

PI	Name	Time															
JM1 (1)			1.6 km 65 m 9 C														
			1(47)	2(119)	3(41)	4(116)	5(40)	6(39)	7(44)	8(46)	9(33)	F					
1	Quinlan Silk SWOC	14:44	1:31	2:39	4:15	6:32	7:36	8:00	9:50	11:23	13:01	14:44					
			1:31	1:08	1:36	2:17	1:04	0:24	1:50	1:33	1:38	1:43					
JM2 (1)			2.8 km 80 m 11 C														
			1(47)	2(119)	3(31)	4(32)	5(42)	6(124)	7(35)	8(36)	9(39)	10(46)	11(33)	F			
1	Callum Carter-Davies POW	30:44	1:09	2:11	4:56	6:36	9:12	10:50	19:00	21:32	25:17	28:03	29:15	30:44			
			1:09	1:02	2:45	1:40	2:36	1:38	8:10	2:32	3:45	2:46	1:12	1:29			
JM3 (4)			3.4 km 120 m 10 C														
			1(37)	2(123)	3(60)	4(117)	5(105)	6(59)	7(58)	8(61)	9(51)	10(55)	F				
1	Michael Hallett BOK	42:19	1:18	4:25	7:55	11:25	17:58	22:22	25:57	35:01	37:35	41:26	42:19				
			1:18	3:07	3:30	3:30	6:33	4:24	3:35	9:04	2:34	3:51	0:53				
2	Jack Stuckes KSODA	47:29	5:22	9:12	12:54	16:36	23:12	27:14	30:46	40:16	42:59	46:32	47:29				
			5:22	3:50	3:42	3:42	6:36	4:02	3:32	9:30	2:43	3:33	0:57				
3	Stephen Elkington OD	49:27	2:25	7:01	11:19	15:56	23:09	27:52	33:32	38:22	43:13	48:31	49:27				
			2:25	4:36	4:18	4:37	7:13	4:43	5:40	4:50	4:51	5:18	0:56				
4	Tom Ross OD	61:33	6:35	14:59	23:18	27:57	35:31	40:00	45:30	50:26	55:27	60:35	61:33				
			6:35	8:24	8:19	4:39	7:34	4:29	5:30	4:56	5:01	5:08	0:58				
JM4 (8)			3.0 km 140 m 9 C														
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F					
1	Guy Ross OD	32:23	1:29	8:46	9:38	13:44	17:11	21:11	22:44	27:43	31:32	32:23					
			1:29	7:17	0:52	4:06	3:27	4:00	1:33	4:59	3:49	0:51					
2	Harrison McCartney OD	33:14	1:28	8:32	10:33	15:10	18:14	22:22	23:26	28:04	32:36	33:14					
			1:28	7:04	2:01	4:37	3:04	4:08	1:04	4:38	4:32	0:38					
3	Niall Allen ERYRI	34:24	1:04	8:33	9:46	14:05	17:14	21:26	23:04	29:32	33:38	34:24					
			1:04	7:29	1:13	4:19	3:09	4:12	1:38	6:28	4:06	0:46					
4	Matthew Jeffery BOK	35:22	2:06	9:36	10:47	15:41	18:32	23:12	24:25	30:35	34:45	35:22					
			2:06	7:30	1:11	4:54	2:51	4:40	1:13	6:10	4:10	0:37					
5	Sam Mitchell SBOC	35:26	1:25	8:11	9:04	14:02	18:04	23:27	24:48	30:40	34:53	35:26					
			1:25	6:46	0:53	4:58	4:02	5:23	1:21	5:52	4:13	0:33					
6	Adam Potter BOK	40:24	7:52	15:41	17:24	21:37	25:05	28:54	30:08	35:38	39:19	40:24					
			7:52	7:49	1:43	4:13	3:28	3:49	1:14	5:30	3:41	1:05					
7	Duncan Carter-Davies POW	43:33	2:18	9:00	11:15	18:39	22:57	29:01	30:18	36:47	42:36	43:33					
			2:18	6:42	2:15	7:24	4:18	6:04	1:17	6:29	5:49	0:57					
8	SIMON THOMAS SBOC	43:56	1:17	10:35	11:45	18:06	22:29	27:34	29:26	36:45	42:35	43:56					
			1:17	9:18	1:10	6:21	4:23	5:05	1:52	7:19	5:50	1:21					
JM5L (5)			7.6 km 330 m 14 C														
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F
1	Alex Roberts HOC	62:50	1:33	2:29	9:52	11:44	18:34	21:04	27:56	32:31	41:10	43:53	47:54	56:19	60:22	62:02	62:50
			1:33	0:56	7:23	1:52	6:50	2:30	6:52	4:35	8:39	2:43	4:01	8:25	4:03	1:40	0:48
2	Declan Gray SARUM	69:11	2:17	3:35	11:34	13:25	17:58	20:57	29:51	36:05	44:59	47:58	52:18	61:38	66:38	68:29	69:11
			2:17	1:18	7:59	1:51	4:33	2:59	8:54	6:14	8:54	2:59	4:20	9:20	5:00	1:51	0:42
3	John Grenfell-Shaw BOK	88:30	3:06	4:41	15:19	18:04	24:13	29:06	37:07	46:05	57:42	61:38	70:06	80:51	85:48	88:00	88:30
			3:06	1:35	10:38	2:45	6:09	4:53	8:01	8:58	11:37	3:56	8:28	10:45	4:57	2:12	0:30
4	James Hornsby LEI	88:35	6:47	8:24	18:29	21:16	28:55	32:29	41:53	49:14	58:58	63:42	69:08	80:23	85:03	87:48	88:35
			6:47	1:37	10:05	2:47	7:39	3:34	9:24	7:21	9:44	4:44	5:26	11:15	4:40	2:45	0:47

1:02
*66

PI	Name	Time																						
JM5L (5)			7.6 km 330 m 14 C											<i>(cont.)</i>										
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F							
5	Lee Turner BOK	105:32	2:40	4:18	16:12	19:23	24:24	27:49	38:33	46:20	58:05	63:31	69:01	82:02	102:46	105:03	105:32							
			2:40	1:38	11:54	3:11	5:01	3:25	10:44	7:47	11:45	5:26	5:30	13:01	20:44	2:17	0:29							
JM5M (7)			6.5 km 260 m 12 C																					
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F									
1	Ben Mitchell SBOC	58:27	2:37	7:16	11:06	14:03	19:44	26:42	37:11	38:17	40:03	45:49	55:48	57:49	58:27									
			2:37	4:39	3:50	2:57	5:41	6:58	10:29	1:06	1:46	5:46	9:59	2:01	0:38									
2	Ciaran Allen ERYRI	61:05	2:05	7:01	9:48	12:41	17:57	23:48	32:42	33:56	35:36	47:12	58:43	60:21	61:05									
			2:05	4:56	2:47	2:53	5:16	8:54	1:14	1:40	11:36	11:31	1:38	0:44										
3	Duncan Taylor DEVON	65:14	2:08	6:43	10:02	14:56	20:28	27:40	39:44	41:34	43:51	50:32	62:09	64:29	65:14									
			2:08	4:35	3:19	4:54	5:32	7:12	12:04	1:50	2:17	6:41	11:37	2:20	0:45									
4	James Wilkinson HOC	68:32	2:33	7:59	12:15	15:44	22:29	31:52	43:40	44:46	46:49	53:57	65:51	67:51	68:32									
			2:33	5:26	4:16	3:29	6:45	9:23	11:48	1:06	2:03	7:08	11:54	2:00	0:41									
5	Ben Maliphant BOK	81:45	11:54	17:12	21:12	25:15	31:48	39:27	51:32	52:59	55:30	63:39	78:09	80:29	81:45									
			11:54	5:18	4:00	4:03	6:33	7:39	12:05	1:27	2:31	8:09	14:30	2:20	1:16									
6	Chris Blake UBOC	87:14	4:45	11:19	20:17	23:57	33:27	43:46	58:11	59:21	63:36	71:30	84:18	86:22	87:14									
			4:45	6:34	8:58	3:40	9:30	10:19	14:25	1:10	4:15	7:54	12:48	2:04	0:52									
7	Richard Cronin UBOC	90:15	5:02	12:33	19:47	24:32	32:38	43:00	56:09	57:35	63:07	73:48	86:43	89:32	90:15									
			5:02	7:31	7:14	4:45	8:06	10:22	13:09	1:26	5:32	10:41	12:55	2:49	0:43									
JM5S (2)			4.8 km 180 m 12 C																					
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	F									
1	Charlie Jenkins SBOC	56:15	1:15	5:12	12:11	15:46	19:15	22:25	23:43	24:27	43:50	49:11	54:51	55:40	56:15									
			1:15	3:57	6:59	3:35	3:29	3:10	1:18	0:44	19:23	5:21	5:40	0:49	0:35									
2	Stuart Hanstock BOK	72:02	1:49	5:37	13:31	19:13	29:45	33:33	36:50	37:53	52:00	61:37	69:31	71:03	72:02	10:37								
			1:49	3:48	7:54	5:42	10:32	3:48	3:17	1:03	14:07	9:37	7:54	1:32	0:59	*62								
M21L (14)			11.3 km 520 m 21 C																					
			1(48)	2(103)	3(60)	4(38)	5(118)	6(110)	7(34)	8(127)	9(120)	10(49)	1(107)	2(108)	3(109)	14(45)	5(112)	6(125)	7(105)	18(59)	9(114)	10(115)	21(55)	F
1	Clive Hallett BOK	79:14	1:02	5:01	7:52	8:23	13:35	26:17	28:05	32:18	33:51	39:24	44:07	48:26	49:35	53:16	57:17	58:28	62:55	64:47	73:49	77:19	78:37	79:14
			1:02	3:59	2:51	0:31	5:12	12:42	1:48	4:13	1:33	5:33	4:43	4:19	1:09	3:41	4:01	1:11	4:27	1:52	9:02	3:30	1:18	0:37
2	Jason Howell HOC	82:17	1:04	4:33	7:08	7:44	13:15	24:58	28:03	32:32	34:07	40:43	45:42	49:47	51:00	54:31	59:24	60:24	65:43	67:59	77:10	80:08	81:37	82:17
			1:04	3:29	2:35	0:36	5:31	11:43	3:05	4:29	1:35	6:36	4:59	4:05	1:13	3:31	4:53	1:00	5:19	2:16	9:11	2:58	1:29	0:40
3	Patrick Saile SLOW	83:16	0:59	5:19	7:58	8:37	14:00	26:35	29:13	33:56	35:38	41:56	46:44	50:56	52:08	55:43	60:29	61:27	66:59	69:12	78:19	81:13	82:37	83:16
			0:59	4:20	2:39	0:39	5:23	12:35	2:38	4:43	1:42	6:18	4:48	4:12	1:12	3:35	4:46	0:58	5:32	2:13	9:07	2:54	1:24	0:39
4	Simon Beck SN	84:00	0:53	4:25	7:00	7:36	13:04	24:45	26:39	30:59	32:37	39:38	44:02	49:32	50:46	54:27	59:19	60:14	66:24	68:39	78:24	81:42	83:14	84:00
			0:53	3:32	2:35	0:36	5:28	11:41	1:54	4:20	1:38	7:01	4:24	5:30	1:14	3:41	4:52	0:55	6:10	2:15	9:45	3:18	1:32	0:46
5	Daniel Halliday OD	84:45	0:56	4:31	7:13	7:49	12:58	24:18	26:31	30:49	32:32	38:45	43:14	47:28	48:44	56:16	60:39	61:43	67:41	70:12	79:21	82:47	84:09	84:45
			0:56	3:35	2:42	0:36	5:09	11:20	2:13	4:18	1:43	6:13	4:29	4:14	1:16	7:32	4:23	1:04	5:58	2:31	9:09	3:26	1:22	0:36
6	Mark Saunders BOK	85:52	1:06	4:50	7:45	8:31	14:24	25:53	28:25	34:00	36:14	44:06	48:50	53:02	54:12	58:03	62:30	63:33	68:46	70:57	80:23	83:41	85:09	85:52
			1:06	3:44	2:55	0:46	5:53	11:29	2:32	5:35	2:14	7:52	4:44	4:12	1:10	3:51	4:27	1:03	5:13	2:11	9:26	3:18	1:28	0:43
7	Paul Couldridge BAOC	86:13	1:00	5:22	7:59	8:38	14:11	25:24	27:44	33:49	35:50	41:56	46:54	50:59	52:20	56:26	61:21	62:59	68:27	70:43	80:10	84:15	85:43	86:13
			1:00	4:22	2:37	0:39	5:33	11:13	2:20	6:05	2:01	6:06	4:58	4:05	1:21	4:06	4:55	1:38	5:28	2:16	9:27	4:05	1:28	0:30
8	Mark Bown BOK	87:48	0:59	5:25	8:09	8:45	14:25	26:11	29:42	34:24	36:03	42:30	50:19	54:24	55:35	58:55	63:36	64:38	70:05	72:13	81:57	85:48	87:11	87:48
			0:59	4:26	2:44	0:36	5:40	11:46	3:31	4:42	1:39	6:27	7:49	4:05	1:11	3:20	4:41	1:02	5:27	2:08	9:44	3:51	1:23	0:37
9	Patrick Walder CLYDE	88:37	1:03	4:56	7:49	8:28	14:21	26:27	28:58	33:47	35:38	43:19	48:38	53:34	54:50	58:32	63:07	64:33	70:03	72:56	83:08	86:24	87:57	88:37
			1:03	3:53	2:53	0:39	5:53	12:06	2:31	4:49	1:51	7:41	5:19	4:56	1:16	3:42	4:35	1:26	5:30	2:53	10:12	3:16	1:33	0:40
10	John Hartley WSX	95:46	1:06	5:36	8:23	9:01	14:34	26:43	29:15	35:17	37:18	44:22	56:17	60:50	62:21	66:04	70:48	71:48	77:14	80:00	89:53	93:37	95:06	95:46
			1:06	4:30	2:47	0:38	5:33	12:09	2:32	6:02	2:01	7:04	11:55	4:33	1:31	3:43	4:44	1:00	5:26	2:46	9:53	3:44	1:29	0:40

PI	Name	Time	10.0 km 405 m 17 C																			
			1(66)	2(103)	3(105)	4(127)	5(120)	6(49)	7(107)	8(108)	9(45)	0(111)	1(118)	2(115)	13(63)	4(112)	15(67)	6(113)	17(54)	F		
M40L (7)			10.0 km 405 m 17 C																			
1	Phil Marsland SLOW	78:37	0:57	4:56	8:22	11:35	13:16	20:42	26:05	30:36	35:59	41:22	48:23	51:56	58:59	63:08	65:36	72:21	77:31	78:37		
2	Clive Richardson WRE	91:41	1:39	6:30	10:29	18:01	20:52	28:29	33:58	40:13	47:34	52:39	61:10	66:12	73:21	76:50	79:15	85:43	90:30	91:41		
3	Ian Bartlett QO	91:49	1:20	5:57	9:37	12:55	15:12	23:18	29:00	35:00	40:31	47:08	55:54	60:10	67:52	73:59	76:38	84:37	90:25	91:49		
4	Ian Hopkins HOC	96:36	1:37	7:15	11:10	15:20	17:45	25:45	31:49	37:34	43:34	49:16	58:15	62:27	74:09	79:40	82:20	89:13	95:11	96:36		
5	Andy Allen ERYRI	97:00	1:32	8:01	13:12	18:03	20:21	28:22	34:47	40:10	46:42	53:23	62:14	67:13	75:17	79:18	82:23	89:47	95:25	97:00		
6	Richard Cottle BOK	100:13	1:17	5:38	10:07	16:05	18:15	25:15	37:17	41:39	47:20	53:21	62:44	66:51	75:05	83:42	85:52	94:05	99:09	100:13		
7	Mark Grenfell-Shaw BOK	105:20	2:17	10:27	14:21	18:35	21:54	31:34	36:48	42:49	49:30	56:21	69:14	73:10	81:20	85:58	90:02	98:09	104:01	105:20		
			2:17	8:10	3:54	4:14	3:19	9:40	5:14	6:01	6:41	6:51	12:53	3:56	8:10	4:38	4:04	8:07	5:52	1:19		
M40S (3)			6.5 km 260 m 12 C																			
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F							
1	JEREMY PARR SWOC	60:19	2:38	7:28	10:49	14:20	19:43	26:43	36:42	38:03	40:35	46:45	57:41	59:22	60:19							
2	Nick Silk SWOC	61:25	3:22	8:33	12:33	15:45	22:03	28:53	39:55	40:59	42:25	48:27	59:00	60:42	61:25							
	Mike Mooney NGOC	mp	3:57	11:09	29:00	33:20	42:33	53:29	66:24	67:55	70:29	-----	-----	-----								
			3:57	7:12	17:51	4:20	9:13	10:56	12:55	1:31	2:34											
M45L (22)			7.6 km 330 m 14 C																			
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F					
1	Phil Murray BOK	55:19	1:17	2:19	9:39	11:20	14:40	17:13	23:54	28:40	36:23	39:08	42:54	49:44	53:08	54:39	55:19					
2	James Clemence SWOC	58:20	1:25	2:33	9:54	11:58	15:29	18:07	25:00	29:51	37:49	40:09	44:19	52:32	56:03	57:32	58:20					
3	Stephen Horton BOK	66:30	1:40	2:58	11:05	14:10	19:42	22:25	30:08	35:12	44:03	47:56	51:56	60:06	64:02	65:50	66:30					
4	Alan Honey BOK	66:33	1:40	3:14	12:38	15:31	19:21	22:23	30:14	35:32	43:51	47:00	51:22	60:09	64:19	65:50	66:33					
5	Michael Turner BOK	69:01	3:07	4:37	12:36	15:02	19:05	23:14	30:52	36:55	45:37	48:54	53:17	62:26	66:40	68:22	69:01					
6	Phil Newall KERN0	70:23	3:14	4:33	12:58	15:17	19:22	22:25	30:17	35:54	44:42	48:20	53:12	63:33	67:52	69:28	70:23					
7	Mark Selley BOK	71:55	1:37	2:43	10:24	12:26	18:33	21:19	28:41	35:00	44:13	48:03	56:46	65:27	69:33	71:19	71:55					
8	Andy Rimes QO	72:10	1:39	3:01	11:19	16:21	21:13	24:10	31:55	37:59	49:26	52:32	57:06	65:32	69:44	71:25	72:10					
9	Duncan Innes BOK	72:18	1:41	3:10	12:18	14:13	18:31	22:10	30:28	36:25	47:10	49:49	54:15	65:19	69:44	71:33	72:18					
10	Ian Kennet SWOC	75:55	2:06	3:36	13:39	16:06	21:05	24:25	32:54	39:06	50:44	54:13	59:41	69:13	73:22	75:09	75:55					
11	John Leeson HOC	77:36	2:30	3:46	14:06	16:52	21:24	24:34	33:06	39:16	49:27	53:44	59:16	69:17	74:58	76:42	77:36					
12	Kelvin Davies BOK	80:00	2:30	3:29	13:06	16:43	21:36	24:55	34:06	41:41	52:37	56:11	61:40	71:58	76:53	79:02	80:00					
			2:01	1:28	9:37	3:37	4:53	3:19	9:11	7:35	10:56	3:34	5:29	10:18	4:55	2:09	0:58					

PI	Name	Time	7.6 km 330 m 14 C (cont.)														
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F
13	Robert Hick WSX	80:47	3:56	5:52	15:21	18:39	23:33	26:39	35:11	41:59	52:19	56:32	63:50	73:32	77:53	79:58	80:47
14	Clive Caffall HOC	81:15	3:56	1:56	9:29	3:18	4:54	3:06	8:32	6:48	10:20	4:13	7:18	9:42	4:21	2:05	0:49
15	Alan Stone SWOC	83:12	1:58	1:33	9:39	3:46	4:51	3:25	9:56	6:57	10:02	3:24	4:45	12:26	5:08	2:17	1:08
16	Nick Dennis BOK	83:51	2:18	4:37	14:45	20:07	25:27	28:17	37:41	44:06	53:46	59:21	65:17	76:00	81:06	83:08	83:51
17	Greg Best NGOC	84:35	2:16	2:21	10:08	5:22	5:20	2:50	9:24	6:25	9:40	5:35	5:56	10:43	5:06	2:02	0:43
18	Haydn Griffiths SWOC	84:59	2:14	3:46	14:19	16:43	22:51	25:55	36:18	43:07	53:11	56:35	64:32	76:52	81:37	83:38	84:35
19	Warwick Fortescue IND	85:50	2:14	1:32	10:33	2:24	6:08	3:04	10:23	6:49	10:04	3:24	7:57	12:20	4:45	2:01	0:57
20	Nick Ajderian BOK	95:51	4:18	5:45	15:01	17:25	22:13	25:07	33:35	40:31	52:00	59:36	64:00	74:17	78:26	84:25	84:59
21	Stuart Kraus IND	97:59	4:18	1:27	9:16	2:24	4:48	2:54	8:28	6:56	11:29	7:36	4:24	10:17	4:09	5:59	0:34
22	Kevin Ross OD	99:51	3:10	1:39	9:44	2:41	9:08	5:48	8:13	5:41	12:34	4:31	6:02	9:04	4:55	2:00	0:40
			4:27	6:59	17:36	20:57	30:28	34:11	44:04	51:10	63:30	67:42	75:16	86:50	92:28	94:51	95:51
			4:27	2:32	10:37	3:21	9:31	3:43	9:53	7:06	12:20	4:12	7:34	11:34	5:38	2:23	1:00
			3:13	6:29	20:30	23:39	30:02	33:58	47:01	54:04	66:23	70:58	76:24	87:39	93:33	96:54	97:59
			3:13	3:16	14:01	3:09	6:23	3:56	13:03	7:03	12:19	4:35	5:26	11:15	5:54	3:21	1:05
			4:09	6:19	18:02	21:24	28:18	32:19	43:23	54:04	66:15	71:57	78:18	90:40	96:43	99:02	99:51
			4:09	2:10	11:43	3:22	6:54	4:01	11:04	10:41	12:11	5:42	6:21	12:22	6:03	2:19	0:49

M45S (4)			5.1 km 215 m 13 C													
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F
1	Nick Nourse NWO	52:54	1:56	5:56	8:54	10:09	24:51	26:30	31:16	34:50	36:26	41:31	45:16	49:10	51:37	52:54
2	Stephen Walsh POW	65:50	1:56	4:00	2:58	1:15	14:42	1:39	4:46	3:34	1:36	5:05	3:45	3:54	2:27	1:17
3	Matthew Knipe QO	74:44	4:50	5:16	3:03	1:26	20:02	1:44	5:28	6:05	2:03	5:55	3:37	3:21	2:03	0:57
4	David Potter BOK	77:48	3:47	10:25	14:50	16:53	37:22	39:34	46:46	52:14	54:34	61:53	66:41	71:04	73:41	74:44
			3:47	6:38	4:25	2:03	20:29	2:12	7:12	5:28	2:20	7:19	4:48	4:23	2:37	1:03
			3:11	11:34	15:23	20:25	38:52	40:36	45:31	49:48	54:56	63:49	70:13	73:56	76:43	77:48
			3:11	8:23	3:49	5:02	18:27	1:44	4:55	4:17	5:08	8:53	6:24	3:43	2:47	1:05

M50L (27)			7.6 km 330 m 14 C														
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F
1	Mikhail Gryaznevich TVOC	66:03	1:40	2:46	10:37	12:33	16:26	19:24	27:23	32:38	43:40	46:27	51:00	59:43	63:33	65:23	66:03
2	Peter Maliphant BOK	67:33	1:40	1:06	7:51	1:56	3:53	2:58	7:59	5:15	11:02	2:47	4:33	8:43	3:50	1:50	0:40
3	Adrian Taylor DEVON	67:40	1:47	2:55	12:00	14:26	18:07	21:14	29:08	35:13	44:36	47:25	52:12	61:00	65:08	66:46	67:33
4	Bruce Bryant OD	68:00	1:47	1:08	9:05	2:26	3:41	3:07	7:54	6:05	9:23	2:49	4:47	8:48	4:08	1:38	0:47
5	Christopher Kelsey BOK	69:42	1:40	2:54	10:32	12:42	16:51	19:38	27:19	33:17	46:04	48:17	52:33	60:54	64:53	66:41	67:40
6	Jeremy Callard NGOC	75:51	1:40	1:14	7:38	2:10	4:09	2:47	7:41	5:58	12:47	2:13	4:16	8:21	3:59	1:48	0:59
7	Sandy Burgon BOK	76:28	1:43	3:00	11:42	13:55	18:12	21:28	29:35	35:48	45:00	48:16	52:22	61:26	65:35	67:14	68:00
8	Martin Longhurst QO	77:03	1:43	1:17	8:42	2:13	4:17	3:16	8:07	6:13	9:12	3:16	4:06	9:04	4:09	1:39	0:46
			1:56	3:34	11:11	13:43	17:33	20:08	27:32	34:04	42:47	50:41	55:31	63:36	67:32	69:03	69:42
			1:56	1:38	7:37	2:32	3:50	2:35	7:24	6:32	8:43	7:54	4:50	8:05	3:56	1:31	0:39
			1:41	3:08	13:05	15:25	22:08	25:57	34:10	40:57	51:11	54:08	58:36	68:17	72:41	74:37	75:51
			1:41	1:27	9:57	2:20	6:43	3:49	8:13	6:47	10:14	2:57	4:28	9:41	4:24	1:56	1:14
			2:18	3:50	13:31	15:47	20:45	23:55	32:36	39:32	48:44	54:54	59:31	68:57	73:35	75:37	76:28
			2:18	1:32	9:41	2:16	4:58	3:10	8:41	6:56	9:12	6:10	4:37	9:26	4:38	2:02	0:51
			2:07	3:23	14:11	16:51	21:13	24:17	32:47	38:51	48:25	52:02	56:41	67:03	74:28	76:21	77:03
			2:07	1:16	10:48	2:40	4:22	3:04	8:30	6:04	9:34	3:37	4:39	10:22	7:25	1:53	0:42

PI	Name	Time	7.6 km 330 m 14 C (cont.)														
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F
9	Andrew Clough	77:41	1:51	3:20	11:26	13:40	18:40	21:44	29:44	37:17	46:29	49:39	58:44	69:49	74:54	76:55	77:41
	WRE		1:51	1:29	8:06	2:14	5:00	3:04	8:00	7:33	9:12	3:10	9:05	11:05	5:05	2:01	0:46
10	Adrian Lovell	79:25	2:08	3:42	13:09	15:22	20:02	23:02	32:35	39:50	50:08	57:10	62:15	71:45	76:29	78:35	79:25
	BADO		2:08	1:34	9:27	2:13	4:40	3:00	9:33	7:15	10:18	7:02	5:05	9:30	4:44	2:06	0:50
11	Nigel Ferrand	82:42	2:12	3:40	13:41	16:14	20:54	24:26	33:54	42:07	52:21	55:35	60:32	73:07	79:26	81:40	82:42
	SWOC		2:12	1:28	10:01	2:33	4:40	3:32	9:28	8:13	10:14	3:14	4:57	12:35	6:19	2:14	1:02
12	Andrew Evans	82:55	2:15	7:06	18:29	20:42	24:52	27:49	37:45	44:54	56:23	59:51	65:39	75:16	79:51	82:09	82:55
	DFOK		2:15	4:51	11:23	2:13	4:10	2:57	9:56	7:09	11:29	3:28	5:48	9:37	4:35	2:18	0:46
13	Andy Pedder	83:47	1:47	3:22	13:12	15:57	20:34	24:17	34:42	42:44	53:59	57:53	63:58	74:43	80:30	82:37	83:47
	BAOC		1:47	1:35	9:50	2:45	4:37	3:43	10:25	8:02	11:15	3:54	6:05	10:45	5:47	2:07	1:10
14	Alan Halliday	87:41	1:51	3:31	15:24	19:09	24:22	28:08	37:43	44:40	57:34	62:58	68:06	79:04	84:14	86:35	87:41
	OD		1:51	1:40	11:53	3:45	5:13	3:46	9:35	6:57	12:54	5:24	5:08	10:58	5:10	2:21	1:06
15	David Mitchell	88:41	2:19	4:24	15:36	18:10	23:24	26:49	35:38	46:47	57:58	64:00	69:10	80:07	85:21	87:30	88:41
	SBOC		2:19	2:05	11:12	2:34	5:14	3:25	8:49	11:09	11:11	6:02	5:10	10:57	5:14	2:09	1:11
16	Rod Postlethwaite	88:59	1:53	3:34	18:40	21:06	26:02	29:40	39:38	46:02	58:52	62:21	69:03	79:47	85:33	87:50	88:59
	WRE		1:53	1:41	15:06	2:26	4:56	3:38	9:58	6:24	12:50	3:29	6:42	10:44	5:46	2:17	1:09
17	Peter Foster	89:02	2:26	4:34	14:59	17:37	23:32	26:29	36:47	43:36	56:43	62:05	68:54	79:37	86:05	88:15	89:02
	BOK		2:26	2:08	10:25	2:38	5:55	2:57	10:18	6:49	13:07	5:22	6:49	10:43	6:28	2:10	0:47
18	Richard Lund	89:13	2:22	4:16	14:58	17:17	23:00	27:25	37:38	45:13	56:11	60:42	66:58	78:58	85:25	87:48	89:13
	Rand Athletic Club O		2:22	1:54	10:42	2:19	5:43	4:25	10:13	7:35	10:58	4:31	6:16	12:00	6:27	2:23	1:25
19	Hugh Crawford	92:55	7:29	9:12	19:03	21:50	26:58	30:20	39:09	46:58	62:10	65:25	74:35	84:57	89:45	91:58	92:55
	QO		7:29	1:43	9:51	2:47	5:08	3:22	8:49	7:49	15:12	3:15	9:10	10:22	4:48	2:13	0:57
20	Steve Williams	93:01	2:43	4:12	15:08	18:50	23:57	27:42	38:03	46:21	60:00	65:38	73:02	84:16	89:26	92:02	93:01
	NGOC		2:43	1:29	10:56	3:42	5:07	3:45	10:21	8:18	13:39	5:38	7:24	11:14	5:10	2:36	0:59
21	Philip Craven	95:34	2:08	4:02	15:11	19:43	26:15	29:59	39:44	48:21	60:03	64:53	73:00	85:55	91:58	94:39	95:34
	DFOK		2:08	1:54	11:09	4:32	6:32	3:44	9:45	8:37	11:42	4:50	8:07	12:55	6:03	2:41	0:55
22	Kevin Bush	98:34	3:12	5:13	17:27	21:06	28:29	32:13	42:59	52:04	64:53	70:11	77:26	89:12	94:55	97:23	98:34
	SWOC		3:12	2:01	12:14	3:39	7:23	3:44	10:46	9:05	12:49	5:18	7:15	11:46	5:43	2:28	1:11
23	Mike Forrest	101:51	1:56	3:19	22:28	24:49	30:10	34:42	46:57	55:33	67:17	71:17	78:27	92:07	97:53	100:29	101:51
	BOK		1:56	1:23	19:09	2:21	5:21	4:32	12:15	8:36	11:44	4:00	7:10	13:40	5:46	2:36	1:22
24	John Shea	102:18	8:07	10:20	24:25	30:07	37:17	40:54	49:52	58:56	74:23	78:00	83:12	93:24	98:51	101:27	102:18
	NGOC		8:07	2:13	14:05	5:42	7:10	3:37	8:58	9:04	15:27	3:37	5:12	10:12	5:27	2:36	0:51
	Gary Wakerley	mp	4:14	6:50	68:10	73:15	83:21	89:48	105:25	120:29	-----	148:00	160:03	182:25	191:36	196:38	198:26
	NGOC		4:14	2:36	61:20	5:05	10:06	6:27	15:37	15:04	-----	27:31	12:03	22:22	9:11	5:02	1:48
	Alan Richards	mp	2:46	5:15	15:24	18:04	23:12	26:36	34:47	41:39	52:41	61:55	66:57	76:20	80:30	-----	83:51
	NGOC		2:46	2:29	10:09	2:40	5:08	3:24	8:11	6:52	11:02	9:14	5:02	9:23	4:10	-----	3:21
	David Hanstock	mp	2:05	3:33	35:27	-----	-----	-----	-----	-----	-----	-----	-----	49:19	56:42	58:58	60:20
	BOK		2:05	1:28	31:54	-----	-----	-----	-----	-----	-----	-----	-----	13:52	7:23	2:16	1:22
M50S (14)	5.1 km 215 m 13 C		1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F	
1	ANDY CREBER	40:16	1:34	5:07	7:16	8:20	20:22	21:37	25:02	27:49	28:53	32:28	34:48	37:40	39:19	40:16	18:59
	BOK		1:34	3:33	2:09	1:04	12:02	1:15	3:25	2:47	1:04	3:35	2:20	2:52	1:39	0:57	*43
2	Paul Basher	52:29	1:57	7:35	12:12	13:03	30:14	31:24	35:02	37:36	39:32	44:15	47:02	49:53	51:27	52:29	
	HOC		1:57	5:38	4:37	0:51	17:11	1:10	3:38	2:34	1:56	4:43	2:47	2:51	1:34	1:02	
3	Mike Farrington	57:04	1:46	5:53	8:49	10:08	28:12	29:56	34:25	38:21	39:42	47:09	50:10	53:46	56:06	57:04	
	HOC		1:46	4:07	2:56	1:19	18:04	1:44	4:29	3:56	1:21	7:27	3:01	3:36	2:20	0:58	
4	Tony Cockbain	59:38	7:42	11:54	15:05	16:47	31:20	32:55	37:33	41:11	42:58	49:32	52:53	56:14	58:34	59:38	3:30
	HOC		7:42	4:12	3:11	1:42	14:33	1:35	4:38	3:38	1:47	6:34	3:21	3:21	2:20	1:04	*66

PI	Name	Time														
M50S (14)			5.1 km 215 m 13 C										<i>(cont.)</i>			
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F
5	Peter Ribbans	59:42	2:19	7:25	10:34	12:14	29:48	31:41	36:38	40:16	42:15	47:42	52:25	56:13	58:37	59:42
	SWOC		2:19	5:06	3:09	1:40	17:34	1:53	4:57	3:38	1:59	5:27	4:43	3:48	2:24	1:05
6	Jeff Bryant	60:42	2:06	9:27	12:15	14:02	31:21	33:16	38:56	42:51	44:38	49:55	53:54	57:19	59:37	60:42
	SWOC		2:06	7:21	2:48	1:47	17:19	1:55	5:40	3:55	1:47	5:17	3:59	3:25	2:18	1:05
7	Peter Cheetham	67:36	3:26	10:54	14:18	16:36	34:39	36:14	41:43	45:46	48:15	54:44	59:16	63:51	66:24	67:36
	CHIG		3:26	7:28	3:24	2:18	18:03	1:35	5:29	4:03	2:29	6:29	4:32	4:35	2:33	1:12
8	RICHARD HOWELL	75:30	1:54	6:30	9:54	11:22	42:42	44:52	50:11	56:03	57:55	63:52	68:14	71:54	74:36	75:30
	SBOC		1:54	4:36	3:24	1:28	31:20	2:10	5:19	5:52	1:52	5:57	4:22	3:40	2:42	0:54
9	Lester Evans	76:01	2:30	7:15	11:15	13:10	33:31	35:36	42:50	49:08	51:51	61:44	66:56	71:56	74:57	76:01
	HOC		2:30	4:45	4:00	1:55	20:21	2:05	7:14	6:18	2:43	9:53	5:12	5:00	3:01	1:04
10	Philip Kirk	81:05	3:32	10:28	14:53	17:05	35:26	37:34	46:03	50:39	53:21	62:00	69:37	75:31	79:50	81:05
	OD		3:32	6:56	4:25	2:12	18:21	2:08	8:29	4:36	2:42	8:39	7:37	5:54	4:19	1:15
11	Bill Newdick	81:28	2:54	9:27	13:47	15:41	36:18	38:22	48:25	56:04	58:17	65:13	71:02	76:44	80:01	81:28
	RAFO		2:54	6:33	4:20	1:54	20:37	2:04	10:03	7:39	2:13	6:56	5:49	5:42	3:17	1:27
12	Kevin Ryder	83:11	3:27	10:39	14:24	16:52	36:16	38:34	44:34	49:01	53:37	62:58	74:28	79:16	82:08	83:11
	NWO		3:27	7:12	3:45	2:28	19:24	2:18	6:00	4:27	4:36	9:21	11:30	4:48	2:52	1:03
13	Graham Urquhart	83:13	3:11	8:59	13:09	15:16	37:23	39:55	47:59	53:54	57:13	65:32	72:49	78:07	81:53	83:13
	OD		3:11	5:48	4:10	2:07	22:07	2:32	8:04	5:55	3:19	8:19	7:17	5:18	3:46	1:20
14	Nyall Meredith	95:13	3:57	12:12	18:32	20:27	46:51	49:27	56:56	63:52	66:44	76:24	82:54	89:31	93:29	95:13
	SWOC		3:57	8:15	6:20	1:55	26:24	2:36	7:29	6:56	2:52	9:40	6:30	6:37	3:58	1:44

M55L (19)			6.5 km 260 m 12 C												
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F
1	John Simmons	60:44	2:48	8:28	13:23	16:21	21:35	28:34	38:03	39:22	42:15	47:28	58:03	60:08	60:44
	BOK		2:48	5:40	4:55	2:58	5:14	6:59	9:29	1:19	2:53	5:13	10:35	2:05	0:36
2	Stefan Stasiuk	61:18	2:47	8:36	12:19	15:43	22:06	29:02	39:20	40:30	42:21	48:32	58:36	60:18	61:18
	BKO		2:47	5:49	3:43	3:24	6:23	6:56	10:18	1:10	1:51	6:11	10:04	1:42	1:00
3	Jonathan Hurford	61:27	2:43	7:53	11:32	15:13	20:20	26:50	37:24	38:30	40:23	47:03	58:00	60:14	61:27
	BOK		2:43	5:10	3:39	3:41	5:07	6:30	10:34	1:06	1:53	6:40	10:57	2:14	1:13
4	Michael Baggott	63:59	6:26	11:42	15:22	18:46	25:03	32:00	40:59	42:13	44:05	49:41	61:24	63:19	63:59
	HOC		6:26	5:16	3:40	3:24	6:17	6:57	8:59	1:14	1:52	5:36	11:43	1:55	0:40
5	Christopher Virgo	69:05	3:05	8:13	12:12	16:24	22:36	29:49	41:38	43:07	45:28	52:58	65:45	68:05	69:05
	DEVON		3:05	5:08	3:59	4:12	6:12	7:13	11:49	1:29	2:21	7:30	12:47	2:20	1:00
6	John Mills	70:19	3:05	9:05	13:23	17:15	23:55	31:36	41:59	43:46	47:16	54:21	67:07	69:17	70:19
	SWOC		3:05	6:00	4:18	3:52	6:40	7:41	10:23	1:47	3:30	7:05	12:46	2:10	1:02
7	Charles Nelson	70:21	3:19	9:11	13:52	17:39	24:45	32:23	43:09	44:27	46:50	55:02	66:40	69:03	70:21
	HOC		3:19	5:52	4:41	3:47	7:06	7:38	10:46	1:18	2:23	8:12	11:38	2:23	1:18
8	Gerry Ashton	72:31	2:46	9:34	14:33	18:56	24:43	32:03	46:19	48:00	51:11	57:51	70:05	71:48	72:31
	NGOC		2:46	6:48	4:59	4:23	5:47	7:20	14:16	1:41	3:11	6:40	12:14	1:43	0:43
9	Chris Johnson	72:41	6:23	13:30	17:54	21:31	27:45	34:56	45:53	47:32	50:06	57:17	69:45	71:54	72:41
	BOK		6:23	7:07	4:24	3:37	6:14	7:11	10:57	1:39	2:34	7:11	12:28	2:09	0:47
10	Alan Brown	73:01	3:04	9:28	14:14	19:08	26:06	33:28	45:10	46:40	49:19	57:22	69:49	71:53	73:01
	NGOC		3:04	6:24	4:46	4:54	6:58	7:22	11:42	1:30	2:39	8:03	12:27	2:04	1:08
11	Peter Colbert	73:43	3:08	9:06	14:14	18:37	26:29	35:03	46:52	48:29	50:42	58:27	70:37	72:53	73:43
	SWOC		3:08	5:58	5:08	4:23	7:52	8:34	11:49	1:37	2:13	7:45	12:10	2:16	0:50
12	Roger Stein	74:38	2:57	9:13	14:41	18:32	25:27	34:29	45:55	47:28	50:57	58:18	71:38	73:43	74:38
	SBOC		2:57	6:16	5:28	3:51	6:55	9:02	11:26	1:33	3:29	7:21	13:20	2:05	0:55
13	Barry Olds	78:08	11:52	18:23	22:26	26:17	32:41	40:28	50:56	53:05	55:31	62:34	74:46	77:02	78:08
	KERNO		11:52	6:31	4:03	3:51	6:24	7:47	10:28	2:09	2:26	7:03	12:12	2:16	1:06
14	Philip Fawkner-Corbe	79:39	3:08	10:13	14:33	18:27	25:20	33:37	45:55	47:40	50:08	56:53	76:15	78:22	79:39
	BOK		3:08	7:05	4:20	3:54	6:53	8:17	12:18	1:45	2:28	6:45	19:22	2:07	1:17

PI	Name	Time													
M55L (19)			6.5 km 260 m 12 C											<i>(cont.)</i>	
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F
15	Paul Taunton	82:26	3:38	11:48	16:54	21:21	29:19	38:53	50:44	52:09	54:44	62:47	78:52	81:19	82:26
	NGOC		3:38	8:10	5:06	4:27	7:58	9:34	11:51	1:25	2:35	8:03	16:05	2:27	1:07
16	Kieran Devine	83:02	5:40	12:46	17:27	21:45	29:13	38:12	50:42	52:37	55:24	64:08	79:50	82:00	83:02
	SO		5:40	7:06	4:41	4:18	7:28	8:59	12:30	1:55	2:47	8:44	15:42	2:10	1:02
17	Phil Warry	83:28	3:37	11:19	16:15	20:54	28:32	37:29	48:39	51:17	56:29	65:06	79:42	82:20	83:28
	BOK		3:37	7:42	4:56	4:39	7:38	8:57	11:10	2:38	5:12	8:37	14:36	2:38	1:08
18	Ian Gilliver	85:47	4:38	12:08	17:37	23:09	31:47	40:56	53:14	54:59	58:55	68:07	81:59	84:28	85:47
	MDOC		4:38	7:30	5:29	5:32	8:38	9:09	12:18	1:45	3:56	9:12	13:52	2:29	1:19
19	PIERS ANGLISS	96:06	4:26	11:18	23:49	28:47	36:44	47:06	61:04	63:26	66:54	75:29	91:51	94:58	96:06
	BOK		4:26	6:52	12:31	4:58	7:57	10:22	13:58	2:22	3:28	8:35	16:22	3:07	1:08

M55S (9)			4.8 km 180 m 12 C												
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	F
1	Matt Lonsdale	43:39	1:18	4:06	8:49	12:49	16:18	19:19	20:32	21:25	32:55	37:21	42:05	42:58	43:39
	IND		1:18	2:48	4:43	4:00	3:29	3:01	1:13	0:53	11:30	4:26	4:44	0:53	0:41
2	Dave Hartley	55:51	1:36	7:40	14:08	18:46	23:41	27:19	29:26	30:23	41:42	46:27	53:20	54:48	55:51
	NGOC		1:36	6:04	6:28	4:38	4:55	3:38	2:07	0:57	11:19	4:45	6:53	1:28	1:03
3	Robert Brandon	63:14	1:53	6:52	13:37	19:03	24:28	29:10	31:18	32:45	47:00	52:47	61:16	62:26	63:14
	OD		1:53	4:59	6:45	5:26	5:25	4:42	2:08	1:27	14:15	5:47	8:29	1:10	0:48
4	John Middler	64:05	2:22	9:29	15:56	21:26	27:29	31:56	34:02	35:20	47:41	52:55	61:36	62:54	64:05
	BIOC		2:22	7:07	6:27	5:30	6:03	4:27	2:06	1:18	12:21	5:14	8:41	1:18	1:11
5	Laurence Gossage	68:40	2:09	12:14	19:38	24:58	29:59	34:12	36:19	40:08	52:10	58:26	66:31	67:39	68:40
	BOK		2:09	10:05	7:24	5:20	5:01	4:13	2:07	3:49	12:02	6:16	8:05	1:08	1:01
6	Edward Parsons	71:08	4:45	8:50	15:43	21:52	27:50	32:12	35:33	37:43	49:19	59:00	68:13	69:57	71:08
	BOK		4:45	4:05	6:53	6:09	5:58	4:22	3:21	2:10	11:36	9:41	9:13	1:44	1:11
7	Martin Gibbons	74:39	3:30	10:30	17:47	25:21	32:28	36:45	40:21	41:54	56:27	62:30	71:56	73:27	74:39
	WRE		3:30	7:00	7:17	7:34	7:07	4:17	3:36	1:33	14:33	6:03	9:26	1:31	1:12
8	Colin Darlington	80:58	2:36	13:34	21:39	28:41	35:32	40:34	44:35	46:09	61:45	69:01	78:01	79:54	80:58
	ERYRI		2:36	10:58	8:05	7:02	6:51	5:02	4:01	1:34	15:36	7:16	9:00	1:53	1:04
9	Rick Roberts	89:35	1:45	7:44	17:44	25:05	32:56	47:01	52:10	53:29	69:04	76:46	86:29	88:18	89:35
	HOC		1:45	5:59	10:00	7:21	7:51	14:05	5:09	1:19	15:35	7:42	9:43	1:49	1:17

M60L (17)			6.5 km 260 m 12 C												
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F
1	David Palmer	58:36	2:51	8:29	12:09	15:38	21:30	28:07	37:14	38:27	40:34	46:18	56:02	57:44	58:36
	BOK		2:51	5:38	3:40	3:29	5:52	6:37	9:07	1:13	2:07	5:44	9:44	1:42	0:52
2	Mike Hampton	60:15	2:44	8:15	11:42	15:11	21:33	28:12	37:55	39:04	41:10	47:38	57:26	59:14	60:15
	OD		2:44	5:31	3:27	3:29	6:22	6:39	9:43	1:09	2:06	6:28	9:48	1:48	1:01
3	Michael Reynolds	60:42	3:07	8:35	12:13	15:35	21:59	28:14	37:44	39:12	41:33	47:20	58:11	59:54	60:42
	NWO		3:07	5:28	3:38	3:22	6:24	6:15	9:30	1:28	2:21	5:47	10:51	1:43	0:48
4	John Pearson	60:45	2:46	7:51	11:37	14:54	20:56	27:20	37:06	38:50	40:50	47:10	57:46	59:44	60:45
	HOC		2:46	5:05	3:46	3:17	6:02	6:24	9:46	1:44	2:00	6:20	10:36	1:58	1:01
5	Brian Hughes	62:18	7:09	11:30	14:09	18:11	24:17	30:18	38:42	43:32	45:20	51:01	59:59	61:33	62:18
	HOC		7:09	4:21	2:39	4:02	6:06	6:01	8:24	4:50	1:48	5:41	8:58	1:34	0:45
6	Dudley Budden	64:13	2:31	7:56	12:10	16:09	23:00	29:59	39:56	41:01	42:36	48:39	61:38	63:17	64:13
	BOK		2:31	5:25	4:14	3:59	6:51	6:59	9:57	1:05	1:35	6:03	12:59	1:39	0:56
7	Barry Houghton	65:41	3:22	8:35	12:37	16:13	22:37	30:06	39:40	40:55	44:17	51:05	62:27	64:42	65:41
	HOC		3:22	5:13	4:02	3:36	6:24	7:29	9:34	1:15	3:22	6:48	11:22	2:15	0:59
8	Mark Dyer	66:23	3:04	9:23	14:04	17:44	24:04	30:31	40:28	41:59	46:41	53:11	63:28	65:34	66:23
	BOK		3:04	6:19	4:41	3:40	6:20	6:27	9:57	1:31	4:42	6:30	10:17	2:06	0:49

PI	Name	Time													
M60L (17)			6.5 km 260 m 12 C						<i>(cont.)</i>						
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F
9	John Ward	66:43	3:10	8:32	13:09	18:44	25:07	32:18	42:28	44:01	46:49	53:07	64:15	66:02	66:43
	OD		3:10	5:22	4:37	5:35	6:23	7:11	10:10	1:33	2:48	6:18	11:08	1:47	0:41
10	Neil Cameron	68:43	6:01	12:10	15:49	19:29	25:58	33:06	44:01	45:23	47:26	54:11	65:30	67:45	68:43
	NGOC		6:01	6:09	3:39	3:40	6:29	7:08	10:55	1:22	2:03	6:45	11:19	2:15	0:58
11	Dave Urch	71:22	3:59	11:03	15:29	19:14	25:46	32:55	43:51	45:19	47:17	56:26	68:17	70:26	71:22
	BOK		3:59	7:04	4:26	3:45	6:32	7:09	10:56	1:28	1:58	9:09	11:51	2:09	0:56
12	Howard Thomas	73:12	4:02	10:05	15:19	20:19	27:13	36:55	47:29	48:49	51:24	58:35	70:17	72:18	73:12
	BOK		4:02	6:03	5:14	5:00	6:54	9:42	10:34	1:20	2:35	7:11	11:42	2:01	0:54
13	Rodney Archard	75:38	4:52	11:25	16:15	21:25	28:23	36:04	46:50	49:24	52:06	59:50	72:26	74:38	75:38
	NGOC		4:52	6:33	4:50	5:10	6:58	7:41	10:46	2:34	2:42	7:44	12:36	2:12	1:00
14	Tom Mills	76:43	3:09	9:17	13:12	17:20	24:20	32:57	44:19	45:43	52:18	59:27	73:26	75:40	76:43
	NGOC		3:09	6:08	3:55	4:08	7:00	8:37	11:22	1:24	6:35	7:09	13:59	2:14	1:03
15	Mark Blackstone	77:24	3:35	10:05	14:34	19:17	26:44	35:04	47:21	48:54	51:41	59:22	73:51	76:08	77:24
	BOK		3:35	6:30	4:29	4:43	7:27	8:20	12:17	1:33	2:47	7:41	14:29	2:17	1:16
16	Eric Brown	85:40	9:26	15:36	25:46	29:06	35:48	44:37	56:48	58:57	61:25	69:06	81:43	84:43	85:40
	HOC		9:26	6:10	10:10	3:20	6:42	8:49	12:11	2:09	2:28	7:41	12:37	3:00	0:57
17	Peter Jones	90:12	11:36	18:12	24:03	29:51	36:15	44:41	57:57	60:09	63:27	71:47	85:59	89:11	90:12
	WRE		11:36	6:36	5:51	5:48	6:24	8:26	13:16	2:12	3:18	8:20	14:12	3:12	1:01

M60S (7)			3.8 km 175 m 9 C													
			1(53)	2(121)	3(102)	4(67)	5(125)	6(113)	7(118)	8(54)	9(55)	F				
1	Trevor Griffiths	36:15	2:09	3:37	6:11	18:25	22:46	27:04	30:52	34:25	35:17	36:15				
	BOK		2:09	1:28	2:34	12:14	4:21	4:18	3:48	3:33	0:52	0:58				
2	Richard Raynsford	38:34	1:51	3:07	5:44	19:07	23:39	28:31	32:56	36:40	37:27	38:34				
	BOK		1:51	1:16	2:37	13:23	4:32	4:52	4:25	3:44	0:47	1:07				
3	Robert Scott	43:56	2:15	3:50	6:58	20:54	26:42	32:49	37:45	41:51	42:43	43:56				
	HOC		2:15	1:35	3:08	13:56	5:48	6:07	4:56	4:06	0:52	1:13				
4	Russ Fauset	46:51	2:19	4:32	7:56	22:27	27:59	35:16	40:31	44:35	45:40	46:51				
	HOC		2:19	2:13	3:24	14:31	5:32	7:17	5:15	4:04	1:05	1:11				
5	Dennis Mews	50:01	2:31	4:22	7:53	24:07	30:22	37:00	42:19	47:31	48:45	50:01				
	HOC		2:31	1:51	3:31	16:14	6:15	6:38	5:19	5:12	1:14	1:16				
6	Alan Mackenzie	55:07	2:54	4:57	8:37	31:15	37:07	42:48	48:18	52:41	53:53	55:07				
	SWOC		2:54	2:03	3:40	22:38	5:52	5:41	5:30	4:23	1:12	1:14				
7	Neil Connelly	63:13	2:12	3:53	7:15	38:36	44:31	51:01	56:19	60:39	62:08	63:13				
	BOK		2:12	1:41	3:22	31:21	5:55	6:30	5:18	4:20	1:29	1:05				

M65L (16)			5.1 km 215 m 13 C													
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F
1	Ian Cooper	44:18	2:16	5:41	8:25	9:48	22:01	23:22	27:38	30:15	31:37	35:54	38:41	41:42	43:28	44:18
	BKO		2:16	3:25	2:44	1:23	12:13	1:21	4:16	2:37	1:22	4:17	2:47	3:01	1:46	0:50
2	Brian Morris	48:40	1:35	5:21	8:03	9:44	23:48	25:04	30:06	33:31	34:56	39:32	42:32	45:47	47:47	48:40
	WRE		1:35	3:46	2:42	1:41	14:04	1:16	5:02	3:25	1:25	4:36	3:00	3:15	2:00	0:53
3	Trefor Williams	54:03	2:19	6:34	9:52	11:18	26:03	27:33	32:22	35:35	37:20	42:57	47:11	50:56	53:09	54:03
	TVOG		2:19	4:15	3:18	1:26	14:45	1:30	4:49	3:13	1:45	5:37	4:14	3:45	2:13	0:54
4	Frank Ince	55:03	2:14	6:46	9:50	12:34	27:15	28:43	33:17	36:30	38:27	43:43	48:23	51:49	54:06	55:03
	SWOC		2:14	4:32	3:04	2:44	14:41	1:28	4:34	3:13	1:57	5:16	4:40	3:26	2:17	0:57
5	Keith Jones	55:25	5:25	9:13	11:41	14:52	28:29	29:50	33:53	37:21	39:01	43:40	48:07	51:13	54:25	55:25
	BOK		5:25	3:48	2:28	3:11	13:37	1:21	4:03	3:28	1:40	4:39	4:27	3:06	3:12	1:00
6	Michael Dugmore	55:35	1:54	6:14	9:25	10:45	26:48	28:18	33:36	37:02	38:56	45:00	47:57	52:02	54:23	55:35
	HOC		1:54	4:20	3:11	1:20	16:03	1:30	5:18	3:26	1:54	6:04	2:57	4:05	2:21	1:12

PI	Name	Time														
M65L (16)			5.1 km 215 m 13 C										<i>(cont.)</i>			
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F
7	Robert Vickers HOC	60:33	2:39	7:02	10:39	12:00	27:49	29:44	35:36	39:47	41:58	47:25	53:54	57:19	59:33	60:33
8	Robert Teed NGOC	61:18	2:39	4:23	3:37	1:21	15:49	1:55	5:52	4:11	2:11	5:27	6:29	3:25	2:14	1:00
9	Richard Brightman WIM	61:43	2:11	4:39	3:31	1:39	16:07	2:00	6:18	3:59	1:45	6:26	4:07	4:07	2:54	1:35
10	Dennis Lawlor SBOC	62:47	2:47	5:56	3:29	1:39	15:45	2:09	5:26	3:55	2:15	6:39	4:29	3:46	2:30	0:58
11	David Jones NGOC	64:08	4:19	9:24	12:49	14:16	30:47	31:58	37:46	41:52	43:38	49:27	54:29	58:52	61:27	62:47
12	Alan Simpson DEVON	66:48	4:19	5:05	3:25	1:27	16:31	1:11	5:48	4:06	1:46	5:49	5:02	4:23	2:35	1:20
13	John Burrows NGOC	69:07	2:41	7:36	11:18	13:22	31:20	33:26	39:07	43:10	44:55	51:27	55:55	60:05	62:51	64:08
14	Trevor Simpson OD	71:10	2:41	4:55	3:42	2:04	17:58	2:06	5:41	4:03	1:45	6:32	4:28	4:10	2:46	1:17
15	Mike Callow WRE	76:21	2:50	9:03	13:51	15:35	34:03	35:46	41:43	46:02	47:48	53:45	58:36	62:53	65:29	66:48
16	Sandy Cowan KERNO	103:07	2:50	6:13	4:48	1:44	18:28	1:43	5:57	4:19	1:46	5:57	4:51	4:17	2:36	1:19
			2:33	7:35	11:21	13:18	29:42	31:46	38:47	42:54	45:21	51:54	56:30	63:47	67:37	69:07
			2:33	5:02	3:46	1:57	16:24	2:04	7:01	4:07	2:27	6:33	4:36	7:17	3:50	1:30
			1:48	6:58	10:30	12:01	40:17	42:05	47:19	50:44	52:32	58:34	63:14	67:18	69:54	71:10
			1:48	5:10	3:32	1:31	28:16	1:48	5:14	3:25	1:48	6:02	4:40	4:04	2:36	1:16
			9:38	14:18	17:42	19:38	46:41	48:03	52:56	56:37	58:36	65:33	69:23	73:00	75:16	76:21
			9:38	4:40	3:24	1:56	27:03	1:22	4:53	3:41	1:59	6:57	3:50	3:37	2:16	1:05
			3:17	12:35	17:34	19:24	50:42	53:04	61:07	67:09	69:48	78:31	91:06	97:26	101:15	103:07
			3:17	9:18	4:59	1:50	31:18	2:22	8:03	6:02	2:39	8:43	12:35	6:20	3:49	1:52

M65S (4)			3.8 km 175 m 9 C									F
			1(53)	2(121)	3(102)	4(67)	5(125)	6(113)	7(118)	8(54)	9(55)	
1	Jeff Haycock WRE	53:08	4:42	6:32	9:52	24:57	32:15	38:58	46:52	51:06	52:07	53:08
2	Bryce Gibson BKO	59:31	4:42	1:50	3:20	15:05	7:18	6:43	7:54	4:14	1:01	1:01
3	Malcolm Kendrick SBOC	67:22	5:05	3:29	4:21	16:55	6:18	7:09	8:30	5:05	1:16	1:23
4	Richard Thornton SARUM	82:20	4:12	7:28	13:20	33:55	42:19	50:19	58:04	64:03	65:27	67:22
			4:57	3:16	5:52	20:35	8:24	8:00	7:45	5:59	1:24	1:55
			4:57	7:22	15:33	40:10	49:47	60:47	72:00	79:23	81:03	82:20
			4:57	2:25	8:11	24:37	9:37	11:00	11:13	7:23	1:40	1:17

M70L (11)			4.8 km 180 m 12 C											F	
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	
1	Bill Vigar QO	51:11	1:18	4:36	9:36	14:23	18:43	23:00	24:40	25:42	37:34	42:12	49:24	50:19	51:11
2	Colin Spears HOC	54:10	1:18	3:18	5:00	4:47	4:20	4:17	1:40	1:02	11:52	4:38	7:12	0:55	0:52
3	Mike Crockett QO	55:08	1:51	3:50	5:29	4:29	4:56	4:08	2:07	3:46	9:47	4:43	7:16	0:50	0:58
4	Lin Callard NGOC	56:47	1:46	7:25	13:05	18:01	23:10	27:02	28:48	29:55	40:55	45:04	52:37	54:07	55:08
5	John Thompson TVOC	59:45	1:46	5:39	5:40	4:56	5:09	3:52	1:46	1:07	11:00	4:09	7:33	1:30	1:01
6	John Bowman OD	62:59	1:41	5:43	11:22	16:54	22:13	26:31	28:33	29:37	41:47	46:23	54:14	55:26	56:47
7	Tony Noott BOK	63:00	1:41	4:02	5:39	5:32	5:19	4:18	2:02	1:04	12:10	4:36	7:51	1:12	1:21
8	Roger Hailey OD	63:40	1:33	5:46	12:41	18:11	24:15	28:28	30:30	31:48	44:56	49:27	57:30	58:33	59:45
			1:33	4:13	6:55	5:30	6:04	4:13	2:02	1:18	13:08	4:31	8:03	1:03	1:12
			1:46	7:25	14:32	19:30	25:14	29:16	31:39	35:04	47:24	53:26	60:50	61:55	62:59
			1:46	5:39	7:07	4:58	5:44	4:02	2:23	3:25	12:20	6:02	7:24	1:05	1:04
			1:47	6:58	13:49	19:00	25:00	30:00	32:08	33:13	46:36	51:43	60:32	61:40	63:00
			1:47	5:11	6:51	5:11	6:00	5:00	2:08	1:05	13:23	5:07	8:49	1:08	1:20
			2:11	7:27	13:35	18:50	24:41	30:55	33:15	36:09	47:18	54:05	61:29	62:35	63:40
			2:11	5:16	6:08	5:15	5:51	6:14	2:20	2:54	11:09	6:47	7:24	1:06	1:05

PI	Name	Time													
M70L (11)			4.8 km 180 m 12 C						<i>(cont.)</i>						
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	F
9	Robin Walker BOK	67:32	1:53	6:40	13:38	19:53	26:21	31:11	33:23	34:43	49:59	56:10	65:03	66:16	67:32
10	David Lee NGOC	75:39	1:53	4:47	6:58	6:15	6:28	4:50	2:12	1:20	15:16	6:11	8:53	1:13	1:16
	Patrick Pay WRE	mp	1:48	7:43	14:09	19:54	26:33	31:15	33:30	34:55	57:53	63:10	72:48	74:08	75:39
			1:48	5:55	6:26	5:45	6:39	4:42	2:15	1:25	22:58	5:17	9:38	1:20	1:31
			2:57	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	17:33
			2:57												14:36
M70S (1)			3.0 km 140 m 9 C												
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F			
1	John Coleman NGOC	59:08	2:21	13:07	14:59	22:17	29:46	40:09	42:23	50:11	57:35	59:08			
			2:21	10:46	1:52	7:18	7:29	10:23	2:14	7:48	7:24	1:33			
M75L (6)			3.8 km 175 m 9 C												
			1(53)	2(121)	3(102)	4(67)	5(125)	6(113)	7(118)	8(54)	9(55)	F			
1	David Parkin BOK	53:02	2:08	4:16	7:48	25:22	31:39	41:38	46:20	50:55	52:01	53:02			
2	Richard Arman WSX	59:54	2:08	2:08	3:32	17:34	6:17	9:59	4:42	4:35	1:06	1:01			
3	John Grenfell BOK	63:31	2:45	4:59	9:04	28:34	36:47	44:15	50:50	56:55	58:30	59:54			
4	Frank Smith OD	65:22	2:45	2:14	4:05	19:30	8:13	7:28	6:35	6:05	1:35	1:24			
5	Denis Hamment BOK	71:16	3:27	6:35	12:10	31:28	39:18	47:37	55:30	60:56	62:16	63:31			
6	Lewis Watson NWO	80:18	3:27	3:08	5:35	19:18	7:50	8:19	7:53	5:26	1:20	1:15			
			3:35	7:22	11:48	31:51	39:05	48:06	56:31	62:20	63:55	65:22			
			3:35	3:47	4:26	20:03	7:14	9:01	8:25	5:49	1:35	1:27			
			3:53	7:10	11:50	34:42	42:46	52:55	62:43	68:19	69:56	71:16			
			3:53	3:17	4:40	22:52	8:04	10:09	9:48	5:36	1:37	1:20			
			4:10	6:51	14:16	39:01	45:42	63:25	72:24	77:37	79:04	80:18			
			4:10	2:41	7:25	24:45	6:41	17:43	8:59	5:13	1:27	1:14			
JW1 (2)			1.6 km 65 m 9 C												
			1(47)	2(119)	3(41)	4(116)	5(40)	6(39)	7(44)	8(46)	9(33)	F			
1	HARRIET PARKER KSODA	15:57	1:08	1:54	3:10	5:13	7:03	7:29	10:00	11:53	14:03	15:57			
2	Jasmine Silk SWOC	34:32	1:08	0:46	1:16	2:03	1:50	0:26	2:31	1:53	2:10	1:54			
			3:13	5:12	9:54	14:43	18:45	19:39	23:31	28:35	32:40	34:32			
			3:13	1:59	4:42	4:49	4:02	0:54	3:52	5:04	4:05	1:52			
JW2 (2)			2.8 km 80 m 11 C												
			1(47)	2(119)	3(31)	4(32)	5(42)	6(124)	7(35)	8(36)	9(39)	10(46)	11(33)	F	
1	Ella-Rose McCartney OD	23:43	0:54	1:43	4:24	5:40	8:22	10:02	13:29	15:21	17:55	20:51	22:17	23:43	
2	Emily Griffiths SWOC	57:36	0:54	0:49	2:41	1:16	2:42	1:40	3:27	1:52	2:34	2:56	1:26	1:26	
			1:19	2:47	15:47	17:46	23:21	26:19	38:22	41:58	47:20	52:15	54:48	57:36	
			1:19	1:28	13:00	1:59	5:35	2:58	12:03	3:36	5:22	4:55	2:33	2:48	
JW3 (2)			3.4 km 120 m 10 C												
			1(37)	2(123)	3(60)	4(117)	5(105)	6(59)	7(58)	8(61)	9(51)	10(55)	F		
1	Zoe Walsh POW	103:57	1:55	22:23	27:48	33:18	46:43	77:39	83:35	92:17	96:56	103:11	103:57		
			1:55	20:28	5:25	5:30	13:25	30:56	5:56	8:42	4:39	6:15	0:46		

PI	Name	Time															
JW3 (2)			3.4 km 120 m 10 C										<i>(cont.)</i>				
			1(37)	2(123)	3(60)	4(117)	5(105)	6(59)	7(58)	8(61)	9(51)	10(55)	F				
	Anghard Lloyd	mp	5:47	12:41	18:45	-----	-----	-----	-----	-----	-----	-----	32:50				
	KSODA		5:47	6:54	6:04											*37	
JW4 (2)			3.0 km 140 m 9 C														
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F					
1	Rowena Johnson	52:11	1:34	10:35	13:07	21:02	25:33	32:35	34:54	43:02	51:06	52:11					
	BOK		1:34	9:01	2:32	7:55	4:31	7:02	2:19	8:08	8:04	1:05					
2	Josie Turner	60:21	6:16	17:57	19:38	26:49	34:57	41:36	43:59	52:21	59:51	60:21					
	BOK		6:16	11:41	1:41	7:11	8:08	6:39	2:23	8:22	7:30	0:30					
JW5L (4)			6.5 km 260 m 12 C														
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F		
1	Rosemary Hurford	66:37	2:48	7:59	11:24	14:59	22:50	29:36	39:43	41:49	44:29	51:12	63:48	65:47	66:37		
	BOK		2:48	5:11	3:25	3:35	7:51	6:46	10:07	2:06	2:40	6:43	12:36	1:59	0:50		
2	Isla Simmons	67:36	2:46	7:34	11:25	15:36	21:51	29:20	40:57	42:29	45:02	51:47	64:24	66:48	67:36		
	BOK		2:46	4:48	3:51	4:11	6:15	7:29	1:32	2:33	6:45	12:37	2:24	0:48			
3	Sophie Kirk	69:32	6:48	12:07	15:34	20:26	26:39	33:31	44:02	45:36	48:42	55:16	66:54	68:45	69:32		
	OD		6:48	5:19	3:27	4:52	6:13	6:52	10:31	1:34	3:06	6:34	11:38	1:51	0:47		
4	Jemma Davie	94:49	6:01	12:43	16:45	21:27	29:14	37:52	50:58	55:13	63:04	73:12	90:52	93:34	94:49		
	SARUM		6:01	6:42	4:02	4:42	7:47	8:38	13:06	4:15	7:51	10:08	17:40	2:42	1:15		
JW5S (6)			4.8 km 180 m 12 C														
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	F		
1	Delyth Darlington	44:44	1:34	4:38	9:09	13:48	18:27	21:32	22:59	23:48	32:45	36:39	42:53	43:43	44:44		
	ERYRI		1:34	3:04	4:31	4:39	4:39	3:05	1:27	0:49	8:57	3:54	6:14	0:50	1:01		
2	Emma Kettley	51:34	2:06	7:47	13:37	18:09	22:45	26:14	27:44	28:37	39:07	42:59	49:54	50:49	51:34		
	OD		2:06	5:41	5:50	4:32	4:36	3:29	1:30	0:53	10:30	3:52	6:55	0:55	0:45		
3	Katie Reynolds	51:37	1:26	8:26	16:13	20:26	24:22	27:05	28:20	29:08	39:22	44:22	50:18	50:58	51:37		
	SBOC		1:26	7:00	7:47	4:13	3:56	2:43	1:15	0:48	10:14	5:00	5:56	0:40	0:39		
4	Shona Simmons	58:54	4:33	8:31	14:48	20:22	26:07	31:11	33:02	34:15	45:06	50:09	56:37	57:57	58:54		
	BOK		4:33	3:58	6:17	5:34	5:45	5:04	1:51	1:13	10:51	5:03	6:28	1:20	0:57		
5	Helen Elkington	60:30	2:15	8:55	14:28	19:40	25:17	28:57	32:04	33:07	43:58	49:03	57:51	59:18	60:30		
	OD		2:15	6:40	5:33	5:12	5:37	3:40	3:07	1:03	10:51	5:05	8:48	1:27	1:12		
6	Hannah Jenkins	62:33	1:21	5:19	12:41	18:40	24:52	28:45	30:19	31:28	46:09	52:16	60:16	61:30	62:33		
	SBOC		1:21	3:58	7:22	5:59	6:12	3:53	1:34	1:09	14:41	6:07	8:00	1:14	1:03		
W21L (5)			7.6 km 330 m 14 C														
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F
1	Lesley Ross	72:42	1:39	3:06	12:20	14:38	18:46	21:40	29:53	36:07	45:43	49:38	54:52	65:05	69:48	71:50	72:42
	OD		1:39	1:27	9:14	2:18	4:08	2:54	8:13	6:14	9:36	3:55	5:14	10:13	4:43	2:02	0:52
2	Alice Bedwell	75:46	1:48	3:15	12:47	15:10	19:13	22:27	30:32	36:06	45:26	54:23	58:39	69:06	73:18	75:03	75:46
	BOK		1:48	1:27	9:32	2:23	4:03	3:14	8:05	5:34	9:20	8:57	4:16	10:27	4:12	1:45	0:43
3	Christine Farr	85:54	2:14	4:34	15:35	20:09	25:07	28:53	37:57	46:23	57:48	61:24	66:39	77:30	82:50	84:46	85:54
	BOK		2:14	2:20	11:01	4:34	4:58	3:46	9:04	8:26	11:25	3:36	5:15	10:51	5:20	1:56	1:08
4	Heather Findlay	87:49	2:40	4:18	15:33	18:53	23:49	27:22	37:06	44:14	56:55	61:27	67:32	79:16	84:34	86:41	87:49
	NGOC		2:40	1:38	11:15	3:20	4:56	3:33	9:44	7:08	12:41	4:32	6:05	11:44	5:18	2:07	1:08
5	Voirrey Corkish	99:06	4:59	7:33	20:06	22:57	30:47	34:39	44:36	53:42	65:31	70:33	78:13	89:59	95:36	97:58	99:06

PI	Name	Time															
W21L (5)			7.6 km 330 m 14 C											<i>(cont.)</i>			
			1(53)	2(121)	3(111)	4(105)	5(117)	6(102)	7(65)	8(63)	9(110)	10(34)	11(67)	2(118)	3(115)	14(55)	F
	BAOC		4:59	2:34	12:33	2:51	7:50	3:52	9:57	9:06	11:49	5:02	7:40	11:46	5:37	2:22	1:08
W21S (5)			5.1 km 215 m 13 C														
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F	
1	Holly Bryant	71:07	2:06	8:04	12:04	13:29	34:15	35:37	41:16	50:01	52:13	57:40	62:03	66:44	69:46	71:07	
	SWOC		2:06	5:58	4:00	1:25	20:46	1:22	5:39	8:45	2:12	5:27	4:23	4:41	3:02	1:21	
2	Olwen Rowlands	76:53	2:17	10:25	14:04	16:33	38:31	40:26	45:50	56:17	58:21	65:20	69:29	73:21	76:11	76:53	
	UBOC		2:17	8:08	3:39	2:29	21:58	1:55	5:24	10:27	2:04	6:59	4:09	3:52	2:50	0:42	
3	Jane Halliday	89:03	8:34	17:03	24:22	27:49	45:44	48:15	55:51	59:50	63:51	72:21	79:32	84:17	87:40	89:03	
	OD		8:34	8:29	7:19	3:27	17:55	2:31	7:36	3:59	4:01	8:30	7:11	4:45	3:23	1:23	
	Shimona Starling	mp	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	50:31	2:18 12:43 19:53 25:22
	NGOC															50:31	*48 *101 *104 *111
	Jane Stagg	mp	2:10	24:23	-----	-----	53:14	-----	-----	-----	-----	-----	-----	78:55	80:42	81:48	3:40 13:11 15:41 21:09 33:23 39:32 57:32
	BOK		2:10	22:13			28:51							25:41	1:47	1:06	*121 *111 *105 *117 *65 *63 *34
			62:32	73:06													
			*67	*118													
W35L (2)			6.5 km 260 m 12 C														
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F		
1	Sally Harmer	74:16	3:52	10:22	14:56	19:05	25:54	33:43	44:42	47:06	49:44	56:59	70:51	73:09	74:16		
	SBOC		3:52	6:30	4:34	4:09	6:49	7:49	10:59	2:24	2:38	7:15	13:52	2:18	1:07		
2	Jane Holcombe	124:46	5:15	19:10	26:37	32:49	44:21	59:22	77:16	79:50	83:52	94:41	119:19	123:21	124:46		
	BOK		5:15	13:55	7:27	6:12	11:32	15:01	17:54	2:34	4:02	10:49	24:38	4:02	1:25		
W35S (1)			4.8 km 180 m 12 C														
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	F		
1	Tracy Haycock	73:23	2:18	7:47	16:02	22:00	29:53	35:28	37:52	41:44	56:43	61:46	71:11	72:19	73:23		
	WRE		2:18	5:29	8:15	5:58	7:53	5:35	2:24	3:52	14:59	5:03	9:25	1:08	1:04		
W40L (7)			6.5 km 260 m 12 C														
			1(118)	2(57)	3(60)	4(121)	5(64)	6(63)	7(110)	8(43)	9(34)	0(126)	1(115)	12(55)	F		
1	Annemieke Silk	65:44	3:11	8:16	12:33	16:05	22:08	29:22	38:57	40:33	43:10	49:42	62:39	64:46	65:44		
	SWOC		3:11	5:05	4:17	3:32	6:03	7:14	9:35	1:36	2:37	6:32	12:57	2:07	0:58		
2	Jackie Hallett	69:40	2:39	7:33	12:19	16:08	26:14	34:00	44:10	45:48	47:38	55:55	66:35	68:31	69:40		
	BOK		2:39	4:54	4:46	3:49	10:06	7:46	10:10	1:38	1:50	8:17	10:40	1:56	1:09		
3	Liz Phillips	79:28	3:45	10:36	15:29	19:45	27:24	36:01	49:19	51:12	54:13	61:56	75:53	78:17	79:28		
	OD		3:45	6:51	4:53	4:16	7:39	8:37	13:18	1:53	3:01	7:43	13:57	2:24	1:11		
4	Kerstin Mitchell	89:22	3:58	10:42	15:18	19:57	28:08	38:05	52:01	54:17	56:51	71:28	85:32	88:08	89:22		
	HOC		3:58	6:44	4:36	4:39	8:11	9:57	13:56	2:16	2:34	14:37	14:04	2:36	1:14		
5	Rachel Dennis	92:00	6:41	14:22	19:18	23:13	31:08	40:03	52:10	53:55	58:27	72:16	88:25	90:56	92:00		
	BOK		6:41	7:41	4:56	3:55	7:55	8:55	12:07	1:45	4:32	13:49	16:09	2:31	1:04		
6	Tessa Lewis	93:53	8:14	15:20	20:41	30:39	37:41	47:09	61:28	63:45	67:14	76:24	90:37	93:03	93:53		
	SWOC		8:14	7:06	5:21	9:58	7:02	9:28	14:19	2:17	3:29	9:10	14:13	2:26	0:50		
7	Stephanie Milne	127:34	8:51	17:10	26:22	34:07	43:54	68:19	86:35	89:14	95:16	104:33	122:35	126:16	127:34		
	BOK		8:51	8:19	9:12	7:45	9:47	24:25	18:16	2:39	6:02	9:17	18:02	3:41	1:18		

PI	Name	Time														
W40S (5)			4.8 km 180 m 12 C													
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	F	
1	Gabriella Walsh POW	59:17	1:52	6:45	12:56	17:39	22:51	27:08	29:00	30:21	42:09	48:37	57:11	58:26	59:17	
			1:52	4:53	6:11	4:43	5:12	4:17	1:52	1:21	11:48	6:28	8:34	1:15	0:51	
2	Judith Taylor HOC	76:10	2:33	7:03	16:01	22:36	30:43	35:49	38:30	40:06	56:45	63:50	73:11	74:42	76:10	
			2:33	4:30	8:58	6:35	8:07	5:06	2:41	1:36	16:39	7:05	9:21	1:31	1:28	
3	Eunice Carter POW	78:39	3:25	12:56	19:34	27:28	33:54	38:03	39:38	40:58	55:18	61:26	76:46	77:29	78:39	
			3:25	9:31	6:38	7:54	6:26	4:09	1:35	1:20	14:20	6:08	15:20	0:43	1:10	
4	Jillian Devine SO	79:29	3:30	10:34	18:14	25:08	32:10	39:04	42:25	43:48	58:06	64:24	76:49	78:18	79:29	
			3:30	7:04	7:40	6:54	7:02	6:54	3:21	1:23	14:18	6:18	12:25	1:29	1:11	
5	Louise Sylva DFOK	82:12	1:48	9:21	15:45	29:08	34:55	40:19	43:51	50:43	64:33	71:27	79:54	81:09	82:12	
			1:48	7:33	6:24	13:23	5:47	5:24	3:32	6:52	13:50	6:54	8:27	1:15	1:03	
W45L (7)			5.1 km 215 m 13 C													
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F
1	Jenny Grenfell-Shaw BOK	52:18	2:35	6:27	9:01	10:29	24:46	26:21	31:31	35:48	37:24	42:05	45:57	49:12	51:18	52:18
			2:35	3:52	2:34	1:28	14:17	1:35	5:10	4:17	1:36	4:41	3:52	3:15	2:06	1:00
2	Adele Newall KERNO	56:32	3:25	8:11	11:09	13:23	30:20	32:07	36:25	39:36	41:31	46:51	51:07	54:04	55:47	56:32
			3:25	4:46	2:58	2:14	16:57	1:47	4:18	3:11	1:55	5:20	4:16	2:57	1:43	0:45
3	Sarah Jenkins SBOC	71:05	4:45	11:51	15:08	17:12	36:22	38:20	44:15	48:41	50:36	57:36	62:54	66:52	70:00	71:05
			4:45	7:06	3:17	2:04	19:10	1:58	5:55	4:26	1:55	7:00	5:18	3:58	3:08	1:05
4	Sue Gard QO	72:22	3:09	9:07	12:49	14:40	33:56	36:29	42:19	47:38	50:04	57:53	64:01	68:18	71:15	72:22
			3:09	5:58	3:42	1:51	19:16	2:33	5:50	5:19	2:26	7:49	6:08	4:17	2:57	1:07
5	Margaret Salter BOK	75:39	2:52	7:24	10:30	12:11	30:35	32:21	37:20	49:42	52:40	63:37	68:11	71:52	74:36	75:39
			2:52	4:32	3:06	1:41	18:24	1:46	4:59	12:22	2:58	10:57	4:34	3:41	2:44	1:03
6	Gwen Tanner BOK	79:18	3:36	11:07	15:12	17:22	36:46	40:51	47:25	51:56	54:14	64:23	70:04	74:36	78:06	79:18
			3:36	7:31	4:05	2:10	19:24	4:05	6:34	4:31	2:18	10:09	5:41	4:32	3:30	1:12
7	Celia Watkinson BOK	79:30	4:49	11:17	15:59	18:19	39:09	41:22	48:09	53:10	55:20	63:34	68:55	74:58	77:49	79:30
			4:49	6:28	4:42	2:20	20:50	2:13	6:47	5:01	2:10	8:14	5:21	6:03	2:51	1:41
W45S (1)			3.8 km 175 m 9 C													
			1(53)	2(121)	3(102)	4(67)	5(125)	6(113)	7(118)	8(54)	9(55)	F				
1	Charlotte Cheetham CHIG	73:44	3:42	6:46	11:03	36:20	43:30	52:19	64:40	71:01	72:28	73:44				
			3:42	3:04	4:17	25:17	7:10	8:49	12:21	6:21	1:27	1:16				
W50L (12)			5.1 km 215 m 13 C													
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F
1	Alison Simmons BOK	51:44	2:07	5:57	8:52	11:44	26:26	27:46	32:17	35:19	37:01	42:30	45:47	48:58	51:06	51:44
			2:07	3:50	2:55	2:52	14:42	1:20	4:31	3:02	1:42	5:29	3:17	3:11	2:08	0:38
2	Jenny Selley BOK	55:35	5:28	9:41	12:30	13:52	29:18	31:05	35:38	38:37	40:33	45:00	48:53	52:33	54:44	55:35
			5:28	4:13	2:49	1:22	15:26	1:47	4:33	2:59	1:56	4:27	3:53	3:40	2:11	0:51
3	Carol Edwards TVOC	55:42	4:03	8:33	11:48	13:07	27:58	29:22	34:56	38:20	39:55	45:04	49:09	52:26	54:42	55:42
			4:03	4:30	3:15	1:19	14:51	1:24	5:34	3:24	1:35	5:09	4:05	3:17	2:16	1:00
4	Gill Stott NGOC	58:25	2:54	6:50	9:32	11:37	28:17	31:47	37:10	40:39	42:50	48:12	52:10	55:14	57:26	58:25
			2:54	3:56	2:42	2:05	16:40	3:30	5:23	3:29	2:11	5:22	3:58	3:04	2:12	0:59
5	Judith Evans HOC	60:06	2:26	7:22	10:47	12:18	29:54	31:24	36:39	40:34	42:43	48:15	52:46	56:45	59:04	60:06
			2:26	4:56	3:25	1:31	17:36	1:30	5:15	3:55	2:09	5:32	4:31	3:59	2:19	1:02
6	Anne Darlington ERYRI	60:20	2:39	7:56	11:06	14:24	31:07	32:48	38:00	41:34	43:36	48:49	53:16	56:50	59:17	60:20
			2:39	5:17	3:10	3:18	16:43	1:41	5:12	3:34	2:02	5:13	4:27	3:34	2:27	1:03
7	Rosie Wych QO	66:56	2:53	7:34	12:24	16:05	29:20	31:11	38:11	44:10	46:39	54:05	59:42	63:28	66:02	66:56
			2:53	4:41	4:50	3:41	13:15	1:51	7:00	5:59	2:29	7:26	5:37	3:46	2:34	0:54

PI	Name	Time														
W50L (12)			5.1 km 215 m 13 C										<i>(cont.)</i>			
			1(53)	2(102)	3(57)	4(103)	5(110)	6(43)	7(126)	8(112)	9(125)	0(113)	11(51)	2(115)	13(55)	F
8	Noelle Bryant SWOC	72:15	3:25	9:27	13:13	14:46	35:01	36:37	42:27	50:50	53:01	58:43	63:09	67:54	70:49	72:15
9	Helen Kelsey BOK	73:27	3:25	6:02	3:46	1:33	20:15	1:36	5:50	8:23	2:11	5:42	4:26	4:45	2:55	1:26
10	Jane Ritchie SWOC	74:47	2:42	8:30	13:56	15:33	41:26	43:36	48:33	52:17	54:14	61:08	66:35	70:02	72:33	73:27
11	Christine Vince KERNO	90:53	3:47	5:48	5:26	1:37	25:53	2:10	4:57	3:44	1:57	6:54	5:27	3:27	2:31	0:54
12	Pat Cameron NGOC	107:45	3:47	8:23	3:42	1:43	18:56	2:12	6:16	4:10	1:51	8:19	6:13	4:16	3:50	1:09
			6:45	13:12	18:08	20:22	43:34	47:17	54:52	60:07	63:44	72:35	79:59	84:58	89:13	90:53
			6:45	6:27	4:56	2:14	23:12	3:43	7:35	5:15	3:37	8:51	7:24	4:59	4:15	1:40
			4:53	13:03	17:48	28:08	48:07	50:08	60:26	65:22	72:10	82:36	89:20	96:55	101:11	107:45
			4:53	8:10	4:45	10:20	19:59	2:01	10:18	4:56	6:48	10:26	6:44	7:35	4:16	6:34

W50S (4)			3.0 km 140 m 9 C														
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F					
1	Lynden Hartmann HOC	45:56	1:34	12:08	13:14	19:50	24:40	30:55	32:50	39:21	44:42	45:56					
			1:34	10:34	1:06	6:36	4:50	6:15	1:55	6:31	5:21	1:14					
2	Pauline Olds KERNO	64:22	7:17	19:58	23:04	32:37	37:54	45:33	48:06	56:08	62:37	64:22					
			7:17	12:41	3:06	9:33	5:17	7:39	2:33	8:02	6:29	1:45					
3	Liz Urquhart OD	76:11	3:26	19:42	22:52	34:26	41:20	51:06	54:26	65:30	74:24	76:11					
			3:26	16:16	3:10	11:34	6:54	9:46	3:20	11:04	8:54	1:47					
	Carol Farrington HOC	mp	1:57	9:29	11:05	17:12	22:52	29:45	31:53	40:42	----	47:37	22:52				
			1:57	7:32	1:36	6:07	5:40	6:53	2:08	8:49		6:55	*111				

W55L (7)			4.8 km 180 m 12 C													
			1(48)	2(101)	3(104)	4(111)	5(67)	6(43)	7(110)	8(45)	9(63)	0(113)	11(54)	12(55)	F	
1	Gill Manning SWOC	53:29	1:26	4:56	10:12	14:59	19:35	23:12	24:46	27:50	39:53	44:17	51:22	52:22	53:29	
			1:26	3:30	5:16	4:47	4:36	3:37	1:34	3:04	12:03	4:24	7:05	1:00	1:07	
2	Lesley Brown HOC	64:59	2:00	8:34	15:52	21:16	27:04	31:25	33:24	35:00	47:03	52:38	62:06	63:50	64:59	
			2:00	6:34	7:18	5:24	5:48	4:21	1:59	1:36	12:03	5:35	9:28	1:44	1:09	
3	Katy Dyer BOK	65:40	2:26	7:41	14:28	19:51	28:14	32:27	34:35	35:36	49:30	55:19	63:20	64:38	65:40	
			2:26	5:15	6:47	5:23	8:23	4:13	2:08	1:01	13:54	5:49	8:01	1:18	1:02	
4	Janet Richardson OD	68:30	3:44	9:36	16:38	22:43	29:29	34:35	36:54	38:08	51:30	56:49	65:33	67:06	68:30	
			3:44	5:52	7:02	6:05	6:46	5:06	2:19	1:14	13:22	5:19	8:44	1:33	1:24	
5	Anne Palmer BOK	73:32	2:56	9:30	17:48	23:53	30:44	35:13	37:53	39:20	55:10	61:47	71:12	72:24	73:32	
			2:56	6:34	8:18	6:05	6:51	4:29	2:40	1:27	15:50	6:37	9:25	1:12	1:08	
6	Anne May SLOW	74:43	2:55	8:11	15:45	21:54	29:26	35:12	37:41	41:10	56:55	62:51	72:12	73:19	74:43	
			2:55	5:16	7:34	6:09	7:32	5:46	2:29	3:29	15:45	5:56	9:21	1:07	1:24	
7	Rosalind Taunton NGOC	95:02	2:25	8:42	18:48	33:06	41:36	49:56	52:27	54:09	70:57	79:53	91:37	93:19	95:02	
			2:25	6:17	10:06	14:18	8:30	8:20	2:31	1:42	16:48	8:56	11:44	1:42	1:43	

W55S (4)			3.0 km 140 m 9 C														
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F					
1	Kate Balmond SWOC	50:05	2:59	14:18	15:59	23:45	28:32	34:50	36:50	43:38	48:52	50:05					
			2:59	11:19	1:41	7:46	4:47	6:18	2:00	6:48	5:14	1:13					
2	Christine King BOK	56:51	2:13	13:55	16:00	23:53	30:35	37:21	39:50	47:42	54:59	56:51					
			2:13	11:42	2:05	7:53	6:42	6:46	2:29	7:52	7:17	1:52					
3	Susan Roberts HOC	80:49	2:52	15:37	18:25	28:58	46:17	56:07	58:48	70:08	78:41	80:49					
			2:52	12:45	2:48	10:33	17:19	9:50	2:41	11:20	8:33	2:08					

PI	Name	Time										
W65S (5)			3.0 km 140 m 9 C					<i>(cont.)</i>				
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F
2	Valerie Dugmore HOC	66:14	3:50	16:06	18:01	28:33	34:23	42:58	45:21	53:04	64:33	66:14
			3:50	12:16	1:55	10:32	5:50	8:35	2:23	7:43	11:29	1:41
3	Suzette Spears HOC	66:56	3:16	15:56	18:49	29:03	36:20	45:44	48:03	57:11	64:57	66:56
			3:16	12:40	2:53	10:14	7:17	9:24	2:19	9:08	7:46	1:59
4	Diana Hailey OD	68:10	2:49	21:42	26:32	34:39	42:13	49:29	51:36	59:55	66:40	68:10
			2:49	18:53	4:50	8:07	7:34	7:16	2:07	8:19	6:45	1:30
5	Janet Jones NGOC	88:00	2:56	17:09	23:28	33:36	45:24	60:44	63:43	76:47	85:45	88:00
			2:56	14:13	6:19	10:08	11:48	15:20	2:59	13:04	8:58	2:15
W70L (2)			3.8 km 175 m 9 C									
			1(53)	2(121)	3(102)	4(67)	5(125)	6(113)	7(118)	8(54)	9(55)	F
1	Alison Sloman HOC	56:56	2:54	5:16	9:18	27:16	34:38	41:49	48:26	53:45	55:30	56:56
			2:54	2:22	4:02	17:58	7:22	7:11	6:37	5:19	1:45	1:26
2	Margaret Thompson TVOC	70:34	3:09	5:57	11:13	38:08	45:57	54:23	62:16	67:22	69:07	70:34
			3:09	2:48	5:16	26:55	7:49	8:26	7:53	5:06	1:45	1:27
W75 (2)			3.0 km 140 m 9 C									
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F
1	Anne Donnell BOK	53:26	2:34	13:11	15:12	22:24	28:05	35:13	37:21	45:35	51:58	53:26
			2:34	10:37	2:01	7:12	5:41	7:08	2:08	8:14	6:23	1:28
2	Pat Grenfell BOK	60:37	2:49	14:03	18:36	26:12	33:54	42:36	45:01	52:33	58:54	60:37
			2:49	11:14	4:33	7:36	7:42	8:42	2:25	7:32	6:21	1:43
White (10)			1.6 km 65 m 9 C									
			1(47)	2(119)	3(41)	4(116)	5(40)	6(39)	7(44)	8(46)	9(33)	F
1	Anna Parker KSODA	17:07	1:09	2:16	4:14	6:40	8:49	9:24	11:17	13:07	15:16	17:07
			1:09	1:07	1:58	2:26	2:09	0:35	1:53	1:50	2:09	1:51
2	Bethany Kippin TVOC	17:29	1:14	2:38	4:22	7:21	8:44	9:22	11:15	13:13	15:01	17:29
			1:14	1:24	1:44	2:59	1:23	0:38	1:53	1:58	1:48	2:28
3	Lucy Tonge BOK	17:32	1:16	2:37	4:20	7:12	8:44	9:12	11:07	13:07	14:53	17:32
			1:16	1:21	1:43	2:52	1:32	0:28	1:55	2:00	1:46	2:39
4	Oliver Tonge BOK	17:51	1:12	2:14	3:53	6:46	8:19	8:47	11:09	13:28	15:37	17:51
			1:12	1:02	1:39	2:53	1:33	0:28	2:22	2:19	2:09	2:14
5	Ellie Kippin TVOC	18:14	1:17	2:17	3:58	6:52	8:24	9:03	11:36	14:01	16:17	18:14
			1:17	1:00	1:41	2:54	1:32	0:39	2:33	2:25	2:16	1:57
6	Harry Stagg BOK	30:06	0:56	4:09	7:31	12:00	15:34	16:16	18:45	24:09	27:47	30:06
			0:56	3:13	3:22	4:29	3:34	0:42	2:29	5:24	3:38	2:19
7	Millie Stagg BOK	30:07	1:11	4:06	7:32	11:57	15:33	16:11	19:20	24:11	27:44	30:07
			1:11	2:55	3:26	4:25	3:36	0:38	3:09	4:51	3:33	2:23
8	Edith Stagg BOK	34:19	2:40	5:15	8:46	14:29	16:54	17:44	22:12	26:58	30:23	34:19
			2:40	2:35	3:31	5:43	2:25	0:50	4:28	4:46	3:25	3:56
9	Bryony Stagg BOK	34:22	3:28	5:28	8:32	13:44	16:52	17:41	22:18	27:01	30:24	34:22
			3:28	2:00	3:04	5:12	3:08	0:49	4:37	4:43	3:23	3:58
10	Jessamy Adamson IND	35:36	3:24	5:39	9:16	14:18	16:54	17:43	23:40	27:37	31:40	35:36
			3:24	2:15	3:37	5:02	2:36	0:49	5:57	3:57	4:03	3:56

PI	Name	Time	2.8 km 80 m 11 C											F	
			1(47)	2(119)	3(31)	4(32)	5(42)	6(124)	7(35)	8(36)	9(39)	10(46)	11(33)		
1	Rachael Greenslade KSODA	22:58	0:47	1:36	3:40	4:51	7:18	9:06	12:36	14:26	16:59	19:56	21:19	22:58	18:22
			0:47	0:49	2:04	1:11	2:27	1:48	3:30	1:50	2:33	2:57	1:23	1:39	*44
2	Simon Jacob IND	29:53	1:34	2:19	5:13	7:13	10:13	14:02	17:21	19:45	23:22	26:38	28:20	29:53	
			1:34	0:45	2:54	2:00	3:00	3:49	3:19	2:24	3:37	3:16	1:42	1:33	
3	Molly Richardson WRE	31:43	0:54	1:48	5:50	7:11	10:39	12:29	15:58	18:53	23:25	27:31	29:36	31:43	
			0:54	0:54	4:02	1:21	3:28	1:50	3:29	2:55	4:32	4:06	2:05	2:07	
4	Freddie Barnes KSODA	34:45	1:04	2:12	5:29	7:39	11:47	14:06	19:16	23:45	27:11	31:03	32:56	34:45	
			1:04	1:08	3:17	2:10	4:08	2:19	5:10	4:29	3:26	3:52	1:53	1:49	
5	Jill Adamson IND	41:56	2:08	3:42	7:54	10:23	14:41	18:28	22:50	26:17	32:05	36:43	39:07	41:56	
			2:08	1:34	4:12	2:29	4:18	3:47	4:22	3:27	5:48	4:38	2:24	2:49	
6	Archie Watson IND	42:27	1:02	2:06	5:44	7:14	18:41	21:40	25:01	27:52	32:34	38:13	40:09	42:27	
			1:02	1:04	3:38	1:30	11:27	2:59	3:21	2:51	4:42	5:39	1:56	2:18	
7	Christian Morgan IND	51:13	1:03	2:00	6:15	11:40	18:58	23:09	32:09	36:10	41:08	45:31	48:57	51:13	
			1:03	0:57	4:15	5:25	7:18	4:11	9:00	4:01	4:58	4:23	3:26	2:16	
8	George James NGOC	51:46	1:18	4:26	8:22	11:43	19:03	23:32	32:10	37:15	42:03	46:32	49:23	51:46	44:23
			1:18	3:08	3:56	3:21	7:20	4:29	8:38	5:05	4:48	4:29	2:51	2:23	*44
9	Rosie Adams NGOC	56:12	1:05	2:03	8:21	12:06	19:02	23:37	32:36	36:54	43:39	49:38	52:09	56:12	46:34
			1:05	0:58	6:18	3:45	6:56	4:35	8:59	4:18	6:45	5:59	2:31	4:03	*44
10	Kate Inle SWOC	60:40	2:53	4:59	9:19	14:44	21:34	26:00	39:34	43:16	48:20	54:52	57:23	60:40	
			2:53	2:06	4:20	5:25	6:50	4:26	13:34	3:42	5:04	6:32	2:31	3:17	
	Tom Carter-Davies POW	mp	1:26	2:46	7:08	9:20	13:02	-----	40:39	45:40	50:54	55:42	58:10	60:21	
			1:26	1:20	4:22	2:12	3:42		27:37	5:01	5:14	4:48	2:28	2:11	
	Lilly Skylev NGOC	mp	-----	-----	7:47	12:04	19:00	23:40	32:39	37:11	41:16	46:54	49:04	54:49	44:49 49:52
					7:47	4:17	6:56	4:40	8:59	4:32	4:05	5:38	2:10	5:45	*44 *33

LGreen (25)			3.0 km 140 m 9 C											F		
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)					
1	Richard Savage BOK	27:08	1:28	6:20	7:16	10:58	14:23	17:48	18:58	23:05	26:24	27:08				
			1:28	4:52	0:56	3:42	3:25	3:25	1:10	4:07	3:19	0:44				
2	Sue Ashton NGOC	38:08	1:37	10:15	11:24	16:54	21:08	26:58	28:20	33:13	37:18	38:08				
			1:37	8:38	1:09	5:30	4:14	5:50	1:22	4:53	4:05	0:50				
3	Jenny Heaps IND	42:13	2:03	10:19	11:45	20:21	23:45	29:03	30:40	36:36	41:07	42:13				
			2:03	8:16	1:26	8:36	3:24	5:18	1:37	5:56	4:31	1:06				
4	Sven Heaps IND	44:43	1:35	15:26	16:20	21:44	25:54	30:27	32:09	36:49	43:57	44:43				
			1:35	13:51	0:54	5:24	4:10	4:33	1:42	4:40	7:08	0:46				
5	William Hallam IND	46:04	2:24	11:05	13:24	19:34	24:32	29:51	32:01	37:19	44:47	46:04				
			2:24	8:41	2:19	6:10	4:58	5:19	2:10	5:18	7:28	1:17				
6	Richard Jeffery BOK	46:39	2:46	12:39	14:25	20:51	26:35	32:27	34:17	40:23	45:35	46:39				
			2:46	9:53	1:46	6:26	5:44	5:52	1:50	6:06	5:12	1:04				
7	Bethan Stone SWOC	49:01	1:53	12:29	14:06	20:50	25:20	31:09	33:04	41:19	48:00	49:01				
			1:53	10:36	1:37	6:44	4:30	5:49	1:55	8:15	6:41	1:01				
8	John Higgins BOK	53:27	2:07	17:59	19:27	26:09	31:03	37:22	39:30	46:24	52:05	53:27				
			2:07	15:52	1:28	6:42	4:54	6:19	2:08	6:54	5:41	1:22				
9	Julian Trump HOC	59:03	2:13	12:27	14:55	23:20	29:08	38:07	41:29	49:55	57:39	59:03				
			2:13	10:14	2:28	8:25	5:48	8:59	3:22	8:26	7:44	1:24				
10	John Lewis BOK	59:09	3:11	12:26	15:05	24:14	31:26	38:49	41:19	50:17	57:20	59:09				
			3:11	9:15	2:39	9:09	7:12	7:23	2:30	8:58	7:03	1:49				
11	Daniele Fawkner-Cort BOK	60:51	3:10	15:19	17:39	27:11	34:11	42:54	44:46	52:38	59:29	60:51				
			3:10	12:09	2:20	9:32	7:00	8:43	1:52	7:52	6:51	1:22				
12	Richard Worrin BOK	61:10	3:15	15:35	18:55	27:38	33:04	41:19	44:17	53:15	60:10	61:10				
			3:15	12:20	3:20	8:43	5:26	8:15	2:58	8:58	6:55	1:00				

PI	Name	Time										
LGreen (25)			3.0 km 140 m 9 C									
			<i>(cont.)</i>									
			1(66)	2(103)	3(57)	4(105)	5(111)	6(104)	7(62)	8(118)	9(55)	F
13	Gareth John IND	61:16	3:19	15:35	18:54	27:35	33:10	41:19	44:16	53:19	60:12	61:16
14	Mike Need BOK	62:51	3:19	12:16	3:19	8:41	5:35	8:09	2:57	9:03	6:53	1:04
15	Philippa Rawbone OD	65:34	1:52	10:54	13:16	23:55	30:54	41:04	43:48	52:47	61:15	62:51
16	Jackie Tollit BOK	68:09	1:52	9:02	2:22	10:39	6:59	10:10	2:44	8:59	8:28	1:36
17	Jane Wilson BOK	73:29	7:03	31:04	33:27	42:36	46:43	51:59	53:16	59:50	65:01	65:34
18	Gaye Callard NGOC	74:00	7:03	24:01	2:23	9:09	4:07	5:16	1:17	6:34	5:11	0:33
19	Sue Bowman OD	80:21	3:54	17:05	19:55	29:58	36:46	45:52	48:22	58:52	66:25	68:09
20	Taylor Helen BOK	80:22	3:54	13:11	2:50	10:03	6:48	9:06	2:30	10:30	7:33	1:44
21	Caroline Potter BOK	90:20	4:30	19:17	22:15	32:41	39:34	50:05	52:35	63:03	71:59	73:29
22	Charlotte Kemp SWOC	114:44	4:30	14:47	2:58	10:26	6:53	10:31	2:30	10:28	8:56	1:30
	Edward Barnes IND	mp	9:11	25:55	27:52	36:56	45:12	53:16	55:36	64:59	72:27	74:00
	David Mayer IND	mp	9:11	16:44	1:57	9:04	8:16	8:04	2:20	9:23	7:28	1:33
	Amanda Turner BOK	mp	3:48	26:34	29:10	39:36	48:50	58:28	60:57	70:52	78:28	80:21
			3:48	22:46	2:36	10:26	9:14	9:38	2:29	9:55	7:36	1:53
			2:55	19:27	2:02	9:03	6:51	9:39	2:16	11:23	15:12	1:34
			4:28	25:54	40:08	51:55	62:03	71:03	73:17	82:18	89:15	90:20
			4:28	21:26	14:14	11:47	10:08	9:00	2:14	9:01	6:57	1:05
			4:02	40:13	43:59	57:12	65:13	79:07	82:43	97:13	112:47	114:44
			4:02	36:11	3:46	13:13	8:01	13:54	3:36	14:30	15:34	1:57
			15:03	-----	-----	-----	-----	-----	-----	-----	-----	-----
			15:03	-----	-----	-----	-----	-----	-----	-----	-----	-----
			-----	28:52	31:06	40:14	49:34	61:19	63:43	76:56	85:38	86:42
			-----	28:52	2:14	9:08	9:20	11:45	2:24	13:13	8:42	1:04
			3:03	20:02	21:57	30:53	39:57	-----	-----	67:11	73:58	75:56
			3:03	16:59	1:55	8:56	9:04	-----	-----	27:14	6:47	1:58