

Pl	Name	Time																							
Course 1	Men Open (24)																				Finish				
		1(219)	2(208)	3(222)	4(206)	5(226)	8.8 km 6(228)	150 m 7(216)	21 C 8(230)	9(223)	10(224)	11(225)	12(227)	13(202)	14(211)	15(214)	16(65)	17(66)	18(205)	19(229)		20(64)	21(213)		
1	Adam Potter BOK	49:07	5:46	8:00	9:55	13:06	15:43	17:49	20:38	23:34	27:17	28:32	29:56	31:36	34:54	36:46	38:10	39:01	40:03	42:20	44:42	48:03	48:43	49:07	
			5:46	2:14	1:55	3:11	2:37	2:06	2:49	2:56	3:43	1:15	1:24	1:40	3:18	1:52	1:24	0:51	1:02	2:17	2:22	3:21	0:40	0:24	
2	Ben Mitchell SBOC	49:17	6:14	8:23	10:13	13:17	15:52	18:02	20:58	23:44	27:18	28:29	29:56	31:43	35:08	36:59	38:21	39:15	40:25	42:38	45:00	48:20	48:55	49:17	
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3	Richard Purkis NGOC	54:02	6:52	9:14	11:18	14:32	17:27	19:48	22:57	25:53	31:18	32:57	34:51	31:18	32:57	34:51	40:27	41:59	43:03	44:13	46:29	49:09	52:56	53:39	54:02
			6:52	2:22	2:04	3:14	2:55	2:21	3:09	2:56	4:00	1:25	1:39	1:54	3:34	2:02	1:32	1:04	1:10	2:16	2:40	3:47	0:43	0:23	
4	William White SARUM	57:00	6:59	9:21	11:22	14:50	17:47	20:14	23:20	26:30	30:43	32:10	33:43	35:49	39:55	42:11	44:14	45:15	46:31	49:33	52:02	55:51	56:34	57:00	
			6:59	2:22	2:01	3:28	2:57	2:27	3:06	3:10	4:13	1:27	1:33	2:06	4:06	2:16	2:03	1:01	1:16	3:02	2:29	3:49	0:43	0:26	
5	Thomas Cochran NGOC	59:14	7:02	9:34	11:41	15:27	18:42	21:14	24:36	27:53	32:20	33:48	35:29	37:33	41:34	43:53	45:39	46:48	48:08	50:53	53:45	58:03	58:47	59:14	
			7:02	2:32	2:07	3:46	3:15	2:32	3:22	3:17	4:27	1:28	1:41	2:04	4:01	2:19	1:46	1:09	1:20	2:45	2:52	4:18	0:44	0:27	
6	Joe Taunton NOC	1:02:17	7:23	10:21	12:42	16:27	19:58	22:38	26:10	29:53	34:30	35:58	37:35	39:33	44:20	46:46	48:33	49:43	51:11	54:13	57:02	1:01:06	1:01:52	1:02:17	
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7	Doug Stimson NWO	1:06:18	7:44	11:53	14:16	18:11	21:30	24:36	29:39	33:35	38:16	39:50	41:57	44:19	48:47	51:13	52:54	53:57	55:18	58:13	1:01:01	1:05:06	1:05:52	1:06:18	
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8	David Dunn RSOC	1:06:29	7:25	10:36	13:02	17:02	20:42	24:02	27:55	31:27	36:03	37:39	40:05	42:32	47:21	49:46	51:37	52:44	54:58	57:55	1:00:57	1:05:14	1:06:01	1:06:29	
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9	Jan Travnicek TVOC	1:07:19	7:40	10:16	13:04	16:54	20:18	23:46	27:25	31:08	36:00	37:35	40:04	42:15	46:56	49:33	51:21	52:30	54:35	58:02	1:01:16	1:05:57	1:06:50	1:07:19	
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10	Yordan Koley SWOC	1:08:46	7:58	10:47	13:13	17:12	20:57	24:31	28:24	32:08	37:26	39:14	41:21	44:09	48:52	51:31	53:31	54:43	56:15	59:18	1:02:40	1:07:31	1:08:19	1:08:46	
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11	Yordan Koley SLOW	1:09:11	7:40	11:30	13:54	20:37	24:41	27:10	31:37	34:50	39:32	41:44	44:03	46:09	50:32	52:52	54:37	55:40	57:58	1:00:52	1:03:47	1:07:55	1:08:43	1:09:11	
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12	Ben Scarf EPOC	1:13:33	7:55	11:09	13:53	18:28	22:12	25:36	29:51	33:48	39:19	42:34	44:56	47:22	52:22	54:54	57:06	58:23	1:00:14	1:03:47	1:07:13	1:12:08	1:13:01	1:13:33	
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13	Neville Baker TVOC	1:13:37	9:16	12:31	14:59	19:12	23:09	26:52	30:47	34:41	40:14	42:09	44:05	46:35	51:15	54:28	56:40	57:57	59:34	1:02:50	1:06:06	1:11:59	1:12:58	1:13:37	
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14	Robert Atkins HOC	1:17:24	9:23	12:40	15:24	20:25	25:12	28:25	32:45	36:58	42:23	44:20	46:24	48:53	53:57	56:50	59:16	1:00:35	1:03:57	1:07:39	1:11:06	1:16:09	1:17:00	1:17:24	
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15	Anders Johansson NGOC	1:18:08	8:17	11:25	14:06	19:09	22:49	26:42	31:08	35:23	40:51	43:21	45:39	48:24	53:58	57:03	59:37	1:01:03	1:02:51	1:07:02	1:11:22	1:16:38	1:17:38	1:18:08	
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16	Peter Watson NGOC	1:19:06	8:53	12:02	14:45	19:45	23:46	27:07	31:23	35:28	42:03	43:59	46:04	48:32	54:49	58:25	1:00:47	1:02:08	1:04:21	1:08:35	1:12:07	1:17:40	1:18:32	1:19:06	
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17	Greg Best NGOC	1:25:31	9:25	12:44	15:56	20:46	24:46	29:17	35:10	40:29	47:01	49:10	51:41	54:16	59:56	1:03:03	1:05:27	1:07:12	1:09:41	1:13:58	1:17:57	1:23:55	1:24:57	1:25:31	
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18	James Wilkinson BKO	1:27:27	9:35	13:04	16:15	21:24	25:51	29:57	35:38	40:43	47:18	49:33	51:59	54:59	1:00:44	1:04:12	1:07:05	1:08:50	1:10:59	1:15:13	1:19:34	1:25:57	1:26:59	1:27:27	
			9:35	3:29	3:11	5:09	4:27	4:06	5:41	5:05	6:35	2:15	2:26	3:00	5:45	3:28	2:53	1:45	2:09	4:14	4:21	6:23	1:02	0:28	
19	Michael May IND	1:28:31	8:39	11:55	15:15	20:25	24:55	29:07	34:15	39:16	45:48	47:49	49:54	52:39	58:30	1:02:05	1:04:49	1:06:52	1:10:03	1:16:38	1:20:58	1:26:59	1:27:58	1:28:31	
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20	Marie-Anne Fisci TVOC	1:30:24	11:16	15:41	18:52	24:27	29:03	32:40	37:35	42:47	48:42	51:00	53:34	56:30	1:02:24	1:05:39	1:08:41	1:10:24	1:13:48	1:18:30	1:22:27	1:28:45	1:29:48	1:30:24	
			11:16	4:25	3:11	5:35	4:36	3:37	4:55	5:12	5:55	2:18	2:34	2:56	5:54	3:15	3:02	1:43	3:24	4:42	3:57	6:18	1:03	0:36	
21	Christopher Greer QO	1:45:19	10:09	15:18	18:27	25:20	30:50	35:08	41:03	46:05	54:34	56:57	59:54	1:03:35	1:14:41	1:18:08	1:22:09	1:23:43	1:26:10	1:30:40	1:36:28	1:43:19	1:44:44	1:45:19	
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22	Ben Lonsdale RAFO	2:09:33	15:43	21:30	26:06	33:46	41:25	46:37	54:20	1:01:15	1:10:43	1:13:38	1:17:06	1:21:09	1:29:49	1:34:52	1:38:34	1:40:58	1:45:30	1:51:12	1:57:28	2:06:41	2:08:27	2:09:33	
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	Daniel Gardner TVOC	mp	6:55	9:40	12:14	16:02																			

Pl	Name	Time																
Course 2			Men Vet (28)															
			1(218)	2(219)	3(208)	4(222)	5(230)	6.5 km 6(206)	150 m 7(225)	15 C 8(227)	9(223)	10(226)	11(228)	12(216)	13(229)	14(66)	15(213)	Finish
1	Richard Mawer BAOC	45:49	4:35	6:58	9:22	11:49	19:01	23:07	25:37	27:29	30:07	32:27	34:56	38:23	41:19	45:12	45:28	45:49
			4:35	2:23	2:24	2:27	7:12	4:06	2:30	1:52	2:38	2:20	2:29	3:27	2:56	3:53	0:16	0:21
2	Richard Barrett BAOC	45:50	4:46	7:16	9:47	11:57	18:57	22:52	25:16	27:18	29:56	32:14	34:41	38:02	40:52	45:11	45:26	45:50
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3	Duncan Harris DEE	47:26	5:05	7:35	10:09	12:27	19:09	23:59	26:37	28:40	31:25	34:05	36:35	39:56	42:42	46:49	47:04	47:26
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4	Andrew Monro NGOC	48:38	4:29	6:59	9:33	11:58	19:00	23:24	26:17	28:48	31:42	34:12	36:50	40:49	43:49	48:00	48:14	48:38
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5	Liam Corner MDOC	49:27	4:55	7:25	9:56	12:24	19:25	24:28	27:01	29:09	31:55	34:25	37:10	40:48	44:00	48:39	48:59	49:27
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6	Martin Ward SYO	49:35	4:55	7:29	10:08	12:22	19:44	24:06	26:43	28:50	31:58	34:26	37:16	40:56	44:04	48:52	49:08	49:35
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7	Paul Gebbett BOK	50:29	4:52	7:32	10:09	12:28	19:46	24:19	26:53	28:56	31:52	34:27	37:46	41:19	44:22	49:39	50:00	50:29
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8	Paul Taylor TVOC	51:17	5:12	7:43	10:26	12:55	20:35	25:01	27:38	29:41	32:56	35:56	38:44	42:42	45:54	50:33	50:52	51:17
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9	Dmitry Ushakov LOK	53:40	4:37	7:01	10:50	13:00	19:49	25:13	28:35	30:41	33:11	35:27	37:52	44:40	47:35	52:58	53:15	53:40
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10	Chris McCartney OD	54:13	5:37	8:37	11:42	14:07	22:05	26:38	29:25	31:47	34:50	37:37	40:32	44:37	48:12	53:23	53:45	54:13
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11	Graeme Addison CLOK	55:19	5:41	8:22	12:25	14:50	22:18	26:46	29:26	31:36	35:03	39:03	41:53	46:27	49:46	54:39	54:55	55:19
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12	Ian Hopkins WRE	55:23	5:40	8:29	11:34	13:53	21:43	27:41	30:40	32:49	36:08	38:50	42:37	46:15	49:22	54:31	54:53	55:23
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13	Clive Richardson WRE	56:18	5:39	8:40	11:36	14:10	22:06	27:47	30:58	33:25	36:52	39:36	43:21	47:10	50:27	55:31	55:50	56:18
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14	Russell Finch SWOC	57:03	6:08	9:11	12:23	14:56	23:11	27:52	30:39	33:28	36:33	39:21	43:48	47:42	51:08	56:16	56:37	57:03
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15	Paul Fox SN	59:56	5:48	8:55	12:09	14:55	24:07	29:28	32:33	34:57	38:47	42:16	45:25	49:39	53:28	59:03	59:23	59:56
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16	Allan McCall NGOC	1:01:00	6:35	9:34	13:02	15:42	25:20	30:37	33:49	36:09	40:06	43:03	46:59	51:14	54:41	1:00:10	1:00:32	1:01:00
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17	Tony Udris SYO	1:01:05	5:35	8:25	11:20	14:13	23:20	29:06	31:48	34:13	38:38	41:58	45:51	50:15	54:29	1:00:20	1:00:38	1:01:05
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18	Scott Bailey BOK	1:02:09	5:41	8:22	11:43	14:23	22:25	28:12	34:01	36:27	39:56	43:21	46:40	51:11	55:41	1:01:19	1:01:43	1:02:09
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19	Simon Thompson HOC	1:04:19	6:23	9:57	13:23	16:23	25:34	30:50	34:37	37:32	41:25	44:38	48:15	52:57	56:33	1:03:28	1:03:49	1:04:19
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20	Kevin Brooker NGOC	1:08:54	5:54	8:47	12:26	15:06	25:06	30:10	33:07	36:04	39:34	48:34	51:48	57:15	1:01:09	1:07:50	1:08:18	1:08:54
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21	Tim Brett NGOC	1:09:58	7:08	10:28	14:19	17:29	27:33	33:31	37:18	40:19	44:55	48:34	52:38	57:42	1:02:22	1:08:55	1:09:20	1:09:58
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22	Neil Frankum BKO	1:12:02	6:00	9:28	13:03	16:51	27:34	35:04	38:28	40:55	46:17	50:32	54:21	1:00:14	1:04:58	1:11:18	1:11:35	1:12:02
			6:00	3:28	3:35	3:48	10:43	7:30	3:24	2:27	5:22	4:15	3:49	5:53	4:44	6:20	0:17	0:27
23	John Marsh SO	1:17:44	7:53	11:50	17:16	20:27	29:59	35:10	38:50	41:33	46:08	49:37	53:54	59:52	1:03:53	1:16:39	1:17:08	1:17:44
			7:53	3:57	5:26	3:11	9:32	5:11	3:40	2:43	4:35	3:29	4:17	5:58	4:01	12:46	0:29	0:36
24	Guy Cooper NGOC	1:21:19	6:11	9:26	13:42	16:54	35:30	41:10	44:58	48:31	53:18	57:38	1:02:00	1:07:19	1:12:01	1:20:13	1:20:44	1:21:19
			6:11	3:15	4:16	3:12	18:36	5:40	3:48	3:33	4:47	4:20	4:22	5:19	4:42	8:12	0:31	0:35
25	David Pal WRE	1:26:29	7:28	11:23	15:37	19:32	32:15	39:46	44:17	47:38	53:02	57:17	1:03:06	1:09:19	1:14:36	1:25:03	1:25:22	1:26:29
			7:28	3:55	4:14	3:55	12:43	7:31	4:31	3:21	5:24	4:15	5:49	6:13	5:17	10:27	0:19	1:07
26	Steven Harris NGOC	1:34:08	6:44	18:25	22:16	25:21	43:22	49:25	52:55	55:26	59:24	1:02:27	1:04:58	1:21:19	1:24:26	1:33:34	1:33:47	1:34:08
			6:44	11:41	3:51	3:05	18:01	6:03	3:30	2:31	3:58	3:03	2:31	16:21	3:07	9:08	0:13	0:21
27	Simon Lott BOK	1:50:24	11:14	17:04	22:56	28:37	45:39	55:34	1:01:40	1:05:46	1:12:16	1:17:17	1:22:45	1:31:08	1:37:22	1:48:56	1:49:33	1:50:24
			11:14	5:50	5:52	5:41	17:02	9:55	6:06	4:06	6:30	5:01	5:28	8:23	6:14	11:34	0:37	0:51
28	Phillip White LOC	1:53:35	15:04	20:06	25:03	29:29	44:42	54:12	1:00:30	1:05:59	1:13:02	1:18:58	1:24:16	1:32:34	1:40:40	1:52:24	1:52:54	1:53:35
			15:04	5:02	4:57	4:26	15:13	9:30	6:18	5:29	7:03	5:56	5:18	8:18	8:06	11:44	0:30	0:41

1:09:30
*221

1:28:14
*221

Pl	Name	Time													
Course 3		Men Super Vet (47)					5.3 km 105 m		12 C				Finish		
		1(218)	2(208)	3(219)	4(226)	5(206)	6(220)	7(207)	8(230)	9(229)	10(216)	11(215)	12(213)		
1	James Clemence SWOC	37:46	4:59	8:13	11:05	14:56	18:36	20:56	22:16	28:59	30:12	33:08	36:54	37:20	37:46
			4:59	3:14	2:52	3:51	3:40	2:20	1:20	6:43	1:13	2:56	3:46	0:26	0:26
2	Alun Jones TVOC	38:00	5:21	8:33	11:29	15:23	18:51	21:41	23:08	29:34	30:42	33:30	37:10	37:35	38:00
			5:21	3:12	2:56	3:54	3:28	2:50	1:27	6:26	1:08	2:48	3:40	0:25	0:25
3	Keith Tonkin BL	38:10	5:33	8:43	11:33	15:21	19:19	21:35	22:57	29:31	30:46	33:40	37:20	37:44	38:10
			5:33	3:10	2:50	3:48	3:58	2:16	1:22	6:34	1:15	2:54	3:40	0:24	0:26
4	Peter Jones SN	38:31	5:43	8:49	11:41	15:30	19:16	21:33	22:59	29:46	31:00	33:53	37:37	38:03	38:31
			5:43	3:06	2:52	3:49	3:46	2:17	1:26	6:47	1:14	2:53	3:44	0:26	0:28
5	Roger Thetford TVOC	38:45	6:03	9:05	12:10	15:54	19:27	22:32	23:53	30:11	31:23	34:12	37:52	38:17	38:45
			6:03	3:02	3:05	3:44	3:33	3:05	1:21	6:18	1:12	2:49	3:40	0:25	0:28
6	Chris Hooker SO	39:40	5:16	8:36	11:37	15:45	19:29	22:10	23:42	30:37	31:58	35:01	38:48	39:14	39:40
			5:16	3:20	3:01	4:08	3:44	2:41	1:32	6:55	1:21	3:03	3:47	0:26	0:26
7	Nick Green GO	40:25	5:31	8:49	11:54	15:46	20:05	23:00	24:26	31:12	32:31	35:28	39:29	39:57	40:25
			5:31	3:18	3:05	3:52	4:19	2:55	1:26	6:46	1:19	2:57	4:01	0:28	0:28
8	Mark Adams HH	41:20	5:47	9:15	12:23	17:09	21:06	23:24	24:53	31:51	33:12	36:23	40:21	40:50	41:20
			5:47	3:28	3:08	4:46	3:57	2:18	1:29	6:58	1:21	3:11	3:58	0:29	0:30
9	Phil Newall KERNO	42:24	5:07	8:21	11:31	15:41	19:42	22:11	23:44	30:49	32:12	35:24	41:26	41:55	42:24
			5:07	3:14	3:10	4:10	4:01	2:29	1:33	7:05	1:23	3:12	6:02	0:29	0:29
10	David Vincent DVO	42:27	6:00	9:29	12:56	17:02	21:22	23:59	25:33	32:51	34:25	37:38	41:38	42:04	42:27
			6:00	3:29	3:27	4:06	4:20	2:37	1:34	7:18	1:34	3:13	4:00	0:26	0:23
11	Nick Dennis BOK	42:54	5:56	9:22	12:23	16:19	20:30	23:31	25:48	33:07	34:28	37:41	41:58	42:25	42:54
			5:56	3:26	3:01	3:56	4:11	3:01	2:17	7:19	1:21	3:13	4:17	0:27	0:29
12	Phil Scarf EPOC	43:09	5:39	8:57	11:52	15:53	19:44	22:06	23:59	30:44	31:59	35:05	42:10	42:37	43:09
			5:39	3:18	2:55	4:01	3:51	2:22	1:53	6:45	1:15	3:06	7:05	0:27	0:32
13	Barry Elkington OD	43:21	6:55	10:26	13:33	17:50	21:58	24:28	25:59	33:40	35:00	38:09	42:13	42:46	43:21
			6:55	3:31	3:07	4:17	4:08	2:30	1:31	7:41	1:20	3:09	4:04	0:33	0:35
14	Mike Frizzell BADO	43:25	7:11	10:24	13:21	17:21	21:37	24:07	25:36	32:24	33:43	36:46	42:34	43:00	43:25
			7:11	3:13	2:57	4:00	4:16	2:30	1:29	6:48	1:19	3:03	5:48	0:26	0:25
15	Alan Honey BOK	44:21	7:31	11:07	14:15	18:29	22:51	25:31	27:12	34:39	35:58	39:10	43:17	43:46	44:21
			7:31	3:36	3:08	4:14	4:22	2:40	1:41	7:27	1:19	3:12	4:07	0:29	0:35
16	Philip Eeles SOC	45:12	5:44	9:07	12:28	16:37	21:15	23:46	25:12	33:35	35:03	38:26	44:05	44:38	45:12
			5:44	3:23	3:21	4:09	4:38	2:31	1:26	8:23	1:28	3:23	5:39	0:33	0:34
17	Andrew Stott NGOC	45:31	5:56	9:45	13:12	17:32	21:48	24:39	26:35	34:52	36:17	39:52	44:28	45:01	45:31
			5:56	3:49	3:27	4:20	4:16	2:51	1:56	8:17	1:25	3:35	4:36	0:33	0:30
18	John Orton NWO	45:50	6:14	9:55	13:13	17:38	21:55	24:29	26:14	35:29	36:54	40:15	44:42	45:15	45:50
			6:14	3:41	3:18	4:25	4:17	2:34	1:45	9:15	1:25	3:21	4:27	0:33	0:35
19	Ian Ditchfield MV	46:25	5:56	9:56	13:06	17:27	21:48	24:30	26:16	34:51	36:29	40:06	45:05	45:42	46:25
			5:56	4:00	3:10	4:21	4:21	2:42	1:46	8:35	1:38	3:37	4:59	0:37	0:43
20	Andy Rimes QO	46:57	6:47	10:22	13:53	18:36	23:04	25:48	27:51	36:16	37:49	41:32	45:58	46:26	46:57
			6:47	3:35	3:31	4:43	4:28	2:44	2:03	8:25	1:33	3:43	4:26	0:28	0:31
21	Mike Snell OD	47:10	5:43	9:27	13:15	17:15	21:05	23:59	29:04	35:47	37:03	40:05	46:21	46:47	47:10
			5:43	3:44	3:48	4:00	3:50	2:54	5:05	6:43	1:16	3:02	6:16	0:26	0:23
22	Henry Morgan POTOC	47:48	7:03	10:57	14:30	19:15	23:37	26:37	28:19	36:02	37:32	41:06	46:49	47:18	47:48
			7:03	3:54	3:33	4:45	4:22	3:00	1:42	7:43	1:30	3:34	5:43	0:29	0:30
23	Kevin Ross OD	48:11	6:20	10:17	13:53	18:35	22:51	25:59	28:00	36:21	37:57	41:24	47:13	47:45	48:11
			6:20	3:57	3:36	4:42	4:16	3:08	2:01	8:21	1:36	3:27	5:49	0:32	0:26
24	Mike Goldthorpe SOC	48:39	6:05	9:44	12:44	17:06	21:31	28:05	30:05	37:42	39:09	42:31	47:32	48:05	48:39
			6:05	3:39	3:00	4:22	4:25	6:34	2:00	7:37	1:27	3:22	5:01	0:33	0:34
25	Duncan Innes SWOC	49:34	6:44	10:55	14:31	19:26	24:16	27:25	29:20	37:45	39:22	43:14	48:25	48:58	49:34
			6:44	4:11	3:36	4:55	4:50	3:09	1:55	8:25	1:37	3:52	5:11	0:33	0:36
26	Steve Williams NGOC	49:54	8:59	12:46	17:06	21:39	26:32	29:27	31:14	39:26	40:53	44:14	48:56	49:27	49:54
			8:59	3:47	4:20	4:33	4:53	2:55	1:47	8:12	1:27	3:21	4:42	0:31	0:27
27	Peter Martin MV	50:03	6:54	10:47	14:42	19:37	24:14	27:23	29:29	37:53	39:38	43:23	48:33	49:33	50:03
			6:54	3:53	3:55	4:55	4:37	3:09	2:06	8:24	1:45	3:45	5:10	1:00	0:30
28	David Faulkner BOK	50:14	6:17	10:09	13:27	18:03	23:37	29:36	31:03	39:37	41:03	44:31	49:14	49:44	50:14
			6:17	3:52	3:18	4:36	5:34	5:59	1:27	8:34	1:26	3:28	4:43	0:30	0:30
29	Paul Turner SELOC	50:55	10:02	14:10	18:05	22:50	27:20	30:14	32:13	40:23	41:51	45:32	49:55	50:24	50:55
			10:02	4:08	3:55	4:45	4:30	2:54	1:59	8:10	1:28	3:41	4:23	0:29	0:31

Pl	Name	Time													
Course 3			Men Super Vet (47)				5.3 km 105 m		12 C	<i>(cont.)</i>					
			1(218)	2(208)	3(219)	4(226)	5(206)	6(220)	7(207)	8(230)	9(229)	10(216)	11(215)	12(213)	Finish
30	Mikhail Gryaznev	51:15	7:50	12:07	15:53	21:38	26:15	29:17	31:19	39:39	41:22	45:18	50:11	50:43	51:15
	TVOC		7:50	4:17	3:46	5:45	4:37	3:02	2:02	8:20	1:43	3:56	4:53	0:32	0:32
31	Colin Godbold	51:50	7:36	12:10	16:01	20:53	25:39	29:06	31:25	40:47	42:23	46:00	50:49	51:20	51:50
	BKO		7:36	4:34	3:51	4:52	4:46	3:27	2:19	9:22	1:36	3:37	4:49	0:31	0:30
32	Paul Hammond	53:28	7:17	11:49	15:44	20:55	27:07	30:45	32:57	41:58	43:45	47:50	52:31	53:01	53:28
	HOC		7:17	4:32	3:55	5:11	6:12	3:38	2:12	9:01	1:47	4:05	4:41	0:30	0:27
33	Adrian Wise	53:46	6:39	10:58	14:58	20:32	25:48	28:38	30:47	40:54	42:43	47:04	52:35	53:13	53:46
	SN		6:39	4:19	4:00	5:34	5:16	2:50	2:09	10:07	1:49	4:21	5:31	0:38	0:33
34	John Duffield	53:52	6:57	11:11	14:47	19:48	26:34	29:39	31:34	40:12	41:57	46:00	52:37	53:15	53:52
	HH		6:57	4:14	3:36	5:01	6:46	3:05	1:55	8:38	1:45	4:03	6:37	0:38	0:37
35	David Potter	54:57	7:24	11:34	15:24	20:40	25:42	29:02	31:06	40:14	42:14	46:04	53:56	54:30	54:57
	BOK		7:24	4:10	3:50	5:16	5:02	3:20	2:04	9:08	2:00	3:50	7:52	0:34	0:27
36	Soren Bremer	55:07	7:17	11:58	16:10	21:05	27:39	31:18	33:44	42:41	44:23	48:21	53:57	54:34	55:07
	Boxholm Mjolby		7:17	4:41	4:12	4:55	6:34	3:39	2:26	8:57	1:42	3:58	5:36	0:37	0:33
37	Michael Merritt	56:10	7:40	12:26	16:52	22:27	28:40	32:02	34:05	43:53	45:44	49:51	54:58	55:35	56:10
	SO		7:40	4:46	4:26	5:35	6:13	3:22	2:03	9:48	1:51	4:07	5:07	0:37	0:35
38	Alan Pucill	56:49	7:48	12:37	17:10	23:02	28:43	31:53	34:07	44:07	45:49	50:25	55:39	56:14	56:49
	NGOC		7:48	4:49	4:33	5:52	5:41	3:10	2:14	10:00	1:42	4:36	5:14	0:35	0:35
39	Colin Swallow	1:01:31	9:47	14:35	18:47	27:05	32:41	36:18	38:39	48:09	50:12	54:25	1:00:17	1:00:56	1:01:31
	SN		9:47	4:48	4:12	8:18	5:36	3:37	2:21	9:30	2:03	4:13	5:52	0:39	0:35
40	Simon St Leger-I	1:02:40	7:00	11:22	16:15	22:13	28:01	31:56	34:02	45:07	47:22	52:32	1:01:24	1:02:04	1:02:40
	BOK		7:00	4:22	4:53	5:58	5:48	3:55	2:06	11:05	2:15	5:10	8:52	0:40	0:36
41	Tony Lloyd	1:02:42	11:19	16:08	21:13	27:33	32:40	36:30	38:53	48:29	50:15	54:38	1:01:25	1:02:03	1:02:42
	BOK		11:19	4:49	5:05	6:20	5:07	3:50	2:23	9:36	1:46	4:23	6:47	0:38	0:39
42	Mike Wilkinson	1:04:16	8:30	14:31	19:27	25:49	31:54	35:42	38:17	49:17	51:22	56:43	1:03:01	1:03:40	1:04:16
	HOC		8:30	6:01	4:56	6:22	6:05	3:48	2:35	11:00	2:05	5:21	6:18	0:39	0:36
43	Mike Bray	1:05:45	11:10	16:28	21:40	28:05	35:30	38:35	41:02	52:02	53:40	58:44	1:04:29	1:05:07	1:05:45
	SN		11:10	5:18	5:12	6:25	7:25	3:05	2:27	11:00	1:38	5:04	5:45	0:38	0:38
44	Robert Green	1:05:57	8:31	13:36	18:00	24:17	31:23	34:52	37:41	48:33	50:38	56:01	1:04:41	1:05:17	1:05:57
	QO		8:31	5:05	4:24	6:17	7:06	3:29	2:49	10:52	2:05	5:23	8:40	0:36	0:40
45	Mike Forrest	1:25:08	10:22	16:49	22:38	30:41	42:06	47:03	49:52	1:04:46	1:07:52	1:14:21	1:23:08	1:24:15	1:25:08
	BOK		10:22	6:27	5:49	8:03	11:25	4:57	2:49	14:54	3:06	6:29	8:47	1:07	0:53
	Steve Blount	dnf	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	6:40
	SO														6:40
nc	Robin Bishop	44:46	5:57	9:29	13:00	17:27	21:36	25:07	26:35	34:21	35:48	39:11	43:40	44:12	44:46
	TVOC		5:57	3:32	3:31	4:27	4:09	3:31	1:28	7:46	1:27	3:23	4:29	0:32	0:34

PI	Name	Time																
Course 4	Men Ultra Vet (33)	4.0 km 80 m 15 C															Finish	
		1(215)	2(222)	3(223)	4(207)	5(220)	6(218)	7(224)	8(202)	9(210)	10(212)	11(214)	12(65)	13(64)	14(66)	15(213)		
1	Bob Dredge WCH	28:53 0:37	7:16 6:39	10:25 3:09	12:55 2:30	14:12 1:17	15:46 1:34	18:17 2:31	20:43 2:26	22:32 1:49	23:29 0:57	24:57 1:28	26:03 1:06	27:19 1:16	28:10 0:51	28:27 0:17	28:53 0:26	
2	Axel Blomquist BAOC	29:00 0:43	7:24 6:41	10:39 3:15	12:55 2:16	14:14 1:19	15:56 1:42	17:57 2:01	20:39 2:42	22:25 1:46	23:30 1:05	25:02 1:32	26:09 1:07	27:23 1:14	28:10 0:47	28:26 0:16	29:00 0:34	
3	David Jukes BKO	30:17 0:38	7:31 6:53	10:42 3:11	13:01 2:19	14:17 1:16	15:57 1:40	18:16 2:19	20:53 2:37	22:57 2:04	23:58 1:01	25:34 1:36	26:51 1:17	28:15 1:24	29:28 1:13	29:48 0:20	30:17 0:29	
4	Don McKerrow SLOW	31:05 0:49	7:41 6:52	11:12 3:31	13:45 2:33	15:05 1:20	16:48 1:43	18:54 2:06	21:43 2:49	23:39 1:56	24:42 1:03	26:30 1:48	27:43 1:13	29:17 1:34	30:16 0:59	30:37 0:21	31:05 0:28	
5	Jonathan Howell WCH	32:16 0:51	7:56 7:05	11:24 3:28	13:46 2:22	15:07 1:21	16:46 1:39	19:06 2:20	23:17 4:11	25:15 1:58	26:09 0:54	27:55 1:46	29:10 1:15	30:33 1:23	31:26 0:53	31:45 0:19	32:16 0:31	
6	David May SLOW	33:49 0:50	7:59 7:09	11:50 3:51	14:29 2:39	15:58 1:29	17:53 1:55	20:42 2:49	23:45 3:03	26:13 2:28	27:13 1:00	28:59 1:46	30:18 1:19	31:51 1:33	33:01 1:10	33:21 0:20	33:49 0:28	
7	Dave Chapman SN	33:56 0:54	10:50 9:56	14:05 3:15	16:30 2:25	17:50 1:20	19:37 1:47	21:49 2:12	24:46 2:57	26:41 1:55	27:47 1:06	29:33 1:46	30:48 1:15	32:14 1:26	33:09 0:55	33:30 0:21	33:56 0:26	
7	Bill Hanley SYO	33:56 0:49	8:31 7:42	12:34 4:03	15:02 2:28	16:24 1:22	18:10 1:46	20:55 2:45	24:03 3:08	26:04 2:01	27:04 1:00	28:58 1:54	30:21 1:23	31:50 1:29	33:01 1:11	33:25 0:24	33:56 0:31	
9	Martin Wilson BKO	34:08 1:10	7:21 6:11	10:47 3:26	13:20 2:33	14:50 1:30	16:27 1:37	19:05 2:38	25:14 6:09	27:03 1:49	27:53 0:50	29:29 1:36	30:39 1:10	31:54 1:15	33:21 1:27	33:38 0:17	34:08 0:30	
10	Keith Willdig OD	34:18 0:49	8:53 8:04	12:37 3:44	15:22 2:45	17:01 1:39	18:51 1:50	21:23 2:32	24:25 3:02	26:42 2:17	27:45 1:03	29:37 1:52	30:49 1:12	32:25 1:36	33:33 1:08	33:53 0:20	34:18 0:25	
11	Ian Prowse NGOC	34:57 0:54	7:32 6:38	11:05 3:33	13:33 2:28	15:01 1:28	18:53 3:52	21:08 2:15	24:20 3:12	26:27 2:07	27:33 1:06	29:40 2:07	31:10 1:30	32:56 1:46	33:58 1:02	34:23 0:25	34:57 0:34	
12	Nigel Hoult BKO	35:36 1:05	8:58 7:53	12:18 3:20	14:43 2:25	16:14 1:31	17:54 1:40	20:45 2:51	23:38 2:53	26:39 3:01	27:29 0:50	29:38 2:09	31:03 1:25	32:45 1:42	34:47 2:02	35:08 0:21	35:36 0:28	
13	David Palmer BOK	36:17 1:02	8:42 7:40	12:42 4:00	15:34 2:52	17:34 2:00	19:32 1:58	22:10 2:40	26:08 3:56	28:24 2:16	29:31 1:07	31:24 1:53	32:51 1:27	34:20 1:29	35:27 1:07	35:45 0:18	36:17 0:32	
14	Doug Dickinson DVO	36:53 0:42	7:46 7:04	11:14 3:28	13:44 2:30	15:09 1:25	19:54 4:45	22:58 3:04	25:35 2:37	27:51 2:16	29:48 1:57	31:49 2:01	33:19 1:30	35:06 1:47	35:57 0:51	36:21 0:24	36:53 0:32	
15	Mike Godfree DVO	37:08 0:55	9:20 8:25	13:05 3:45	15:35 2:30	17:00 1:25	18:53 1:53	21:09 2:16	24:09 3:00	26:22 2:13	28:26 2:04	30:20 1:54	31:49 1:29	33:33 1:44	36:06 2:33	36:30 0:24	37:08 0:38	
16	Mike Hampton OD	37:42 1:07	10:07 9:00	14:08 4:01	17:04 2:56	18:38 1:34	20:38 2:00	23:13 2:35	26:33 3:20	28:57 2:24	30:05 1:08	32:13 2:08	34:09 1:56	35:42 1:33	36:40 0:58	37:05 0:25	37:42 0:37	
17	Fred Miller NATO	38:39 1:00	11:56 10:56	15:43 3:47	18:13 2:30	19:42 1:29	22:19 2:37	24:38 2:19	28:44 4:06	30:47 2:03	31:50 1:03	33:42 1:52	35:08 1:26	36:39 1:31	37:44 1:05	38:09 0:25	38:39 0:30	
18	Neil Cameron NGOC	39:00 1:00	9:19 8:19	13:24 4:05	16:16 2:52	17:38 1:22	19:43 2:05	22:24 2:41	26:23 3:59	28:55 2:32	31:14 2:19	33:23 2:09	35:05 1:42	36:42 1:37	38:02 1:20	38:30 0:28	39:00 0:30	
19	John Hopper DVO	40:52 0:56	8:27 7:31	12:12 3:45	14:49 2:37	16:16 1:27	18:51 2:35	22:00 3:09	28:35 6:35	30:53 2:18	31:52 0:59	34:10 2:18	35:35 1:25	37:12 1:37	39:51 2:39	40:15 0:24	40:52 0:37	
20	Tony Hext QO	41:47 0:47	10:19 9:32	14:57 4:38	17:50 2:53	19:37 1:47	21:49 2:12	24:33 2:44	30:18 5:45	32:41 2:23	34:08 1:27	36:12 2:04	37:51 1:39	39:47 1:56	40:48 1:01	41:13 0:25	41:47 0:34	
21	Russ Fauset HOC	42:06 0:52	10:48 9:56	15:11 4:23	18:29 3:18	20:21 1:52	22:36 2:15	25:37 3:01	29:10 3:33	31:50 2:40	33:55 2:05	36:17 2:22	38:09 1:52	39:58 1:49	41:05 1:07	41:30 0:25	42:06 0:36	
22	Chris Johnson BOK	42:36 0:49	9:23 8:34	13:43 4:20	16:57 3:14	18:42 1:45	20:49 2:07	24:23 3:34	29:47 5:24	32:20 2:33	33:41 1:21	36:05 2:24	38:06 2:01	39:54 1:48	41:31 1:37	42:01 0:30	42:36 0:35	
23	Ashley Ford HOC	45:30 1:15	10:16 9:01	14:55 4:39	18:25 3:30	20:09 1:44	22:30 2:21	25:52 3:22	29:18 3:26	32:10 2:52	33:49 1:39	36:16 2:27	38:21 2:05	40:26 2:05	44:12 3:46	44:47 0:35	45:30 0:43	
24	Jon Wheatcroft TVOC	47:30 0:54	10:27 9:33	15:24 4:57	19:01 3:37	21:03 2:02	23:47 2:44	28:11 4:24	32:23 4:12	35:27 3:04	37:22 1:55	40:16 2:54	42:27 2:11	44:34 2:07	46:20 1:46	46:54 0:34	47:30 0:36	
25	Chris Virgo DEVON	48:56 1:44	12:20 10:36	16:44 4:24	20:01 3:17	21:32 1:31	27:20 5:48	30:48 3:28	34:22 3:34	36:50 2:28	39:05 2:15	41:15 2:10	43:05 1:49	44:54 1:49	47:35 2:41	48:13 0:38	48:56 0:43	
26	John Collyer SOS	49:04 1:20	10:00 8:40	14:29 4:29	17:49 3:20	19:37 1:48	22:48 3:11	26:50 4:02	33:21 6:31	36:31 3:10	38:11 1:40	42:06 3:55	44:22 2:16	46:28 2:06	47:42 1:14	48:16 0:34	49:04 0:48	
27	Mike Elliot MV	50:12 0:52	11:10 10:18	16:48 5:38	20:30 3:42	22:28 1:58	26:09 3:41	30:42 4:33	35:30 4:48	38:43 3:13	40:46 2:03	43:21 2:35	45:18 1:57	47:35 2:17	48:56 1:21	49:23 0:27	50:12 0:49	
28	Paul Taunton NGOC	50:28 0:55	11:12 10:17	17:23 6:11	21:00 3:37	23:06 2:06	26:01 2:55	29:41 3:40	34:12 4:31	37:53 3:41	39:44 1:51	42:50 3:06	45:03 2:13	47:20 2:17	49:10 1:50	49:49 0:39	50:28 0:39	
29	Eric Brown HOC	50:50 1:33	11:33 10:00	16:52 5:19	20:12 3:20	22:01 1:49	24:10 2:09	27:47 3:37	33:37 5:50	36:04 2:27	42:45 6:41	45:12 2:27	46:41 1:29	48:15 1:34	49:43 1:28	50:15 0:32	50:50 0:35	

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Pl	Name	Time																
Course 4			Men Ultra Vet (33)				4.0 km 80 m		15 C	<i>(cont.)</i>								
			1(215)	2(222)	3(223)	4(207)	5(220)	6(218)	7(224)	8(202)	9(210)	10(212)	11(214)	12(65)	13(64)	14(66)	15(213)	Finish
30	Brian Laycock	52:44	1:17	10:53	16:28	20:13	22:09	24:51	33:23	36:58	40:18	41:52	44:29	46:49	49:40	51:33	52:09	52:44
	HOC		1:17	9:36	5:35	3:45	1:56	2:42	8:32	3:35	3:20	1:34	2:37	2:20	2:51	1:53	0:36	0:35
31	Stephen Round	53:17	1:23	12:19	17:51	21:35	23:31	26:27	31:12	36:00	39:31	41:50	44:40	47:03	49:28	51:54	52:32	53:17
	SELOC		1:23	10:56	5:32	3:44	1:56	2:56	4:45	4:48	3:31	2:19	2:50	2:23	2:25	2:26	0:38	0:45
32	Alan Mackenzie	1:14:19	2:06	18:50	26:32	33:31	36:47	41:13	46:36	54:28	59:05	1:01:28	1:05:00	1:07:51	1:10:44	1:12:46	1:13:34	1:14:19
	BOK		2:06	16:44	7:42	6:59	3:16	4:26	5:23	7:52	4:37	2:23	3:32	2:51	2:53	2:02	0:48	0:45
	Ben Needham	mp	1:00	11:03	14:44	18:19	20:09	21:53	24:30	28:55	30:35	31:47	35:12	----	37:27	38:44	39:06	39:33
	IND		1:00	10:03	3:41	3:35	1:50	1:44	2:37	4:25	1:40	1:12	3:25		2:15	1:17	0:22	0:27

Pl	Name	Time									
Course 5		Men Hyper Vet (4)				3.5 km 85 m		9 C			
		1(224)	2(225)	3(222)	4(223)	5(226)	6(230)	7(229)	8(215)	9(213)	Finish
1	Ted McDonald BOK	38:50 6:38	9:47 3:09	14:19 4:32	19:10 4:51	23:09 3:59	28:52 5:43	30:36 1:44	37:40 7:04	38:17 0:37	38:50 0:33
2	Guy Goodair EPOC	46:56	9:52 2:50	12:42 4:13	16:55 4:56	21:51 5:08	26:59 7:07	34:06 2:10	36:16 9:02	45:18 0:43	46:56 0:55
3	Robert Teed NGOC	52:19	8:13 11:46	17:26 23:11	27:55 4:44	34:58 7:03	37:10 2:12	50:19 13:09	51:30 1:11	52:19 0:49	
4	Robert Vickers HOC	52:46	8:06 4:18	12:24 4:36	17:00 4:23	21:23 7:10	28:33 6:25	34:58 1:47	36:45 8:12	44:57 7:10	52:07 0:39

Pl	Name	Time													
Course 6		Men Junior (3)					3.0 km 35 m		12 C						
		1(215)	2(221)	3(205)	4(206)	5(201)	6(203)	7(204)	8(209)	9(211)	10(214)	11(61)	12(213)	Finish	
1	Jim Bailey	18:48	0:36	2:08	5:11	8:20	11:24	12:15	12:29	13:04	14:27	16:11	17:28	18:20	18:48
	BOK	0:36	1:32	3:03	3:09	3:04	0:51	0:14	0:35	1:23	1:44	1:17	0:52	0:28	
2	Joel Taylor	23:18	0:54	3:00	6:39	10:33	14:14	15:19	15:37	16:18	18:01	20:15	21:47	22:48	23:18
	TVOC	0:54	2:06	3:39	3:54	3:41	1:05	0:18	0:41	1:43	2:14	1:32	1:01	0:30	
3	James Thompson	37:34	1:07	4:48	10:40	16:50	24:31	26:28	26:45	27:38	29:37	34:09	35:54	37:03	37:34
	HOC	1:07	3:41	5:52	6:10	7:41	1:57	0:17	0:53	1:59	4:32	1:45	1:09	0:31	

Pl	Name	Time															
Course 7		Men Young Junior (6)						1.8 km 0 m		14 C							
		1(201)	2(202)	3(203)	4(204)	5(209)	6(210)	7(211)	8(212)	9(63)	10(67)	11(214)	12(62)	13(61)	14(213)	Finish	
1	Reuben Lawson NGOC	15:27	1:12	2:33	3:19	3:40	4:20	5:24	6:07	6:28	7:16	8:15	11:30	12:55	13:52	15:03	15:27
			1:12	1:21	0:46	0:21	0:40	1:04	0:43	0:21	0:48	0:59	3:15	1:25	0:57	1:11	0:24
2	Nathan Taylor TVOC	17:53	1:06	2:07	2:53	3:12	3:58	5:15	6:11	6:40	7:33	8:38	13:49	15:20	16:05	17:23	17:53
			1:06	1:01	0:46	0:19	0:46	1:17	0:56	0:29	0:53	1:05	5:11	1:31	0:45	1:18	0:30
3	Matteo Rebora SLOW	21:27	1:20	2:20	3:17	3:38	4:34	6:26	7:52	8:43	10:40	12:47	13:56	17:07	18:33	20:59	21:27
			1:20	1:00	0:57	0:21	0:56	1:52	1:26	0:51	1:57	2:07	1:09	3:11	1:26	2:26	0:28
4	Craig Thompson HOC	23:15	1:27	2:42	4:17	4:29	5:42	7:17	8:26	9:16	10:28	11:50	17:04	20:12	21:08	22:35	23:15
			1:27	1:15	1:35	0:12	1:13	1:35	1:09	0:50	1:12	1:22	5:14	3:08	0:56	1:27	0:40
5	Seth Lawson NGOC	32:48	1:24	2:36	3:55	4:07	5:04	6:31	7:41	8:15	10:13	12:24	25:43	28:22	30:37	32:22	32:48
			1:24	1:12	1:19	0:12	0:57	1:27	1:10	0:34	1:58	2:11	13:19	2:39	2:15	1:45	0:26
6	James Atkins HOC	47:42	3:23	5:43	9:00	9:35	12:46	19:50	23:05	24:32	27:38	30:40	32:53	37:19	41:29	45:58	47:42
			3:23	2:20	3:17	0:35	3:11	7:04	3:15	1:27	3:06	3:02	2:13	4:26	4:10	4:29	1:44

Pl	Name	Time																
Course 2	Women Open (9)																	
		1(218)	2(219)	3(208)	4(222)	5(230)	6.5 km 6(206)	150 m 7(225)	15 C 8(227)	9(223)	10(226)	11(228)	12(216)	13(229)	14(66)	15(213)	Finish	
1	Megan Carter-Da MWOC	48:26	4:37	6:52	9:19	11:23	19:00	24:14	27:18	29:12	32:04	34:28	36:56	40:29	43:23	47:47	48:02	48:26
		4:37	2:15	2:27	2:04	7:37	5:14	3:04	1:54	2:52	2:24	2:28	3:33	2:54	4:24	0:15	0:24	
2	Diane Mitson POTOC	58:28	6:23	9:04	11:55	14:22	22:06	28:02	31:16	34:16	37:33	41:01	43:49	47:59	51:10	57:40	57:59	58:28
		6:23	2:41	2:51	2:27	7:44	5:56	3:14	3:00	3:17	3:28	2:48	4:10	3:11	6:30	0:19	0:29	
3	Rebecca Dal Bor SLOW	1:00:05	6:33	9:23	13:51	16:22	26:02	30:55	34:21	36:33	39:42	42:49	45:51	50:51	54:07	59:21	59:39	1:00:05
		6:33	2:50	4:28	2:31	9:40	4:53	3:26	2:12	3:09	3:07	3:02	5:00	3:16	5:14	0:18	0:26	
4	Katharine Atkins HOC	1:05:21	7:06	10:37	14:11	17:14	26:44	32:09	35:25	38:08	42:31	46:49	50:26	54:58	58:46	1:04:30	1:04:49	1:05:21
		7:06	3:31	3:34	3:03	9:30	5:25	3:16	2:43	4:23	4:18	3:37	4:32	3:48	5:44	0:19	0:32	
5	Ellis Maguire SLOW	1:10:12	7:17	10:37	14:10	18:26	31:38	36:48	40:20	42:46	46:53	52:33	55:59	1:00:02	1:03:36	1:09:26	1:09:43	1:10:12
		7:17	3:20	3:33	4:16	13:12	5:10	3:32	2:26	4:07	5:40	3:26	4:03	3:34	5:50	0:17	0:29	
6	Fiona Tam SLOW	1:11:41	7:09	10:51	14:24	17:40	27:34	33:26	37:20	40:05	43:43	47:00	50:25	55:50	59:17	1:10:32	1:11:01	1:11:41
		7:09	3:42	3:33	3:16	9:54	5:52	3:54	2:45	3:38	3:17	3:25	5:25	3:27	11:15	0:29	0:40	
7	Debbie Lamb SWOC	1:16:59	8:16	12:16	15:36	18:42	28:15	39:14	43:26	46:18	50:28	54:01	59:25	1:04:02	1:08:19	1:16:02	1:16:33	1:16:59
		8:16	4:00	3:20	3:06	9:33	10:59	4:12	2:52	4:10	3:33	5:24	4:37	4:17	7:43	0:31	0:26	
8	Olivia Pierce IND	1:18:39	7:49	11:14	15:31	18:35	28:32	37:04	41:15	44:24	48:27	52:24	55:49	1:02:53	1:07:07	1:17:22	1:17:46	1:18:39
		7:49	3:25	4:17	3:04	9:57	8:32	4:11	3:09	4:03	3:57	3:25	7:04	4:14	10:15	0:24	0:53	
9	Gill Taylor TVOC	1:44:03	10:32	15:18	20:20	24:44	41:49	50:28	55:41	1:00:25	1:06:46	1:11:31	1:17:01	1:24:28	1:30:25	1:42:44	1:43:23	1:44:03
		10:32	4:46	5:02	4:24	17:05	8:39	5:13	4:44	6:21	4:45	5:30	7:27	5:57	12:19	0:39	0:40	

Pl	Name	Time												
Course 3	Women Vet (21)	5.3 km 105 m 12 C										Finish		
		1(218)	2(208)	3(219)	4(226)	5(206)	6(220)	7(207)	8(230)	9(229)	10(216)		11(215)	12(213)
1	Rachel Leathwoc BOK	39:54 5:00	8:06 3:06	11:14 3:08	15:04 3:50	18:58 3:54	21:26 2:28	23:35 2:09	30:16 6:41	31:42 1:26	34:56 3:14	38:57 4:01	39:24 0:27	39:54 0:30
2	Alice Bedwell BOK	43:34	6:12 3:32	9:44 3:16	13:00 4:15	17:15 4:32	21:47 2:32	25:58 1:39	33:38 7:40	35:00 1:22	38:22 3:22	42:32 4:10	43:03 0:31	43:34 0:31
3	Lesley Ross OD	44:56	6:27 3:42	10:09 3:35	13:44 4:27	18:11 4:33	22:44 3:01	25:45 1:39	27:24 7:29	34:53 1:23	36:16 3:20	39:36 4:15	43:51 0:30	44:21 0:35
4	Vanessa Lawson NGOC	45:18	6:43 3:36	10:19 3:37	13:56 4:22	18:18 4:17	22:35 3:06	25:41 1:42	27:23 7:28	34:51 1:24	36:15 3:15	39:30 4:46	44:16 0:31	45:18 0:31
5	Christine Farr SWOC	47:16	6:17 4:12	10:29 3:16	13:45 4:21	18:06 4:06	22:12 2:54	25:06 1:40	26:46 7:41	34:27 1:30	35:57 3:25	39:22 6:52	46:14 0:32	47:16 0:30
6	Jackie Scarf EPOC	47:26	6:29 4:03	10:32 4:30	15:02 4:30	19:23 4:21	23:50 4:27	26:49 2:59	28:41 1:52	36:44 8:03	38:12 1:28	41:40 3:28	46:23 4:43	47:26 0:30
7	Alison Hardy LEI	48:18	6:18 3:52	10:10 3:39	13:49 4:32	18:21 4:32	23:28 5:07	26:30 3:02	28:42 2:12	37:30 8:48	39:10 1:40	42:38 3:28	47:19 4:41	48:18 0:29
8	Delia Kingsbury WRE	49:18	6:08 3:43	9:51 3:24	13:15 4:48	18:03 4:48	23:18 5:15	26:09 2:51	28:00 1:51	38:08 10:08	39:36 1:28	43:28 3:52	48:09 4:41	49:18 0:37
9	Karen French WIM	49:45	6:33 3:41	10:14 3:26	13:40 4:45	18:25 5:09	23:34 3:09	26:43 1:47	28:30 8:05	36:35 1:39	38:14 3:39	41:53 6:43	48:36 0:34	49:45 0:35
10	Rachel Dennis BOK	51:04	7:18 4:02	11:20 4:02	15:02 3:42	19:55 4:53	25:29 5:34	28:24 2:55	30:15 1:51	39:27 9:12	41:02 1:35	44:53 3:51	49:53 5:00	51:04 0:35
11	Wendy Bullen WIM	51:18	6:57 3:54	10:51 3:45	14:36 5:30	20:06 5:30	25:22 5:16	28:25 3:03	30:09 1:44	39:38 9:29	41:15 1:37	45:12 3:57	50:08 4:56	51:18 0:37
12	Sharron Richard WRE	54:18	7:42 3:54	11:36 4:23	15:59 4:26	20:25 5:22	25:47 6:06	31:53 2:15	34:08 8:49	42:57 1:32	44:29 3:40	48:09 5:03	53:12 0:32	54:18 0:34
13	Karen Thompsor HOC	56:12	7:55 4:13	12:08 4:06	16:14 4:06	21:44 5:30	26:58 5:14	33:39 6:41	35:49 2:10	44:15 8:26	45:58 1:43	49:54 3:56	54:58 5:04	56:12 0:36
14	Clare Hanna LOG	57:10	7:55 4:57	12:52 4:01	16:53 5:25	22:18 5:09	27:27 3:24	30:51 2:40	33:31 2:40	44:14 10:43	46:03 1:49	50:18 4:15	55:49 5:31	57:10 0:40
15	Hannah Bradley NGOC	59:36	6:50 4:18	11:08 3:31	14:39 4:44	19:23 4:44	25:00 5:37	32:42 7:42	34:47 2:05	45:39 10:52	47:24 1:45	51:17 3:53	58:31 7:14	59:36 0:35
16	Michelle Ward NGOC	1:05:12	8:01 4:29	12:30 6:58	19:28 6:01	25:29 5:52	31:21 3:52	35:13 2:52	38:05 12:17	50:22 2:07	52:29 5:16	57:45 6:03	1:03:48 0:40	1:05:12 0:44
17	Clare Sanders NOC	1:08:05	9:00 5:06	14:06 4:56	19:02 6:03	25:05 5:45	30:50 8:44	39:34 2:30	42:04 10:31	52:35 1:50	54:25 4:34	58:59 7:55	1:06:54 0:35	1:08:05 0:36
18	Amy Curtis BOK	1:09:26	9:43 5:17	15:00 5:33	20:33 6:23	26:56 6:18	33:14 6:18	37:29 4:15	40:23 2:54	52:22 11:59	54:31 2:09	59:53 5:22	1:08:03 8:10	1:09:26 0:42
19	Lesley Ward SYO	1:10:21	8:10 4:46	12:56 4:25	17:21 6:12	23:33 6:12	30:31 6:58	34:49 4:18	37:18 2:29	48:40 11:22	50:54 2:14	56:17 5:23	1:08:22 12:05	1:09:20 0:58
20	Michaela da Cuni WYEVEN	1:11:26	9:18 4:45	14:03 6:36	20:39 6:36	27:15 6:36	37:02 9:47	40:39 3:37	43:29 2:50	55:49 12:20	57:52 2:03	1:03:02 5:10	1:10:10 7:08	1:11:26 0:42
21	Elizabeth Treher BOK	1:18:18	11:24 6:44	18:08 6:01	24:09 7:46	31:55 7:36	39:31 7:36	44:25 4:54	46:53 2:28	59:34 12:41	1:02:13 2:39	1:08:18 6:05	1:16:21 8:03	1:18:18 1:00

47:27
*213

Pl	Name	Time	Women Super Vet (25)													Finish				
Course 4			1(215)		2(222)	3(223)	4(207)	5(220)	4.0 km 80 m		15 C		9(210)	10(212)	11(214)	12(65)	13(64)	14(66)	15(213)	Finish
			1(215)	2(222)	3(223)	4(207)	5(220)	6(218)	7(224)	8(202)	9(210)	10(212)	11(214)	12(65)	13(64)	14(66)	15(213)			
1	Jill Blount SO	32:46	0:53 0:53	7:48 6:55	11:25 3:37	14:40 3:15	16:12 1:32	18:03 1:51	20:29 2:26	23:53 3:24	25:48 1:55	26:43 0:55	28:20 1:37	29:33 1:13	30:58 1:25	31:57 0:59	32:17 0:20	32:46 0:29		
2	Ginny Hudson NGOC	34:28	0:56 0:56	7:53 6:57	11:31 3:38	14:02 2:31	15:30 1:28	17:27 1:57	20:00 2:33	23:05 3:05	25:08 2:03	26:12 1:04	28:13 2:01	29:46 1:33	31:31 1:45	33:31 2:00	33:53 0:22	34:28 0:35		
3	Marion Payne-Bi GO	35:50	0:44 0:44	9:09 8:25	13:07 3:58	15:44 2:37	17:18 1:34	19:15 1:57	21:55 2:40	25:08 3:13	27:26 2:18	28:32 1:06	30:28 1:56	32:05 1:37	33:40 1:35	34:55 1:15	35:19 0:24	35:50 0:31		
4	Fiona Sellar DVO	37:30	0:59 0:59	9:15 8:16	13:46 4:31	16:29 2:43	18:00 1:31	20:05 2:05	22:45 2:40	25:51 3:06	28:12 2:21	29:27 1:15	31:42 2:15	33:19 1:37	35:03 1:44	36:35 1:32	36:59 0:24	37:30 0:31		
5	Adell Cooper NWO	37:37	1:07 1:07	9:24 8:17	13:32 4:08	16:26 2:54	17:56 1:30	19:59 2:03	22:38 2:39	25:53 3:15	28:23 2:30	29:29 1:06	31:20 1:51	33:19 1:59	34:57 1:38	36:34 1:37	36:55 0:21	37:37 0:42		
6	Adele Newall KERNO	37:47	0:44 0:44	7:53 7:09	11:22 3:29	13:48 2:26	15:16 1:28	17:44 2:28	20:29 2:45	24:35 4:06	26:37 2:02	27:47 1:10	29:59 2:12	31:56 1:57	33:52 1:56	36:56 3:04	37:19 0:23	37:47 0:28		
7	Marian Needham IND	37:58	0:51 0:51	8:51 8:00	12:50 3:59	15:41 2:51	17:45 2:04	19:45 2:00	22:14 2:29	25:49 3:35	28:00 2:11	29:31 1:31	31:47 2:16	33:12 1:25	34:54 1:42	36:57 2:03	37:25 0:28	37:58 0:33		
8	Rosie Wych QO	40:43	1:08 1:08	10:11 9:03	15:01 4:50	18:02 3:01	19:43 1:41	21:40 1:57	24:37 2:57	29:49 5:12	32:00 2:11	33:22 1:22	35:18 1:56	36:52 1:34	38:47 1:55	39:49 1:02	40:12 0:23	40:43 0:31		
9	Claire Bushnell WCH	40:53	0:40 0:40	9:55 9:15	14:06 4:11	16:54 2:48	18:21 1:27	20:31 2:10	24:09 3:38	28:09 4:00	30:54 2:45	32:15 1:21	34:29 2:14	36:47 2:18	38:25 1:38	39:56 1:31	40:24 0:28	40:53 0:29		
10	Caroline Potter BOK	42:40	0:51 0:51	10:58 10:07	14:45 3:47	17:48 3:03	19:22 1:34	21:38 2:16	24:51 3:13	29:03 4:12	31:28 2:25	32:43 1:15	34:52 2:09	38:19 3:27	39:49 1:30	40:53 1:04	41:16 0:23	42:40 1:24		
11	Jane Archer SN	43:03	1:23 1:23	11:00 9:37	15:43 4:43	19:01 3:18	20:54 1:53	23:08 2:14	27:02 3:54	30:44 3:42	33:24 2:40	34:37 1:13	36:55 2:18	38:36 1:41	40:34 1:58	41:52 1:18	42:20 0:28	43:03 0:43		
12	Suzanne Harding NGOC	45:21	1:11 1:11	11:19 10:08	15:51 4:32	19:02 3:11	20:51 1:49	23:54 3:03	27:09 3:15	30:44 3:35	33:48 3:04	35:09 1:21	37:57 2:48	40:04 2:07	42:13 2:09	44:11 1:58	44:37 0:26	45:21 0:44		
13	Gill Stott NGOC	46:56	0:58 0:58	12:27 11:29	17:11 4:44	20:30 3:19	22:22 1:52	24:53 2:31	28:25 3:32	32:26 4:01	35:23 2:57	36:41 1:18	38:56 2:15	40:51 1:55	42:55 2:04	45:50 2:55	46:22 0:32	46:56 0:34		
14	Gwen Tanner BOK	47:01	1:02 1:02	12:04 11:02	16:58 4:54	20:27 3:29	22:16 1:49	24:42 2:26	28:20 3:38	32:29 4:09	35:28 2:59	37:47 2:19	40:36 2:49	42:32 1:56	44:22 1:50	46:01 1:39	46:27 0:26	47:01 0:34		
15	Eliza Hermann HH	47:03	1:04 1:04	12:04 11:00	17:27 5:23	20:37 3:10	22:37 2:00	25:06 2:29	28:18 3:12	32:48 4:30	35:39 2:51	37:12 1:33	39:56 2:44	42:07 2:11	44:15 2:08	45:56 1:41	46:31 0:35	47:03 0:32		
16	Gill Godbold BKO	47:33	1:17 1:17	11:16 9:59	16:05 4:49	19:23 3:18	21:32 2:09	24:12 2:40	27:25 3:13	31:01 3:36	34:22 3:21	37:14 2:52	40:07 2:53	42:05 1:58	44:13 2:08	46:26 2:13	46:51 0:25	47:33 0:42		
17	Kim Liggett NGOC	47:34	1:08 1:08	11:04 9:56	16:16 5:12	19:51 3:35	21:48 1:57	24:36 2:48	28:23 3:47	32:54 4:31	36:00 3:06	37:25 1:25	40:24 2:59	42:46 2:22	44:54 2:08	46:17 1:23	46:52 0:35	47:34 0:42		
18	Hilary Pickering WIM	47:46	1:13 1:13	10:41 9:28	15:49 5:08	19:10 3:21	20:55 1:45	24:46 3:51	28:04 3:18	32:13 4:09	35:49 3:36	37:21 1:32	40:01 2:40	42:24 2:23	44:41 2:17	46:25 1:44	46:55 0:30	47:46 0:51		
19	Gill Sharp SN	50:59	2:22 2:22	13:26 11:04	18:48 5:22	22:33 3:45	24:47 2:14	27:33 2:46	30:59 3:26	36:11 5:12	39:20 3:09	41:08 1:48	43:43 2:35	45:40 1:57	47:44 2:04	49:31 1:47	50:04 0:33	50:59 0:55		
20	Joanne Leigh OD	51:47	1:23 1:23	11:26 10:03	16:16 4:50	23:08 6:52	24:40 1:32	26:59 2:19	30:14 3:15	38:09 7:55	41:33 3:24	43:01 1:28	45:28 2:27	47:41 2:13	49:24 1:43	50:50 1:26	51:14 0:24	51:47 0:33		
21	Jane Stew OD	54:58	1:14 1:14	12:05 10:51	19:56 7:51	23:23 3:27	25:24 2:01	28:08 2:44	32:05 3:57	37:46 5:41	41:25 3:39	44:32 3:07	47:31 2:59	49:39 2:08	51:55 2:16	53:54 1:59	54:24 0:30	54:58 0:34		
22	Julia Wilkinson HOC	55:40	1:30 1:30	16:58 15:28	22:18 5:20	26:11 3:53	28:41 2:30	31:14 2:33	35:23 4:09	40:18 4:55	43:38 3:20	45:06 1:28	48:20 3:14	50:35 2:15	52:42 2:07	54:18 1:36	54:54 0:36	55:40 0:46		
23	Adele Appleby QO	58:08	1:28 1:28	13:19 11:51	18:45 5:26	23:10 4:25	25:10 2:00	30:05 4:55	34:08 4:03	41:15 7:07	45:04 3:49	47:09 2:05	50:26 3:17	52:46 2:20	54:57 2:11	56:43 1:46	57:24 0:41	58:08 0:44		
24	Carol Farrington HOC	58:43	1:18 1:18	13:54 12:36	19:31 5:37	23:24 3:53	25:41 2:17	28:32 2:51	32:19 3:47	37:54 5:35	41:44 3:50	43:46 2:02	48:13 4:27	50:39 2:26	53:17 2:38	56:41 3:24	57:33 0:52	58:43 1:10		
25	Elaine Green QO	1:15:45	1:31 1:31	24:34 23:03	31:04 6:30	35:55 4:51	38:32 2:37	45:30 6:58	49:27 3:57	59:20 9:53	1:02:30 3:10	1:04:28 1:58	1:07:13 2:45	1:09:26 2:13	1:11:53 2:27	1:14:32 2:39	1:15:11 0:39	1:15:45 0:34		

Pl	Name	Time	Women Ultra Vet (17)							9 C	9(213)	Finish
			1(224)	2(225)	3(222)	4(223)	5(226)	3.5 km 85 m 6(230)	7(229)			
1	Christine Kiddier BL	32:09	5:34 5:34	8:08 2:34	11:47 3:39	15:42 3:55	19:18 3:36	24:06 4:48	25:37 1:31	31:06 5:29	31:38 0:32	32:09 0:31
2	Liz Godfree DVO	32:16	5:23 5:23	7:55 2:32	11:48 3:53	15:30 3:42	18:41 3:11	23:41 5:00	25:21 1:40	31:09 5:48	31:43 0:34	32:16 0:33
3	Kate Bryant MDOC	37:45	7:07 7:07	10:02 2:55	14:31 4:29	19:06 4:35	22:40 3:34	28:12 5:32	29:53 1:41	36:34 6:41	37:10 0:36	37:45 0:35
4	Lesley Brown HOC	38:26	6:17 6:17	8:49 2:32	12:58 4:09	17:46 4:48	21:45 3:59	27:48 6:03	29:39 1:51	37:03 7:24	37:45 0:42	38:26 0:41
5	Jill Manning SWOC	39:26	5:57 5:57	8:51 2:54	12:51 4:00	17:40 4:49	23:27 5:47	29:18 5:51	31:04 1:46	38:13 7:09	38:52 0:39	39:26 0:34
6	Margaret Willdig OD	39:58	7:06 7:06	10:19 3:13	14:23 4:04	19:08 4:45	23:03 3:55	28:59 5:56	30:49 1:50	38:46 7:57	39:23 0:37	39:58 0:35
7	Sue Hands WIM	40:43	6:13 6:13	9:04 2:51	14:02 4:58	18:53 4:51	22:49 3:56	29:22 6:33	31:16 1:54	39:27 8:11	40:09 0:42	40:43 0:34
8	Carol Sands BOK	43:20	7:00 7:00	10:24 3:24	15:05 4:41	19:43 4:38	23:38 3:55	29:54 6:16	32:56 3:02	41:53 8:57	42:38 0:45	43:20 0:42
9	Diana McClure SBOC	45:11	7:20 7:20	10:27 3:07	15:44 5:17	21:20 5:36	26:29 5:09	33:17 6:48	35:24 2:07	43:38 8:14	44:26 0:48	45:11 0:45
10	Inara Gipsle TVOC	45:12	7:05 7:05	9:45 2:40	14:33 4:48	20:10 5:37	25:08 4:58	31:21 6:13	33:19 1:58	43:38 10:19	44:25 0:47	45:12 0:47
11	Jenny Collyer SOS	47:19	6:55 6:55	12:29 5:34	18:57 6:28	24:15 5:18	28:58 4:43	35:28 6:30	37:32 2:04	45:42 8:10	46:33 0:51	47:19 0:46
12	Rosalind Taunton NGOC	47:45	7:33 7:33	10:42 3:09	16:03 5:21	21:27 5:24	27:23 5:56	34:46 7:23	37:07 2:21	46:11 9:04	46:56 0:45	47:45 0:49
13	Karin Kirk OD	50:47	7:42 7:42	10:53 3:11	15:44 4:51	20:28 4:44	27:27 6:59	33:59 6:32	36:19 2:20	49:30 13:11	50:11 0:41	50:47 0:36
14	Anne May SLOW	51:03	8:03 8:03	11:38 3:35	17:03 5:25	23:13 6:10	28:20 5:07	36:39 8:19	39:31 2:52	49:00 9:29	50:00 1:00	51:03 1:03
15	Caroline Pickerin IND	1:02:44	10:07 10:07	14:31 4:24	21:17 6:46	28:07 6:50	34:20 6:13	43:20 9:00	49:25 6:05	1:00:39 11:14	1:01:49 1:10	1:02:44 0:55
16	Kathryn Orton NWO	1:04:54	10:02 10:02	16:03 6:01	22:45 6:42	30:01 7:16	39:19 9:18	48:09 8:50	51:18 3:09	1:02:29 11:11	1:03:41 1:12	1:04:54 1:13
17	Nina Stimson NWO	1:13:20	8:56 8:56	13:20 4:24	21:21 8:01	28:58 7:37	44:49 15:51	56:27 11:38	58:51 2:24	1:11:39 12:48	1:12:30 0:51	1:13:20 0:50

Pl	Name	Time										
Course 5		Women Hyper Vet (2)					3.5 km 85 m		9 C			
		1(224)	2(225)	3(222)	4(223)	5(226)	6(230)	7(229)	8(215)	9(213)	Finish	
1	Judith Goodair	50:35	7:29	11:01	16:32	23:19	28:48	37:34	39:49	49:06	49:55	50:35
	EPOC		7:29	3:32	5:31	6:47	5:29	8:46	2:15	9:17	0:49	0:40
2	Ruth Rhodes	51:54	9:06	13:05	18:17	25:03	30:09	38:15	40:58	50:36	51:16	51:54
	SO		9:06	3:59	5:12	6:46	5:06	8:06	2:43	9:38	0:40	0:38

Pl	Name	Time													
Course 6		Women Junior (4)				3.0 km 35 m		12 C					Finish		
		1(215)	2(221)	3(205)	4(206)	5(201)	6(203)	7(204)	8(209)	9(211)	10(214)	11(61)	12(213)		
1	Rebecca Ward NGOC	27:09	1:17	3:17	7:41	12:33	16:04	17:14	17:38	18:17	20:00	23:02	25:34	26:39	27:09
			1:17	2:00	4:24	4:52	3:31	1:10	0:24	0:39	1:43	3:02	2:32	1:05	0:30
2	Heather Green QO	31:49	1:23	5:27	9:47	15:21	19:56	21:55	22:04	23:00	25:00	28:27	30:14	31:15	31:49
			1:23	4:04	4:20	5:34	4:35	1:59	0:09	0:56	2:00	3:27	1:47	1:01	0:34
3	Sophie Vincent DVO	33:13	1:03	4:02	8:58	13:59	19:08	20:44	21:27	22:28	25:25	28:15	30:59	32:37	33:13
			1:03	2:59	4:56	5:01	5:09	1:36	0:43	1:01	2:57	2:50	2:44	1:38	0:36
4	Gill Johnson BOK	59:27	2:18	7:06	13:34	23:40	33:41	37:26	37:40	40:29	44:53	51:22	55:24	58:07	59:27
			2:18	4:48	6:28	10:06	10:01	3:45	0:14	2:49	4:24	6:29	4:02	2:43	1:20

Pl	Name	Time															
Course 7		Women Young Junior (2)					1.8 km 0 m		14 C								
		1(201)	2(202)	3(203)	4(204)	5(209)	6(210)	7(211)	8(212)	9(63)	10(67)	11(214)	12(62)	13(61)	14(213)	Finish	
1	Grace French	20:46	1:04	2:12	3:10	3:21	4:13	5:50	6:50	7:37	8:38	9:55	16:33	17:55	18:56	20:13	20:46
	WIM		1:04	1:08	0:58	0:11	0:52	1:37	1:00	0:47	1:01	1:17	6:38	1:22	1:01	1:17	0:33
2	Libby Mawer	47:04	3:55	6:13	9:00	9:19	10:57	15:31	19:01	20:09	22:24	25:35	36:17	38:15	39:01	45:36	47:04
	IND		3:55	2:18	2:47	0:19	1:38	4:34	3:30	1:08	2:15	3:11	10:42	1:58	0:46	6:35	1:28