

Pl	Name	Time	18 C															Comment
			5.7 km	50 m	1(204) 16(222)	2(214) 17(212)	3(215) 18(213)	4(210) Finish	5(202)	6(205)	7(209)	8(219)	9(226)	10(218)	11(216)	12(217)	13(220)	
1	Richard Purkis NGOC	35:44	1:16 1:16 31:43 3:00	3:34 2:18 33:27 1:44	5:19 1:45 34:34 1:07	7:57 2:38 35:44 1:10	10:07 2:10	13:48 3:41	14:52 1:04	15:39 0:47	17:40 2:01	20:49 3:09	22:35 1:46	24:26 1:51	25:44 1:18	27:25 1:41	28:43 1:18	
2	Andrew Monro NGOC	36:40	1:27 1:27 32:28 3:20	3:20 1:49	5:01 1:41	7:35 2:34	9:51 2:16	14:03 4:12	15:10 1:07	15:53 0:43	17:55 2:02	21:29 3:34	23:24 1:55	24:42 1:18	25:58 1:16	27:47 1:49	29:08 1:21	
3	Caroline Craig NGOC	39:38	1:25 1:25 35:07 3:20	4:04 2:39	5:59 1:55	8:43 2:44	11:12 2:29	15:22 4:10	16:46 1:24	17:34 0:48	19:47 2:13	23:21 3:34	25:13 1:52	27:04 1:51	28:27 1:23	30:21 1:54	31:47 1:26	
4	Paul Gebbett BOK	40:26	1:21 1:21 35:43 3:43	4:16 2:55	6:17 2:01	9:04 2:47	11:32 2:28	15:36 4:04	17:02 1:26	17:53 0:51	20:04 2:11	23:40 3:36	25:38 1:58	27:01 1:23	28:28 1:27	30:27 1:59	32:00 1:33	
5	Simon Denman NGOC	40:35	1:35 1:35 36:03 3:56	3:52 2:17	6:31 2:39	9:10 2:39	11:35 2:25	15:47 4:12	16:50 1:03	17:38 0:48	19:54 2:16	23:41 3:47	25:45 2:04	27:09 1:24	28:35 1:26	30:40 2:05	32:07 1:27	
6	Anders Johansson NGOC	47:15	1:34 1:34 41:42 4:50	3:33 1:59	5:35 2:02	9:31 3:56	12:13 2:42	17:24 5:11	18:42 1:18	19:39 0:57	22:31 2:52	26:46 4:15	29:07 2:21	30:05 0:58	32:24 2:19	35:07 2:43	36:52 1:45	
7	Tereza Maria Rush BOK	47:51	1:50 1:50 43:06 4:14	5:07 3:17	7:57 2:50	12:44 4:47	15:37 2:53	20:12 4:35	21:25 1:13	22:17 0:52	25:19 3:02	29:08 3:49	31:18 2:10	32:19 1:01	34:32 2:13	37:18 2:46	38:52 1:34	
8	Tim Brett NGOC	48:17	1:44 1:44 42:32 4:46	4:02 2:18	6:38 2:36	10:04 3:26	12:55 2:51	18:21 5:26	19:42 1:21	20:43 1:01	23:26 2:43	27:52 4:26	30:12 2:20	31:42 1:30	33:29 1:47	35:53 2:24	37:46 1:53	
9	Tim Sands BOK	48:35	1:35 1:35 42:46 4:17	4:02 2:27	6:34 2:32	9:53 3:19	12:56 3:03	17:45 4:49	19:20 1:35	20:26 1:06	24:06 3:40	28:50 4:44	31:27 2:37	32:32 1:05	34:16 1:44	36:35 2:19	38:29 1:54	
10	Daniel Edwards NGOC	49:16	1:45 1:45 43:46 5:04	6:35 4:50	8:59 2:24	11:52 2:53	14:23 2:31	19:10 4:47	20:29 1:19	21:17 0:48	23:53 2:36	27:43 3:50	30:03 2:20	33:46 3:43	35:10 1:24	37:07 1:57	38:42 1:35	
11	Tom Birthwright NGOC	50:02	1:51 1:51 44:04 5:16	5:00 3:09	7:09 2:09	10:36 3:27	13:41 3:05	18:40 4:59	19:57 1:17	20:58 1:01	23:48 2:50	28:10 4:22	30:52 2:42	32:48 1:56	34:35 1:47	37:08 2:33	38:48 1:40	
12	Allan McCall NGOC	51:03	2:11 2:11 44:02 4:24	4:30 2:19	8:29 3:59	11:34 3:05	15:04 3:30	20:04 5:00	21:13 1:09	22:13 1:00	24:55 2:42	29:07 4:12	31:35 2:28	33:32 1:57	35:26 1:54	37:54 2:28	39:38 1:44	
13	Kevin Brooker NGOC	51:24	2:27 2:27 45:16 3:54	5:14 2:47	7:59 2:45	10:59 3:00	14:00 3:01	18:52 4:52	22:13 3:21	23:05 0:52	25:41 2:36	29:22 3:41	31:52 2:30	33:12 1:20	36:07 2:55	39:01 2:54	41:22 2:21	

Pl	Name	Time															Comment
			<i>Long</i>	<i>5.7 km</i>	<i>50 m</i>	<i>18 C</i>	<i>(cont.)</i>										
			1(204)	2(214)	3(215)	4(210)	5(202)	6(205)	7(209)	8(219)	9(226)	10(218)	11(216)	12(217)	13(220)	14(223)	15(224)
			16(222)	17(212)	18(213)	Finish											
14	<b>Alan Honey</b> BOK	<b>52:37</b>	2:20	6:10	8:52	12:18	15:28	21:00	23:18	24:18	27:11	31:41	34:13	36:38	38:35	40:58	42:52
			2:20	3:50	2:42	3:26	3:10	5:32	2:18	1:00	2:53	4:30	2:32	2:25	1:57	2:23	1:54
			46:53	49:17	50:57	52:37											
			4:01	2:24	1:40	1:40											
15	<b>Mike Goldthorpe</b> SOC	<b>53:24</b>	2:10	4:20	7:58	11:44	14:40	20:03	21:27	22:30	24:57	29:02	32:31	34:45	36:33	39:02	40:56
			2:10	2:10	3:38	3:46	2:56	5:23	1:24	1:03	2:27	4:05	3:29	2:14	1:48	2:29	1:54
			46:47	49:10	50:57	53:24											
			5:51	2:23	1:47	2:27											
16	<b>Steve Williams</b> NGOC	<b>55:32</b>	3:10	5:54	8:37	12:41	16:00	22:31	24:03	25:01	27:49	32:56	35:45	37:06	39:10	41:40	43:35
			3:10	2:44	2:43	4:04	3:19	6:31	1:32	0:58	2:48	5:07	2:49	1:21	2:04	2:30	1:55
			48:56	51:42	53:18	55:32											
			5:21	2:46	1:36	2:14											
17	<b>Neil Cameron</b> NGOC	<b>57:09</b>	2:10	5:05	8:06	13:15	16:40	22:38	24:34	25:46	28:37	33:38	38:29	40:20	42:15	44:51	46:50
			2:10	2:55	3:01	5:09	3:25	5:58	1:56	1:12	2:51	5:01	4:51	1:51	1:55	2:36	1:59
			51:14	53:51	55:32	57:09											
			4:24	2:37	1:41	1:37											
18	<b>Carolyn Dent</b> BOK	<b>57:24</b>	2:04	5:12	8:23	12:18	15:57	22:13	23:45	24:59	28:25	33:44	37:11	38:36	40:46	43:47	46:01
			2:04	3:08	3:11	3:55	3:39	6:16	1:32	1:14	3:26	5:19	3:27	1:25	2:10	3:01	2:14
			50:47	53:37	55:31	57:24											
			4:46	2:50	1:54	1:53											
19	<b>Hannah Bradley</b> NGOC	<b>60:58</b>	3:28	7:07	10:17	14:27	18:27	24:59	26:45	28:14	31:24	36:25	39:24	41:03	43:00	47:26	49:54
			3:28	3:39	3:10	4:10	4:00	6:32	1:46	1:29	3:10	5:01	2:59	1:39	1:57	4:26	2:28
			54:26	57:13	58:56	60:58											
			4:32	2:47	1:43	2:02											
20	<b>Gerry Ashton</b> NGOC	<b>61:56</b>	3:45	6:24	9:12	12:37	15:38	28:27	30:11	31:21	33:58	38:28	43:50	44:58	46:46	49:44	51:40
			3:45	2:39	2:48	3:25	3:01	12:49	1:44	1:10	2:37	4:30	5:22	1:08	1:48	2:58	1:56
			56:04	58:44	60:15	61:56											
			4:24	2:40	1:31	1:41											
21	<b>Rhiannon Fadeyibi</b> NGOC	<b>77:18</b>	2:55	6:35	11:14	15:28	20:05	27:49	29:40	30:59	34:34	40:48	46:04	49:09	51:30	60:01	62:35
			2:55	3:40	4:39	4:14	4:37	7:44	1:51	1:19	3:35	6:14	5:16	3:05	2:21	8:31	2:34
			68:33	72:06	74:24	77:18											
			5:58	3:33	2:18	2:54											
	<b>Thomas Cochrane</b> NGOC	<b>dnf</b>	1:32	3:57	5:44	8:11	10:20	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			1:32	2:25	1:47	2:27	2:09										
			-----	-----	-----	-----											

Pl	Name	Time														Comment
Short		3.7 km	20 m	13 C											Finish	
		1(228)	2(211)	3(222)	4(224)	5(218)	6(221)	7(201)	8(207)	9(208)	10(216)	11(217)	12(206)	13(213)	Finish	
1	John Miklausic NGOC	38:12	1:03	3:20	6:06	9:51	12:02	15:50	21:06	24:20	26:52	29:34	31:42	32:59	36:18	38:12
2	John Fallows NGOC	41:33	1:03	2:17	2:46	3:45	2:11	3:48	5:16	3:14	2:32	2:42	2:08	1:17	3:19	1:54
3	Ginny Hudson NGOC	41:43	1:02	2:08	2:54	4:13	2:32	4:29	5:40	3:49	3:16	2:42	0:56	1:53	4:15	1:44
4	Peter Wilson BKO	44:18	1:13	2:24	2:46	4:36	1:56	4:52	5:39	2:58	2:31	3:26	2:51	1:28	3:25	1:38
5	Chris Vallence IND	45:13	1:05	3:21	6:44	11:45	14:23	20:25	26:33	30:21	33:25	35:17	36:23	38:11	42:24	44:18
6	Chris Tongue IND	49:24	1:05	2:16	3:23	5:01	2:38	6:02	6:08	3:48	3:04	1:52	1:06	1:48	4:13	1:54
7	Carol Sands BOK	51:58	1:58	4:28	7:49	12:44	15:04	20:43	27:09	30:48	34:03	35:43	36:57	38:39	42:40	45:13
8	Julia Wilkinson HOC	56:06	1:58	2:30	3:21	4:55	2:20	5:39	6:26	3:39	3:15	1:40	1:14	1:42	4:01	2:33
9	Kim Liggett NGOC	59:33	1:03	3:15	6:20	11:42	15:08	20:45	30:50	34:14	37:33	39:31	41:35	43:21	47:23	49:24
10	Ashleigh Denman NGOC	60:54	1:03	2:12	3:05	5:22	3:26	5:37	10:05	3:24	3:19	1:58	2:04	1:46	4:02	2:01
11	Sue Ashton NGOC	65:53	1:58	4:16	7:54	12:38	15:33	22:08	29:11	33:14	36:17	42:00	44:02	46:02	50:07	51:58
12	Carol Stewart NGOC	77:46	1:43	6:04	9:35	15:05	18:24	24:47	32:48	37:24	40:53	44:49	47:11	49:07	53:51	56:06
13	Dannii Keenan + Peter Egan IND	78:59	1:43	4:21	3:31	5:30	3:19	6:23	8:01	4:36	3:29	3:56	2:22	1:56	4:44	2:15
14	Louse Walters IND	91:43	2:03	4:39	8:45	16:30	19:25	26:29	34:29	39:14	43:02	45:32	49:56	52:07	56:46	59:33
15	Dan Lee IND	92:26	2:03	2:36	4:06	7:45	2:55	7:04	8:00	4:45	3:48	2:30	4:24	2:11	4:39	2:47
	Declan Lees-Smith IND	mp	1:21	4:38	9:07	15:51	18:57	27:24	36:04	40:09	45:43	50:02	52:25	54:17	58:32	60:54
	Ella Lee NGOC	dnf	1:21	3:17	4:29	6:44	3:06	8:27	8:40	4:05	5:34	4:19	2:23	1:52	4:15	2:22
			1:44	5:37	9:47	18:42	21:47	31:27	42:18	46:34	51:29	55:07	56:54	59:05	63:11	65:53
			1:44	3:53	4:10	8:55	3:05	9:40	10:51	4:16	4:55	3:38	1:47	2:11	4:06	2:42
			2:03	6:09	11:04	18:18	22:59	32:29	43:29	49:41	55:42	59:50	63:53	67:00	74:21	77:46
			2:03	4:06	4:55	7:14	4:41	9:30	11:00	6:12	6:01	4:08	4:03	3:07	7:21	3:25
			1:47	5:50	10:48	20:41	24:40	35:45	46:12	54:44	59:14	62:26	67:54	70:29	76:56	78:59
			1:47	4:03	4:58	9:53	3:59	11:05	10:27	8:32	4:30	3:12	5:28	2:35	6:27	2:03
			2:16	13:25	20:06	27:13	31:30	52:18	61:59	66:32	70:47	75:01	81:40	83:43	89:19	91:43
			2:16	11:09	6:41	7:07	4:17	20:48	9:41	4:33	4:15	4:14	6:39	2:03	5:36	2:24
			2:08	6:10	11:44	21:22	26:01	34:23	57:27	63:57	69:01	71:59	76:43	79:41	88:15	92:26
			2:08	4:02	5:34	9:38	4:39	8:22	23:04	6:30	5:04	2:58	4:44	2:58	8:34	4:11
			1:26	3:38	6:31	11:00	13:43	18:51	26:34	32:10	39:28	41:30	42:48	44:54	-----	49:26
			1:26	2:12	2:53	4:29	2:43	5:08	7:43	5:36	7:18	2:02	1:18	2:06	-----	4:32
			2:22	15:23	20:41	32:56	38:03	-----	-----	-----	-----	56:24	59:07	62:47	74:15	78:45
			2:22	13:01	5:18	12:15	5:07	-----	-----	-----	-----	18:21	2:43	3:40	11:28	4:30

Pl	Name	Time										Comment	
<b>Junior</b>		<b>1.1 km</b>	<b>0 m</b>	<b>8 C</b>									
				1(227)	2(213)	3(203)	4(212)	5(211)	6(229)	7(228)	8(225)	Finish	
1	<b>Ella May Rush</b>	<b>8:13</b>	0:44	1:30	2:31	<b>3:58</b>	<b>4:34</b>	<b>5:49</b>	<b>6:48</b>	<b>7:37</b>	<b>8:13</b>		
	<b>BOK</b>		0:44	0:46	<b>1:01</b>	<b>1:27</b>	<b>0:36</b>	<b>1:15</b>	<b>0:59</b>	<b>0:49</b>		0:36	
2	<b>Ross Bradley</b>	<b>9:00</b>	<b>0:28</b>	<b>1:09</b>	<b>2:22</b>	4:07	4:50	6:20	7:29	8:32	9:00		
	<b>NGOC</b>		<b>0:28</b>	<b>0:41</b>	1:13	1:45	0:43	1:30	1:09	1:03	<b>0:28</b>		
3	<b>Ross Bradley</b>	<b>13:38</b>	1:45	3:16	4:44	7:07	8:04	10:15	12:02	13:05	13:38		
	<b>NGOC</b>		1:45	1:31	1:28	2:23	0:57	2:11	1:47	1:03	0:33		