

Pl	Name	Time	Comment														
Blue			6.1 km 300 m 22 C														
			1(32)	2(33)	3(35)	4(39)	5(42)	6(44)	7(45)	8(46)	9(47)	10(48)	11(50)	12(51)	13(52)	14(53)	15(55)
			16(56)	17(58)	18(59)	19(69)	20(68)	21(67)	22(60)	Finish							
1	David Peel SYO	47:33	1:13	2:12	3:31	6:11	7:33	10:15	11:15	14:24	16:02	18:33	20:46	22:54	25:28	28:12	32:28
			1:13	0:59	1:19	2:40	1:22	2:42	1:00	3:09	1:38	2:31	2:13	2:08	2:34	2:44	4:16
			35:33	39:37	40:36	42:00	43:24	45:46	47:09	47:33							
			3:05	4:04	0:59	1:24	1:24	2:22	1:23	0:24							
2	Tom Dobra BOK	48:07	1:14	2:13	3:38	6:20	7:53	9:43	10:49	14:05	15:55	18:43	20:52	23:03	25:40	27:59	31:23
			1:14	0:59	1:25	2:42	1:33	1:50	1:06	3:16	1:50	2:48	2:09	2:11	2:37	2:19	3:24
			34:34	40:04	41:04	42:19	43:35	46:32	47:46	48:07							
			3:11	5:30	1:00	1:15	1:16	2:57	1:14	0:21							
3	Peter Ward NGOC	50:04	1:14	2:02	3:41	6:19	7:58	9:15	13:35	17:43	19:21	21:27	23:21	25:26	28:21	31:12	35:09
			1:14	0:48	1:39	2:38	1:39	1:17	4:20	4:08	1:38	2:06	1:54	2:05	2:55	2:51	3:57
			37:43	41:43	42:47	44:11	45:21	48:14	49:42	50:04							
			2:34	4:00	1:04	1:24	1:10	2:53	1:28	0:22							
4	Caroline Craig NGOC	51:28	1:25	2:25	4:14	7:14	8:46	10:59	12:05	15:35	17:14	19:45	21:59	24:18	27:10	30:31	35:00
			1:25	1:00	1:49	3:00	1:32	2:13	1:06	3:30	1:39	2:31	2:14	2:19	2:52	3:21	4:29
			38:04	42:40	43:45	45:15	46:54	49:22	51:05	51:28							
			3:04	4:36	1:05	1:30	1:39	2:28	1:43	0:23							
5	Mark Burley BOK	52:05	1:10	2:31	3:53	6:58	8:21	10:12	12:27	16:00	17:57	20:22	22:49	25:13	27:49	30:37	34:51
			1:10	1:21	1:22	3:05	1:23	1:51	2:15	3:33	1:57	2:25	2:27	2:24	2:36	2:48	4:14
			37:45	42:06	43:33	45:06	46:27	50:11	48:26	52:05							
			2:54	4:21	1:27	1:33	1:21	3:44	3:39								
6	Paul Gebbett BOK	53:18	1:08	2:11	3:52	7:00	8:35	10:15	11:30	15:07	17:23	20:04	22:20	24:42	27:56	30:45	34:56
			1:08	1:03	1:41	3:08	1:35	1:40	1:15	3:37	2:16	2:41	2:16	2:22	3:14	2:49	4:11
			39:02	43:19	44:26	45:50	48:18	51:11	52:51	53:18							
			4:06	4:17	1:07	1:24	2:28	2:53	1:40	0:27							
7	Jenny Peel SYO	56:17	1:25	2:35	4:16	7:43	9:22	12:13	13:18	17:00	18:49	21:41	24:28	27:02	29:47	33:27	38:16
			1:25	1:10	1:41	3:27	1:39	2:51	1:05	3:42	1:49	2:52	2:47	2:34	2:45	3:40	4:49
			41:29	46:29	47:44	49:09	50:38	53:50	55:46	56:17							
			3:13	5:00	1:15	1:25	1:29	3:12	1:56	0:31							
8	David Bennett DVO	56:40	1:18	2:17	4:06	7:17	9:54	11:30	12:46	16:16	18:06	21:51	24:16	26:27	29:16	32:07	36:06
			1:18	0:59	1:49	3:11	2:37	1:36	1:16	3:30	1:50	3:45	2:25	2:11	2:49	2:51	3:59
			40:20	45:15	47:47	49:26	51:07	54:28	56:16	56:40							
			4:14	4:55	2:32	1:39	1:41	3:21	1:48	0:24							
9	Chris McCartney OD	57:15	1:21	2:17	3:49	7:02	9:13	10:50	11:53	15:18	17:24	20:54	23:20	26:13	29:09	32:11	36:55
			1:21	0:56	1:32	3:13	2:11	1:37	1:03	3:25	2:06	3:30	2:26	2:53	2:56	3:02	4:44
			40:12	46:41	47:44	49:14	50:39	55:20	56:48	57:15							
			3:17	6:29	1:03	1:30	1:25	4:41	1:28	0:27							
10	Joe Gidley NGOC	57:39	1:12	2:17	4:05	7:33	9:07	11:00	12:19	16:31	18:21	21:37	24:21	27:15	30:54	33:56	38:56
			1:12	1:05	1:48	3:28	1:34	1:53	1:19	4:12	1:50	3:16	2:44	2:54	3:39	3:02	5:00
			42:34	47:25	48:38	50:22	51:53	55:39	57:10	57:39							
			3:38	4:51	1:13	1:44	1:31	3:46	1:31	0:29							
11	Patrick Wooddisse NGOC	57:42	1:15	2:24	3:57	7:05	8:50	10:45	12:04	15:32	17:38	21:15	23:55	27:02	30:20	33:46	37:57
			1:15	1:09	1:33	3:08	1:45	1:55	1:19	3:28	2:06	3:37	2:40	3:07	3:18	3:26	4:11
			41:35	49:01	50:24	52:07	53:36	55:57	57:18	57:42							
			3:38	7:26	1:23	1:43	1:29	2:21	1:21	0:24							
12	Charles Daniel BOK	59:22	2:33	3:41	5:34	8:47	10:29	12:17	13:31	17:44	20:26	23:53	26:31	29:22	33:04	36:09	40:32
			2:33	1:08	1:53	3:13	1:42	1:48	1:14	4:13	2:42	3:27	2:38	2:51	3:42	3:05	4:23
			44:13	49:34	50:57	52:29	53:55	57:18	58:57	59:22							
			3:41	5:21	1:23	1:32	1:26	3:23	1:39	0:25							
13	Ben Green TVOC	60:06	1:09	2:25	4:08	7:28	9:09	10:50	12:09	16:10	17:59	21:04	24:00	26:37	29:55	34:45	39:03
			1:09	1:16	1:43	3:20	1:41	1:41	1:19	4:01	1:49	3:05	2:56	2:37	3:18	4:50	4:18
			42:25	48:11	49:27	53:16	54:35	58:10	59:42	60:06							
			3:22	5:46	1:16	3:49	1:19	3:35	1:32	0:24							

Pl	Name	Time	Comment														
Blue		6.1 km 300 m	22 C	<i>(cont.)</i>													
			1(32) 16(56)	2(33) 17(58)	3(35) 18(59)	4(39) 19(69)	5(42) 20(68)	6(44) 21(67)	7(45) 22(60)	8(46) Finish	9(47)	10(48)	11(50)	12(51)	13(52)	14(53)	15(55)
14	Richard Cronin NGOC	60:47	1:20 1:20 46:06 4:07	2:31 1:11 51:05 4:59	4:20 1:49 52:18 1:13	7:48 3:28 54:02 1:44	9:43 1:55 55:37 1:35	11:25 1:42 58:59 3:22	12:42 1:17 60:23 1:24	16:21 3:39 60:47 0:24	20:50 4:29	24:43 3:53	27:25 2:42	29:45 2:20	33:37 3:52	37:45 4:08	41:59 4:14
15	Chloe Potter BOK	60:58	1:18 1:18 44:01 3:19	2:49 1:31 49:08 5:07	4:48 1:59 51:08 2:00	8:22 3:34 52:32 1:24	9:59 1:37 54:20 1:48	11:58 1:59 59:03 4:43	13:45 1:47 60:31 1:28	17:34 3:49 60:58 0:27	19:52 2:18	25:18 5:26	27:31 2:13	30:05 2:34	32:54 2:49	36:02 3:08	40:42 4:40
16	Judith Austerberry NGOC	62:11	1:43 1:43 45:31 3:30	4:07 2:24 51:53 6:22	5:55 1:48 53:08 1:15	9:24 3:29 54:47 1:39	11:09 1:45 56:14 1:27	13:25 2:16 60:05 3:51	15:04 1:39 61:43 1:38	19:04 4:00 62:11 0:28	21:07 2:03	24:25 3:18	27:09 2:44	29:54 2:45	34:25 4:31	37:38 3:13	42:01 4:23
17	Duncan Innes SWOC	62:34	1:43 1:43 46:39 4:08	3:00 1:17 51:51 5:12	4:45 1:45 53:17 1:26	8:37 3:52 55:00 1:43	10:29 1:52 56:45 1:45	12:50 2:21 60:14 3:29	14:32 1:42 62:03 1:49	18:49 4:17 62:34 0:31	21:03 2:14	24:23 3:20	27:11 2:48	30:03 2:52	33:56 3:53	37:21 3:25	42:31 5:10
18	Philip Eeles SOC	63:18	1:20 1:20 46:08 3:20	2:27 1:07 51:43 5:35	4:07 1:40 53:23 1:40	7:28 3:21 55:05 1:42	9:18 1:50 56:32 1:27	13:26 4:08 60:36 4:04	16:14 2:48 61:48 1:12	20:19 4:05 63:18 1:30	22:33 2:14	25:50 3:17	28:31 2:41	31:10 2:39	34:34 3:24	37:56 3:22	42:48 4:52
19	Lucas Ashworth NGOC	63:29	1:49 1:49 45:50 4:03	3:24 1:35 51:26 5:36	5:15 1:51 52:46 1:20	8:56 3:41 54:10 1:24	11:05 2:09 56:17 2:07	13:01 1:56 61:05 4:48	15:32 2:31 63:01 1:56	19:18 3:46 63:29 0:28	22:02 2:44	25:15 3:13	28:51 3:36	31:46 2:55	34:36 2:50	37:45 3:09	41:47 4:02
20	Scott Johnson NGOC	63:33	0:59 0:59 48:33 3:38	2:03 1:04 54:09 5:36	3:54 1:51 55:24 1:15	10:43 6:49 57:12 1:48	12:09 1:26 58:37 1:25	13:46 1:37 61:13 2:36	15:03 1:17 63:13 2:00	19:07 4:04 63:33 0:20	21:06 1:59	26:11 5:05	29:00 2:49	31:52 2:52	36:27 4:35	39:35 3:08	44:55 5:20
21	Greg Best NGOC	64:23	1:29 1:29 47:55 3:58	3:03 1:34 53:24 5:29	5:00 1:57 54:52 1:28	8:48 3:48 56:43 1:51	10:33 1:45 58:27 1:44	12:23 1:50 61:50 3:23	14:34 2:11 63:53 2:03	18:54 4:20 64:23 0:30	21:15 2:21	25:30 4:15	28:32 3:02	31:29 2:57	34:46 3:17	38:21 3:35	43:57 5:36
22	Thomas Cochrane NGOC	64:54	1:12 1:12 49:46 7:49	2:57 1:45 54:43 4:57	4:48 1:51 56:05 1:22	7:43 2:55 57:33 1:28	9:35 1:52 59:01 1:28	13:41 4:06 62:48 3:47	14:58 1:17 64:26 1:38	18:45 3:47 64:54 0:28	21:21 2:36	24:55 3:34	28:03 3:08	30:25 2:22	34:34 4:09	37:32 2:58	41:57 4:25
23	Christine Farr SWOC	65:31	1:43 1:43 49:05 4:06	3:04 1:21 54:24 5:19	5:27 2:23 55:37 1:13	10:24 4:57 57:38 2:01	12:12 1:48 59:25 1:47	15:08 2:56 63:17 3:52	16:34 1:26 65:04 1:47	20:45 4:11 65:31 0:27	23:19 2:34	26:46 3:27	29:44 2:58	32:42 2:58	36:24 3:42	39:33 3:09	44:59 5:26
24	Christophe Pige NGOC	66:18	1:16 1:16 51:50 3:53	2:25 1:09 56:29 4:39	4:44 2:19 57:58 1:29	14:09 9:25 59:32 1:34	16:03 1:54 60:58 1:26	20:30 4:27 64:07 3:09	21:43 1:13 65:54 1:47	25:26 3:43 66:18 0:24	27:24 1:58	30:37 3:13	33:33 2:56	36:00 2:27	39:41 3:41	43:11 3:30	47:57 4:46
25	Karl Kingsman HOC	67:07	1:46 1:46 48:11 4:09	3:24 1:38 54:20 6:09	6:07 2:43 56:06 1:46	9:40 3:33 58:01 1:55	11:36 1:56 59:47 1:46	13:59 2:23 64:53 5:06	15:31 1:32 66:43 1:50	19:58 4:27 67:07 0:24	22:16 2:18	25:31 3:15	28:58 3:27	31:38 2:40	35:00 3:22	38:27 3:27	44:02 5:35

Pl	Name	Time	Comment														
Blue			6.1 km 300 m		22 C		<i>(cont.)</i>										
			1(32) 16(56)	2(33) 17(58)	3(35) 18(59)	4(39) 19(69)	5(42) 20(68)	6(44) 21(67)	7(45) 22(60)	8(46) Finish	9(47)	10(48)	11(50)	12(51)	13(52)	14(53)	15(55)
26	Tom Birthwright NGOC	68:06	1:53 49:12 3:49	3:11 55:21 6:09	5:52 57:44 2:23	9:25 59:58 2:14	11:20 61:46 1:48	13:13 65:30 3:44	14:41 67:38 2:08	19:26 68:06 0:28	21:43 2:17	25:33 3:50	28:57 3:24	32:12 3:15	35:59 3:47	39:42 3:43	45:23 5:41
27	Mikhail Gryaznevich TVOC	69:27	1:45 49:46 4:16	3:13 56:24 6:38	5:16 58:10 1:46	9:27 60:08 1:58	11:37 62:14 2:06	13:37 66:26 4:12	15:06 68:52 2:26	19:30 69:27 0:35	22:04 2:34	25:51 3:47	29:20 3:29	32:20 3:00	36:08 3:48	40:02 3:54	45:30 5:28
28	Andy Stott NGOC	69:35	1:33 52:52 3:50	2:45 58:35 5:43	4:34 60:06 1:31	9:34 62:20 2:14	11:18 63:48 1:28	14:13 67:15 3:27	15:46 69:04 1:49	20:57 69:35 0:31	22:49 2:20	25:33 3:30	28:28 3:12	31:31 3:20	35:28 3:16	38:38 4:04	49:02 5:49
29	Allan McCall NGOC	69:39	1:46 50:27 3:32	3:14 56:54 6:27	5:01 58:55 2:01	8:27 60:59 2:04	11:01 62:48 1:49	15:08 66:49 4:01	17:11 69:03 2:14	21:24 69:39 0:36	23:44 2:20	27:14 3:30	30:26 3:12	33:46 3:20	37:02 3:16	41:06 4:04	46:55 5:49
30	Alfie Bullus OD	69:56	2:05 48:38 6:34	3:06 55:35 6:57	4:45 57:11 1:36	7:59 59:24 2:13	10:15 62:16 2:52	12:06 67:29 5:13	13:32 69:26 1:57	17:31 69:56 0:30	20:28 2:57	24:29 4:01	27:42 3:13	30:14 2:32	33:59 3:45	37:14 3:15	42:04 4:50
31	Nick Dennis BOK	70:28	1:47 51:33 4:51	3:03 58:50 7:17	5:14 60:30 1:40	8:53 62:12 1:42	10:59 64:07 1:55	12:59 67:47 3:40	14:37 70:00 2:13	18:42 70:28 0:28	21:43 3:01	27:13 5:30	31:18 4:05	34:05 2:47	38:25 4:20	42:12 3:47	46:42 4:30
32	Mike Goldthorpe SOC	70:33	1:42 53:31 3:48	2:58 59:25 5:54	4:47 60:47 1:22	9:13 62:38 1:51	11:19 64:11 1:33	13:40 67:53 3:42	16:25 70:03 2:10	20:32 70:33 0:30	22:56 2:24	29:11 6:15	32:20 3:09	35:37 3:17	40:23 4:46	44:02 3:39	49:43 5:41
33	Anders Johansson NGOC	70:34	1:13 50:57 5:40	2:15 57:35 6:38	4:11 59:17 1:42	7:40 61:50 2:33	9:49 64:17 2:27	11:49 67:59 3:42	13:12 70:06 2:07	18:08 70:34 0:28	20:21 2:13	24:13 3:52	27:15 3:02	31:03 3:48	34:17 3:14	38:01 3:44	45:17 7:16
34	Adam Bennett IND	71:13	1:30 51:52 5:24	2:49 58:45 6:53	4:43 60:21 1:36	8:27 62:24 2:03	10:58 63:57 1:33	15:41 68:54 4:57	17:10 70:24 1:30	21:07 71:13 0:49	24:01 2:54	28:13 4:12	31:31 3:18	34:22 2:51	37:59 3:37	40:57 2:58	46:28 5:31
35	Tim Sands BOK	71:40	1:44 53:11 5:06	3:04 60:02 6:51	5:07 61:52 1:50	9:20 63:35 1:43	11:17 65:15 1:40	13:32 68:45 3:30	15:07 71:07 2:22	19:54 71:40 0:33	22:38 2:44	26:19 3:41	29:15 2:56	33:34 4:19	37:56 4:22	42:00 4:04	48:05 6:05
36	Rachel Dennis BOK	75:27	1:50 55:38 5:16	3:27 61:55 6:17	6:23 63:33 1:38	10:37 65:35 2:02	13:04 67:22 1:47	15:03 72:35 5:13	16:52 74:55 2:20	21:32 75:27 0:32	25:42 4:10	30:33 4:51	34:12 3:39	37:05 2:53	41:08 4:03	44:36 3:28	50:22 5:46
37	Alan Pucill NGOC	77:13	1:55 56:43 4:31	3:16 63:43 7:00	5:27 65:28 1:45	9:36 67:36 2:08	11:49 69:44 2:08	14:07 74:39 4:55	15:42 76:45 2:06	21:36 77:13 0:28	25:00 3:24	29:39 4:39	33:10 3:31	36:49 3:39	41:47 4:58	45:59 4:12	52:12 6:13

Pl	Name	Time										Comment					
<i>Blue</i>		<i>6.1 km</i>	<i>300 m</i>	<i>22 C</i>	<i>(cont.)</i>												
		1(32) 16(56)	2(33) 17(58)	3(35) 18(59)	4(39) 19(69)	5(42) 20(68)	6(44) 21(67)	7(45) 22(60)	8(46) Finish	9(47)	10(48)	11(50)	12(51)	13(52)	14(53)	15(55)	
38	Steve Chiverton HOC	77:21	2:02	3:38	6:38	11:25	13:22	16:06	17:43	22:14	25:29	30:23	33:50	36:58	40:54	44:35	50:32
			2:02	1:36	3:00	4:47	1:57	2:44	1:37	4:31	3:15	4:54	3:27	3:08	3:56	3:41	5:57
			55:34	62:20	63:59	68:21	70:14	74:50	76:48	77:21							
			5:02	6:46	1:39	4:22	1:53	4:36	1:58	0:33							
39	Paul Taunton NGOC	85:27	1:29	3:20	5:38	10:30	13:17	15:29	18:17	23:44	27:02	34:42	38:53	42:26	46:49	51:24	59:30
			1:29	1:51	2:18	4:52	2:47	2:12	2:48	5:27	3:18	7:40	4:11	3:33	4:23	4:35	8:06
			64:05	71:31	73:13	75:26	77:36	82:29	84:57	85:27							
			4:35	7:26	1:42	2:13	2:10	4:53	2:28	0:30							
40	Shirley Robinson NGOC	92:47	2:48	4:12	7:23	11:38	14:36	17:28	20:05	26:15	30:25	35:24	39:22	42:37	48:22	52:59	58:43
			2:48	1:24	3:11	4:15	2:58	2:52	2:37	6:10	4:10	4:59	3:58	3:15	5:45	4:37	5:44
			64:59	78:31	80:08	82:07	84:19	90:10	92:21	92:47		13:47					
			6:16	13:32	1:37	1:59	2:12	5:51	2:11	0:26		*41					
41	Steve Williams NGOC	97:05	1:32	3:04	5:22	11:02	13:43	18:20	20:09	25:50	29:21	34:45	38:30	42:46	48:33	52:43	59:41
			1:32	1:32	2:18	5:40	2:41	4:37	1:49	5:41	3:31	5:24	3:45	4:16	5:47	4:10	6:58
			70:51	79:32	82:03	85:17	87:53	93:53	96:24	97:05							
			11:10	8:41	2:31	3:14	2:36	6:00	2:31	0:41							
42	Rob Kenny IND	125:00	3:35	5:47	9:40	14:55	17:46	20:42	23:26	28:57	33:26	46:07	51:18	54:44	61:09	66:34	77:07
			3:35	2:12	3:53	5:15	2:51	2:56	2:44	5:31	4:29	12:41	5:11	3:26	6:25	5:25	10:33
			88:09	100:29	103:17	108:50	113:03	120:16	124:16	125:00							
			11:02	12:20	2:48	5:33	4:13	7:13	4:00	0:44							
	Jan Travnicek TVOC	mp	1:22	2:43	4:19	9:06	10:29	12:03	13:08	-----	16:57	20:14	22:26	25:09	27:47	30:13	34:19
			1:22	1:21	1:36	4:47	1:23	1:34	1:05		3:49	3:17	2:12	2:43	2:38	2:26	4:06
			37:09	41:35	42:46	44:20	45:38	48:25	49:47	50:17							
			2:50	4:26	1:11	1:34	1:18	2:47	1:22	0:30							
	Rob Taylor HOC	mp	1:53	3:45	5:37	9:54	13:13	15:19	16:46	22:01	24:42	28:32	31:47	34:49	38:54	43:35	49:17
			1:53	1:52	1:52	4:17	3:19	2:06	1:27	5:15	2:41	3:50	3:15	3:02	4:05	4:41	5:42
			57:15	63:46	-----	69:04	73:20	78:21	81:03	81:47							
			7:58	6:31		5:18	4:16	5:01	2:42	0:44							

Pl	Name	Time	Comment														
Green			4.6 km 195 m 17 C														
			1(33) 16(66)	2(36) 17(60)	3(39) Finish	4(42)	5(43)	6(45)	7(47)	8(49)	9(51)	10(54)	11(55)	12(57)	13(58)	14(69)	15(68)
1	Simon Denman NGOC	49:16	4:00 4:00	6:10 2:10	7:48 1:38	9:20 1:32	10:21 1:01	12:47 2:26	17:55 5:08	21:21 3:26	24:23 3:02	26:18 1:55	29:50 3:32	35:44 5:54	39:38 3:54	41:13 1:35	43:49 2:36
2	Tereza Maria Rush BOK	49:39	4:22	39:28	49:16	49:39	5:57	0:37	0:23	2:21	2:21	2:03	2:21	2:03	2:21	2:03	2:21
3	Ian Prowse NGOC	54:20	2:21	4:24	5:51	7:52	9:34	12:12	17:26	21:42	28:37	30:12	34:18	40:47	44:38	45:58	49:02
4	David Palmer BOK	54:35	2:47	5:34	7:25	9:49	11:21	14:17	20:32	24:48	28:25	30:31	34:14	41:45	45:51	47:28	49:11
5	Alan Richards NGOC	58:50	3:30	6:31	8:22	10:59	12:30	15:21	22:34	27:12	31:03	33:03	37:02	44:49	48:50	50:52	52:47
6	Peter Watson NGOC	59:12	3:00	5:18	6:58	8:37	9:30	13:10	18:31	21:38	24:54	27:33	30:50	37:50	47:30	52:50	54:32
7	Paul Hammond HOC	59:47	3:27	5:56	7:54	10:44	11:48	15:29	22:07	26:40	30:14	32:16	36:35	44:49	49:25	52:12	54:16
8	Dave Hartley NGOC	60:10	2:40	5:23	6:59	8:56	9:57	14:13	20:13	24:08	27:54	30:09	34:09	41:09	49:43	51:54	53:56
9	Neil Cameron NGOC	60:42	2:55	5:26	7:24	10:01	11:18	14:21	22:17	27:56	31:47	33:48	37:33	45:10	49:36	51:57	54:41
10	Philip Bostock NGOC	60:47	3:50	6:34	8:41	11:05	12:14	15:00	21:19	27:34	31:39	33:36	37:14	44:49	48:53	52:34	54:52
11	David Potter BOK	61:26	3:19	5:32	7:36	10:02	11:32	15:09	20:32	25:55	30:21	32:35	37:19	45:29	50:41	52:48	54:46
12	Mark + Birgit Morgan IND	61:29	3:48	6:51	8:39	11:10	12:21	15:49	21:52	27:20	32:03	34:09	38:16	46:53	50:31	52:34	55:03
13	Ginny Hudson NGOC	64:04	3:35	6:21	8:44	11:54	13:03	16:19	21:14	32:04	35:25	37:21	41:12	49:57	53:43	55:39	57:40

Pl	Name	Time	Comment														
Green			4.6 km	195 m	17 C	<i>(cont.)</i>											
			1(33) 16(66)	2(36) 17(60)	3(39) Finish	4(42)	5(43)	6(45)	7(47)	8(49)	9(51)	10(54)	11(55)	12(57)	13(58)	14(69)	15(68)
14	Mike Farrington HOC	66:02	3:23 3:23 64:08 5:18	6:10 2:47 65:10 1:02	8:15 2:05 66:02 0:52	11:06 2:51	13:09 2:03	16:21 3:12	22:53 6:32	28:12 5:19	33:17 5:05	35:29 2:12	40:07 4:38	49:05 8:58	54:00 4:55	56:07 2:07	58:50 2:43
15	John Fallows NGOC	66:22	3:09 3:09 65:00 4:47	5:59 2:50 65:50 0:50	7:55 1:56 66:22 0:32	10:11 2:16	11:24 1:13	14:52 3:28	22:07 7:15	28:35 6:28	33:15 4:40	35:52 2:37	41:17 5:25	50:02 8:45	55:44 5:42	57:38 1:54	60:13 2:35
16	Ted McDonald BOK	66:45	3:45 3:45 65:23 4:40	9:31 5:46 66:15 0:52	11:33 2:02 66:45 0:30	14:26 2:53	15:44 1:18	20:00 4:16	27:54 7:54	33:09 5:15	37:57 4:48	40:28 2:31	44:40 4:12	52:15 7:35	56:33 4:18	58:43 2:10	60:43 2:00
17	Mike Wilkinson HOC	66:49	3:14 3:14 65:29 5:56	6:21 3:07 66:17 0:48	8:16 1:55 66:49 0:32	11:12 2:56	12:26 1:14	15:50 3:24	24:24 8:34	30:12 5:48	35:06 4:54	37:12 2:06	41:00 3:48	48:41 7:41	53:56 5:15	56:14 2:18	59:33 3:19
18	Roger Coe NGOC	67:52	3:16 3:16 66:27 5:41	6:05 2:49 67:24 0:57	8:14 2:09 67:52 0:28	10:40 2:26	11:57 1:17	16:43 4:46	25:41 8:58	33:39 7:58	37:45 4:06	39:58 2:13	43:40 3:42	51:48 8:08	56:25 4:37	58:33 2:08	60:46 2:13
19	Paul Hobby NGOC	68:21	4:07 4:07 66:53 8:33	7:22 3:15 67:51 0:58	9:25 2:03 68:21 0:30	12:18 2:53	14:04 1:46	17:34 3:30	24:47 7:13	29:49 5:02	34:08 4:19	36:45 2:37	41:21 4:36	49:20 7:59	53:58 4:38	56:14 2:16	58:20 2:06
20	Carol Sands BOK	68:48	3:21 3:21 67:24 5:18	6:32 3:11 68:20 0:56	8:45 2:13 68:48 0:28	11:49 3:04	13:07 1:18	17:14 4:07	27:20 10:06	32:35 5:15	37:02 4:27	39:32 2:30	43:39 4:07	53:03 9:24	57:57 4:54	59:57 2:00	62:06 2:09
21	David Andrews NGOC	69:42	3:44 3:44 68:08 6:25	6:58 3:14 69:05 0:57	10:23 3:25 69:42 0:37	13:48 3:25	15:28 1:40	19:36 4:08	27:39 8:03	32:25 4:46	36:30 4:05	39:00 2:30	43:10 4:10	51:57 8:47	56:04 4:07	58:00 1:56	61:43 3:43
22	Kevin Brooker BAOC	70:49	2:36 2:36 69:43 6:23	4:47 2:11 70:19 0:36	7:20 2:33 70:49 0:30	9:26 2:06	10:45 1:19	13:05 2:20	35:36 22:31	39:41 4:05	42:31 2:50	45:03 2:32	48:46 3:43	56:54 8:08	60:13 3:19	61:30 1:17	63:20 1:50
23	Martin Evans BOK	71:15	3:33 3:33 69:17 5:05	6:32 2:59 70:45 1:28	8:51 2:19 71:15 0:30	11:42 2:51	13:20 1:38	16:38 3:18	25:15 8:37	31:21 6:06	36:57 5:36	39:14 2:17	44:49 5:35	54:38 9:49	59:31 4:53	61:51 2:20	64:12 2:21
24	Rachel Potter BOK	71:56	3:17 3:17 69:40 5:52	6:05 2:48 71:22 1:42	8:17 2:12 71:56 0:34	10:54 2:37	12:11 1:17	16:13 4:02	26:28 10:15	31:32 5:04	35:56 4:24	38:18 2:22	44:35 6:17	54:58 10:23	59:29 4:31	61:30 2:01	63:48 2:18
25	John Shea NGOC	72:57	3:26 3:26 71:33 5:22	6:06 2:40 72:30 0:57	14:44 8:38 72:57 0:27	17:05 2:21	18:15 1:10	21:46 3:31	34:14 12:28	39:23 5:09	43:19 3:56	45:27 2:08	48:44 3:17	56:58 8:14	61:17 4:19	63:58 2:41	66:11 2:13

Pl	Name	Time	Comment															
Orange			2.7 km	110 m	15 C													
			1(34)	2(33)	3(37)	4(41)	5(43)	6(44)	7(40)	8(38)	9(36)	10(35)	11(62)	12(64)	13(65)	14(66)	15(60)	
			Finish															
1	Rebecca Ward NGOC	33:09	2:44 2:44 33:09	3:32 0:48	5:31 1:59	7:00 1:29	8:32 1:32	9:37 1:05	13:04 3:27	14:51 1:47	16:33 1:42	20:37 4:04	23:17 2:40	28:18 5:01	29:54 1:36	32:01 2:07	32:46 0:45	
2	Paul Horsfall IND	35:43	5:26 5:26 35:43	6:51 1:25	8:45 1:54	10:05 1:20	11:17 1:12	13:13 1:56	16:52 3:39	18:10 1:18	21:54 3:44	25:26 3:32	27:11 1:45	29:43 2:32	32:41 2:58	34:28 1:47	35:18 0:50	
3	Ella May Rush BOK	37:41	2:32 2:32 37:41	3:32 1:00	5:41 2:09	7:26 1:45	9:14 1:48	12:19 3:05	16:00 3:41	17:40 1:40	19:50 2:10	22:59 3:09	26:16 3:17	29:50 3:34	33:54 4:04	36:28 2:34	37:14 0:46	
4	Jack Hobby NGOC	44:14	2:17 2:17 44:14	4:29 2:12	6:26 1:57	9:20 2:54	10:44 1:24	12:33 1:49	16:32 3:59	17:53 1:21	19:19 1:26	22:27 3:08	25:34 3:07	28:27 2:53	39:56 11:29	42:58 3:02	43:50 0:52	
5	Sam + Cerys Roderick NGOC	45:13	7:30 7:30 45:13	8:28 0:58	10:43 2:15	12:59 2:16	15:35 2:36	16:57 1:22	20:52 3:55	22:27 1:35	29:08 6:41	31:20 2:12	35:54 4:34	38:46 2:52	41:24 2:38	43:58 2:34	44:42 0:44	
6	Carol Farrington HOC	46:25	2:50 2:50 46:25	4:08 1:18	6:40 2:32	10:59 4:19	13:17 2:18	16:15 2:58	20:21 4:06	22:31 2:10	24:02 1:31	26:36 2:34	32:54 6:18	38:47 5:53	41:54 3:07	44:48 2:54	45:55 1:07	
7	Anne Palmer BOK	46:33	3:01 3:01 46:33	4:29 1:28	7:29 3:00	10:09 2:40	12:28 2:19	15:45 3:17	22:36 6:51	25:39 3:03	27:40 2:01	30:52 3:12	35:10 4:18	39:24 4:14	41:36 2:12	44:56 3:20	45:57 1:01	
8	Rose Taylor HOC	50:07	3:16 3:16 50:07	4:38 1:22	7:25 2:47	9:08 1:43	10:57 1:49	12:45 1:48	24:57 12:12	26:38 1:41	29:02 2:24	31:54 2:52	36:08 4:14	40:31 4:23	43:49 3:18	48:44 4:55	49:41 0:57	
9	James Spreckley IND	51:18	13:09 13:09 51:18	14:04 0:55	16:02 1:58	18:09 2:07	19:52 1:43	21:27 1:35	24:57 3:30	26:36 1:39	33:06 6:30	37:42 4:36	40:31 2:49	43:57 3:26	46:47 2:50	49:43 2:56	50:33 0:50	
10	Rhiannon Fadeyibi NGOC	51:27	7:43 7:43 51:27	10:13 2:30	12:25 2:12	16:39 4:14	19:39 3:00	21:36 1:57	26:25 4:49	28:26 2:01	31:23 2:57	35:01 3:38	38:28 3:27	42:27 3:59	45:40 3:13	49:22 3:42	41:45	
11	Mark Clarke IND	51:44	4:49 4:49 51:44	6:37 1:48	9:20 2:43	11:22 2:02	13:38 2:16	16:06 2:28	23:19 7:13	24:51 1:32	27:04 2:13	31:38 4:34	39:42 8:04	43:24 3:42	46:23 2:59	49:57 3:34	41:51	
12	Sheila Miklausic NGOC	52:28	3:27 3:27 52:28	4:44 1:17	9:29 4:45	13:05 3:36	15:14 2:09	16:59 1:45	21:20 4:21	23:56 2:36	26:45 2:49	30:06 3:21	33:26 3:20	38:20 4:54	42:29 4:09	50:47 8:18	51:36 0:49	
13	Rosie Watson NGOC	52:39	8:50 8:50 52:39	10:17 1:27	15:51 5:34	19:14 3:23	22:59 3:45	25:09 2:10	30:27 5:18	32:48 2:21	34:38 1:50	37:22 2:44	41:19 3:57	45:51 4:32	48:49 2:58	51:23 2:34	52:06 0:43	

Pl	Name	Time											Comment	
Yellow		2.0 km 90 m	10 C											
			1(31)	2(34)	3(37)	4(38)	5(61)	6(62)	7(63)	8(64)	9(65)	10(60)	Finish	
1	Matthew Young	55:49	3:19	8:09	12:43	16:05	24:32	27:48	33:55	39:28	45:51	54:04	55:49	
	IND		3:19	4:50	4:34	3:22	8:27	3:16	6:07	5:33	6:23	8:13	1:45	
2	Oscar Peel	57:01	1:58	16:47	20:41	23:45	29:23	33:21	36:23	39:53	44:35	56:24	57:01	
	SYO		1:58	14:49	3:54	3:04	5:38	3:58	3:02	3:30	4:42	11:49	0:37	
3	Nathan Peel	58:34	3:05	16:11	19:48	23:09	29:16	32:17	36:14	39:07	43:59	57:46	58:34	
	SYO		3:05	13:06	3:37	3:21	6:07	3:01	3:57	2:53	4:52	13:47	0:48	
4	Max + Briita Lippiatt	73:52	3:24	8:31	17:31	23:10	41:58	47:58	55:03	57:49	65:06	71:17	73:52	5:50 72:00
	IND		3:24	5:07	9:00	5:39	18:48	6:00	7:05	2:46	7:17	6:11	2:35	*32 *60
5	Klara Lippiatt	74:14	3:38	9:05	18:44	23:30	43:23	48:54	55:24	58:19	66:16	72:31	74:14	
	IND		3:38	5:27	9:39	4:46	19:53	5:31	6:30	2:55	7:57	6:15	1:43	
	Hannah Agombar	mp	2:30	8:08	14:31	19:06	27:48	30:41	35:36	40:53	46:17	-----	64:24	
	NGOC		2:30	5:38	6:23	4:35	8:42	2:53	4:55	5:17	5:24	-----	18:07	
	Barthelemy Pige	mp	4:02	11:02	19:07	25:06	35:04	54:42	60:51	65:30	71:43	-----	95:49	
	NGOC		4:02	7:00	8:05	5:59	9:58	19:38	6:09	4:39	6:13	-----	24:06	