

I	Name	Club	Class	Pts	Time	+/-	core
<b>Tracks (Ride) (32/34)</b>		<b>Status of: 11:05 PM</b>		18 C	300 Pts	1:00:00	
1	Paul Murrin	Chepstow Harriers	M40	275	1:05:11	-7	268
2	Ifor Powell	BOK	M45	260	1:04:27	-5	255
3	Nick Dallimore	Mynyddwyr De Cymru (MDC)	M60	250	1:04:21	-5	245
4	Gary Davies	Mynyddwyr De Cymru (MDC)	M40	215	58:05		215
5	Marcus Pinker	FVO	M40	220	1:04:48	-5	215
6	Sion James	Black Mountains MBO	M45	215	1:00:26	-1	214
7	Vanessa Lawson	Chepstow Harriers	W45	215	1:05:06	-7	208
8	Mark Ponsford	SWOC	M21	205	54:11		205
9	Will White	Mynyddwyr De Cymru (MDC)	M21	200	57:05		200
10	Max Suff	RDFCC	M55	200	1:00:31	-1	199
11	James Brown	Mynyddwyr De Cymru (MDC)	M21	200	1:04:19	-5	195
12	Matt Stott	Mynyddwyr De Cymru (MDC)	M21	195	1:05:14	-7	188
13	Ivan Teed	NGOC	M40	220	1:13:30	-35	185
14	Jason Bennett	Unattached	M45	180	57:02		180
15	Karie Atkins	Chepstow Harriers	M40	175	1:02:29	-3	172
16	Steve Williams	NGOC	M60	175	1:03:50	-4	171
17	Alan Stone	Mynyddwyr De Cymru (MDC)	M55	170	1:01:18	-2	168
18	Richard Purkis	NGOC	M21	170	1:06:31	-9	161
19	Sophie Gilbert	Chepstow Harriers	W45	160	56:28		160
20	Mostyn Jones	Caldicot Running Club	M40	180	1:10:56	-20	160
21	Rachel HipKiss	Chepstow Harriers	WSEN	160	1:02:05	-3	157
22	Jenni Bell	Chepstow Harriers	W40	160	1:02:08	-3	157
23	Gareth Modget	Darksiders MTB	MSEN	155	57:47		155
24	Pam & Danny Sut	Unattached	W40	155	1:01:55	-2	153
25	Mark Quilliam	Unattached	M45	145	58:23		145
26	Shirley Robinson	NGOC	W60	140	59:05		140
27	Christopher Aldou	BMBO	M50	130	49:10		130
28	Greg Best	NGOC	M55	160	1:12:35	-30	130
29	Stephen Robinson	NGOC	M60	135	1:08:38	-13	122
30	Amanda Williams	Unattached	W40	120	1:03:14	-4	116
31	Christine Farr	Mynyddwyr De Cymru (MDC)	W40	105	54:58		105
32	Ashley Cooper	BOK	M60	100	57:12		100