

Pl	Name	Time			8.4 km		320 m		20 C																				
			1(41)	2(55)	3(48)	4(60)	5(34)	6(52)	7(39)	8(32)	9(44)	10(53)	11(54)	12(43)	13(31)	14(36)	15(40)	16(62)	17(46)	18(59)	19(50)	20(35)	Finish						
<b>Brown (5)</b>																													
1	Nick Gracie	1:21:49	1:20	3:57	7:45	9:10	16:06	<b>18:20</b>	<b>33:29</b>	<b>36:15</b>	45:41	48:12	51:15	1:00:04	<b>1:03:20</b>	<b>1:06:27</b>	<b>1:08:33</b>	<b>1:10:11</b>	<b>1:12:46</b>	<b>1:17:18</b>	<b>1:19:13</b>	<b>1:21:07</b>	<b>1:21:49</b>						
	BOK		1:20	2:37	3:48	<b>1:25</b>	<b>6:56</b>	<b>2:14</b>	15:09	<b>2:46</b>	9:26	<b>2:31</b>	3:03	8:49	<b>3:16</b>	3:07	<b>2:06</b>	1:38	<b>2:35</b>	4:32	1:55	1:54	0:42						
2	Owain Jones	1:21:57	<b>1:03</b>	3:42	6:24	9:31	16:59	20:07	34:25	38:31	<b>43:15</b>	<b>46:11</b>	<b>48:49</b>	59:05	1:03:46	1:06:36	1:09:10	1:10:32	1:13:57	1:18:14	1:19:58	1:21:21	1:21:57						
	BOK		<b>1:03</b>	2:39	<b>2:42</b>	3:07	7:28	3:08	<b>14:18</b>	4:06	4:44	2:56	<b>2:38</b>	10:16	4:41	<b>2:50</b>	2:34	<b>1:22</b>	3:25	<b>4:17</b>	<b>1:44</b>	<b>1:23</b>	<b>0:36</b>						
3	Keith Agmen	1:25:26	1:15	<b>3:07</b>	<b>5:52</b>	<b>8:05</b>	<b>15:19</b>	18:47	36:52	40:20	44:39	47:54	50:36	<b>58:32</b>	1:03:24	1:07:02	1:09:19	1:10:52	1:14:16	1:19:54	1:22:16	1:24:38	1:25:26						
	BOK		1:15	<b>1:52</b>	2:45	2:13	7:14	3:28	18:05	3:28	<b>4:19</b>	3:15	2:42	<b>7:56</b>	4:52	3:38	2:17	1:33	3:24	5:38	2:22	2:22	0:48						
4	Anders Johansson	1:38:51	1:15	3:49	7:10	9:02	18:07	20:38	41:51	45:13	50:25	55:31	58:37	1:07:44	1:14:10	1:17:49	1:20:54	1:22:50	1:26:48	1:32:54	1:35:32	1:38:07	1:38:51						
	NGOC		1:15	2:34	3:21	1:52	9:05	2:31	21:13	3:22	5:12	5:06	3:06	9:07	6:26	3:39	3:05	1:56	3:58	6:06	2:38	2:35	0:44						
	Allan McCall	mp	1:54	5:01	8:33	10:40	19:13	22:36	42:47	46:46	51:32	56:35	59:54	1:08:47	1:15:04	1:27:25	1:34:02	1:36:03	-----	1:44:37	1:49:25	1:52:06	1:53:02						
	NGOC		1:54	3:07	3:32	2:07	8:33	3:23	20:11	3:59	4:46	5:03	3:19	8:53	6:17	12:21	6:37	2:01		8:34	4:48	2:41	0:56						
<b>Blue (31)</b>																													
			1(45)	2(48)	3(56)	4(34)	5(52)	6(61)	7(37)	8(43)	9(36)	10(40)	11(32)	12(44)	13(51)	14(50)	15(35)	Finish											
1	Phil Murray	51:56	2:42	4:55	8:07	11:17	13:39	<b>25:40</b>	<b>29:00</b>	<b>31:58</b>	<b>37:23</b>	<b>39:28</b>	<b>41:37</b>	<b>44:43</b>	<b>47:18</b>	<b>49:31</b>	<b>51:18</b>	<b>51:56</b>											
	BOK		2:42	2:13	3:12	3:10	<b>2:22</b>	<b>12:01</b>	<b>3:20</b>	<b>2:58</b>	<b>5:25</b>	2:05	<b>2:09</b>	<b>3:06</b>	2:35	2:13	<b>1:47</b>	0:38											
2	Paul Horsfall	59:44	4:31	5:46	9:10	14:06	16:49	29:23	33:06	37:19	43:39	45:43	48:02	52:38	55:02	57:07	59:02	59:44											
	NGOC		4:31	<b>1:15</b>	3:24	4:56	2:43	12:34	3:43	4:13	6:20	2:04	2:19	4:36	<b>2:24</b>	<b>2:05</b>	1:55	0:42											
3	Thomas Cochrane	1:01:34	2:44	4:57	8:34	11:40	14:39	27:33	31:28	38:25	43:56	46:04	49:31	53:19	56:24	59:03	1:00:57	1:01:34											
	NGOC		2:44	2:13	3:37	<b>3:06</b>	2:59	12:54	3:55	6:57	5:31	2:08	3:27	3:48	3:05	2:39	1:54	<b>0:37</b>											
4	Andrew Hartley	1:05:19	<b>2:16</b>	<b>3:36</b>	<b>6:16</b>	<b>10:25</b>	<b>13:02</b>	29:07	33:02	36:35	43:05	45:17	48:28	55:38	1:00:08	1:02:45	1:04:38	1:05:19											
	NGOC		<b>2:16</b>	1:20	<b>2:40</b>	4:09	2:37	16:05	3:55	3:33	6:30	2:12	3:11	7:10	4:30	2:37	1:53	0:41											
5	Tony Feltbower	1:06:43	3:11	6:42	<b>10:06</b>	13:54	16:53	31:50	35:55	39:36	46:38	48:55	52:09	58:22	1:01:14	1:03:54	1:05:57	1:06:43											
	OD		3:11	3:31	3:24	3:48	2:59	14:57	4:05	3:41	7:02	2:17	3:14	6:13	2:52	2:40	2:03	0:46											
6	Nick Dennis	1:07:33	3:16	5:25	9:12	13:13	15:58	32:53	36:56	41:03	47:42	50:29	53:37	58:50	1:02:01	1:04:40	1:06:53	1:07:33											
	BOK		3:16	2:09	3:47	4:01	2:45	16:55	4:03	4:07	6:39	2:47	3:08	5:13	3:11	2:39	2:13	0:40											
7	Eddie McLarnon	1:11:47	3:42	8:43	13:08	18:06	21:44	36:39	41:03	45:25	52:20	54:46	57:56	1:01:57	1:05:17	1:08:45	1:11:02	1:11:47											
	NGOC		3:42	5:01	4:25	4:58	3:38	14:55	4:24	4:22	6:55	2:26	3:10	4:01	3:20	3:28	2:17	0:45											
8	Kevin Brooker	1:13:12	3:44	5:35	8:52	14:32	17:05	32:23	36:45	43:39	50:22	56:29	59:34	1:03:53	1:07:19	1:10:03	1:12:21	1:13:12											
	NGOC		3:44	1:51	3:17	5:40	2:33	15:18	4:22	6:54	6:43	6:07	3:05	4:19	3:26	2:44	2:18	0:51											
9	Chris McCartney	1:13:52	4:05	8:25	13:40	17:46	21:01	37:09	42:19	47:51	54:35	56:37	59:25	1:03:56	1:07:31	1:10:20	1:13:03	1:13:52											
	OD		4:05	4:20	5:15	4:06	3:15	16:08	5:10	5:32	6:44	<b>2:02</b>	2:48	4:31	3:35	2:49	2:43	0:49											
10	Ian Kennett	1:15:00	3:28	6:00	9:23	13:09	16:07	37:28	42:45	47:17	54:31	57:14	1:01:28	1:05:55	1:09:12	1:12:07	1:14:16	1:15:00											
	SWOC		3:28	2:32	3:23	3:46	2:58	21:21	5:17	4:32	7:14	2:43	4:14	4:27	3:17	2:55	2:09	0:44											
11	Tom Mills jnr	1:15:04	5:05	7:26	11:07	16:19	19:12	39:02	43:31	47:18	55:34	58:00	1:01:16	1:06:15	1:09:16	1:12:08	1:14:11	1:15:04											
	IND		5:05	2:21	3:41	5:12	2:53	19:50	4:29	3:47	8:16	2:26	3:16	4:59	3:01	2:52	2:03	0:53											
12	Jeremy Parr	1:15:58	2:50	4:41	8:58	13:41	16:55	33:56	40:29	44:52	53:17	56:06	1:00:52	1:06:23	1:09:29	1:12:50	1:15:07	1:15:58											
	SWOC		2:50	1:51	4:17	4:43	3:14	17:01	6:33	4:23	8:25	2:49	4:46	5:31	3:06	3:21	2:17	0:51											
13	Joe Parkinson	1:16:15	3:20	5:22	8:55	13:50	17:14	34:37	39:35	44:08	52:21	54:57	1:00:38	1:05:32	1:09:24	1:12:55	1:15:20	1:16:15											
	NGOC		3:20	2:02	3:33	4:55	3:24	17:23	4:58	4:33	8:13	2:36	5:41	4:54	3:52	3:31	2:25	0:55											
14	Mike Goldthorpe	1:16:30	3:01	5:35	9:02	13:15	17:03	36:06	40:02	49:55	56:55	59:40	1:02:30	1:07:07	1:10:20	1:13:02	1:15:43	1:16:30											
	SOC		3:01	2:34	3:27	4:13	3:48	19:03	3:56	9:53	7:00	2:45	2:50	4:37	3:13	2:42	2:41	0:47											
15	Tom Birthwright	1:17:13	4:56	7:32	11:01	15:26	18:40	36:16	41:05	45:06	53:06	55:49	1:02:08	1:07:32	1:11:06	1:13:58	1:16:21	1:17:13											
	NGOC		4:56	2:36	3:29	4:25	3:14	17:36	4:49	4:01	8:00	2:43	6:19	5:24	3:34	2:52	2:23	0:52											
16	Russell Finch	1:17:44	3:51	7:00	13:28	18:04	21:10	36:35	41:07	51:32	57:56	1:00:25	1:03:41	1:08:28	1:11:55	1:14:34	1:16:53	1:17:44											
	SWOC		3:51	3:09	6:28	4:36	3:06	15:25	4:32	10:25	6:24	2:29	3:16	4:47	3:27	2:39	2:19	0:51											
17	Steve Chiverton	1:19:17	3:34	7:16	11:57	16:20	20:15	37:13	42:25	47:29	55:41	1:00:01	1:03:22	1:08:03	1:11:51	1:15:22	1:18:21	1:19:17											
	HOC		3:34	3:42	4:41	4:23	3:55	16:58	5:12	5:04	8:12	4:20	3:21	4:41	3:48	3:31	2:59	0:56											
18	Paul Basher	1:19:43	7:59	10:20	15:24	19:38	22:37	41:33	46:01	50:05	59:15	1:03:16	1:06:26	1:10:41	1:13:43	1:16:29	1:18:51	1:19:43											
	HOC		7:59	2:21	5:04	4:14	2:59	18:56	4:28	4:04	9:10	4:01	3:10	4:15	3:02	2:46	2:22	0:52											
19	Kelvin Davies	1:21:08	3:36	6:26	11:12	15:49	19:45	39:15	44:41	49:24	59:01	1:02:10	1:05:33	1:10:28	1:14:08	1:17:40	1:20:18	1:21:08											
	BOK		3:36	2:50	4:46	4:37	3:56	19:30	5:26	4:43	9:37	3:09	3:23	4:55	3:40	3:32	2:38	0:50											
20	Alan Pucill	1:21:28	4:18	7:24	12:11	18:02	21:52	40:14	45:05	50:19	58:16	1:01:06	1:05:16	1:10:18	1:14:23	1:17:56	1:20:47	1:21:28											
	NGOC		4:18	3:06	4:47	5:51	3:50	18:22	4:51	5:14	7:57	2:50	4:10	5:02	4:05	3:33	2:51	0:41											
21	Karl Kingsman	1:21:40	3:12	5:24	9:14	13:10	16:24	37:47	42:48	47:06	55:47	58:59	1:05:51	1:11:07	1:14:56	1:18:18	1:20:51	1:21:40											
	HOC		3:12	2:12	3:50	3:56	3:14	21:23	5:																				

Pl	Name	Time			6.2 km 245 m		15 C		(cont.)									Finish
			1(45)	2(48)	3(56)	4(34)	5(52)	6(61)	7(37)	8(43)	9(36)	10(40)	11(32)	12(44)	13(51)	14(50)	15(35)	Finish
<b>Blue (31)</b>																		
25	Tom Mills NGOC	1:27:20	4:00 4:00	7:46 3:46	12:56 5:10	18:21 5:25	22:20 3:59	42:58 20:38	49:22 6:24	54:13 4:51	1:04:20 10:07	1:07:03 2:43	1:10:57 3:54	1:15:35 4:38	1:19:44 4:09	1:23:30 3:46	1:26:28 2:58	1:27:20 0:52
26	Paul Edwards NGOC	1:27:34	4:10 4:10	7:15 3:05	13:14 5:59	19:41 6:27	24:05 4:24	40:45 16:40	45:39 4:54	53:12 7:33	1:00:05 6:53	1:07:05 7:00	1:13:07 6:02	1:17:48 4:41	1:21:23 3:35	1:24:16 2:53	1:26:44 2:28	1:27:34 0:50
27	Simon James SWOC	1:29:23	5:34 5:34	8:52 3:18	13:19 4:27	17:17 3:58	21:00 3:43	43:22 22:22	48:52 5:30	54:51 5:59	1:03:37 8:46	1:07:25 3:48	1:11:16 3:51	1:17:39 6:23	1:21:49 4:10	1:25:10 3:21	1:28:23 3:13	1:29:23 1:00
28	Steve Williams NGOC	1:44:07	3:26 3:26	7:16 3:50	13:36 6:20	25:46 12:10	30:37 4:51	53:46 23:09	1:00:33 6:47	1:06:47 6:14	1:16:05 9:18	1:19:31 3:26	1:24:12 4:41	1:32:27 8:15	1:36:49 4:22	1:40:21 3:32	1:43:17 2:56	1:44:07 0:50
	John Shea NGOC	mp	4:34 4:34	8:40 4:06	15:46 7:06	21:28 5:42	25:41 4:13	45:03 19:22	51:44 6:41	57:17 5:33	1:05:03 7:46	1:16:57 11:54	1:20:15 3:18	1:26:48 6:33	1:31:02 4:14	1:34:17 3:15	-----	1:37:52 3:35
	Roger Edwards NGOC	mp	4:28 4:28	8:31 4:03	13:14 4:43	22:22 9:08	26:40 4:18	50:28 23:48	56:42 6:14	1:03:23 6:41	1:13:17 9:54	1:17:41 4:24	1:22:59 5:18	1:32:55 9:56	1:37:38 4:43	-----	-----	-----
	Ginny Hudson NGOC	dnf	3:09 3:09	5:55 2:46	12:02 6:07	15:56 3:54	18:40 2:44	53:07 34:27	59:05 5:58	-----	-----	-----	-----	-----	-----	-----	-----	-----
<b>Green (40)</b>																		
			1(41)	2(48)	3(33)	4(54)	5(37)	6(36)	7(40)	8(62)	9(32)	10(49)	11(44)	12(38)	13(50)	14(35)	Finish	
1	Katharine Atkins HOC	43:41	2:02 2:02	5:42 3:40	12:01 6:19	13:24 1:23	18:12 4:48	24:50 6:38	27:23 2:33	28:55 1:32	32:28 3:33	34:31 2:03	36:44 2:13	38:30 1:46	40:42 2:12	42:49 2:07	43:41 0:52	
2	Rachel Dennis BOK	50:18	1:37 1:37	6:35 4:58	12:45 6:10	14:24 1:39	19:50 5:26	28:54 9:04	31:34 2:40	33:37 2:03	37:18 3:41	39:48 2:30	42:22 2:34	44:26 2:04	46:51 2:25	49:25 2:34	50:18 0:53	
3	John Miklausic NGOC	50:44	1:54 1:54	5:25 3:31	10:56 5:31	12:32 1:36	16:58 4:26	24:40 7:42	28:39 3:59	30:21 1:42	38:24 8:03	42:00 3:36	44:16 2:16	45:52 1:36	47:53 2:01	49:58 2:05	50:44 0:46	
4	Simon Williamson SWOC	51:55	3:03 3:03	8:29 5:26	14:56 6:27	16:41 1:45	20:55 4:14	28:56 8:01	32:27 3:31	33:57 1:30	37:12 3:15	39:36 2:24	41:55 2:19	45:07 3:12	49:11 4:04	51:04 1:53	51:55 0:51	
5	Abigail Bateman UBOC	53:27	1:46 1:46	7:26 5:40	14:24 6:58	16:09 1:45	20:46 4:37	29:45 8:59	33:17 3:32	35:29 2:12	40:05 4:36	42:50 2:45	45:20 2:30	47:34 2:14	50:02 2:28	52:30 2:28	53:27 0:57	
6	Andy Pedder NGOC	56:29	1:57 1:57	5:56 3:59	12:43 6:47	14:29 1:46	20:52 6:23	31:01 10:09	34:56 3:55	38:13 3:17	42:17 4:04	44:54 2:37	48:08 3:14	50:21 2:13	52:51 2:30	55:34 2:43	56:29 0:55	
7	David Palmer BOK	56:32	1:38 1:38	5:57 4:19	13:17 7:20	14:48 1:31	22:15 7:27	31:05 8:50	34:44 3:39	39:02 4:18	43:15 4:13	45:46 2:31	48:34 2:48	50:49 2:15	53:19 2:30	55:45 2:26	56:32 0:47	
8	John Fallows NGOC	57:50	1:26 1:26	5:09 3:43	12:21 7:12	14:03 1:42	20:35 6:32	30:36 10:01	34:47 4:11	37:03 2:16	41:43 4:40	45:01 3:18	48:36 3:35	51:01 2:25	54:10 3:09	56:54 2:44	57:50 0:56	
9	Steve Lee NGOC	58:11	2:50 2:50	7:30 4:40	14:44 7:14	16:12 1:28	24:10 7:58	32:41 8:31	35:49 3:08	37:45 1:56	42:31 4:46	46:24 3:53	49:39 3:15	51:56 2:17	54:29 2:33	57:16 2:47	58:11 0:55	
10	Dave Hartley NGOC	58:53	1:50 1:50	6:24 4:34	16:59 10:35	18:17 1:18	23:54 5:37	32:51 8:57	36:20 3:29	38:42 2:22	43:42 5:00	47:08 3:26	50:22 3:14	52:34 2:12	55:17 2:43	57:50 2:33	58:53 1:03	
11	Peter Wilson BKO	59:39	1:55 1:55	6:01 4:06	14:56 8:55	16:34 1:38	24:32 7:58	34:40 10:08	37:58 3:18	39:59 2:01	44:46 4:47	47:34 2:48	50:28 2:54	52:53 2:25	55:47 2:54	58:42 2:55	59:39 0:57	
12	Stephen Robinson NGOC	1:00:24	1:20 1:20	8:26 7:06	15:38 7:12	17:04 1:26	24:08 7:04	34:06 9:58	37:36 3:30	39:32 1:56	44:22 4:50	47:08 2:46	50:17 3:09	53:08 2:51	56:10 3:02	59:16 3:06	1:00:24 1:08	
13	Martin Evans BOK	1:02:33	1:43 1:43	8:49 7:06	16:44 7:55	19:02 2:18	27:32 8:30	37:22 9:50	40:22 3:00	42:38 2:16	47:01 4:23	50:20 3:19	53:40 3:20	56:06 2:26	58:43 2:37	1:01:37 2:54	1:02:33 0:56	
14	Paul Asbury IND	1:06:11	1:33 1:33	5:45 4:12	18:15 12:30	20:08 1:53	27:01 6:53	36:34 9:33	40:18 3:44	43:28 3:10	48:48 5:20	53:35 4:47	57:27 3:52	59:45 2:18	1:02:14 2:29	1:05:19 3:05	1:06:11 0:52	
15	Pete Dunn IND	1:07:43	3:18 3:18	8:16 4:58	18:51 10:35	21:31 2:40	28:25 6:54	38:30 10:05	45:39 7:09	48:01 2:22	53:06 5:05	55:52 2:46	59:22 3:30	1:01:31 2:09	1:04:08 2:37	1:06:51 2:43	1:07:43 0:52	
16	Steven Harris NGOC	1:07:45	1:13 1:13	4:31 3:18	14:50 10:19	16:14 1:24	23:11 6:57	42:46 19:35	45:05 2:19	46:37 1:32	55:20 8:43	56:49 1:29	59:21 2:32	1:03:45 4:24	1:05:28 1:43	1:07:12 1:44	1:07:45 0:33	
16	Pete Colbert SWOC	1:07:45	2:06 2:06	7:04 4:58	16:37 9:33	18:42 2:05	27:44 9:02	38:07 10:23	42:46 4:39	44:45 1:59	49:45 5:00	53:19 3:34	56:54 3:35	59:40 2:46	1:03:27 3:47	1:06:41 3:14	1:07:45 1:04	
18	Phoebe Todhunter IND	1:09:24	2:23 2:23	8:00 5:37	14:53 6:53	17:03 2:10	28:08 11:05	37:43 9:35	41:49 4:06	43:51 2:02	51:57 8:06	56:19 4:22	59:22 3:03	1:01:50 2:28	1:04:31 2:41	1:08:25 3:54	1:09:24 0:59	
19	Allan Darwell BOK	1:09:55	2:09 2:09	8:30 6:21	16:08 7:38	17:43 1:35	22:35 4:52	32:35 10:00	35:33 2:58	37:41 2:08	55:53 18:12	58:40 2:47	1:01:22 2:42	1:03:34 2:12	1:06:19 2:45	1:09:03 2:44	1:09:55 0:52	
20	Alex Evans NGOC	1:14:25	2:05 2:05	7:22 5:17	20:55 13:33	22:17 1:22	29:14 6:57	43:30 14:16	47:23 3:53	50:41 3:18	56:58 6:17	59:52 2:54	1:04:50 4:58	1:07:28 2:38	1:10:09 2:41	1:13:32 3:23	1:14:25 0:53	
21	Paul Hammond HOC	1:14:55	1:40 1:40	9:23 7:43	18:16 8:53	19:53 1:37	30:00 10:07	41:54 11:54	46:31 4:37	48:43 2:12	56:50 8:07	1:01:19 4:29	1:04:18 2:59	1:08:07 3:49	1:10:51 2:44	1:13:48 2:57	1:14:55 1:07	

Pl	Name	Time			<b>4.6 km</b>	<b>120 m</b>	<b>14 C</b>	<i>(cont.)</i>									Finish
			1(41)	2(48)	3(33)	4(54)	5(37)	6(36)	7(40)	8(62)	9(32)	10(49)	11(44)	12(38)	13(50)	14(35)	Finish
<b>Green (40)</b>																	
22	Jack Hobby NGOC	1:15:06	2:16	8:04	15:56	18:09	24:10	37:53	42:54	46:17	56:10	58:45	1:01:55	1:06:28	1:09:28	1:14:12	1:15:06
			2:16	5:48	7:52	2:13	6:01	13:43	5:01	3:23	9:53	2:35	3:10	4:33	3:00	4:44	0:54
23	Laura Ruddy NGOC	1:16:01	4:52	10:31	19:36	21:57	28:58	42:11	46:26	50:03	55:52	59:03	1:04:08	1:07:14	1:10:32	1:14:43	1:16:01
			4:52	5:39	9:05	2:21	7:01	13:13	4:15	3:37	5:49	3:11	5:05	3:06	3:18	4:11	1:18
24	John Mills SWOC	1:17:24	1:42	13:53	21:24	24:40	30:52	41:01	45:09	48:26	56:14	1:01:32	1:04:46	1:07:00	1:09:52	1:16:23	1:17:24
			1:42	12:11	7:31	3:16	6:12	10:09	4:08	3:17	7:48	5:18	3:14	2:14	2:52	6:31	1:01
25	Jenny Selley BOK	1:17:25	2:37	7:17	20:34	22:32	32:11	42:50	47:19	49:24	58:19	1:04:43	1:07:54	1:10:48	1:13:38	1:16:23	1:17:25
			2:37	4:40	13:17	1:58	9:39	10:39	4:29	2:05	8:55	6:24	3:11	2:54	2:50	2:45	1:02
26	Bob Larcombe NGOC	1:19:52	2:12	9:44	17:29	21:15	27:04	38:02	42:26	46:46	54:22	1:04:35	1:07:47	1:10:14	1:13:03	1:18:47	1:19:52
			2:12	7:32	7:45	3:46	5:49	10:58	4:24	4:20	7:36	10:13	3:12	2:27	2:49	5:44	1:05
27	Jane Holcombe BOK	1:21:52	1:48	8:16	21:46	23:12	31:00	45:39	49:41	53:04	58:21	1:01:43	1:05:35	1:13:38	1:17:22	1:20:39	1:21:52
			1:48	6:28	13:30	1:26	7:48	14:39	4:02	3:23	5:17	3:22	3:52	8:03	3:44	3:17	1:13
28	Julia Wilkinson HOC	1:24:09	2:52	10:35	20:46	23:51	33:16	46:44	51:14	54:06	1:01:23	1:06:13	1:11:36	1:15:20	1:19:05	1:22:52	1:24:09
			2:52	7:43	10:11	3:05	9:25	13:28	4:30	2:52	7:17	4:50	5:23	3:44	3:45	3:47	1:17
29	Mike Wilkinson HOC	1:25:38	2:25	9:52	19:12	21:23	35:27	48:07	53:06	55:31	1:01:46	1:07:27	1:14:35	1:17:37	1:21:07	1:24:45	1:25:38
			2:25	7:27	9:20	2:11	14:04	12:40	4:59	2:25	6:15	5:41	7:08	3:02	3:30	3:38	0:53
30	Gary Wakerley NGOC	1:33:00	3:01	14:13	25:35	29:04	40:59	55:30	59:52	1:03:14	1:10:22	1:15:27	1:19:33	1:23:03	1:27:24	1:31:48	1:33:00
			3:01	11:12	11:22	3:29	11:55	14:31	4:22	3:22	7:08	5:05	4:06	3:30	4:21	4:24	1:12
31	Neil McMillan ELO	1:33:30	2:47	10:30	22:00	25:36	38:00	54:02	58:12	1:01:19	1:09:49	1:13:56	1:18:13	1:22:21	1:27:01	1:32:22	1:33:30
			2:47	7:43	11:30	3:36	12:24	16:02	4:10	3:07	8:30	4:07	4:17	4:08	4:40	5:21	1:08
32	Brian Laycock HOC	1:39:57	2:47	9:15	19:43	22:26	32:44	47:20	53:58	57:45	1:03:48	1:12:17	1:24:15	1:27:48	1:32:47	1:38:18	1:39:57
			2:47	6:28	10:28	2:43	10:18	14:36	6:38	3:47	6:03	8:29	11:58	3:33	4:59	5:31	1:39
33	Caroline James SWOC	1:41:43	3:15	9:50	23:03	26:51	35:14	52:22	59:02	1:07:29	1:15:59	1:22:19	1:28:08	1:33:00	1:36:31	1:40:38	1:41:43
			3:15	6:35	13:13	3:48	8:23	17:08	6:40	8:27	8:30	6:20	5:49	4:52	3:31	4:07	1:05
34	John Burrows KERNO	1:42:14	3:01	13:33	26:19	29:45	40:57	56:36	1:03:49	1:07:38	1:16:16	1:21:25	1:26:48	1:30:40	1:35:16	1:40:17	1:42:14
			3:01	10:32	12:46	3:26	11:12	15:39	7:13	3:49	8:38	5:09	5:23	3:52	4:36	5:01	1:57
35	John Fielder BOK	1:45:15	2:44	11:01	23:12	25:48	35:25	1:03:20	1:07:58	1:10:56	1:19:24	1:25:16	1:31:03	1:34:50	1:39:00	1:43:32	1:45:15
			2:44	8:17	12:11	2:36	9:37	27:55	4:38	2:58	8:28	5:52	5:47	3:47	4:10	4:32	1:43
36	Sheila Miklausic NGOC	1:48:43	3:51	12:12	22:37	26:47	38:15	57:46	1:06:21	1:10:56	1:22:42	1:27:11	1:32:08	1:36:39	1:41:11	1:47:37	1:48:43
			3:51	8:21	10:25	4:10	11:28	19:31	8:35	4:35	11:46	4:29	4:57	4:31	4:32	6:26	1:06
37	Mark Roderick NGOC	1:51:55	2:07	23:36	31:07	32:53	41:11	51:31	53:41	59:08	1:38:57	1:41:04	1:43:07	1:45:02	1:47:27	1:51:05	1:51:55
			2:07	21:29	7:31	1:46	8:18	10:20	<b>2:10</b>	5:27	39:49	2:07	<b>2:03</b>	1:55	2:25	3:38	0:50
38	Rhiannon Fadeyibi NGOC	2:00:51	2:56	10:31	22:11	25:52	37:10	1:01:00	1:06:54	1:11:05	1:27:45	1:36:05	1:47:51	1:51:46	1:55:49	1:59:55	2:00:51
			2:56	7:35	11:40	3:41	11:18	23:50	5:54	4:11	16:40	8:20	11:46	3:55	4:03	4:06	0:56
	Philip Bostock NGOC	mp	4:31	10:06	18:12	20:00	26:17	36:25	39:53	42:16	----	50:23	53:28	55:40	58:36	1:01:24	1:02:20
	John Coleman NGOC	dnf	4:31	5:35	8:06	1:48	6:17	10:08	3:28	2:23	----	8:07	3:05	2:12	2:56	2:48	0:56
			3:06	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			3:06														

<b>Short Green (18)</b>					<b>3.8 km</b>	<b>80 m</b>	<b>10 C</b>										
			1(45)	2(33)	3(54)	4(37)	5(32)	6(49)	7(44)	8(59)	9(57)	10(35)	Finish				
1	Jack Giltrap UBOC	39:39	<b>3:50</b>	<b>11:37</b>	<b>13:16</b>	<b>18:51</b>	<b>23:40</b>	<b>27:38</b>	<b>30:00</b>	<b>33:21</b>	<b>36:59</b>	<b>38:42</b>	<b>39:39</b>				
			<b>3:50</b>	7:47	<b>1:39</b>	5:35	<b>4:49</b>	3:58	<b>2:22</b>	3:21	3:38	1:43	0:57				
2	Roger Coe NGOC	49:35	8:47	17:23	19:14	25:06	31:49	34:59	37:36	41:51	46:12	48:29	49:35				
			8:47	8:36	1:51	5:52	6:43	3:10	2:37	4:15	4:21	2:17	1:06				
3	Alex Agombar NGOC	51:49	4:54	15:12	17:30	25:14	31:20	35:14	39:03	44:28	48:50	50:52	51:49				
			4:54	10:18	2:18	7:44	6:06	3:54	3:49	5:25	4:22	2:02	0:57				
4	Ted Mcdonald BOK	52:48	5:26	14:59	17:06	28:17	34:30	37:39	41:01	45:10	49:46	51:57	52:48				
			5:26	9:33	2:07	11:11	6:13	3:09	3:22	4:09	4:36	2:11	0:51				
5	Anne Palmer BOK	53:21	5:04	15:10	17:31	24:59	32:40	37:15	40:50	45:22	50:01	52:07	53:21				
			5:04	10:06	2:21	7:28	7:41	4:35	3:35	4:32	4:39	2:06	1:14				
6	Judith Taylor HOC	54:55	6:38	14:47	16:43	27:40	35:08	39:15	43:08	47:22	51:51	53:59	54:55				
			6:38	8:09	1:56	10:57	7:28	4:07	3:53	4:14	4:29	2:08	0:56				
7	Lisa Smith UBOC	1:00:31	8:32	19:00	25:00	33:47	39:45	44:03	46:39	51:26	57:01	59:08	1:00:31				
			8:32	10:28	6:00	8:47	5:58	4:18	2:36	4:47	5:35	2:07	1:23				
8	Peter Maloney NGOC	1:00:53	5:42	16:09	18:49	29:20	35:44	40:24	44:57	50:16	55:01	59:43	1:00:53				
			5:42	10:27	2:40	10:31	6:24	4:40	4:33	5:19	4:45	4:42	1:10				
9	Mike Forrest BOK	1:01:12	4:13	14:24	16:35	24:01	31:31	35:03	45:30	51:30	56:57	59:55	1:01:12				
			4:13	10:11	2:11	7:26	7:30	3:32	10:27	6:00	5:27	2:58	1:17				

Pl	Name	Time											
<b>Short Green (18)</b>			<b>3.8 km</b>		<b>80 m</b>		<b>10 C</b>		<i>(cont.)</i>				
			1(45)	2(33)	3(54)	4(37)	5(32)	6(49)	7(44)	8(59)	9(57)	10(35)	Finish
<b>10</b>	<b>Robert Teed</b> NGOC	<b>1:03:52</b>	9:21	19:43	22:28	30:34	38:07	42:23	47:01	53:06	59:35	1:02:26	1:03:52
			9:21	10:22	2:45	8:06	7:33	4:16	4:38	6:05	6:29	2:51	1:26
<b>11</b>	<b>Harry Lee</b> UBOC	<b>1:04:05</b>	13:09	19:59	21:40	26:20	44:54	46:49	56:29	59:05	1:01:49	1:03:18	1:04:05
			13:09	<b>6:50</b>	1:41	<b>4:40</b>	18:34	<b>1:55</b>	9:40	<b>2:36</b>	<b>2:44</b>	<b>1:29</b>	<b>0:47</b>
<b>12</b>	<b>Sue Colbert</b> SWOC	<b>1:09:55</b>	8:14	19:49	23:12	34:00	42:20	47:49	54:10	1:00:01	1:06:07	1:08:43	1:09:55
			8:14	11:35	3:23	10:48	8:20	5:29	6:21	5:51	6:06	2:36	1:12
<b>13</b>	<b>Clare Fletcher</b> BOK	<b>1:14:08</b>	9:05	21:26	24:16	36:43	45:09	49:09	56:00	1:02:12	1:09:14	1:12:39	1:14:08
			9:05	12:21	2:50	12:27	8:26	4:00	6:51	6:12	7:02	3:25	1:29
<b>14</b>	<b>Alan Mackenzie</b> BOK	<b>1:14:42</b>	7:33	20:40	23:30	35:23	45:07	50:10	55:24	1:03:07	1:09:37	1:13:03	1:14:42
			7:33	13:07	2:50	11:53	9:44	5:03	5:14	7:43	6:30	3:26	1:39
<b>15</b>	<b>Rodney Archard</b> NGOC	<b>1:21:15</b>	21:47	31:15	33:53	55:02	1:01:01	1:04:09	1:07:08	1:12:24	1:17:31	1:20:04	1:21:15
			21:47	9:28	2:38	21:09	5:59	3:08	2:59	5:16	5:07	2:33	1:11
<b>16</b>	<b>Anne-Marie Hillier</b> BKO	<b>1:26:12</b>	8:39	25:00	31:09	42:52	53:28	59:58	1:05:10	1:13:46	1:20:59	1:24:28	1:26:12
			8:39	16:21	6:09	11:43	10:36	6:30	5:12	8:36	7:13	3:29	1:44
<b>17</b>	<b>Family Healey</b> IND	<b>1:28:21</b>	8:55	27:47	33:24	48:33	57:21	1:02:10	1:08:07	1:16:07	1:23:55	1:27:19	1:28:21
			8:55	18:52	5:37	15:09	8:48	4:49	5:57	8:00	7:48	3:24	1:02
<b>18</b>	<b>Adrian Dawson</b> SARUM	<b>1:32:36</b>	13:16	30:57	34:29	46:20	56:16	1:02:11	1:09:46	1:18:02	1:26:42	1:30:27	1:32:36
			13:16	17:41	3:32	11:51	9:56	5:55	7:35	8:16	8:40	3:45	2:09

<b>Orange (14)</b>			<b>3.5 km</b>		<b>75 m</b>		<b>10 C</b>						
			1(41)	2(60)	3(53)	4(33)	5(54)	6(63)	7(49)	8(59)	9(57)	10(35)	Finish
<b>1</b>	<b>Sam Roderick</b> NGOC	<b>37:31</b>	2:15	<b>5:11</b>	<b>7:48</b>	<b>10:11</b>	<b>13:02</b>	<b>17:20</b>	<b>21:37</b>	<b>29:03</b>	<b>34:51</b>	<b>36:50</b>	<b>37:31</b>
			2:15	<b>2:56</b>	<b>2:37</b>	2:23	2:51	<b>4:18</b>	4:17	7:26	5:48	1:59	<b>0:41</b>
<b>2</b>	<b>John Wickson</b> NGOC	<b>40:54</b>	<b>1:32</b>	5:17	9:00	11:17	13:34	19:13	24:13	31:58	37:36	39:51	40:54
			<b>1:32</b>	3:45	3:43	<b>2:17</b>	2:17	5:39	5:00	7:45	5:38	2:15	1:03
<b>3</b>	<b>Rose Taylor</b> HOC	<b>43:22</b>	1:44	7:53	12:10	14:33	16:33	22:38	29:48	35:56	40:30	42:21	43:22
			1:44	6:09	4:17	2:23	<b>2:00</b>	6:05	7:10	6:08	<b>4:34</b>	<b>1:51</b>	1:01
<b>4</b>	<b>Claire Garai</b> NGOC	<b>44:12</b>	2:48	7:09	12:17	15:16	18:23	24:12	29:11	35:49	41:10	43:09	44:12
			2:48	4:21	5:08	2:59	3:07	5:49	4:59	6:38	5:21	1:59	1:03
<b>5</b>	<b>Cindy Pauze</b> IND	<b>51:07</b>	5:48	10:04	13:37	17:45	23:28	28:10	33:22	41:45	47:49	50:15	51:07
			5:48	4:16	3:33	4:08	5:43	4:42	5:12	8:23	6:04	2:26	0:52
<b>6</b>	<b>Alan Kempton</b> BOK	<b>54:23</b>	2:37	14:05	18:07	21:20	24:22	30:48	36:31	44:52	50:21	52:58	54:23
			2:37	11:28	4:02	3:13	3:02	6:26	5:43	8:21	5:29	2:37	1:25
<b>7</b>	<b>Joanne Leigh</b> OD	<b>54:45</b>	3:41	7:29	15:25	18:21	22:04	27:09	37:58	45:04	51:42	53:41	54:45
			3:41	3:48	7:56	2:56	3:43	5:05	10:49	7:06	6:38	1:59	1:04
<b>8</b>	<b>Ewan + Nick Thomp</b> IND	<b>1:08:43</b>	3:25	11:57	16:01	18:40	20:57	27:49	32:05	1:01:09	1:05:51	1:07:52	1:08:43
			3:25	8:32	4:04	2:39	2:17	6:52	<b>4:16</b>	29:04	4:42	2:01	0:51
<b>9</b>	<b>Jim Hayles</b> IND	<b>1:11:33</b>	4:58	10:15	24:48	28:15	30:34	36:48	46:12	56:16	1:05:10	1:10:20	1:11:33
			4:58	5:17	14:33	3:27	2:19	6:14	9:24	10:04	8:54	5:10	1:13
<b>10</b>	<b>Jon Allen</b> IND	<b>1:14:18</b>	6:11	13:14	21:18	26:12	31:02	39:19	48:35	1:00:18	1:08:43	1:12:17	1:14:18
			6:11	7:03	8:04	4:54	4:50	8:17	9:16	11:43	8:25	3:34	2:01
<b>11</b>	<b>Louise Ciotti + gang</b> IND	<b>1:18:56</b>	4:41	9:49	19:26	23:41	26:21	35:27	48:27	1:03:20	1:14:10	1:17:45	1:18:56
			4:41	5:08	9:37	4:15	2:40	9:06	13:00	14:53	10:50	3:35	1:11
<b>12</b>	<b>Daniel Rawlings</b> IND	<b>1:22:57</b>	3:15	6:23	43:15	45:34	48:41	53:27	1:08:42	1:14:44	1:19:49	1:22:00	1:22:57
			3:15	3:08	36:52	2:19	3:07	4:46	15:15	<b>6:02</b>	5:05	2:11	0:57
<b>13</b>	<b>Chloe Poultney</b> IND	<b>1:26:19</b>	4:04	11:10	22:21	28:27	36:24	49:57	1:01:28	1:15:16	1:22:56	1:25:24	1:26:19
			4:04	7:06	11:11	6:06	7:57	13:33	11:31	13:48	7:40	2:28	0:55
<b>14</b>	<b>Hannah Agombar</b> NGOC	<b>1:32:31</b>	4:08	13:42	26:42	36:23	43:40	54:14	1:04:56	1:19:51	1:28:42	1:31:10	1:32:31
			4:08	9:34	13:00	9:41	7:17	10:34	10:42	14:55	8:51	2:28	1:21

<b>Yellow (18)</b>			<b>2.6 km</b>		<b>50 m</b>		<b>10 C</b>						
			1(47)	2(60)	3(51)	4(53)	5(42)	6(58)	7(38)	8(50)	9(57)	10(35)	Finish
<b>1</b>	<b>James Agombar</b> NGOC	<b>27:14</b>	2:04	4:51	8:11	10:22	14:01	16:49	19:32	23:08	24:33	<b>26:23</b>	<b>27:14</b>
			2:04	2:47	3:20	<b>2:11</b>	3:39	2:48	2:43	<b>3:36</b>	1:25	<b>1:50</b>	0:51
<b>2</b>	<b>George Gracie</b> BOK	<b>28:04</b>	2:44	5:30	<b>7:20</b>	<b>9:54</b>	<b>12:11</b>	<b>14:50</b>	<b>17:20</b>	<b>21:55</b>	<b>23:41</b>	27:05	28:04
			2:44	2:46	<b>1:50</b>	2:34	<b>2:17</b>	<b>2:39</b>	<b>2:30</b>	4:35	1:46	3:24	0:59
<b>3</b>	<b>Fred Bishop</b> IND	<b>30:37</b>	2:17	5:01	8:03	11:24	15:10	18:50	22:32	26:22	27:29	29:33	30:37
			2:17	2:44	3:02	3:21	3:46	3:40	3:42	3:50	<b>1:07</b>	2:04	1:04

Pl	Name	Time																					
<b>Yellow (18)</b>			<b>2.6 km</b>		<b>50 m</b>		<b>10 C</b>		<i>(cont.)</i>														
			1(47)	2(60)	3(51)	4(53)	5(42)	6(58)	7(38)	8(50)	9(57)	10(35)	Finish										
4	<b>Harry Bishop</b> IND	<b>33:14</b>	2:15	4:59	8:32	11:36	15:15	19:56	23:22	27:26	28:52	31:51	33:14										
			2:15	2:44	3:33	3:04	3:39	4:41	3:26	4:04	1:26	2:59	1:23										
5	<b>George Asbury</b> IND	<b>37:11</b>	2:26	5:57	12:38	15:59	19:11	22:18	26:07	31:32	32:58	35:51	37:11										
			2:26	3:31	6:41	3:21	3:12	3:07	3:49	5:25	1:26	2:53	1:20										
6	<b>Matthew Rawlings</b> IND	<b>37:19</b>	2:26	6:05	12:41	16:01	19:19	23:00	26:08	31:31	32:59	35:56	37:19										
			2:26	3:39	6:36	3:20	3:18	3:41	3:08	5:23	1:28	2:57	1:23										
7	<b>Katie Agombar</b> NGOC	<b>37:50</b>	2:10	7:21	9:30	12:11	15:07	18:30	21:06	25:56	27:39	37:03	37:50										
			2:10	5:11	2:09	2:41	2:56	3:23	2:36	4:50	1:43	9:24	<b>0:47</b>										
8	<b>Josie Asbury</b> IND	<b>42:35</b>	2:55	6:49	11:14	18:53	22:24	27:18	30:40	35:59	38:11	41:16	42:35										
			2:55	3:54	4:25	7:39	3:31	4:54	3:22	5:19	2:12	3:05	1:19										
9	<b>Heidi Worsan</b> IND	<b>45:07</b>	11:50	15:52	18:14	21:19	23:57	27:37	31:32	36:44	38:58	42:57	45:07										
			11:50	4:02	2:22	3:05	2:38	3:40	3:55	5:12	2:14	3:59	2:10										
10	<b>Tegan McAuliffe</b> IND	<b>45:20</b>	12:16	15:48	18:04	21:10	23:46	27:57	31:24	36:39	38:49	43:07	45:20										
			12:16	3:32	2:16	3:06	2:36	4:11	3:27	5:15	2:10	4:18	2:13										
11	<b>Melissa Bishop</b> IND	<b>45:41</b>	12:04	16:05	18:29	21:31	24:12	28:25	32:11	37:39	39:39	43:30	45:41										
			12:04	4:01	2:24	3:02	2:41	4:13	3:46	5:28	2:00	3:51	2:11										
12	<b>Rowan Murrin</b> NGOC	<b>46:21</b>	2:12	<b>4:43</b>	7:51	11:35	17:29	23:46	29:54	39:06	41:03	45:26	46:21										
			2:12	<b>2:31</b>	3:08	3:44	5:54	6:17	6:08	9:12	1:57	4:23	0:55										
13	<b>Nathan McAuliffe</b> IND	<b>46:58</b>	12:35	15:55	19:30	22:56	27:12	30:58	34:50	39:58	42:06	45:36	46:58										
			12:35	3:20	3:35	3:26	4:16	3:46	3:52	5:08	2:08	3:30	1:22										
14	<b>Sam Horsfall</b> NGOC	<b>1:05:58</b>	4:50	10:23	16:25	22:26	28:05	36:04	44:22	51:15	54:46	1:02:54	1:05:58	1:03:07									
			4:50	5:33	6:02	6:01	5:39	7:59	8:18	6:53	3:31	8:08	3:04	*35									
15	<b>Erin Murrin</b> NGOC	<b>1:06:26</b>	4:20	9:32	15:39	22:25	28:43	35:51	42:28	53:09	56:34	1:03:14	1:06:26										
			4:20	5:12	6:07	6:46	6:18	7:08	6:37	10:41	3:25	6:40	3:12										
16	<b>Henry Bishop</b> IND	<b>1:07:26</b>	28:12	33:06	36:40	40:07	44:29	49:36	54:01	1:00:50	1:02:25	1:05:36	1:07:26	8:56	21:41	31:20	34:38	42:41	52:24	1:01:12	1:13:38	1:20:57	1:23:17
			28:12	4:54	3:34	3:27	4:22	5:07	4:25	6:49	1:35	3:11	1:50	*118	*134	*130	*144	*121	*151	*114	*115	*150	*108
	<b>Ben Gracie</b> BOK	mp	<b>1:45</b>	-----	8:05	13:59	19:28	23:24	28:47	32:34	34:10	38:12	39:15										
			<b>1:45</b>		6:20	5:54	5:29	3:56	5:23	3:47	1:36	4:02	1:03										
	<b>George Bishop</b> IND	mp	48:54	52:29	-----	1:00:46	1:04:42	1:08:49	1:12:54	1:18:56	1:20:33	1:24:24	1:25:57	3:10	9:19	14:28	18:14	21:41	25:12	29:56	34:52		
			48:54	3:35		8:17	3:56	4:07	4:05	6:02	1:37	3:51	1:33	*103	*105	*109	*110	*153	*111	*106	*108		