

## NGOC Informal, Sallowvallets, 26 November 2011

### Blue

1	Mark Bown	BOK	M21	41:19
2	John Embrey	HOC	M50	48:09
3	James Clemence	SWOC	M50	49:07
4	Hanne Kinnunen	BOK	W21	52:52
5	Paul Basher	HOC	M55	53:31
6	Rob Farrington	HOC	M21	55:27
7	Jeremy Parr	SWOC		59:24
8	Duncan Innes	BOK	M45	60:25
9	Joe Parkinson	NGOC	M45	60:50
10	Joe Gidley	NGOC	M21	61:09
11	Steve green	NGOC	M35	65:29
12	Roger Coe	NGOC	M60	66:06
13	Kelvin Davies	BOK	M50	66:49
14	Stephen Robinson	NGOC	M50	67:50
15	Rodney Archard	NGOC	M65	68:16
16	Steve Williams	NGOC	M55	71:12
17	Dave Hartley	NGOC	M55	72:25
18	Mike Farrington	HOC	M55	79:11
19	Steven Harris	NGOC	M21	79:11
20	Alan Brown	NGOC	M55	79:20
21	Alan Pucill	NGOC	M50	79:57
22	Lynden Hartmann	HOC	W55	90:19
23	Shirley Robinson	NGOC	W55	90:21
24	Paul Butler	BOK	M45	104:10
25	Chris Vallence	NGOC	M40	107:43
26	Gary Wakerley	NGOC	M55	115:39
27	Peter Maloney	SWOC	M65	116:31
28	Laura Ruddy	NGOC	W60	117:25
29	Ashley Ford	HOC	M60	122:05
30	Barbara Ford	HOC	W55	140:01

### Light Green

1	Hannah Bradley	NGOC	W35	30:38
2	Fraser Stephens	SPLIT	M40	31:22
3	Kim Liggett	NGOC	W45	34:35
4	Chris Morris	NGOC		35:52
5	Kate Stephens	SPLIT	W35	42:24
6	Jane Holcombe	BOK	W40	48:42
7	Rosemary Steer	NGOC	W60	54:39
8	Don Gray	NGOC	M80	56:54
9	Calum Smillie	NGOC	M13	57:23
10	William & Beth Plummer	IND		79:02

### Orange

1	Benji Morris	M21		28:58
2	Henry Parker	IND	M16	32:28
3	Ann Brown	NGOC		44:21
4	Christine Farr	SWOC	W35	46:48
5	Julie, Simon, Connie Parker	IND		49:52
6	George and Ollie Shechter	NGOC		65:18
7	Family Parr	SWOC	W10/M12	65:25
8	Lucy, Yas, Kate Irwin	IND		65:47

### Yellow

1	Chey Biddlecombe	NGOC		30:25
2	Family Reid	IND		63:20
3	Family Reid	IND		63:57