





Pl	Name	Time															Comment
<b>Blue</b>		<b>5.7 km</b>	<b>180 m</b>	<b>16 C</b>													
			1(47) 16(54)	2(58) Finish	3(56)	4(39)	5(48)	6(62)	7(68)	8(60)	9(63)	10(70)	11(51)	12(66)	13(69)	14(67)	15(53)
1	<b>Ben Maliphant BOK</b>	<b>37:44</b>	<b>2:04</b> <b>2:04</b> <b>37:13</b> <b>0:47</b>	<b>4:14</b> <b>2:10</b> <b>37:44</b> <b>0:31</b>	<b>7:18</b> 3:04	<b>8:59</b> <b>1:41</b>	<b>11:59</b> <b>3:00</b>	<b>15:45</b> <b>3:46</b>	<b>16:53</b> 1:08	<b>22:58</b> <b>6:05</b>	<b>24:13</b> <b>1:15</b>	<b>26:01</b> <b>1:48</b>	<b>30:46</b> <b>4:45</b>	<b>32:46</b> <b>2:00</b>	<b>34:13</b> <b>1:27</b>	<b>35:06</b> <b>0:53</b>	<b>36:26</b> <b>1:20</b>
2	<b>Phil Murray BOK</b>	<b>47:41</b>	3:24 3:24 47:11 0:58	6:03 2:39 47:41 <b>0:30</b>	9:11 3:08	11:22 2:11	14:28 3:06	19:12 4:44	20:33 1:21	29:49 9:16	31:10 1:21	33:32 2:22	38:59 5:27	41:18 2:19	43:12 1:54	44:33 1:21	46:13 1:40
3	<b>John Miklausic NGOC</b>	<b>54:36</b>	3:03 3:03 54:01 1:07	6:33 3:30 54:36 0:35	9:57 3:24	12:53 2:56	16:07 3:14	22:03 5:56	24:48 2:45	33:17 8:29	34:50 1:33	37:30 2:40	43:49 6:19	47:26 3:37	49:41 2:15	50:48 1:07	52:54 2:06
4	<b>Andy Creber NGOC</b>	<b>55:43</b>	3:28 3:28 55:07 1:08	6:11 2:43 55:43 0:36	11:17 5:06	13:55 2:38	17:18 3:23	22:28 5:10	23:35 <b>1:07</b>	34:34 10:59	36:27 1:53	39:36 3:09	46:30 6:54	49:09 2:39	50:59 1:50	52:24 1:25	53:59 1:35
5	<b>Thomas Cochrane NGOC</b>	<b>57:51</b>	3:29 3:29 57:05 1:15	7:20 3:51 57:51 0:46	11:06 3:46	13:57 2:51	17:05 3:08	22:51 5:46	24:25 1:34	33:17 8:52	35:07 1:50	38:15 3:08	46:32 8:17	49:44 3:12	52:09 2:25	53:41 1:32	55:50 2:09
6	<b>Vanessa Lawson NGOC</b>	<b>59:42</b>	3:55 3:55 59:02 1:18	8:04 4:09 59:42 0:40	12:56 4:52	15:41 2:45	19:19 3:38	24:59 5:40	26:27 1:28	34:14 7:47	35:58 1:44	39:04 3:06	47:38 8:34	51:04 3:26	53:59 2:55	55:36 1:37	57:44 2:08
6	<b>Andrew Hartley NGOC</b>	<b>59:42</b>	2:54 2:54 59:09 1:09	5:34 2:40 59:42 0:33	8:26 <b>2:52</b>	10:55 2:29	14:29 3:34	20:19 5:50	22:03 1:44	30:38 8:35	32:29 1:51	41:40 9:11	48:34 6:54	52:02 3:28	53:54 1:52	55:58 2:04	58:00 2:02
8	<b>Alan Honey BOK</b>	<b>61:03</b>	5:14 5:14 60:25 1:01	8:53 3:39 61:03 0:38	14:02 5:09	16:46 2:44	21:12 4:26	27:13 6:01	28:45 1:32	37:52 9:07	39:33 1:41	42:43 3:10	49:52 7:09	52:39 2:47	54:40 2:01	56:03 1:23	59:24 3:21
9	<b>Rob Atkins HOC</b>	<b>61:14</b>	3:39 3:39 60:35 1:12	6:44 3:05 61:14 0:39	11:13 4:29	14:08 2:55	19:14 5:06	24:56 5:42	26:39 1:43	35:46 9:07	40:48 5:02	43:18 2:30	50:17 6:59	53:11 2:54	56:04 2:53	57:20 1:16	59:23 2:03
10	<b>Paul Basher HOC</b>	<b>62:22</b>	3:45 3:45 61:41 1:11	7:29 3:44 62:22 0:41	12:19 4:50	15:52 3:33	19:50 3:58	25:44 5:54	27:33 1:49	37:01 9:28	38:48 1:47	41:25 2:37	50:44 9:19	53:59 3:15	56:30 2:31	58:42 2:12	60:30 1:48
11	<b>Russell Finch SWOC</b>	<b>62:35</b>	3:31 3:31 61:56 1:19	7:20 3:49 62:35 0:39	11:43 4:23	14:57 3:14	18:50 3:53	25:06 6:16	27:14 2:08	37:23 10:09	39:22 1:59	42:02 2:40	50:41 8:39	53:37 2:56	56:25 2:48	58:22 1:57	60:37 2:15
12	<b>Peter Shirvington QO</b>	<b>63:40</b>	2:51 2:51 63:04 0:52	5:21 2:30 63:40 0:36	11:48 6:27	15:27 3:39	19:19 3:52	25:16 5:57	27:07 1:51	39:11 12:04	41:28 2:17	46:43 5:15	53:41 6:58	56:38 2:57	58:34 1:56	59:30 0:56	62:12 2:42
13	<b>David May SLOW</b>	<b>64:17</b>	3:08 3:08 63:20 1:15	7:07 3:59 64:17 0:57	13:16 6:09	15:49 2:33	20:15 4:26	26:44 6:29	28:29 1:45	37:52 9:23	40:27 2:35	43:11 2:44	50:52 7:41	54:22 3:30	56:58 2:36	58:59 2:01	62:05 3:06

Pl	Name	Time		Comment														
<b>Blue</b>		<b>5.7 km</b>	<b>180 m</b>	<b>16 C</b>	<i>(cont.)</i>													
				1(47) 16(54)	2(58) Finish	3(56)	4(39)	5(48)	6(62)	7(68)	8(60)	9(63)	10(70)	11(51)	12(66)	13(69)	14(67)	15(53)
14	<b>Bernhard Hagen BOK</b>	<b>66:09</b>	4:53 4:53 65:31 1:15	9:40 4:47 66:09 0:38	13:53 4:13	16:45 2:52	20:18 3:33	28:35 8:17	30:32 1:57	40:20 9:48	42:33 2:13	46:03 3:30	54:17 8:14	57:50 3:33	60:29 2:39	62:03 1:34	64:16 2:13	
15	<b>Richard Davies HOC</b>	<b>66:56</b>	5:29 5:29 66:16 1:21	8:57 3:28 66:56 0:40	12:47 3:50	15:34 2:47	21:04 5:30	28:01 6:57	29:35 1:34	38:55 9:20	40:52 1:57	43:34 2:42	51:24 7:50	55:01 3:37	57:31 2:30	62:25 4:54	64:55 2:30	
16	<b>John Simmons BOK</b>	<b>69:03</b>	3:41 3:41 68:27 1:40	9:15 5:34 69:03 0:36	14:53 5:38	18:14 3:21	23:32 5:18	30:35 7:03	32:41 2:06	42:57 10:16	46:11 3:14	49:22 3:11	57:31 8:09	60:24 2:53	63:02 2:38	64:15 1:13	66:47 2:32	
17	<b>Nick Dennis BOK</b>	<b>70:11</b>	4:38 4:38 69:29 1:18	8:18 3:40 70:11 0:42	12:47 4:29	16:14 3:27	20:02 3:48	30:13 10:11	31:37 1:24	44:01 12:24	46:15 2:14	49:16 3:01	57:35 8:19	61:44 4:09	64:37 2:53	65:58 1:21	68:11 2:13	
18	<b>Katherine Atkins HOC</b>	<b>72:50</b>	5:28 5:28 72:04 1:21	9:03 3:35 72:50 0:46	15:00 5:57	18:14 3:14	23:09 4:55	30:59 7:50	32:38 1:39	45:10 12:32	47:43 2:33	52:10 4:27	59:19 7:09	62:57 3:38	65:47 2:50	67:45 1:58	70:43 2:58	
19	<b>Rachel Dennis BOK</b>	<b>73:18</b>	5:22 5:22 72:31 1:43	9:43 4:21 73:18 0:47	14:27 4:44	18:12 3:45	22:52 4:40	30:12 7:20	33:33 3:21	44:57 11:24	47:24 2:27	50:42 3:18	59:12 8:30	63:18 4:06	66:36 3:18	68:22 1:46	70:48 2:26	
20	<b>Neil MacKenzie HOC</b>	<b>74:13</b>	4:37 4:37 73:10 1:51	8:36 3:59 74:13 1:03	12:57 4:21	16:26 3:29	21:07 4:41	28:13 7:06	29:59 1:46	43:01 13:02	46:12 3:11	50:41 4:29	59:42 9:01	64:32 4:50	67:26 2:54	69:00 1:34	71:19 2:19	
21	<b>Rob Taylor NGOC</b>	<b>74:46</b>	13:33 13:33 74:06 1:30	18:13 4:40 74:46 0:40	22:12 3:59	25:13 3:01	29:34 4:21	36:32 6:58	39:16 2:44	49:06 9:50	51:08 2:02	55:15 4:07	63:24 8:09	66:37 3:13	69:01 2:24	70:31 1:30	72:36 2:05	
22	<b>Steve Chiverton HOC</b>	<b>74:55</b>	4:21 4:21 74:04 1:31	8:44 4:23 74:55 0:51	13:27 4:43	16:39 3:12	21:20 4:41	28:53 7:33	31:11 2:18	42:13 11:02	45:59 3:46	50:54 4:55	60:50 9:56	64:57 4:07	68:04 3:07	70:02 1:58	72:33 2:31	
23	<b>Tom Mills NGOC</b>	<b>77:15</b>	5:02 5:02 76:27 1:34	9:45 4:43 77:15 0:48	15:41 5:56	18:46 3:05	24:27 5:41	31:48 7:21	33:55 2:07	46:07 12:12	48:27 2:20	53:22 4:55	62:25 9:03	67:02 4:37	70:22 3:20	72:33 2:11	74:53 2:20	
23	<b>Clive Caffall NGOC</b>	<b>77:15</b>	4:48 4:48 75:59 1:53	8:43 3:55 77:15 1:16	15:22 6:39	19:46 4:24	23:44 3:58	32:09 8:25	34:00 1:51	45:27 11:27	49:19 3:52	53:30 4:11	62:38 9:08	66:26 3:48	69:02 2:36	70:46 1:44	74:06 3:20	
25	<b>Alan Pucill NGOC</b>	<b>78:50</b>	4:35 4:35 78:08 1:49	11:59 7:24 78:50 0:42	17:11 5:12	20:20 3:09	25:18 4:58	32:54 7:36	36:06 3:12	49:01 12:55	51:30 2:29	55:58 4:28	65:07 9:09	69:01 3:54	71:36 2:35	73:36 2:00	76:19 2:43	



Pl	Name	Time	Comment															
<b>Green</b>			<b>4.2 km 185 m</b>	<b>16 C</b>														
			1(57) 16(54)	2(58) Finish	3(39)	4(48)	5(45)	6(31)	7(56)	8(44)	9(39)	10(50)	11(210)	12(51)	13(69)	14(67)	15(53)	
1	Steven Harris NGOC	43:35	6:21 6:21	8:05 1:44	13:09 5:04	17:04 3:55	18:26 1:22	20:56 2:30	22:36 1:40	23:14 0:38	24:42 1:28	30:46 6:04	33:19 2:33	34:08 0:49	39:02 4:54	40:04 1:02	42:00 1:56	
2	Simon Denman NGOC	48:53	4:21 4:21	6:53 2:32	12:18 5:25	16:30 4:12	17:50 1:20	20:27 2:37	22:00 1:33	22:55 0:55	24:34 1:39	31:34 7:00	35:18 3:44	36:39 1:21	42:16 5:37	44:44 2:28	46:49 2:05	
3	Mark Bailey IND	50:58	9:38 9:38	11:50 2:12	15:47 3:57	19:26 3:39	20:57 1:31	22:33 1:36	24:52 2:19	25:39 0:47	27:15 1:36	34:32 7:17	37:22 2:50	38:43 1:21	44:06 5:23	46:02 1:56	48:56 2:54	
4	David Palmer BOK	52:55	5:57 5:57	8:44 2:47	14:48 6:04	19:39 4:51	21:08 1:29	22:52 1:44	24:48 1:56	25:43 0:55	27:49 2:06	35:56 8:07	39:11 3:15	40:41 1:30	46:54 6:13	48:18 1:24	50:55 2:37	
5	Tim Sands BOK	56:02	5:24 5:24	8:06 2:42	13:36 5:30	18:06 4:30	20:10 2:04	21:42 1:32	23:32 1:50	24:19 0:47	26:14 1:55	34:11 7:57	37:33 3:22	39:22 1:49	46:42 7:20	50:58 4:16	53:26 2:28	
6	Max Suff IND	56:12	5:58 5:58	9:47 3:49	15:12 5:25	22:58 7:46	24:49 1:51	26:35 1:46	28:23 1:48	29:08 0:45	31:17 2:09	40:14 8:57	42:51 2:37	44:18 1:27	49:54 5:36	51:27 1:33	53:42 2:15	
7	Dave Hartley NGOC	56:28	5:25 5:25	8:06 2:41	13:04 4:58	18:36 5:32	20:47 2:11	24:35 3:48	26:42 2:07	27:51 1:09	30:16 2:25	38:50 8:34	42:06 3:16	43:30 1:24	50:43 7:13	52:12 1:29	54:40 2:28	
8	Ian Kennett SWOC	57:23	4:59 4:59	7:40 2:41	12:04 4:24	16:36 4:32	18:31 1:55	23:11 4:40	25:02 1:51	25:57 0:55	27:50 1:53	36:54 9:04	41:27 4:33	43:39 2:12	50:56 7:17	52:45 1:49	55:05 2:20	
9	Reuben Lawson NGOC	57:54	3:52 3:52	6:40 2:48	12:40 6:00	17:34 4:54	20:17 2:43	21:54 1:37	23:27 1:33	24:21 0:54	25:58 1:37	34:01 8:03	37:39 3:38	38:47 1:08	52:32 13:45	53:54 1:22	56:14 2:20	
10	Mike Farrington HOC	58:29	7:38 7:38	10:42 3:04	16:10 5:28	22:17 6:07	24:20 2:03	26:51 2:31	29:03 2:12	30:03 1:00	32:11 2:08	41:25 9:14	44:46 3:21	46:04 1:18	52:54 6:50	54:22 1:28	56:41 2:19	
11	Laurence Gossage BOK	58:45	4:48 4:48	7:56 3:08	14:17 6:21	19:38 5:21	21:43 2:05	24:17 2:34	26:19 2:02	27:38 1:19	29:46 2:08	38:14 8:28	41:51 3:37	43:05 1:14	50:35 7:30	53:43 3:08	56:33 2:50	
12	Jim Hayles IND	61:04	7:03 7:03	9:40 2:37	15:18 5:38	20:43 5:25	22:40 1:57	25:57 3:17	28:16 2:19	29:40 1:24	32:10 2:30	40:51 8:41	45:13 4:22	47:22 2:09	55:05 7:43	56:39 1:34	59:08 2:29	
13	Hannah Bradley NGOC	63:44	7:47 7:47	11:08 3:21	17:34 6:26	22:26 4:52	24:24 1:58	26:44 2:20	28:46 2:02	29:54 1:08	31:47 1:53	39:35 7:48	44:22 4:47	46:09 1:47	55:04 8:55	57:44 2:40	61:07 3:23	

Pl	Name	Time																Comment	
<b>Green</b>		<b>4.2 km</b>	<b>185 m</b>	<b>16 C</b>	<i>(cont.)</i>														
				1(57) 16(54)	2(58) Finish	3(39)	4(48)	5(45)	6(31)	7(56)	8(44)	9(39)	10(50)	11(210)	12(51)	13(69)	14(67)	15(53)	
14	<b>Paul Hammond HOC</b>	<b>63:45</b>	7:50 7:50 63:02 1:09	11:19 3:29 63:45 0:43	17:10 5:51	21:49 4:39	23:49 2:00	26:30 2:41	29:58 3:28	31:08 1:10	33:22 2:14	43:24 10:02	48:15 4:51	50:58 2:43	58:10 7:12	59:42 1:32	61:53 2:11		
15	<b>John Mills SWOC</b>	<b>64:48</b>	7:26 7:26 63:56 1:42	10:47 3:21 64:48 0:52	16:12 5:25	23:12 7:00	25:42 2:30	27:46 2:04	30:46 3:00	31:57 1:11	34:13 2:16	44:08 9:55	48:29 4:21	50:17 1:48	57:47 7:30	59:37 1:50	62:14 2:37		
16	<b>Philip Grace NGOC</b>	<b>67:01</b>	5:09 5:09 65:53 1:46	8:24 3:15 67:01 1:08	14:29 6:05	22:38 8:09	25:23 2:45	29:37 4:14	31:36 1:59	32:37 1:01	34:56 2:19	43:04 8:08	50:33 7:29	52:02 1:29	58:43 6:41	61:17 2:34	64:07 2:50		
17	<b>David Potter BOK</b>	<b>67:04</b>	6:06 6:06 66:25 1:24	9:08 3:02 67:04 0:39	21:52 12:44	26:39 4:47	28:22 1:43	30:59 2:37	34:17 3:18	35:22 1:05	38:46 3:24	46:57 8:11	51:06 4:09	52:33 1:27	61:05 8:32	62:38 1:33	65:01 2:23		
18	<b>Andy Pedder NGOC</b>	<b>68:33</b>	5:16 5:16 67:49 1:45	10:20 5:04 68:33 0:44	19:42 9:22	24:38 4:56	27:00 2:22	29:25 2:25	31:45 2:20	32:50 1:05	34:42 1:52	44:34 9:52	50:52 6:18	52:17 1:25	60:15 7:58	63:12 2:57	66:04 2:52		
19	<b>Neil Cameron NGOC</b>	<b>68:52</b>	5:41 5:41 67:28 2:06	9:15 3:34 68:52 1:24	17:28 8:13	22:53 5:25	24:37 1:44	27:03 2:26	29:09 2:06	30:32 1:23	32:38 2:06	43:23 10:45	49:24 6:01	51:25 2:01	59:17 7:52	62:03 2:46	65:22 3:19		
20	<b>Simon James SWOC</b>	<b>69:47</b>	4:38 4:38 68:58 1:44	7:38 3:00 69:47 0:49	13:30 5:52	19:33 6:03	22:31 2:58	27:06 4:35	29:31 2:25	30:56 1:25	32:57 2:01	50:04 17:07	53:45 3:41	55:25 1:40	62:43 7:18	64:23 1:40	67:14 2:51		
21	<b>Paul Taunton NGOC</b>	<b>71:12</b>	6:16 6:16 70:12 1:45	9:49 3:33 71:12 1:00	17:11 7:22	23:20 6:09	26:15 2:55	28:03 1:48	31:07 3:04	32:27 1:20	34:53 2:26	44:55 10:02	51:07 6:12	53:04 1:57	62:42 9:38	65:17 2:35	68:27 3:10		
22	<b>thomas agombar NGOC</b>	<b>71:29</b>	7:05 7:05 70:45 3:10	10:42 3:37 71:29 0:44	19:08 8:26	22:47 3:39	25:02 2:15	26:45 1:43	29:22 2:37	30:49 1:27	32:23 1:34	42:57 10:34	52:04 9:07	53:01 0:57	60:09 7:08	61:50 1:41	67:35 5:45		
23	<b>Cath Dale BOK</b>	<b>72:12</b>	5:31 5:31 71:25 1:59	11:40 6:09 72:12 0:47	19:05 7:25	29:03 9:58	31:26 2:23	34:54 3:28	36:44 1:50	37:54 1:10	40:02 2:08	46:47 6:45	54:49 8:02	57:16 2:27	63:56 6:40	66:52 2:56	69:26 2:34		
24	<b>Anne May SLOW</b>	<b>75:57</b>	6:44 6:44 74:29 2:21	10:46 4:02 75:57 1:28	18:32 7:46	24:48 6:16	28:36 3:48	31:26 2:50	34:19 2:53	35:40 1:21	38:39 2:59	50:16 11:37	55:25 5:09	57:44 2:19	66:12 8:28	68:32 2:20	72:08 3:36		
25	<b>Alex Evans NGOC</b>	<b>76:15</b>	6:09 6:09 75:31 1:32	11:21 5:12 76:15 0:44	21:28 10:07	29:28 8:00	32:05 2:37	35:54 3:49	39:38 3:44	40:51 1:13	42:59 2:08	52:54 9:55	57:08 4:14	58:36 1:28	69:08 10:32	70:53 1:45	73:59 3:06		

Pl	Name	Time	Comment														
<b>Green</b>			<b>4.2 km</b>	<b>185 m</b>	<b>16 C</b>	<i>(cont.)</i>											
			1(57) 16(54)	2(58) Finish	3(39)	4(48)	5(45)	6(31)	7(56)	8(44)	9(39)	10(50)	11(210)	12(51)	13(69)	14(67)	15(53)
26	<b>Rodney Archard NGOC</b>	<b>76:17</b>	12:38 12:38 75:30 1:52	15:59 3:21 76:17 0:47	24:03 8:04	30:17 6:14	33:12 2:55	37:15 4:03	39:32 2:17	40:53 1:21	43:15 2:22	51:30 8:15	57:43 6:13	60:46 3:03	68:23 7:37	70:43 2:20	73:38 2:55
27	<b>Pete Colbert SWOC</b>	<b>78:00</b>	9:00 9:00 76:42 1:39	12:27 3:27 78:00 1:18	21:09 8:42	27:17 6:08	29:42 2:25	32:35 2:53	35:19 2:44	36:51 1:32	39:56 3:05	53:12 13:16	58:14 5:02	60:39 2:25	69:36 8:57	71:57 2:21	75:03 3:06
28	<b>Judith Taylor NGOC</b>	<b>79:22</b>	6:09 6:09 78:36 2:25	9:32 3:23 79:22 0:46	26:33 17:01	32:26 5:53	34:37 2:11	36:42 2:05	39:06 2:24	40:09 1:03	43:01 2:52	52:39 9:38	58:53 6:14	61:25 2:32	71:02 9:37	73:22 2:20	76:11 2:49
29	<b>Dave Urch BOK</b>	<b>82:25</b>	7:10 7:10 81:11 1:33	10:26 3:16 82:25 1:14	18:10 7:44	24:04 5:54	26:34 2:30	29:19 2:45	32:25 3:06	33:51 1:26	36:49 2:58	46:34 9:45	61:59 15:25	63:51 1:52	74:04 10:13	76:41 2:37	79:38 2:57
30	<b>Sally Thomas BOK</b>	<b>84:16</b>	7:02 7:02 83:16 1:36	11:24 4:22 84:16 1:00	19:53 8:29	25:34 5:41	28:30 2:56	31:33 3:03	34:39 3:06	36:07 1:28	39:09 3:02	48:43 9:34	63:47 15:04	65:54 2:07	75:35 9:41	78:37 3:02	81:40 3:03
31	<b>Ros Taunton NGOC</b>	<b>87:25</b>	7:29 7:29 86:29 2:36	11:15 3:46 87:25 0:56	18:08 6:53	30:41 12:33	33:45 3:04	36:19 2:34	39:25 3:06	40:45 1:20	43:15 2:30	56:24 13:09	64:32 8:08	66:33 2:01	75:43 9:10	79:30 3:47	83:53 4:23
32	<b>Richard Higgs NGOC</b>	<b>89:01</b>	7:42 7:42 88:09 2:12	12:51 5:09 89:01 0:52	21:48 8:57	32:30 10:42	35:21 2:51	38:25 3:04	42:01 3:36	43:44 1:43	46:39 2:55	59:12 12:33	65:22 6:10	67:38 2:16	78:38 11:00	81:59 3:21	85:57 3:58
33	<b>Si Read IND</b>	<b>90:14</b>	8:44 8:44 89:26 1:25	12:11 3:27 90:14 0:48	17:21 5:10	21:15 3:54	44:37 23:22	46:46 2:09	49:07 2:21	50:33 1:26	53:05 2:32	60:03 6:58	65:58 5:55	70:33 4:35	81:32 10:59	85:19 3:47	88:01 2:42
34	<b>Alan Marshall IND</b>	<b>96:42</b>	8:47 8:47 95:11 2:36	14:05 5:18 96:42 1:31	23:10 9:05	32:20 9:10	36:18 3:58	40:58 4:40	44:09 3:11	45:32 1:23	49:05 3:33	60:10 11:05	67:23 7:13	70:58 3:35	83:06 12:08	87:56 4:50	92:35 4:39
35	<b>Rachel Ganz IND</b>	<b>97:22</b>	9:08 9:08 95:11 2:26	14:15 5:07 97:22 2:11	23:09 8:54	32:18 9:09	36:22 4:04	41:09 4:47	44:29 3:20	46:21 1:52	49:03 2:42	60:15 11:12	67:49 7:34	71:07 3:18	83:40 12:33	88:33 4:53	92:45 4:12
36	<b>Brian Laycock HOC</b>	<b>100:54</b>	11:01 11:01 99:11 2:41	15:23 4:22 100:54 1:43	24:16 8:53	31:02 6:46	34:58 3:56	41:33 6:35	45:32 3:59	47:20 1:48	50:43 3:23	62:37 11:54	71:56 9:19	74:29 2:33	86:49 12:20	91:56 5:07	96:30 4:34
37	<b>Dave Andrews NGOC</b>	<b>103:38</b>	7:38 7:38 102:24 1:54	13:07 5:29 103:38 1:14	21:09 8:02	27:39 6:30	30:30 2:51	37:30 7:00	39:59 2:29	41:34 1:35	44:10 2:36	54:51 10:41	83:20 28:29	85:27 2:07	95:05 9:38	97:18 2:13	100:30 3:12





Pl	Name	Time															Comment		
<b>Short Green</b>			<b>3.7 km</b>	<b>170 m</b>	<b>14 C</b>														
			1(47)	2(42)	3(33)	4(39)	5(48)	6(45)	7(31)	8(56)	9(44)	10(39)	11(50)	12(51)	13(52)	14(54)	Finish		
1	Hal Young NGOC	51:00	4:45	9:18	11:00	20:19	24:40	26:44	28:42	29:59	30:44	32:28	39:07	42:56	48:41	50:20	51:00		
2	Matthew Fautley IND	58:00	4:45	4:33	1:42	9:19	4:21	2:04	1:58	1:17	0:45	1:44	6:39	3:49	5:45	1:39	0:40		
3	Carol Sands BOK	72:48	4:36	10:05	12:42	17:52	23:09	25:51	28:11	29:46	30:45	32:44	41:44	49:04	55:09	57:11	58:00		
4	Chris Albury NWO	73:38	4:36	5:29	2:37	5:10	5:17	2:42	2:20	1:35	0:59	1:59	9:00	7:20	6:05	2:02	0:49		
5	Seth Lawson NGOC	75:30	5:24	3:53	2:31	5:10	7:32	2:03	1:56	2:23	1:14	2:16	11:10	15:01	8:18	2:58	0:59		
6	Claire Horsfall NGOC	76:13	9:05	13:13	16:18	21:20	27:29	30:15	37:07	40:04	41:10	43:42	53:04	61:17	69:26	72:51	73:38		
7	Mark Blackstone BOK	77:25	9:05	4:08	3:05	5:02	6:09	2:46	6:52	2:57	1:06	2:32	9:22	8:13	8:09	3:25	0:47		
8	Peter Maloney NGOC	79:34	5:11	11:23	14:19	21:39	28:51	33:20	37:08	40:31	41:53	44:55	55:59	65:42	72:33	74:45	75:30		
9	Roger Coe NGOC	79:54	5:11	6:12	2:56	7:20	7:12	4:29	3:48	3:23	1:22	3:02	11:04	9:43	6:51	2:12	0:45		
			6:06	9:46	12:42	20:25	30:00	32:27	34:24	37:16	38:36	40:56	51:23	64:12	72:42	75:17	76:13		
			6:06	3:40	2:56	7:43	9:35	2:27	1:57	2:52	1:20	2:20	10:27	12:49	8:30	2:35	0:56		
			7:15	11:46	16:00	23:47	30:44	34:13	36:31	39:39	41:35	45:19	56:53	66:04	73:07	75:56	77:25		
			7:15	4:31	4:14	7:47	6:57	3:29	2:18	3:08	1:56	3:44	11:34	9:11	7:03	2:49	1:29		
			12:46	17:21	21:43	28:44	35:00	37:50	40:27	43:08	44:43	47:59	58:46	67:24	74:44	77:56	79:34		
			12:46	4:35	4:22	7:01	6:16	2:50	2:37	2:41	1:35	3:16	10:47	8:38	7:20	3:12	1:38		
			8:37	13:46	16:34	28:47	34:34	36:54	41:49	47:55	49:02	51:43	61:25	69:42	76:42	78:53	79:54		
			8:37	5:09	2:48	12:13	5:47	2:20	4:55	6:06	1:07	2:41	9:42	8:17	7:00	2:11	1:01		
			46:19																
			*44																
10	Sharon Finch SWOC	80:50	4:32	11:20	13:30	20:13	25:02	27:29	30:09	32:34	33:40	36:27	61:29	72:12	78:08	80:01	80:50		
11	Carol Farrington HOC	84:29	4:32	6:48	2:10	6:43	4:49	2:27	2:40	2:25	1:06	2:47	25:02	10:43	5:56	1:53	0:49		
12	Jill MacKenzie HOC	88:42	8:38	13:51	18:01	24:32	34:31	37:32	40:45	44:08	45:42	48:24	61:55	71:00	80:36	83:11	84:29		
13	Robin Halsey BOK	91:01	8:38	5:13	4:10	6:31	9:59	3:01	3:13	3:23	1:34	2:42	13:31	9:05	9:36	2:35	1:18		
14	Robert Teed NGOC	91:45	9:07	15:37	19:27	26:27	33:20	36:51	42:14	46:39	48:27	51:47	63:54	75:19	84:15	87:16	88:42		
			9:07	6:30	3:50	7:00	6:53	3:31	5:23	4:25	1:48	3:20	12:07	11:25	8:56	3:01	1:26		
			7:34	12:45	18:35	28:30	35:03	38:39	42:18	46:47	48:28	51:01	61:47	78:06	86:54	89:42	91:01		
			7:34	5:11	5:50	9:55	6:33	3:36	3:39	4:29	1:41	2:33	10:46	16:19	8:48	2:48	1:19		
			7:52	12:41	20:12	27:37	35:39	41:17	44:02	48:06	49:41	53:19	66:48	80:08	86:58	90:05	91:45		
			7:52	4:49	7:31	7:25	8:02	5:38	2:45	4:04	1:35	3:38	13:29	13:20	6:50	3:07	1:40		
			14:58																
			*58																
15	Michael Grace NGOC	95:31	6:16	10:14	16:32	21:55	34:42	40:24	51:11	53:33	54:41	56:17	64:57	87:21	91:58	94:58	95:31		
16	Laura Rutty NGOC	96:12	6:16	3:58	6:18	5:23	12:47	5:42	10:47	2:22	1:08	1:36	8:40	22:24	4:37	3:00	0:33		
			6:31	10:50	13:40	20:37	27:28	29:44	34:57	37:32	39:00	41:45	51:49	83:48	92:11	94:39	96:12		
			6:31	4:19	2:50	6:57	6:51	2:16	5:13	2:35	1:28	2:45	10:04	31:59	8:23	2:28	1:33		
			94:44																
			*54																
17	Rosanna Ingram IND	96:45	8:32	12:32	15:44	23:21	31:34	35:03	38:30	41:50	43:23	45:20	54:55	88:19	94:05	95:55	96:45		
18	Ellen Starling NGOC	96:51	8:32	4:00	3:12	7:37	8:13	3:29	3:27	3:20	1:33	1:57	9:35	33:24	5:46	1:50	0:50		
19	Sue Colbert SWOC	106:55	10:35	15:17	20:29	27:29	36:38	39:55	43:35	47:42	49:39	52:59	66:14	77:49	91:08	94:58	96:51		
			10:35	4:42	5:12	7:00	9:09	3:17	3:40	4:07	1:57	3:20	13:15	11:35	13:19	3:50	1:53		
			17:38	23:09	28:23	37:56	44:29	47:42	51:22	56:12	58:10	64:27	77:55	88:21	100:53	104:30	106:55		
			17:38	5:31	5:14	9:33	6:33	3:13	3:40	4:50	1:58	6:17	13:28	10:26	12:32	3:37	2:25		
			13:31	20:46	26:00	35:55	45:50	50:14	54:37	59:54	62:38	67:10	88:55	103:03	112:36	116:38	118:37		
			13:31	7:15	5:14	9:55	9:55	4:24	4:23	5:17	2:44	4:32	21:45	14:08	9:33	4:02	1:59		
			11:49	20:28	27:05	37:29	48:34	53:38	58:32	62:59	69:01	73:35	90:12	105:36	115:39	119:33	120:55		
			11:49	8:39	6:37	10:24	11:05	5:04	4:54	4:27	6:02	4:34	16:37	15:24	10:03	3:54	1:22		
			12:44	21:45	28:16	38:16	49:49	54:58	59:27	64:19	69:55	74:33	91:48	106:55	117:22	120:55	122:43		
			12:44	9:01	6:31	10:00	11:33	5:09	4:29	4:52	5:36	4:38	17:15	15:07	10:27	3:33	1:48		
	Anne Palmer BOK	mp	6:07	-----	20:20	27:37	34:45	37:56	40:17	44:54	46:57	51:34	66:38	-----	-----	-----	80:41		
			6:07		14:13	7:17	7:08	3:11	2:21	4:37	2:03	4:37	15:04				14:03		



Pl	Name	Time												Comment		
<b>Orange</b>			<b>3.2 km</b>	<b>155 m</b>	<b>11 C</b>											
			1(41)	2(42)	3(33)	4(44)	5(45)	6(50)	7(34)	8(36)	9(38)	10(53)	11(40)	Finish		
1	Ashleigh Denman NGOC	52:11	2:37	5:48	12:16	18:11	25:09	32:35	36:47	41:30	44:07	50:15	51:21	52:11	42:58	
			2:37	3:11	6:28	5:55	6:58	7:26	4:12	4:43	2:37	6:08	1:06	0:50	*37	
2	Ben Mawer BAOC	54:47	3:09	9:04	10:49	17:19	22:09	27:09	31:25	34:40	47:32	53:13	53:57	54:47		
			3:09	5:55	1:45	6:30	4:50	5:00	4:16	3:15	12:52	5:41	0:44	0:50		
3	Katie Agombar NGOC	58:47	2:28	11:14	13:39	23:23	31:45	36:38	44:50	47:21	49:30	56:45	57:50	58:47		
			2:28	8:46	2:25	9:44	8:22	4:53	8:12	2:31	2:09	7:15	1:05	0:57		
4	Mal Ummar-Ali IND	66:06	1:48	9:30	12:50	21:55	29:40	35:33	39:22	42:48	58:07	64:19	65:16	66:06		
			1:48	7:42	3:20	9:05	7:45	5:53	3:49	3:26	15:19	6:12	0:57	0:50		
5	Alan Kempton BOK	68:18	3:11	8:12	13:21	21:12	28:39	43:13	49:53	53:14	57:24	65:18	67:05	68:18	55:18	
			3:11	5:01	5:09	7:51	7:27	14:34	6:40	3:21	4:10	7:54	1:47	1:13	*37	
6	Thomas Simpson NGOC	70:07	4:12	8:27	14:56	21:39	32:27	42:33	50:10	57:02	59:19	67:56	69:09	70:07		
			4:12	4:15	6:29	6:43	10:48	10:06	7:37	6:52	2:17	8:37	1:13	0:58		
7	Otis + Xander Evans IND	85:15	5:02	10:53	18:40	25:57	35:05	57:24	64:10	68:51	72:16	80:05	84:30	85:15		
			5:02	5:51	7:47	7:17	9:08	22:19	6:46	4:41	3:25	7:49	4:25	0:45		
8	Isabelle Halsey BOK	87:31	4:01	14:09	23:34	31:27	41:14	56:07	63:46	70:01	73:36	84:48	86:30	87:31		
			4:01	10:08	9:25	7:53	9:47	14:53	7:39	6:15	3:35	11:12	1:42	1:01		
9	Megan Wareing IND	87:39	3:55	20:03	23:54	31:22	38:13	54:07	62:03	73:59	76:59	85:36	86:40	87:39		
			3:55	16:08	3:51	7:28	6:51	15:54	7:56	11:56	3:00	8:37	1:04	0:59		
10	Lori Hagen IND	96:55	3:38	10:15	13:17	23:01	33:34	68:37	75:19	81:28	85:10	95:07	96:12	96:55		
			3:38	6:37	3:02	9:44	10:33	35:03	6:42	6:09	3:42	9:57	1:05	0:43		
11	Daniel Wareing IND	97:07	3:47	24:25	30:40	37:18	46:15	61:45	78:56	84:10	86:24	94:12	95:47	97:07		
			3:47	20:38	6:15	6:38	8:57	15:30	17:11	5:14	2:14	7:48	1:35	1:20		
12	Helen Young NGOC	97:20	9:54	35:03	37:28	41:36	49:19	57:43	67:50	76:30	80:11	95:13	96:00	97:20		
			9:54	25:09	2:25	4:08	7:43	8:24	10:07	8:40	3:41	15:02	0:47	1:20		
13	Gregory Young NGOC	97:39	10:58	35:57	38:30	42:43	50:21	58:35	70:01	77:37	81:15	96:08	96:48	97:39		
			10:58	24:59	2:33	4:13	7:38	8:14	11:26	7:36	3:38	14:53	0:40	0:51		
14	George Mather IND	98:02	11:01	36:26	38:33	42:55	50:47	58:41	70:08	77:55	81:16	96:12	96:58	98:02		
			11:01	25:25	2:07	4:22	7:52	7:54	11:27	7:47	3:21	14:56	0:46	1:04		
15	Rhiannon Fadeyibi NGOC	98:43	2:55	16:18	22:05	27:05	66:06	73:09	79:13	84:20	86:50	96:00	97:35	98:43		
			2:55	13:23	5:47	5:00	39:01	7:03	6:04	5:07	2:30	9:10	1:35	1:08		
16	Louisa Halsey BOK	99:24	3:29	12:13	17:47	23:06	41:31	54:42	66:52	74:30	79:12	96:15	98:14	99:24		
			3:29	8:44	5:34	5:19	18:25	13:11	12:10	7:38	4:42	17:03	1:59	1:10		
17	Gaye Callard NGOC	107:58	4:33	11:09	17:23	42:59	55:03	70:40	78:37	84:36	89:21	104:00	105:56	107:58		
			4:33	6:36	6:14	25:36	12:04	15:37	7:57	5:59	4:45	14:39	1:56	2:02		
18	May Hayles IND	112:20	2:26	45:50	47:33	57:08	65:10	82:05	90:43	96:54	100:16	109:37	111:35	112:20		
			2:26	43:24	1:43	9:35	8:02	16:55	8:38	6:11	3:22	9:21	1:58	0:45		
	Marion Shutzrumer BOK	mp	2:34	5:55	14:20	21:21	48:27	54:55	60:50	74:51	77:18	84:30	----	87:34	m40	
			2:34	3:21	8:25	7:01	27:06	6:28	5:55	14:01	2:27	7:12		3:04		
nc	Hannah + Alex Agombar NGOC	55:17	3:07	8:13	11:07	20:49	28:06	33:34	40:51	44:05	46:21	53:29	54:30	55:17		
			3:07	5:06	2:54	9:42	7:17	5:28	7:17	3:14	2:16	7:08	1:01	0:47		
nc	James Agombar NGOC	59:11	2:23	11:09	13:41	23:28	31:59	36:29	44:18	47:12	49:22	56:53	58:07	59:11		
			2:23	8:46	2:32	9:47	8:31	4:30	7:49	2:54	2:10	7:31	1:14	1:04		
nc	Adam Rawlings + Sarah Hall IND	84:56	4:32	20:00	29:03	35:54	46:03	55:15	63:21	67:49	70:46	82:43	84:05	84:56		
			4:32	15:28	9:03	6:51	10:09	9:12	8:06	4:28	2:57	11:57	1:22	0:51		

Pl	Name	Time											Comment	
			2.4 km	60 m	10 C									
	<b>Yellow</b>		1(55)	2(32)	3(43)	4(34)	5(35)	6(36)	7(37)	8(38)	9(49)	10(40)	Finish	
1	<b>James Agombar</b>	<b>19:20</b>	2:00	4:42	<b>6:51</b>	<b>7:59</b>	<b>9:39</b>	<b>11:34</b>	<b>12:39</b>	<b>13:13</b>	<b>15:43</b>	<b>18:32</b>	<b>19:20</b>	
	NGOC		2:00	2:42	2:09	1:08	1:40	1:55	<b>1:05</b>	<b>0:34</b>	<b>2:30</b>	2:49	0:48	
2	<b>Thomas Harris</b>	<b>21:55</b>	2:12	4:42	7:16	8:18	10:01	12:18	13:52	14:56	17:37	21:07	21:55	
	NGOC		2:12	<b>2:30</b>	2:34	1:02	1:43	2:17	1:34	1:04	2:41	3:30	0:48	
3	<b>Katie Agombar</b>	<b>24:05</b>	<b>1:53</b>	<b>4:32</b>	7:20	8:31	13:47	15:37	16:53	17:33	20:10	23:15	24:05	
	NGOC		<b>1:53</b>	2:39	2:48	1:11	5:16	1:50	1:16	0:40	2:37	3:05	0:50	
4	<b>George Gracie</b>	<b>24:57</b>	2:14	5:15	7:23	8:23	14:35	16:07	17:34	18:26	21:25	24:10	24:57	
	BOK		2:14	3:01	<b>2:08</b>	<b>1:00</b>	6:12	<b>1:32</b>	1:27	0:52	2:59	<b>2:45</b>	<b>0:47</b>	
5	<b>Hannah Agombar</b>	<b>27:10</b>	2:29	5:25	8:47	10:17	12:14	15:28	18:01	19:13	22:32	26:18	27:10	
	NGOC		2:29	2:56	3:22	1:30	1:57	3:14	2:33	1:12	3:19	3:46	0:52	
6	<b>Thomas Dilley</b>	<b>34:42</b>	3:07	7:55	12:02	13:56	15:25	18:10	20:29	21:50	26:43	32:16	34:42	
	IND		3:07	4:48	4:07	1:54	1:29	2:45	2:19	1:21	4:53	5:33	2:26	
7	<b>Megan Wareing</b>	<b>35:18</b>	2:58	5:34	8:07	10:17	19:52	23:43	25:35	26:59	30:31	34:04	35:18	
	IND		2:58	2:36	2:33	2:10	9:35	3:51	1:52	1:24	3:32	3:33	1:14	
8	<b>Ben Gracie</b>	<b>35:39</b>	3:16	7:46	11:20	13:24	14:42	22:56	24:33	25:27	29:41	34:08	35:39	
	BOK		3:16	4:30	3:34	2:04	<b>1:18</b>	8:14	1:37	0:54	4:14	4:27	1:31	
9	<b>Samuel Horsfall</b>	<b>38:26</b>	3:42	7:25	10:58	12:31	20:29	24:51	26:57	28:32	33:00	37:13	38:26	
	NGOC		3:42	3:43	3:33	1:33	7:58	4:22	2:06	1:35	4:28	4:13	1:13	
10	<b>Lorraine Bunn</b>	<b>66:50</b>	8:57	15:48	23:03	27:50	34:32	39:43	45:25	50:00	58:27	64:07	66:50	
	Malvern Buzzards		8:57	6:51	7:15	4:47	6:42	5:11	5:42	4:35	8:27	5:40	2:43	

Pl	Name	Time										Comment	
Trail	11.3 km	245 m	9 C										
			1(201)	2(202)	3(203)	4(204)	5(205)	6(206)	7(207)	8(208)	9(209)	Finish	
1	Steve Arden	51:15	5:32	9:28	14:58	22:01	27:26	32:25	38:29	43:16	46:44	51:15	
	IND		5:32	3:56	5:30	7:03	5:25	4:59	6:04	4:47	3:28	4:31	
2	Rob Rees	51:20	7:38	11:24	16:52	22:35	27:58	32:46	39:06	43:20	46:38	51:20	
	IND		7:38	3:46	5:28	5:43	5:23	4:48	6:20	4:14	3:18	4:42	
3	Tim Jones	58:28	13:18	16:56	23:22	28:50	34:31	39:30	45:27	50:24	54:06	58:28	
	IND		13:18	3:38	6:26	5:28	5:41	4:59	5:57	4:57	3:42	4:22	
4	Paul Lee	67:20	7:30	12:02	19:46	26:30	36:41	42:52	51:34	57:09	61:46	67:20	
	IND		7:30	4:32	7:44	6:44	10:11	6:11	8:42	5:35	4:37	5:34	
5	Naomi Price	74:22	7:26	12:09	23:19	30:35	37:58	44:56	56:02	62:54	68:07	74:22	
	IND		7:26	4:43	11:10	7:16	7:23	6:58	11:06	6:52	5:13	6:15	
6	Emily Ravenhill	74:30	7:31	12:16	23:30	30:40	38:04	45:09	56:09	63:01	68:33	74:30	
	IND		7:31	4:45	11:14	7:10	7:24	7:05	11:00	6:52	5:32	5:57	
7	Graeme Flury-Kish	87:00	9:11	13:28	31:52	43:10	-----	55:31	66:24	73:51	79:38	87:00	missed 205
	IND		9:11	4:17	18:24	11:18		12:21	10:53	7:27	5:47	7:22	
8	Chris Hopkins	87:06	9:10	13:33	31:58	43:16	-----	55:36	66:30	73:57	79:34	87:06	missed 205
	IND		9:10	4:23	18:25	11:18		12:20	10:54	7:27	5:37	7:32	
9	Thomas Farley	89:26	14:59	19:04	40:48	47:09	64:03	69:06	75:33	80:51	84:59	89:26	10:34
	IND		14:59	4:05	21:44	6:21	16:54	5:03	6:27	5:18	4:08	4:27	*33
9	Dave White	89:26	14:58	19:01	40:47	47:08	64:02	69:06	75:31	80:47	84:59	89:26	10:32
	IND		14:58	4:03	21:46	6:21	16:54	5:04	6:25	5:16	4:12	4:27	*33
11	Vanessa and Neil Jackson	99:51	14:35	20:45	31:19	40:23	62:58	69:49	78:19	86:13	91:32	99:51	
	IND		14:35	6:10	10:34	9:04	22:35	6:51	8:30	7:54	5:19	8:19	
12	Louise + Sarah + Ant Everett	100:10	16:00	21:08	31:37	40:38	63:12	70:02	78:29	86:20	91:43	100:10	
	IND		16:00	5:08	10:29	9:01	22:34	6:50	8:27	7:51	5:23	8:27	
13	Jenny Hatley	124:31	21:23	24:43	35:47	57:53	-----	75:49	91:19	102:12	109:41	124:31	missed 205
	IND		21:23	3:20	11:04	22:06		17:56	15:30	10:53	7:29	14:50	
14	Sue Hartley	124:34	14:06	20:19	32:13	57:52	-----	74:02	89:53	100:56	112:35	124:34	missed 205
	NGOC		14:06	6:13	11:54	25:39		16:10	15:51	11:03	11:39	11:59	