

Pl	Name	Time	Comment														
Long	5.6 km	16 C	1(202)	2(201)	3(220)	4(206)	5(213)	6(207)	7(208)	8(221)	9(214)	10(210)	11(211)	12(216)	13(219)	14(215)	15(212)
			16(217)	Finish													
1	Andrew Monro NGOC	34:15	1:31 1:31 31:51 2:57	3:19 1:48 34:15 2:24	5:20 2:01	6:33 1:13	7:47 1:14	10:30 2:43	12:46 2:16	14:48 2:02	15:48 1:00	18:00 2:12	18:50 0:50	22:17 3:27	24:17 2:00	25:36 1:19	28:54 3:18
2	Caroline Craig NGOC	37:24	1:45 1:45 34:42 2:52	3:43 1:58 37:24 2:42	6:04 2:21	7:26 1:22	8:42 1:16	11:40 2:58	14:11 2:31	16:24 2:13	17:31 1:07	19:55 2:24	21:09 1:14	24:32 3:23	26:49 2:17	28:18 1:29	31:50 3:32
3	Richard Sansbury QO	37:47	1:38 1:38 35:03 2:54	3:37 1:59 37:47 2:44	5:58 2:21	7:35 1:37	8:50 1:15	11:59 3:09	14:27 2:28	17:04 2:37	18:00 0:56	20:23 2:23	21:14 0:51	24:51 3:37	27:12 2:21	28:36 1:24	32:09 3:33
4	Richard Cronin NGOC	40:17	1:49 1:49 37:29 2:59	3:59 2:10 40:17 2:48	6:26 2:27	7:57 1:31	9:21 1:24	12:40 3:19	15:53 3:13	18:13 2:20	19:31 1:18	22:10 2:39	23:03 0:53	26:46 3:43	29:15 2:29	30:48 1:33	34:30 3:42
5	Simon Denman NGOC	40:55	1:57 1:57 38:24 3:03	4:07 2:10 40:55 2:31	6:40 2:33	8:17 1:37	9:33 1:16	12:32 2:59	15:07 2:35	17:22 2:15	18:26 1:04	22:24 3:58	23:21 0:57	27:06 3:45	29:42 2:36	31:16 1:34	35:21 4:05
6	Anders Johansson NGOC	41:48	2:04 2:04 38:59 3:18	4:02 1:58 41:48 2:49	6:28 2:26	7:55 1:27	9:17 1:22	12:33 3:16	15:21 2:48	17:50 2:29	19:04 1:14	22:00 2:56	23:24 1:24	27:41 4:17	30:12 2:31	31:44 1:32	35:41 3:57
7	John Orton NWO	42:09	1:44 1:44 39:16 3:34	3:57 2:13 42:09 2:53	6:28 2:31	7:56 1:28	9:18 1:22	12:28 3:10	15:09 2:41	17:30 2:21	18:41 1:11	22:53 4:12	23:48 0:55	27:51 4:03	30:17 2:26	31:53 1:36	35:42 3:49
8	Alistair Ross BAOC	42:27	1:48 1:48 39:11 3:26	3:55 2:07 42:27 3:16	6:28 2:33	8:17 1:49	9:52 1:35	13:06 3:14	15:48 2:42	18:15 2:27	19:26 1:11	22:16 2:50	23:15 0:59	27:27 4:12	29:56 2:29	31:38 1:42	35:45 4:07
9	Tereza Maria Rush BOK	43:27	2:08 2:08 40:45 3:35	4:42 2:34 43:27 2:42	7:38 2:56	9:09 1:31	10:28 1:19	13:39 3:11	16:15 2:36	18:36 2:21	19:57 1:21	23:45 3:48	25:35 1:50	29:11 3:36	31:40 2:29	33:09 1:29	37:10 4:01
10	Tom Birthwright NGOC	46:51	2:18 2:18 43:29 3:57	4:47 2:29 46:51 3:22	7:37 2:50	9:15 1:38	10:49 1:34	14:35 3:46	17:43 3:08	20:21 2:38	21:41 1:20	24:42 3:01	25:44 1:02	29:54 4:10	32:40 2:46	34:39 1:59	39:32 4:53
11	Mark Roderick IND	49:00	3:10 3:10 46:00 3:37	5:38 2:28 49:00 3:00	8:33 2:55	10:28 1:55	12:07 1:39	15:35 3:28	18:51 3:16	21:55 3:04	23:08 1:13	26:16 3:08	27:35 1:19	32:36 5:01	35:40 3:04	37:40 2:00	42:23 4:43
12	Fred Miller NATO	51:46	2:42 2:42 47:56 3:48	5:20 2:38 51:46 3:50	8:41 3:21	11:04 2:23	13:02 1:58	16:41 3:39	19:49 3:08	23:32 3:43	24:56 1:24	29:11 4:15	30:15 1:04	34:37 4:22	37:47 3:10	39:34 1:47	44:08 4:34
13	Hannah Bradley NGOC	53:44	4:00 4:00 49:50 4:13	6:45 2:45 53:44 3:54	10:02 3:17	11:43 1:41	13:22 1:39	17:12 3:50	20:27 3:15	23:33 3:06	25:08 1:35	28:35 3:27	29:52 1:17	34:32 4:40	38:31 3:59	40:30 1:59	45:37 5:07

Pl	Name	Time															Comment
		<b>5.6 km</b>	<b>16 C</b>	<i>(cont.)</i>													
		1(202) 16(217)	2(201) Finish	3(220)	4(206)	5(213)	6(207)	7(208)	8(221)	9(214)	10(210)	11(211)	12(216)	13(219)	14(215)	15(212)	
<b>14</b>	<b>Paul Taunton NGOC</b>	<b>58:02</b>	2:11 2:11 53:51 4:23	5:18 3:07 58:02 4:11	8:48 3:30	10:58 2:10	13:00 2:02	17:20 4:20	21:13 3:53	24:36 3:23	26:31 1:55	30:35 4:04	31:55 1:20	37:39 5:44	41:17 3:38	43:48 2:31	49:28 5:40
<b>15</b>	<b>Jess Miklausic NGOC</b>	<b>59:55</b>	3:44 3:44 56:12 4:30	7:00 3:16 59:55 3:43	10:23 3:23	12:27 2:04	14:20 1:53	18:59 4:39	22:46 3:47	26:16 3:30	28:08 1:52	32:35 4:27	34:34 1:59	39:58 5:24	43:49 3:51	46:07 2:18	51:42 5:35
<b>16</b>	<b>Sheila Miklausic NGOC</b>	<b>95:33</b>	3:38 3:38 89:10 6:22	7:15 3:37 95:33 6:23	12:07	14:31	17:04	22:48	28:03	32:18	34:21	44:03	45:48	64:30	71:44	74:26	82:48
	<b>Greg Best NGOC</b>	<b>mp</b>	2:21 2:21 43:20 3:50	4:42 2:21 46:56 3:36	7:46 3:04	-----	9:59 2:13	13:30 3:31	16:30 3:00	19:46 3:16	21:05 1:19	24:43 3:38	25:51 1:08	30:06 4:15	33:01 2:55	34:50 1:49	39:30 4:40

Pl	Name	Time											Comment		
Short		3.5 km	11 C									Finish			
		1(202)	2(208)	3(214)	4(209)	5(210)	6(211)	7(215)	8(219)	9(216)	10(218)	11(205)	Finish		
1	<b>Tim Sands</b>	<b>31:06</b>	2:20	5:30	<b>9:38</b>	<b>12:59</b>	<b>14:48</b>	<b>15:56</b>	<b>19:07</b>	<b>21:07</b>	<b>24:18</b>	<b>25:53</b>	<b>28:52</b>	<b>31:06</b>	
	<b>BASOC</b>		2:20	3:10	<b>4:08</b>	<b>3:21</b>	1:49	<b>1:08</b>	<b>3:11</b>	<b>2:00</b>	<b>3:11</b>	1:35	<b>2:59</b>	<b>2:14</b>	
2	<b>Peter Wilson</b>	<b>34:56</b>	2:29	5:39	10:34	14:14	15:42	17:20	21:04	23:27	27:22	29:22	32:36	34:56	
	<b>BKO</b>		2:29	3:10	4:55	3:40	<b>1:28</b>	1:38	3:44	2:23	3:55	2:00	3:14	2:20	
3	<b>Carol Sands</b>	<b>36:47</b>	3:05	6:39	11:48	16:14	17:48	19:23	23:02	25:21	29:12	31:05	34:26	36:47	
	<b>BASOC</b>		3:05	3:34	5:09	4:26	1:34	1:35	3:39	2:19	3:51	1:53	3:21	2:21	
4	<b>Ella May Rush</b>	<b>38:43</b>	<b>2:19</b>	<b>5:28</b>	10:09	13:42	15:15	16:42	20:08	22:25	26:19	27:52	36:28	38:43	
	<b>BOK</b>		<b>2:19</b>	<b>3:09</b>	4:41	3:33	1:33	1:27	3:26	2:17	3:54	<b>1:33</b>	8:36	2:15	
5	<b>David Lee</b>	<b>44:04</b>	3:14	7:23	13:41	18:12	20:11	21:57	26:32	29:31	34:24	36:49	41:09	44:04	
	<b>NGOC</b>		3:14	4:09	6:18	4:31	1:59	1:46	4:35	2:59	4:53	2:25	4:20	2:55	