

Pl	Name	Time	1(50)	2(61)	3(60)	4(63)	5(38)	6(62)	7(41)	8(59)	9(42)	10(46)	11(47)	12(51)	13(56)	14(48)	15(58)	16(57)	17(52)	18(54)	F
1	Andrew Monro HOC	46:43	2:01	4:09	5:12	6:55	8:14	12:21	14:15	15:13	19:09	20:29	24:12	27:28	28:47	31:00	34:50	37:57	41:10	46:02	46:43
			2:01	2:08	1:03	1:43	1:19	4:07	1:54	0:58	3:56	1:20	3:43	3:16	1:19	2:13	3:50	3:07	3:13	4:52	0:41
2	Andy Stott NGOC	53:23	2:57	5:14	6:40	8:51	10:33	14:57	17:28	18:55	23:53	25:06	29:07	32:24	33:44	36:37	39:13	42:58	46:48	52:35	53:23
			2:57	2:17	1:26	2:11	1:42	4:24	2:31	1:27	4:58	1:13	4:01	3:17	1:20	2:53	2:36	3:45	3:50	5:47	0:48
3	Caroline Craig NGOC	54:04	2:27	4:32	5:51	7:58	9:23	13:59	16:25	18:06	22:35	24:00	28:30	31:26	32:46	35:33	38:50	43:17	46:11	53:16	54:04
			2:27	2:05	1:19	2:07	1:25	4:36	2:26	1:41	4:29	1:25	4:30	2:56	1:20	2:47	3:17	4:27	2:54	7:05	0:48
4	Paul Gebbett BOK	54:11	2:18	4:47	6:01	8:38	9:58	14:37	17:13	18:18	23:33	24:32	28:16	31:17	35:00	37:45	40:42	44:08	48:07	53:22	54:11
			2:18	2:29	1:14	2:37	1:20	4:39	2:36	1:05	5:15	0:59	3:44	3:01	3:43	2:45	2:57	3:26	3:59	5:15	0:49
5	Joseph Gidley NGOC	54:55	2:51	4:52	6:05	8:47	10:32	15:30	18:15	19:14	24:45	25:31	30:00	33:17	35:03	37:55	40:50	45:12	48:07	54:07	54:55
			2:51	2:01	1:13	2:42	1:45	4:58	2:45	0:59	5:31	0:46	4:29	3:17	1:46	2:52	2:55	4:22	2:55	6:00	0:48
6	Scott Johnson NGOC	54:59	2:31	5:06	6:46	9:11	10:43	15:33	17:29	19:22	23:49	25:12	30:33	33:55	35:25	38:12	40:58	44:59	48:03	54:14	54:59
			2:31	2:35	1:40	2:25	1:32	4:50	1:56	1:53	4:27	1:23	5:21	3:22	1:30	2:47	2:46	4:01	3:04	6:11	0:45
7	Richard Cronin NGOC	58:27	3:51	6:44	8:04	11:03	12:52	18:11	20:34	22:45	27:42	28:41	33:25	36:16	38:01	41:09	44:49	48:23	51:47	57:44	58:27
			3:51	2:53	1:20	2:59	1:49	5:19	2:23	2:11	4:57	0:59	4:44	2:51	1:45	3:08	3:40	3:34	3:24	5:57	0:43
8	Chris McCartney OD	61:13	4:28	7:08	8:32	10:38	12:16	17:34	20:30	21:26	26:57	27:57	32:33	35:32	37:19	42:00	45:07	49:19	52:50	60:23	61:13
			4:28	2:40	1:24	2:06	1:38	5:18	2:56	0:56	5:31	1:00	4:36	2:59	1:47	4:41	3:07	4:12	3:31	7:33	0:50
9	Daniel Gardner HH	65:25	4:46	8:50	10:06	12:39	15:26	20:26	23:07	26:48	31:50	33:48	38:04	41:36	43:42	47:54	52:06	55:55	58:52	64:33	65:25
			4:46	4:04	1:16	2:33	2:47	5:00	2:41	3:41	5:02	1:58	4:16	3:32	2:06	4:12	4:12	3:49	2:57	5:41	0:52
10	James Wilkinson HOC	65:56	2:46	5:27	7:01	9:33	11:33	16:43	19:23	20:35	27:16	29:48	36:09	40:01	42:08	45:35	48:35	53:48	57:51	65:16	65:56
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11	Jon Urch BOK	68:45	5:07	8:15	9:33	12:28	14:10	19:20	22:10	23:22	28:38	29:53	35:44	39:15	42:58	46:17	49:42	55:00	58:54	67:45	68:45
			5:07	3:08	1:18	2:55	1:42	5:10	2:50	1:12	5:16	1:15	5:51	3:31	3:43	3:19	3:25	5:18	3:54	8:51	1:00
12	Tom Birthwright NGOC	69:08	3:12	7:12	8:53	11:57	13:48	19:20	21:51	23:27	29:45	31:14	36:04	40:03	42:16	45:52	49:23	54:06	60:46	68:18	69:08
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13	Christophe Pige NGOC	70:34	4:05	7:22	8:59	12:19	14:12	19:34	22:28	25:09	30:38	32:05	37:02	40:26	42:43	45:44	51:27	55:21	59:57	68:26	70:34
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14	Adam Hampshire BOK	71:32	3:40	7:45	9:24	11:25	13:37	21:00	25:25	29:29	36:44	38:16	42:38	47:04	48:51	52:19	56:29	60:41	63:54	70:15	71:32
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15	Martyn Brown NGOC	72:33	3:04	7:26	9:05	12:39	14:56	20:09	22:56	25:44	31:13	33:00	37:29	42:11	46:44	50:00	54:35	59:20	63:10	71:40	72:33
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16	Chris Lamb IND	73:07	4:00	7:15	8:48	11:15	14:51	20:57	24:33	27:05	33:37	37:28	43:28	46:46	48:31	51:41	55:13	60:05	64:24	72:18	73:07
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17	Christine Farr SWOC	73:50	3:29	7:07	8:58	13:01	15:06	21:06	24:02	26:12	33:15	34:44	40:03	43:45	46:09	50:09	54:12	59:06	64:14	73:02	73:50
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18	Paul Bryce NGOC	74:21	3:01	7:26	8:55	11:26	13:04	19:28	22:11	26:59	32:55	34:35	39:55	43:33	45:23	49:28	54:24	59:25	63:53	72:44	74:21
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19	Nick Dennis BOK	75:01	4:38	8:21	9:49	12:56	15:06	21:19	24:29	26:41	35:23	36:11	44:28	47:53	49:22	52:08	55:46	60:47	66:16	73:26	75:01
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20	Judith Austerberry NGOC	76:05	5:12	9:03	10:41	13:53	19:12	25:45	28:33	30:36	37:37	38:42	43:12	46:55	49:36	52:39	56:17	61:51	66:29	75:11	76:05
			5:12	3:51	1:38	3:12	5:19	6:33	2:48	2:03	7:01	1:05	4:30	3:43	3:03	3:38	5:34	4:38	8:42	0:54	
21	Neil Cameron NGOC	78:25	5:31	10:04	11:56	16:25	18:37	25:22	28:57	31:44	37:47	39:55	45:28	49:43	52:07	56:01	59:28	65:14	69:28	77:34	78:25
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22	Kelvin Davies BOK	78:49	3:35	7:52	9:40	13:56	16:02	22:19	25:15	27:21	34:18	36:05	42:25	48:47	50:54	54:49	57:49	62:58	68:58	77:34	78:49
			3:35	4:17	1:48	4:16	2:06	6:17	2:56	2:06	6:57	1:47	6:20	6:22	2:07	3:55	3:00	5:09	6:00	8:36	1:15
23	Allan McCall NGOC	81:44	6:29	9:34	11:10	15:43	19:28	25:37	29:23	31:46	38:55	40:23	46:17	50:24	52:51	56:21	63:05	69:40	73:25	80:39	81:44
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24	Peter Havard SWOC	83:27	3:29	7:01	8:50	13:08	15:24	20:48	26:19	29:20	36:31	37:57	42:56	47:18	52:07	55:57	59:47	67:54	72:49	82:17	83:27
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25	Duncan Innes BOK	84:14	2:53	7:17	8:53	12:02	15:01	24:09	27:03	28:57	34:53	36:28	49:27	53:32	55:54	61:31	65:10	70:13	75:09	83:19	84:14
			2:53	4:24	1:36	3:09	2:59	9:08	2:54	1:54	5:56	1:35	12:59	4:05	2:22	5:37	3:39	5:03	4:56	8:10	0:55
26	Allan McKinley HOC	84:35	3:25	8:52	12:38	15:32	18:32	25:21	29:30	31:51	39:52	44:00	50:22	56:03	58:09	61:49	65:05	70:20	74:15	83:51	84:35
			3:25	5:27	3:46	2:54	3:00	6:49	4:09	2:21	8:01	4:08	6:22	5:41	2:06	3:40	3:16	5:15	3:55	9:36	0:44
27	Gordon Smillie NGOC	85:17	4:44	8:26	10:18	14:30	16:52	23:27	28:34	30:44	37:38	39:25	44:11	48:41	52:08	56:14	61:47	67:22	72:05	82:29	85:17
			4:44	3:42	1:52	4:12	2:22	6:35	5:07	2:10	6:54	1:47	4:46	4:30	3:27	4:06	5:33	5:35	4:43	10:24	2:48
28	Steve Williams NGOC	85:29	3:15	6:25	8:34	12:21	15:19	21:24	25:14	28:16	35:28	41:13	47:11	52:37	58:49	62:15	65:48	70:45	75:42	84:27	85:29
			3:15	3:10	2:09	3:47	2:58	6:05	3:50	3:02	7:12	5:45	5:58	5:26	6:12	3:26	3:33	4:57	4:57	8:45	1:02
29	Kevin Bush SWOC	86:16	4:20	8:09	10:04	13:53	16:57	24:18	27:15	29:44	37:35	39:44	45:44	50:56	54:24	60:17	65:04	70:49	76:29	85:06	86:16
			4:20	3:49	1:55	3:49	3:04	7:21	2:57	2:29	7:51	2:09	6:00	5:12	3:28	5:53	4:47	5:45	5:40	8:37	1:10

Pl	Name	Time	(cont.)																			
			1(50)	2(61)	3(60)	4(63)	5(38)	6(62)	7(41)	8(59)	9(42)	10(46)	11(47)	12(51)	13(56)	14(48)	15(58)	16(57)	17(52)	18(54)	F	
<b>Blue (41)</b>																						
<b>30</b>	<b>Alan Pucill</b>	<b>88:18</b>	3:06	6:24	8:22	13:53	17:29	24:40	28:13	31:13	39:45	41:46	54:00	58:06	60:57	64:20	68:09	73:53	77:54	87:22	88:18	
	NGOC		3:06	3:18	1:58	5:31	3:36	7:11	3:33	3:00	8:32	2:01	12:14	4:06	2:51	3:23	3:49	5:44	4:01	9:28	0:56	
<b>31</b>	<b>John Shea</b>	<b>89:46</b>	3:39	9:56	11:51	15:46	17:47	24:27	27:31	31:24	37:54	39:19	50:09	53:39	55:35	60:35	64:06	69:43	75:33	88:50	89:46	
	NGOC		3:39	6:17	1:55	3:55	2:01	6:40	3:04	3:53	6:30	1:25	10:50	3:30	1:56	5:00	3:31	5:37	5:50	13:17	0:56	
<b>32</b>	<b>Steve Chiverton</b>	<b>91:09</b>	4:34	7:49	9:47	12:57	15:24	23:21	27:22	31:41	40:07	41:36	47:27	51:12	53:39	57:10	65:53	75:51	80:45	89:44	91:09	
	HOC		4:34	3:15	1:58	3:10	2:27	7:57	4:01	4:19	8:26	1:29	5:51	3:45	2:27	3:31	8:43	9:58	4:54	8:59	1:25	
<b>33</b>	<b>Neil Bradshaw</b>	<b>93:04</b>	3:39	7:31	9:41	18:16	20:24	27:53	30:59	34:05	41:27	42:51	51:25	57:40	60:05	64:01	69:31	75:23	79:52	90:43	93:04	
	NGOC		3:39	3:52	2:10	8:35	2:08	7:29	3:06	3:06	7:22	1:24	8:34	6:15	2:25	3:56	5:30	5:52	4:29	10:51	2:21	
<b>34</b>	<b>Chris Moon</b>	<b>93:21</b>	4:54	9:43	12:11	16:39	19:30	25:20	28:32	30:35	37:38	41:31	52:04	58:34	61:18	70:09	75:19	80:56	85:00	92:26	93:21	
	BOK		4:54	4:49	2:28	4:28	2:51	5:50	3:12	2:03	7:03	3:53	10:33	6:30	2:44	8:51	5:10	5:37	4:04	7:26	0:55	
<b>35</b>	<b>Roger Coe</b>	<b>93:55</b>	5:46	9:08	11:43	16:43	21:56	30:10	34:01	35:57	43:50	45:33	52:13	57:10	59:57	65:40	69:31	75:04	79:19	90:48	93:55	
	NGOC		5:46	3:22	2:35	5:00	5:13	8:14	3:51	1:56	7:53	1:43	6:40	4:57	2:47	5:43	3:51	5:33	4:15	11:29	3:07	
<b>36</b>	<b>Shirley Robinson</b>	<b>97:41</b>	4:16	8:48	10:57	14:10	18:44	27:00	30:54	37:32	45:12	47:37	54:23	59:04	61:38	67:19	71:47	77:41	84:28	96:23	97:41	
	HOC		4:16	4:32	2:09	3:13	4:34	8:16	3:54	6:38	7:40	2:25	6:46	4:41	2:34	5:41	4:28	5:54	6:47	11:55	1:18	
<b>37</b>	<b>John Weyman</b>	<b>97:51</b>	7:16	13:40	16:00	23:21	25:32	32:33	36:15	38:41	46:05	47:23	58:18	61:56	64:04	67:58	73:30	80:04	86:20	96:48	97:51	
	NWO		7:16	6:24	2:20	7:21	2:11	7:01	3:42	2:26	7:24	1:18	10:55	3:38	2:08	3:54	5:32	6:34	6:16	10:28	1:03	
<b>38</b>	<b>Roger Edwards</b>	<b>98:35</b>	13:55	18:52	20:58	24:31	26:44	33:16	36:30	40:19	48:54	51:37	58:42	62:50	66:08	69:42	73:42	81:17	87:23	97:26	98:35	
	NGOC		13:55	4:57	2:06	3:33	2:13	6:32	3:14	3:49	8:35	2:43	7:05	4:08	3:18	3:34	4:00	7:35	6:06	10:03	1:09	
<b>39</b>	<b>Guy Cooper</b>	<b>99:00</b>	5:05	9:16	11:39	15:09	19:31	27:36	30:56	34:10	41:11	46:35	52:04	58:36	65:03	68:31	74:14	80:57	86:24	97:55	99:00	
	NGOC		5:05	4:11	2:23	3:30	4:22	8:05	3:20	3:14	7:01	5:24	5:29	6:32	6:27	3:28	5:43	6:43	5:27	11:31	1:05	
<b>40</b>	<b>Chris Vallence</b>	<b>107:17</b>	6:02	10:31	12:51	16:50	20:25	29:20	32:43	35:05	44:05	47:47	54:53	61:13	64:17	72:46	78:40	86:54	93:56	105:55	107:17	
	NGOC		6:02	4:29	2:20	3:59	3:35	8:55	3:23	2:22	9:00	3:42	7:06	6:20	3:04	8:29	5:54	8:14	7:02	11:59	1:22	
	<b>Jane Ritchie</b>	<b>mp</b>	6:19	11:59	16:07	22:48	26:31	36:19	40:40	43:04	53:25	61:41	70:08	-----	-----	-----	91:54	101:15	107:50	124:20	126:00	
	SWOC		6:19	5:40	4:08	6:41	3:43	9:48	4:21	2:24	10:21	8:16	8:27				21:46	9:21	6:35	16:30	1:40	
<b>Green (52)</b>																						
			1(35)	2(62)	3(41)	4(55)	5(42)	6(52)	7(47)	8(58)	9(56)	10(48)	11(57)	12(46)	13(54)	F						
<b>1</b>	<b>Peter Aaron</b>	<b>53:16</b>	<b>1:01</b>	3:16	<b>6:17</b>	<b>8:29</b>	<b>14:14</b>	18:37	<b>22:47</b>	<b>28:00</b>	<b>30:15</b>	35:47	38:21	44:02	<b>52:36</b>	<b>53:16</b>						
	IND		<b>1:01</b>	2:15	3:01	2:12	5:45	4:23	4:10	5:13	2:15	5:32	<b>2:34</b>	5:41	8:34	<b>0:40</b>						
<b>2</b>	<b>Dave Hartley</b>	<b>53:35</b>	1:20	3:39	6:18	8:32	14:27	<b>18:08</b>	24:27	29:31	31:07	<b>35:11</b>	<b>37:54</b>	<b>42:47</b>	52:37	53:35						
	NGOC		1:20	2:19	2:39	2:14	5:55	3:41	6:19	5:04	1:36	4:04	2:43	<b>4:53</b>	9:50	0:58						
<b>3</b>	<b>Charlie Aaron</b>	<b>53:39</b>	1:05	<b>3:15</b>	6:22	8:33	14:23	18:33	23:06	28:07	30:29	36:00	38:38	44:10	52:48	53:39						
	IND		1:05	2:10	3:07	2:11	5:50	4:10	4:33	<b>5:01</b>	2:22	5:31	2:38	5:32	8:38	0:51						
<b>4</b>	<b>Adam Watson</b>	<b>54:19</b>	1:16	4:49	7:01	9:18	15:20	18:13	24:22	29:27	30:58	36:39	39:49	45:25	53:33	54:19						
	NGOC		1:16	3:33	<b>2:12</b>	2:17	6:02	2:53	6:09	5:05	1:31	5:41	3:10	5:36	8:08	0:46						
<b>5</b>	<b>Vanessa Lawson</b>	<b>57:08</b>	1:58	4:37	7:33	10:51	17:49	22:21	27:46	32:47	34:18	37:46	41:20	48:27	56:11	57:08						
	NGOC		1:58	2:39	2:56	3:18	6:58	4:32	5:25	<b>5:01</b>	1:31	3:28	3:34	7:07	<b>7:44</b>	0:57						
<b>6</b>	<b>Rachel Dennis</b>	<b>57:54</b>	1:49	4:06	7:12	10:50	18:14	21:56	27:40	34:41	36:09	39:31	42:59	48:14	56:40	57:54						
	BOK		1:49	2:17	3:06	3:38	7:24	3:42	5:44	7:01	1:28	3:22	3:28	5:15	8:26	1:14						
<b>7</b>	<b>Andy Pedder</b>	<b>59:00</b>	1:27	4:00	6:57	9:35	15:19	20:31	26:52	33:02	34:22	38:44	42:23	48:20	57:01	59:00						
	NGOC		1:27	2:33	2:57	2:38	5:44	5:12	6:21	6:10	1:20	4:22	3:39	5:57	8:41	1:59						
<b>8</b>	<b>Stephen Robinson</b>	<b>60:09</b>	3:06	5:22	8:17	10:14	16:24	19:59	24:49	30:59	33:04	36:43	40:36	48:06	58:32	60:09						
	NGOC		3:06	2:16	2:55	<b>1:57</b>	6:10	3:35	4:50	6:10	2:05	3:39	3:53	7:30	10:26	1:37						
<b>9</b>	<b>James Burton</b>	<b>60:15</b>	2:13	6:24	9:30	12:49	18:41	22:22	27:00	33:20	34:45	38:31	42:41	48:58	58:59	60:15						
	IND		2:13	4:11	3:06	3:19	5:52	3:41	4:38	6:20	1:25	3:46	4:10	6:17	10:01	1:16						
<b>10</b>	<b>Mike Farrington</b>	<b>60:28</b>	1:21	4:37	7:20	9:22	16:36	21:06	26:16	32:48	34:09	38:22	41:22	51:42	59:29	60:28						
	HOC		1:21	3:16	2:43	2:02	7:14	4:30	5:10	6:32	1:21	4:13	3:00	10:20	7:47	0:59						
<b>11</b>	<b>Hannah Bradley</b>	<b>61:09</b>	2:47	5:13	8:01	11:22	18:46	23:48	30:35	36:09	37:50	41:36	45:14	50:52	59:59	61:09						
	NGOC		2:47	2:26	2:48	3:21	7:24	5:02	6:47	5:34	1:41	3:46	3:38	5:38	9:07	1:10						
<b>12</b>	<b>Daniel Edwards</b>	<b>61:23</b>	2:40	6:24	8:43	11:43	17:53	20:49	24:39	30:57	32:34	39:09	45:30	51:51	60:28	61:23						
	NGOC		2:40	3:44	2:19	3:00	6:10	2:56	<b>3:50</b>	6:18	1:37	6:35	6:21	6:21	8:37	0:55						
<b>13</b>	<b>John Fallows</b>	<b>63:30</b>	1:02	3:44	7:44	10:17	17:06	21:02	26:44	33:19	34:34	38:28	42:12	49:55	62:26	63:30						
	NGOC		1:02	2:42	4:00	2:33	6:49	3:56	5:42	6:35	1:15	3:54	3:44	7:43	12:31	1:04						
<b>14</b>	<b>Philip Bostock</b>	<b>65:59</b>	3:08	6:06	11:15	13:55	20:30	24:07	30:48	36:50	38:32	46:19	50:37	56:00	65:03	65:59						
	NGOC		3:08	2:58	5:09	2:40	6:35	3:37	6:41	6:02	1:42	7:47	4:18	5:23	9:03	0:56						

Pl	Name	Time	(cont.)													F
			1(35)	2(62)	3(41)	4(55)	5(42)	6(52)	7(47)	8(58)	9(56)	10(48)	11(57)	12(46)	13(54)	
<b>15</b>	<b>Paul Taunton</b>	<b>66:46</b>	1:52	4:56	8:35	11:54	19:07	24:28	32:09	38:46	40:28	44:52	48:48	56:42	65:44	66:46
	NGOC		1:52	3:04	3:39	3:19	7:13	5:21	7:41	6:37	1:42	4:24	3:56	7:54	9:02	1:02
<b>16</b>	<b>Brian Laycock</b>	<b>67:41</b>	1:25	4:40	8:52	11:26	17:47	22:38	28:36	38:27	39:52	44:32	48:20	55:59	66:21	67:41
	HOC		1:25	3:15	4:12	2:34	6:21	4:51	5:58	9:51	1:25	4:40	3:48	7:39	10:22	1:20
<b>16</b>	<b>Neil Bramwell</b>	<b>67:41</b>	1:43	6:22	8:58	10:59	17:33	22:48	37:01	42:43	44:14	47:29	51:26	56:54	66:51	67:41
	IND		1:43	4:39	2:36	2:01	6:34	5:15	14:13	5:42	1:31	<b>3:15</b>	3:57	5:28	9:57	0:50
<b>18</b>	<b>Gerry Ashton</b>	<b>68:06</b>	1:22	4:38	8:36	12:37	18:55	23:48	30:20	36:43	38:27	42:27	46:38	53:55	66:07	68:06
	NGOC		1:22	3:16	3:58	4:01	6:18	4:53	6:32	6:23	1:44	4:00	4:11	7:17	12:12	1:59
<b>19</b>	<b>Gill Stott</b>	<b>68:23</b>	2:27	5:35	9:23	13:10	19:44	24:31	32:22	38:54	40:36	44:28	47:46	58:00	66:56	68:23
	NGOC		2:27	3:08	3:48	3:47	6:34	4:47	7:51	6:32	1:42	3:52	3:18	10:14	8:56	1:27
<b>20</b>	<b>Lin Callard</b>	<b>69:39</b>	1:48	4:57	8:01	10:28	17:10	22:55	30:52	39:50	41:26	46:40	50:39	57:44	68:26	69:39
	NGOC		1:48	3:09	3:04	2:27	6:42	5:45	7:57	8:58	1:36	5:14	3:59	7:05	10:42	1:13
<b>21</b>	<b>Ted McDonald</b>	<b>70:07</b>	1:26	4:19	8:20	11:17	18:31	24:04	33:26	40:14	41:37	46:21	49:46	59:24	69:02	70:07
	BOK		1:26	2:53	4:01	2:57	7:14	5:33	9:22	6:48	1:23	4:44	3:25	9:38	9:38	1:05
<b>22</b>	<b>Allan Darwell</b>	<b>70:51</b>	2:04	10:12	13:04	17:41	23:36	27:42	33:56	41:35	44:26	48:13	51:01	61:43	69:46	70:51
	BOK		2:04	8:08	2:52	4:37	5:55	4:06	6:14	7:39	2:51	3:47	2:48	10:42	8:03	1:05
<b>23</b>	<b>Robert Teed</b>	<b>71:08</b>	1:47	5:39	10:24	12:50	21:08	25:30	32:19	40:29	42:00	47:28	52:16	58:45	69:27	71:08
	NGOC		1:47	3:52	4:45	2:26	8:18	4:22	6:49	8:10	1:31	5:28	4:48	6:29	10:42	1:41
<b>24</b>	<b>Alec Watson</b>	<b>73:10</b>	3:06	6:01	9:03	11:21	23:59	28:34	33:56	44:42	45:51	50:06	55:35	62:15	72:29	73:10
	NGOC		3:06	2:55	3:02	2:18	12:38	4:35	5:22	10:46	1:09	4:15	5:29	6:40	10:14	0:41
<b>25</b>	<b>Stephen Bramwell</b>	<b>74:08</b>	1:53	4:52	9:02	12:03	19:01	25:52	33:29	42:04	44:00	48:38	53:18	61:17	72:37	74:08
	HOC		1:53	2:59	4:10	3:01	6:58	6:51	7:37	8:35	1:56	4:38	4:40	7:59	11:20	1:31
<b>26</b>	<b>Ashley Ford</b>	<b>74:37</b>	1:44	4:11	12:34	15:10	21:39	27:56	33:41	44:56	46:57	51:45	56:56	63:43	73:07	74:37
	HOC		1:44	2:27	8:23	2:36	6:29	6:17	5:45	11:15	2:01	4:48	5:11	6:47	9:24	1:30
<b>27</b>	<b>Paul Hammond</b>	<b>74:54</b>	1:46	4:12	12:30	14:58	29:17	32:17	41:30	48:04	50:00	54:10	58:38	64:42	73:48	74:54
	HOC		1:46	2:26	8:18	2:28	14:19	3:00	9:13	6:34	1:56	4:10	4:28	6:04	9:06	1:06
<b>28</b>	<b>Jane Holcombe</b>	<b>76:04</b>	1:58	4:49	8:18	11:27	20:03	26:20	32:32	40:19	42:10	49:14	55:25	63:14	74:56	76:04
	BOK		1:58	2:51	3:29	3:09	8:36	6:17	6:12	7:47	1:51	7:04	6:11	7:49	11:42	1:08
<b>29</b>	<b>Matthew Fautley</b>	<b>80:49</b>	10:43	13:34	17:02	23:04	30:18	35:46	45:31	52:42	54:32	59:06	62:33	69:34	78:22	80:49
	IND		10:43	2:51	3:28	6:02	7:14	5:28	9:45	7:11	1:50	4:34	3:27	7:01	8:48	2:27
<b>30</b>	<b>Dave Urch</b>	<b>81:03</b>	1:47	4:50	8:05	11:54	19:41	24:53	30:44	41:15	42:53	60:07	63:54	70:13	79:50	81:03
	BOK		1:47	3:03	3:15	3:49	7:47	5:12	5:51	10:31	1:38	17:14	3:47	6:19	9:37	1:13
<b>31</b>	<b>Nigel Cousins</b>	<b>82:22</b>	4:00	8:40	13:37	19:15	26:15	32:10	40:15	51:12	53:05	57:41	61:49	70:10	81:09	82:22
	HOC		4:00	4:40	4:57	5:38	7:00	5:55	8:05	10:57	1:53	4:36	4:08	8:21	10:59	1:13
<b>32</b>	<b>Kim Liggett</b>	<b>86:46</b>	3:39	7:20	13:54	16:48	28:56	34:34	43:18	50:28	52:40	59:30	63:46	71:17	85:21	86:46
	NGOC		3:39	3:41	6:34	2:54	12:08	5:38	8:44	7:10	2:12	6:50	4:16	7:31	14:04	1:25
<b>33</b>	<b>Simon Read</b>	<b>86:49</b>	4:34	8:29	11:26	15:10	20:50	28:48	36:46	43:28	46:03	49:56	54:25	70:22	82:23	86:49
	IND		4:34	3:55	2:57	3:44	5:40	7:58	7:58	6:42	2:35	3:53	4:29	15:57	12:01	4:26
<b>34</b>	<b>Rosalind Taunton</b>	<b>87:03</b>	2:21	6:25	10:30	15:46	25:36	32:09	42:18	50:04	52:22	59:06	63:55	73:01	85:33	87:03
	NGOC		2:21	4:04	4:05	5:16	9:50	6:33	10:09	7:46	2:18	6:44	4:49	9:06	12:32	1:30
<b>35</b>	<b>Sue Ashton</b>	<b>91:06</b>	2:08	5:41	9:29	13:28	21:18	26:46	36:32	43:07	55:18	59:56	65:00	73:52	89:37	91:06
	NGOC		2:08	3:33	3:48	3:59	7:50	5:28	9:46	6:35	12:11	4:38	5:04	8:52	15:45	1:29
<b>36</b>	<b>Gary Wakerley</b>	<b>91:27</b>	1:55	11:33	15:06	19:38	29:03	36:17	44:40	54:44	56:39	63:39	68:33	75:48	89:28	91:27
	NGOC		1:55	9:38	3:33	4:32	9:25	7:14	8:23	10:04	1:55	7:00	4:54	7:15	13:40	1:59
<b>37</b>	<b>Mark Payne</b>	<b>94:02</b>	2:03	6:26	9:53	14:51	21:14	25:38	39:22	55:38	56:45	66:45	75:11	80:56	92:37	94:02
	NGOC		2:03	4:23	3:27	4:58	6:23	4:24	13:44	16:16	<b>1:07</b>	10:00	8:26	5:45	11:41	1:25
<b>38</b>	<b>Paul + Ruth Aaron</b>	<b>98:54</b>	1:56	6:10	11:21	14:29	24:44	30:25	38:12	57:40	59:51	66:10	73:32	87:19	97:49	98:54
	IND		1:56	4:14	5:11	3:08	10:15	5:41	7:47	19:28	2:11	6:19	7:22	13:47	10:30	1:05
<b>39</b>	<b>John Burrows</b>	<b>99:53</b>	2:34	7:30	12:54	17:15	28:00	36:33	47:49	59:00	61:17	67:48	74:04	83:46	97:41	99:53
	KERNO		2:34	4:56	5:24	4:21	10:45	8:33	11:16	11:11	2:17	6:31	6:16	9:42	13:55	2:12
<b>40</b>	<b>Jane Weyman</b>	<b>100:22</b>	2:19	6:23	10:34	16:40	27:18	34:48	41:55	55:10	58:10	65:26	72:23	83:17	98:32	100:22
	NWO		2:19	4:04	4:11	6:06	10:38	7:30	7:07	13:15	3:00	7:16	6:57	10:54	15:15	1:50
<b>41</b>	<b>Duncan Liddle</b>	<b>100:52</b>	1:55	5:10	8:32	14:04	28:38	31:30	38:12	45:48	48:24	65:31	70:19	79:05	98:23	100:52
	NWO		1:55	3:15	3:22	5:32	14:34	<b>2:52</b>	6:42	7:36	2:36	17:07	4:48	8:46	19:18	2:29
<b>42</b>	<b>Adrian Dawson</b>	<b>103:13</b>	3:48	10:03	16:48	21:15	31:50	41:08	50:36	59:27	62:24	69:47	74:55	87:19	101:07	103:13
	SARUM		3:48	6:15	6:45	4:27	10:35	9:18	9:28	8:51	2:57	7:23	5:08	12:24	13:48	2:06
<b>43</b>	<b>Barbara Ford</b>	<b>110:02</b>	2:51	7:16	12:01	18:02	31:49	42:47	52:35	65:16	67:52	75:39	82:25	93:39	107:57	110:02
	HOC		2:51	4:25	4:45	6:01	13:47	10:58	9:48	12:41	2:36	7:47	6:46	11:14	14:18	2:05

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21:30

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17:21

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Pl	Name	Time	(cont.)													F
			1(35)	2(62)	3(41)	4(55)	5(42)	6(52)	7(47)	8(58)	9(56)	10(48)	11(57)	12(46)	13(54)	
<b>Green (52)</b>																
<b>44</b>	<b>John Fielder</b>	<b>112:22</b>	9:27	15:48	19:21	23:55	31:41	38:30	50:45	65:39	68:35	73:42	85:01	98:06	111:03	112:22
	<b>BOK</b>		9:27	6:21	3:33	4:34	7:46	6:49	12:15	14:54	2:56	5:07	11:19	13:05	12:57	1:19
<b>45</b>	<b>Antonia Holt</b>	<b>122:32</b>	4:00	9:08	15:18	27:33	38:18	50:13	61:33	73:07	79:59	85:59	93:39	104:15	120:30	122:32
	<b>NWO</b>		4:00	5:08	6:10	12:15	10:45	11:55	11:20	11:34	6:52	6:00	7:40	10:36	16:15	2:02
<b>46</b>	<b>Hils Nicholls</b>	<b>129:14</b>	3:16	13:09	19:14	27:27	40:28	50:34	62:13	74:29	77:26	86:06	92:51	104:50	126:36	129:14
	<b>NGOC</b>		3:16	9:53	6:05	8:13	13:01	10:06	11:39	12:16	2:57	8:40	6:45	11:59	21:46	2:38
	<b>David Roscoe</b>	<b>mp</b>	14:16	16:19	24:19	27:26	33:28	39:20	45:02	52:26	54:10	-----	74:50	80:30	89:56	91:19
	<b>BOK</b>		14:16	<b>2:03</b>	8:00	3:07	6:02	5:52	5:42	7:24	1:44	-----	20:40	5:40	9:26	1:23
	<b>Alan Wicks</b>	<b>mp</b>	5:48	-----	20:11	24:45	32:46	39:01	47:06	54:11	56:41	61:27	67:42	75:29	-----	93:31
	<b>NGOC</b>		5:48	-----	14:23	4:34	8:01	6:15	8:05	7:05	2:30	4:46	6:15	7:47	-----	18:02
	<b>Flora + Ben Smith</b>	<b>mp</b>	7:12	15:33	22:02	28:09	41:46	46:34	56:15	71:24	74:15	-----	-----	-----	-----	110:38
	<b>IND</b>		7:12	8:21	6:29	6:07	13:37	4:48	9:41	15:09	2:51	-----	-----	-----	-----	36:23
	<b>Paul + Fin Smith</b>	<b>mp</b>	8:16	13:12	30:32	33:11	43:39	48:16	58:45	71:55	74:57	-----	-----	-----	-----	112:27
	<b>IND</b>		8:16	4:56	17:20	2:39	10:28	4:37	10:29	13:10	3:02	-----	-----	-----	-----	37:30
	<b>Matthew Terrell</b>	<b>mp</b>	76:01	80:01	-----	86:52	93:10	97:07	108:06	115:03	116:55	122:44	126:48	131:51	-----	139:53
	<b>IND</b>		76:01	4:00	-----	6:51	6:18	3:57	10:59	6:57	1:52	5:49	4:04	5:03	-----	8:02
	<b>Hayden Lamb</b>	<b>mp</b>	2:59	5:16	8:56	12:41	18:00	22:02	30:37	36:45	38:08	-----	-----	-----	-----	10:53
	<b>IND</b>		2:59	2:17	3:40	3:45	<b>5:19</b>	4:02	8:35	6:08	1:23	-----	-----	-----	-----	*59

Pl	Name	Time	(cont.)													F
			1(49)	2(50)	3(39)	4(60)	5(40)	6(36)	7(63)	8(37)	9(43)	10(45)	11(31)			
<b>Orange (16)</b>																
<b>1</b>	<b>Peter Watson</b>	<b>31:35</b>	<b>3:09</b>	<b>4:33</b>	<b>5:33</b>	<b>8:31</b>	<b>10:14</b>	<b>11:55</b>	<b>14:36</b>	<b>20:15</b>	<b>23:16</b>	<b>25:06</b>	<b>29:18</b>	<b>31:35</b>		
	<b>NGOC</b>		<b>3:09</b>	<b>1:24</b>	<b>1:00</b>	2:58	<b>1:43</b>	<b>1:41</b>	2:41	5:39	<b>3:01</b>	<b>1:50</b>	<b>4:12</b>	<b>2:17</b>		
<b>2</b>	<b>Cadence Ware</b>	<b>40:58</b>	3:57	5:36	9:26	12:31	15:31	17:34	19:56	24:11	28:28	31:14	36:27	40:58		
	<b>NGOC</b>		3:57	1:39	3:50	3:05	3:00	2:03	<b>2:22</b>	4:15	4:17	2:46	5:13	4:31		
<b>3</b>	<b>Clare Fletcher</b>	<b>44:00</b>	3:33	5:25	7:06	11:14	14:18	16:58	20:23	26:17	31:13	34:17	40:06	44:00		
	<b>BOK</b>		3:33	1:52	1:41	4:08	3:04	2:40	3:25	5:54	4:56	3:04	5:49	3:54		
<b>4</b>	<b>Carol Farrington</b>	<b>44:30</b>	3:36	5:52	7:52	12:03	15:06	17:33	21:58	26:15	31:12	34:01	40:59	44:30		
	<b>HOC</b>		3:36	2:16	2:00	4:11	3:03	2:27	4:25	4:17	4:57	2:49	6:58	3:31		
<b>5</b>	<b>Ashleigh Denman</b>	<b>47:01</b>	3:37	9:48	16:07	18:55	22:03	24:07	27:08	31:15	35:21	37:41	43:13	47:01		
	<b>NGOC</b>		3:37	6:11	6:19	<b>2:48</b>	3:08	2:04	3:01	<b>4:07</b>	4:06	2:20	5:32	3:48		
<b>6</b>	<b>Mike Need</b>	<b>50:20</b>	5:24	7:19	9:03	13:04	16:19	19:15	23:53	30:39	36:10	39:31	46:16	50:20		
	<b>BOK</b>		5:24	1:55	1:44	4:01	3:15	2:56	4:38	6:46	5:31	3:21	6:45	4:04		
<b>7</b>	<b>Lottie Weyman</b>	<b>55:30</b>	5:06	6:50	8:45	17:08	24:25	26:19	34:55	40:55	44:19	46:44	51:33	55:30		
	<b>NWO</b>		5:06	1:44	1:55	8:23	7:17	1:54	8:36	6:00	3:24	2:25	4:49	3:57		
<b>8</b>	<b>Fin + Paul Smith</b>	<b>57:37</b>	6:40	8:18	10:25	14:30	16:21	23:23	27:16	38:24	43:22	46:40	51:30	57:37		
	<b>IND</b>		6:40	1:38	2:07	4:05	1:51	7:02	3:53	11:08	4:58	3:18	4:50	6:07		
<b>9</b>	<b>Chris James</b>	<b>57:42</b>	4:43	6:41	8:46	15:12	18:57	21:29	27:14	35:32	41:46	45:09	52:37	57:42		
	<b>NGOC</b>		4:43	1:58	2:05	6:26	3:45	2:32	5:45	8:18	6:14	3:23	7:28	5:05		
<b>10</b>	<b>Rosie Watson</b>	<b>58:04</b>	4:02	12:20	13:48	18:01	25:09	27:19	30:37	41:20	46:04	49:10	54:28	58:04		
	<b>NGOC</b>		4:02	8:18	1:28	4:13	7:08	2:10	3:18	10:43	4:44	3:06	5:18	3:36		
<b>11</b>	<b>Sarah Chandlet</b>	<b>60:38</b>	6:32	8:56	14:28	18:58	23:53	26:24	32:20	40:07	47:16	50:31	56:17	60:38		
	<b>IND</b>		6:32	2:24	5:32	4:30	4:55	2:31	5:56	7:47	7:09	3:15	5:46	4:21		
<b>12</b>	<b>Gillian James</b>	<b>60:51</b>	7:53	10:14	12:17	19:57	22:40	25:28	30:15	38:36	44:54	48:20	55:51	60:51		
	<b>NGOC</b>		7:53	2:21	2:03	7:40	2:43	2:48	4:47	8:21	6:18	3:26	7:31	5:00		
<b>13</b>	<b>Gayle Callard</b>	<b>64:59</b>	10:09	12:45	15:50	25:50	28:43	31:33	36:06	44:17	50:56	54:06	60:41	64:59		
	<b>NGOC</b>		10:09	2:36	3:05	10:00	2:53	2:50	4:33	8:11	6:39	3:10	6:35	4:18		
<b>14</b>	<b>Ben Smith + Flora Grays</b>	<b>73:03</b>	10:28	12:58	22:25	27:05	30:22	33:41	45:29	50:24	57:07	61:02	69:14	73:03		
	<b>IND</b>		10:28	2:30	9:27	4:40	3:17	3:19	11:48	4:55	6:43	3:55	8:12	3:49		
<b>15</b>	<b>Sam Watson</b>	<b>86:31</b>	7:47	9:38	46:21	52:01	54:32	56:49	59:47	66:55	71:00	74:46	82:42	86:31		
	<b>NGOC</b>		7:47	1:51	36:43	5:40	2:31	2:17	2:58	7:08	4:05	3:46	7:56	3:49		
	<b>Katherine Terrell</b>	<b>mp</b>	5:40	14:46	18:17	25:22	30:00	36:07	41:43	59:50	65:48	68:53	-----	-----		
	<b>IND</b>		5:40	9:06	3:31	7:05	4:38	6:07	5:36	18:07	5:58	3:05	-----	-----		

Pl	Name	Time	1(33)	2(31)	3(36)	4(32)	5(34)	6(43)	7(44)	8(45)	9(40)	10(39)	F
<b>1</b>	<b>Tim+Max Besien</b>	<b>17:04</b>	2:43	4:31	5:56	6:59	8:39	<b>9:33</b>	<b>10:44</b>	<b>11:50</b>	<b>13:34</b>	<b>15:34</b>	<b>17:04</b>
	IND		2:43	1:48	1:25	<b>1:03</b>	<b>1:40</b>	<b>0:54</b>	1:11	<b>1:06</b>	1:44	2:00	<b>1:30</b>
<b>2</b>	<b>Reuben Lawson</b>	<b>18:07</b>	<b>1:38</b>	<b>3:18</b>	<b>4:36</b>	<b>6:25</b>	<b>8:25</b>	9:53	11:17	12:51	14:19	15:46	18:07
	NGOC		<b>1:38</b>	<b>1:40</b>	<b>1:18</b>	1:49	2:00	1:28	1:24	1:34	<b>1:28</b>	<b>1:27</b>	2:21
<b>3</b>	<b>Alex Busker</b>	<b>23:15</b>	2:44	5:14	7:46	9:39	12:15	14:15	15:13	<b>16:38</b>	<b>18:42</b>	<b>21:15</b>	<b>23:15</b>
	IND		2:44	2:30	2:32	1:53	2:36	2:00	<b>0:58</b>	1:25	2:04	2:33	2:00
<b>4</b>	<b>Emma Busker</b>	<b>25:16</b>	2:40	5:40	7:39	9:09	11:35	12:48	14:08	15:59	18:28	22:52	25:16
	IND		2:40	3:00	1:59	1:30	2:26	1:13	1:20	1:51	2:29	4:24	2:24
<b>5</b>	<b>Seth Lawson</b>	<b>26:24</b>	2:22	5:51	7:50	9:37	12:18	13:49	16:15	17:58	21:02	24:22	26:24
	NGOC		2:22	3:29	1:59	1:47	2:41	1:31	2:26	1:43	3:04	3:20	2:02
<b>6</b>	<b>Katherine Terrell</b>	<b>27:45</b>	3:33	6:09	7:59	9:25	12:00	13:54	15:01	17:20	19:05	23:34	27:45
	IND		3:33	2:36	1:50	1:26	2:35	1:54	1:07	2:19	1:45	4:29	4:11
<b>7</b>	<b>Rose Taylor + friends</b>	<b>31:42</b>	3:01	5:38	9:05	10:56	13:23	17:00	18:21	24:46	26:45	29:19	31:42
	HOC		3:01	2:37	3:27	1:51	2:27	3:37	1:21	6:25	1:59	2:34	2:23
<b>8</b>	<b>Oliver Burton</b>	<b>37:25</b>	3:26	6:26	9:03	11:32	14:53	16:42	18:40	21:05	23:58	33:22	37:25
	IND		3:26	3:00	2:37	2:29	3:21	1:49	1:58	2:25	2:53	9:24	4:03
<b>9</b>	<b>Daniel Burton</b>	<b>37:36</b>	3:19	6:24	8:55	11:18	14:48	16:43	18:46	21:33	26:08	33:30	37:36
	IND		3:19	3:05	2:31	2:23	3:30	1:55	2:03	2:47	4:35	7:22	4:06
<b>10</b>	<b>Joe Bryce</b>	<b>40:08</b>	2:22	4:57	8:19	16:24	20:09	23:00	24:43	26:59	32:30	35:12	40:08
	NGOC		2:22	2:35	3:22	8:05	3:45	2:51	1:43	2:16	5:31	2:42	4:56
<b>11</b>	<b>Susan Perry</b>	<b>42:51</b>	4:56	9:09	12:32	16:11	21:55	25:54	28:05	31:36	34:53	38:49	42:51
	NGOC		4:56	4:13	3:23	3:39	5:44	3:59	2:11	3:31	3:17	3:56	4:02
nc	<b>Anna Bryce</b>	<b>49:00</b>	4:01	10:08	15:40	18:27	26:36	30:18	34:56	37:50	41:13	45:10	49:00
	NGOC		4:01	6:07	5:32	2:47	8:09	3:42	4:38	2:54	3:23	3:57	3:50

13:11  
\*63