

Pl	Name	Age Grou	Club	Pts	Time	Pty	Score
Tracks (24)		20 C	400 Pts	1:00:00			
1	Ifor Powell	M45	BOK	320	1:08:43	-13	307
2	Nick Dallimore	M60	Mynyddwyr De Cymru(MD)	320	1:09:13	-15	305
3	Sion James	M45	Black Mountains MBO	300	1:02:57	-3	297
4	Jason Howell	M45	HOC	300	1:06:36	-9	291
5	Paul Murrin	M40	NGOC	280	1:08:22	-13	267
6	Mike Manning	M55	Black Mountains MBO	220	57:32		220
7	Chris Porter	M55	Unattached	220	59:00		220
8	Fraser Stephens	M45	SPLIT	220	1:01:18	-2	218
9	Richard Cronin	M21	Mynyddwyr De Cymru(MD)	200	1:01:52	-2	198
10	Ian Kennet	M50	SWOC	180	1:01:12	-2	178
11	Shirley Robinson	W60	NGOC	180	1:03:37	-4	176
12	Greg Best	M55	NGOC	180	1:07:53	-11	169
13	Richard Purkis	M21	NGOC	160	55:49		160
14	Dan Sandford	M40	Forest of Dean AC	140	59:41		140
15	Esther Caldwell	W40	Chepstow Harriers	140	1:01:03	-2	138
16	Rob Hick	M55	WSX	120	59:49		120
17	Alan Honey	M55	BOK	120	1:00:32	-1	119
18	Keith Garner	M60	Dursley Running Club	120	1:00:36	-1	119
19	Steve Williams	M60	NGOC	120	1:08:57	-13	107
20	Jenny Chuter	W40	NGOC	80	57:56		80
21	Christopher Aldous	M50	Black Mountains MBO	80	1:05:45	-7	73
22	Kate Stephens	W40	SPLIT	120	1:20:51	-70	50
23	Michelle Peacey	W50	Forest of Dean AC	60	1:14:58	-40	20
24	Vanessa Pegler	WSEN	Forest of Dean AC	60	1:15:02	-45	15