.

The field work involved wandering over the area trying to work out what had been seen in the photographs, lines may be the shadow of an earth wall, a ditch, or nothing at all. Of course these photogrammetric maps are of limited use in a wooded area but do accurately show clearing, rides, vegetation etc.

A more ambitious project was when we updated the MDOC map of "High Dam" in the South Lakes. My father and a team of sixth form boys did their first survey in 1971. At the time it was sold to



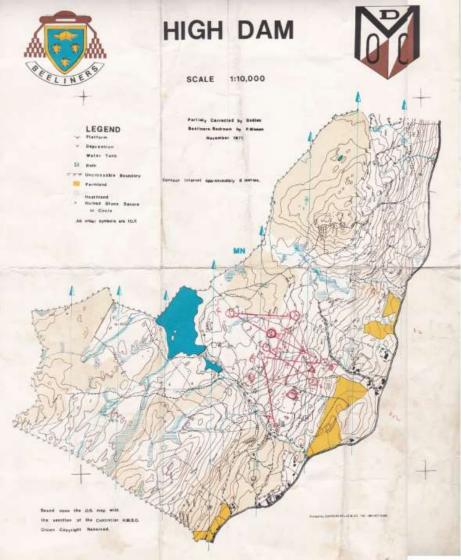
Camping at Finsthwaite Heights 1971

me as a family holiday, a week camping over half term. The early map was updated again, using a photogrammetric base map in 1978 before being re-mapped professionally for JK83.

Next Steps

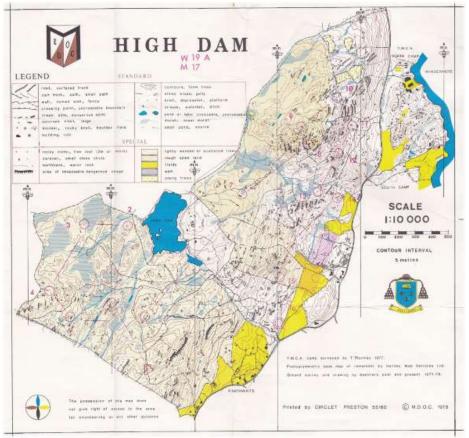
Around 1972 Robin Harvey published a book "Map Making for Orienteers". He described a professional approach which amateur map makers could adopt. This certainly influenced my surveying; previously the field work was recorded in a note book. His book introduced the idea of drawing the map with a standard set of symbols and colours in the field. A pacing scale for distance measurement replaced the trundle wheel. The drawing board became a piece of Perspex with tracing film fixed over the base map.

My first solo map, in 1978, was a patch of countryside and playing fields near my home in Manchester. It was a three colour map hand drawn on film. Not worthy of professional printing, but one of the first maps MDOC tried to print using an offset litho



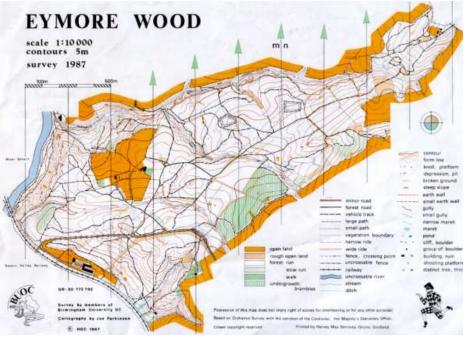
Early Map of High Dam 1971

printer they had acquired. It gave me good experience of cartography however - it's not enough to plot features in the correct place, you have to draw them so they can be redrawn using the standard map symbols with the standard sizes. Too much detail and it becomes illegible.



Later Map of High Dam 1978

I lived in Ipswich for a few years and drew some small park maps. Then I moved to Birmingham and took on the cartography for some HOC maps. Helped by a small team from Birmingham University we surveyed and drew a map of Eymore Wood near Bewdley. I have a vivid memory from this time: I was trying to get the contours right on the steep slope falling to the River Severn. It was late in the day and I had the wood to myself; I heard, then saw, an owl. Running an orienteering race can be solitary but usually there are often plenty of people around and its always a bit of a rush. Surveying an area on the other hand, is completely peaceful and you are creating something unique and personal.

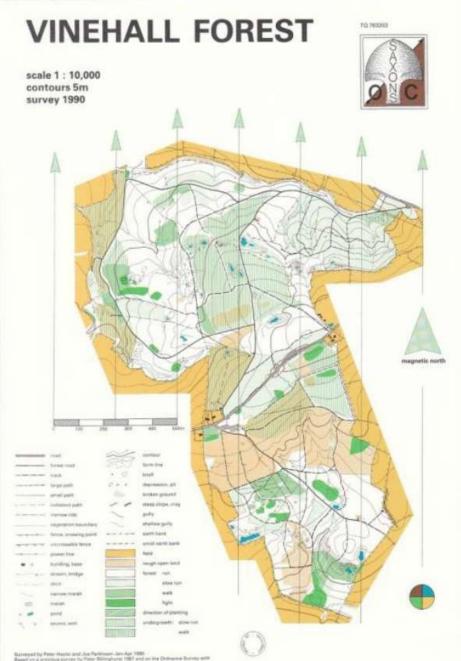


BUOC map of Eymore Wood 1987

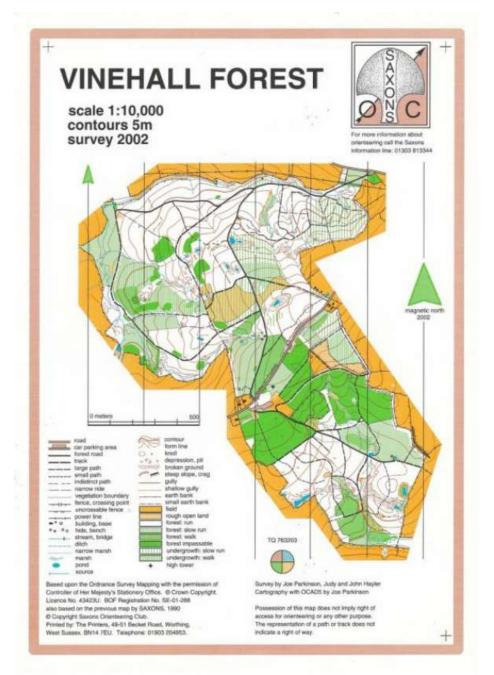
<u>OCAD</u>

I was first introduced to OCAD around 1995. Terry Foxton was a prolific surveyor and cartographer at the time, and had moved on from using pen and ink to scribing maps. I have never attempted this process but I understand you use a scribing tool to cut lines in an opaque plastic film to give a much crisper line than possible with an ink pen. He persuaded Wye Valley Orienteers to buy a copy of OCAD and a PC Computer. The early versions of OCAD would seem very primitive to us now, only straight lines where possible, and editing was limited, but obviously this was the way forward as computers became affordable. Initially digitising was done using a graphics tablet, as scanners had very poor resolution at the time.

I bought a PC a few years later when I was in Kent and one of the first programs I installed was OCAD. In 1990 I had surveyed



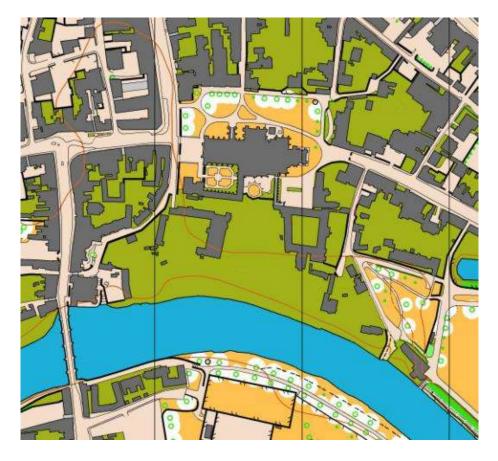
Vinehall Forest, Pen and Ink 1990



Vinehall Forest, OCAD5 2002

and drawn a map of Vinehall Forest in East Sussex. And in 2002 I had the opportunity to update the map with OCAD. I think my first map was OK but the OCAD version is better. OCAD enables anyone to produce a map with a professional standard of cartography. It's interesting to compare the changes to the map over 12 years - the big difference is the vegetation, although I think some of the chestnut coppice must have gone through a full cycle.

Moving to Southampton I took part in a program to produce 1:1,000 maps for local schools using OCAD. The large scale took some adjustment but the same mapping principles apply to ensure the clarity of the map.



Present Day

I hadn't taken on any major cartographic projects for many years until recently I produced the Urban O map of Hereford City for NGOC. In the intervening time photogrammetry has been replaced by Lidar and 6" OS maps have been replaced by OS Digital Maps. My base map was expertly produced and converted to OCAD format by Pat Macleod. With an urban map, and this quality of base map, there is no need to plot points or check directions. The only problem is to clearly mark ucrossable boundaries and delete unnecessary lines. Underpasses and multi-level areas present a challenge to an urban cartographer not found in the forest, the conventions here I think are still evolving.

Any time in the forest is a joy, and the intensity of a day's surveying / cartography is to be recommended to all.

Joe Parkinson

COMPETITION - ANSWER



The identity of the orienteering thespian from the last edition of Legend? It is: Sam Taunton.

Lin & Gaye Callard retire

Sadly Gaye and I have decided to retire from Orienteering. My getting mildly lost occasionally is one thing but doing so at every event and not being able to relocate without outside assistance becomes tedious. We have taken to making longish walks using 1:25000 OS maps and a smartphone. The latter shows where you are and is wonderfully calming.

We have enjoyed our time with NGOC and appreciate all the work that volunteers do to keep the events happening. Please pass on our thanks to all those who have done so for many years such as Carol Stewart, Pat MacLeod, Bob Teed, John Fallows, Paul Taunton and many others. I apologise too to all those members who I have had difficulty in identifying for some time. Having been caught out many times by acknowledging someone as Fred and only discovering later it was Brian, encourages one to retire into a shell.

All the best to you and NGOC as a whole,

Take care,

Lín Callard

Frances Alexander retires

Having had to stop orienteering years ago because of foot and back problems, I kept up subs. in the nostalgic hope that some time I might be able to do it again - but have now decided not to renew any longer. What a wonderful sport it is and what pleasure it gave me.

Frances Alexander

Derek Hobby

Hi Pat,

I hope you are well. I'm not sure who would know my dad within NGOC but unfortunately he passed away following a short illness last Monday [6 January]. Dad introduced me to NGOC and I first took part in (if I remember right) wayfarer courses when I was probably 8 and with my brothers also competing in their own age/course categories. Dad was a keen orienteer and also was a life member with Cheltenham and Country Harriers Athletics Club. He was integral to me starting competing again in orienteering over 10 years ago where we would compete on the same course and analyse our mistakes etc. For the last few years he has been timekeeping for the Worcester parkrun and was also running a few days a week.

I know his membership lapsed a few years ago, and I kept trying to get him to come along, but I thought the committee would like to know.

Best regards,

Paul Hobby

Our esteemed Chairman is on a mission to persuade more chaps to turn out on Wednesdays with the Army and these events are placed before our readers as a Good Thing. As a further inducement we have persuaded our most distinguished member (as to family background, not orienteering ability) to allow us to present extracts from his orienteering memoirs.



Note two cunning traps for the unwary orienteer: 1:4,000 scale and the offset north lines

Bertie and the dumbbell

"Rally round, Jeeves, I need your advice."

"Certainly, sir, how can I be of assistance?"

The fine fellow had materialised at my elbow, oozing goodwill and eager to help the young master, in proper feudal style.

"This next orienteering event, at Trenchard Lines, Upavon. The joining instructions say here: '24 controls. Dumbbell style. Controls must be collected in pairs...' What does it mean, eh?"

"I regret that I have no information, sir."

"What?! I thought you knew everything, Jeeves."

"Regrettably not, sir, but I do know that Trenchard Lines is named after the late Hugh Montague Trenchard, 1st Viscount Trenchard, 1873 –

1956, who has been described as the 'Father of the Royal Air Force.' Although the gentleman actually started his career by . . ."

"Fascinating as your knowledge about Trenchard Lines is, it is not germane to the dumbbell problem" I interrupted.

"I do apologise, sir."

So it was that Bertram, with Tom, Sheila and Kim, ventured into the orienteering unknown. During the journey I regaled the others with a couple of stories that I had heard from Jeeves.

The first was told by an acquaintance of Jeeves who works in the local hospital. Recently, he said, some blighted female walked in, risking spreading it round, saying that she thought that she had the Coronavirus. Why did she think that she had this? Because she was feeling unwell after eating a Chinese takeaway. It's true, honestly.

The second was from another friend of Jeeves whose wife had a strange dream. She dreamt that she was in an expensive antiquarian book shop with her husband and she was getting a little concerned that he was intending to buy rather a stash of books. She became even more concerned when he was plied with whisky by the manager who persuaded him to buy a book for several thousand pounds and expected his wife to cough up the dosh. Unluckily for the husband she remembered all of this when she awoke and proceeded to recount the dream in full detail and with increasing animation and ended by giving him a good scolding. Jeeves and I had a long discussion about this and concluded that parliament ought to pass a law against females.

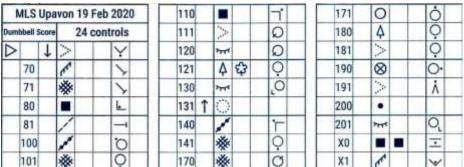
After spending the rest of the journey in a lively debate about whether women should be outlawed (if I remember correctly the occupants of the car were 50% for and 50% against) we were glad to park in the shelter of a large aircraft hangar as it continued grey, cold and windy and was threatening rain.

Then it was time for a difficult decision: which footwear? Urban suggested trainers for running on asphalt but I could see Bertram skidding on wet, muddy grass and maybe doing himself a mischief. In the end I made the right choice – studs – as I could avoid much of the asphalt by running on the grass verge.

When is Wooster going to tell us what a dumbbell is? I hear my readers grumble. At this rate we may as well pay a visit to Tom's burger van while W. rambles on.

Well, a dumbbell event is – no, I must mentions shorts first. Mostly the joining instructions prohibit the wearing of shorts but, as this was an urban event, they were allowed. Really, it was so cold, wet and windy anyone wearing shorts needed his head examining. I did see one geezer in shorts and, if he had been a bit nearer, I would have pointed him in the direction of the M.O. That reminds me of another gag of Jeeves's: "any fool can be uncomfortable." Well, not this one, I can tell you.

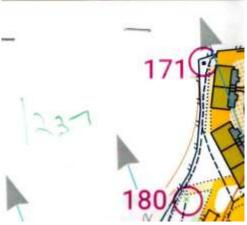
Well, a dumbbell event is rather like an ordinary score event, don't you know, where you can visit controls in any order. But the catch here is that you have to visit a pair of controls before visiting the next pair – or else they don't count. I mean to say, if you visit 110 you must make 111 the very next one that you visit or it is 'nul points' for that pair. By the way, I wonder if we are still allowed to enter that song competition now that we've left the EU?



Rather obvious which controls are paired, what! If your pair is 110 and 111 you can visit either of the pair first. A good wheeze is to pick pairs that are close to one another (some pairs are at opposite ends of the map) and make sure that the second of the pair is near the first of another pair.

Some of the chaps sounded very dubious about trying something new and elected to do the boring old green course, muttering darkly about not liking score events. But the Woosters are renowned for their derring-do and fearlessness and this Wooster is no exception. Unfortunately I had not quite taken in these dumbbell intricacies and visited several controls before remembering that the idea was to visit a pair at a time. Even so I managed seven pairs and wasn't anywhere near last.

I must be off my chump – I nearly forgot my top tip for score events: take a watch. Obvious I hear you groan. But wait – part two of the tip is to take a pen as well and write down the time when one must finish! The last time I ran here in a score event I had looked at my watch to note the time, took up a map and set off. A while later I looked at my watch and realised I had forgotten my start time. Not wishing to lose points for lateness I soon finished and suffered much anguish (or

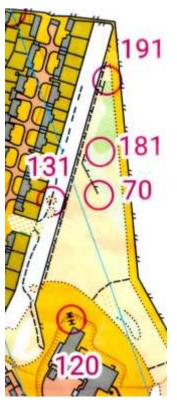


should it be angst?) to find that I had only done 40 out of the 60 minutes. Have you ever heard of the phrase "I nearly died laughing"? I had thought people only did this in stories but I did wonder if the cove at Download, when he printed my results slip, was really going to hand in his compass, the blighter.

1237 - the time at which Bertram needed to finish without being late

I enjoyed the course and even remembered the light green bit round 101 was dashed awkward so after dibbing the control I returned the (yellow) way that I had used to approach it. I would like to put on record, however, that the long fence from near 191 to near 120 is impassable although someone has drawn a track so close to it that the double dash marks are difficult to see. This caught out many punters.





I arrived back earlier than usual at the old homestead since Upavon is much nearer to Cheltenham than the usual venues.

"Good afternoon, sir, I trust that you enjoyed your run?"

I explained about dumbbells and he commented that it was "an ingenious device to ensure the best possible use of a modestsized area."

"And did you encounter The Colonel, sir?"

"Oh, yes, top chap The Colonel. He showed a great interest in my exploits around the course today. What a pleasure it is to have such an experienced, safe pair of hands in charge of BOK Army."

"Indeed, sir? That is not the language we normally use in relation to that gentleman."

"Oh, that, Jeeves. Just a little

misunderstanding, all on my part of course. As I say, a top bloke. Not only that, it's his birthday and he brought along masses of cakes. He pressed two on me and insisted that I bring one back for you. Here it is."

"I see it has been a little squashed in transit, sir, but it was extremely kind of The Colonel to think of me; please pass on my felicitations when you next see the gentleman. Can you tell me, sir, does The Colonel purchase his pastries from Harrods or Fortnum & Mason?"

"Well, Jeeves, how can I put this . . ."



Inter-Services Orienteering Match

This competition was held as part of the event at Lightning Tree Hill on 19 January; the event report on the BAOC website included this comment:

> "Excellent organisation by the hosts, the North Gloucestershire Orienteering Club, made for a friendly and fun atmosphere, with a convivial sporting camaraderie between the Service teams evident throughout."

British Orienteering incentive scheme Awards

Congratulations to the following members who have been awarded incentive scheme certificates for their performances at orienteering events.

Hannah Agombar	Racing Challenge: Bronze Award **
	Navigation Challenge **
James Agombar	Navigation Challenge **
Katie Agombar	Racing Challenge: Bronze Award **
	Navigation Challenge **
Ashleigh Denman	Racing Challenge: Gold Award ***
Thomas Simpson	Navigation Challenge ***

<u>Beavers in the Forest of Dean</u>

A pair of beavers released in the Forest of Dean as part of a scheme to tackle flood risk are said to be settling in well - and building dams. For the full article go to:

https://www.bbc.co.uk/news/uk-england-gloucestershire-51207304

Have your say!

Are there any matters that you would like the Committee to consider? Contact the Club Secretary, Kim Liggett, or any member of the Committee.

Articles for Legend

We are always looking for articles and photographs on anything to do with orienteering. Send your article/pictures to <u>legend@ngoc.org.uk</u>. Thanks to everyone who contributed to this edition of Legend.

<u>Disclaimer</u>

Views expressed in this newsletter are not necessarily those of the North Gloucestershire Orienteering Club.

