

Pl	Name	Time	8.4 km		375 m	25 C	6(59)	7(36)	8(65)	9(61)	10(54)	11(207)	12(205)	13(58)	14(206)	15(70)	16(201)	17(52)	18(32)	19(208)	20(67)	21(210)	22(47)	
			1(55) 23(31)	2(204) 24(51)	3(37) 25(209)	4(66) Finish																		
<b>Brown (20)</b>																								
1	Peter Ward NGOC	69:57	2:28 2:28 65:53	4:24 1:56 67:09	8:56 4:32 69:44	10:32 1:36 69:57	11:46 1:14	15:53 4:07	22:42 6:49	18:50	27:55 9:05	29:05 1:10	32:29 3:24	36:09 3:40	37:35 1:26	38:42 1:07	43:53 5:11	48:09 4:16	50:37 2:28	51:30 0:53	57:29 5:59	59:00 1:31	62:26 3:26	64:36 2:10
2	Andrew Monro NGOC	70:45	2:27 2:27 68:05	4:31 2:04 69:27	7:58 3:27 70:31	9:51 1:53 70:45	11:23 1:32	14:09 2:46	21:01 6:52	17:52	27:44 9:52	28:45 1:01	30:51 2:06	35:11 4:20	36:51 1:40	38:30 1:39	43:05 4:35	48:13 5:08	51:17 3:04	52:16 0:59	58:11 5:55	59:57 1:46	64:24 4:27	66:43 2:19
3	Richard Mawer BAOC	71:33	1:22 2:50 69:05	1:22 2:15 70:09	1:04 4:30 71:19	0:14 1:45 71:33	12:40 1:20	15:06 2:26	22:09 7:03	18:39	28:31 9:52	29:47 1:16	31:52 2:05	35:33 3:41	37:32 1:59	38:47 1:15	43:09 4:22	49:27 6:18	52:50 3:23	53:34 0:44	60:24 6:50	61:53 1:29	65:32 3:39	67:45 2:13
4	Nigel Bunn TVOC	73:08	2:05 2:05 70:39	3:51 1:46 71:47	8:06 4:15 72:54	11:20 3:14 73:08	12:48 1:28	16:24 3:36	25:39 9:15	22:00	31:33 9:33	32:36 1:03	34:24 1:48	37:47 3:23	39:07 1:20	40:20 1:13	44:48 4:28	50:37 5:49	53:58 3:21	54:46 0:48	61:12 6:26	63:05 1:53	66:56 3:51	69:10 2:14
5	Ian Travnicek TVOC	75:47	3:07 3:07 73:08	5:02 1:55 74:32	9:15 4:13 75:31	11:59 2:44 75:47	13:34 1:35	16:12 2:38	24:58 8:46	23:10	32:46 9:36	33:47 1:01	35:55 2:08	39:17 3:22	40:57 1:40	42:25 1:28	47:24 4:59	53:23 5:59	56:18 2:55	57:19 1:01	63:13 5:54	64:47 1:34	69:18 4:31	71:46 2:28
6	Tom Horton HOC	76:15	1:22 3:23 3:23 73:41	1:24 5:10 1:47 74:35	0:59 9:01 3:51 76:01	0:16 11:00 1:59 76:15	12:41 1:41	15:28 2:47	22:42 7:14	19:43	29:09 9:26	31:19 2:10	33:32 2:13	37:42 4:10	39:14 1:32	40:56 1:42	45:52 4:56	51:42 5:50	54:41 2:59	55:58 1:17	63:06 7:08	65:07 2:01	69:46 4:39	72:02 2:16
7	Ben Green TVOC	81:08	3:48 3:48 78:52	6:47 2:59 79:41	13:17 6:30 80:52	15:20 2:03 81:08	16:56 1:36	19:56 3:00	27:07 7:11	24:03	33:42 9:39	34:57 1:15	37:47 2:50	41:23 3:36	43:08 1:45	44:43 1:35	51:13 6:30	58:27 7:14	61:28 3:01	62:27 0:59	68:39 6:12	70:31 1:52	74:37 4:06	77:05 2:28
8	Paul Gebbett BOK	89:44	4:28 4:28 85:37	7:13 2:45 87:29	11:35 4:22 89:28	14:38 3:03 89:44	16:28 1:50	19:19 2:51	26:47 7:28	23:19	33:13 9:54	34:37 1:24	41:55 7:18	46:09 4:14	48:40 2:31	50:11 1:31	55:06 4:55	60:32 5:26	66:13 5:41	67:38 1:25	74:56 7:18	76:47 1:51	80:56 4:09	83:49 2:53
9	Christophe Pige NGOC	99:34	4:18 4:18 96:54	7:27 3:09 98:00	12:37 5:10 99:17	14:56 2:19 99:34	16:34 1:38	20:08 3:34	31:39 11:31	28:47	43:25 14:38	44:52 1:27	48:35 3:43	52:59 4:24	56:28 3:29	58:10 1:42	65:39 7:29	71:21 5:42	76:00 4:39	76:55 0:55	84:41 7:46	87:23 2:42	91:48 4:25	94:56 3:08
10	Adam Hampshire BOK	103:43	3:19 3:19 98:40	6:03 2:44 101:59	10:35 4:32 103:28	12:36 2:01 103:43	14:16 1:40	19:02 4:46	27:20 8:18	24:33	35:49 11:16	36:58 1:09	40:22 3:24	45:43 5:21	48:16 2:33	50:11 1:55	57:30 7:19	68:04 10:34	74:23 6:19	75:07 0:44	82:48 7:41	84:32 1:44	93:04 8:32	96:26 3:22
11	Anders Johansson NGOC	109:05	2:42 2:42 105:58	5:30 2:48 107:10	13:51 8:21 108:45	16:29 2:38 109:05	18:55 2:26	22:13 3:18	33:15 11:02	30:45	41:13 10:28	42:34 1:21	47:55 5:21	52:27 4:32	54:27 2:00	56:37 2:10	64:47 8:10	71:26 6:39	75:37 4:11	77:07 1:30	87:19 10:12	90:05 2:46	97:53 7:48	101:47 3:54
12	Peter Watson NGOC	109:16	3:50 3:50 105:39	6:56 3:06 107:44	13:07 6:11 108:59	16:16 3:09 109:16	18:26 2:10	21:47 3:21	30:57 9:10	28:51	40:42 11:51	42:13 1:31	45:53 3:40	50:43 4:50	52:25 1:42	54:38 2:13	60:07 5:29	77:22 17:15	84:42 7:20	85:59 1:17	93:50 7:51	95:52 2:02	100:28 4:36	103:35 3:07
13	Peter Dobra UBOC	109:30	15:18 15:18 106:42	20:11 4:53 107:47	25:15 5:04 109:18	27:58 2:43 109:30	29:48 1:50	33:48 4:00	43:23 9:35	40:23	51:16 10:53	53:44 2:28	57:26 3:42	61:32 4:06	63:45 2:13	65:48 2:03	72:06 6:18	79:43 7:37	85:39 5:56	87:56 2:17	95:35 7:39	97:08 1:33	101:30 4:22	104:38 3:08
14	Ben Lonsdale RAFO	115:08	4:24 4:24 111:02	8:33 4:09 113:31	14:11 5:38 114:51	16:54 2:43 115:08	19:24 2:30	23:40 4:16	36:58 13:18	37:20	51:17 13:57	52:56 1:39	56:44 3:48	61:58 5:14	64:37 2:39	66:44 2:07	72:42 5:58	80:43 8:01	86:33 5:50	88:03 1:30	97:18 9:15	99:36 2:18	104:28 4:52	108:10 3:42







Pl	Name	Time	4.3 km 160 m 16 C (cont.)																	
			1(68)	2(55)	3(69)	4(66)	5(202)	6(63)	7(59)	8(62)	9(211)	10(52)	11(32)	12(53)	13(208)	14(67)	15(41)	16(209)	Finish	
<b>Green (43)</b>																				
30	Alex Evans NGOC	86:53	5:24	10:19	32:02	33:55	36:25	41:38	45:22	48:42	50:07	57:21	58:41	62:31	72:18	75:13	85:42	86:34	86:53	
31	Ashley Ford HOC	88:22	5:24	4:55	21:43	1:53	2:30	5:13	3:44	3:20	1:25	7:14	1:20	3:50	9:47	2:55	10:29	0:52	0:19	
32	Jane Holcombe BOK	95:07	5:02	6:07	6:47	2:44	3:33	3:54	4:44	4:03	2:39	9:35	2:30	6:35	11:20	3:13	13:20	1:51	0:25	
33	Michelle Ward NGOC	95:23	6:23	13:26	33:15	35:09	38:04	42:45	47:08	51:58	53:33	64:31	65:39	70:26	81:46	85:13	93:43	94:45	95:07	
34	Alan Mashall NGOC	101:48	6:23	7:03	19:49	1:54	2:55	4:41	4:23	4:50	1:35	10:58	1:08	4:47	11:20	3:27	8:30	1:02	0:22	
35	Rachel Ganz IND	101:54	11:18	18:34	27:16	28:58	32:40	37:24	41:42	45:46	48:11	57:37	59:21	72:34	82:53	85:47	93:51	95:03	95:23	
36	David Andrews NGOC	105:29	11:18	7:16	8:42	1:42	3:42	4:44	4:18	4:04	2:25	9:26	1:44	13:13	10:19	2:54	8:04	1:12	0:20	
37	Susanne Andersen BOK	108:46	7:07	15:35	23:27	26:28	29:26	34:19	38:18	47:49	52:00	62:51	64:47	71:20	87:46	93:02	100:05	101:30	101:48	
38	Gary Wakerley NGOC	115:37	7:07	8:28	7:52	3:01	2:58	4:53	3:59	9:31	4:11	10:51	1:56	6:33	16:26	5:16	7:03	1:25	0:18	
	Roger Coe NGOC	mp	7:14	15:43	23:33	26:27	29:33	34:19	38:27	47:55	52:39	62:51	65:24	72:06	88:07	92:59	100:25	101:34	101:54	
	Sue Hargreaves RAFO	mp	7:14	8:29	7:50	2:54	3:06	4:46	4:08	9:28	4:44	10:12	2:33	6:42	16:01	4:52	7:26	1:09	0:20	
	Niki King IND	dnf	4:38	16:56	25:02	27:09	36:15	40:05	45:02	52:17	54:46	64:45	68:22	73:06	85:59	95:10	103:44	105:00	105:29	
	Helen Curley IND	dnf	4:38	12:18	8:06	2:07	9:06	3:50	4:57	7:15	2:29	9:59	3:37	4:44	12:53	9:11	8:34	1:16	0:29	
	Mark Roderick NGOC	dnf	9:01	16:17	38:13	39:58	44:46	51:31	56:10	61:34	64:06	74:15	77:00	82:20	95:09	99:01	107:13	108:19	108:46	
			9:01	7:16	21:56	1:45	4:48	6:45	4:39	5:24	2:32	10:09	2:45	5:20	12:49	3:52	8:12	1:06	0:27	
			4:52	12:45	23:48	26:14	30:25	40:05	45:46	52:27	58:08	71:57	74:45	80:34	95:38	102:20	113:18	114:57	115:37	
			4:52	7:53	11:03	2:26	4:11	9:40	5:41	6:41	5:41	13:49	2:48	5:49	15:04	6:42	10:58	1:39	0:40	
			5:13	10:28	21:28	22:40	25:12	31:32	35:19	41:35	42:59	47:58	51:34	56:02	84:32	87:05	----	99:27	99:52	98:13
			5:13	5:15	11:00	1:12	2:32	6:20	3:47	6:16	1:24	4:59	3:36	4:28	28:30	2:33	----	12:22	0:25	*210
			12:40	30:51	54:23	56:57	63:56	70:29	79:59	90:30	95:08	110:18	112:44	120:07	176:16	178:33	----	191:35	192:15	
			12:40	18:11	23:32	2:34	6:59	6:33	9:30	10:31	4:38	15:10	2:26	7:23	56:09	2:17	----	13:02	0:40	
			11:11	30:59	60:34	68:10	84:30	----	----	----	----	----	----	----	----	----	----	----	112:09	
			11:11	19:48	29:35	7:36	16:20	----	----	----	----	----	----	----	----	----	----	----	27:39	
			11:35	31:19	60:44	68:06	84:43	----	----	----	----	----	----	----	----	----	----	----	112:10	
			11:35	19:44	29:25	7:22	16:37	----	----	----	----	----	----	----	----	----	----	----	27:27	

Short Green (29)			3.1 km 75 m 12 C																	
			1(55)	2(64)	3(37)	4(60)	5(63)	6(57)	7(67)	8(210)	9(47)	10(31)	11(51)	12(209)	Finish					
1	Simon Hosler IND	41:45	3:42	8:14	11:32	14:54	16:22	19:44	21:44	30:17	33:55	36:12	39:30	41:22	41:45					
2	Alex Agombar NGOC	43:36	3:42	4:32	3:18	3:22	1:28	3:22	2:00	8:33	3:38	2:17	3:18	1:52	0:23					
3	David May SLOW	43:39	5:26	10:31	13:43	18:16	19:44	24:18	25:49	31:59	36:34	38:58	41:10	43:18	43:36					
4	Charles Nelson HOC	45:45	5:26	5:05	3:12	4:33	1:58	4:34	1:31	6:10	4:35	2:24	2:12	2:08	0:18					
5	Peter Wilson BKO	46:36	5:49	10:03	12:36	16:32	17:53	21:27	22:46	29:04	33:01	38:30	41:00	43:08	43:39					
6	Paul Taunton NGOC	49:04	5:49	4:14	2:33	3:56	1:21	3:34	1:19	6:18	3:57	5:29	2:30	2:08	0:31					
7	Anne Palmer BOK	50:13	5:06	10:35	12:37	16:02	19:54	23:00	24:46	34:40	38:18	41:43	43:27	45:24	45:45					
8	Ian Phillips NGOC	52:10	5:06	5:29	2:02	3:25	3:52	3:06	1:46	9:54	3:38	3:25	1:44	1:57	0:21					
9	Carol Farrington HOC	53:42	6:30	10:52	14:36	18:57	20:40	24:43	26:20	33:28	38:13	42:22	43:54	46:17	46:36					
10	Anne May SLOW	54:44	6:30	4:22	3:44	4:21	1:43	4:03	1:37	7:08	4:45	4:09	1:32	2:23	0:19					
11	Brian Laycock HOC	55:52	5:37	4:21	2:34	4:10	1:39	4:52	2:06	6:32	7:08	5:39	1:50	2:17	0:19					
12	Hilary Nicholls NGOC	56:43	5:29	10:49	13:33	18:42	21:28	26:23	28:21	35:40	41:49	44:43	46:54	49:52	50:13					
			5:29	5:20	2:44	5:09	2:46	4:55	1:58	7:19	6:09	2:54	2:11	2:58	0:21					
			6:03	10:11	13:16	18:12	20:34	25:27	27:51	37:55	42:56	46:05	49:01	51:44	52:10					
			6:03	4:08	3:05	4:56	2:22	4:53	2:24	10:04	5:01	3:09	2:56	2:43	0:26					
			6:03	12:47	16:28	21:59	25:10	30:19	33:11	40:08	46:23	49:32	51:13	53:26	53:42					
			6:03	6:44	3:41	5:31	3:11	5:09	2:52	6:57	6:15	3:09	1:41	2:13	0:16					
			5:32	10:01	13:08	17:16	18:50	24:45	26:23	35:49	44:07	50:48	52:17	54:20	54:44					
			5:32	4:29	3:07	4:08	1:34	5:55	1:38	9:26	8:18	6:41	1:29	2:03	0:24					
			6:49	11:12	14:28	18:32	20:28	29:39	32:04	39:44	45:13	52:17	53:32	55:31	55:52					
			6:49	4:23	3:16	4:04	1:56	9:11	2:25	7:40	5:29	7:04	1:15	1:59	0:21					
			12:13	17:04	19:36	24:26	27:47	32:50	35:32	42:51	48:38	51:19	53:26	56:19	56:43					
			12:13	4:51	2:32	4:50	3:21	5:03	2:42	7:19	5:47	2:41	2:07	2:53	0:24					

Pl	Name	Time													Finish
<b>Short Green (29)</b>			<b>3.1 km 75 m</b>				<b>12 C</b>				<i>(cont.)</i>				
			1(55)	2(64)	3(37)	4(60)	5(63)	6(57)	7(67)	8(210)	9(47)	10(31)	11(51)	12(209)	Finish
13	John Ward OD	57:54	9:28	16:16	19:56	24:55	27:20	32:12	34:43	41:38	47:14	50:29	55:17	57:28	57:54
14	Kim Liggett NGOC	58:34	9:28	6:48	3:40	4:59	2:25	4:52	2:31	6:55	5:36	3:15	4:48	2:11	0:26
15	Jessica Ward NGOC	58:39	7:53	4:12	2:31	5:19	2:05	4:02	1:58	9:23	4:46	5:50	7:46	2:28	0:21
16	Max Suff IND	64:31	11:27	16:19	19:33	25:56	28:07	33:17	35:19	41:38	48:52	52:15	55:15	58:26	58:39
17	Robert Teed NGOC	66:15	11:27	4:52	3:14	6:23	2:11	5:10	2:02	6:19	7:14	3:23	3:00	3:11	0:13
18	Lin Callard NGOC	66:41	7:17	9:28	3:15	5:57	2:42	5:03	2:31	7:36	6:06	4:43	5:05	4:22	0:26
19	Tony Noott BOK	67:04	5:31	10:26	30:40	35:28	37:45	42:20	44:29	52:35	57:44	61:20	63:27	65:47	66:15
20	Richard Ingham WATO	69:05	5:31	4:55	20:14	4:48	2:17	4:35	2:09	8:06	5:09	3:36	2:07	2:20	0:28
21	Max Johansson NGOC	69:26	6:05	11:42	14:29	19:55	22:26	31:24	33:34	46:36	53:28	57:20	59:06	63:45	66:41
22	Sue Colbert SWOC	71:36	6:05	5:37	2:47	5:26	2:31	8:58	2:10	13:02	6:52	3:52	1:46	4:39	2:56
23	Sarah Bryce NGOC	71:44	6:16	13:45	17:45	23:15	25:42	32:56	35:35	51:36	57:44	61:15	63:19	66:29	67:04
24	Ewan Thompson IND	73:54	6:16	7:29	4:00	5:30	2:27	7:14	2:39	16:01	6:08	3:31	2:04	3:10	0:35
25	Adrian Dawson SARUM	77:39	15:26	20:44	30:05	35:11	37:52	41:39	44:01	53:20	58:29	64:41	67:15	68:47	69:05
26	Peter Maloney NGOC	90:55	15:26	5:18	9:21	5:06	2:41	3:47	2:22	9:19	5:09	6:12	2:34	1:32	0:18
27	Chloe Shephard IND	139:47	7:28	14:59	18:35	23:36	34:59	39:23	42:03	49:16	55:09	65:14	67:37	69:08	69:26
	Samantha Harris NGOC	mp	7:28	7:31	3:36	5:01	11:23	4:24	2:40	7:13	5:53	10:05	2:23	1:31	0:18
	Joe Hosler IND	mp	12:48	18:56	24:41	30:25	35:53	40:40	44:20	54:50	63:06	66:25	68:49	71:13	71:36
			12:48	6:08	5:45	5:44	5:28	4:47	3:40	10:30	8:16	3:19	2:24	2:24	0:23
			6:32	13:24	15:48	20:40	24:09	29:56	33:47	43:23	52:23	63:31	66:50	71:11	71:44
			6:32	6:52	2:24	4:52	3:29	5:47	3:51	9:36	9:00	11:08	3:19	4:21	0:33
			14:26	20:45	26:04	29:55	31:19	37:06	44:41	51:42	57:11	67:20	71:45	73:38	73:54
			14:26	6:19	5:19	3:51	1:24	5:47	7:35	7:01	5:29	10:09	4:25	1:53	0:16
			8:31	17:38	26:08	32:34	36:19	42:50	46:40	58:03	67:06	71:12	74:18	77:10	77:39
			8:31	9:07	8:30	6:26	3:45	6:31	3:50	11:23	9:03	4:06	3:06	2:52	0:29
			9:59	16:30	22:02	37:21	44:07	48:38	51:27	59:12	72:55	84:31	87:05	90:13	90:55
			9:59	6:31	5:32	15:19	6:46	4:31	2:49	7:45	13:43	11:36	2:34	3:08	0:42
			29:45	53:40	58:39	75:06	84:12	93:28	99:25	108:23	120:50	133:45	136:14	139:27	139:47
			29:45	23:55	4:59	16:27	9:06	9:16	5:57	8:58	12:27	12:55	2:29	3:13	0:20
			7:47	10:53	16:44	20:05	21:59	25:22	26:32	30:18	34:04	43:32	-----	60:37	60:50
			7:47	3:06	5:51	3:21	1:54	3:23	1:10	3:46	3:46	9:28	-----	17:05	0:13
			17:27	67:09	69:20	74:58	79:26	91:44	98:04	104:27	109:37	-----	-----	157:35	157:51
			17:27	49:42	2:11	5:38	4:28	12:18	6:20	6:23	5:10	-----	-----	47:58	0:16

<b>Orange (10)</b>			<b>2.3 km 80 m</b>				<b>11 C</b>								Finish
			1(46)	2(44)	3(50)	4(42)	5(55)	6(43)	7(57)	8(202)	9(49)	10(41)	11(209)	Finish	
1	Rose Taylor HOC	28:53	1:30	5:51	7:03	10:04	12:20	15:33	19:06	22:50	25:12	27:47	28:39	28:53	
2	Claire Garai NGOC	30:14	1:30	4:21	1:12	3:01	2:16	3:13	3:33	3:44	2:22	2:35	0:52	0:14	
3	Jess Miklausic NGOC	32:57	3:01	6:10	7:27	10:35	12:04	15:09	19:03	23:10	26:11	28:22	29:54	30:14	
4	Reuben Lawson NGOC	33:44	3:01	3:09	1:17	3:08	1:29	3:05	3:54	4:07	3:01	2:11	1:32	0:20	
5	William Tett NGOC	34:53	1:49	5:47	7:28	11:01	13:11	17:10	21:22	25:22	28:08	31:14	32:37	32:57	
6	Seth Lawson NGOC	35:19	1:49	3:58	1:41	3:33	2:10	3:59	4:12	4:00	2:46	3:06	1:23	0:20	
7	Colette DuToit IND	51:37	1:29	4:56	5:38	8:12	9:29	12:07	15:35	28:16	31:14	32:53	33:29	33:44	
8	Thomas Simpson NGOC	55:49	1:29	3:27	0:42	2:34	1:17	2:38	3:28	12:41	2:58	1:39	0:36	0:15	
9	Pippa Cary IND	59:43	2:22	5:39	6:37	9:12	10:31	13:00	16:23	29:09	32:11	34:02	34:38	34:53	
			2:22	3:17	0:58	2:35	1:19	2:29	3:23	12:46	3:02	1:51	0:36	0:15	
			2:24	5:43	6:41	9:14	10:39	13:09	17:05	29:19	32:17	34:10	35:05	35:19	
			2:24	3:19	0:58	2:33	1:25	2:30	3:56	12:14	2:58	1:53	0:55	0:14	
			3:12	6:08	7:09	12:29	14:23	32:57	37:06	40:58	45:39	50:01	51:02	51:37	
			3:12	2:56	1:01	5:20	1:54	18:34	4:09	3:52	4:41	4:22	1:01	0:35	
			8:46	13:12	14:32	19:52	23:19	29:31	35:37	44:07	49:16	53:14	54:51	55:49	
			8:46	4:26	1:20	5:20	3:27	6:12	6:06	8:30	5:09	3:58	1:37	0:58	
			4:50	8:54	12:31	18:12	22:54	32:49	39:56	47:42	53:24	57:16	59:04	59:43	
			4:50	4:04	3:37	5:41	4:42	9:55	7:07	7:46	5:42	3:52	1:48	0:39	

Pl	Name	Time																	
<b>Orange (10)</b>			<b>2.3 km 80 m</b>		<b>11 C</b>		<i>(cont.)</i>												
			1(46)	2(44)	3(50)	4(42)	5(55)	6(43)	7(57)	8(202)	9(49)	10(41)	11(209)	Finish					
<b>10</b>	<b>Nick Thompson IND</b>	<b>79:33</b>	4:28 4:28	10:45 6:17	12:04 1:19	15:11 3:07	19:36 4:25	31:27 11:51	50:57 19:30	67:25 16:28	73:24 5:59	78:00 4:36	79:06 1:06	79:33 0:27					
<b>Yellow (11)</b>			<b>2.6 km 65 m</b>		<b>14 C</b>														
			1(48)	2(44)	3(35)	4(42)	5(34)	6(40)	7(38)	8(43)	9(39)	10(45)	11(33)	12(49)	13(56)	14(209)	Finish		
<b>1</b>	<b>Tom Johansson NGOC</b>	<b>21:52</b>	2:16 2:16	3:35 1:19	5:10 1:35	7:00 1:50	8:01 1:01	<b>9:18</b> 1:17	<b>12:05</b> 2:47	<b>13:31</b> 1:26	<b>15:09</b> 1:38	<b>17:06</b> <b>1:57</b>	<b>18:50</b> <b>1:44</b>	<b>19:45</b> <b>0:55</b>	<b>20:43</b> <b>0:58</b>	<b>21:37</b> <b>0:54</b>	<b>21:52</b> <b>0:15</b>		
<b>2</b>	<b>Darcy Johnson NGOC</b>	<b>24:08</b>	2:39 2:39	3:39 <b>1:00</b>	5:33 1:54	7:29 1:56	8:32 1:03	9:31 <b>0:59</b>	12:34 3:03	13:59 1:25	15:55 1:56	18:12 2:17	20:05 1:53	21:19 1:14	22:38 1:19	23:44 1:06	24:08 0:24		
<b>3</b>	<b>Katie Agombar NGOC</b>	<b>24:48</b>	<b>1:44</b> <b>1:44</b>	<b>3:14</b> 1:30	<b>4:46</b> <b>1:32</b>	<b>6:25</b> <b>1:39</b>	<b>7:16</b> <b>0:51</b>	11:54 4:38	14:34 <b>2:40</b>	15:42 <b>1:08</b>	17:04 <b>1:22</b>	19:24 2:20	21:19 1:55	22:21 1:02	23:21 1:00	24:27 1:06	24:48 0:21		
<b>4</b>	<b>Thomas Harris NGOC</b>	<b>29:04</b>	3:33 3:33	5:51 2:18	8:05 2:14	10:33 2:28	11:48 1:15	13:32 1:44	16:40 3:08	18:02 1:22	20:34 2:32	23:23 2:49	25:14 1:51	26:25 1:11	27:42 1:17	28:44 1:02	29:04 0:20		
<b>5</b>	<b>Ann Brown NGOC</b>	<b>38:11</b>	3:35 3:35	5:35 2:00	9:00 3:25	12:23 3:23	13:53 1:30	15:26 1:33	20:25 4:59	22:25 2:00	25:07 2:42	28:52 3:45	31:53 3:01	33:49 1:56	35:45 1:56	37:31 1:46	38:11 0:40		
<b>6</b>	<b>Hannah Agombar NGOC</b>	<b>43:45</b>	3:09 3:09	5:33 2:24	7:47 2:14	11:36 3:49	13:27 1:51	15:45 2:18	22:09 6:24	24:20 2:11	28:14 3:54	32:29 4:15	38:24 5:55	40:28 2:04	41:59 1:31	43:27 1:28	43:45 0:18		
<b>7</b>	<b>Max Straube-Roth OD</b>	<b>45:17</b>	3:24 3:24	5:48 2:24	9:24 3:36	12:24 3:00	15:51 3:27	17:19 1:28	27:15 9:56	29:20 2:05	32:17 2:57	36:09 3:52	39:50 3:41	41:42 1:52	43:29 1:47	45:01 1:32	45:17 0:16		
<b>8</b>	<b>Jo &amp; Anna Bryce NGOC</b>	<b>46:11</b>	3:24 3:24	5:01 1:37	8:20 3:19	11:52 3:32	13:28 1:36	14:56 1:28	21:37 6:41	23:30 1:53	26:35 3:05	32:34 5:59	35:16 2:42	41:43 6:27	43:24 1:41	44:59 1:35	46:11 1:12		
<b>9</b>	<b>Sam Horsfall NGOC</b>	<b>57:05</b>	7:32 7:32	10:33 3:01	14:12 3:39	17:30 3:18	19:26 1:56	26:01 6:35	32:30 6:29	35:10 2:40	39:49 4:39	46:01 6:12	50:14 4:13	52:03 1:49	54:10 2:07	56:11 2:01	57:05 0:54		
<b>10</b>	<b>The Beevers IND</b>	<b>65:07</b>	6:51 6:51	10:00 3:09	15:10 5:10	19:53 4:43	23:40 3:47	26:46 3:06	33:48 7:02	40:03 6:15	44:07 4:04	48:33 4:26	56:43 8:10	59:13 2:30	61:55 2:42	64:19 2:24	65:07 0:48		
	<b>Katie Cameron-Gilk: IND</b>	<b>mp</b>	----- -----	----- -----	10:13 10:13	15:16 5:03	17:14 1:58	19:41 2:27	30:22 10:41	34:43 4:21	39:16 4:33	49:18 10:02	52:51 3:33	54:52 2:01	56:55 2:03	58:53 1:58	59:38 0:45		