

Pl	Stno	Name	Time	5.4 km												F	
				210 m	12 C	1(31)	2(34)	3(38)	4(41)	5(40)	6(56)	7(42)	8(44)	9(48)	10(37)		11(51)
1	72	Duncan Birtwistle UBOC	39:43	3:31	5:28	8:47	12:05	12:39	17:50	19:53	25:45	26:43	29:45	31:07	38:22	39:43	
2	115	Tom Horton HOC	40:04	4:06	6:55	10:55	14:26	15:06	20:37	22:56	27:10	28:01	31:28	32:54	38:19	40:04	
3	55	Mark Burley BOK	40:44	3:41	5:53	9:56	13:25	14:06	19:03	21:10	27:33	28:32	32:06	33:54	39:13	40:44	
4	121	Joe Gidley NGOC	42:06	3:41	6:01	9:46	13:05	13:54	19:00	21:14	27:47	28:59	32:30	34:25	40:24	42:06	
5	83	Patrick Wooddisse NGOC	42:46	3:53	6:48	10:56	14:51	15:43	20:59	23:21	28:09	29:31	33:46	35:39	41:12	42:46	
6	76	Alastair Stephensor UBOC	44:04	3:54	6:20	10:40	14:28	15:15	20:30	22:53	30:08	31:20	35:20	36:59	42:30	44:04	
7	92	Andy Creber BOK	44:10	4:21	7:08	11:19	15:03	15:49	22:27	24:37	29:36	30:39	34:18	36:00	42:28	44:10	
8	80	Mark Libby UBOC	44:58	3:53	6:05	10:34	15:28	16:25	22:42	25:21	31:22	32:27	36:22	37:52	43:38	44:58	
9	35	Richard Cronin NGOC	45:00	4:10	6:42	11:25	16:24	17:19	22:51	25:21	30:22	32:01	36:09	37:51	43:28	45:00	
10	23	Christophe Pige SOC	46:40	4:30	6:53	11:33	15:27	16:30	22:20	24:54	30:35	32:11	36:28	38:26	44:59	46:40	
11	60	Peter Gilder NWO	46:53	4:00	6:53	11:16	15:51	16:56	23:36	26:20	31:14	32:55	37:23	39:16	45:23	46:53	
12	12	Brian Hughes HOC	47:32	4:40	7:11	11:38	15:36	16:56	24:28	27:19	31:40	33:03	37:36	39:32	45:59	47:32	
13	9	Caroline Craig NGOC	49:01	4:14	6:54	12:47	16:51	17:50	24:00	26:36	34:17	35:39	39:46	41:40	47:20	49:01	
14	117	Dave Austin NGOC	49:06	4:57	7:38	12:39	17:03	18:10	24:40	29:01	33:19	34:46	38:57	41:02	47:26	49:06	
15	37	Steve Green NGOC	49:14	4:17	7:31	11:52	16:13	17:15	24:49	27:09	31:56	33:24	37:56	41:03	47:26	49:14	
16	50	Paul Bryce NGOC	51:08	4:29	7:06	11:57	17:45	18:42	25:11	28:12	34:07	35:52	40:29	42:55	49:17	51:08	
17	43	Jon Urch BOK	51:59	5:55	8:19	13:36	18:13	19:13	26:53	29:25	35:17	36:51	41:12	43:13	50:03	51:59	
18	120	Tom Baker HOC	52:04	4:22	7:18	13:05	17:07	18:04	24:32	29:08	34:26	35:43	39:51	41:59	50:10	52:04	
19	78	Abigail Kerr BOK	52:10	4:37	7:16	12:18	17:51	18:46	26:15	28:44	34:41	36:08	40:56	43:14	50:12	52:10	
20	118	Tim Stott TVOC	53:48	5:05	8:50	15:00	20:51	21:53	29:37	32:40	38:55	42:24	45:44	47:19	52:17	53:48	
21	3	David Palmer BOK	53:53	5:36	8:37	14:09	18:57	19:55	28:26	31:05	36:46	38:14	43:19	45:17	52:04	53:53	
22	7	Jeremy Callard IND	54:23	5:17	8:48	13:58	18:43	19:51	27:07	30:48	36:28	38:04	42:47	45:01	52:27	54:23	
23	69	Duncan Innes BOK	54:25	5:14	8:10	12:58	18:47	19:50	27:34	31:35	36:48	37:58	43:24	45:27	52:29	54:25	
24	87	Jason Pitchers IND	55:49	5:12	10:08	16:04	23:32	24:34	30:36	33:11	38:58	40:28	45:25	47:39	53:55	55:49	
25	27	Mark Dyer BOK	56:21	5:44	9:02	14:28	20:07	21:28	30:34	33:34	38:53	40:38	45:19	47:20	54:16	56:21	
26	70	Christine Farr SWOC	56:53	5:16	8:12	14:16	19:40	20:46	28:36	31:50	37:46	39:32	44:39	46:51	54:45	56:53	
27	66	Martyn Brown NGOC	56:58	4:55	8:09	14:18	19:31	21:08	28:54	32:28	38:05	39:46	45:25	47:49	54:52	56:58	
28	20	Nick Dennis BOK	58:07	4:51	7:30	12:45	19:07	20:14	27:40	30:14	41:16	42:32	47:33	49:26	56:10	58:07	17:47 *40
29	126	Scott Johnson NGOC	58:09	4:22	8:04	13:17	19:33	20:39	28:10	30:47	39:36	42:38	46:47	48:41	56:09	58:09	
30	58	John Shea NGOC	58:48	7:11	9:53	15:12	20:38	21:57	28:46	33:45	41:21	43:05	47:46	50:23	56:39	58:48	
31	127	Richard Peters IND	58:56	3:59	7:59	12:24	19:07	20:05	25:20	33:57	42:52	44:13	48:29	50:25	57:05	58:56	
32	122	Gerry Ashton NGOC	59:50	5:35	9:06	15:25	20:48	22:13	30:09	35:42	41:42	43:39	48:26	50:42	57:43	59:50	
33	33	Steve Chiverton HOC	1:00:05	5:34	9:00	15:04	20:37	21:54	30:31	33:57	40:34	42:13	47:49	50:09	57:51	1:00:05	
34	99	Kelvin Davies BOK	1:00:07	5:53	9:36	16:03	20:52	21:56	31:11	34:17	40:50	42:17	47:14	49:27	57:54	1:00:07	
35	84	Dave Urch BOK	1:00:38	5:53	9:17	15:48	23:08	24:14	31:44	34:55	40:22	42:08	47:50	50:50	58:27	1:00:38	
36	75	Philip Warry BOK	1:01:19	5:43	8:41	14:02	19:57	21:25	31:44	34:27	40:00	42:22	48:06	50:50	58:59	1:01:19	
37	62	Howard Thomas BOK	1:01:50	5:26	8:43	14:54	20:51	22:34	30:28	35:07	42:29	44:24	49:29	51:55	59:48	1:01:50	
38	114	Clive Caffall HOC	1:02:10	5:09	9:21	15:07	19:46	20:53	29:06	36:09	43:54	45:12	49:58	52:11	59:50	1:02:10	
39	95	Anders Johansson NGOC	1:02:58	4:37	9:07	14:46	20:13	21:36	29:34	32:58	40:02	45:08	50:36	52:49	1:00:38	1:02:58	
40	36	Andy Pedder NGOC	1:03:02	5:37	8:48	14:50	20:13	21:26	31:25	35:06	42:38	44:11	49:22	51:49	1:00:29	1:03:02	
41	15	Samuel Taunton NGOC	1:03:43	5:01	8:03	14:29	19:56	21:19	30:53	34:09	44:31	46:17	51:22	53:35	1:01:35	1:03:43	
42	89	Alan Brown NGOC	1:04:29	5:40	8:51	14:51	20:45	22:18	32:00	34:59	42:22	44:37	50:27	52:58	1:02:14	1:04:29	
43	5	Laurence Gossage BOK	1:05:27	6:03	10:29	16:41	22:52	24:23	34:01	37:37	44:30	46:36	52:16	54:49	1:03:31	1:05:27	
44	28	Katy Dyer BOK	1:05:37	6:04	10:21	15:59	25:50	27:04	33:56	36:53	43:45	45:58	52:23	54:48	1:03:16	1:05:37	24:04 *40
45	48	Peter Colbert SWOC	1:08:35	5:20	8:55	15:55	22:21	23:49	33:38	39:09	46:44	48:36	54:30	57:22	1:06:10	1:08:35	

Pl	Stno	Name	Time														
Blue (52)				5.4 km 210 m 12 C			<i>(cont.)</i>										
				1(31)	2(34)	3(38)	4(41)	5(40)	6(56)	7(42)	8(44)	9(48)	10(37)	11(51)	12(55)	F	
46	56	Roger Coe NGOC	1:09:14	5:51	9:30	15:58	25:08	26:38	36:14	40:02	47:21	49:17	55:33	57:52	1:07:00	1:09:14	23:30
				5:51	3:39	6:28	9:10	1:30	9:36	3:48	7:19	1:56	6:16	2:19	9:08	2:14	*40
47	14	Paul Taunton NGOC	1:09:42	6:19	10:19	16:58	22:55	24:33	35:40	39:23	46:19	48:30	54:53	57:43	1:07:15	1:09:42	
				6:19	4:00	6:39	5:57	1:38	11:07	3:43	6:56	2:11	6:23	2:50	9:32	2:27	
48	16	John Ward OD	1:10:00	6:32	10:04	16:35	22:43	24:15	33:52	37:29	48:23	50:35	56:05	58:40	1:07:26	1:10:00	
				6:32	3:32	6:31	6:08	1:32	9:37	3:37	10:54	2:12	5:30	2:35	8:46	2:34	
49	93	Shirley Robinson NGOC	1:12:09	5:32	8:46	14:49	21:35	23:10	32:24	36:02	43:01	46:49	54:40	58:06	1:08:29	1:12:09	
				5:32	3:14	6:03	6:46	1:35	9:14	3:38	6:59	3:48	7:51	3:26	10:23	3:40	
50	19	Robert Teed NGOC	1:23:58	9:07	13:34	20:47	28:09	29:43	40:45	45:02	54:39	56:53	1:05:20	1:08:44	1:20:27	1:23:58	3:00
				9:07	4:27	7:13	7:22	1:34	11:02	4:17	9:37	2:14	8:27	3:24	11:43	3:31	*55
	54	Phil Murray BOK	mp	3:57	6:04	10:03	13:26	14:10	19:37	21:46	-----	33:19	36:54	38:31	43:38	45:12	
				3:57	2:07	3:59	3:23	0:44	5:27	2:09	-----	11:33	3:35	1:37	5:07	1:34	
	128	Ian Goulding IND	mp	5:01	18:29	32:15	-----	-----	-----	1:18:38	1:24:39	-----	1:39:01	1:41:26	1:52:25	1:54:59	
				5:01	13:28	13:46	-----	-----	-----	46:23	6:01	-----	14:22	2:25	10:59	2:34	

Pl	Stno	Name	Time																
Green (55)				3.9 km	185 m	11 C	<i>(cont.)</i>												
				1(33)	2(34)	3(35)	4(38)	5(40)	6(45)	7(56)	8(43)	9(49)	10(44)	11(53)	F				
46	32	Hils Nicholls NGOC	l:26:44	10:54	16:17	19:12	29:11	42:16	47:15	56:08	1:05:26	1:10:12	1:17:47	1:24:53	1:26:44				
47	112	Gerdjan Busker IND	l:27:46	10:54	5:23	2:55	9:59	13:05	4:59	8:53	9:18	4:46	7:35	7:06	1:51				
48	109	Matthew Davidson IND	l:27:58	16:15	20:44	24:08	32:22	44:49	48:28	59:56	1:08:06	1:12:13	1:20:31	1:26:28	1:27:46				
49	111	Alex Busker IND	l:28:05	16:10	4:29	3:24	8:14	12:27	3:39	11:28	8:10	4:07	8:18	5:57	1:18				
50	113	Emma Busker IND	l:38:55	16:10	20:43	23:49	32:14	44:24	48:38	59:42	1:07:57	1:12:16	1:20:10	1:25:40	1:27:58				
51	110	Jane Minay IND	l:39:19	16:27	20:50	23:52	32:21	44:30	48:49	1:00:15	1:08:22	1:12:24	1:20:32	1:26:34	1:28:05				
				16:27	4:23	3:02	8:29	12:09	4:19	11:26	8:07	4:02	8:08	6:02	1:31				
				14:24	5:16	2:12	10:44	14:15	5:37	9:38	14:30	5:24	8:42	6:58	1:15				
				14:27	19:37	21:56	32:34	46:53	52:14	1:02:04	1:16:39	1:21:57	1:30:41	1:37:38	1:39:19				
				14:27	5:10	2:19	10:38	14:19	5:21	9:50	14:35	5:18	8:44	6:57	1:41				
	39	Steven Harris NGOC	mp	4:31	6:20	7:36	12:03	18:30	20:35	24:03	----	35:52	39:12	42:49	43:23	30:24			
				4:31	1:49	1:16	4:27	6:27	2:05	3:28		11:49	3:20	3:37	0:34	*42			
	61	Sam Harris NGOC	mp	7:50	9:50	11:12	14:42	22:02	24:32	28:53	33:24	35:26	----	50:07	50:47				
				7:50	2:00	1:22	3:30	7:20	2:30	4:21	4:31	2:02		14:41	0:40				
	106	John Fallows NGOC	mp	9:49	12:36	14:29	21:36	----	----	----	----	----	----	----	----				
				9:49	2:47	1:53	7:07												
	108	Sue Ashton NGOC	mp	10:23	14:12	16:30	24:12	37:03	41:35	49:10	----	1:00:59	1:06:50	1:12:46	1:14:28	2:06	53:57		
				10:23	3:49	2:18	7:42	12:51	4:32	7:35		11:49	5:51	5:56	1:42	*53	*42		

Pl	Stno	Name	Time	2.8 km	105 m	10 C								
				1(46)	2(52)	3(54)	4(36)	5(38)	6(37)	7(58)	8(49)	9(50)	10(53)	F
1	123	Adam Watson NGOC	27:44	2:08	4:31	5:47	9:12	13:13	16:21	17:43	20:29	22:05	26:53	27:44
				2:08	2:23	1:16	3:25	4:01	3:08	1:22	2:46	1:36	4:48	0:51
2	18	Ashleigh Denman NGOC	40:30	3:23	7:24	9:36	14:05	19:07	23:40	26:00	29:26	31:49	39:08	40:30
				3:23	4:01	2:12	4:29	5:02	4:33	2:20	3:26	2:23	7:19	1:22
3	44	Lindsay Gilder IND	45:19	3:10	7:49	10:44	16:39	21:20	26:56	29:22	33:23	36:00	44:12	45:19
				3:10	4:39	2:55	5:55	4:41	5:36	2:26	4:01	2:37	8:12	1:07
4	45	Katherine Gilder IND	46:44	3:59	7:59	10:23	16:15	22:26	29:24	31:43	35:27	38:14	45:36	46:44
				3:59	4:00	2:24	5:52	6:11	6:58	2:19	3:44	2:47	7:22	1:08
5	22	Alan Kempton BOK	52:06	5:43	12:05	14:41	20:28	26:30	31:50	34:39	39:01	41:41	50:12	52:06
				5:43	6:22	2:36	5:47	6:02	5:20	2:49	4:22	2:40	8:31	1:54
6	53	Pippa Wickson NGOC	1:00:34	3:58	10:44	15:59	22:42	32:37	40:08	42:41	47:57	49:31	58:55	1:00:34
				3:58	6:46	5:15	6:43	9:55	7:31	2:33	5:16	1:34	9:24	1:39
7	90	Ann Brown NGOC	1:03:13	6:25	12:08	16:38	24:03	31:17	38:37	42:23	47:53	50:34	1:00:48	1:03:13
				6:25	5:43	4:30	7:25	7:14	7:20	3:46	5:30	2:41	10:14	2:25
8	26	Jeannette Tate NGOC	1:06:00	3:47	8:48	20:43	27:32	34:14	41:21	44:11	49:19	52:54	1:03:36	1:06:00
				3:47	5:01	11:55	6:49	6:42	7:07	2:50	5:08	3:35	10:42	2:24
9	11	Gaye Callard NGOC	1:09:14	7:10	13:17	16:14	24:19	32:41	40:32	45:52	52:12	56:00	1:06:40	1:09:14
				7:10	6:07	2:57	8:05	8:22	7:51	5:20	6:20	3:48	10:40	2:34
10	104	Ruth Pitchers IND	1:25:21	4:00	8:22	19:27	41:45	48:53	59:29	1:02:00	1:10:37	1:16:11	1:24:11	1:25:21
				4:00	4:22	11:05	22:18	7:08	10:36	2:31	8:37	5:34	8:00	1:10

Pl	Stno	Name	Time	2.1 km 70 m 9 C									
				1(46)	2(47)	3(52)	4(32)	5(57)	6(58)	7(50)	8(59)	9(39)	F
Yellow (14)													
1	68	Kate Ballantine IND	23:14	4:12	6:21	8:37	10:52	13:39	14:35	16:46	9:18:08	22:22	23:14
				4:12	2:09	2:16	2:15	2:47	0:56	2:11	9:01:22		0:52
2	81	Reuben Lawson NGOC	25:16	3:31	6:13	8:54	11:25	13:56	15:11	17:46	9:19:27	24:16	25:16
				3:31	2:42	2:41	2:31	2:31	1:15	2:35	9:01:41		1:00
3	38	Clare Ballantine NGOC	25:18	3:43	5:53	8:08	10:35	13:31	14:54	17:43	9:19:58	24:26	25:18
				3:43	2:10	2:15	2:27	2:56	1:23	2:49	9:02:15		0:52
4	34	Sebi Russell IND	25:48	3:26	5:22	8:25	10:49	14:10	15:13	19:05	9:20:36	24:33	25:48
				3:26	1:56	3:03	2:24	3:21	1:03	3:52	9:01:31		1:15
5	96	Red Manson-Whitto IND	28:15	3:21	5:18	8:07	11:34	14:34	15:39	18:31	9:20:49	26:32	28:15
				3:21	1:57	2:49	3:27	3:00	1:05	2:52	9:02:18		1:43
6	98	Hazel Manson-Whitt IND	29:01	4:00	6:12	9:31	12:44	17:03	18:21	21:18	9:23:09	27:58	29:01
				4:00	2:12	3:19	3:13	4:19	1:18	2:57	9:01:51		1:03
7	119	Isaac Gorman + Eliza NGOC	30:40	4:46	7:15	10:57	13:25	16:56	19:20	22:29	9:24:21	29:45	30:40
				4:46	2:29	3:42	2:28	3:31	2:24	3:09	9:01:52		0:55
8	124	Rosie Watson NGOC	31:08	3:55	6:39	9:28	12:14	16:03	18:09	22:16	9:25:14	29:45	31:08
				3:55	2:44	2:49	2:46	3:49	2:06	4:07	9:02:58		1:23
9	102	Holly King IND	38:23	4:50	7:09	9:50	12:09	22:58	24:20	27:59	9:31:14	37:12	38:23
				4:50	2:19	2:41	2:19	10:49	1:22	3:39	9:03:15		1:11
10	97	Tess Manson-Whitt IND	43:19	6:31	9:36	12:49	16:44	23:42	26:04	32:19	9:35:40	41:24	43:19
				6:31	3:05	3:13	3:55	6:58	2:22	6:15	9:03:21		1:55
11	125	Colin Waller IND	50:00	6:19	14:18	18:41	22:48	29:33	31:41	36:37	9:40:24	48:16	50:00
				6:19	7:59	4:23	4:07	6:45	2:08	4:56	9:03:47		1:44
12	67	Thomas Harris IND	57:15	9:48	16:26	23:14	30:11	35:55	39:01	44:39	9:48:50	55:57	57:15
				9:48	6:38	6:48	6:57	5:44	3:06	5:38	9:04:11		1:18
	24	Barth + Johannes + SOC	mp	9:32	15:23	-----	25:46	34:20	40:09	48:47	9:58:01	1:07:44	1:10:57
				9:32	5:51		10:23	8:34	5:49	8:38	9:09:14		3:13
	103	Kes Pitchers IND	mp	2:54	4:29	8:03	10:01	-----	13:14	15:27	9:17:05	20:41	21:46
				2:54	1:35	3:34	1:58		3:13	2:13	9:01:38		1:05