

Pl	Name	Time																						
Brown (27)			5.4 km		110 m	30 C																		
			1(59)	2(38)	3(54)	4(43)	5(58)	6(62)	7(56)	8(33)	9(53)	10(202)	11(39)	12(69)	13(37)	14(201)	15(44)	16(46)	17(40)	18(42)	19(41)	20(68)	21(70)	22(66)
			23(47)	24(61)	25(31)	26(32)	27(48)	28(52)	29(50)	30(35)	Finish													
1	Cecilie Andersen BOK	37:30	1:05	2:21	3:59	5:18	6:12	6:53	7:39	8:45	10:03	10:29	11:37	12:44	14:19	15:43	17:40	18:56	19:52	21:18	21:40	24:11	25:09	27:07
			1:05	1:16	1:38	1:19	0:54	0:41	0:46	1:06	1:18	0:26	1:08	1:07	1:35	1:24	1:57	1:16	0:56	1:26	0:22	2:31	0:58	1:58
			28:38	30:34	32:21	33:07	33:54	35:20	36:03	37:09	37:30													
			1:31	1:56	1:47	0:46	0:47	1:26	0:43	1:06	0:21													
2	Clive Hallett BOK	42:20	1:05	2:07	3:56	5:25	6:23	7:02	7:47	8:59	10:28	10:57	14:26	15:29	17:14	19:06	20:55	23:06	24:01	25:40	26:04	28:46	29:51	32:04
			1:05	1:02	1:49	1:29	0:58	0:39	0:45	1:12	1:29	0:29	3:29	1:03	1:45	1:52	1:49	2:11	0:55	1:39	0:24	2:42	1:05	2:13
			33:38	35:38	37:18	38:03	38:41	40:11	40:56	41:57	42:20													
			1:34	2:00	1:40	0:45	0:38	1:30	0:45	1:01	0:23													
3	Matthew Pickering UBOC	48:40	1:05	2:50	4:30	6:23	7:35	8:13	9:16	10:37	11:56	12:35	13:57	15:03	16:55	18:23	20:17	22:48	23:57	25:40	26:08	28:53	30:02	34:05
			1:05	1:45	1:40	1:53	1:12	0:38	1:03	1:21	1:19	0:39	1:22	1:06	1:52	1:28	1:54	2:31	1:09	1:43	0:28	2:45	1:09	4:03
			38:10	40:20	42:25	43:16	44:00	45:31	46:28	48:11	48:40													
			4:05	2:10	2:05	0:51	0:44	1:31	0:57	1:43	0:29													
4	Anne Straube OD	48:58	1:17	3:20	5:27	7:08	8:25	9:24	10:32	11:56	13:33	14:27	15:40	16:57	19:08	20:24	22:46	24:37	26:02	27:53	28:26	31:31	32:44	35:40
			1:17	2:03	2:07	1:41	1:17	0:59	1:08	1:24	1:37	0:54	1:13	1:17	2:11	1:16	2:22	1:51	1:25	1:51	0:33	3:05	1:13	2:56
			37:37	40:11	42:15	43:18	44:14	46:00	47:02	48:31	48:58													
			1:57	2:34	2:04	1:03	0:56	1:46	1:02	1:29	0:27													
5	Duncan Taylor DEVON	49:02	1:17	2:45	4:14	5:48	6:43	7:21	8:08	9:23	11:09	11:30	15:46	16:39	23:12	25:46	27:35	29:38	30:26	32:05	32:40	35:03	36:14	38:07
			1:17	1:28	1:29	1:34	0:55	0:38	0:47	1:15	1:46	0:21	4:16	0:53	6:33	2:34	1:49	2:03	0:48	1:39	0:35	2:23	1:11	1:53
			39:21	41:15	42:58	44:00	44:44	46:14	47:12	48:42	49:02													
			1:14	1:54	1:43	1:02	0:44	1:30	0:58	1:30	0:20													
6	Paul Gebbett BOK	54:25	1:14	3:22	5:33	7:41	8:46	9:30	10:36	12:07	13:32	14:40	16:43	17:58	20:07	21:40	24:12	25:39	26:47	28:38	29:07	32:36	34:09	36:59
			1:14	2:08	2:11	2:08	1:05	0:44	1:06	1:31	1:25	1:08	2:03	1:15	2:09	1:33	2:32	1:27	1:08	1:51	0:29	3:29	1:33	2:50
			41:07	43:46	45:55	47:36	48:50	50:43	51:39	53:59	54:25													
			4:08	2:39	2:09	1:41	1:14	1:53	0:56	2:20	0:26													
7	Jeff Pakes QO	59:38	1:41	3:34	5:51	8:59	10:42	11:33	12:53	14:50	17:01	18:24	19:55	21:35	24:05	25:35	28:01	29:53	31:30	33:50	34:30	38:06	39:30	42:51
			1:41	1:53	2:17	3:08	1:43	0:51	1:20	1:57	2:11	1:23	1:31	1:40	2:30	1:30	2:26	1:52	1:37	2:20	0:40	3:36	1:24	3:21
			45:10	47:39	50:32	52:15	53:52	55:46	56:59	59:08	59:38													
			2:19	2:29	2:53	1:43	1:37	1:54	1:13	2:09	0:30													
8	Andy Rimes QO	60:55	1:55	3:35	5:56	8:18	9:30	10:30	11:39	14:07	15:50	16:40	18:17	19:51	22:19	23:58	28:25	30:11	31:27	33:45	34:26	37:49	40:07	43:50
			1:55	1:40	2:21	2:22	1:12	1:00	1:09	2:28	1:43	0:50	1:37	1:34	2:28	1:39	4:27	1:46	1:16	2:18	0:41	3:23	2:18	3:43
			48:06	50:51	53:28	54:16	55:05	57:27	58:27	60:17	60:55													
			4:16	2:45	2:37	0:48	0:49	2:22	1:00	1:50	0:38													
9	Chris McCartney OD	62:12	1:40	2:53	4:41	6:31	7:52	8:33	10:13	11:35	13:10	13:44	18:37	19:51	22:06	23:36	25:50	27:25	28:33	30:17	30:48	34:39	36:07	39:59
			1:40	1:13	1:48	1:50	1:21	0:41	1:40	1:22	1:35	0:34	4:53	1:14	2:15	1:30	2:14	1:35	1:08	1:44	0:31	3:51	1:28	3:52
			43:46	46:09	49:06	50:29	51:57	54:01	55:10	61:43	62:12													
			3:47	2:23	2:57	1:23	1:28	2:04	1:09	6:33	0:29													
10	Richard Cronin NGOC	63:25	1:43	3:27	6:56	9:09	10:40	11:46	12:55	14:42	16:35	17:46	19:30	20:59	23:44	25:18	28:01	29:49	31:08	33:44	35:55	39:48	41:21	45:41
			1:43	1:44	3:29	2:13	1:31	1:06	1:09	1:47	1:53	1:11	1:44	1:29	2:45	1:34	2:43	1:48	1:19	2:36	2:11	3:53	1:33	4:20
			47:49	50:16	53:06	54:26	56:29	58:28	61:04	62:56	63:25													
			2:08	2:27	2:50	1:20	2:03	1:59	2:36	1:52	0:29													
11	Paul Horsfall NGOC	65:09	1:39	3:28	5:35	7:57	9:13	10:13	11:18	12:43	14:05	17:24	19:35	20:47	22:30	23:59	27:28	30:26	31:48	35:45	36:35	40:38	42:44	45:57
			1:39	1:49	2:07	2:22	1:16	1:00	1:05	1:25	1:22	3:19	2:11	1:12	1:43	1:29	3:29	2:58	1:22	3:57	0:50	4:03	2:06	3:13
			48:27	50:37	56:50	57:50	59:18	61:13	62:45	64:44	65:09													
			2:30	2:10	6:13	1:00	1:28	1:55	1:32	1:59	0:25													
12	Christophe Pige NGOC	65:25	1:55	3:16	5:27	8:02	9:27	10:12	11:11	13:12	14:39	15:24	16:49	18:19	20:43	22:32	28:37	30:23	31:35	33:35	34:34	38:11	39:53	51:54
			1:55	1:21	2:11	2:35	1:25	0:45	0:59	2:01	1:27	0:45	1:25	1:30	2:24	1:49	6:05	1:46	1:12	2:00	0:59	3:37	1:42	12:01
			53:40	56:08	58:19	59:23	60:16	62:19	63:18	64:47	65:25													
			1:46	2:28	2:11	1:04	0:53	2:03	0:59	1:29	0:38													
13	Anders Johansson NGOC	66:41	1:37	3:13	6:08	8:46	10:37	11:38	12:47	15:11	17:00	17:37	20:50	22:05	24:39	26:33	29:18	31:14	32:41	34:50	35:33	39:09	41:05	49:20
			1:37	1:36	2:55	2:38	1:51	1:01	1:09	2:24	1:49	0:37	3:13	1:15	2:34	1:54	2:45	1:56	1:27	2:09	0:43	3:36	1:56	8:15
			50:59	53:39	56:50	58:29	59:29	61:49	64:21	66:18	66:41													
			1:39	2:40	3:11	1:39	1:00	2:20	2:32	1:57	0:23													
14	Rob Hick WSX	68:43	1:54	3:54	6:31	10:27	11:50	12:47	14:23	16:27	18:28	19:22	21:09	23:32	26:29	28:37	31:59	34:00	35:44	39:01	39:50	43:23	45:13	48:42
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			51:31	54:26	57:16	58:45	59:44	62:52	64:34	68:10	68:43													
			2:49	2:55	2:50	1:29	0:59	3:08	1:42	3:36	0:33													

Pl	Name	Time			4.8 km	85 m	26 C																	
			1(201)	2(58)	3(62)	4(31)	5(33)	6(50)	7(202)	8(39)	9(69)	10(37)	11(38)	12(47)	13(54)	14(60)	15(42)	16(68)	17(70)	18(40)	19(44)	20(43)	21(61)	22(63)
			23(64)	24(52)	25(65)	26(35)	Finish																	
1	Andrew Hartley NGOC	51:45	1:04 1:04 46:37 1:11	2:54 1:50 47:44 1:07	3:41 0:47 49:51 2:07	6:37 2:56 51:24 1:33	7:40 1:03 51:45 0:21	9:32 1:52	12:04 2:32	14:21 2:17	15:20 0:59	17:40 2:20	19:56 2:16	23:35 3:39	24:58 1:23	27:16 2:18	29:34 2:18	32:31 2:57	34:12 1:41	34:57 0:45	38:32 3:35	41:28 2:56	43:34 2:06	45:26 1:52
2	George Hare NATO	55:16	2:31 2:31 49:17 1:23	4:52 2:21 50:12 0:55	5:48 0:56 52:49 2:37	8:03 2:15 54:35 1:46	9:25 1:22 55:16 0:41	11:25 2:00	12:48 1:23	14:30 1:42	16:19 1:49	20:18 3:59	22:16 1:58	23:53 1:37	25:34 1:41	28:11 2:37	30:06 1:55	33:29 3:23	35:12 1:43	36:34 1:22	39:34 3:00	43:52 4:18	45:44 1:52	47:54 2:10
3	Nick Dennis BOK	55:18	1:49 1:49 47:48 1:18	3:56 2:07 48:40 0:52	4:46 0:50 51:38 2:58	6:52 2:06 54:54 3:16	8:12 1:20 55:18 0:24	10:11 1:59	11:37 1:26	12:51 1:14	14:20 1:29	17:14 2:54	19:47 2:33	22:11 2:24	24:02 1:51	26:50 2:48	28:39 1:49	31:48 3:09	33:35 1:47	35:32 1:57	38:14 2:42	41:19 3:05	43:31 2:12	46:30 2:59
4	Bruce Bryant OD	55:55	1:56 1:56 50:18 1:19	3:53 1:57 51:05 0:47	4:54 1:01 53:23 2:18	6:58 2:04 55:30 2:07	8:06 1:08 55:55 0:25	10:04 1:58	11:47 1:43	13:41 1:54	15:01 1:20	17:57 2:56	20:10 2:13	22:12 2:02	24:10 1:58	26:56 2:46	28:59 2:03	33:54 4:55	35:20 1:26	38:04 2:44	40:53 2:49	44:26 3:33	46:48 2:22	48:59 2:11
5	David Harper DEVON	56:12	2:07 2:07 50:08 1:13	3:59 1:52 51:24 1:16	4:44 0:45 54:02 2:38	6:42 1:58 55:40 1:38	9:28 2:46 56:12 0:32	11:58 2:30	13:16 1:18	14:40 1:24	16:18 1:38	18:42 2:24	21:03 2:21	23:00 1:57	24:22 1:22	26:42 2:20	28:36 1:54	32:07 3:31	33:46 1:39	39:13 5:27	42:05 2:52	44:42 2:37	46:36 1:54	48:55 2:19
6	Duncan Innes SWOC	56:48	1:46 1:46 51:52 1:21	3:47 2:01 52:34 0:42	4:41 0:54 54:48 2:14	6:46 2:05 56:21 1:33	8:10 1:24 56:48 0:27	10:09 1:59	12:25 2:16	16:17 3:52	18:03 1:46	21:04 3:01	23:22 2:18	25:08 1:46	27:24 2:16	30:18 2:54	32:22 2:04	35:48 3:26	37:25 1:37	39:25 2:00	42:48 3:23	46:02 3:14	48:19 2:17	50:31 2:12
7	Tereza Maria Rush BOK	57:27	1:50 1:50 50:55 1:20	4:10 2:20 51:45 0:50	5:16 1:06 55:01 3:16	10:28 5:12 57:01 2:00	13:15 2:47 57:27 0:26	17:21 4:06	18:34 1:13	20:08 1:34	22:13 2:05	24:44 2:31	26:35 1:51	27:45 1:10	28:56 1:11	31:16 2:20	32:45 1:29	35:23 2:38	36:40 1:17	37:38 0:58	40:39 3:01	43:38 2:59	47:29 3:51	49:35 2:06
8	Tim Brett NGOC	63:13	1:51 1:51 55:28 1:54	3:51 2:00 56:17 0:49	5:35 1:44 59:45 3:28	8:19 2:44 62:46 3:01	9:47 1:28 63:13 0:27	11:51 2:04	13:33 1:42	18:00 4:27	20:16 2:16	23:27 3:11	26:44 3:17	28:05 1:21	29:49 1:44	32:25 2:36	34:22 1:57	37:10 2:48	39:23 2:13	40:28 1:05	45:47 5:19	49:04 3:17	51:02 1:58	53:34 2:32
9	Jackie Hallett BOK	63:41	3:48 3:48 53:03 1:27	5:51 2:03 53:52 0:49	6:50 0:59 61:32 7:40	8:57 2:07 63:09 1:37	10:21 1:24 63:41 0:32	12:20 1:59	13:36 1:16	14:54 1:18	16:18 1:24	20:49 4:31	23:10 2:21	27:17 4:07	29:01 1:44	31:46 2:45	33:49 2:03	37:17 3:28	39:41 2:24	40:45 1:04	44:20 3:35	47:22 3:02	49:24 2:02	51:36 2:12
10	Ian Chafer HOC	63:58	2:02 2:02 56:51 1:43	4:22 2:20 57:50 0:59	5:17 0:55 60:51 3:01	9:18 4:01 63:32 2:41	10:48 1:30 63:58 0:26	12:51 2:03	14:53 2:02	16:49 1:56	18:22 1:33	21:56 3:34	25:09 3:13	26:38 1:29	28:09 1:31	30:49 2:40	33:42 2:53	37:50 4:08	39:57 2:07	41:09 1:12	44:27 3:18	47:44 3:17	49:52 2:08	55:08 5:16
11	Kelvin Davies BOK	65:51	2:03 2:03 58:53 1:30	4:13 2:10 59:51 0:58	5:24 1:11 62:43 2:52	7:50 2:26 65:22 2:39	9:24 1:34 65:51 0:29	11:52 2:28	13:03 1:11	15:15 2:12	16:54 1:39	21:27 4:33	24:26 2:59	27:30 3:04	29:15 1:45	32:24 3:09	34:49 2:25	39:09 4:20	41:02 1:53	45:19 4:17	49:01 3:42	52:26 3:25	54:50 2:24	57:23 2:33
12	David Faulkner BOK	67:14	2:19 2:19 60:19 1:17	4:32 2:13 61:18 0:59	5:37 1:05 64:23 3:05	8:15 2:38 66:51 2:28	9:55 1:40 67:14 0:23	16:33 6:38	17:42 1:09	22:48 5:06	24:49 2:01	27:27 2:38	30:54 3:27	33:47 2:53	35:21 1:34	38:21 3:00	40:43 2:22	44:04 3:21	45:41 1:37	47:40 1:59	50:27 2:47	54:29 4:02	56:50 2:21	59:02 2:12
13	Alan Pucill NGOC	70:36	4:35 4:35 64:05 1:50	7:35 3:00 65:06 1:01	8:37 1:02 68:17 3:11	11:33 2:56 70:02 1:45	13:06 1:33 70:36 0:34	15:55 2:49	17:57 2:02	20:29 2:32	22:28 1:59	25:38 3:10	28:14 2:36	32:25 4:11	34:13 1:48	37:38 3:25	39:59 2:21	44:30 4:31	46:29 1:59	48:08 1:39	52:06 3:58	56:54 4:48	59:39 2:45	62:15 2:36
14	Rachel Dennis BOK	72:10	2:22 2:22 64:07 1:49	5:26 3:04 65:06 0:59	6:46 1:20 68:28 3:22	9:12 2:26 71:24 2:56	14:20 5:08 72:10 0:46	16:59 2:39	19:47 2:48	21:54 2:07	23:56 2:02	26:36 2:40	29:29 2:53	33:15 3:46	35:39 2:24	38:37 2:58	42:09 3:32	45:29 3:20	48:01 2:32	49:11 1:10	52:26 3:15	56:41 4:15	59:31 2:50	62:18 2:47

Pl	Name	Time	4.8 km 85 m		26 C	(cont.)																			
			1(201) 23(64)	2(58) 24(52)	3(62) 25(65)	4(31) 26(35)	5(33) Finish	6(50)	7(202)	8(39)	9(69)	10(37)	11(38)	12(47)	13(54)	14(60)	15(42)	16(68)	17(70)	18(40)	19(44)	20(43)	21(61)	22(63)	
Blue (40)																									
29	Susanne Andersen BOK	98:19	2:41 2:41 83:01 2:29	6:17 3:36 84:14 1:13	7:53 1:36 93:44 9:30	11:52 3:59 96:49 3:05	14:05 2:13 98:19 1:30	17:03 2:58	20:32 3:29	27:17 6:45	30:29 3:12	35:36 5:07	39:29 3:53	45:55 6:26	48:28 2:33	52:56 4:28	56:30 3:34	62:21 5:51	64:23 2:02	65:54 1:31	70:04 4:10	74:19 4:15	77:09 2:50	80:32 3:23	
30	Tim Jones Croft A	103:30	24:10 24:10 94:48 1:45	27:11 3:01 96:21 1:33	28:47 1:36 100:30 4:09	31:56 3:09 103:00 2:32	33:48 1:52 103:30 0:30	40:01 6:13	42:10 2:09	45:07 2:57	47:18 2:11	50:31 3:13	55:27 4:56	58:22 2:55	61:01 2:39	64:17 3:16	67:20 3:03	71:01 3:41	73:35 2:34	75:30 1:55	81:29 5:59	86:33 5:04	89:55 3:22	93:03 3:08	
31	Ted McDonald BOK	105:16	3:30 3:30 90:52 3:15	6:31 3:01 92:01 1:09	8:06 1:35 101:55 9:54	11:36 3:30 104:27 2:32	13:35 1:59 105:16 0:49	16:18 2:43	18:28 2:10	20:39 2:11	23:01 2:22	33:49 10:48	41:24 7:35	44:47 3:23	47:34 2:47	52:14 4:40	56:57 4:43	61:32 4:35	64:48 3:16	66:50 2:02	71:56 5:06	80:30 8:34	83:59 3:29	87:37 3:38	
32	Paul Hammond HOC	121:09	5:51 5:51 107:20 2:08	8:38 2:47 108:41 1:21	10:11 1:33 117:23 8:42	19:14 9:03 119:41 2:18	23:10 3:56 121:09 1:28	26:46 3:36	28:58 2:12	43:25 14:27	45:03 1:38	48:58 3:55	53:56 4:58	60:23 6:27	68:09 7:46	72:12 4:03	75:21 3:09	79:40 4:19	85:46 6:06	87:28 1:42	92:59 5:31	98:35 5:36	101:39 3:04	105:12 3:33	
33	Michelle Ward NGOC	122:45	10:12 10:12 111:55 3:10	17:34 7:22 113:15 1:20	19:01 1:27 118:50 5:35	22:39 3:38 121:50 3:00	25:47 3:08 122:45 0:55	29:49 4:02	32:03 2:14	46:59 14:56	49:14 2:15	53:21 4:07	59:08 5:47	67:15 8:07	69:42 2:27	73:32 3:50	76:30 2:58	82:04 5:34	84:11 2:07	85:58 1:47	90:31 4:33	100:13 9:42	104:18 4:05	108:45 4:27	
	Paul Basher HOC	mp	2:24 2:24 52:02 3:26	4:36 2:12 52:54 0:52	5:29 0:53 55:44 2:50	7:38 2:09 57:26 1:42	10:05 2:27 57:53 0:27	11:51 1:46	14:01 2:10	18:49 4:48	20:14 1:25	23:00 2:46	25:07 2:07	26:43 1:36	28:59 2:16	31:27 2:28	33:32 2:05	36:37 3:05	38:03 1:26	39:01 0:58	43:35 4:34	46:45 3:10	48:36 1:51	-----	
	Ginny Hudson NGOC	mp	1:41 1:41 60:30 1:46	3:42 2:01 62:01 1:31	4:33 0:51 65:08 3:07	6:57 2:24 67:20 2:12	10:39 3:42 67:55 0:35	12:29 1:50	13:56 1:27	15:29 1:33	-----	24:25 8:56	31:23 6:58	32:43 1:20	34:18 1:35	37:07 2:49	39:25 2:18	43:24 3:59	45:12 1:48	46:11 0:59	49:17 3:06	53:07 3:50	56:09 3:02	58:44 2:35	
	John Miklausic NGOC	mp	1:42 1:42 75:30 1:47	3:40 1:58 76:16 0:46	4:54 1:14 79:14 2:58	7:50 1:24 80:57 1:43	9:14 1:24 81:19 0:22	12:17 3:03	13:44 1:27	29:21 15:37	30:41 1:20	33:07 2:26	35:24 2:17	36:38 1:14	38:15 1:37	41:00 2:45	43:08 2:08	45:56 2:48	48:33 2:37	50:06 1:33	-----	55:09 5:03	71:23 16:14	73:43 2:20	
	Stuart Swalwell DVO	mp	3:29 3:29 74:08 2:08	6:44 3:15 75:05 0:57	7:54 1:10 ----- -----	11:44 3:50 ----- -----	13:30 1:46 86:20 11:15	16:28 2:58	18:18 1:50	21:03 2:45	24:57 3:54	28:34 3:37	32:37 4:03	36:28 3:51	38:33 2:05	42:04 3:31	44:22 2:18	49:02 4:40	51:30 2:28	53:04 1:34	56:57 3:53	62:53 5:56	65:54 3:01	72:00 6:06	
	Sofie Andersen BOK	dnf	2:00 2:00 -----	4:37 2:37 -----	5:41 1:04 -----	8:07 2:26 -----	9:54 1:47 96:44 78:57	12:26 2:32	13:43 1:17	17:47 4:04	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	Baptiste Dio IND	dnf	2:40 2:40 -----	6:07 3:27 -----	7:21 1:14 -----	18:01 10:40 -----	20:53 2:52	28:45 7:52	30:19 1:34	35:49 5:30	38:22 2:33	42:43 4:21	52:26 9:43	62:29 10:03	73:20 10:51	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	Matthew Lawson NGOC	dnf	3:08 3:08 -----	5:44 2:36 -----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
Green (42)			1(59)	2(54)	3(44)	4(46)	5(45)	6(42)	7(68)	8(70)	9(66)	10(67)	11(61)	12(62)	13(56)	14(33)	15(51)	16(32)	17(63)	18(50)	19(202)	20(36)	Finish		
1	Reuben Lawson NGOC	47:59	1:25 1:25 27:18 *58	4:03 2:38	5:35 1:32	7:38 2:03	9:13 1:35	11:35 2:22	15:06 3:31	16:44 1:38	21:08 4:24	25:02 3:54	28:12 3:10	28:47 0:35	29:48 1:01	32:45 2:57	33:45 1:00	35:54 2:09	38:31 2:37	43:12 4:41	46:14 3:02	47:43 1:29	47:59 0:16		

Pl	Name	Time																					
			1(59)	2(54)	3(44)	4(46)	5(45)	6(42)	7(68)	8(70)	9(66)	10(67)	11(61)	12(62)	13(56)	14(33)	15(51)	16(32)	17(63)	18(50)	19(202)	20(36)	Finish
Green (42)			3.8 km 70 m 20 C (cont.)																				
2	Caroline Craig NGOC	50:22	2:36	6:34	8:31	10:52	12:46	16:09	19:54	22:04	26:00	29:44	33:41	34:43	36:25	39:00	40:09	42:12	43:49	47:02	48:46	49:52	50:22
3	Liz Phillips OD	50:57	2:00	5:36	7:04	9:13	11:11	14:00	19:53	21:39	26:00	29:57	34:12	34:59	36:43	39:15	40:17	42:10	43:48	46:28	48:50	50:00	50:57
4	Simon Denman NGOC	51:10	2:36	6:49	8:17	12:32	14:32	17:19	20:35	22:30	26:21	30:01	33:20	34:04	35:29	37:39	38:32	40:34	42:00	47:06	49:48	50:37	51:10
5	David Palmer BOK	52:26	2:02	7:26	9:20	11:20	13:11	16:53	21:24	23:19	27:29	30:45	33:40	34:29	36:03	38:20	39:18	41:19	43:22	45:44	48:43	52:05	52:26
6	Mike Baggott OD	54:46	1:55	5:42	7:41	9:57	11:37	14:53	19:22	21:26	29:06	32:57	37:09	38:19	40:08	43:34	44:49	47:03	48:42	51:18	53:10	54:19	54:46
7	Rodney Archard NGOC	57:35	2:21	5:39	7:15	11:37	13:42	17:21	21:12	23:27	27:47	32:37	37:06	38:06	39:43	44:05	45:09	47:05	48:58	52:23	54:35	55:38	57:35
8	Hannah Bradley NGOC	58:25	2:11	6:22	8:16	12:44	15:46	18:54	24:18	26:12	30:05	34:10	40:42	41:29	43:09	45:18	46:49	50:24	52:27	55:28	56:56	57:55	58:25
9	Peter Wilson BKO	59:59	2:11	5:47	7:35	10:10	12:02	15:52	20:25	22:36	30:17	36:52	42:02	42:47	44:55	47:18	48:20	51:27	53:15	55:59	57:35	59:35	59:59
10	Amy Lee-Jones BOK	61:02	2:19	7:09	8:26	10:20	11:52	15:10	20:42	22:29	27:41	33:23	36:32	37:22	42:24	47:26	48:50	51:00	52:41	55:15	59:41	60:19	61:02
11	John Fallows NGOC	63:09	1:53	5:35	7:49	12:43	14:26	19:21	23:38	25:25	36:22	40:22	44:24	45:10	46:39	49:04	50:20	53:40	55:22	57:46	59:33	62:45	63:09
12	Hai Young NGOC	63:22	2:28	5:02	6:42	8:24	10:03	15:18	20:14	21:56	30:53	36:09	39:37	40:18	45:13	48:18	50:18	52:27	54:08	56:45	59:23	62:58	63:22
13	Philip Bostock NGOC	70:26	3:29	8:21	10:09	14:13	16:57	20:44	24:32	33:05	37:40	43:54	47:55	48:52	52:08	55:04	56:25	59:44	61:52	67:00	68:38	69:54	70:26
14	Ellen Starling NGOC	70:27	3:24	8:28	11:24	14:12	17:12	25:13	30:04	32:39	38:32	43:35	48:33	49:38	51:39	55:29	56:55	60:00	62:07	65:23	68:08	69:33	70:27
15	Graham Tough SWOC	71:34	2:41	7:14	8:59	11:50	14:02	18:53	24:55	28:16	33:07	38:35	44:31	45:40	48:00	51:20	52:46	55:34	57:48	67:20	69:45	71:14	71:34
16	Dave Hartley NGOC	72:06	1:45	5:57	8:50	11:30	13:17	23:42	27:22	29:24	33:51	40:51	45:36	46:14	48:16	52:00	53:13	55:47	57:35	61:22	70:13	71:30	72:06
17	Melanie Hearn WCH	72:45	7:41	13:39	16:40	18:59	21:33	25:40	29:56	32:46	38:26	43:53	48:13	49:08	51:27	55:18	56:49	60:10	62:22	67:00	70:25	72:14	72:45
18	Roger Coe NGOC	77:22	2:32	6:04	7:44	10:39	17:29	34:09	38:05	40:50	46:09	51:55	56:01	56:56	58:57	61:53	63:09	67:20	69:48	72:54	75:03	76:32	77:22
19	Clare Fletcher BOK	79:14	3:26	8:16	12:12	16:07	18:52	23:44	30:36	33:35	39:15	47:36	53:19	54:38	56:59	61:41	63:08	65:59	69:38	74:14	76:29	78:24	79:14
20	Alan Starling NGOC	79:21	3:48	9:09	10:59	14:53	17:35	25:31	32:20	39:08	45:33	54:05	58:06	59:08	61:01	63:53	65:26	67:47	70:12	74:12	77:13	78:45	79:21
21	Kim Liggett NGOC	81:52	2:41	7:22	9:14	11:39	14:07	19:48	25:24	27:21	45:34	53:21	57:40	58:30	60:35	64:28	65:37	68:43	74:01	77:59	80:23	81:27	81:52
22	Alex Evans NGOC	82:03	7:56	11:50	14:37	17:04	19:38	25:34	32:06	38:41	43:07	49:01	54:51	55:49	57:53	61:11	62:31	65:02	69:28	75:38	77:42	81:35	82:03
23	Mike Wilkinson HOC	82:30	4:30	13:08	15:03	17:50	20:51	26:01	31:26	36:00	40:53	53:47	59:54	60:51	62:48	66:55	68:31	71:20	74:07	77:42	80:17	81:59	82:30
24	Richard Higgs NGOC	83:34	2:59	9:11	11:42	16:35	19:50	28:32	36:13	38:25	44:53	52:05	57:11	58:27	60:31	64:22	66:26	69:29	71:55	76:18	81:20	83:03	83:34
25	Jane Holcombe BOK	86:20	9:19	13:14	15:15	18:12	22:13	28:58	33:22	39:38	46:48	53:34	58:11	59:29	65:19	68:30	69:51	72:48	75:54	79:59	84:39	85:53	86:20
26	Morlich Barnett POTOC	89:00	4:11	16:27	19:32	22:24	25:10	43:18	48:13	51:01	55:29	60:44	65:24	66:28	68:33	71:55	73:18	76:11	78:33	82:35	84:59	88:27	89:00
			86:36																				
			*35																				
27	Ashley Ford HOC	89:06	17:18	22:11	24:15	27:38	30:47	36:58	43:00	45:47	55:58	62:17	67:55	69:07	71:06	74:22	75:57	78:42	81:06	84:21	86:55	88:24	89:06
28	Sheila Miklausic NGOC	89:47	3:53	9:37	12:34	15:56	19:43	25:57	36:11	39:10	46:14	52:52	59:37	60:47	66:49	71:19	72:45	76:16	79:20	85:15	87:41	89:07	89:47
29	Helen Wheelwright SOC	93:50	3:46	8:43	12:26	16:55	21:10	30:58	39:13	43:13	49:54	56:44	66:04	67:48	70:16	73:37	75:27	79:59	83:02	86:44	91:45	93:14	93:50
			3:46	4:57	3:43	4:29	4:15	9:48	8:15	4:00	6:41	6:50	9:20	1:44	2:28	3:21	1:50	4:32	3:03	3:42	5:01	1:29	0:36

Pl	Name	Time	3.8 km 70 m 20 C (cont.)																											
			1(59)	2(54)	3(44)	4(46)	5(45)	6(42)	7(68)	8(70)	9(66)	10(67)	11(61)	12(62)	13(56)	14(33)	15(51)	16(32)	17(63)	18(50)	19(202)	20(36)	Finish							
Green (42)																														
30	Julia Wilkinson HOC	94:09	3:37	9:44	12:59	17:33	19:54	25:12	30:45	34:43	44:29	49:56	56:15	57:17	59:37	70:56	72:18	76:31	79:14	83:44	92:00	93:27	94:09							
			3:37	6:07	3:15	4:34	2:21	5:18	5:33	3:58	9:46	5:27	6:19	1:02	2:20	11:19	1:22	4:13	2:43	4:30	8:16	1:27	0:42							
31	Hilary Nicholls NGOC	94:29	2:19	12:09	21:38	27:38	34:55	38:14	42:50	45:43	52:55	58:39	64:05	64:58	67:28	73:47	75:17	80:40	83:10	87:41	91:44	93:56	94:29							
			2:19	9:50	9:29	6:00	7:17	3:19	4:36	2:53	7:12	5:44	5:26	0:53	2:30	6:19	1:30	5:23	2:30	4:31	4:03	2:12	0:33							
32	Janet Richardson OD	94:48	3:38	9:08	12:40	15:45	18:09	22:54	32:38	35:01	54:31	61:07	68:48	70:04	72:26	78:24	80:01	82:57	85:32	89:38	92:32	94:02	94:48							
			3:38	5:30	3:32	3:05	2:24	4:45	9:44	2:23	19:30	6:36	7:41	1:16	2:22	5:58	1:37	2:56	2:35	4:06	2:54	1:30	0:46							
33	Gary Wakerley NGOC	109:17	3:03	7:56	10:36	14:14	17:09	31:14	37:59	41:20	48:27	55:26	61:26	63:08	65:50	69:56	72:07	76:27	79:02	92:35	106:49	108:27	109:17							
			3:03	4:53	2:40	3:38	2:55	14:05	6:45	3:21	7:07	6:59	6:00	1:42	2:42	4:06	2:11	4:20	2:35	13:33	14:14	1:38	0:50							
34	Louise Scaben IND	109:58	2:57	11:50	15:43	21:09	33:39	41:19	45:09	49:10	55:22	60:52	66:12	67:19	72:12	76:30	78:13	93:33	96:59	104:35	107:34	109:20	109:58							
			2:57	8:53	3:53	5:26	12:30	7:40	3:50	4:01	6:12	5:30	5:20	1:07	4:53	4:18	1:43	15:20	3:26	7:36	2:59	1:46	0:38							
35	Alice Ball IND	110:02	3:01	11:48	15:38	21:14	33:49	41:25	45:14	49:15	55:30	61:01	66:21	67:31	72:16	76:29	78:19	93:40	97:04	104:29	107:41	109:26	110:02							
			3:01	8:47	3:50	5:36	12:35	7:36	3:49	4:01	6:15	5:31	5:20	1:10	4:45	4:13	1:50	15:21	3:24	7:25	3:12	1:45	0:36							
36	Caroline Potter BOK	111:19	2:57	6:37	15:44	22:24	30:20	34:33	41:50	44:31	54:10	61:27	72:34	73:31	75:35	78:13	79:32	92:48	95:09	98:36	108:29	109:42	111:19							
			2:57	3:40	9:07	6:40	7:56	4:13	7:17	2:41	9:39	7:17	11:07	0:57	2:04	2:38	1:19	13:16	2:21	3:27	9:53	1:13	1:37							
	Andy Creber NGOC	mp	1:17	3:36	4:46	6:47	8:21	10:33	13:04	----	17:44	20:10	23:45	24:25	25:29	32:06	32:47	38:23	39:16	41:21	42:14	42:54	43:16							
			1:17	2:19	1:10	2:01	1:34	2:12	2:31	----	4:40	2:26	3:35	0:40	1:04	6:37	0:41	5:36	0:53	2:05	0:53	0:40	0:22							
	Nick Hudson IND	mp	4:37	8:58	9:58	11:36	15:40	17:53	21:34	23:06	27:38	30:07	33:53	34:22	35:33	37:25	38:38	40:25	41:37	----	45:36	46:24	46:54							
			4:37	4:21	1:00	1:38	4:04	2:13	3:41	1:32	4:32	2:29	3:46	0:29	1:11	1:52	1:13	1:47	1:12	----	3:59	0:48	0:30							
			44:12																											
			*53																											
	John Mills SWOC	mp	2:13	6:02	8:59	11:24	14:46	18:20	22:35	----	29:54	34:43	38:33	39:25	41:00	43:34	44:47	48:28	50:50	54:49	58:26	59:43	60:24							
			2:13	3:49	2:57	2:25	3:22	3:34	4:15	----	7:19	4:49	3:50	0:52	1:35	2:34	1:13	3:41	2:22	3:59	3:37	1:17	0:41							
	John Pearson HOC	dnf	2:27	7:57	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	24:31							
			2:27	5:30																										
	Jessica Ward NGOC	dnf	1:36	6:22	7:34	9:27	11:03	24:16	----	----	----	----	41:49	----	----	----	----	----	----	----	----	48:10								
			1:36	4:46	1:12	1:53	1:36	13:13																						
	Roger Hailey OD	dnf	5:55	11:29	14:25	17:22	20:34	26:00	36:43	41:05	47:46	55:02	60:16	61:50	----	----	----	----	----	----	----	6:21								
			5:55	5:34	2:56	2:57	3:12	5:26	10:43	4:22	6:41	7:16	5:14	1:34																

Pl	Name	Time	2.8 km 50 m 18 C																		
			1(59)	2(47)	3(66)	4(40)	5(60)	6(46)	7(54)	8(67)	9(58)	10(61)	11(62)	12(56)	13(31)	14(32)	15(48)	16(52)	17(50)	18(35)	Finish
1	Ella May Rush BOK	38:59	1:43	3:00	6:03	10:59	12:18	13:09	15:56	18:05	20:33	21:34	22:35	24:16	26:43	30:12	31:32	34:35	35:54	38:33	38:59
			1:43	1:17	3:03	4:56	1:19	0:51	2:47	2:09	2:28	1:01	1:01	1:41	2:27	3:29	1:20	3:03	1:19	2:39	0:26
2	Sharon Finch SWOC	42:27	3:15	5:20	8:23	13:54	15:12	16:07	19:34	21:18	25:19	26:11	27:10	29:00	30:43	32:32	33:46	37:06	39:04	41:36	42:27
			3:15	2:05	3:03	5:31	1:18	0:55	3:27	1:44	4:01	0:52	0:59	1:50	1:43	1:49	1:14	3:20	1:58	2:32	0:51
3	Jack Hobby NGOC	46:52	2:07	3:21	8:11	13:23	14:38	15:21	19:01	20:24	22:40	23:33	24:26	26:14	35:07	36:38	38:13	41:55	43:59	46:22	46:52
			2:07	1:14	4:50	5:12	1:15	0:43	3:40	1:23	2:16	0:53	0:53	1:48	8:53	1:31	1:35	3:42	2:04	2:23	0:30
4	Paul Hobby NGOC	48:19	2:27	4:26	7:12	14:18	16:51	17:57	22:00	23:58	26:44	28:16	29:20	31:33	34:09	36:20	38:06	42:04	44:08	47:40	48:19
			2:27	1:59	2:46	7:06	2:33	1:06	4:03	1:58	2:46	1:32	1:04	2:13	2:36	2:11	1:46	3:58	2:04	3:32	0:39
5	Robert Teed NGOC	51:28	3:17	5:21	11:24	18:13	19:56	21:02	24:38	26:34	30:13	31:24	32:27	34:33	36:47	39:35	41:33	45:31	47:38	50:28	51:28
			3:17	2:04	6:03	6:49	1:43	1:06	3:36	1:56	3:39	1:11	1:03	2:06	2:14	2:48	1:58	3:58	2:07	2:50	1:00
6	Bob Larcombe IND	51:45	2:34	11:44	14:23	19:52	21:10	23:25	27:08	29:00	31:31	32:28	33:15	34:58	36:38	40:17	42:03	46:26	48:12	51:08	51:45
			2:34	9:10	2:39	5:29	1:18	2:15	3:43	1:52	2:31	0:57	0:47	1:43	1:40	3:39	1:46	4:23	1:46	2:56	0:37
7	Pete Colbert SWOC	53:10	3:52	6:14	11:32	18:23	20:35	21:38	26:13	28:30	31:49	33:10	34:30	36:40	39:13	41:24	43:08	46:36	48:44	52:13	53:10
			3:52	2:22	5:18	6:51	2:12	1:03	4:35	2:17	3:19	1:21	1:20	2:10	2:33	2:11	1:44	3:28	2:08	3:29	0:57
8	Tony Noott BOK	64:03	3:23	6:12	9:53	17:14	19:11	21:44	26:07	30:12	34:06	35:46	37:06	39:13	42:13	44:54	47:06	51:43	54:01	61:51	64:03
			3:23	2:49	3:41	7:21	1:57	2:33	4:23	4:05	3:54	1:40	1:20	2:07	3:00	2:41	2:12	4:37	2:18	7:50	2:12
9	Oliver Hampshire BOK	64:18	3:59	6:48	11:31	18:31	20:15	21:21	25:12	28:15	33:00	34:45	35:59	39:24	43:20	46:25	49:30	54:14	57:02	62:47	64:18
			3:59	2:49	4:43	7:00	1:44	1:06	3:51	3:03	4:45	1:45	1:14	3:25	3:56	3:05	3:05	4:44	2:48	5:45	1:31
10	Brian Laycock HOC	68:33	2:43	5:03	8:13	32:50	34:53	36:39	40:09	42:10	45:01	46:12	47:10	49:05	53:23	55:44	57:55	61:49	63:57	67:38	68:33
			2:43	2:20	3:10	24:37	2:03	1:46	3:30	2:01	2:51	1:11	0:58	1:55	4:18	2:21	2:11	3:54	2:08	3:41	0:55
11	Judy Ann Douglas POTOC	77:40	3:37	25:40	29:05	37:40	39:54	42:35	47:44	50:12	53:27	54:41	55:50	58:59	61:51	64:26	66:34	70:59	73:52	76:34	77:40
			3:37	22:03	3:25	8:35	2:14	2:41	5:09	2:28	3:15	1:14	1:09	3:09	2:52	2:35	2:08	4:25	2:53	2:42	1:06
12	Eleri Cowen NGOC	77:57	6:39	11:27	16:54	25:57	28:58	33:02	36:49	40:10	44:48	46:33	47:32	49:49	54:40	59:15	62:58	67:48	73:26	77:22	77:57
			6:39	4:48	5:27	9:03	3:01	4:04	3:47	3:21	4:38	1:45	0:59	2:17	4:51	4:35	3:43	4:50	5:38	3:56	0:35
13	Claire Horsfall NGOC	81:06	3:17	5:57	14:35	40:42	43:02	44:00	47:36	50:25	54:13	55:39	56:43	59:56	62:51	64:48	67:40	72:15	74:22	79:56	81:06
			3:17	2:40	8:38	26:07	2:20	0:58	3:36	2:49	3:48	1:26	1:04	3:13	2:55	1:57	2:52	4:35	2:07	5:34	1:10

PI	Name	Time																		Finish		
Short Green (24)			2.8 km 50 m		18 C		<i>(cont.)</i>															
			1(59)	2(47)	3(66)	4(40)	5(60)	6(46)	7(54)	8(67)	9(58)	10(61)	11(62)	12(56)	13(31)	14(32)	15(48)	16(52)	17(50)	18(35)	Finish	
14	John Coleman NGOC	81:50	5:54	8:17	20:09	31:30	33:30	37:04	40:38	43:28	47:39	49:04	50:20	59:14	63:12	65:37	67:48	75:31	77:53	81:17	81:50	
			5:54	2:23	11:52	11:21	2:00	3:34	3:34	2:50	4:11	1:25	1:16	8:54	3:58	2:25	2:11	7:43	2:22	3:24	0:33	
15	Sue Colbert SWOC	86:31	30:06	35:52	39:30	47:43	49:28	52:19	56:34	59:04	64:16	65:32	66:43	69:45	72:20	74:19	76:03	80:20	82:37	85:39	86:31	3:16
			30:06	5:46	3:38	8:13	1:45	2:51	4:15	2:30	5:12	1:16	1:11	3:02	2:35	1:59	1:44	4:17	2:17	3:02	0:52	*201
16	David Lee NGOC	108:59	29:10	32:24	40:15	49:15	52:21	55:19	59:55	64:58	72:26	74:07	75:29	78:06	82:43	87:08	90:22	96:15	99:22	106:33	108:59	
			29:10	3:14	7:51	9:00	3:06	2:58	4:36	5:03	7:28	1:41	1:22	2:37	4:37	4:25	3:14	5:53	3:07	7:11	2:26	
	Ewan Thompson IND	mp	7:13	10:33	12:33	17:44	18:59	19:42	23:00	-----	30:48	31:34	32:48	34:32	37:24	39:07	41:36	49:11	51:59	53:51	54:18	
			7:13	3:20	2:00	5:11	1:15	0:43	3:18	7:48	0:46	1:14	1:44	2:52	1:43	2:29	7:35	2:48	1:52	0:27		
	Barry Sowerbutts SOC	mp	2:43	13:59	17:34	22:07	23:59	26:58	31:12	33:12	36:42	37:48	-----	40:11	42:26	44:27	46:39	50:20	52:20	55:50	56:43	
			2:43	11:16	3:35	4:33	1:52	2:59	4:14	2:00	3:30	1:06	-----	2:23	2:15	2:01	2:12	3:41	2:00	3:30	0:53	
	Jenny Watson IND	mp	5:20	8:07	12:07	20:41	29:37	-----	48:17	52:04	57:06	59:04	60:59	64:05	68:20	70:46	77:47	83:30	86:50	90:39	92:20	
			5:20	2:47	4:00	8:34	8:56	-----	18:40	3:47	5:02	1:58	1:55	3:06	4:15	2:26	7:01	5:43	3:20	3:49	1:41	
	Ewan & Jack Watsc IND	mp	6:29	9:22	12:39	27:55	29:31	-----	49:25	52:26	57:56	59:29	61:40	64:37	69:34	71:52	78:45	84:09	87:42	91:44	93:00	
			6:29	2:53	3:17	15:16	1:36	-----	19:54	3:01	5:30	1:33	2:11	2:57	4:57	2:18	6:53	5:24	3:33	4:02	1:16	
	Rachel Woollett IND	mp	5:37	31:26	37:35	47:42	50:49	53:45	60:19	64:25	73:52	76:11	78:11	86:35	91:34	-----	118:53	-----	-----	-----	140:26	
			5:37	25:49	6:09	10:07	3:07	2:56	6:34	4:06	9:27	2:19	2:00	8:24	4:59	-----	27:19	-----	-----	-----	21:33	
	Barbara Ford HOC	dnf	7:04	11:19	17:53	34:08	38:16	43:29	52:37	58:40	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
			7:04	4:15	6:34	16:15	4:08	5:13	9:08	6:03	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
	Anne Palmer BOK	dnf	3:26	5:46	9:03	17:43	19:55	21:44	26:13	32:01	36:05	41:44	42:44	-----	-----	-----	-----	-----	-----	-----	-----	
			3:26	2:20	3:17	8:40	2:12	1:49	4:29	5:48	4:04	5:39	1:00	-----	-----	-----	-----	-----	-----	-----	-----	
	Lin Callard NGOC	dnf	3:37	15:05	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
			3:37	11:28	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	

Orange (22)			1.9 km 25 m		12 C																	Finish
			1(55)	2(58)	3(62)	4(56)	5(64)	6(34)	7(48)	8(49)	9(31)	10(52)	11(53)	12(36)							Finish	
1	Seth Lawson NGOC	20:49	0:48	2:06	3:20	5:05	7:35	9:54	11:15	12:50	14:09	17:54	19:32	20:32							20:49	
			0:48	1:18	1:14	1:45	2:30	2:19	1:21	1:35	1:19	3:45	1:38	1:00							0:17	
2	Max Straube-Roth OD	24:45	1:12	2:39	6:40	8:11	11:40	14:14	16:35	17:49	20:22	22:32	23:47	24:29							24:45	
			1:12	1:27	4:01	1:31	3:29	2:34	2:21	1:14	2:33	2:10	1:15	0:42							0:16	
3	Jess Miklausic NGOC	24:52	0:51	2:28	3:30	6:05	10:34	12:20	15:07	17:01	19:37	22:25	23:39	24:28							24:52	
			0:51	1:37	1:02	2:35	4:29	1:46	2:47	1:54	2:36	2:48	1:14	0:49							0:24	
4	Ashleigh Denman NGOC	31:04	0:54	3:21	4:26	7:50	11:30	13:36	16:03	17:40	19:33	23:10	26:44	29:12							31:04	
			0:54	2:27	1:05	3:24	3:40	2:06	2:27	1:37	1:53	3:37	3:34	2:28							1:52	
5	Adeline + Oonagh J Croft A	33:03	0:51	3:18	6:01	8:40	13:49	16:31	19:21	21:57	25:10	29:27	31:21	32:32							33:03	
			0:51	2:27	2:43	2:39	5:09	2:42	2:50	2:36	3:13	4:17	1:54	1:11							0:31	
6	Barthelemy Pige NGOC	34:39	1:47	6:15	7:24	14:00	18:28	21:04	23:48	25:45	28:09	31:42	33:15	34:11							34:39	
			1:47	4:28	1:09	6:36	4:28	2:36	2:44	1:57	2:24	3:33	1:33	0:56							0:28	
7	Dougie Innes-Farr SWOC	38:06	1:29	4:00	5:52	8:46	14:40	18:38	24:38	27:17	29:48	33:54	35:43	37:38							38:06	
			1:29	2:31	1:52	2:54	5:54	3:58	6:00	2:39	2:31	4:06	1:49	1:55							0:28	
8	Thomas Simpson NGOC	38:50	1:24	7:57	9:30	12:30	16:41	19:08	25:42	27:44	32:13	35:12	37:11	38:22							38:50	
			1:24	6:33	1:33	3:00	4:11	2:27	6:34	2:02	4:29	2:59	1:59	1:11							0:28	
9	Lorna Watson IND	39:11	1:37	6:12	8:38	11:11	18:11	20:15	26:07	28:01	30:24	34:53	37:22	38:44							39:11	
			1:37	4:35	2:26	2:33	7:00	2:04	5:52	1:54	2:23	4:29	2:29	1:22							0:27	
10	Max Johansson NGOC	39:23	0:46	5:09	5:56	8:44	11:21	13:32	16:03	17:46	21:12	34:10	37:11	38:42							39:23	
			0:46	4:23	0:47	2:48	2:37	2:11	2:31	1:43	3:26	12:58	3:01	1:31							0:41	
11	Peter Maloney NGOC	43:13	1:48	4:43	7:11	10:10	17:45	21:53	24:46	27:47	31:20	35:57	39:41	41:57							43:13	
			1:48	2:55	2:28	2:59	7:35	4:08	2:53	3:01	3:33	4:37	3:44	2:16							1:16	
12	Diana Hailey OD	43:39	1:28	3:53	6:16	9:52	15:26	21:10	25:14	29:02	33:17	38:06	40:49	42:45							43:39	
			1:28	2:25	2:23	3:36	5:34	5:44	4:04	3:48	4:15	4:49	2:43	1:56							0:54	
13	Kate Mills IND	43:47	3:08	5:43	7:19	9:11	12:41	15:26	17:18	18:56	31:44	40:18	41:54	43:05							43:47	
			3:08	2:35	1:36	1:52	3:30	2:45	1:52	1:38	12:48	8:34	1:36	1:11							0:42	
14	George Mather IND	44:38	1:31	3:04	4:18	15:28	20:47	22:54	26:28	28:09	37:25	41:44	43:17	44:14							44:38	
			1:31	1:33	1:14	11:10	5:19	2:07	3:34	1:41	9:16	4:19	1:33	0:57							0:24	
15	Gregory Young NGOC	44:40	1:36	3:11	4:23	15:36	20:45	22:54	26:32	28:11	37:32	41:39	43:24	44:14							44:40	
			1:36	1:35	1:12	11:13	5:09	2:09	3:38	1:39	9:21	4:07	1:45	0:50							0:26	
16	Helen Young NGOC	44:41	1:34	3:12	4:19	15:36	20:42	22:52	26:34	28:16	37:29	41:36	43:22	44:17							44:41	
			1:34	1:38	1:07	11:17	5:06	2:10	3:42	1:42	9:13	4:07	1:46	0:55							0:24	

Pl	Name	Time														
Orange (22)			1.9 km 25 m		12 C		<i>(cont.)</i>									
			1(55)	2(58)	3(62)	4(56)	5(64)	6(34)	7(48)	8(49)	9(31)	10(52)	11(53)	12(36)	Finish	
17	Nick Thompson IND	46:55	1:12	4:05	5:52	8:52	14:29	16:56	19:16	23:01	26:15	38:09	40:28	41:25	46:55	46:31
			1:12	2:53	1:47	3:00	5:37	2:27	2:20	3:45	3:14	11:54	2:19	0:57	5:30	*36
18	Gillian Lee-Jones BOK	59:26	1:12	3:38	5:42	10:22	18:59	21:37	26:33	28:06	39:16	55:46	57:04	58:18	59:26	
			1:12	2:26	2:04	4:40	8:37	2:38	4:56	1:33	11:10	16:30	1:18	1:14	1:08	
19	Lily Callard NGOC	60:25	2:51	7:42	10:31	23:12	29:33	34:26	40:23	44:00	48:15	54:41	57:11	59:10	60:25	
			2:51	4:51	2:49	12:41	6:21	4:53	5:57	3:37	4:15	6:26	2:30	1:59	1:15	
	Samuel Cowen NGOC	mp	0:54	3:01	5:45	23:29	25:35	40:54	----	45:53	----	----	----	----		
			0:54	2:07	2:44	17:44	2:06	15:19		4:59						
nc	Seth Lawson NGOC	16:48	0:33	1:45	2:49	4:10	6:32	8:22	9:45	11:33	12:44	14:44	15:48	16:32	16:48	
			0:33	1:12	1:04	1:21	2:22	1:50	1:23	1:48	1:11	2:00	1:04	0:44	0:16	
nc	Jonah Hearn IND	29:45	1:46	6:17	7:55	10:57	14:42	17:37	21:15	23:07	25:06	27:50	28:51	29:29	29:45	
			1:46	4:31	1:38	3:02	3:45	2:55	3:38	1:52	1:59	2:44	1:01	0:38	0:16	

Yellow (12)			1.6 km 25 m		10 C										
			1(55)	2(62)	3(57)	4(49)	5(203)	6(34)	7(51)	8(64)	9(53)	10(36)	Finish		
1	Tom Dilley IND	17:59	1:02	2:54	4:57	6:46	8:18	9:52	12:19	13:50	15:57	17:20	17:59		
			1:02	1:52	2:03	1:49	1:32	1:34	2:27	1:31	2:07	1:23	0:39		
2	Sam Horsfall NGOC	18:11	1:19	3:14	5:21	6:52	9:03	10:37	12:29	14:18	16:15	17:29	18:11		
			1:19	1:55	2:07	1:31	2:11	1:34	1:52	1:49	1:57	1:14	0:42		
3	Adeline+ Oonagh Jc Croft A	18:23	1:05	2:47	4:55	6:47	8:19	11:24	13:08	14:21	16:25	17:53	18:23		
			1:05	1:42	2:08	1:52	1:32	3:05	1:44	1:13	2:04	1:28	0:30		
4	Alice Young NGOC	19:04	1:45	3:29	5:32	7:28	9:32	11:17	13:34	14:57	17:11	18:30	19:04		
			1:45	1:44	2:03	1:56	2:04	1:45	2:17	1:23	2:14	1:19	0:34		
5	Jonah Hearn WCH	20:34	0:44	1:54	9:10	10:11	11:00	11:54	16:56	18:09	19:31	20:16	20:34		
			0:44	1:10	7:16	1:01	0:49	0:54	5:02	1:13	1:22	0:45	0:18		
6	Jacob Reeves IND	21:26	1:04	2:29	5:20	7:00	8:40	10:20	12:26	14:14	16:47	19:49	21:26		
			1:04	1:25	2:51	1:40	1:40	1:40	2:06	1:48	2:33	3:02	1:37		
6	Ella Miklausic NGOC	21:26	1:04	2:48	5:13	7:07	8:52	10:43	12:37	14:00	17:17	20:23	21:26		
			1:04	1:44	2:25	1:54	1:45	1:51	1:54	1:23	3:17	3:06	1:03		
8	Jonathan+Rafael+ I IND	21:33	0:54	2:28	5:15	7:00	8:42	10:20	12:27	14:01	16:43	19:49	21:33		
			0:54	1:34	2:47	1:45	1:42	1:38	2:07	1:34	2:42	3:06	1:44		
9	Johannes Pige NGOC	28:09	1:09	3:27	7:50	10:32	12:52	16:05	18:59	21:10	24:18	27:27	28:09		
			1:09	2:18	4:23	2:42	2:20	3:13	2:54	2:11	3:08	3:09	0:42		
10	Finn Hampshire IND	36:05	2:10	5:11	8:52	12:08	14:44	18:08	21:43	24:18	32:09	35:09	36:05		
			2:10	3:01	3:41	3:16	2:36	3:24	3:35	2:35	7:51	3:00	0:56		
11	Seren Brett DVO	39:16	1:49	4:53	8:06	11:57	15:16	18:53	27:17	29:49	34:42	37:37	39:16		
			1:49	3:04	3:13	3:51	3:19	3:37	8:24	2:32	4:53	2:55	1:39		
	Luke Miklausic NGOC	mp	1:03	3:15	----	7:59	9:23	12:24	15:50	18:28	21:04	22:50	23:27		
			1:03	2:12		4:44	1:24	3:01	3:26	2:38	2:36	1:46	0:37		