

Pl	Name	Time			5.0 km	240 m	29 C																	
			1(32)	2(34)	3(39)	4(47)	5(50)	6(52)	7(54)	8(53)	9(55)	10(58)	11(59)	12(62)	13(63)	14(64)	15(65)	16(66)	17(67)	18(68)	19(61)	20(60)	21(69)	22(57)
			23(56)	24(51)	25(42)	26(48)	27(201)	28(202)	29(70)	Finish														
1	Richard Mawer BAOC	42:35	0:51 0:51 34:50	1:42 0:51 35:53	4:00 2:18 37:05	5:02 1:02 39:00	6:53 1:51 40:53	8:34 1:41 41:36	9:45 1:11 42:18	10:23 0:38 42:35	11:54 1:31	14:04 2:10	15:14 1:10	16:14 1:00	17:56 1:42	19:21 1:25	21:15 1:54	23:36 2:21	24:52 1:16	27:28 2:36	29:15 1:47	30:01 0:46	31:42 1:41	33:38 1:56
2	David Roome SROC	44:21	0:50 0:50 35:26	1:41 0:51 37:22	3:46 2:05 38:32	4:57 1:11 40:37	6:57 2:00 42:44	8:25 1:28 43:28	9:34 1:09 44:06	10:13 0:39 44:21	11:12 0:59	14:25 3:13	15:55 1:30	16:49 0:54	18:33 1:44	19:51 1:18	21:58 2:07	24:22 2:24	25:36 1:14	27:56 2:20	29:31 1:35	30:25 0:54	32:05 1:40	34:04 1:59
3	Matthew Pickering UBOC	46:46	0:44 0:44 38:11	1:37 0:53 39:17	4:00 2:23 40:33	5:03 1:03 42:48	7:10 2:07 45:03	8:35 1:25 45:51	9:49 1:14 46:32	10:33 0:44 46:46	11:31 0:58	13:49 2:18	15:40 1:51	16:34 0:54	18:47 2:13	20:32 1:45	23:29 2:57	26:20 2:51	27:49 1:29	30:55 3:06	32:25 1:30	33:16 0:51	34:47 1:31	36:58 2:11
4	Phil Murray BOK	47:20	0:54 0:54 38:19	1:50 0:56 39:26	4:11 2:21 40:41	5:17 1:06 43:17	7:45 2:28 45:32	9:18 1:33 46:21	11:18 2:00 47:04	12:02 0:44 47:20	13:18 1:16	15:27 2:09	16:45 1:18	17:47 1:02	19:39 1:52	21:28 1:49	24:20 2:52	26:48 2:28	28:05 1:17	30:44 2:39	32:19 1:35	33:06 0:47	34:50 1:44	37:04 2:14
5	James Clemence SWOC	48:31	1:15 0:48 0:48 38:53	1:07 1:48 1:00 40:11	4:12 2:24 41:38	5:22 1:10 44:03	7:36 2:14 46:35	9:26 1:50 47:26	10:48 1:22 48:14	11:45 0:57 48:31	12:54 1:09	15:42 2:48	17:11 1:29	18:17 1:06	19:48 1:31	21:19 1:31	23:44 2:25	26:36 2:52	28:13 1:37	31:10 2:57	32:50 1:40	33:49 0:59	35:30 1:41	37:31 2:01
6	Heather Roome SROC	53:55	1:22 0:51 0:51 43:30	1:18 1:52 1:01 44:47	4:30 2:38 46:13	5:55 1:25 49:15	8:11 2:16 51:55	10:17 2:06 52:43	11:40 1:23 53:36	12:33 0:53 53:55	13:52 1:19	16:50 2:58	18:32 1:42	19:41 1:09	21:56 2:15	23:37 1:41	26:14 2:37	29:45 3:31	31:25 1:40	34:47 3:22	36:54 2:07	37:52 0:58	39:28 1:36	42:02 2:34
7	Scott Johnson NGOC	57:12	1:28 0:44 0:44 46:49	1:17 1:40 0:56 48:01	3:02 4:38 2:58 50:14	4:48 5:47 1:09 52:43	6:48 8:45 2:58 55:25	8:48 10:40 1:55 56:17	10:48 11:57 1:17 57:00	12:39 12:39 0:42 57:12	14:34 1:55	18:20 3:46	19:38 1:18	20:50 1:12	23:05 2:15	24:21 1:16	26:37 2:16	29:40 3:03	31:13 1:33	34:24 3:11	36:21 1:57	37:34 1:13	39:08 1:34	42:51 3:43
8	Paul Horsfall NGOC	58:10	3:58 0:52 0:52 49:10	1:12 1:47 0:55 50:25	2:13 4:24 2:37 51:49	2:29 6:00 1:36 54:03	2:42 8:56 2:56 56:16	0:52 10:45 1:49 57:03	0:43 12:23 1:38 57:51	0:43 13:00 0:37 58:10	0:12 14:43 1:43	17:20 2:37	18:49 1:29	20:38 1:49	22:31 1:53	25:42 3:11	30:31 4:49	35:08 4:37	36:46 1:38	39:35 2:49	41:20 1:45	42:27 1:07	44:07 1:40	46:45 2:38
9	Christophe Pige NGOC	59:10	2:25 0:58 0:58 47:26	1:15 2:09 1:11 48:54	1:24 4:56 2:47 50:39	2:14 6:15 1:19 54:03	2:13 9:00 2:45 56:59	0:47 10:52 1:52 57:58	0:48 12:18 1:26 58:52	0:18 12:56 0:38 59:10	0:19 14:12 1:16	17:27 3:15	18:43 1:16	19:56 1:13	23:27 3:31	25:19 1:52	28:17 2:58	32:12 3:55	34:18 2:06	37:20 3:02	39:24 2:04	40:47 1:23	42:35 1:48	45:31 2:56
10	Peter Dobra UBOC	59:29	1:55 0:57 0:57 47:51	1:28 1:53 0:56 49:17	1:45 5:06 3:13 50:48	3:24 6:31 1:25 54:52	2:56 9:57 3:26 57:39	0:59 11:54 1:57 58:32	0:54 13:43 1:49 59:16	0:18 14:46 1:03 59:29	0:18 16:35 1:49	19:19 2:44	20:55 1:36	22:09 1:14	24:00 1:51	26:22 2:22	29:02 2:40	32:37 3:35	34:30 1:53	38:27 3:57	40:39 2:12	41:41 1:02	43:17 1:36	46:13 2:56
11	Scott Bailey BOK	60:09	1:38 1:03 1:03 50:02	1:26 1:59 0:56 51:18	1:31 6:57 4:58 52:43	4:04 8:16 1:19 55:30	2:47 10:53 2:37 58:07	0:53 13:12 2:19 59:01	0:44 14:52 1:40 59:53	0:13 16:16 1:24 60:09	0:13 17:16 1:00	20:10 2:54	21:40 1:30	22:51 1:11	25:14 2:23	26:51 1:37	29:55 3:04	33:01 3:06	35:02 2:01	38:21 3:19	40:37 2:16	41:33 0:56	43:02 1:29	46:45 3:43
12	Kath Atkins HOC	60:46	3:17 1:06 1:06 49:10	1:16 2:59 1:53 50:27	1:25 5:59 3:00 52:02	2:47 7:26 1:27 56:07	2:37 10:34 3:08 58:50	0:54 12:52 2:18 59:45	0:52 14:38 1:46 60:28	0:16 15:28 0:50 60:46	0:16 16:45 1:17	19:36 2:51	21:32 1:56	22:38 1:06	25:56 3:18	28:10 2:14	31:49 3:39	34:45 2:56	36:33 1:48	40:05 3:32	41:53 1:48	42:53 1:00	44:37 1:44	47:45 3:08
13	Chris McCartney OD	62:17	1:02 1:02 50:55	2:46 1:44 52:14	5:47 3:01 53:41	7:06 1:19 57:19	9:55 2:49 60:18	11:52 1:57 61:10	13:45 1:53 61:58	14:38 0:53 62:17	16:42 2:04	21:01 4:19	22:24 1:23	23:29 1:05	26:00 2:31	27:32 1:32	30:44 3:12	34:03 3:19	35:58 1:55	39:32 3:34	41:38 2:06	42:36 0:58	44:30 1:54	47:46 3:16
14	Anders Johansson NGOC	62:40	3:09 0:55 0:55 50:37	1:19 2:02 1:07 52:17	1:27 5:16 3:14 53:49	3:38 6:31 1:15 57:08	2:59 9:32 3:01 60:23	0:52 11:38 2:06 61:37	0:48 13:24 1:46 62:24	0:19 15:55 2:31 62:40	0:19 17:11 1:16	20:18 3:07	21:59 1:41	23:27 1:28	25:52 2:25	27:56 2:04	31:05 3:09	35:13 4:08	36:57 1:44	40:23 3:26	42:39 2:16	43:48 1:09	45:46 1:58	48:34 2:48

Pl	Name	Time																									
Brown (29)			5.0 km 240 m 29 C					<i>(cont.)</i>																			
			1(32)	2(34)	3(39)	4(47)	5(50)	6(52)	7(54)	8(53)	9(55)	10(58)	11(59)	12(62)	13(63)	14(64)	15(65)	16(66)	17(67)	18(68)	19(61)	20(60)	21(69)	22(57)			
			23(56)	24(51)	25(42)	26(48)	27(201)	28(202)	29(70)	Finish																	
15	Chaitanya Ijam RMOG	65:17	1:12	2:15	5:27	6:55	9:49	12:00	13:35	14:28	16:05	20:05	21:48	23:05	26:06	28:22	31:12	34:43	36:22	39:52	43:51	44:55	46:39	50:13			
			1:12	1:03	3:12	1:28	2:54	2:11	1:35	0:53	1:37	4:00	1:43	1:17	3:01	2:16	2:50	3:31	1:39	3:30	3:59	1:04	1:44	3:34			
			52:30	54:08	56:01	59:36	62:40	63:50	64:55	65:17																	
16	Peter Watson NGOG	65:53	2:17	1:38	1:53	3:35	3:04	1:10	1:05	0:22																	
			0:59	2:07	4:50	6:46	10:27	12:56	14:37	15:10	16:26	21:53	25:47	26:51	28:50	30:35	33:38	38:58	40:57	44:22	46:39	47:45	49:09	52:39			
			0:59	1:08	2:43	1:56	3:41	2:29	1:41	0:33	1:16	5:27	3:54	1:04	1:59	1:45	3:03	5:20	1:59	3:25	2:17	1:06	1:24	3:30			
17	Christian Saxtoft BOK	66:27	55:00	56:28	57:57	61:24	64:06	64:55	65:36	65:53																	
			2:21	1:28	1:29	3:27	2:42	0:49	0:41	0:17																	
			1:10	3:02	6:15	7:23	10:03	11:47	13:30	14:35	15:52	18:30	19:56	22:32	25:00	27:10	29:55	33:00	36:04	39:00	40:51	41:55	43:45	46:40			
18	Greg Best NGOG	67:15	1:10	1:52	3:13	1:08	2:40	1:44	1:43	1:05	1:17	2:38	1:26	2:36	2:28	2:10	2:45	3:05	3:04	2:56	1:51	1:04	1:50	2:55			
			48:43	51:47	53:28	57:50	64:17	65:19	66:09	66:27																	
			2:03	3:04	1:41	4:22	6:27	1:02	0:50	0:18																	
19	Neville Baker TVOC	69:51	1:16	2:36	5:53	7:34	11:19	14:00	15:55	16:55	19:14	22:04	24:19	25:33	27:41	31:02	34:13	38:39	40:46	44:13	46:45	47:51	50:13	53:00			
			1:16	1:20	3:17	1:41	3:45	2:41	1:55	1:00	2:19	2:50	2:15	1:14	2:08	3:21	3:11	4:26	2:07	3:27	2:32	1:06	2:22	2:47			
			55:00	56:31	58:19	61:28	64:51	66:04	66:56	67:15																	
20	Alec Linton WIM	79:30	2:00	1:31	1:48	3:09	3:23	1:13	0:52	0:19																	
			1:54	4:06	7:13	8:47	11:51	13:58	15:34	16:34	17:57	21:10	24:17	25:39	27:43	31:51	34:58	39:05	40:56	44:15	46:20	47:49	49:45	54:32			
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21	Nick Gracie BOK	84:20	57:03	58:43	60:34	64:18	67:07	68:08	69:25	69:51																	
			2:31	1:40	1:51	3:44	2:49	1:01	1:17	0:26																	
			1:45	3:13	7:12	8:59	14:31	17:07	21:56	23:02	25:07	29:02	31:13	33:20	35:48	38:15	41:07	46:03	48:08	53:35	56:09	57:34	59:53	63:10			
22	Christopher Harris NGOG	91:00	65:55	67:53	70:06	73:44	76:49	77:59	79:06	79:30																	
			2:45	1:58	2:13	3:38	3:05	1:10	1:07	0:24																	
			1:23	2:54	7:17	9:15	13:07	16:34	18:48	19:58	22:24	26:33	28:36	32:05	35:33	38:17	42:49	46:26	49:07	53:47	56:44	58:14	60:59	64:45			
23	Marie-Anne Fischer BOK	97:38	67:37	69:53	72:22	76:39	80:08	81:51	83:41	84:20																	
			2:52	2:16	2:29	4:17	3:29	1:43	1:50	0:39																	
			1:02	3:00	13:47	15:23	21:25	24:07	27:07	29:14	30:48	37:58	39:25	40:42	44:12	46:16	50:20	54:03	56:04	61:27	64:55	66:07	70:07	74:06			
24	James King IND	106:46	76:59	78:44	81:34	85:53	88:45	89:47	90:45	91:00																	
			2:53	1:45	2:50	4:19	2:52	1:02	0:58	0:15	*53																
			1:20	3:32	8:14	10:36	15:49	19:47	22:48	26:18	28:10	32:58	35:01	37:06	41:36	44:43	48:54	54:52	57:33	62:35	65:47	67:11	71:07	76:10			
Paul Gebbett BOK	mp	40:02	79:38	81:41	83:58	89:48	93:55	95:38	97:16	97:38																	
			3:28	2:03	2:17	5:50	4:07	1:43	1:38	0:22																	
			1:08	2:34	7:42	9:16	13:03	15:22	17:43	18:59	20:20	23:55	26:25	27:44	30:27	33:25	61:26	66:55	68:58	74:29	78:39	79:52	85:31	92:04			
Richard Peters IND	mp	68:27	1:08	1:26	5:08	1:34	3:47	2:19	2:21	1:16	1:21	3:35	2:30	1:19	2:43	2:58	28:01	5:29	2:03	5:31	4:10	1:13	5:39	6:33			
			94:13	95:39	97:40	101:06	104:21	105:28	106:29	106:46																	
			2:09	1:26	2:01	3:26	3:15	1:07	1:01	0:17																	
William Parkhouse IND	dnf	-----	0:53	1:50	4:48	5:57	9:35	11:30	13:06	13:59	15:08	18:18	20:12	21:10	23:12	25:24	27:43	30:43	32:10	35:32	37:35	-----	40:02	43:20			
			0:53	0:57	2:58	1:09	3:38	1:55	1:36	0:53	1:09	3:10	1:54	0:58	2:02	2:12	2:19	3:00	1:27	3:22	2:03						
			45:00	46:05	47:24	50:30	52:47	53:40	54:30	54:47																	
Ben Mitchell SBOG	dnf	-----	1:40	1:05	1:19	3:06	2:17	0:53	0:50	0:17																	
			4:44	5:43	11:27	12:56	15:32	17:59	20:41	21:45	23:07	31:58	33:28	34:45	36:54	38:43	48:19	52:23	54:37	60:42	64:57	66:14	68:27	79:42			
			4:44	0:59	5:44	1:29	2:36	2:27	2:42	1:04	1:22	8:51	1:30	1:17	2:09	1:49	9:36	4:04	2:14	6:05	4:15	1:17	2:13	11:15			
Ben Mitchell SBOG	dnf	-----	-----	84:49	-----	92:05	96:06	97:25	99:09	99:29																	
			5:07	-----	7:16	4:01	1:19	1:44	0:20	*43																	
			1:55	3:58	8:39	11:27	20:17	23:44	26:13	30:37	32:31	44:11	51:40	53:33	58:09	61:41	66:45	72:10	75:17	80:10	-----	-----	-----	-----			
Ben Mitchell SBOG	dnf	-----	1:55	2:03	4:41	2:48	8:50	3:27	2:29	4:24	1:54	11:40	7:29	1:53	4:36	3:32	5:04	5:25	3:07	4:53							
			0:42	1:27	3:10	4:05	5:39	6:51	7:46	8:20	9:32	11:20	12:33	13:19	14:18	15:16	-----	-----	-----	-----	-----	-----	-----	-----			
			0:42	0:45	1:43	0:55	1:34	1:12	0:55	0:34	1:12	1:48	1:13	0:46	0:59	0:58											

Pl	Name	Time																						
Brown (29)			5.0 km 240 m		29 C		<i>(cont.)</i>																	
			1(32) 23(56)	2(34) 24(51)	3(39) 25(42)	4(47) 26(48)	5(50) 27(201)	6(52) 28(202)	7(54) 29(70)	8(53) Finish	9(55)	10(58)	11(59)	12(62)	13(63)	14(64)	15(65)	16(66)	17(67)	18(68)	19(61)	20(60)	21(69)	22(57)
	Megan Carter-Davie POW	dnf	0:37 0:37 ----	1:19 0:42 ----	3:30 2:11 ----	4:20 0:50 ----	6:06 1:46 ----	7:15 1:09 ----	8:12 0:57 ----	8:45 0:33 ----	9:53 1:08	11:53 2:00	13:11 1:18	14:01 0:50	15:00 0:59	16:05 1:05	----	----	----	----	----	----	----	----
Blue (31)			4.4 km 165 m		22 C																			
			1(34) Finish	2(48)	3(50)	4(52)	5(54)	6(55)	7(69)	8(60)	9(63)	10(64)	11(67)	12(68)	13(61)	14(58)	15(57)	16(56)	17(51)	18(47)	19(38)	20(201)	21(202)	22(70)
1	John Miklausic NGOC	47:47	1:49 1:49 47:47 0:16	4:54 3:05	7:44 2:50	9:21 1:37	13:05 3:44	14:40 1:35	16:12 1:32	17:36 1:24	19:47 2:11	21:18 1:31	22:56 1:38	25:40 2:44	27:44 2:04	30:27 2:43	34:32 4:05	37:18 2:46	38:41 1:23	41:42 3:01	43:42 2:00	45:46 2:04	46:44 0:58	47:31 0:47
2	Duncan Innes SWOC	48:09	2:03 2:03 48:09 0:17	5:26 3:23	8:31 3:05	10:28 1:57	12:25 1:57	15:14 2:49	16:48 1:34	18:22 1:34	21:10 2:48	23:05 1:55	25:00 1:55	28:10 3:10	30:08 1:58	33:13 3:05	34:54 1:41	37:35 2:41	39:01 1:26	42:12 3:11	43:56 1:44	45:58 2:02	46:54 0:56	47:52 0:58
3	John Simmons BOK	50:34	3:10 3:10 50:34 0:16	6:50 3:40	10:31 3:41	12:38 2:07	14:26 1:48	15:54 1:28	17:32 1:38	19:18 1:46	22:39 3:21	25:13 2:34	27:15 2:02	30:39 3:24	32:28 1:49	35:39 3:11	37:25 1:46	39:02 1:37	40:49 1:47	44:52 4:03	46:37 1:45	48:43 2:06	49:31 0:48	50:18 0:47
4	Philip Eeles SOC	51:05	2:18 2:18 51:05 0:21	5:45 3:27	9:47 4:02	12:02 2:15	13:42 1:40	15:22 1:40	17:01 1:39	19:14 2:13	21:53 2:39	23:25 1:32	26:06 2:41	29:38 3:32	31:53 2:15	35:11 3:18	36:51 1:40	39:36 2:45	41:13 1:37	44:42 3:29	46:31 1:49	48:45 2:14	49:46 1:01	50:44 0:58
5	Thomas Cochrane NGOC	51:41	1:33 1:33 51:41 0:16	5:05 3:32	7:58 2:53	10:51 2:53	12:31 1:40	15:01 2:30	16:41 1:40	18:35 1:54	22:09 3:34	23:58 1:49	25:50 1:52	29:25 3:35	31:30 2:05	34:29 2:59	37:08 2:39	39:32 2:24	40:53 1:21	43:49 2:56	47:28 3:39	49:40 2:12	50:37 0:57	51:25 0:48
6	Bruce Bryant OD	51:48	2:16 2:16 51:48 0:19	6:03 3:47	9:50 3:47	12:28 2:38	14:06 1:38	15:46 1:40	17:30 1:44	19:23 1:53	22:11 2:48	24:35 2:24	26:39 2:04	30:37 3:58	32:57 2:20	36:39 3:42	38:26 1:47	40:09 1:43	41:36 1:27	45:27 3:51	47:17 1:50	49:44 2:27	50:37 0:53	51:29 0:52
7	Alison Simmons BOK	52:23	2:43 2:43 52:23 0:16	6:58 4:15	9:35 2:37	11:59 2:24	13:46 1:47	15:17 1:31	17:09 1:52	19:30 2:21	22:13 2:43	23:57 1:44	25:55 1:58	28:52 2:57	30:44 1:52	34:33 3:49	36:29 1:56	40:01 3:32	41:40 1:39	44:58 3:18	47:39 2:41	50:02 2:23	51:13 1:11	52:07 0:54
8	Martyn Roome SROC	54:47	1:57 1:57 54:47 0:19	5:43 3:46	9:12 3:29	11:13 2:01	14:21 3:08	15:51 1:30	20:24 4:33	21:56 1:32	24:43 2:47	26:28 1:45	28:44 2:16	32:13 3:29	34:38 2:25	38:00 3:22	39:59 1:59	43:18 3:19	44:57 1:39	48:28 3:31	50:16 1:48	52:40 2:24	53:32 0:52	54:28 0:56
8	Paul Basher HOC	54:47	3:20 3:20 54:47 0:18	7:08 3:48	10:25 3:17	12:47 2:22	14:27 1:40	15:58 1:31	17:39 1:41	19:38 1:59	22:42 3:04	24:49 2:07	26:41 1:52	30:32 3:51	32:36 2:04	35:32 2:56	42:06 6:34	44:18 2:12	45:37 1:19	48:48 3:11	50:30 1:42	52:39 2:09	53:33 0:54	54:29 0:56
10	Richard Davies HOC	54:53	1:55 1:55 54:53 0:21	6:00 4:05	9:16 3:16	11:15 1:59	13:17 2:02	14:57 1:40	16:43 1:46	18:53 2:10	21:57 3:04	23:57 2:00	26:01 2:04	29:56 3:55	32:04 2:08	35:11 3:07	37:29 2:18	40:43 3:14	42:39 1:56	46:21 3:42	49:41 3:20	52:20 2:39	53:17 0:57	54:32 1:15
11	Russell Finch SWOC	56:43	2:25 2:25 56:43 0:16	6:10 3:45	9:17 3:07	11:34 2:17	13:34 2:00	15:09 1:35	17:26 2:17	19:02 1:36	22:39 3:37	24:39 2:00	26:33 1:54	30:11 3:38	32:35 2:24	35:28 2:53	37:33 2:05	40:17 2:44	43:25 3:08	46:41 3:16	52:11 5:30	54:37 2:26	55:33 0:56	56:27 0:54
12	David May SLOW	58:02	1:59 1:59 58:02 0:20	5:49 3:50	9:06 3:17	11:36 2:30	13:39 2:03	15:14 1:35	17:18 2:04	19:06 1:48	24:44 5:38	27:14 2:30	29:29 2:15	33:31 4:02	36:49 3:18	40:36 3:47	42:28 1:52	45:20 2:52	46:53 1:33	51:15 4:22	53:10 1:55	55:45 2:35	56:53 1:08	57:42 0:49

Pl	Name	Time																							
Blue (31)				4.4 km	165 m	22 C	<i>(cont.)</i>																		
			1(34) Finish	2(48)	3(50)	4(52)	5(54)	6(55)	7(69)	8(60)	9(63)	10(64)	11(67)	12(68)	13(61)	14(58)	15(57)	16(56)	17(51)	18(47)	19(38)	20(201)	21(202)	22(70)	
13	Tim Brett NGOC	58:25	2:10 2:10 58:25	6:31 4:21	9:44 3:13	11:38 1:54	13:38 2:00	15:11 1:33	16:53 1:42	19:54 3:01	23:00 3:06	25:24 2:24	27:15 1:51	30:20 3:05	32:36 2:16	35:26 2:50	43:44 8:18	45:33 1:49	48:35 3:02	51:33 2:58	53:59 2:26	56:13 2:14	57:15 1:02	58:07 0:52	
14	Nick Dennis BOK	64:04	2:16 2:16 64:04	6:49 4:33	9:53 3:04	12:08 2:15	15:28 3:20	17:46 2:18	19:36 1:50	21:56 2:20	26:05 4:09	28:17 2:12	30:21 2:04	34:14 3:53	37:41 3:27	40:54 3:13	46:10 5:16	48:06 1:56	50:24 2:18	53:36 3:12	56:32 2:56	58:44 2:12	59:48 1:04	63:46 3:58	
15	Jo Foster BOK	64:05	3:00 3:00 64:05	9:08 6:08	12:37 3:29	15:23 2:46	18:18 2:55	21:09 2:51	23:37 2:28	25:35 1:58	30:06 4:31	33:13 3:07	35:21 2:08	38:59 3:38	41:22 2:23	44:49 3:27	46:44 1:55	49:12 2:28	51:08 1:56	55:38 4:30	59:20 3:42	61:39 2:19	62:50 1:11	63:45 0:55	
16	Rachel Dennis BOK	65:21	2:41 2:41 65:21	8:37 5:56	12:59 4:22	16:18 3:19	18:55 2:37	20:50 1:55	22:43 1:53	24:37 1:54	29:06 4:29	31:38 2:32	34:09 2:31	39:05 4:56	41:41 2:36	45:54 4:13	48:12 2:18	51:19 3:07	53:22 2:03	57:27 4:05	59:49 2:22	62:20 2:31	63:58 1:38	65:03 1:05	
17	Tom Hands NGOC	68:34	4:00 4:00 68:34	7:58 3:58	12:51 4:53	15:25 2:34	18:06 2:41	19:53 1:47	21:19 1:26	23:24 2:05	33:13 9:49	35:34 2:21	37:32 1:58	42:07 4:35	44:14 2:07	47:43 3:29	54:18 6:35	56:02 1:44	58:23 2:21	61:37 3:14	63:41 2:04	65:48 2:07	67:19 1:31	68:19 1:00	
18	Ginny Hudson NGOC	69:45	1:56 1:56 69:45	6:08 4:12	10:20 4:12	12:41 2:21	15:25 2:44	18:33 3:08	21:48 3:15	23:35 1:47	26:23 2:48	29:01 2:38	31:56 2:55	35:38 3:42	37:57 2:19	41:58 4:01	47:45 5:47	54:49 7:04	56:20 1:31	59:39 3:19	63:13 3:34	67:21 4:08	68:33 1:12	69:24 0:51	
19	Christine Farr SWOC	72:25	2:55 2:55 72:25	9:41 6:46	14:26 4:45	17:43 3:17	21:07 3:24	23:13 2:06	26:14 3:01	29:27 3:13	33:50 4:23	37:30 3:40	40:06 2:36	44:24 4:18	47:40 3:16	52:16 4:36	55:02 2:46	57:40 2:38	59:48 2:08	64:15 4:27	66:38 2:23	69:25 2:47	70:37 1:12	72:01 1:24	
20	Paul Taunton NGOC	72:49	2:38 2:38 72:49	7:48 5:10	13:44 5:56	17:10 3:26	19:55 2:45	22:14 2:19	24:49 2:35	27:16 2:27	30:59 3:43	33:38 2:39	36:12 2:34	41:44 5:32	44:37 2:53	49:20 4:43	51:53 2:33	54:35 2:42	56:52 2:17	62:08 5:16	65:53 3:45	69:38 3:45	71:13 1:35	72:30 1:17	
21	Jonathan Hurford BOK	73:34	3:03 3:03 73:34	8:07 5:04	12:24 4:17	15:42 3:18	18:01 2:19	20:01 2:00	22:13 2:12	24:17 2:04	31:49 7:32	34:55 3:06	37:28 2:33	42:37 5:09	46:56 4:19	51:44 4:48	54:54 3:10	58:48 3:54	60:36 1:48	65:03 4:27	68:10 3:07	71:01 2:51	72:10 1:09	73:14 1:04	
22	Rob Taylor NGOC	74:33	2:24 2:24 74:33	7:25 5:01	10:51 3:26	13:37 2:46	16:44 3:07	18:28 1:44	20:19 1:51	22:15 1:56	25:36 3:21	28:05 2:29	39:40 11:35	46:01 6:21	48:52 2:51	53:04 4:12	57:05 4:01	59:53 2:48	62:02 2:09	65:57 3:55	69:33 3:36	72:08 2:35	73:25 1:17	74:16 0:51	
23	Steve Williams NGOC	78:55	3:18 3:18 78:55	7:26 4:08	11:38 4:12	14:42 3:04	21:21 6:39	23:22 2:01	25:12 1:50	27:04 1:52	30:32 3:28	32:53 2:21	35:25 2:32	41:19 5:54	44:03 2:44	48:11 4:08	52:57 4:46	55:50 2:53	65:01 9:11	69:11 4:10	72:41 3:30	75:25 2:44	77:46 2:21	78:37 0:51	
24	Philip Warry BOK	79:25	2:11 2:11 79:25	9:21 7:10	13:22 4:01	16:30 3:08	25:20 8:50	27:58 2:38	30:28 2:30	32:26 1:58	39:12 6:46	42:25 3:13	45:20 2:55	50:41 5:21	56:08 5:27	60:40 4:32	63:12 2:32	66:05 2:53	67:55 1:50	71:48 3:53	74:06 2:18	76:37 2:31	77:52 1:15	79:01 1:09	
25	David Faulkner BOK	79:36	4:52 4:52 79:36	10:52 6:00	14:41 3:49	18:02 3:21	23:45 5:43	26:05 2:20	28:22 2:17	30:39 2:17	35:11 4:32	38:26 3:15	40:36 2:10	44:23 3:47	46:47 2:24	50:34 3:47	55:08 4:34	65:00 9:52	67:26 2:26	71:25 3:59	74:04 2:39	76:30 2:26	78:05 1:35	79:12 1:07	
26	Roger Edwards NGOC	79:50	3:32 3:32 79:50	10:00 6:28	13:49 3:49	16:41 2:52	19:50 3:09	22:18 2:28	24:48 2:30	28:07 3:19	33:28 5:21	36:30 3:02	40:07 3:37	46:09 6:02	50:23 4:14	54:38 4:15	58:16 3:38	62:49 4:33	64:57 2:08	69:33 4:36	72:05 2:32	76:21 4:16	77:59 1:38	79:30 1:31	

Pl	Name	Time																					
Blue (31)			4.4 km 165 m				22 C				<i>(cont.)</i>												
		1(34) Finish	2(48)	3(50)	4(52)	5(54)	6(55)	7(69)	8(60)	9(63)	10(64)	11(67)	12(68)	13(61)	14(58)	15(57)	16(56)	17(51)	18(47)	19(38)	20(201)	21(202)	22(70)
27	Tony Cockbain HOC	84:23 7:22 7:22 84:23 0:21	13:53 6:31	18:23 4:30	21:06 2:43	23:56 2:50	26:11 2:15	28:43 2:32	35:25 6:42	43:00 7:35	45:29 2:29	48:09 2:40	52:26 4:17	54:49 2:23	59:14 4:25	63:57 4:43	67:14 3:17	69:10 1:56	75:37 6:27	79:15 3:38	81:57 2:42	82:56 0:59	84:02 1:06
28	Gwen Tanner BOK	86:39 3:38 3:38 86:39 0:25	9:35 5:57	14:13 4:38	18:31 4:18	21:59 3:28	24:34 2:35	27:28 2:54	30:28 3:00	34:31 4:03	38:16 3:45	41:33 3:17	51:14 9:41	55:00 3:46	60:33 5:33	64:01 3:28	66:34 2:33	68:59 2:25	74:27 5:28	79:30 5:03	83:25 3:55	84:55 1:30	86:14 1:19
29	Tom Baker IND	91:53 3:59 3:59 91:53 0:17	13:56 9:57	17:28 3:32	19:44 2:16	23:34 3:50	37:14 13:40	39:26 2:12	54:55 15:29	58:37 3:42	60:57 2:20	63:04 2:07	67:11 4:07	69:23 2:12	72:34 3:11	74:25 1:51	77:29 3:04	79:00 1:31	83:25 4:25	87:20 3:55	89:36 2:16	90:42 1:06	91:36 0:54
30	Steve Lee NGOC	94:42 2:51 2:51 94:42 0:22	11:32 8:41	15:55 4:23	19:12 3:17	22:41 3:29	25:50 3:09	28:17 2:27	31:47 3:30	36:59 5:12	40:40 3:41	43:38 2:58	48:32 4:54	52:13 3:41	57:16 5:03	78:31 21:15	79:59 1:28	82:49 2:50	87:12 4:23	89:43 2:31	92:15 2:32	93:23 1:08	94:20 0:57
31	Victoria Harvey NGOC	106:04 4:07 4:07 106:04 0:26	11:43 7:36	18:13 6:30	22:15 4:02	27:02 4:47	29:43 2:41	32:52 3:09	35:54 3:02	44:09 8:15	47:19 3:10	55:11 7:52	61:15 6:04	65:06 3:51	70:37 5:31	78:35 7:58	83:46 5:11	86:37 2:51	94:37 8:00	98:10 3:33	102:07 3:57	104:02 1:55	105:38 1:36
Green (30)			3.5 km 140 m				22 C																
		1(33) Finish	2(201)	3(39)	4(38)	5(42)	6(51)	7(56)	8(57)	9(58)	10(59)	11(62)	12(61)	13(60)	14(69)	15(55)	16(54)	17(52)	18(50)	19(47)	20(49)	21(202)	22(70)
1	Dave Hartley NGOC	45:43 0:51 0:51 45:43 0:17	2:42 1:51	5:06 2:24	7:10 2:04	9:51 2:41	12:10 2:19	13:45 1:35	16:42 2:57	18:57 2:15	22:05 3:08	25:51 3:46	26:45 0:54	28:10 1:25	30:17 2:07	32:06 1:49	33:37 1:31	35:58 2:21	38:07 2:09	42:00 3:53	42:49 0:49	44:33 1:44	45:26 0:53
2	Daniel Grace NGOC	48:18 1:43 1:43 48:18 0:16	3:48 2:05	6:05 2:17	7:37 1:32	10:07 2:30	11:56 1:49	14:06 2:10	15:57 1:51	19:06 3:09	20:44 1:38	22:16 1:32	23:24 1:08	25:10 1:46	28:02 2:52	29:51 1:49	34:16 4:25	37:21 3:05	39:56 2:35	44:24 4:28	45:02 0:38	47:06 2:04	48:02 0:56
3	Tom Birthwright NGOC	49:27 1:09 1:09 49:27 0:21	3:15 2:06	6:12 2:57	7:33 1:21	11:14 3:41	13:24 2:10	15:15 1:51	19:27 4:12	21:58 2:31	24:49 2:51	26:31 1:42	27:50 1:19	29:24 1:34	32:03 2:39	34:03 2:00	36:03 2:00	38:30 2:27	40:58 2:28	45:04 4:06	46:00 0:56	47:57 1:57	49:06 1:09
4	Hannah Bradley NGOC	49:57 1:13 1:13 49:57 0:23	4:03 2:50	7:10 3:07	8:59 1:49	12:15 3:16	14:49 2:34	16:42 1:53	19:47 3:05	22:25 2:38	25:06 2:41	26:37 1:31	27:58 1:21	29:27 1:29	32:13 2:46	34:04 1:51	36:28 2:24	38:32 2:04	40:48 2:16	45:43 4:55	46:29 0:46	48:14 1:45	49:34 1:20
5	Laura Britton BOK	50:09 0:52 0:52 50:09 0:17	3:12 2:20	6:59 3:47	8:18 1:19	10:27 2:09	12:13 1:46	13:45 1:32	18:32 4:47	21:48 3:16	23:56 2:08	25:10 1:14	26:12 1:02	27:31 1:19	29:38 2:07	31:10 1:32	37:31 6:21	39:52 2:21	42:02 2:10	46:41 4:39	47:24 0:43	48:53 1:29	49:52 0:59
6	Liz Phillips OD	51:17 1:12 1:12 51:17 0:21	3:24 2:12	7:04 3:40	9:29 2:25	12:14 2:45	14:32 2:18	16:32 2:00	19:20 2:48	22:03 2:43	24:19 2:16	26:00 1:41	28:43 2:43	30:25 1:42	32:45 2:20	34:44 1:59	36:31 1:47	39:05 2:34	41:57 2:52	46:57 5:00	47:56 0:59	49:49 1:53	50:56 1:07
7	Mike Farrington HOC	52:02 1:00 1:00 52:02 0:19	3:28 2:28	6:25 2:57	13:35 7:10	16:07 2:32	17:57 1:50	19:57 2:00	23:02 3:05	26:27 3:25	28:21 1:54	30:22 2:01	31:24 1:02	32:42 1:18	34:44 2:02	36:33 1:49	38:33 2:00	41:10 2:37	43:42 2:32	48:30 4:48	49:11 0:41	50:46 1:35	51:43 0:57
8	Richard Page IND	52:55 1:09 1:09 52:55 0:18	7:00 5:51	9:18 2:18	11:11 1:53	13:12 2:01	14:35 1:23	17:23 2:48	25:22 7:59	26:37 1:15	30:47 4:10	31:50 1:03	33:44 1:54	34:57 1:13	36:35 1:38	38:47 2:12	41:00 2:13	42:48 1:48	44:52 2:04	49:51 4:59	50:27 0:36	51:44 1:17	52:37 0:53

Pl	Name	Time																						
Green (30)			3.5 km		140 m		22 C		(cont.)															
			1(33) Finish	2(201)	3(39)	4(38)	5(42)	6(51)	7(56)	8(57)	9(58)	10(59)	11(62)	12(61)	13(60)	14(69)	15(55)	16(54)	17(52)	18(50)	19(47)	20(49)	21(202)	22(70)
9	Chris Johnson BOK	55:36	1:09 1:09 55:36 0:23	3:28 2:19	6:29 3:01	11:40 5:11	14:25 2:45	16:41 2:16	18:35 1:54	22:12 3:37	24:45 2:33	26:54 2:09	28:43 1:49	31:20 2:37	33:26 2:06	36:15 2:49	38:20 2:05	40:46 2:26	43:42 2:56	46:46 3:04	50:58 4:12	51:53 0:55	53:48 1:55	55:13 1:25
10	Louise & Rose Hayl IND	56:05	2:34 2:34 56:05 0:23	4:49 2:15	8:05 3:16	10:35 2:30	13:35 3:00	16:13 2:38	17:42 1:29	21:30 3:48	24:33 3:03	26:55 2:22	28:27 1:32	29:57 1:30	31:56 1:59	35:01 3:05	36:56 1:55	38:46 1:50	41:28 2:42	44:56 3:28	50:19 5:23	51:10 0:51	54:07 2:57	55:42 1:35
11	David Palmer BOK	56:24	1:13 1:13 56:24 0:21	6:21 5:08	9:22 3:01	15:47 6:25	18:33 2:46	20:38 2:05	22:47 2:09	25:50 3:03	28:27 2:37	30:26 1:59	31:49 1:23	33:19 1:30	34:59 1:40	37:20 2:21	39:01 1:41	42:55 3:54	45:31 2:36	48:19 2:48	52:26 4:07	53:10 0:44	55:05 1:55	56:03 0:58
12	Andrew Catmur HOC	56:40	1:15 1:15 56:40 0:21	3:45 2:30	7:01 3:16	9:36 2:35	12:49 3:13	15:16 2:27	19:55 4:39	21:59 2:04	24:18 2:19	27:02 2:44	28:47 1:45	30:59 2:12	33:21 2:22	35:17 1:56	37:07 1:50	41:43 4:36	44:31 2:48	47:32 3:01	52:36 5:04	53:23 0:47	55:17 1:54	56:19 1:02
13	Trevor Griffiths BOK	57:01	1:09 1:09 57:01 0:23	3:09 2:00	6:05 2:56	10:50 4:45	14:32 3:42	16:39 2:07	18:22 1:43	21:08 2:46	23:37 2:29	26:14 2:37	27:50 1:36	29:05 1:15	30:53 1:48	37:28 6:35	39:15 1:47	40:56 1:41	43:46 2:50	46:53 3:07	52:31 5:38	53:21 0:50	55:23 2:02	56:38 1:15
14	Jim Hayles IND	59:42	1:24 1:24 59:42 0:18	7:36 6:12	11:07 3:31	12:54 1:47	15:49 2:55	18:13 2:24	23:18 5:05	26:12 2:54	29:07 2:55	31:20 2:13	33:00 1:40	34:37 1:37	36:20 1:43	38:16 1:56	40:21 2:05	45:34 5:13	48:06 2:32	51:13 3:07	55:14 4:01	56:02 0:48	58:09 2:07	59:24 1:15
15	Jeremy Cowen NGOC	59:48	1:42 1:42 59:48 0:17	3:58 2:16	6:15 2:17	7:58 1:43	11:22 3:24	14:05 2:43	15:49 1:44	19:09 3:20	22:29 3:20	27:12 4:43	28:48 1:36	29:52 1:04	31:07 1:15	33:28 2:21	35:40 2:12	40:06 4:26	42:51 2:45	48:35 5:44	56:24 7:49	56:59 0:35	58:34 1:35	59:31 0:57
16	Ro Cole IND	60:32	1:03 1:03 60:32 0:20	3:18 2:15	8:40 5:22	11:19 2:39	14:11 2:52	17:07 2:56	18:46 1:39	22:24 3:38	25:20 2:56	27:46 2:26	29:10 1:24	31:49 2:39	33:32 1:43	36:57 3:25	39:16 2:19	46:19 7:03	49:56 3:37	52:28 2:32	56:49 4:21	57:35 0:46	59:16 1:41	60:12 0:56
17	Philip Bostock NGOC	61:42	1:09 1:09 61:42 0:23	3:01 1:52	6:22 3:21	8:30 2:08	11:26 2:56	16:19 4:53	18:46 2:27	26:19 7:33	28:12 1:53	30:25 2:13	32:04 1:39	33:43 1:39	36:19 2:36	39:56 3:37	41:45 1:49	47:08 5:23	50:21 3:13	53:05 2:44	57:19 4:14	58:14 0:55	60:07 1:53	61:19 1:12
18	Anne May SWOC	62:35	1:37 1:37 62:35 0:31	4:25 2:48	8:49 4:24	10:35 1:46	14:27 3:52	17:16 2:49	19:32 2:16	23:17 3:45	26:35 3:18	29:13 2:38	31:43 2:30	33:24 1:41	35:22 1:58	39:01 3:39	41:22 2:21	43:39 2:17	47:43 4:04	50:58 3:15	56:23 5:25	57:39 1:16	60:24 2:45	62:04 1:40
19	Robert Elston UBOC	63:38	1:08 1:08 63:38 0:16	3:36 2:28	6:04 2:28	7:19 1:15	9:27 2:08	10:56 1:29	12:13 1:17	20:27 8:14	31:33 11:06	37:33 6:00	38:47 1:14	42:07 3:20	44:06 1:59	46:30 2:24	47:53 1:23	50:54 3:01	53:59 3:05	56:49 2:50	61:01 4:12	61:28 0:27	62:40 1:12	63:22 0:42
20	John Mills HOC	64:44	1:11 1:11 64:44 0:22	3:38 2:27	7:28 3:50	9:24 1:56	12:08 2:44	15:59 3:51	19:14 3:15	22:00 2:46	27:19 5:19	35:32 8:13	37:45 2:13	38:50 1:05	41:10 2:20	43:24 2:14	45:15 1:51	50:36 5:21	53:03 2:27	55:38 2:35	60:41 5:03	61:31 0:50	63:24 1:53	64:22 0:58
21	Richard Higgs NGOC	69:23	1:49 1:49 69:23 0:25	4:02 2:13	9:03 5:01	11:17 2:14	14:32 3:15	18:35 4:03	21:42 3:07	25:17 3:35	28:08 2:51	33:15 5:07	35:15 2:00	36:44 1:29	38:26 1:42	41:51 3:25	44:39 2:48	50:06 5:27	53:08 3:02	56:54 3:46	63:46 6:52	64:50 1:04	67:29 2:39	68:58 1:29
22	Amy Curtis BOK	70:30	1:15 1:15 70:30 0:23	4:26 3:11	9:15 4:49	13:08 3:53	16:22 3:14	20:10 3:48	22:27 2:17	27:09 4:42	31:26 4:17	33:50 2:24	35:41 1:51	38:13 2:32	40:18 2:05	45:16 4:58	49:53 4:37	51:50 1:57	55:48 3:58	59:25 3:37	65:39 6:14	66:32 0:53	68:49 2:17	70:07 1:18

Pl	Name	Time																						
Green (30)			3.5 km		140 m		22 C		<i>(cont.)</i>															
			1(33) Finish	2(201)	3(39)	4(38)	5(42)	6(51)	7(56)	8(57)	9(58)	10(59)	11(62)	12(61)	13(60)	14(69)	15(55)	16(54)	17(52)	18(50)	19(47)	20(49)	21(202)	22(70)
23	Shirley Robinson NGOC	70:54	1:10 1:10 70:54	3:35 2:25	8:02 4:27	11:40 3:38	15:58 4:18	23:47 7:49	26:09 2:22	30:22 4:13	34:29 4:07	36:37 2:08	38:13 1:36	40:14 2:01	43:58 3:44	48:00 4:02	50:33 2:33	54:06 3:33	57:45 3:39	61:24 3:39	66:16 4:52	67:10 0:54	69:11 2:01	70:32 1:21
24	Ros Taunton NGOC	72:49	1:18 1:18 72:49	3:40 2:22	7:45 4:05	11:31 3:46	16:15 4:44	19:16 3:01	21:57 2:41	31:34 9:37	34:40 3:06	37:06 2:26	39:10 2:04	41:00 1:50	43:28 2:28	47:29 4:01	50:04 2:35	54:00 3:56	57:43 3:43	61:08 3:25	67:50 6:42	68:54 1:04	71:11 2:17	72:28 1:17
25	Kim Liggett NGOC	75:34	1:54 1:54 75:34	4:40 2:46	10:16 5:36	11:45 1:29	18:11 6:26	23:57 5:46	27:02 3:05	31:59 4:57	34:53 2:54	38:07 3:14	40:16 2:09	43:11 2:55	45:42 2:31	48:36 2:54	51:04 2:28	58:32 7:28	61:57 3:25	65:12 3:15	70:52 5:40	71:49 0:57	73:49 2:00	75:13 1:24
26	Hilary Nicholls NGOC	80:30	1:27 1:27 80:30	4:46 3:19	8:45 3:59	15:34 6:49	19:01 3:27	22:44 3:43	24:55 2:11	28:42 3:47	33:24 4:42	37:07 3:43	39:16 2:09	44:19 5:03	46:58 2:39	50:37 3:39	54:16 3:39	58:15 3:59	59:15 1:00	62:28 3:13	69:11 6:43	71:44 2:33	78:27 6:43	80:04 1:37
27	Susanne Andersen BOK	81:16	1:20 1:20 81:16	4:22 3:02	8:01 3:39	18:49 10:48	23:40 4:51	25:50 2:10	27:41 1:51	31:17 3:36	33:49 2:32	36:04 2:15	37:45 1:41	42:22 4:37	44:10 1:48	53:21 9:11	55:48 2:27	63:50 8:02	67:03 3:13	70:43 3:40	76:23 5:40	77:21 0:58	79:25 2:04	80:52 1:27
28	Rosie Watson NGOC	91:34	1:11 1:11 91:34	5:11 4:00	15:49 10:38	18:22 2:33	22:48 4:26	27:24 4:36	29:55 2:31	43:43 13:48	47:07 3:24	49:51 2:44	53:43 3:52	55:31 1:48	57:55 2:24	61:30 3:35	64:03 2:33	69:13 5:10	74:51 5:38	78:28 3:37	86:48 8:20	88:07 1:19	90:11 2:04	91:14 1:03
	Laurence Gossage BOK	mp	1:08 1:08 74:02	4:12 3:04	8:09 3:57	10:01 1:52	14:58 4:57	17:38 2:40	20:02 2:24	22:40 2:38	26:03 3:23	28:51 2:48	35:11 6:20	----- 1:14	36:25 2:21	38:46 2:00	40:46 2:00	50:59 10:13	53:59 3:00	60:19 6:20	65:29 5:10	66:19 0:50	72:30 6:11	73:42 1:12
	Judith Taylor NGOC	dnf	1:11 1:11 125:48	3:40 2:29	15:43 12:03	17:05 1:22	22:58 5:53	25:17 2:19	28:15 2:58	30:42 2:27	33:21 2:39	35:34 2:13	37:46 2:12	39:35 1:49	41:20 1:45	44:38 3:18	46:57 2:19	50:10 3:13	----- -----	----- -----	----- -----	----- -----	----- -----	125:24 75:14
			0:24																					
Short Green (11)			2.9 km		110 m		17 C																	
			1(35)	2(39)	3(47)	4(43)	5(51)	6(56)	7(57)	8(58)	9(59)	10(69)	11(55)	12(52)	13(50)	14(48)	15(201)	16(202)	17(70)	Finish				
1	Claire Horsfall NGOC	52:13	2:36 2:36	6:26 3:50	8:59 2:33	11:53 2:54	13:54 2:01	15:57 2:03	19:38 3:41	22:58 3:20	25:43 2:45	30:27 4:44	33:10 2:43	35:02 1:52	38:34 3:32	44:49 6:15	48:58 4:09	50:29 1:31	51:49 1:20	52:13 0:24				
2	Brian Laycock HOC	54:53	2:46 2:46	6:50 4:04	9:35 2:45	12:53 3:18	14:49 1:56	17:11 2:22	21:44 4:33	26:56 5:12	29:36 2:40	32:09 2:33	34:20 2:11	35:39 1:19	38:42 3:03	45:51 7:09	50:59 5:08	52:39 1:40	54:28 1:49	54:53 0:25				
3	Robert Teed NGOC	57:13	3:23 3:23	7:54 4:31	11:42 3:48	14:48 3:06	16:53 2:05	19:15 2:22	22:40 3:25	26:33 3:53	29:19 2:46	32:32 3:13	35:03 2:31	36:29 1:26	40:06 3:37	47:47 7:41	53:34 5:47	55:19 1:45	56:46 1:27	57:13 0:27				
4	Sue Roome SROC	64:36	2:35 2:35	7:06 4:31	11:09 4:03	14:32 3:23	16:24 1:52	21:15 4:51	30:23 9:08	32:58 2:35	35:55 2:57	38:40 2:45	40:49 2:09	42:04 1:15	46:41 4:37	55:59 9:18	60:25 4:26	62:33 2:08	64:14 1:41	64:36 0:22				
5	Carol Farrington HOC	64:47	3:09 3:09	7:18 4:09	10:31 3:13	13:33 3:02	15:32 1:59	18:15 2:43	22:34 4:19	29:48 7:14	33:55 4:07	37:13 3:18	40:17 3:04	42:20 2:03	45:47 3:27	56:31 10:44	61:09 4:38	62:57 1:48	64:25 1:28	64:47 0:22				
6	Robert Forster IND	68:52	3:07 3:07	6:56 3:49	10:16 3:20	13:24 3:08	15:08 1:44	23:47 8:39	28:20 4:33	36:00 7:40	39:44 3:44	44:27 4:43	47:42 3:15	49:04 1:22	53:34 4:30	57:59 4:25	64:55 6:56	66:47 1:52	68:23 1:36	68:52 0:29				
7	Antonia Holt NWO	95:08	3:11 3:11	8:54 5:43	15:00 6:06	18:42 3:42	22:05 3:23	25:35 3:30	38:00 12:25	43:34 5:34	46:29 2:55	52:52 6:23	56:31 3:39	59:42 3:11	65:22 5:40	82:59 17:37	88:59 6:00	92:26 3:27	94:37 2:11	95:08 0:31				
8	Libby Mawer IND	103:11	4:36 4:36	11:14 6:38	15:07 3:53	20:45 5:38	24:18 3:33	30:01 5:43	41:39 11:38	52:14 10:35	55:32 3:18	60:41 5:09	66:01 5:20	70:10 4:09	77:12 7:02	90:59 13:47	98:21 7:22	100:53 2:32	102:42 1:49	103:11 0:29				
9	Ben Mawer BAOC	103:42	4:31 4:31	10:58 6:27	14:48 3:50	20:23 5:35	23:43 3:20	30:25 6:42	41:34 11:09	52:08 10:34	55:39 3:31	60:35 4:56	66:20 5:45	69:00 2:40	77:21 8:21	90:30 13:09	98:16 7:46	100:49 2:33	102:57 2:08	103:42 0:45				
	John Wickson NGOC	mp	5:14 5:14	9:11 3:57	11:20 2:09	13:57 2:37	15:53 1:56	19:23 3:30	29:39 10:16	----- -----	----- -----	73:12 43:33	74:35 1:23	78:49 4:14	83:30 4:41	87:18 3:48	88:41 1:23	89:57 1:16	90:21 0:24	----- -----	----- -----	62:30 *62		

Pl	Name	Time												
	Yellow (10)		1.7 km	50 m	12 C	<i>(cont.)</i>								
		1(31)	2(36)	3(37)	4(40)	5(41)	6(42)	7(43)	8(45)	9(46)	10(49)	11(203)	12(70)	Finish
	NGOC	0:57	5:58	1:34	2:31	1:17	3:00	1:56	1:45	4:01	7:23	6:31	5:24	0:19