

Pl	Name	Time	8.5 km		25 m		18 C																
			1(220)	2(214)	3(215)	4(206)	5(213)	6(204)	7(205)	8(206)	9(208)	10(211)	11(212)	12(209)	13(207)	14(219)	15(201)	16(222)	17(202)	18(31)	Finish		
<b>1</b>	<b>Adam Potter</b>	<b>32:56</b>	<b>3:17</b>	4:22	5:51	<b>13:39</b>	<b>14:41</b>	<b>15:53</b>	<b>17:23</b>	<b>18:18</b>	<b>20:13</b>	<b>21:39</b>	<b>23:00</b>	<b>23:33</b>	<b>24:29</b>	<b>27:50</b>	<b>29:20</b>	<b>29:49</b>	<b>30:26</b>	<b>32:26</b>	<b>32:56</b>		
	<b>BOK</b>		<b>3:17</b>	1:05	<b>1:29</b>	<b>7:48</b>	<b>1:02</b>	1:12	1:30	0:55	<b>1:55</b>	<b>1:26</b>	1:21	<b>0:33</b>	<b>0:56</b>	3:21	<b>1:30</b>	0:29	<b>0:37</b>	<b>2:00</b>	0:30		
<b>2</b>	<b>Owain Jones</b>	<b>34:28</b>	3:20	<b>4:17</b>	<b>5:49</b>	14:33	15:41	16:52	18:18	19:07	21:03	22:32	23:49	24:22	25:20	28:33	30:04	30:36	31:25	34:01	34:28		
	<b>BOK</b>		3:20	<b>0:57</b>	1:32	8:44	1:08	<b>1:11</b>	<b>1:26</b>	<b>0:49</b>	1:56	1:29	<b>1:17</b>	<b>0:33</b>	0:58	<b>3:13</b>	1:31	0:32	0:49	2:36	<b>0:27</b>		
<b>3</b>	<b>Robert Ashton</b>	<b>36:09</b>	3:30	4:37	6:18	15:13	16:32	17:51	19:27	20:34	22:38	24:14	25:37	26:12	27:14	30:45	32:18	32:44	33:32	35:40	36:09		
	<b>BAOC</b>		3:30	1:07	1:41	8:55	1:19	1:19	1:36	1:07	2:04	1:36	1:23	0:35	1:02	3:31	1:33	<b>0:26</b>	0:48	2:08	0:29		
<b>4</b>	<b>Richard Barrett</b>	<b>37:21</b>	3:39	4:39	6:19	15:18	16:31	17:54	19:32	20:28	22:41	24:18	25:46	26:22	27:28	31:26	33:05	33:43	34:34	36:49	37:21		
	<b>BAOC</b>		3:39	1:00	1:40	8:59	1:13	1:23	1:38	0:56	2:13	1:37	1:28	0:36	1:06	3:58	1:39	0:38	0:51	2:15	0:32		
<b>5</b>	<b>Richard Mawer</b>	<b>38:25</b>	3:46	4:46	6:27	16:03	17:14	19:00	20:41	21:39	24:02	25:43	27:16	27:55	29:00	32:35	34:19	34:50	35:34	37:54	38:25		
	<b>BAOC</b>		3:46	1:00	1:41	9:36	1:11	1:46	1:41	0:58	2:23	1:41	1:33	0:39	1:05	3:35	1:44	0:31	0:44	2:20	0:31		
<b>6</b>	<b>Kin Wai Lee</b>	<b>38:35</b>	4:37	5:43	7:25	16:44	17:50	19:11	20:53	21:48	23:59	25:48	27:19	27:52	28:54	32:49	34:38	35:05	35:44	38:02	38:35		
	<b>OD</b>		4:37	1:06	1:42	9:19	1:06	1:21	1:42	0:55	2:11	1:49	1:31	<b>0:33</b>	1:02	3:55	1:49	0:27	0:39	2:18	0:33		
<b>7</b>	<b>Richard Cronin</b>	<b>39:23</b>	4:07	5:13	6:58	16:26	17:47	19:12	21:07	22:07	24:29	26:13	27:55	28:35	29:45	33:34	35:19	35:48	36:31	38:50	39:23		
	<b>NGOC</b>		4:07	1:06	1:45	9:28	1:21	1:25	1:55	1:00	2:22	1:44	1:42	0:40	1:10	3:49	1:45	0:29	0:43	2:19	0:33		
<b>8</b>	<b>Paul Gebbett</b>	<b>41:36</b>	3:58	5:03	6:49	16:58	18:19	19:46	21:39	22:41	25:09	26:59	28:39	29:18	30:32	34:47	36:43	37:19	38:18	41:01	41:36		
	<b>BOK</b>		3:58	1:05	1:46	10:09	1:21	1:27	1:53	1:02	2:28	1:50	1:40	0:39	1:14	4:15	1:56	0:36	0:59	2:43	0:35		
<b>9</b>	<b>Stuart Ebbrell</b>	<b>42:29</b>	4:20	5:31	7:31	17:38	18:57	20:28	22:28	23:29	25:52	27:50	29:39	30:20	31:33	36:00	38:02	38:34	39:19	41:55	42:29		
	<b>BAOC</b>		4:20	1:11	2:00	10:07	1:19	1:31	2:00	1:01	2:23	1:58	1:49	0:41	1:13	4:27	2:02	0:32	0:45	2:36	0:34		
<b>10</b>	<b>Chloe Potter</b>	<b>42:58</b>	5:15	6:27	8:23	18:42	20:00	21:29	23:38	24:36	27:08	28:59	30:40	31:22	32:28	36:44	38:30	39:04	39:52	42:22	42:58		
	<b>BOK</b>		5:15	1:12	1:56	10:19	1:18	1:29	2:09	0:58	2:32	1:51	1:41	0:42	1:06	4:16	1:46	0:34	0:48	2:30	0:36		
<b>11</b>	<b>Peter Dobra</b>	<b>43:19</b>	4:01	5:13	7:02	17:18	18:37	20:09	22:09	23:10	25:31	27:24	29:14	30:41	32:00	36:36	38:34	39:13	40:09	42:44	43:19		
	<b>UBOC</b>		4:01	1:12	1:49	10:16	1:19	1:32	2:00	1:01	2:21	1:53	1:50	1:27	1:19	4:36	1:58	0:39	0:56	2:35	0:35		
<b>12</b>	<b>Logan McIntyre</b>	<b>43:58</b>	3:54	5:05	6:55	17:03	18:36	20:12	22:30	23:39	26:25	28:26	30:11	30:54	32:12	36:59	39:06	39:44	40:34	43:24	43:58		
	<b>TVOC</b>		3:54	1:11	1:50	10:08	1:33	1:36	2:18	1:09	2:46	2:01	1:45	0:43	1:18	4:47	2:07	0:38	0:50	2:50	0:34		
<b>13</b>	<b>Tim Hughes</b>	<b>44:47</b>	4:41	6:00	8:05	18:30	20:02	21:38	23:35	24:41	27:17	29:02	30:45	31:29	32:50	36:49	38:48	40:04	41:30	44:00	44:47		
	<b>TVOC</b>		4:41	1:19	2:05	10:25	1:32	1:36	1:57	1:06	2:36	1:45	1:43	0:44	1:21	3:59	1:59	1:16	1:26	2:30	0:47		
<b>14</b>	<b>Doug Stimson</b>	<b>45:54</b>	4:23	5:34	7:28	18:44	20:12	21:58	24:04	25:10	28:24	30:21	32:08	32:53	34:04	38:51	40:48	41:30	42:37	45:18	45:54		
	<b>NWO</b>		4:23	1:11	1:54	11:16	1:28	1:46	2:06	1:06	3:14	1:57	1:47	0:45	1:11	4:47	1:57	0:42	1:07	2:41	0:36		
<b>15</b>	<b>Robert Atkins</b>	<b>46:19</b>	4:32	5:48	8:01	18:36	21:01	22:52	25:00	26:03	28:43	30:45	32:32	33:16	34:33	39:18	41:17	41:55	43:07	45:48	46:19		
	<b>HOC</b>		4:32	1:16	2:13	10:35	2:25	1:51	2:08	1:03	2:40	2:02	1:47	0:44	1:17	4:45	1:59	0:38	1:12	2:41	0:31		
<b>16</b>	<b>Ian Hopkins</b>	<b>46:22</b>	4:26	5:44	7:46	18:48	20:18	22:02	23:59	25:12	27:51	30:05	31:52	32:36	34:03	39:06	41:15	41:52	43:05	45:45	46:22		
	<b>WRE</b>		4:26	1:18	2:02	11:02	1:30	1:44	1:57	1:13	2:39	2:14	1:47	0:44	1:27	5:03	2:09	0:37	1:13	2:40	0:37		
<b>17</b>	<b>Chris Evans</b>	<b>46:54</b>	5:56	7:10	9:09	20:22	22:06	23:39	25:45	26:56	29:29	31:30	33:13	33:54	35:16	39:50	41:46	42:42	43:36	46:21	46:54		
	<b>SLOW</b>		5:56	1:14	1:59	11:13	1:44	1:33	2:06	1:11	2:33	2:01	1:43	0:41	1:22	4:34	1:56	0:56	0:54	2:45	0:33		
<b>18</b>	<b>Christopher McCart</b>	<b>47:14</b>	4:34	5:51	8:22	20:43	22:10	23:43	25:40	26:54	29:26	31:24	33:14	33:54	35:18	39:57	41:58	42:41	43:50	46:36	47:14		
	<b>OD</b>		4:34	1:17	2:31	12:21	1:27	1:33	1:57	1:14	2:32	1:58	1:50	0:40	1:24	4:39	2:01	0:43	1:09	2:46	0:38		
<b>19</b>	<b>Ka Man Leung</b>	<b>47:23</b>	5:06	6:27	8:38	20:41	22:10	24:08	26:15	27:22	30:04	32:07	33:53	34:35	35:53	40:40	42:42	43:15	44:06	46:49	47:23		
	<b>OD</b>		5:06	1:21	2:11	12:03	1:29	1:58	2:07	1:07	2:42	2:03	1:46	0:42	1:18	4:47	2:02	0:33	0:51	2:43	0:34		
<b>20</b>	<b>Tom Hards</b>	<b>47:40</b>	4:26	6:16	8:39	18:44	20:19	22:02	24:03	25:16	27:59	29:58	31:48	32:33	33:36	38:14	40:11	43:43	44:39	47:07	47:40		
	<b>NGOC</b>		4:26	1:50	2:23	10:05	1:35	1:43	2:01	1:13	2:43	1:59	1:50	0:45	1:03	4:38	1:57	0:32	0:56	2:28	0:33		
<b>21</b>	<b>Neil Albert</b>	<b>47:45</b>	5:23	6:36	8:32	19:13	20:44	22:28	24:39	25:43	28:16	30:34	32:29	33:11	34:38	39:55	42:19	43:10	44:08	47:02	47:45		
	<b>NGOC</b>		5:23	1:13	1:56	10:41	1:31	1:44	2:11	1:04	2:33	2:18	1:55	0:42	1:27	5:17	2:24	0:51	0:58	2:54	0:43		
<b>22</b>	<b>Kath Atkins</b>	<b>47:46</b>	4:46	6:11	8:25	19:27	21:05	22:58	25:14	26:24	29:19	31:30	33:27	34:22	35:48	40:48	43:00	43:34	44:20	47:09	47:46		
	<b>HOC</b>		4:46	1:25	2:14	11:02	1:38	1:53	2:16	1:10	2:55	2:11	1:57	0:55	1:26	5:00	2:12	0:34	0:46	2:49	0:37		
<b>23</b>	<b>Peter Stubberfield</b>	<b>48:17</b>	4:38	5:57	8:05	19:03	20:30	22:03	23:58	25:24	28:01	30:41	32:22	33:04	34:24	39:00	41:17	41:54	44:54	47:40	48:17		
	<b>SO</b>		4:38	1:19	2:08	10:58	1:27	1:33	1:55	1:26	2:37	2:40	1:41	0:42	1:20	4:36	2:17	0:37	3:00	2:46	0:37		
<b>24</b>	<b>Megan Ashton</b>	<b>48:22</b>	4:46	6:10	8:17	12:04	22:35	24:21	26:33	27:51	31:01	33:07	34:56	35:43	36:59	41:23	43:32	44:18	45:08	47:45	48:22		
	<b>RMOG</b>		4:46	1:24	2:07	12:47	1:31	1:46	2:12	1:18	3:10	2:06	1:49	0:47	1:16	4:24	2:09	0:46	0:50	2:37	0:37		
<b>25</b>	<b>Jeremy Tonge</b>	<b>48:33</b>	4:17	5:47	9:52	20:45	22:26	24:09	26:23	27:30	30:10	32:23	34:17	35:09	36:30	41:28	43:39	44:20	45:11	47:54	48:33		
	<b>BOK</b>		4:17	1:30	4:05	10:53	1:41	1:															

Pl	Name	Time	8.5 km 25 m		18 C		(cont.)														
			1(220)	2(214)	3(215)	4(206)	5(213)	6(204)	7(205)	8(206)	9(208)	10(211)	11(212)	12(209)	13(207)	14(219)	15(201)	16(222)	17(202)	18(31)	Finish
<b>30</b>	<b>Robert Rose</b>	<b>50:59</b>	4:41	6:05	9:06	21:22	22:59	24:45	27:13	28:29	31:22	33:30	35:22	36:12	37:45	42:44	45:01	46:06	47:08	50:13	50:59
	<b>HOC</b>		4:41	1:24	3:01	12:16	1:37	1:46	2:28	1:16	2:53	2:08	1:52	0:50	1:33	4:59	2:17	1:05	1:02	3:05	0:46
<b>31</b>	<b>Tom Baker</b>	<b>54:08</b>	4:30	6:05	8:18	25:04	26:36	28:25	30:34	31:37	34:31	36:42	38:42	39:35	40:49	46:08	48:13	49:22	50:44	53:29	54:08
	<b>IND</b>		4:30	1:35	2:13	16:46	1:32	1:49	2:09	1:03	2:54	2:11	2:00	0:53	1:14	5:19	2:05	1:09	1:22	2:45	0:39
<b>32</b>	<b>Steve Williams</b>	<b>54:33</b>	5:03	6:23	8:45	21:40	25:37	27:34	30:46	32:01	35:13	37:37	39:33	40:18	41:33	46:21	48:25	49:24	50:57	53:55	54:33
	<b>NGOC</b>		5:03	1:20	2:22	12:55	3:57	1:57	3:12	1:15	3:12	2:24	1:56	0:45	1:15	4:48	2:04	0:59	1:33	2:58	0:38
<b>33</b>	<b>Marie-Anne Fischer</b>	<b>55:25</b>	5:53	7:23	10:06	23:43	25:29	27:22	30:02	31:21	34:34	36:55	39:07	40:03	41:33	46:50	49:17	50:05	51:25	54:42	55:25
	<b>TVOC</b>		5:53	1:30	2:43	13:37	1:46	1:53	2:40	1:19	3:13	2:21	2:12	0:56	1:30	5:17	2:27	0:48	1:20	3:17	0:43
<b>34</b>	<b>Neville Baker</b>	<b>55:30</b>	6:03	7:44	10:14	23:23	25:00	26:50	29:08	30:17	33:19	35:21	37:28	38:22	39:52	45:10	47:25	49:53	51:07	54:37	55:30
	<b>TVOC</b>		6:03	1:41	2:30	13:09	1:37	1:50	2:18	1:09	3:02	2:02	2:07	0:54	1:30	5:18	2:15	2:28	1:14	3:30	0:53
<b>35</b>	<b>Andrew Ryan</b>	<b>57:49</b>	4:45	6:09	8:34	21:50	23:47	25:46	29:15	30:58	34:39	37:13	39:32	40:31	42:05	48:03	50:56	52:02	53:16	56:56	57:49
	<b>IND</b>		4:45	1:24	2:25	13:16	1:57	1:59	3:29	1:43	3:41	2:34	2:19	0:59	1:34	5:58	2:53	1:06	1:14	3:40	0:53
<b>36</b>	<b>Samuel Taunton</b>	<b>62:35</b>	5:30	7:08	9:57	25:01	27:05	30:01	32:45	34:17	37:51	40:37	43:18	44:22	45:59	52:38	55:43	56:36	58:00	61:48	62:35
	<b>NGOC</b>		5:30	1:38	2:49	15:04	2:04	2:56	2:44	1:32	3:34	2:46	2:41	1:04	1:37	6:39	3:05	0:53	1:24	3:48	0:47
<b>37</b>	<b>Aaron Madeley</b>	<b>78:32</b>	6:09	8:03	12:00	32:29	35:12	37:54	41:22	43:34	48:00	51:15	54:51	56:21	58:51	66:55	70:09	71:13	72:49	77:42	78:32
	<b>OD</b>		6:09	1:54	3:57	20:29	2:43	2:42	3:28	2:12	4:26	3:15	3:36	1:30	2:30	8:04	3:14	1:04	1:36	4:53	0:50
	<b>Alison Innes</b>	<b>mp</b>	6:54	8:54	11:56	29:00	31:18	33:44	36:46	38:31	42:45	46:09	----	47:50	49:45	57:18	60:15	61:16	62:35	66:38	67:32
	<b>WSX</b>		6:54	2:00	3:02	17:04	2:18	2:26	3:02	1:45	4:14	3:24		1:41	1:55	7:33	2:57	1:01	1:19	4:03	0:54

Pl	Name	Time	7.1 km 20 m		16 C		Finish														
			1(228)	2(214)	3(217)	4(205)	5(227)	6(206)	7(204)	8(208)	9(211)	10(209)	11(207)	12(218)	13(201)	14(203)	15(202)	16(31)	Finish		
<b>1</b>	<b>James Clemence</b>	<b>37:20</b>	3:45	<b>5:07</b>	<b>6:17</b>	<b>16:25</b>	<b>17:15</b>	<b>17:52</b>	<b>19:16</b>	<b>21:44</b>	<b>23:41</b>	<b>24:47</b>	<b>26:00</b>	<b>29:15</b>	<b>32:40</b>	<b>33:18</b>	<b>34:10</b>	<b>36:41</b>	<b>37:20</b>		
	<b>SWOC</b>		3:45	<b>1:22</b>	1:10	<b>10:08</b>	0:50	0:37	1:24	2:28	1:57	1:06	1:13	3:15	3:25	0:38	<b>0:52</b>	2:31	0:39		
<b>2</b>	<b>Caroline Craig</b>	<b>38:09</b>	3:54	5:21	6:33	17:12	18:01	18:35	20:09	22:45	24:36	25:44	27:05	30:04	33:10	33:50	34:50	37:33	38:09		
	<b>NGOC</b>		3:54	1:27	1:12	10:39	<b>0:49</b>	<b>0:34</b>	1:34	2:36	1:51	1:08	1:21	<b>2:59</b>	<b>3:06</b>	0:40	1:00	2:43	0:36		
<b>3</b>	<b>Andy Emmerson</b>	<b>38:55</b>	4:20	5:50	7:01	17:35	18:29	19:06	20:39	23:08	24:58	26:08	27:20	30:23	33:49	34:25	35:38	38:18	38:55		
	<b>OD</b>		4:20	1:30	1:11	10:34	0:54	0:37	1:33	2:29	1:50	1:10	1:12	3:03	3:26	0:36	1:13	2:40	0:37		
<b>4</b>	<b>Barry Elkington</b>	<b>39:09</b>	4:53	6:21	7:34	17:54	18:45	19:19	20:54	23:01	25:01	26:07	27:30	30:59	34:16	34:57	35:52	38:28	39:09		
	<b>OD</b>		4:53	1:28	1:13	10:20	0:51	<b>0:34</b>	1:35	2:07	2:00	1:06	1:23	3:29	3:17	0:41	0:55	2:36	0:41		
<b>5</b>	<b>Chris Hooker</b>	<b>39:21</b>	3:50	5:14	6:58	17:19	18:09	18:48	20:41	22:59	24:59	26:09	27:50	30:57	34:07	35:19	36:14	38:49	39:21		
	<b>SO</b>		3:50	1:24	1:44	10:21	0:50	0:39	1:53	2:18	2:00	1:10	1:41	3:07	3:10	1:12	0:55	2:35	<b>0:32</b>		
<b>6</b>	<b>Bob Dredge</b>	<b>39:39</b>	4:15	5:45	6:59	18:23	19:16	19:55	21:36	23:45	25:48	27:05	28:19	31:22	34:41	35:27	36:32	39:00	39:39		
	<b>WCH</b>		4:15	1:30	1:14	11:24	0:53	0:39	1:41	2:09	2:03	1:17	1:14	3:03	3:19	0:46	1:05	<b>2:28</b>	0:39		
<b>7</b>	<b>Andrew Hartley</b>	<b>40:03</b>	3:45	5:34	6:43	17:18	18:14	19:03	20:33	22:59	24:57	26:53	28:03	31:30	35:04	35:44	36:51	39:31	40:03		
	<b>NGOC</b>		3:45	1:49	1:09	10:35	0:56	0:49	1:30	2:26	1:58	1:56	1:10	3:27	3:34	0:40	1:07	2:40	<b>0:32</b>		
<b>8</b>	<b>Philip Eeles</b>	<b>40:28</b>	3:55	5:25	7:09	18:19	19:11	19:52	21:29	23:40	25:41	26:54	28:11	31:15	34:41	35:32	36:41	39:44	40:28		
	<b>SOC</b>		3:55	1:30	1:44	11:10	0:52	0:41	1:37	2:11	2:01	1:13	1:17	3:04	3:26	0:51	1:09	3:03	0:44		
<b>9</b>	<b>Roger Thetford</b>	<b>40:36</b>	6:35	7:59	9:06	19:20	20:24	20:59	22:28	24:48	26:36	27:44	28:52	31:59	35:48	36:23	37:18	39:58	40:36		
	<b>TVOC</b>		6:35	1:24	<b>1:07</b>	10:14	1:04	0:35	1:29	2:20	1:48	1:08	<b>1:08</b>	3:07	3:49	<b>0:35</b>	0:55	2:40	0:38		
<b>10</b>	<b>Mike Snell</b>	<b>40:53</b>	4:35	6:18	8:32	19:23	20:42	21:24	22:55	25:00	26:55	28:02	29:18	32:27	35:55	36:35	37:30	40:18	40:53		
	<b>OD</b>		4:35	1:43	2:14	10:51	1:19	0:42	1:31	2:05	1:55	1:07	1:16	3:09	3:28	0:40	0:55	2:48	0:35		
<b>11</b>	<b>Russell Finch</b>	<b>41:16</b>	4:29	6:03	8:20	18:43	19:49	20:26	21:55	24:13	26:16	27:22	28:36	31:50	35:09	35:48	36:53	40:41	41:16		
	<b>SWOC</b>		4:29	1:34	2:17	10:23	1:06	0:37	1:29	2:18	2:03	1:06	1:14	3:14	3:19	0:39	1:05	3:48	0:35		
<b>12</b>	<b>Clive Richardson</b>	<b>41:30</b>	4:23	5:54	7:13	19:10	20:07	21:09	22:42	25:23	27:11	28:28	29:43	32:59	36:17	37:03	38:10	40:51	41:30		
	<b>WRE</b>		4:23	1:31	1:19	11:57	0:57	1:02	1:33	2:41	1:48	1:17	1:15	3:16	3:18	0:46	1:07	2:41	0:39		
<b>13</b>	<b>Christine Farr</b>	<b>42:18</b>	4:12	5:54	7:16	19:18	20:32	21:11	22:49	25:07	27:19	28:32	29:56	33:23	36:54	37:42	38:45	41:38	42:18		
	<b>SWOC</b>		4:12	1:42	1:22	12:02	1:14	0:39	1:38	2:18	2:12	1:13	1:24	3:27	3:31	0:48	1:03	2:53	0:40		
<b>14</b>	<b>Mike Frizzell</b>	<b>42:26</b>	4:25	6:04	7:31	19:27	20:24	21:07	22:45	25:12	27:14	28:35	29:57	33:34	36:58	37:43	38:45	41:45	42:26		
	<b>BADO</b>		4:25	1:39	1:27	11:56	0:57	0:43	1:38	2:27	2:02	1:21	1:22	3:37	3:24	0:45	1:02	3:00	0:41		
<b>15</b>	<b>Chris Atkins</b>	<b>42:37</b>	4:04	5:53	7:04	18:22	19:19	20:00	22:01	24:42	27:18	28:38	30:02	33:31	37:18	38:02	39:10	42:02	42:37		
	<b>BOK</b>		4:04	1:49	1:11	11:18	0:57	0:41	2:01	2:41	2:36	1:20	1:24	3:29	3:47	0:44	1:08	2:52	0:35		
<b>16</b>	<b>Lesley Ross</b>	<b>42:48</b>	4:44	6:40	7:57	19:50	20:44	21:30	23:10	25:26	27:27	29:04	30:20	33:41	37:30	38:17	39:16	42:06	42:48		
	<b>OD</b>		4:44	1:56	1:17	11:53	0:54	0:46	1:40	2:16	2:01	1:37	1:16	3:21	3:49	0:47	0:59	2:50	0:42		</

Pl	Name	Time	Blue (50)																Finish
			7.1 km	20 m	16 C	(cont.)													
			1(228)	2(214)	3(217)	4(205)	5(227)	6(206)	7(204)	8(208)	9(211)	10(209)	11(207)	12(218)	13(201)	14(203)	15(202)	16(31)	
19	Steve Robertson QO	45:39	4:32	6:21	7:35	19:38	20:45	21:31	23:46	26:24	28:34	29:57	31:29	35:45	39:49	40:34	41:39	44:53	45:39
			4:32	1:49	1:14	12:03	1:07	0:46	2:15	2:38	2:10	1:23	1:32	4:16	4:04	0:45	1:05	3:14	0:46
20	Sandy Burgon BOK	45:42	4:32	6:18	7:42	20:20	21:20	21:59	23:41	26:19	28:39	29:55	31:24	35:06	38:51	40:15	41:48	45:00	45:42
			4:32	1:46	1:24	12:38	1:00	0:39	1:42	2:38	2:20	1:16	1:29	3:42	3:45	1:24	1:33	3:12	0:42
21	David Faulkner BOK	46:06	4:44	6:25	8:08	19:55	21:02	21:46	23:38	26:00	28:19	29:40	31:09	35:09	39:54	40:43	42:39	45:27	46:06
			4:44	1:41	1:43	11:47	1:07	0:44	1:52	2:22	2:19	1:21	1:29	4:00	4:45	0:49	1:56	2:48	0:39
21	Joe Parkinson NGOC	46:06	4:38	6:40	7:56	20:07	21:07	21:49	23:37	26:11	28:34	29:54	31:17	35:33	39:50	40:31	42:05	45:25	46:06
			4:38	2:02	1:16	12:11	1:00	0:42	1:48	2:34	2:23	1:20	1:23	4:16	4:17	0:41	1:34	3:20	0:41
23	John Smith OD	47:14	4:33	6:17	7:41	20:00	21:09	21:57	25:48	28:51	31:14	32:29	34:00	37:49	41:32	42:15	43:23	46:33	47:14
			4:33	1:44	1:24	12:19	1:09	0:48	3:51	3:03	2:23	1:15	1:31	3:49	3:43	0:43	1:08	3:10	0:41
24	Ian Prosser BAOC	47:39	5:35	7:43	9:04	21:09	22:37	23:26	25:22	27:44	30:00	31:23	33:00	36:35	41:26	42:24	43:39	46:56	47:39
			5:35	2:08	1:21	12:05	1:28	0:49	1:56	2:22	2:16	1:23	1:37	3:35	4:51	0:58	1:15	3:17	0:43
25	Carol Prosser BAOC	48:35	4:58	6:47	8:06	21:07	22:09	23:03	25:32	28:26	30:45	32:04	33:38	37:36	41:53	43:15	44:25	47:43	48:35
			4:58	1:49	1:19	13:01	1:02	0:54	2:29	2:54	2:19	1:19	1:34	3:58	4:17	1:22	1:10	3:18	0:52
26	Paul Hammond HOC	48:48	4:42	6:31	7:57	21:23	22:34	23:28	25:41	28:41	31:13	32:37	34:13	38:19	42:55	43:59	45:15	48:13	48:48
			4:42	1:49	1:26	13:26	1:11	0:54	2:13	3:00	2:32	1:24	1:36	4:06	4:36	1:04	1:16	2:58	0:35
27	Esther Woods RAFO	49:19	4:11	6:05	7:47	21:15	22:40	23:22	25:35	29:14	31:37	33:23	34:59	39:18	43:47	44:27	45:34	48:41	49:19
			4:11	1:54	1:42	13:28	1:25	0:42	2:13	3:39	2:23	1:46	1:36	4:19	4:29	0:40	1:07	3:07	0:38
28	Richard Davies HOC	49:30	4:54	6:42	9:06	22:09	23:26	24:13	26:07	29:12	32:03	33:27	35:04	39:37	43:45	44:40	45:45	48:46	49:30
			4:54	1:48	2:24	13:03	1:17	0:47	1:54	3:05	2:51	1:24	1:37	4:33	4:08	0:55	1:05	3:01	0:44
29	Tom Birthwright NGOC	49:58	4:09	5:44	7:05	21:14	22:20	23:07	25:16	28:26	31:28	32:58	34:56	39:02	43:10	44:08	45:18	49:10	49:58
			4:09	1:35	1:21	14:09	1:06	0:47	2:09	3:10	3:02	1:30	1:58	4:06	4:08	0:58	1:10	3:52	0:48
30	David Potter BOK	50:59	5:38	7:31	9:00	23:10	24:21	25:10	26:58	29:44	32:19	33:50	35:29	39:33	44:29	45:21	46:41	50:09	50:59
			5:38	1:53	1:29	14:10	1:11	0:49	1:48	2:46	2:35	1:31	1:39	4:04	4:56	0:52	1:20	3:28	0:50
31	Alan Pucill NGOC	51:36	4:58	6:59	8:35	22:50	24:00	24:55	26:52	29:53	32:32	34:00	35:42	40:19	44:52	45:55	47:41	51:00	51:36
			4:58	2:01	1:36	14:15	1:10	0:55	1:57	3:01	2:39	1:28	1:42	4:37	4:33	1:03	1:46	3:19	0:36
32	Ian Pickering HOC	51:44	5:17	7:02	9:20	22:16	23:25	24:18	27:00	29:39	32:13	34:43	36:19	40:07	44:40	45:59	47:40	51:07	51:44
			5:17	1:45	2:18	12:56	1:09	0:53	2:42	2:39	2:34	2:30	1:36	3:48	4:33	1:19	1:41	3:27	0:37
33	Greg Best NGOC	51:59	8:01	9:51	11:20	25:15	26:20	27:04	28:48	32:00	34:37	36:08	37:43	41:37	45:36	46:23	47:44	51:14	51:59
			8:01	1:50	1:29	13:55	1:05	0:44	1:44	3:12	2:37	1:31	1:35	3:54	3:59	0:47	1:21	3:30	0:45
34	Ian Phillips NGOC	52:19	4:47	7:02	9:02	23:11	24:26	25:19	27:14	30:00	32:34	34:12	35:45	40:24	45:40	46:47	48:12	51:30	52:19
			4:47	2:15	2:00	14:09	1:15	0:53	1:55	2:46	2:34	1:38	1:33	4:39	5:16	1:07	1:25	3:18	0:49
35	Rachel Dennis BOK	52:52	5:32	7:35	9:07	23:22	24:26	25:13	27:13	30:03	32:39	34:13	35:52	40:48	45:48	46:40	47:54	51:59	52:52
			5:32	2:03	1:32	14:15	1:04	0:47	2:00	2:50	2:36	1:34	1:39	4:56	5:00	0:52	1:14	4:05	0:53
36	Louise Tonge BOK	52:56	4:28	6:42	9:18	22:08	23:35	24:25	29:30	32:18	34:33	36:12	38:05	42:37	46:34	47:30	48:47	52:12	52:56
			4:28	2:14	2:36	12:50	1:27	0:50	5:05	2:48	2:15	1:39	1:53	4:32	3:57	0:56	1:17	3:25	0:44
37	Kevin Ross OD	53:08	4:44	6:33	11:40	24:55	25:54	26:57	28:54	32:13	34:43	36:02	37:34	41:41	46:33	47:33	48:50	52:28	53:08
			4:44	1:49	5:07	13:15	0:59	1:03	1:57	3:19	2:30	1:19	1:32	4:07	4:52	1:00	1:17	3:38	0:40
38	Steve Chiverton HOC	53:13	5:13	7:28	9:17	23:44	24:54	25:41	27:55	30:44	33:24	35:35	37:04	41:22	46:17	47:23	48:53	52:22	53:13
			5:13	2:15	1:49	14:27	1:10	0:47	2:14	2:49	2:40	2:11	1:29	4:18	4:55	1:06	1:30	3:29	0:51
39	Steve Lee NGOC	53:29	5:13	7:15	10:15	24:56	26:08	27:04	28:53	31:51	34:30	37:26	38:57	42:58	47:15	48:20	49:40	52:52	53:29
			5:13	2:02	3:00	14:41	1:12	0:56	1:49	2:58	2:39	2:56	1:31	4:01	4:17	1:05	1:20	3:12	0:37
40	John Miklausic NGOC	54:54	3:38	5:08	6:20	32:46	33:37	34:17	35:38	37:34	39:21	40:25	42:01	45:20	49:17	50:16	51:28	54:18	54:54
			3:38	1:30	1:12	26:26	0:51	0:40	1:21	1:56	1:47	1:04	1:36	3:19	3:57	0:59	1:12	2:50	0:36
41	Jess Miklausic NGOC	57:10	6:02	8:15	9:59	24:44	26:06	27:00	29:51	33:05	35:51	37:34	39:19	44:23	49:44	51:01	52:40	56:31	57:10
			6:02	2:13	1:44	14:45	1:22	0:54	2:51	3:14	2:46	1:43	1:45	5:04	5:21	1:17	1:39	3:51	0:39
42	Michelle Ward NGOC	57:21	5:36	7:36	9:13	25:52	26:58	28:02	30:29	33:20	36:20	37:58	40:04	45:19	50:22	51:28	52:49	56:34	57:21
			5:36	2:00	1:37	16:39	1:06	1:04	2:27	2:51	3:00	1:38	2:06	5:15	5:03	1:06	1:21	3:45	0:47
43	Ruth Landrigan BOK	57:44	5:45	7:57	9:39	25:26	26:41	27:36	29:34	33:19	36:07	37:49	39:32	45:03	49:50	50:56	52:21	56:50	57:44
			5:45	2:12	1:42	15:47	1:15	0:55	1:58	3:45	2:48	1:42	1:43	5:31	4:47	1:06	1:25	4:29	0:54
44	Miranda Mackereth HOC	57:47	5:45	7:54	9:31	25:03	26:32	27:26	29:39	33:10	36:04	37:49	39:39	44:06	49:34	50:39	52:31	56:52	57:47
			5:45	2:09	1:37	15:32	1:29	0:54	2:13	3:31	2:54	1:45	1:50	4:27	5:28	1:05	1:52	4:21	0:55
45	Richard Rossington BOK	58:22	8:09	10:20	13:12	28:16	29:29	30:33	32:55	36:26	39:06	40:35	42:15	47:04	51:27	52:25	54:03	57:43	58:22
			8:09	2:11	2:52	15:04	1:13	1:04	2:22	3:31	2:40	1:29	1:40	4:49	4:23	0:58	1:38	3:40	0:39
46	Debbie Townsend IND	61:17	5:59	8:20	10:32	26:18	28:35	29:34	32:23	35:05	38:34	40:26	42:26	47:07	51:54	53:51	56:09	60:30	61:17
			5:59	2:21	2:12	15:46	2:17	0:59	2:49	2:42	3:29	1:52	2:00	4:41	4:47	1:57	2:18	4:21	0:47
47	Paul Taunton NGOC	61:26	6:25	9:02	11:01	27:32	28:52	29:48	31:51	35:51	39:01	41:46	43:38	48:21	53:29	54:44	56:16	60:35	

Pl	Name	Time	7.1 km		20 m		16 C		(cont.)										
			1(228)	2(214)	3(217)	4(205)	5(227)	6(206)	7(204)	8(208)	9(211)	10(209)	11(207)	12(218)	13(201)	14(203)	15(202)	16(31)	Finish
<b>Blue (50)</b>																			
<b>48</b>	<b>Marissa Hughes</b>	<b>63:40</b>	6:26	8:39	10:42	27:31	28:58	29:50	32:55	36:24	40:44	42:36	44:35	49:12	55:06	56:52	58:33	62:48	63:40
	<b>TVOC</b>		6:26	2:13	2:03	16:49	1:27	0:52	3:05	3:29	4:20	1:52	1:59	4:37	5:54	1:46	1:41	4:15	0:52
<b>49</b>	<b>Judith Taylor</b>	<b>66:49</b>	6:15	8:52	10:27	28:44	29:58	31:04	34:02	38:05	41:05	43:05	45:05	50:57	57:25	58:45	60:35	65:53	66:49
	<b>NGOC</b>		6:15	2:37	1:35	18:17	1:14	1:06	2:58	4:03	3:00	2:00	2:00	5:52	6:28	1:20	1:50	5:18	0:56
	<b>Nick Dennis</b>	<b>mp</b>	4:36	6:17	7:36	20:05	----	21:22	23:09	25:30	27:38	28:47	30:12	33:42	37:11	38:04	39:05	42:15	42:55
	<b>BOK</b>		4:36	1:41	1:19	12:29		1:17	1:47	2:21	2:08	1:09	1:25	3:30	3:29	0:53	1:01	3:10	0:40
<b>Green (46)</b>																			
			1(202)	2(222)	3(201)	4(216)	5(227)	6(208)	7(209)	8(207)	9(204)	10(203)	11(221)	12(31)	Finish				
<b>1</b>	<b>Kevin Brooker</b>	<b>27:44</b>	4:01	5:10	5:51	<b>9:45</b>	<b>11:58</b>	<b>14:50</b>	<b>16:55</b>	<b>18:11</b>	<b>21:18</b>	<b>23:17</b>	<b>26:04</b>	<b>27:07</b>	<b>27:44</b>				
	<b>NGOC</b>		4:01	1:09	0:41	<b>3:54</b>	<b>2:13</b>	<b>2:52</b>	2:05	1:16	3:07	1:59	<b>2:47</b>	<b>1:03</b>	0:37				
<b>2</b>	<b>Peter Maliphant</b>	<b>29:51</b>	4:07	4:58	5:40	10:03	12:28	15:39	17:39	19:04	22:24	24:30	27:59	29:15	29:51				
	<b>BOK</b>		4:07	<b>0:51</b>	0:42	4:23	2:25	3:11	2:00	1:25	3:20	2:06	3:29	1:16	0:36				
<b>2</b>	<b>Andrew White</b>	<b>29:51</b>	4:06	5:04	5:50	10:03	12:27	15:33	17:41	18:58	22:12	24:18	27:54	29:08	29:51				
	<b>HOC</b>		4:06	0:58	0:46	4:13	2:24	3:06	2:08	1:17	3:14	2:06	3:36	1:14	0:43				
<b>4</b>	<b>Ginny Hudson</b>	<b>29:55</b>	4:12	5:14	6:03	10:46	13:07	16:12	18:04	19:27	22:33	24:37	28:08	29:16	29:55				
	<b>NGOC</b>		4:12	1:02	0:49	4:43	2:21	3:05	1:52	1:23	3:06	2:04	3:31	1:08	0:39				
<b>5</b>	<b>John Simmons</b>	<b>30:39</b>	4:48	6:00	6:53	12:06	14:26	17:29	19:29	21:08	24:14	26:03	29:02	30:08	30:39				
	<b>BOK</b>		4:48	1:12	0:53	5:13	2:20	3:03	2:00	1:39	3:06	<b>1:49</b>	2:59	1:06	<b>0:31</b>				
<b>6</b>	<b>Nigel Houlst</b>	<b>30:43</b>	5:33	6:46	7:38	11:51	14:52	18:04	19:54	21:15	24:22	26:12	29:01	30:09	30:43				
	<b>BKO</b>		5:33	1:13	0:52	4:13	3:01	3:12	<b>1:50</b>	1:21	3:07	1:50	2:49	1:08	0:34				
<b>7</b>	<b>David May</b>	<b>31:07</b>	3:57	5:05	6:02	10:37	13:13	16:36	18:38	20:12	23:38	25:48	29:08	30:23	31:07				
	<b>SLOW</b>		3:57	1:08	0:57	4:35	2:36	3:23	2:02	1:34	3:26	2:10	3:20	1:15	0:44				
<b>8</b>	<b>Alison Simmons</b>	<b>31:38</b>	<b>3:49</b>	<b>4:45</b>	<b>5:39</b>	10:14	12:28	15:25	17:16	18:31	22:21	26:17	29:51	30:58	31:38				
	<b>BOK</b>		<b>3:49</b>	0:56	0:54	4:35	2:14	2:57	1:51	<b>1:15</b>	3:50	3:56	3:34	1:07	0:40				
<b>9</b>	<b>Ian Prowse</b>	<b>31:57</b>	4:14	5:28	7:03	11:16	13:53	17:09	19:28	20:53	24:22	26:30	29:57	31:11	31:57				
	<b>NGOC</b>		4:14	1:14	1:35	4:13	2:37	3:16	2:19	1:25	3:29	2:08	3:27	1:14	0:46				
<b>10</b>	<b>David Palmer</b>	<b>33:06</b>	4:36	6:01	6:53	12:29	15:16	18:27	20:32	21:58	25:29	27:40	31:14	32:26	33:06				
	<b>BOK</b>		4:36	1:25	0:52	5:36	2:47	3:11	2:05	1:26	3:31	2:11	3:34	1:12	0:40				
<b>11</b>	<b>Hal Young</b>	<b>33:11</b>	5:11	6:21	7:21	12:42	15:15	18:41	20:45	22:23	25:29	27:31	31:02	32:29	33:11				
	<b>NGOC</b>		5:11	1:10	1:00	5:21	2:33	3:26	2:04	1:38	3:06	2:02	3:31	1:27	0:42				
<b>12</b>	<b>Carolyn Dent</b>	<b>33:32</b>	5:12	6:10	6:57	12:11	14:52	18:24	20:28	21:54	25:29	27:51	31:27	32:48	33:32				
	<b>BOK</b>		5:12	0:58	0:47	5:14	2:41	3:32	2:04	1:26	3:35	2:22	3:36	1:21	0:44				
<b>13</b>	<b>Mike Hampton</b>	<b>33:53</b>	4:50	5:50	6:38	11:54	14:40	18:09	20:17	21:48	25:22	27:44	31:37	33:02	33:53				
	<b>OD</b>		4:50	1:00	0:48	5:16	2:46	3:29	2:08	1:31	3:34	2:22	3:53	1:25	0:51				
<b>14</b>	<b>Si Read</b>	<b>33:54</b>	5:41	7:47	9:01	13:10	15:52	18:57	21:06	22:28	25:24	28:05	31:47	33:18	33:54				
	<b>IND</b>		5:41	2:06	1:14	4:09	2:42	3:05	2:09	1:22	<b>2:56</b>	2:41	3:42	1:31	0:36				
<b>15</b>	<b>Jill Emmerson</b>	<b>34:06</b>	4:49	6:36	7:33	12:42	15:19	18:49	21:08	22:41	26:03	28:34	32:06	33:22	34:06				
	<b>OD</b>		4:49	1:47	0:57	5:09	2:37	3:30	2:19	1:33	3:22	2:31	3:32	1:16	0:44				
<b>16</b>	<b>Mike Farrington</b>	<b>34:58</b>	5:35	6:57	7:48	12:59	15:47	19:27	21:52	23:23	27:18	29:38	33:00	34:16	34:58				
	<b>HOC</b>		5:35	1:22	0:51	5:11	2:48	3:40	2:25	1:31	3:55	2:20	3:22	1:16	0:42				
<b>17</b>	<b>Carol Dredge</b>	<b>35:09</b>	4:39	5:51	7:04	11:56	15:06	19:18	21:56	23:31	26:55	29:17	33:00	34:22	35:09				
	<b>WCH</b>		4:39	1:12	1:13	4:52	3:10	4:12	2:38	1:35	3:24	2:22	3:43	1:22	0:47				
<b>18</b>	<b>Pat MacLeod</b>	<b>35:19</b>	4:34	5:49	6:54	11:28	14:14	18:02	21:21	22:57	26:44	29:21	33:08	34:26	35:19				
	<b>NGOC</b>		4:34	1:15	1:05	4:34	2:46	3:48	3:19	1:36	3:47	2:37	3:47	1:18	0:53				
<b>19</b>	<b>Chris Johnson</b>	<b>35:24</b>	4:36	5:59	6:46	11:40	14:39	18:38	20:53	22:23	27:18	29:33	33:23	34:39	35:24				
	<b>BOK</b>		4:36	1:23	0:47	4:54	2:59	3:59	2:15	1:30	4:55	2:15	3:50	1:16	0:45				
<b>20</b>	<b>Dave Hartley</b>	<b>35:30</b>	5:17	6:52	7:35	12:29	15:10	18:48	22:27	24:01	27:29	29:51	33:33	34:51	35:30				
	<b>NGOC</b>		5:17	1:35	0:43	4:54	2:41	3:38	3:39	1:34	3:28	2:22	3:42	1:18	0:39				
<b>21</b>	<b>John Fallows</b>	<b>36:01</b>	4:03	5:10	5:51	10:57	14:04	18:08	20:39	22:20	26:17	29:18	33:46	35:18	36:01				
	<b>NGOC</b>		4:03	1:07	0:41	5:06	3:07	4:04	2:31	1:41	3:57	3:01	4:28	1:32	0:43				
<b>22</b>	<b>Neil Cameron</b>	<b>36:06</b>	5:34	7:36	8:19	13:17	16:07	19:57	22:16	23:44	27:15	29:46	34:01	35:24	36:06				
	<b>NGOC</b>		5:34	2:02	0:43	4:58	2:50	3:50	2:19	1:28	3:31	2:31	4:15	1:23	0:42				
<b>23</b>	<b>Marian White</b>	<b>36:28</b>	4:59	6:13	7:33	12:55	15:46	19:38	21:51	23:20	27:34	30:11	34:15	35:47	36:28				
	<b>HOC</b>		4:59	1:14	1:20	5:22	2:51	3:52	2:13	1:29	4:14	2:37	4:04	1:32	0:41				
<b>24</b>	<b>Adell Cooper</b>	<b>36:41</b>	5:19	6:30	7:18	14:30	17:07	20:41	22:54	24:46	28:32	30:48	34:37	35:58	36:41				
	<b>NWO</b>		5:19	1:11	0:48	7:12	2:37	3:34	2:13	1:52	3:46	2:16	3:49	1:21	0:43				

Pl	Name	Time	5.0 km		15 m		12 C		(cont.)							
			1(202)	2(222)	3(201)	4(216)	5(227)	6(208)	7(209)	8(207)	9(204)	10(203)	11(221)	12(31)	Finish	
<b>Green (46)</b>																
24	Caroline Potter BOK	36:41	6:28	8:21	9:08	13:56	16:51	20:35	22:45	24:29	28:49	31:18	34:44	35:59	36:41	7:53
			6:28	1:53	0:47	4:48	2:55	3:44	2:10	1:44	4:20	2:29	3:26	1:15	0:42	*203
26	Ashleigh Denman NGOC	37:04	5:40	7:28	8:36	14:36	17:26	20:58	23:14	24:41	28:26	31:19	34:59	36:21	37:04	
			5:40	1:48	1:08	6:00	2:50	3:32	2:16	1:27	3:45	2:53	3:40	1:22	0:43	
27	Brian Curtis BOK	39:20	7:10	8:11	9:03	13:49	16:48	20:52	23:07	24:45	29:20	32:14	36:52	38:25	39:20	
			7:10	1:01	0:52	4:46	2:59	4:04	2:15	1:38	4:35	2:54	4:38	1:33	0:55	
28	Alison Saunders HH	39:41	5:40	7:08	9:31	14:33	17:21	22:20	25:05	27:08	30:33	33:41	37:38	38:55	39:41	
			5:40	1:28	2:23	5:02	2:48	4:59	2:45	2:03	3:25	3:08	3:57	1:17	0:46	
29	Jenny Selley BOK	39:55	5:16	6:57	8:39	13:44	16:42	20:51	23:16	24:56	31:25	33:48	37:35	39:02	39:55	
			5:16	1:41	1:42	5:05	2:58	4:09	2:25	1:40	6:29	2:23	3:47	1:27	0:53	
30	Philip Kirk OD	40:34	6:57	8:32	9:23	14:45	17:56	21:52	24:30	26:11	30:29	33:33	38:00	39:46	40:34	
			6:57	1:35	0:51	5:22	3:11	3:56	2:38	1:41	4:18	3:04	4:27	1:46	0:48	
31	Ashley Ford HOC	40:36	6:05	7:09	8:00	13:57	17:22	21:39	24:14	26:03	30:26	33:27	37:52	39:34	40:36	
			6:05	1:04	0:51	5:57	3:25	4:17	2:35	1:49	4:23	3:01	4:25	1:42	1:02	
32	Alex Evans NGOC	41:10	5:22	7:36	8:24	15:03	17:55	22:42	25:52	27:25	31:16	34:20	38:54	40:29	41:10	
			5:22	2:14	0:48	6:39	2:52	4:47	3:10	1:33	3:51	3:04	4:34	1:35	0:41	
33	Ross Turmel IND	41:18	7:34	8:36	9:29	14:36	17:25	21:00	24:14	25:39	30:37	33:15	39:13	40:26	41:18	
			7:34	1:02	0:53	5:07	2:49	3:35	3:14	1:25	4:58	2:38	5:58	1:13	0:52	
34	Trevor Roberts MDOC	41:30	5:18	7:02	8:07	14:47	18:10	22:20	24:55	26:52	31:24	34:14	39:05	40:35	41:30	
			5:18	1:44	1:05	6:40	3:23	4:10	2:35	1:57	4:32	2:50	4:51	1:30	0:55	
35	Russ Fauset HOC	41:38	5:02	8:33	9:34	15:05	18:11	22:12	24:44	26:22	31:03	33:50	39:06	40:44	41:38	7:09
			5:02	3:31	1:01	5:31	3:06	4:01	2:32	1:38	4:41	2:47	5:16	1:38	0:54	*201
36	Sam Rooney IND	43:54	6:22	7:36	8:38	15:18	18:57	23:32	26:20	28:20	32:52	35:53	40:49	42:42	43:54	
			6:22	1:14	1:02	6:40	3:39	4:35	2:48	2:00	4:32	3:01	4:56	1:53	1:12	
37	Debbie Anderson BOK	44:55	5:44	7:09	8:19	14:41	18:32	23:07	26:42	28:34	33:27	36:49	41:48	43:53	44:55	
			5:44	1:25	1:10	6:22	3:51	4:35	3:35	1:52	4:53	3:22	4:59	2:05	1:02	
38	Helen Rossington BOK	45:18	7:22	9:11	10:01	15:39	19:41	23:47	26:41	28:28	32:38	37:37	42:43	44:17	45:18	
			7:22	1:49	0:50	5:38	4:02	4:06	2:54	1:47	4:10	4:59	5:06	1:34	1:01	
39	Marie Roberts MDOC	45:28	6:01	7:25	8:33	15:43	19:17	24:26	27:14	29:09	33:57	37:14	42:17	44:15	45:28	
			6:01	1:24	1:08	7:10	3:34	5:09	2:48	1:55	4:48	3:17	5:03	1:58	1:13	
40	Rosie Watson NGOC	46:07	6:00	8:44	9:19	16:09	19:10	23:58	27:55	29:43	34:37	37:49	43:46	45:26	46:07	
			6:00	2:44	<b>0:35</b>	6:50	3:01	4:48	3:57	1:48	4:54	3:12	5:57	1:40	0:41	
41	Kim Liggett NGOC	46:49	9:00	10:39	11:39	17:26	21:36	26:02	29:00	31:05	36:33	39:38	44:19	45:57	46:49	
			9:00	1:39	1:00	5:47	4:10	4:26	2:58	2:05	5:28	3:05	4:41	1:38	0:52	
42	Ros Taunton NGOC	48:05	6:17	9:58	10:58	18:25	22:02	26:49	29:43	31:50	36:51	40:07	45:15	47:07	48:05	
			6:17	3:41	1:00	7:27	3:37	4:47	2:54	2:07	5:01	3:16	5:08	1:52	0:58	
43	Andrew Payne DEE	49:32	6:04	7:36	8:43	16:01	19:58	25:22	28:40	30:59	36:23	40:06	45:57	48:10	49:32	
			6:04	1:32	1:07	7:18	3:57	5:24	3:18	2:19	5:24	3:43	5:51	2:13	1:22	
44	Lucy Tonge + Fin Fe BOK	52:13	5:26	7:31	8:22	15:19	18:35	22:47	27:06	30:39	35:20	38:20	42:42	51:23	52:13	45:26
			5:26	2:05	0:51	6:57	3:16	4:12	4:19	3:33	4:41	3:00	4:22	8:41	0:50	*33
45	Rhiannon Fadeyibi NGOC	61:06	14:45	17:00	18:20	26:11	31:12	36:08	40:20	43:10	49:18	52:40	57:59	60:15	61:06	
			14:45	2:15	1:20	7:51	5:01	4:56	4:12	2:50	6:08	3:22	5:19	2:16	0:51	
46	Kate Maliphant BOK	76:35	8:05	10:10	23:38	30:30	34:14	48:20	51:45	55:00	64:06	67:58	73:44	75:43	76:35	
			8:05	2:05	13:28	6:52	3:44	14:06	3:25	3:15	9:06	3:52	5:46	1:59	0:52	

Pl	Name	Time	3.7 km		15 m		11 C								
			1(219)	2(207)	3(209)	4(208)	5(206)	6(227)	7(204)	8(201)	9(203)	10(202)	11(31)	Finish	
1	Joanne Leigh OD	28:18	1:47	8:35	10:21	12:55	16:17	17:16	19:51	21:51	22:44	<b>23:57</b>	<b>27:33</b>	<b>28:18</b>	
			1:47	6:48	1:46	2:34	3:22	0:59	2:35	<b>2:00</b>	0:53	<b>1:13</b>	<b>3:36</b>	0:45	
2	Dougal Anderson BOK	30:33	1:45	8:09	9:57	12:47	16:03	17:08	19:34	21:46	23:26	25:28	29:49	30:33	
			1:45	6:24	1:48	2:50	<b>3:16</b>	1:05	2:26	2:12	1:40	2:02	4:21	0:44	
3	Brian Laycock HOC	30:38	1:46	8:22	10:11	12:49	16:38	17:34	20:02	22:27	23:31	25:32	29:50	30:38	
			1:46	6:36	1:49	2:38	3:49	0:56	2:28	2:25	1:04	2:01	4:18	0:48	
4	Claire Horsfall NGOC	30:41	2:08	9:29	11:31	14:02	17:42	18:50	21:26	23:35	24:43	26:17	29:54	30:41	
			2:08	7:21	2:02	2:31	3:40	1:08	2:36	2:09	1:08	1:34	3:37	0:47	
5	Peter Wilson BKO	31:53	1:40	8:43	10:52	13:57	18:01	18:58	21:16	23:53	24:58	26:28	31:09	31:53	
			1:40	7:03	2:09	3:05	4:04	0:57	2:18	2:37	1:05	1:30	4:41	0:44	

Pl	Name	Time	<b>3.7 km 15 m</b>		<b>11 C</b>		<i>(cont.)</i>						Finish	
			1(219)	2(207)	3(209)	4(208)	5(206)	6(227)	7(204)	8(201)	9(203)	10(202)		11(31)
<b>6</b>	<b>Denise Harper</b>	<b>32:01</b>	1:46	8:46	10:44	13:43	17:59	18:54	21:21	23:52	24:55	26:22	31:02	32:01
	<b>BKO</b>		1:46	7:00	1:58	2:59	4:16	0:55	2:27	2:31	1:03	1:27	4:40	0:59
<b>7</b>	<b>Karin Kirk</b>	<b>33:00</b>	3:21	10:52	13:02	15:47	19:29	20:41	23:30	25:38	26:35	28:03	32:09	33:00
	<b>OD</b>		3:21	7:31	2:10	2:45	3:42	1:12	2:49	2:08	0:57	1:28	4:06	0:51
<b>8</b>	<b>Ken Stimson</b>	<b>33:07</b>	3:03	9:41	11:38	14:17	18:23	20:01	23:04	25:13	26:33	28:21	32:24	33:07
	<b>NWO</b>		3:03	6:38	1:57	2:39	4:06	1:38	3:03	2:09	1:20	1:48	4:03	<b>0:43</b>
<b>9</b>	<b>Jean Payne</b>	<b>33:16</b>	1:55	9:00	10:55	14:08	18:30	19:21	22:23	24:55	26:06	27:51	32:13	33:16
	<b>DEE</b>		1:55	7:05	1:55	3:13	4:22	<b>0:51</b>	3:02	2:32	1:11	1:45	4:22	1:03
<b>10</b>	<b>Carol Farrington</b>	<b>35:41</b>	1:49	9:40	11:36	14:37	18:57	19:53	22:24	25:10	26:29	27:56	34:47	35:41
	<b>HOC</b>		1:49	7:51	1:56	3:01	4:20	0:56	2:31	2:46	1:19	1:27	6:51	0:54
<b>11</b>	<b>Christine King</b>	<b>36:01</b>	3:20	11:12	13:17	16:05	21:42	22:34	25:12	27:55	28:57	30:30	34:59	36:01
	<b>BOK</b>		3:20	7:52	2:05	2:48	5:37	0:52	2:38	2:43	1:02	1:33	4:29	1:02
<b>12</b>	<b>Robert Teed</b>	<b>36:05</b>	1:57	10:02	12:13	15:06	20:25	21:28	24:09	26:41	28:17	30:13	35:00	36:05
	<b>NGOC</b>		1:57	8:05	2:11	2:53	5:19	1:03	2:41	2:32	1:36	1:56	4:47	1:05
<b>13</b>	<b>Susan Hallett</b>	<b>36:51</b>	2:16	10:29	12:36	15:50	20:37	22:45	25:17	27:58	29:12	30:52	35:53	36:51
	<b>OD</b>		2:16	8:13	2:07	3:14	4:47	2:08	2:32	2:41	1:14	1:40	5:01	0:58
<b>14</b>	<b>Susan Curtis</b>	<b>37:40</b>	2:56	10:48	12:57	16:06	20:37	21:56	25:00	27:52	29:25	31:24	36:50	37:40
	<b>BOK</b>		2:56	7:52	2:09	3:09	4:31	1:19	3:04	2:52	1:33	1:59	5:26	0:50
<b>15</b>	<b>Anne-Marie Hillier</b>	<b>43:05</b>	2:44	12:32	14:51	18:10	23:33	24:57	27:43	30:48	33:47	36:33	42:09	43:05
	<b>BKO</b>		2:44	9:48	2:19	3:19	5:23	1:24	2:46	3:05	2:59	2:46	5:36	0:56
<b>16</b>	<b>Tony Noott</b>	<b>49:22</b>	3:13	18:31	21:05	24:52	30:14	31:24	34:50	38:14	39:40	41:54	47:52	49:22
	<b>BOK</b>		3:13	15:18	2:34	3:47	5:22	1:10	3:26	3:24	1:26	2:14	5:58	1:30
<b>17</b>	<b>David Lee</b>	<b>50:08</b>	4:53	13:52	16:03	20:42	28:00	29:18	32:58	36:18	37:32	39:53	48:49	50:08
	<b>NGOC</b>		4:53	8:59	2:11	4:39	7:18	1:18	3:40	3:20	1:14	2:21	8:56	1:19
<b>18</b>	<b>Robert Vickers</b>	<b>51:07</b>	3:16	13:30	16:35	20:55	29:36	31:02	34:36	38:17	39:41	42:05	49:27	51:07
	<b>HOC</b>		3:16	10:14	3:05	4:20	8:41	1:26	3:34	3:41	1:24	2:24	7:22	1:40
<b>19</b>	<b>Ross + Angie Innes</b>	<b>53:14</b>	7:30	17:41	20:24	24:14	31:07	34:04	37:22	40:40	43:08	45:38	52:06	53:14
	<b>IND</b>		7:30	10:11	2:43	3:50	6:53	2:57	3:18	3:18	2:28	2:30	6:28	1:08
<b>20</b>	<b>Alan MacKenzie</b>	<b>76:12</b>	12:04	25:46	29:35	34:32	42:12	43:38	48:23	55:36	57:45	61:13	74:29	76:12
	<b>BOK</b>		12:04	13:42	3:49	4:57	7:40	1:26	4:45	7:13	2:09	3:28	13:16	1:43
	<b>David Saunders</b>	<b>mp</b>	<b>1:18</b>	<b>6:33</b>	<b>8:10</b>	<b>10:27</b>	<b>13:44</b>	<b>15:04</b>	<b>17:03</b>	<b>19:05</b>	<b>19:50</b>	----	22:38	23:27
	<b>HH</b>		<b>1:18</b>	<b>5:15</b>	<b>1:37</b>	<b>2:17</b>	3:17	1:20	<b>1:59</b>	2:02	<b>0:45</b>		2:48	0:49

Pl	Name	Time	<b>3.4 km 10 m</b>		<b>8 C</b>						Finish		
			1(32)	2(33)	3(224)	4(223)	5(34)	6(35)	7(221)	8(31)			
<b>1</b>	<b>Jessica Ward</b>	<b>19:30</b>	2:02	4:08	8:01	10:14	11:46	15:09	17:50	19:02	<b>19:30</b>		
	<b>NGOC</b>		2:02	<b>2:06</b>	<b>3:53</b>	2:13	1:32	3:23	2:41	<b>1:12</b>	<b>0:28</b>		
<b>2</b>	<b>Finlay Anderson</b>	<b>19:37</b>	1:24	3:39	7:53	<b>10:04</b>	<b>11:32</b>	<b>14:54</b>	<b>17:33</b>	<b>18:50</b>	19:37		
	<b>BOK</b>		1:24	2:15	4:14	<b>2:11</b>	<b>1:28</b>	<b>3:22</b>	<b>2:39</b>	1:17	0:47		
<b>3</b>	<b>Max Johansson</b>	<b>24:50</b>	1:44	4:18	9:04	12:19	15:23	19:23	22:42	24:08	24:50		
	<b>NGOC</b>		1:44	2:34	4:46	3:15	3:04	4:00	3:19	1:26	0:42		
<b>4</b>	<b>Ben Mawer</b>	<b>25:15</b>	2:47	5:11	9:45	14:20	16:11	19:52	23:01	24:33	25:15		
	<b>BAOC</b>		2:47	2:24	4:34	4:35	1:51	3:41	3:09	1:32	0:42		
<b>5</b>	<b>Philip Crampton</b>	<b>26:49</b>	3:18	5:58	10:18	13:01	14:34	21:49	24:39	25:56	26:49		
	<b>IND</b>		3:18	2:40	4:20	2:43	1:33	7:15	2:50	1:17	0:53		
<b>6</b>	<b>Oliver Mitchell</b>	<b>26:50</b>	3:21	5:54	10:20	13:04	14:32	21:51	24:43	25:58	26:50		
	<b>IND</b>		3:21	2:33	4:26	2:44	<b>1:28</b>	7:19	2:52	1:15	0:52		
<b>7</b>	<b>Tom Johansson</b>	<b>27:13</b>	2:30	5:15	10:27	13:30	16:39	21:05	24:49	26:41	27:13		
	<b>NGOC</b>		2:30	2:45	5:12	3:03	3:09	4:26	3:44	1:52	0:32		
<b>8</b>	<b>Gregory Young</b>	<b>28:29</b>	2:49	6:04	12:34	15:36	18:04	22:44	25:51	27:41	28:29		
	<b>NGOC</b>		2:49	3:15	6:30	3:02	2:28	4:40	3:07	1:50	0:48		
<b>9</b>	<b>George Mather</b>	<b>28:31</b>	2:49	6:08	12:38	15:39	18:03	22:43	25:50	27:48	28:31		
	<b>IND</b>		2:49	3:19	6:30	3:01	2:24	4:40	3:07	1:58	0:43		
<b>10</b>	<b>Alex Hutchinson</b>	<b>30:08</b>	1:43	4:20	9:46	13:00	15:57	21:12	26:08	28:45	30:08		
	<b>IND</b>		1:43	2:37	5:26	3:14	2:57	5:15	4:56	2:37	1:23		
<b>11</b>	<b>Helen Young</b>	<b>42:13</b>	4:12	8:58	15:12	25:51	28:34	35:19	39:14	41:31	42:13		
	<b>NGOC</b>		4:12	4:46	6:14	10:39	2:43	6:45	3:55	2:17	0:42		

Pl	Name	Time	3.4 km 10 m		8 C		(cont.)						
			1(32)	2(33)	3(224)	4(223)	5(34)	6(35)	7(221)	8(31)	Finish		
<b>Orange (16)</b>													
<b>12</b>	<b>Nelly Penny</b>	<b>42:16</b>	4:13	9:01	15:12	25:54	28:48	35:19	39:12	41:34	42:16		
	<b>IND</b>		4:13	4:48	6:11	10:42	2:54	6:31	3:53	2:22	0:42		
<b>13</b>	<b>Dougie Innis-Farr</b>	<b>48:26</b>	1:59	6:01	17:00	23:06	29:09	37:01	44:31	47:35	48:26		
	<b>SWOC</b>		1:59	4:02	10:59	6:06	6:03	7:52	7:30	3:04	0:51		
<b>14</b>	<b>Becky Hutchinson</b>	<b>52:50</b>	1:23	5:39	12:58	18:31	22:32	29:51	48:39	51:14	52:50	33:50	36:52
	<b>IND</b>		1:23	4:16	7:19	5:33	4:01	7:19	18:48	2:35	1:36	*226	*33
	<b>Rose Taylor</b>	<b>mp</b>	<b>0:55</b>	<b>3:08</b>	<b>7:19</b>	----	9:10	----	15:43	17:01	17:29	4:57	
	<b>NGOC</b>		<b>0:55</b>	2:13	4:11		1:51		6:33	1:18	<b>0:28</b>	*226	
	<b>Catherine Crampton</b>	<b>mp</b>	2:24	6:00	11:43	18:49	----	----	23:15	25:16	26:42	8:06	14:30
	<b>IND</b>		2:24	3:36	5:43	7:06			4:26	2:01	1:26	*226	*34
<b>Yellow (9)</b>													
			<b>2.6 km 5 m</b>		<b>8 C</b>								
			1(32)	2(33)	3(226)	4(224)	5(34)	6(223)	7(221)	8(31)	Finish		
<b>1</b>	<b>Isabelle Tonge</b>	<b>19:19</b>	<b>1:03</b>	<b>3:52</b>	<b>5:55</b>	<b>9:17</b>	<b>11:28</b>	<b>14:01</b>	<b>16:52</b>	<b>18:30</b>	<b>19:19</b>		
	<b>BOK</b>		<b>1:03</b>	2:49	2:03	3:22	<b>2:11</b>	2:33	<b>2:51</b>	1:38	0:49		
<b>2</b>	<b>Georgina Crampton</b>	<b>24:51</b>	2:16	5:04	8:01	10:42	13:35	15:53	20:41	24:09	24:51		
	<b>IND</b>		2:16	<b>2:48</b>	2:57	<b>2:41</b>	2:53	<b>2:18</b>	4:48	3:28	<b>0:42</b>		
<b>3</b>	<b>Barthelemy Pige</b>	<b>26:13</b>	1:44	5:52	8:17	13:26	16:52	20:38	23:57	25:20	26:13		
	<b>NGOC</b>		1:44	4:08	2:25	5:09	3:26	3:46	3:19	<b>1:23</b>	0:53		
<b>4</b>	<b>Tabitha Crampton</b>	<b>26:44</b>	2:22	6:05	8:07	11:48	14:57	18:49	23:25	25:55	26:44		
	<b>IND</b>		2:22	3:43	<b>2:02</b>	3:41	3:09	3:52	4:36	2:30	0:49		
<b>5</b>	<b>Issac Anderson</b>	<b>27:53</b>	1:22	5:08	8:11	13:18	16:26	19:31	23:58	26:33	27:53		
	<b>BOK</b>		1:22	3:46	3:03	5:07	3:08	3:05	4:27	2:35	1:20		
<b>6</b>	<b>Samuel Horsfall</b>	<b>28:11</b>	1:59	7:16	10:05	14:31	17:20	20:58	25:14	27:06	28:11		
	<b>NGOC</b>		1:59	5:17	2:49	4:26	2:49	3:38	4:16	1:52	1:05		
<b>7</b>	<b>Iris Landrigan</b>	<b>32:02</b>	1:18	5:21	8:33	13:33	17:10	22:40	28:30	31:16	32:02		
	<b>BOK</b>		1:18	4:03	3:12	5:00	3:37	5:30	5:50	2:46	0:46		
<b>8</b>	<b>Julius Krajci</b>	<b>45:46</b>	6:21	12:09	16:17	24:03	28:04	33:05	38:56	43:14	45:46		
	<b>IND</b>		6:21	5:48	4:08	7:46	4:01	5:01	5:51	4:18	2:32		
<b>9</b>	<b>Johannes Pige</b>	<b>45:52</b>	6:18	12:06	16:15	24:00	28:11	33:07	38:57	43:17	45:52		
	<b>NGOC</b>		6:18	5:48	4:09	7:45	4:11	4:56	5:50	4:20	2:35		