

Pl	Stno	Name	Time	8.0 km 1(101) F	15 C 2(102)	3(103)	4(104)	5(105)	6(106)	7(107)	8(108)	9(109)	10(110)	11(111)	12(112)	13(113)	14(114)	15(115)
1	17	Mark Burley BOK	34:38	4:18 4:18 34:38	6:27 2:09	7:46 1:19	10:33 2:47	12:04 1:31	13:28 1:24	17:39 4:11	19:21 1:42	21:08 1:47	25:51 4:43	27:19 1:28	29:47 2:28	30:54 1:07	33:05 2:11	33:42 0:37
2	44	Paul Gebbett BOK	35:38	4:28 4:28 35:38	6:41 2:13	8:06 1:25	10:40 2:34	11:52 1:12	13:32 1:40	17:25 3:53	19:21 1:56	21:13 1:52	26:11 4:58	27:44 1:33	30:10 2:26	31:21 1:11	33:48 2:27	34:36 0:48
3	49	Joe Gidley NGOC	36:47	4:15 4:15 36:47	6:39 2:24	8:09 1:30	11:18 3:09	12:39 1:21	14:13 1:34	18:30 4:17	20:21 1:51	22:15 1:54	27:26 5:11	29:06 1:40	31:33 2:27	32:47 1:14	35:16 2:29	35:50 0:34
4	1	Richard Cronin NGOC	37:53	4:27 4:27 37:53	7:23 2:56	8:52 1:29	11:58 3:06	14:13 2:15	15:49 1:36	19:52 4:03	21:39 1:47	23:32 1:53	28:32 5:00	30:11 1:39	32:42 2:31	33:44 1:02	36:16 2:32	36:54 0:38
5	28	Caroline Craig NGOC	38:50	4:34 4:34 38:50	7:02 2:28	8:37 1:35	11:37 3:00	12:51 1:14	14:31 1:40	19:02 4:31	21:12 2:10	23:20 2:08	28:45 5:25	30:26 1:41	33:23 2:57	34:45 1:22	37:10 2:25	37:49 0:39
6	45	Steve Green NGOC	39:38	4:53 4:53 39:38	7:16 2:23	8:48 1:32	12:06 3:18	13:47 1:41	15:26 1:39	20:11 4:45	22:09 1:58	24:10 2:01	29:29 5:19	31:22 1:53	33:57 2:35	35:15 1:18	37:55 2:40	38:34 0:39
7	5	Scott Johnson NGOC	42:04	6:19 6:19 42:04	9:05 2:46	10:32 1:27	13:24 2:52	14:47 1:23	16:34 1:47	21:44 5:10	23:48 2:04	26:09 2:21	32:05 5:56	33:51 1:46	36:24 2:33	37:39 1:15	40:18 2:39	41:09 0:51
8	19	Anders Johansson NGOC	42:16	4:50 4:50 42:16	7:28 2:38	8:55 1:27	12:19 3:24	14:10 1:51	16:18 2:08	22:13 5:55	24:19 2:06	26:26 2:07	32:00 5:34	33:47 1:47	36:26 2:39	37:48 1:22	40:31 2:43	41:17 0:46
9	53	Brian Johnston BAOC	42:21	4:31 4:31 42:21	6:51 2:20	8:23 1:32	12:41 4:18	14:29 1:48	16:02 1:33	21:56 5:54	24:01 2:05	26:12 2:11	32:02 5:50	33:54 1:52	36:37 2:43	37:56 1:19	40:37 2:41	41:21 0:44
10	39	Ben Moorhouse NGOC	42:23	5:20 5:20 42:23	8:20 3:00	9:58 1:38	13:06 3:08	14:13 1:07	16:43 2:30	21:15 4:32	23:28 2:13	25:46 2:18	31:35 5:49	33:22 1:47	36:18 2:56	37:40 1:22	40:36 2:56	41:20 0:44
11	46	Ben Arkell NGOC	43:28	4:42 4:42 43:28	7:29 2:47	9:53 2:24	13:02 3:09	16:16 3:14	18:22 2:06	23:06 4:44	25:17 2:11	27:49 2:32	33:36 5:47	35:10 1:34	37:38 2:28	38:54 1:16	41:44 2:50	42:37 0:53
12	12	Paul L'Estrange NGOC	46:32	6:18 6:18 46:32	9:06 2:48	10:54 1:48	14:33 3:39	16:19 1:46	18:42 2:23	23:17 4:35	26:23 3:06	28:36 2:13	34:47 6:11	36:42 1:55	39:45 3:03	41:10 1:25	44:36 3:26	45:24 0:48
13	2	Simon Denman NGOC	47:59	5:33 5:33 47:59	8:10 2:37	9:39 1:29	13:00 3:21	15:41 2:41	17:39 1:58	25:26 7:47	27:49 2:23	30:10 2:21	37:36 7:26	39:19 1:43	41:58 2:39	43:18 1:20	46:03 2:45	46:51 0:48
14	47	Keith Baldwin IND	48:27	4:49 4:49 48:27	7:15 2:26	8:45 1:30	12:10 3:25	13:25 1:15	17:09 3:44	22:47 5:38	27:36 4:49	30:29 2:53	35:42 5:13	37:10 1:28	40:41 3:31	41:50 1:09	44:22 2:32	47:27 3:05
15	40	Martyn Brown NGOC	50:05	5:53 5:53 50:05	9:16 3:23	11:15 1:59	15:22 4:07	17:06 1:44	20:05 2:59	25:46 5:41	28:29 2:43	30:50 2:21	37:32 6:42	39:49 2:17	42:38 2:49	44:30 1:52	47:38 3:08	48:57 1:19
16	43	Gill Stott NGOC	55:38	6:40 6:40 55:38	9:48 3:08	11:40 1:52	17:48 6:08	19:39 1:51	22:00 2:21	29:19 7:19	32:13 2:54	35:00 2:47	42:26 7:26	44:31 2:05	47:50 3:19	49:47 1:57	53:06 3:19	54:08 1:02
17	30	Tom Mills NGOC	60:00	6:44 6:44 60:00	10:49 4:05	12:48 1:59	17:38 4:50	19:16 1:38	22:52 3:36	31:45 8:53	34:19 2:34	37:28 3:09	45:14 7:46	47:34 2:20	51:43 4:09	53:27 1:44	57:17 3:50	58:27 1:10
18	42	Shirley Robinson NGOC	67:03	6:54 6:54 67:03	10:29 3:35	17:44 7:15	22:17 4:33	24:26 2:09	27:24 2:58	35:27 8:03	39:04 3:37	42:22 3:18	52:26 10:04	54:55 2:29	58:13 3:18	60:07 1:54	64:09 4:02	65:45 1:36

Pl	Stno	Name	Time													
<b>Short (10)</b>				<b>5.0 km</b>	<b>10 C</b>											
				1(116)	2(117)	3(113)	4(112)	5(103)	6(104)	7(107)	8(108)	9(118)	10(119)	F		
1	29	Tom Birthwright NGOC	30:14	1:51 1:51	4:33 2:42	6:30 1:57	8:01 1:31	11:06 3:05	14:43 3:37	19:43 5:00	21:51 2:08	24:54 3:03	28:20 3:26	30:14 1:54		
2	21	John Fallows NGOC	34:47	2:55 2:55	5:50 2:55	7:55 2:05	9:34 1:39	13:03 3:29	17:44 4:41	22:55 5:11	25:27 2:32	28:53 3:26	32:39 3:46	34:47 2:08		
3	20	Pete Adams IND	38:29	3:16 3:16	6:00 2:44	8:05 2:05	9:33 1:28	12:37 3:04	17:41 5:04	22:53 5:12	25:00 2:07	32:49 7:49	36:40 3:51	38:29 1:49		
4	52	Chris Pringle NGOC	39:01	2:26 2:26	5:42 3:16	7:55 2:13	9:45 1:50	13:12 3:27	17:48 4:36	25:26 7:38	28:27 3:01	32:50 4:23	37:08 4:18	39:01 1:53		
5	41	Lucy Nation IND	40:58	3:08 3:08	6:54 3:46	9:15 2:21	11:01 1:46	14:47 3:46	19:00 4:13	25:55 6:55	29:00 3:05	34:11 5:11	38:38 4:27	40:58 2:20		
6	50	Helen Moorhouse NGOC	41:15	4:29 4:29	7:47 3:18	10:18 2:31	12:17 1:59	15:51 3:34	20:34 4:43	27:32 6:58	30:45 3:13	35:13 4:28	39:11 3:58	41:15 2:04		
7	48	Ian Coe NGOC	45:21	4:04 4:04	7:44 3:40	11:01 3:17	12:53 1:52	18:14 5:21	23:21 5:07	30:52 7:31	35:39 4:47	38:57 3:18	43:10 4:13	45:21 2:11		
8	35	Chris James NGOC	72:36	5:46 5:46	11:54 6:08	16:15 4:21	19:36 3:21	27:13 7:37	35:39 8:26	46:27 10:48	53:17 6:50	61:18 8:01	68:42 7:24	72:36 3:54		
9	36	Gillian James NGOC	72:39	5:52 5:52	11:57 6:05	16:17 4:20	19:37 3:20	27:15 7:38	35:36 8:21	46:33 10:57	53:36 7:03	61:09 7:33	68:54 7:45	72:39 3:45		
	54	Chris Vallenge NGOC	mp	3:24 3:24	6:45 3:21	9:06 2:21	11:08 2:02	14:39 3:31	19:41 5:02	26:09 6:28	28:59 2:50	35:02 6:03	----- 6:18	41:20 6:18		

39:15  
\*116

Pl	Stno	Name	Time	0.0 km 28 C														
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
<b>Score (2)</b>																		
<b>1</b>	<b>51</b>	<b>Brian Laycock HOC</b>	<b>41:23</b>	#(116) 3:06 3:06 #(102) -----	#(125) 7:52 4:46 #(103) -----	#(121) 11:26 3:34 #(104) -----	#(123) 23:43 12:17 #(105) -----	#(108) 25:40 1:57 #(106) -----	#(109) 28:59 3:19 #(107) -----	#(118) 29:58 0:59 #(110) -----	#(101) 30:51 0:53 #(111) -----	#(124) 31:59 1:08 #(112) -----	#(117) 32:58 0:59 #(113) -----	#(127) 34:36 1:38 #(120) -----	#(119) 35:47 1:11 #(126) -----	#(122) 37:21 1:34 #(128) -----	#(114) 38:42 1:21 #(128) -----	#(115) 39:57 1:15 F 41:23 1:26
<b>2</b>	<b>9</b>	<b>Andrew Craig NGOC</b>	<b>46:08</b>	#(115) 1:21 1:21 #(107) 28:29 2:31	#(114) 2:23 1:02 #(123) 30:14 1:45	#(122) 4:06 1:43 #(108) 31:48 1:34	#(113) 5:44 1:38 #(121) 32:49 1:01	#(112) 7:07 1:23 #(125) 36:44 3:55	#(102) 9:29 2:22 #(118) 38:43 1:59	#(103) 12:01 2:32 #(109) 39:25 0:42	#(111) 14:08 2:07 #(101) 40:23 0:58	#(110) 15:58 1:50 #(124) 41:21 0:58	#(104) 16:53 0:55 #(117) 42:08 0:47	#(105) 18:25 1:32 #(127) 43:16 1:08	#(126) 20:18 1:53 #(119) 43:56 0:40	#(106) 20:47 0:29 #(116) 44:53 0:57	#(128) 24:08 3:21 F 46:08 1:15	#(120) 25:58 1:50