

Pl	Name	Time																						
Brown (9)			7.3 km 310 m 26 C																					
			1(44) 23(66)	2(50) 24(70)	3(46) 25(69)	4(57) 26(60)	5(62) Finish	6(42)	7(48)	8(52)	9(38)	10(206)	11(59)	12(63)	13(47)	14(39)	15(67)	16(53)	17(45)	18(55)	19(37)	20(43)	21(205)	22(201)
1	Peter Ward NGOC	65:58	3:29 3:29 62:19	7:13 3:44 63:09	10:55 3:42 64:31	14:07 3:12 65:41	15:53 1:46 65:58	17:58 2:05	20:11 2:13	22:49 2:38	25:29 2:40	27:13 1:44	28:05 0:52	31:17 3:12	35:02 3:45	39:50 4:48	41:14 1:24	45:24 4:10	47:03 1:39	49:26 2:23	52:09 2:43	54:08 1:59	56:37 2:29	61:22 4:45
2	Nick Gracie BOK	75:29	0:57 3:58 3:58 71:22	0:50 8:25 4:27	1:22 11:22 2:57	1:10 15:04 3:42	0:17 17:28 2:24		20:33 23:04	26:59 2:31	29:55 3:55	31:53 1:58	32:57 1:04	36:59 4:02	40:43 3:44	43:39 2:56	45:17 1:38	48:06 2:49	50:26 2:20	52:43 2:17	56:33 3:50	59:19 2:46	65:07 5:48	70:29 5:22
3	Nick Nourse NWO	78:44	0:53 4:07 4:07 73:52	0:49 8:04 3:57	1:25 11:28 3:24	1:33 16:17 4:49	0:20 18:36 2:19		21:16 23:58	28:25 2:42	31:34 3:09	33:31 1:57	34:48 1:17	39:35 4:47	43:17 3:42	46:51 3:34	48:51 2:00	50:45 1:54	53:41 2:56	55:50 2:09	59:28 3:38	62:16 2:48	69:46 7:30	72:23 2:37
4	James Wilkinson BKO	90:12	1:29 3:32 3:32 85:13	1:08 9:23 5:51	1:45 13:44 4:21	1:33 18:47 5:03	0:26 21:42 2:55		24:40 28:06	31:42 3:36	35:26 3:44	37:52 2:26	39:11 1:19	44:07 4:56	49:19 5:12	53:36 4:17	56:47 3:11	59:07 2:20	62:01 2:54	64:49 2:48	70:43 5:54	74:02 3:19	78:10 4:08	84:17 6:07
5	Chris McCartney OD	91:02	0:56 6:43 6:43 86:13	1:00 11:48 5:05	2:00 19:37 7:49	1:38 24:30 4:53	0:21 26:59 2:29		29:44 32:52	36:48 3:56	39:57 3:09	43:22 3:25	44:36 1:14	49:53 5:17	54:04 4:11	58:32 4:28	60:56 2:24	63:17 2:21	65:18 2:01	68:02 2:44	72:36 4:34	76:13 3:37	80:26 4:13	85:05 4:39
6	Anders Johansson NGOC	92:44	1:08 3:14 3:14 88:03	1:05 9:44 6:30	1:51 14:39 4:55	1:25 19:06 4:27	0:28 22:12 3:06		25:35 28:56	32:38 3:42	36:05 3:27	38:44 2:39	40:27 1:43	47:34 7:07	53:02 5:28	57:12 4:10	60:12 3:00	62:49 2:37	65:23 2:34	67:56 2:33	73:50 5:54	77:17 3:27	81:46 4:29	86:59 5:13
7	Stuart Ebbrell BAOC	95:21	1:04 3:10 3:10 90:39	1:06 7:50 4:40	1:39 12:34 4:44	1:33 17:14 4:40	0:23 20:13 2:59		23:59 27:41	32:28 3:42	36:20 3:52	38:15 1:55	39:29 1:14	45:11 5:42	49:33 4:22	53:29 3:56	55:44 2:15	57:58 2:14	70:15 12:17	72:54 2:39	77:19 4:25	80:27 3:08	85:31 5:04	89:32 4:01
8	Karl Kingsman HOC	97:40	1:07 4:44 4:44 92:35	1:24 15:05 10:21	1:37 18:26 3:21	1:20 24:35 6:09	0:21 27:39 3:04		30:46 33:55	38:04 4:09	41:46 3:42	44:43 2:57	46:25 1:42	51:31 5:06	57:19 5:48	60:47 3:28	63:41 2:54	66:57 3:16	69:59 3:02	73:06 3:07	78:47 5:41	81:52 3:05	86:07 4:15	90:34 4:27
9	Christophe Pige NGOC	98:36	2:01 10:49 10:49 93:48	1:11 5:23 5:23	1:47 3:33 3:33	1:45 4:22 4:22	0:22 2:21 2:21		29:17 32:27	36:55 4:28	39:59 3:04	42:15 2:16	43:30 1:15	48:23 4:53	52:57 4:34	56:30 3:33	58:55 2:25	61:52 2:57	70:21 8:29	73:21 3:00	79:17 5:56	84:18 5:01	88:33 4:15	92:28 3:55
10			1:20	1:15	1:42	1:28	0:23																	
Blue (25)			5.4 km 230 m 20 C																					
			1(201)	2(44)	3(204)	4(50)	5(42)	6(35)	7(52)	8(49)	9(59)	10(40)	11(53)	12(45)	13(47)	14(39)	15(51)	16(205)	17(66)	18(70)	19(33)	20(60)	Finish	
1	Jason Howell HOC	54:13	1:22 1:22	3:26 2:04	8:18 4:52	10:36 2:18	12:54 2:18	16:05 3:11	18:20 2:15	20:55 2:35	23:42 2:47	25:07 1:25	27:29 2:22	29:22 1:53	34:40 5:18	37:33 2:53	41:32 3:59	45:49 4:17	48:42 2:53	49:46 1:04	51:06 1:20	53:48 2:42	54:13 0:25	
2	Scott Johnson NGOC	58:27	1:39 1:39	4:34 2:55	6:19 1:45	9:15 2:56	11:29 2:14	14:57 3:28	16:47 1:50	19:47 3:00	22:37 2:50	23:41 1:04	27:08 3:27	28:58 1:50	36:48 7:50	39:36 2:48	45:49 6:13	50:30 4:41	54:15 3:45	55:06 0:51	56:12 1:06	58:12 2:00	58:27 0:15	
3	Philip Eeles SOC	58:37	1:23 1:23	3:42 2:19	5:46 2:04	8:12 2:26	10:49 2:37	14:16 3:27	17:30 3:14	20:39 3:09	23:48 3:09	25:34 1:46	29:17 3:43	31:48 2:31	37:24 5:36	41:20 3:56	46:08 4:48	50:12 4:04	53:55 3:43	55:00 1:05	56:18 1:18	58:12 1:54	58:37 0:25	
4	Greg Best NGOC	60:29	1:35 1:35	4:09 2:34	6:12 2:03	9:46 3:34	12:22 2:36	16:17 3:55	18:45 2:28	21:48 3:03	24:39 2:51	26:10 1:31	28:52 2:42	31:21 2:29	37:56 6:35	42:41 4:45	48:09 5:28	52:32 4:23	55:48 3:16	56:43 0:55	58:07 1:24	60:07 2:00	60:29 0:22	
5	Joe Parkinson NGOC	64:24	1:34 1:34	4:04 2:30	6:11 2:07	8:53 2:42	11:50 2:57	15:38 3:48	19:07 3:29	23:24 4:17	26:45 3:21	28:59 2:14	32:39 3:40	34:54 2:15	41:25 6:31	45:25 4:00	50:43 5:18	55:30 4:47	59:34 4:04	60:35 1:01	62:05 1:30	64:03 1:58	64:24 0:21	
6	Ginny Hudson NGOC	64:41	1:24 1:24	3:45 2:21	6:13 2:28	9:16 3:03	12:08 2:52	15:42 3:34	18:22 2:40	22:30 4:08	26:21 3:51	27:51 1:30	30:29 2:38	32:20 1:51	40:58 8:38	44:28 3:30	49:25 4:57	55:52 6:27	59:24 3:32	60:28 1:04	61:53 1:25	64:17 2:24	64:41 0:24	
7	Andrew Hartley NGOC	65:20	1:12 1:12	3:16 2:04	5:01 1:45	8:44 3:43	11:24 2:40	19:02 7:38	25:53 6:51	28:22 2:29	31:18 2:56	33:10 1:52	35:45 2:35	39:17 3:32	45:53 6:36	49:15 3:22	53:31 4:16	58:23 4:52	61:09 2:46	62:06 0:57	63:23 1:17	65:07 1:44	65:20 0:13	
8	Russell Finch SWOC	67:31	1:55 1:55	5:35 3:40	7:52 2:17	10:41 2:49	13:15 2:34	17:26 4:11	26:53 9:27	29:43 2:50	33:03 3:20	35:28 2:25	38:31 3:03	40:35 2:04	46:04 5:29	49:17 3:13	54:26 5:09	58:45 4:19	62:31 3:46	63:50 1:19	65:16 1:26	67:11 1:55	67:31 0:20	
9	Thomas Cochrane NGOC	69:13	2:08 2:08	6:50 4:42	8:54 2:04	11:27 2:33	14:10 2:43	17:08 2:58	20:17 3:09	22:58 2:41	28:46 5:48	32:32 3:46	35:59 3:27	38:39 2:40	46:15 7:36	51:30 5:15	56:13 4:43	60:10 3:57	63:57 3:47	64:58 1:01	66:52 1:54	68:47 1:55	69:13 0:26	
10	Christine Farr SWOC	70:53	3:05 3:05	5:29 2:24	7:44 2:15	11:36 3:52	15:17 3:41	18:51 3:34	21:30 2:39	25:04 3:34	28:50 3:46	30:23 1:33	34:42 4:19	41:09 6:27	48:14 7:05	52:33 4:19	57:32 4:59	61:53 4:21	65:31 3:38	66:41 1:10	68:06 1:25	70:30 2:24	70:53 0:23	

Pl	Name	Time																					
Blue (25)			5.4 km 230 m		20 C	(cont.)																	
			1(201)	2(44)	3(204)	4(50)	5(42)	6(35)	7(52)	8(49)	9(59)	10(40)	11(53)	12(45)	13(47)	14(39)	15(51)	16(205)	17(66)	18(70)	19(33)	20(60)	Finish
11	Duncan Innes	72:39	1:33	5:43	8:22	12:18	14:56	18:15	23:13	26:13	29:57	31:34	39:54	43:06	49:22	54:17	58:44	63:44	67:40	68:54	70:27	72:16	72:39
	SWOC		1:33	4:10	2:39	3:56	2:38	3:19	4:58	3:00	3:44	1:37	8:20	3:12	6:16	4:55	4:27	5:00	3:56	1:14	1:33	1:49	0:23
12	Richard Davies	74:02	1:40	4:10	6:54	9:49	12:38	19:26	22:43	26:25	29:45	33:45	36:32	43:15	53:51	57:42	62:17	66:19	69:17	70:18	71:31	73:37	74:02
	HOC		1:40	2:30	2:44	2:55	2:49	6:48	3:17	3:42	3:20	4:00	2:47	6:43	10:36	3:51	4:35	4:02	2:58	1:01	1:13	2:06	0:25
13	Paul Bryce	74:19	1:26	3:58	7:07	10:37	13:30	18:38	22:55	26:35	30:06	33:27	38:18	41:15	48:30	52:56	58:33	64:07	68:54	70:12	71:46	73:56	74:19
	NGOC		1:26	2:32	3:09	3:30	2:53	5:08	4:17	3:40	3:31	3:21	4:51	2:57	7:15	4:26	5:37	5:34	4:47	1:18	1:34	2:10	0:23
14	Thomas Agombar	74:55	2:19	7:30	10:01	13:21	16:54	20:43	24:08	27:50	31:08	34:30	38:37	41:37	50:27	54:32	59:54	66:19	69:56	71:05	72:34	74:35	74:55
	NGOC		2:19	5:11	2:31	3:20	3:33	3:49	3:25	3:42	3:18	3:22	4:07	3:00	8:50	4:05	5:22	6:25	3:37	1:09	1:29	2:01	0:20
15	Rob Taylor	76:38	1:38	4:06	7:04	13:07	17:02	20:59	25:10	28:31	31:50	35:32	38:48	43:21	50:08	55:12	61:09	66:58	70:51	72:15	73:48	76:14	76:38
	NGOC		1:38	2:28	2:58	6:03	3:55	3:57	4:11	3:21	3:19	3:42	3:16	4:33	6:47	5:04	5:57	5:49	3:53	1:24	1:33	2:26	0:24
16	Mikhail Gryaznevich	77:11	1:42	4:21	6:43	11:18	14:04	22:17	27:49	31:14	35:12	36:38	40:31	42:32	49:34	54:31	60:11	65:46	70:27	71:55	73:48	76:40	77:11
	TVOC		1:42	2:39	2:22	4:35	2:46	8:13	5:32	3:25	3:58	1:26	3:53	2:01	7:02	4:57	5:40	5:35	4:41	1:28	1:53	2:52	0:31
17	Bo Konring	83:48	2:15	5:49	8:48	13:35	16:57	22:08	25:52	30:27	35:06	40:12	44:00	46:29	55:06	59:21	65:38	71:41	76:33	78:19	80:29	83:00	83:48
	SOLLEROD OK		2:15	3:34	2:59	4:47	3:22	5:11	3:44	4:35	4:39	5:06	3:48	2:29	8:37	4:15	6:17	6:03	4:52	1:46	2:10	2:31	0:48
18	Rebecca Ward	84:00	1:23	4:30	7:17	11:05	14:18	18:21	22:44	26:19	31:18	34:29	38:24	40:49	53:48	59:23	66:43	74:16	77:59	79:07	80:54	83:36	84:00
	NGOC		1:23	3:07	2:47	3:48	3:13	4:03	4:23	3:35	4:59	3:11	3:55	2:25	12:59	5:35	7:20	7:33	3:43	1:08	1:47	2:42	0:24
19	Doug Wilson	93:37	2:14	4:59	7:33	9:55	12:23	16:24	21:10	32:12	35:45	38:04	58:31	60:26	66:14	69:28	76:57	84:15	88:14	90:00	91:23	93:17	93:37
	NGOC		2:14	2:45	2:34	2:22	2:28	4:01	4:46	11:02	3:33	2:19	20:27	1:55	5:48	3:14	7:29	7:18	3:59	1:46	1:23	1:54	0:20
20	Paul Taunton	95:16	2:03	5:36	8:40	17:22	21:31	27:04	31:53	36:48	42:15	47:17	53:00	56:05	66:03	71:27	77:32	84:38	89:23	90:33	92:34	94:50	95:16
	NGOC		2:03	3:33	3:04	8:42	4:09	5:33	4:49	4:55	5:27	5:02	5:43	3:05	9:58	5:24	6:05	7:06	4:45	1:10	2:01	2:16	0:26
21	Ian Pickering	100:14	3:32	6:43	9:43	14:58	21:23	30:48	35:52	39:32	43:57	45:37	50:19	54:58	63:25	69:05	76:44	83:40	93:08	94:41	96:44	99:46	100:14
	HOC		3:32	3:11	3:00	5:15	6:25	9:25	5:04	3:40	4:25	1:40	4:42	4:39	8:27	5:40	7:39	6:56	9:28	1:33	2:03	3:02	0:28
22	Martin Lewis	100:26	2:16	9:09	12:12	15:34	19:10	23:44	29:01	32:30	45:10	50:14	54:20	57:30	65:36	70:40	80:04	86:59	93:40	95:19	96:57	99:57	100:26
	QO		2:16	6:53	3:03	3:22	3:36	4:34	5:17	3:29	12:40	5:04	4:06	3:10	8:06	5:04	9:24	6:55	6:41	1:39	1:38	3:00	0:29
23	Paul Hammond	106:39	5:06	7:40	12:32	23:06	26:33	35:05	39:33	43:10	47:01	51:15	56:35	60:56	69:35	75:35	86:16	93:36	100:38	102:00	103:59	106:19	106:39
	HOC		5:06	2:34	4:52	10:34	3:27	8:32	4:28	3:37	3:51	4:14	5:20	4:21	8:39	6:00	10:41	7:20	7:02	1:22	1:59	2:20	0:20
	Jolan Flach	dnf	9:17	12:00	14:37	18:57	21:57	34:32	68:37	72:33	77:24	81:51	-----	-----	-----	-----	-----	-----	96:58	-----	-----	-----	103:22
	IND		9:17	2:43	2:37	4:20	3:00	12:35	34:05	3:56	4:51	4:27							15:07			6:24	
	Kirsten Moller	dnf	3:03	6:14	9:42	15:46	21:25	28:06	35:29	42:41	47:56	55:59	60:41	67:18	76:43	89:56	99:02	-----	-----	-----	-----	-----	110:45
	SOLLEROD OK		3:03	3:11	3:28	6:04	5:39	6:41	7:23	7:12	5:15	8:03	4:42	6:37	9:25	13:13	9:06					11:43	
Green (30)			4.4 km 210 m		18 C																		
			1(54)	2(44)	3(48)	4(61)	5(49)	6(206)	7(59)	8(67)	9(45)	10(55)	11(39)	12(37)	13(43)	14(64)	15(66)	16(56)	17(58)	18(60)	Finish		
1	Caroline Craig	48:54	1:56	4:09	8:33	10:53	12:56	15:10	16:21	18:38	21:36	24:06	27:51	30:33	34:52	40:28	43:05	44:50	45:55	48:33	48:54		
	NGOC		1:56	2:13	4:24	2:20	2:03	2:14	1:11	2:17	2:58	2:30	3:45	2:42	4:19	5:36	2:37	1:45	1:05	2:38	0:21		
2	Tim Sands	60:24	2:38	6:00	11:59	14:26	16:36	19:31	20:47	23:10	28:01	32:39	38:43	43:14	46:25	51:16	54:03	55:43	56:43	60:01	60:24		
	BOK		2:38	3:22	5:59	2:27	2:10	2:55	1:16	2:23	4:51	4:38	6:04	4:31	3:11	4:51	2:47	1:40	1:00	3:18	0:23		
3	David May	61:30	8:11	11:14	17:01	19:47	21:50	24:29	26:00	28:32	31:10	34:14	39:37	43:10	46:17	51:28	54:51	57:04	58:19	61:07	61:30		
	SLOW		8:11	3:03	5:47	2:46	2:03	2:39	1:31	2:32	2:38	3:04	5:23	3:33	3:07	5:11	3:23	2:13	1:15	2:48	0:23		
4	Rose Taylor	66:09	2:21	5:39	12:02	15:23	18:27	21:40	24:01	26:28	31:19	34:18	39:10	43:02	46:04	52:10	57:20	61:00	61:42	65:51	66:09	59:24	
	NGOC		2:21	3:18	6:23	3:21	3:04	3:13	2:21	2:27	4:51	2:59	4:52	3:52	3:02	6:06	5:10	3:40	0:42	4:09	0:18	*58	
5	Dave Hartley	66:30	2:46	5:29	12:11	15:30	18:26	21:41	23:59	27:12	31:01	34:12	38:48	42:34	46:19	51:58	55:43	58:07	59:24	66:05	66:30		
	NGOC		2:46	2:43	6:42	3:19	2:56	3:15	2:18	3:13	3:49	3:11	4:36	3:46	3:45	5:39	3:45	2:24	1:17	6:41	0:25		
6	Tom Birthwright	66:44	4:22	8:24	13:38	17:18	20:31	23:55	25:45	28:50	32:08	35:10	41:15	45:00	49:31	54:41	58:30	60:41	62:14	66:05	66:44		
	NGOC		4:22	4:02	5:14	3:40	3:13	3:24	1:50	3:05	3:18	3:02	6:05	3:45	4:31	5:10	3:49	2:11	1:33	3:51	0:39		
7	Steven Harris	67:25	2:37	5:57	10:11	12:50	14:40	17:18	18:46	21:22	24:34	32:16	41:38	44:18	47:24	54:02	59:21	62:51	63:23	67:09	67:25	61:16	
	NGOC		2:37	3:20	4:14	2:39	1:50	2:38	1:28	2:36	3:12	7:42	9:22	2:40	3:06	6:38	5:19	3:30	0:32	3:46	0:16	*58	
8	Jessica Ward	70:32	2:16	5:23	14:47	18:35	21:16	24:02	25:44	30:14	33:18	37:33	43:30	47:07	50:32	57:22	61:04	63:42	64:56	70:17	70:32		
	NGOC		2:16	3:07	9:24	3:48	2:41	2:46	1:42	4:30	3:04	4:15	5:57	3:37	3:25	6:50	3:42	2:38	1:14	5:21	0:15		
9	Hannah Bradley	70:57	2:51	5:49	13:10	18:00	21:12	24:01	25:54	29:48	33:34	36:52	42:24	47:11	50:51	55:44	61:38	64:53	66:28	70:29	70:57		
	NGOC		2:51	2:58	7:21	4:50	3:12	2:49	1:53	3:54	3:46	3:18	5:32	4:47	3:40	4:53	5:54	3:15	1:35	4:01	0:28		
10	Ian Prowse	71:34	2:40	6:01	16:00	18:26	24:03	27:10	29:07	31:41	35:36	38:35	48:24	51:29	55:57	60:06	64:22	67:07	68:32	71:07	71:34		
	NGOC</																						

Pl	Name	Time																			
Green (30)			4.4 km 210 m				18 C	(cont.)													
			1(54)	2(44)	3(48)	4(61)	5(49)	6(206)	7(59)	8(67)	9(45)	10(55)	11(39)	12(37)	13(43)	14(64)	15(66)	16(56)	17(58)	18(60)	Finish
14	John Weyman NWO	84:11	6:05 6:05	10:48 4:43	19:38 8:50	23:12 3:34	26:05 2:53	29:52 3:47	32:30 2:38	37:20 4:50	42:50 5:30	49:34 6:44	54:29 4:55	59:04 4:35	63:26 4:22	69:17 5:51	74:39 5:22	77:50 3:11	79:31 1:41	83:45 4:14	84:11 0:26
15	Graham Tough SWOC	85:13	3:32 3:32	8:09 4:37	19:01 10:52	23:05 4:04	26:12 3:07	30:02 3:50	32:12 2:10	36:11 3:59	39:53 3:42	43:58 4:05	52:30 8:32	58:44 6:14	63:39 4:55	70:01 6:22	75:11 5:10	78:36 3:25	80:09 1:33	84:52 4:43	85:13 0:21
16	Neil Fraser NWO	87:32	3:14 3:14	8:03 4:49	17:27 9:24	20:57 3:30	24:03 3:06	26:57 2:54	29:08 2:11	32:42 3:34	38:38 5:56	42:26 3:48	50:17 7:51	55:23 5:06	59:53 4:30	64:27 4:34	70:19 5:52	81:47 11:28	83:12 1:25	87:05 3:53	87:32 0:27
17	Steve Lee NGOC	89:27	3:48 3:48	9:59 6:11	20:57 10:58	23:51 2:54	26:41 2:50	30:20 3:39	32:26 2:06	40:35 8:09	45:50 5:15	51:38 5:48	59:02 7:24	63:52 4:50	68:35 4:43	73:41 5:06	78:27 4:46	82:52 4:25	84:12 1:20	88:55 4:43	89:27 0:32
18	Andy Pedder NGOC	90:24	8:21 8:21	11:26 3:05	20:14 8:48	23:17 3:03	26:22 3:05	30:11 3:49	33:17 14:42	36:22 3:55	40:11 3:15	44:53 3:51	48:48 6:47	52:03 5:23	55:54 4:33	62:41 5:23	68:04 4:23	72:37 4:23	78:00 2:34	82:23 1:06	86:03 3:50
19	Shirley Robinson NGOC	93:55	3:14 3:14	6:28 3:14	21:01 14:33	24:20 3:19	27:12 2:52	31:34 4:22	33:48 2:14	38:44 4:56	42:37 3:53	45:58 3:21	51:25 5:27	56:29 5:04	60:15 3:46	62:29 15:07	79:52 4:30	82:29 2:37	83:53 1:24	93:27 9:34	93:55 0:28
20	Julia Wilkinson HOC	94:43	4:31 4:31	8:12 3:41	19:57 11:45	23:41 3:44	30:41 7:00	35:41 5:00	38:05 2:24	43:05 5:00	48:12 5:07	52:52 4:40	59:18 6:26	64:19 5:01	69:08 4:49	77:37 8:29	84:52 7:15	88:25 3:33	90:16 1:51	94:16 4:00	94:43 0:27
21	Michelle Ward NGOC	102:13	3:29 3:29	10:40 7:11	19:58 9:18	23:38 3:40	26:19 2:41	29:27 3:08	32:46 3:19	39:28 6:42	48:02 8:34	52:18 4:16	61:06 8:48	67:10 6:04	71:09 3:59	75:54 4:45	82:20 6:26	94:28 12:08	95:55 1:27	101:43 5:48	102:13 0:30
22	Pete Colbert SWOC	103:40	4:15 4:15	8:26 4:11	16:08 7:42	20:47 4:39	26:07 5:20	30:15 4:08	34:49 4:34	39:52 5:03	44:19 4:27	48:14 3:55	55:29 7:15	59:42 4:13	64:23 4:41	71:09 6:46	96:48 25:39	98:29 1:41	99:26 0:57	103:01 3:35	103:40 0:39
23	John Mills SWOC	106:52	8:30 8:30	19:29 10:59	36:45 17:16	42:25 5:40	46:11 3:46	49:54 3:43	52:16 2:22	55:12 2:56	58:49 3:37	62:23 3:34	75:26 13:03	79:00 3:34	83:01 4:01	92:42 9:41	97:48 5:06	100:52 3:04	102:17 1:25	106:11 3:54	106:52 0:41
24	Colin Palmer HOC	113:48	6:00 6:00	21:56 15:56	31:56 10:00	40:52 8:56	44:11 3:19	50:48 4:10	55:20 2:27	61:18 5:32	65:37 4:58	71:26 4:19	76:51 5:49	82:09 5:25	89:34 7:18	98:34 9:00	107:41 9:07	113:48 6:14	113:48 0:00	113:48 0:00	113:48 0:00
25	Alan Marshall IND	122:24	4:32 4:32	8:25 3:53	22:36 14:11	27:23 4:47	31:32 4:09	36:06 4:34	39:41 3:35	45:50 6:09	56:00 10:10	63:34 7:34	73:18 9:44	83:08 9:50	89:35 6:27	102:27 12:52	109:34 7:07	113:49 4:15	115:46 1:57	121:33 5:47	122:24 0:51
26	Rachel Ganz IND	122:26	4:37 4:37	8:27 3:50	22:29 14:02	27:31 5:02	31:40 4:09	36:14 4:34	39:41 3:27	46:06 6:25	56:34 10:28	63:44 7:10	73:19 9:35	83:16 9:57	89:44 6:28	102:22 12:38	110:02 7:40	114:01 3:59	115:58 1:57	121:35 5:37	122:26 0:51
27	David Andrews NGOC	128:30	9:28 9:28	26:44 17:16	38:23 11:39	43:14 4:51	46:54 3:40	57:02 10:08	60:12 3:10	71:41 11:29	79:26 7:45	84:00 4:34	91:23 7:23	98:19 6:56	102:49 4:30	109:34 6:45	116:20 6:46	120:50 4:30	122:54 2:04	127:45 4:51	128:30 0:45
28	Joanne Leigh OD	133:03	3:18 3:18	11:13 7:55	28:52 17:39	33:44 4:52	36:38 2:54	41:40 5:02	48:20 6:40	54:34 6:14	64:52 10:18	68:54 4:02	81:55 13:01	93:40 11:45	98:10 4:30	104:47 6:37	111:20 6:33	116:22 5:02	118:40 2:18	132:36 13:56	133:03 0:27
	Tony Cockbain HOC	mp	3:48 3:48	9:05 5:17	17:07 8:02	25:24 8:17	27:54 2:30	31:18 3:24	33:49 2:31	37:30 3:41	41:35 4:05	44:57 3:22	50:29 5:32	----- 5:32	60:41 10:12	68:56 8:15	74:29 5:33	77:22 2:53	78:39 1:17	82:57 4:18	83:23 0:26
	John Fallows NGOC	mp	3:00 3:00	6:17 3:17	15:15 8:58	18:29 3:14	21:29 3:00	31:52 10:23	33:58 2:06	37:47 3:49	41:38 3:51	45:05 3:27	59:23 14:18	64:08 4:45	68:28 4:20	----- 4:20	81:55 13:27	84:25 2:30	85:42 1:17	89:31 3:49	90:05 0:34
Short Green (22)			3.1 km 130 m				15 C														
			1(31)	2(68)	3(61)	4(49)	5(206)	6(40)	7(37)	8(51)	9(43)	10(64)	11(201)	12(66)	13(56)	14(58)	15(60)	Finish			
1	Mike Dinnis IND	42:25	0:46 0:46	6:34 5:48	9:30 2:56	11:36 2:06	14:35 2:59	17:24 2:49	20:13 2:49	23:39 3:26	25:00 1:21	29:23 4:23	32:53 3:30	34:04 1:11	36:48 2:44	38:48 2:00	42:00 3:12	42:25 0:25			
2	Suzanne Harding NGOC	46:45	0:47 0:47	9:08 8:21	10:40 1:32	14:01 3:21	17:30 3:29	20:21 2:51	21:51 1:30	24:54 3:03	26:27 1:33	31:55 5:28	36:06 4:11	38:12 2:06	40:35 2:23	42:21 1:46	46:15 3:54	46:45 0:30			
3	Inara Gipsle TVOC	51:08	1:03 1:03	13:41 12:38	15:38 1:57	18:42 3:04	21:54 3:12	25:59 4:05	27:17 1:18	30:39 3:22	32:08 1:29	37:24 5:16	41:01 3:37	42:17 1:16	44:35 2:18	45:58 1:23	50:35 4:37	51:08 0:33			
4	Daniel Grace NGOC	56:00	1:03 1:03	11:05 10:02	13:02 1:57	15:28 2:26	18:58 3:30	28:47 9:49	29:52 1:05	32:40 2:48	34:00 1:20	38:28 4:28	42:50 4:22	45:06 2:16	48:00 2:54	51:57 3:57	55:43 3:46	56:00 0:17			
5	Michael Grace NGOC	56:22	0:53 0:53	6:09 5:16	8:50 2:41	10:57 2:07	15:28 4:31	23:21 7:53	24:35 1:14	26:29 1:54	27:50 1:21	34:23 6:33	41:00 6:37	41:39 0:39	49:40 8:01	54:02 4:22	56:05 2:03	56:22 0:17			
6	Alex Agombar NGOC	58:19	0:49 0:49	9:27 8:38	11:25 1:58	22:22 10:57	25:55 3:33	30:02 4:07	32:54 2:52	36:42 3:48	38:17 1:35	44:04 5:47	48:00 3:56	49:13 1:13	52:30 3:17	53:52 1:22	57:49 3:57	58:19 0:30	3:25 *41		
7	Carol Sands BOK	63:29	1:01 1:01	14:14 13:13	15:41 1:27	18:48 3:07	22:30 3:42	30:51 8:21	32:28 1:37	36:53 4:25	38:21 1:28	44:38 6:17	50:45 6:07	52:18 1:33	55:29 3:11	57:33 2:04	62:56 5:23	63:29 0:33			
8	Robert Teed NGOC	65:14	1:10 1:10	12:54 11:44	15:57 3:03	19:38 3:41	24:45 5:07	29:31 4:46	32:17 2:46	36:49 4:32	38:53 2:04	46:43 7:50	51:57 5:14	54:41 2:44	57:45 3:04	59:20 1:35	64:30 5:10	65:14 0:44			
9	Peter Pratt RAFO	66:55	1:14 1:14	10:50 9:36	13:25 2:35	17:13 3:48	21:26 4:13	27:51 6:25	29:41 1:50	34:24 4:43	35:56 1:32	48:59 13:03	54:46 5:47	57:19 2:33	59:53 2:34	61:46 1:53	66:24 4:38	66:55 0:31			
10	Lin Callard NGOC	67:36	1:25 1:25	11:34 10:09	14:28 2:54	17:40 3:12	23:56 6:16	30:00 6:04	32:15 2:15	36:00 3:45	38:21 2:21	47:06 8:45	53:28 6:22	55:26 1:58	60:18 4:52	61:51 1:33	67:03 5:12	67:36 0:33			
11	Charlotte Cheetham RAFO	67:50	1:49 1:49	12:12 10:23	15:05 2:53	18:25 3:20	22:29 4:04	28:58 6:29	31:00 2:02	35:20 4:20	37:06 1:46	50:22 13:16	55:51 5:29	58:30 2:39	61:00 2:30	63:00 2:00	67:20 4:20	67:50 0:30			

Pl	Name	Time																
Short Green (22)			3.1 km		130 m	15 C	(cont.)											
			1(31)	2(68)	3(61)	4(49)	5(206)	6(40)	7(37)	8(51)	9(43)	10(64)	11(201)	12(66)	13(56)	14(58)	15(60)	Finish
12	Brian Laycock	69:12	1:10	16:29	18:35	22:22	27:12	33:29	37:02	40:41	42:54	49:39	55:11	57:22	61:26	63:17	68:46	69:12
	HOC		1:10	15:19	2:06	3:47	4:50	6:17	3:33	3:39	2:13	6:45	5:32	2:11	4:04	1:51	5:29	0:26
13	Sue Colbert	70:37	1:10	14:09	16:43	20:52	25:29	30:21	33:10	37:11	39:42	48:00	55:18	58:10	62:11	65:34	70:05	70:37
	SWOC		1:10	12:59	2:34	4:09	4:37	4:52	2:49	4:01	2:31	8:18	7:18	2:52	4:01	3:23	4:31	0:32
14	Sharon Finch	72:44	1:30	21:53	23:56	28:08	31:21	34:40	36:15	40:36	42:41	48:15	56:34	58:08	67:42	68:29	72:19	72:44
	SWOC		1:30	20:23	2:03	4:12	3:13	3:19	1:35	4:21	2:05	5:34	8:19	1:34	9:34	0:47	3:50	0:25
15	Jane Weyman	77:28	1:30	11:42	15:43	19:24	24:44	30:33	32:53	37:05	39:03	48:03	54:40	57:38	66:59	72:55	76:59	77:28
	NWO		1:30	10:12	4:01	3:41	5:20	5:49	2:20	4:12	1:58	9:00	6:37	2:58	9:21	5:56	4:04	0:29
16	Rhiannon Fadeyibi	83:32	1:41	17:22	19:24	23:39	28:56	36:12	39:46	45:53	48:13	62:42	69:38	71:00	74:31	77:47	83:04	83:32
	NGOC		1:41	15:41	2:02	4:15	5:17	7:16	3:34	6:07	2:20	14:29	6:56	1:22	3:31	3:16	5:17	0:28
17	Kim Liggett	85:04	0:57	10:35	12:30	22:06	37:09	46:26	48:08	52:47	54:23	62:58	68:40	70:38	76:59	78:53	84:36	85:04
	NGOC		0:57	9:38	1:55	9:36	15:03	9:17	1:42	4:39	1:36	8:35	5:42	1:58	6:21	1:54	5:43	0:28
18	Jack Hobby	87:18	1:02	11:31	15:04	17:28	20:28	26:59	28:29	32:34	35:06	71:03	78:11	80:07	82:30	83:45	87:01	87:18
	NGOC		1:02	10:29	3:33	2:24	3:00	6:31	1:30	4:05	2:32	35:57	7:08	1:56	2:23	1:15	3:16	0:17
19	Karen Lewis	93:07	1:41	15:29	18:53	24:19	34:19	45:25	48:30	54:42	57:11	66:57	74:22	76:57	83:05	85:24	92:04	93:07
	QO		1:41	13:48	3:24	5:26	10:00	11:06	3:05	6:12	2:29	9:46	7:25	2:35	6:08	2:19	6:40	1:03
20	Abi+Elliot Marshall	96:38	2:25	15:10	17:54	24:32	30:23	36:47	40:18	51:16	54:29	67:45	76:37	78:37	85:27	89:10	96:08	96:38
	IND		2:25	12:45	2:44	6:38	5:51	6:24	3:31	10:58	3:13	13:16	8:52	2:00	6:50	3:43	6:58	0:30
21	Adrian Dawson	100:39	1:41	17:09	21:12	26:37	37:22	48:08	53:25	59:05	62:43	73:25	80:49	83:37	88:15	91:28	99:41	100:39
	SARUM		1:41	15:28	4:03	5:25	10:45	10:46	5:17	5:40	3:38	10:42	7:24	2:48	4:38	3:13	8:13	0:58
	Mark Adams	dnf	72:11	-----	-----	-----	-----	-----	-----	-----	-----	-----	74:21	78:37	84:55	88:11	98:05	99:04
	IND		72:11										2:10	4:16	6:18	3:16	9:54	0:59
			42:30	47:27	50:12	57:47												
			*37	*51	*43	*64												
Orange (26)			1(54)	2(204)	3(42)	4(48)	5(35)	6(61)	7(38)	8(49)	9(52)	10(41)	11(66)	12(70)	13(33)	14(203)	15(60)	Finish
1	Paul Hobby	46:05	3:40	8:18	14:54	19:30	21:21	24:05	27:46	29:02	33:22	35:41	39:05	40:43	42:47	44:41	45:42	46:05
	NGOC		3:40	4:38	6:36	4:36	1:51	2:44	3:41	1:16	4:20	2:19	3:24	1:38	2:04	1:54	1:01	0:23
2	Max Johansson	55:44	4:20	9:02	17:05	22:30	24:35	27:31	35:21	36:06	43:04	45:06	49:08	50:33	53:08	54:33	55:28	55:44
	NGOC		4:20	4:42	8:03	5:25	2:05	2:56	7:50	0:45	6:58	2:02	4:02	1:25	2:35	1:25	0:55	0:16
3	Tom Johansson	56:41	5:18	9:59	18:12	23:14	25:37	28:20	36:16	37:01	44:02	45:59	50:02	51:41	54:05	55:35	56:24	56:41
	NGOC		5:18	4:41	8:13	5:02	2:23	2:43	7:56	0:45	7:01	1:57	4:03	1:39	2:24	1:30	0:49	0:17
4	Lorna Watson	61:03	3:49	9:41	19:25	25:02	26:34	29:35	34:29	37:00	45:06	48:08	52:29	54:40	56:47	59:48	60:42	61:03
	IND		3:49	5:52	9:44	5:37	1:32	3:01	4:54	2:31	8:06	3:02	4:21	2:11	2:07	3:01	0:54	0:21
5	Ashleigh Denman	62:18	5:43	9:56	20:30	28:38	30:31	33:30	37:21	38:07	43:37	49:09	54:04	55:37	58:18	61:06	61:51	62:18
	NGOC		5:43	4:13	10:34	8:08	1:53	2:59	3:51	0:46	5:30	5:32	4:55	1:33	2:41	2:48	0:45	0:27
6	Ewan+Jack Watson	62:30	6:20	11:02	19:37	30:30	31:19	34:20	38:59	41:22	48:13	50:44	54:32	56:15	58:34	61:21	62:11	62:30
	IND		6:20	4:42	8:35	10:53	0:49	3:01	4:39	2:23	6:51	2:31	3:48	1:43	2:19	2:47	0:50	0:19
7	Ryan Stanley-Oakes	76:56	3:38	7:36	29:48	36:50	38:22	41:50	44:58	46:05	63:05	66:21	70:29	72:17	73:56	75:57	76:35	76:56
	IND		3:38	3:58	22:12	7:02	1:32	3:28	3:08	1:07	17:00	3:16	4:08	1:48	1:39	2:01	0:38	0:21
8	Ben Sach	76:57	3:35	7:27	29:38	37:00	38:17	41:05	44:35	45:51	63:00	66:18	70:26	72:18	73:53	75:46	76:32	76:57
	IND		3:35	3:52	22:11	7:22	1:17	2:48	3:30	1:16	17:09	3:18	4:08	1:52	1:35	1:53	0:46	0:25
9	Oliver Lewis	78:54	5:17	11:03	21:40	40:33	42:23	46:00	51:30	52:44	59:35	65:08	69:28	72:16	74:48	77:46	78:37	78:54
	QO		5:17	5:46	10:37	18:53	1:50	3:37	5:30	1:14	6:51	5:33	4:20	2:48	2:32	2:58	0:51	0:17
10	Thomas Simpson	79:29	11:42	19:09	27:58	35:16	38:45	42:25	47:13	48:47	56:10	61:10	66:21	68:41	73:35	77:57	78:52	79:29
	NGOC		11:42	7:27	8:49	7:18	3:29	3:40	4:48	1:34	7:23	5:00	5:11	2:20	4:54	4:22	0:55	0:37
11	Annabelle Lewis	82:14	6:45	14:03	40:50	51:05	51:56	54:54	59:03	60:12	67:30	70:20	74:05	75:32	78:04	80:59	81:54	82:14
	QO		6:45	7:18	26:47	10:15	0:51	2:58	4:09	1:09	7:18	2:50	3:45	1:27	2:32	2:55	0:55	0:20
12	Doug Woollett	89:10	5:55	12:17	24:43	37:22	42:05	49:03	54:31	56:53	65:31	70:43	77:30	80:26	84:02	86:32	88:10	89:10
	IND		5:55	6:22	12:26	12:39	4:43	6:58	5:28	2:22	8:38	5:12	6:47	2:56	3:36	2:30	1:38	1:00
13	Emma Woollett	89:15	5:54	12:51	24:48	37:09	42:21	49:04	54:36	57:02	65:44	71:11	77:34	80:34	84:15	86:44	88:11	89:15
	IND		5:54	6:57	11:57	12:21	5:12	6:43	5:32	2:26	8:42	5:27	6:23	3:00	3:41	2:29	1:27	1:04
14	Wesley Tan	112:35	9:17	24:49	39:03	53:55	56:09	62:33	69:29	71:17	80:39	88:26	97:03	99:05	101:52	111:23	112:06	112:35
	IND		9:17	15:32	14:14	14:52	2:14	6:24	6:56	1:48	9:22	7:47	8:37	2:02	2:47	9:31	0:43	0:29
15	Chayton Tan	113:12	9:29	25:32	39:49	54:41	56:25	64:02	69:52	73:11	82:44	88:32	98:02	100:04	102:39	111:50	112:53	113:12
	IND		9:29	16:03	14:17	14:52	1:44	7:37	5:50	3:19	9:33	5:48	9:30	2:02	2:35	9:11	1:03	0:19
16	Hero Taylor	114:07	8:27	23:07	39:41	54:47	57:27	63:24	69:51	72:22	82:03	90:01	96:13	99:34	103:18	112:37	113:40	114:07
	IND		8:27	14:40	16:34	15:06	2:40	5:57	6:27	2:31	9:41	7:58	6:12	3:21	3:44	9:19	1:03	0:27

Pl	Name	Time																
Orange (26)			3.4 km		140 m	15 C	(cont.)											
			1(54)	2(204)	3(42)	4(48)	5(35)	6(61)	7(38)	8(49)	9(52)	10(41)	11(66)	12(70)	13(33)	14(203)	15(60)	Finish
17	Red Taylor IND	114:11	8:11	22:57	38:07	53:02	55:07	61:57	69:12	71:32	80:58	90:05	96:06	98:23	102:49	112:33	113:39	114:11
18	Candida Taylor IND	114:12	8:11	22:46	15:10	14:55	2:05	6:50	7:15	2:20	9:26	9:07	6:01	2:17	4:26	9:44	1:06	0:32
19	Axel Tan IND	115:30	8:41	22:47	38:34	54:52	57:17	63:10	69:05	72:26	81:53	90:11	95:59	99:25	103:06	112:36	113:40	114:12
			8:41	14:06	15:47	16:18	2:25	5:53	5:55	3:21	9:27	8:18	5:48	3:26	3:41	9:30	1:04	0:32
			11:33	26:03	39:47	56:28	57:09	65:12	71:35	74:09	82:53	89:42	99:12	101:50	105:10	114:02	114:47	115:30
			11:33	14:30	13:44	16:41	0:41	8:03	6:23	2:34	8:44	6:49	9:30	2:38	3:20	8:52	0:45	0:43
20	Jacob Nurse IND	115:55	9:10	24:57	39:52	54:49	56:04	64:43	69:51	73:03	82:48	89:20	98:07	100:11	103:00	114:53	115:30	115:55
			9:10	15:47	14:55	14:57	1:15	8:39	5:08	3:12	9:45	6:32	8:47	2:04	2:49	11:53	0:37	0:25
	Otis and Xander Eve IND	mp	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	7:34
			4:36	5:32	6:04													7:34
			*216	*217	*218													
	Sarah Bryce NGOC	mp	6:08	-----	29:44	40:34	45:51	50:58	61:45	63:26	71:02	75:31	80:11	88:50	92:09	96:45	98:14	99:08
			6:08		23:36	10:50	5:17	5:07	10:47	1:41	7:36	4:29	4:40	8:39	3:19	4:36	1:29	0:54
	Rocco Taylor IND	dnf	12:25	17:11	31:17	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	48:11
			12:25	4:46	14:06													16:54
	Zoe Coghill IND	dnf	12:25	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
			12:25															
nc	Joseph Abbey IND	131:02	9:38	18:15	33:18	42:35	46:37	63:03	70:16	71:31	85:28	90:18	101:22	121:49	125:28	128:53	130:43	131:02
			9:38	8:37	15:03	9:17	4:02	16:26	7:13	1:15	13:57	4:50	11:04	20:27	3:39	3:25	1:50	0:19
nc	Anna Bryce NGOC	131:13	9:44	18:25	33:38	42:38	46:41	62:48	70:25	72:09	85:41	91:44	101:17	121:54	125:48	128:56	130:50	131:13
			9:44	8:41	15:13	9:00	4:03	16:07	7:37	1:44	13:32	6:03	9:33	20:37	3:54	3:08	1:54	0:23
Yellow (7)			2.0 km		115 m	15 C												
			1(31)	2(41)	3(32)	4(71)	5(36)	6(68)	7(65)	8(34)	9(54)	10(66)	11(202)	12(58)	13(33)	14(203)	15(60)	Finish
1	James Agombar NGOC	24:58	0:29	5:15	7:14	8:33	10:05	11:43	12:51	13:19	14:09	15:05	16:01	17:21	19:58	23:59	24:40	24:58
			0:29	4:46	1:59	1:19	1:32	1:38	1:08	0:28	0:50	0:56	0:56	1:20	2:37	4:01	0:41	0:18
2	Abigail Dinnis IND	27:39	0:37	3:16	5:45	7:30	9:25	11:07	12:51	13:45	14:35	15:22	16:18	18:58	21:27	26:36	27:19	27:39
			0:37	2:39	2:29	1:45	1:55	1:42	1:44	0:54	0:50	0:47	0:56	2:40	2:29	5:09	0:43	0:20
3	Katie Agombar NGOC	29:23	0:31	9:24	11:23	12:40	14:10	15:57	17:12	17:47	18:35	19:32	20:26	22:04	24:23	28:39	29:06	29:23
			0:31	8:53	1:59	1:17	1:30	1:47	1:15	0:35	0:48	0:57	0:54	1:38	2:19	4:16	0:27	0:17
4	Thomas Harris NGOC	31:00	0:40	5:37	8:04	10:02	11:46	13:34	16:02	17:54	19:25	20:22	21:11	23:13	24:49	29:50	30:36	31:00
			0:40	4:57	2:27	1:58	1:44	1:48	2:28	1:52	1:31	0:57	0:49	2:02	1:36	5:01	0:46	0:24
5	Hannah Agombar NGOC	33:17	0:44	3:37	6:25	8:30	10:38	13:31	15:54	17:10	19:03	20:44	21:56	24:33	28:51	31:55	32:57	33:17
			0:44	2:53	2:48	2:05	2:08	2:53	2:23	1:16	1:53	1:41	1:12	2:37	4:18	3:04	1:02	0:20
6	Rachel Woollett IND	83:35	1:23	11:43	19:00	24:06	27:57	49:14	53:31	56:17	58:50	61:04	63:16	70:11	75:48	81:05	82:45	83:35
			1:23	10:20	7:17	5:06	3:51	21:17	4:17	2:46	2:33	2:14	2:12	6:55	5:37	5:17	1:40	0:50
7	Douglas Innes-Farr SWOC	101:05	1:59	17:06	23:09	31:25	34:25	62:15	68:20	71:39	74:12	77:39	79:27	84:11	88:16	98:10	99:42	101:05
			1:59	15:07	6:03	8:16	3:00	27:50	6:05	3:19	2:33	3:27	1:48	4:44	4:05	9:54	1:32	1:23