

I	Name	Club	Age Group	Time	Comment
<b>Trail (5)</b>			<b>10.5 km 430 m</b>	<b>7 C</b>	
1	Rob Rees	IND	M55	1:03:47	
2	Jess Miklausic	NGOC		1:05:46	
3	Adam Maycock	IND	M45	1:05:48	
4	Kay Billinghamurst	NGOC	W55	1:10:30	
	Sarah Rees	IND	W55		dnf