



Newsletter of North Gloucestershire Orienteering Club July 2021

<u>www.ngoc.org.uk</u>



NGOC Committee

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Alan Pucill	Vice Chairman Vacant	
treasurer@ngoc.org.uk	Vacant	
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Additional Co-opted Committee Members (Non-voting)		
Volunteer Coordinator	Communications & Publicity	
Kevin Brooker	Tom Cochrane	
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The above shows the committee structure set out in the NGOC constitution.

Front cover: NGOC stalwart Chris James sadly passed away on 8 June.



Chris James, a key member of our club for many years, passed away on 8th June following a short illness bravely borne. He will be much missed. His wife Gill told me that she wanted to let friends know that he had a peaceful end at home with her. His funeral was held in the Forest of Dean, and a socially-distanced group of club members and other orienteers attended to pay their respects. An appreciation of Chris appears in this issue of Legend.

When I wrote my last Chairman's Chat, in early April, NGOC had just staged its first orienteering event after a four month lockdown. I'm pleased to say that since then our proposed fixtures have gone ahead largely as planned, although there have been a few extra restrictions to ensure social distancing. Unfortunately the South West Sprint Championships, due to be held at Cheltenham Racecourse in July, were postponed because of delayed building works affecting our access. Whilst the choice of events within reasonable travelling distance of Gloucestershire has been somewhat restricted, we have held our usual League events and midweek evening Mapruns. Additionally, there have been several run-when-you-like "training" Mapruns planned by Tom Mills - I'm pleased to say these were in the forest, rather than urban like most recent events. Our neighbouring club BOK has held two Regional events and a series of Wednesday evening events, so, for those of us in the lucky position of being able to get to midweek events, there have been almost as many events as usual! We have not yet had confirmation that Forestry England will permit the events programmed in the Forest during the autumn but we cautiously optimistic that they will go ahead.

I was pleased to hear at the recent SWOA meeting that the South West Junior Orienteering Squad (SWJOS) has been busy, holding training sessions on Zoom and encouraging individual training during lockdown. In May the juniors made good use of fixtures far and wide. An unprecedented 14 south west juniors were nominated for the British Orienteering summer training camps, including two NGOC runners: Rose Taylor has been selected for the Badaguish camp (for 15s); and Rebecca Ward has been nominated for the Stockholm camp (for 17s). Well done both! The camps are unlikely to take place in their usual format because of international Covid restrictions but useful training will be organised.

The club has some active juniors, but unfortunately Captain Shirley Robinson was unable to get together a full team for the annual junior competition, the Yvette Baker Trophy. But I'm pleased to report that our coach Gill Stott has been busy promoting orienteering in Gloucestershire schools and is having some success in introducing youngsters to orienteering. Gill has mapped several schools including the extensive Gloucester Academy. Her current aim is to provide some cross community/school events after school or at weekends in their local parks.

Lochaber 2021, this year's Scottish 6-day event, is planned for 1st to 7th August and the organisers are now confident it will go ahead. At present the Scottish Covid restrictions limit events to 1000 participants so, unless restrictions are lifted, the event becomes two 3-day events, each with half of the 2000 entries. The 27 NGOC entrants have been allocated days 1, 2 and 5 (unless they have chosen to run with friends or family in another club). The organisers still hope that restrictions will be lifted to allow people to run all 6 days, but currently it appears unlikely that any relaxation will occur until just after the event has finished. Hopefully the restrictions will permit a club barbecue?

The postponed British Night Championships is now to be held on Cleeve Hill on Saturday 27th November. Organiser Pat Macleod will be looking for plenty of helpers on the night to make sure that this major event goes smoothly. Keep the weekend free to help on Saturday evening, then run at the BOK Regional event at Cannop Ponds the following day.

Looking ahead to Easter 2022, NGOC hopes to be assisting the Welsh Orienteering Association by taking on the planning and organisation of the JK22 Middle race on Saturday 16th April. We have an organising team in place (thanks to Andy Creber, Pat Macleod and Joe Parkinson) but now the outline permission to access to the area given by National Resources Wales is in doubt, since management of the area has recently been transferred from NRW to the landowner. Efforts are continuing to if possible retain the area, as an alternative suitable for a major event has not been identified.

I'd like to thank the committee and our event organisers for persisting with their efforts to gain permission for and hold events in these unusually difficult times. Two committee members have told me that they will be stepping down at the AGM in the autumn. If you think that you might be able to help, please drop me an e-mail or perhaps have an informal chat at an event. Committee meetings are now held using Zoom, which gives a considerable time saving for members spread over the whole of Gloucestershire.

Hope to see you at an event soon!

Paul Taunton

CHRIS JAMES



Chris always welcomed newcomers with a smile and was always willing to help out.

Shirley Robinson

He was one of the first orienteers I met when I started with WYE. Always so encouraging, helpful and enthusiastic. He was such a modest man that I had known him for years before realising that he had been involved in the national body and that in his earlier years he had been an orienteer of some renown.

Alan Pucill

Chris was the first orienteer I ever met at the first event I went to in Cranham Woods. He taught me how to put the dibber on and how to dib.

Ashleigh Denman

Chris backed me into a corner and convinced me I should become Club Captain - 12 years later I'm still on the committee - his enthusiasm was infectious with great powers of persuasion!

Greg Best

For the British Orienteering announcement about Chris please click here: <u>British Orienteering</u>

In Loving Memory of

Christopher Edward James

31st July 1939 - 8th June 2021



The Forest of Dean Crematorium Friday 18th June 2021 at 10.30 am



Chris' family wish to express their sincere thanks to relatives, friends and neighbours for the kind messages of sympathy and attendance at this service.

> Donations in memory of Chris are for Cancer Research UK

and

Macmillan Cancer Support.

Donations may be sent to Abbotsfield & Dawe Brothers at the address below.



1 Cantilupe Road, Ross on Wye HR9 7AN Telephone: 01989 562762

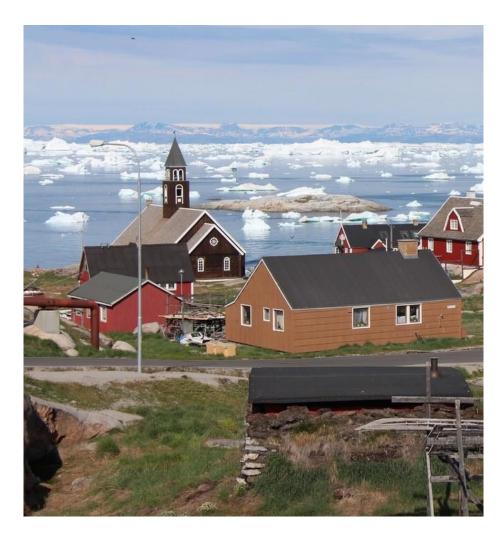
Orienteering under the Midnight Sun

One of the joys of orienteering is the chance to compete in events abroad. I love travelling in polar countries, so leapt at the chance, five years ago, to compete in the Midnight Sun orienteering festival at Illulissat in northwest Greenland. It proved to be my most memorable event ever.

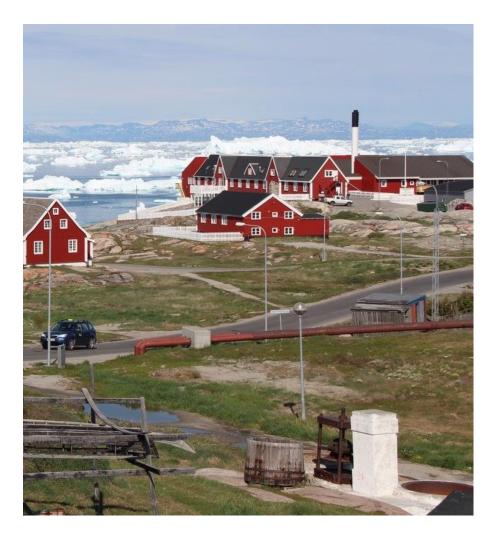
My wife and I took a flight from Iceland in a small and noisy turboprop aircraft, flying low over the Greenland icecap and emerging down the internationally famous ice fjord that lies to the south of the town. A chance to see global warming up close as huge azure meltwater lakes dotted the icecap while the nearby glaciers are receding rapidly, producing hundreds of offshore icebergs. The airfield itself, hewn out of the bedrock, is compact in the extreme, taking only short-take-off and landing aircraft, which on their return trip must refuel further down the coast, as they cannot lift off with a full fuel load.

Ilulissat (then Jakobshavn) was established by the Danes in 1741 as a trading post and is nowadays home to about 4500 people and an equal number of sledge dogs. Lying 350km north of the arctic circle, it has permanent sunlight during the summer months and like many arctic townships is a mass of colourfully painted buildings. Fishing and tourism are the main occupations and we stayed at a lovely hotel marketed as the most northerly four-star hotel in the world. The town has an active orienteering club, with the festival supported by helpers from Denmark. Small and friendly, about 100 runners from all around the globe had made their way to Greenland.

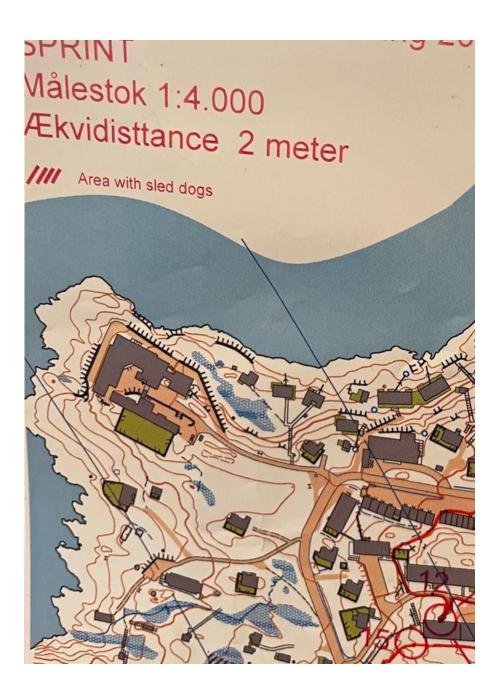
First up was a classic race on an area to the east of town. The landscape is still emerging from the ice age and consists of serried ridges of whaleback rocks several metres high that run over long distances. Progressing along them is easy, crossing them is very tricky and had to be done in the right place, with caution. In between the rocky ridges are numerous boulder and

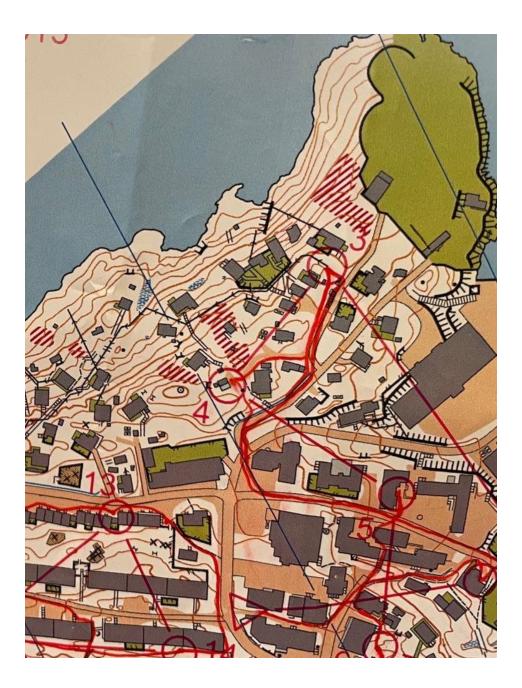


water features that proved challenging to find – especially in an area where magnetic deviation exceeds 40 degrees. Just to add to the fun were lots of uncrossable cliffs and deeply incised stream gorges that made the 5km course feel more like a mountain marathon. The maps themselves were oriented to true north but with magnetic north lines slanting wildly cross the map. Having made steady if unspectacular progress around the course I arrived back at the finish to see the organisers tent disappearing down the hillside in a sudden gust of wind. Nothing to fix the guys to here.



That evening there was an urban event. Not too dissimilar to any other urban event in the world except there was little olive green on the map, as there was very little private land associated with the buildings and no gardens, just bare, glacier scraped rock. However, in place of more recognisable features, diagonal red lines marked the numerous husky spans - kept OOB not because they were private but rather because huskies are working dogs, devoted to their owners, but liable to bite a chunk out of incomers. Another unusual feature was above ground utility pipes, often large diameter and a major hindrance to progress.







This evening event certainly proved to be a good way to get to know the less touristy bits of the town – including the decidedly smelly fish processing factory. Unexpectedly, we were seeing highs of 25 degC during the day, while sleeping at night was a challenge as it remained hot and very light - certainly not what we had packed for!

The third race, next day, was the midnight sun event itself, starting at 11pm and offering 5, 10 or 20km courses. I opted for the middle distance on a course that ended up as 13km with well over 600m of climb and, for me, was very tough. The map was 1:10000 with 5m contours over very rough ground strewn with boulders only some of which (those over 5m in size) were marked on the map. On the high ground we were running through snowfields, while the shortest route at one point involved wading thigh deep along a semi-frozen lake between two cliffs. It was clear that the locals could make much better progress than I could over this terrain and I struggled to judge height changes



accurately so wasted a lot of time on one of the later controls that had involved a long descent across relatively featureless ground. All of which meant that it was well after midnight that I returned to assembly, before enjoying my most spectacular return walk ever as I took the coast road back to the hotel – revelling in the northerly slanting sun illuminated the offshore icebergs in every shade of pastel colour. Pretty much like a Turner painting and absolutely breathtaking!

The finale of the event the next evening was a fantastic festival banquet including all sorts of local delicacies ranging from the delicious to the decidedly dubious. Reindeer, musk ox and soused fish I can enjoy, whale meat or blubber is pretty much like chewing old leather, while seal is OK if it is very fresh, but don't leave it for 24 hours. After the prizegiving we were treated to a display of Greenlandic games (think Highland games but with sticks instead of tree trunks) and were serenaded (in Greenlandic) by the local male voice choir.



Downsides to the trip were few: the main one being the giant mosquitos that despite copious use of insect repellents left me with bites and swollen glands for a long while afterwards. Getting to Greenland is neither cheap nor particularly easy – the only European flights being from Denmark or Iceland, with weather conditions often causing significant delays to arrivals or departures. Travel in hope rather than expectation and you won't be disappointed.

Chris Johnson

Know your fellow members

Ian Phillips

Introduce yourself

A keen sportsman, getting slower by the day! From a family of sportaholics but now heading towards M65 and that's not the motorway in Lancashire that I'm referring to! Although my competitive days are over, I do enjoy the challenge of orienteering where my brain gets a workout as well as the rest of me. I do try to enter blue courses because I generally find that they suit me.

When did you first start orienteering? How did you learn about the sport?

A long, long time ago! My dad was equipment officer for NGOC and my mum was membership secretary and many of the committee meetings were held in our house. I'm talking almost 50 years ago, right at the start of NGOC. Then I lost my way!! and went towards road running which became my sport. Took part in the first London marathon and many others since. About 10 years ago I met (by chance) with a group from the club when they were putting on an event on Cleeve Hill where I live. Then later there was an event at Cranham and that took my fancy because I drew that map back in 1979 with Michael Wintersgill. That map was on my parents dining room table for months as all colours were hand drawn on transparent sheets using rotring drafting pens and overlaid during the printing process. Back then, maps were professionally printed and very irregularly updated because of the cost involved. At an event, after the start, you would visit the 'master maps' and copy your course onto your map and them put it inside of a plastic bag to (hopefully) keep the rain out.



Favourite area?

Well, it has to be Cleeve Hill, mainly because I live on the map and it is my back garden, but I do enjoy woods where they are runnable and I have a particular liking for Blaise Castle in Bristol. I've run there many times, but I've never seen the folly on the top.

EMIT or SI and why?

SI certainly. I have not yet figured out how to hold an EMIT. It just does not feel right. Even though I have a SIAC (Sports Ident Active Card), I still tend to dib it. Habit I suppose, but not that the extra second per control will make a lot of difference to my performance!

Baseplate or thumb compass and why?

I always use (and prefer) a baseplate compass when in the forest because I like the safety of being able to take a bearing and (generally!!) heading off in the correct direction. I use a thumb

compass for urban and maprun events because it is still easy to make parallel errors and I have done so many times.

Proudest or most enjoyable moment?

Orienteering wise, it has to be the fact that I won a 3rd prize in the JK in 1978. You can see that a lot of money was spent on prizes in those days! But it was a Sheffield steel knife from Sheffield.



But most enjoyable – has to be when the sun is out and I've completed a challenging course and I do enjoy the social chatting side of things after an event. Nowadays I do get a lot of pleasure from putting on some smaller events – several mapruns, Painswick WNL, an urban in Bishop's Cleeve etc and now as mapping officer, I print most event maps.

2019 I went to the Rome 3-day event with my brother who belongs to BKO. A few other NGOC'ers were there. It was a fabulous few days and I would have returned had it not been for the Covid crisis. I will certainly go to that event again one day. I ran the first London Marathon with my Dad in 1981 and again the day after getting married in 1990, Sonia and I ran London again. We even got our photos in the national newspapers!

Worst moment?

Well, it continually happens, that time when you have lost yourself on the map, or when you know where you are, but nothing lines up, which is even worse. Then the satisfaction of suddenly realising where you are...

Ambitions (for yourself or the sport)?

We have an active and respected club that has lasted for over 50 years. We must be doing something right. This is down to the hard work by all, but managed by an extremely keen and active committee all of who want to see our sport progress. There is a lot of work going on, which possibly club members are not aware of. Schools' events, mapping of new areas and remapping of others, we are actively involved in the 2022 JK in South Wales and organise events at all levels with 2 or 3 events per month



(including mapruns). Any support and help at events is always welcomed and I'd like to be around to attend the 75th anniversary of the club! Orienteering as an Olympic sport? Why not.

Any other interesting facts you would like to share?

The other sport that I've taken up, not much good at it but I get to regularly spend time with both of my boys.

Have you attached a flattering photograph of yourself?



10th anniversary photo (40+ years ago) and having seen Tom with his camera, I just had to put a spurt on!!



Stones Around the Forest

In the last issue of Legend I wrote about marker stones that you might have seen whilst orienteering in the Forest of Dean. These included mining markers, forest inclosure stones and an old permanent O-course.

For completeness, I should also mention the commonest local marker stones, those around the boundary of the Statutory Forest. Many of these are found at the side of roads where they cross the Forest boundary. There were over 200 such stones and some are marked on the OS 1:25,000 scale Explorer map of the Forest of Dean as "B.S."





If you find one of

these whilst on your orienteering course you are probably lost, although it's possible you might pass one on an urban Maprun!

The earliest I have seen are dated 1832, but some missing stones have been

replaced.

You may also see the recent plastic boundary marker posts. These are proving somewhat less durable than the originals! However, they are useful, as it's quite often possible to find an original marker nearby. The examples shown, and two other similar stones, are all to be found on or close to the B4231 at Bream Cross.

Saul Taunton



Now that we're getting back into orienteering you may want to brush up on your skills. A couple of years ago South London Orienteers made some videos, which you may find useful (just click on the link to watch). They are each about four or five minutes long.

Aiming off

Attack points

Intricate contours

Large contour features

Route choice

Setting the map

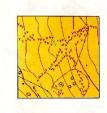
Simplification

Using the compass

The South London website is at https://slow.org.uk

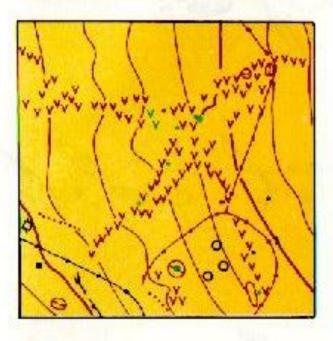
from the ... **<u>ROOC Archive</u>**

Taken from a compliments slip in the NGOC Archive. Sender and recipient unidentified – does anybody know who used these? Where is the area that is shown?



DO YOU SUFFER FROM DEPRESSIONS? TRY ORIENTEERING IT'S A GREAT CURE!

(Map in more detail:)



If you want to know about orienteering (undated) . . .

Orienteering

Dear

Thank you for your recent enquiry concerning the sport of Orienteering. I hope that the following explanation will help you. Attached to this letter you will find details of membership of the North Gloucestershire Orienteering Club. What is Orienteering? Essentially cross-country running or hiking or just strolling with a map and compass over a course of between 2 and 8 miles, preferably in hilly forests. It is a national sport in Scandinavia and rapidly gaining popularity in Great Britain. Equipment Needed Rough clothes (lightweight orienteering wear can be bought); shoes, preferably lightweight with grip on soles; long trousers or socks protect against scratches - not absolutely necessary. Clear plastic folder or bag for holding map, control description sheet and control check card. Compass desirable - SILVA types ideal. Red ballpoint pen for marking controls on map. Food and drink for afterwards. Basic Procedure Each competitor is provided shortly before the start with:-1. A map; 2. A list of control descriptions, and 3. A control check card. Competitors start at one minute intervals. From the start the competitor first goes to the master maps on which the positions of all the controls are shown by circles 5mm. in diameter. Having copied the positions onto his own map he sets off to find them in specified order. (There

are variations e.g. in Score Events, any order is allowed but the total time is limited). Each control is marked by a red and white marker about 1 foot across. A marking device (usually a pin punch) attached to the control marker is used to punch the control check card and register the attendance at the control. Each competitor is timed round the course. Navigation

This is the essential skill of the sport: speed is secondary especially for beginners. There are three basic techniques:- 1. Feature reading 2. Distance measurement 3. Compass bearings. Golden Rule

Having started you <u>must report</u> to the finish. Course and Classes

Distances of orienteering courses are measured as the crow flies. It will be obvious that the distance travelled by a competitor will be much further and take into account the height gained and lost.

Newcomers to the sport are well advised to enter as wayfarers rather than in their own class. The wayfarers class is non-competitive and participants use their skill to find controls at walking pace.

As skill and experience develop you will probably want to take part in your own class. These are Seniors over 21. Intermediates 18-21. Juniors 15-18. Boys and girls under 15. At almost all events there is also the wayfarers class.

Entering Events and Entry Fees

The B.O.F. and regional fixtures list will give you enough information to enter an event. In the fixtures list you will find the name and address of the organiser and the approx. area of the competition, but it is a help to the organiser

if you pre-enter. Entry Fees may vary but usually for club and regional events are 20-25p. for Seniors and 10-15p for Juniors. Clubs Membership of the S.W.O.A. and B.O.F. is open to all on payment of the appropriate fees. Members receive copies of the B.O.F. National magazine the "Orienteer", a national newsletter "Stop Press" and our own regional newsletter "Sins". Members are also covered for third party liability while taking part in B.O.F. organised events. It is hoped that individuals will join one of the Orienteering Clubs that have been formed in the region. As you live in North Gloucestershire it is hoped that you will join the North Glos. O.C., it will cost you less as the Club subsidizes membership fees. A further advantage of joining the local club is that as well as receiving the B.O.F. and Regional newsletters you will be kept in touch with what's going on locally. Literature "Orienteering" by John Disley....Faber and Faber at 60p. "The Challenge of Orienteering" by Gordon Pirie...Pelham Books. "Know the Game-Orienteering"..25p. These books can all be obtained from B.J.WARD Ltd., 130 Westminster Bridge Road, LONDON+S.E.1., but I suggest the local Library. If you require any further information about the sport or of joining the Club, please let me know. Hope to see you soon out enjoying the pleasures of this great sport. John PARSONS Secretary North Glos.O.C.

Orienteering event Sunday 8 March 1970

	THE GLOUCESTER EVENT : Sunday, MARCH 8th, 1970	
	THE GLOUCEDIER EVENT . Dailary, Minor Conf. 570	
	It is hoped that this will be a straightforward event,	
	suitable for the average club orienteer. The course is	
	over hilly, semi-wooded country.	
VENUE :	Whalley Farm, Whittington, Whittington	
	near Cheltenham.	
	Andoversford	
	NH 9 1014	
	Cheltenham	
	OUGT Perman	
COURSES :	COURSE SETTER : D. THOMPSON, CONTROLLER : P. PALMER	
	and the state was (10 and array) a F law	
	COURSE A : Senior & Intermediate Men (18 and over) : 5 km COURSE B : (Senior & Intermediate Women (18 and over): the km	
	(Junior Men (15-18)	
	COURSE C : (Junior Women (15-18) MAY RUN)	
	COURSE C : (Junior Women (15-18) MAY RUN) : 2 km Boys & Girls (under 15) IN PAIRS : 2 km	
	WAYFARERS may enter any course individually or in groups,	
	but results are not included in competitive lists.	
START:	10.30 - 12.30. Start times allocated on the day.	
DIANI.		
	There are no facilities for changing. Bring your own	
	refreshments. The start and parking area are in a farmyard:	
	please respect private property.	
ENTRY FEE	s.	
THATHI FEE		
	Seniors, Intermediates, Wayfarers (per group) : 3/-	
	Juniors, Boys, Girls, (per individual or pair): 2/-	
Please enclose S.A.E. for results.		

For those not familiar with pre-decimal money 3/- (three shillings or 3s 0d) is 15p and 2/- is 10p.

1970	N.G.O.C. formed
1978	Feb. 19th - First issue of 'The Legend'.
1979	Sept Tradition of opening the season with a barbecue starts.
1980	July issue of Legend the first to include
1980	photographs. Aug First Chairman's Challenge handicap
1981	event. Members John Peniket, Roger and Ian Phillips
1981	ran in the first London Marathon. David Lee appointed B.O.F. Competitions Officer.
1981	A.G.M. proposal to introduce a 50p membership fee was heavily defeated.
1981/2	Saturday League events inaugurated and night events include a 'league' competition.
1984	Club stages its first Long-O.
1984/5	Club competes in the CompassSport Cup for the first time.
1984	Club O-suit introduced.
1984	
1904	Club decides to investigate whether there might be some use for computers in the
1007	sport.
1987	Club stages the British Championships.
1989	June - New A4 format with a photograph on the front introduced.
	Oct Legend printed in green. Dec Legend printed in blue. Coloured printing not used again. Some issues during the following year used coloured paper.
1990	Club membership fee of £3 per unit (juniors free) introduced 'despite strong
oppositi	lon'.
1990	Some members transfer to the newly formed
	Wye club.
1990	David Lee retires after 15 years as Legend editor.
1991	David Lee becomes the club's first
	international.

1992	New design of club o-suit.		
1991	Steve Killingbeck won the B.O.F. Chichester		
	Trophy for the best map of the year.		
1992	David Lee invited to run the steeplechase		
	for the UK against Kenya.		
1992	Dec Tragic death of Huw O'Brien at an		
	N.G.O.C. night event on Cleeve Common.		
1993	May - First summer evening street event.		
1993	June - Ivan Teed first club junior		
	international.		
1994	Club adopts a trig point in Tidenham Park.		
1996	Frances Alexander launches the N.G.O.C.		
	Junior Club.		
1997	Injured David Jones lifted out by helicopter		
	at the Scottish 6-day event.		
1998	Club competes at the final of the B.O.F.		
	Junior International Club competition.		
1999	New style club O-suit introduced.		
1999	Christmas issue of Legend new A5 format.		
2001	Club re-enters the CompassSport Cup		
	competition after a long absence.		
2001	Club team runs in the final of the Yvette		
	Baker (junior) Trophy competition beating		
	the 'official' S.W.O.A. representatives!		
2006	Club adopts a new psychedelic O-suit.		
2006	Club member Neil Cameron becomes Chairman of		
	B.O.F.		

(Since this was done on a typewriter and compiled no earlier than 2006 the compiler was probably John Burrows, quondam Club Secretary and Chairman)



Fabian4 and entry fees

While online pre-entry has been a huge boon in allowing us to restart events and reduce wastage of maps, it does come at a cost and it has largely absorbed the recent increase in entry fees. Fabian4 charges per transaction so you can save the club money by entering for multiple events in a series and multiple members of a household at the same time. It may seem a small saving but when multiplied by 200 entrants it can make quite a difference!

(Alan Pucill)

Battery Condition of SIAC Cards

If you have used a SIAC card for your run at recent BOK events you may have noticed their Sportident splits printout now includes a line showing "SIAC battery status". The three cards used by my family all now report "Poor - Replace battery soon". But, interestingly, when I check the same three cards in the NGOC "SIAC Battery Test" box (usually placed at registration or before the start) all three respond "OK"! Looking at the digital readout on the back of the test box the two oldest cards both show 2.89v and the third newer card shows 2.98v. Based on this limited evidence, I would suggest that even if the readout on the splits printout for your card shows "Poor" there is likely still to be enough life in the battery for a few more events!

(Paul Taunton)

Orienteering for dogs

Spotted in Final Details for BOK Urban Event... "Dogs: allowed on courses but must be accompanied by owner."

(Paul Taunton)

<u>YouTube</u>

For anyone interested in maps this is how they made globes in 1955: <u>Globe Making: How the World is Made (1955) | British</u> <u>Pathé - YouTube</u>

For the mappers amongst us this is how the O.S. did it in 1961: <u>Map</u> <u>Making (1961) - YouTube</u>

British Orienteering incentive scheme Awards

Congratulations to the following members who have been awarded incentive scheme certificates for their performances at orienteering events.

Rhiannon Fadeyibi	Navigation Challenge ***
Seth Lawson	Racing Challenge: Bronze Award ****
	Navigation Challenge ****

Have your say!

Are there any matters that you would like the Committee to consider? Contact the Club Secretary, Kim Liggett, or any member of the Committee.

Articles for Legend

We are always looking for articles and photographs on anything to do with orienteering. Send your article/pictures to <u>legend@ngoc.org.uk</u>. Thanks to everyone who contributed to this edition of Legend.

<u>Disclaimer</u>

Views expressed in this newsletter are not necessarily those of the North Gloucestershire Orienteering Club.