

Pl	Name	Club	Age Gro	Time	Comment
Long 6.5 km 55 m 20 C					
1	Caroline Craig	NGOC	W21	42:55	
2	Richard Cronin	NGOC	M21	44:13	
3	Joe Gidley	NGOC	M21	44:44	
4	Simon Denman	NGOC	M50	46:00	
5	Tereza Rush	BOK	W35	49:22	
6	Tim Brett	NGOC	M40	52:44	
7	David May	SLOW	M70	53:17	
8	Lucas Ashworth	NGOC	M21	54:32	
9	Tom Birthwright	NGOC	M35	55:43	
10	Greg Best	NGOC	M50	59:34	
11	Paul Hammond	HOC	M50	70:22	
	Mark Roderick	IND	M45	dnf	
Short 3.9 km 30 m 13 C					
1	Samantha Harris	NGOC	W35	35:39	
2	Carsten Adams	HOC	M21	37:21	
3	John Fallows	NGOC	M55	37:38	
4	Frank Ince	SWOC	M70	39:17	
5	Peter Adams	HOC	M60	40:38	
6	Tom Mills	NGOC	M70	41:16	
7	Ashleigh Denman	NGOC	W45	43:28	
8	Julia Wilkinson	HOC	W55	46:44	
9	Robert Teed	NGOC	M75	50:04	
10	Peter Maloney	NGOC	M70	56:00	
11	Rhiannon Fadeyibi	NGOC	W50	66:35	
12	Alan MacKenzie	SWOC	M65	79:38	
13	Livvie Davies	IND	W13	86:49	
	Gillian James	NGOC	W70	dnf	
Junior 2.1 km 0 m 11 C					
1	Ella May Rush	BOK	W10	23:13	