

Pl	Name	Time	10.9 km		30 m	18 C														Finish		
			1(214)	2(219)	3(35)	4(203)	5(38)	6(227)	7(217)	8(213)	9(215)	10(216)	11(218)	12(225)	13(33)	14(224)	15(229)	16(230)	17(32)	18(36)	Finish	
Brown (16)																						
1	Richard Mawer	49:39	1:25	2:51	5:56	8:00	10:34	17:41	19:19	23:57	24:51	25:27	28:20	29:47	32:53	37:02	39:11	40:17	45:37	47:29	49:39	42:29
	BAOC		1:25	1:26	3:05	2:04	2:34	7:07	1:38	4:38	0:54	0:36	2:53	1:27	3:06	4:09	2:09	1:06	5:20	1:52	2:10	*40
2	Richard Cronin	50:12	1:37	3:08	6:26	8:36	11:21	17:46	18:53	23:53	24:51	25:30	28:24	29:42	33:01	37:29	39:40	40:36	46:11	47:58	50:12	
	NGOC		1:37	1:31	3:18	2:10	2:45	6:25	1:07	5:00	0:58	0:39	2:54	1:18	3:19	4:28	2:11	0:56	5:35	1:47	2:14	
3	Liam Corner	50:50	1:37	3:02	6:07	8:23	11:04	16:53	17:57	23:01	24:00	24:40	27:39	28:59	32:21	37:14	39:25	40:29	46:33	48:25	50:50	
	MDOC		1:37	1:25	3:05	2:16	2:41	5:49	1:04	5:04	0:59	0:40	2:59	1:20	3:22	4:53	2:11	1:04	6:04	1:52	2:25	
4	James Clemence	54:20	1:40	3:21	6:57	9:22	12:17	18:36	19:40	25:09	26:13	26:53	30:03	31:29	35:08	39:54	42:24	43:25	49:51	51:52	54:20	45:54
	SWOC		1:40	1:41	3:36	2:25	2:55	6:19	1:04	5:29	1:04	0:40	3:10	1:26	3:39	4:46	2:30	1:01	6:26	2:01	2:28	*40
5	Matthew Atkins	55:37	1:58	5:20	8:18	10:26	13:18	20:12	21:22	27:37	28:44	29:27	33:02	34:23	38:00	42:21	44:42	45:44	51:53	53:34	55:37	48:19
	DEVON		1:58	3:22	2:58	2:08	2:52	6:54	1:10	6:15	1:07	0:43	3:35	1:21	3:37	4:21	2:21	1:02	6:09	1:41	2:03	*40
6	Rob Woods	58:52	1:51	4:07	7:48	10:15	13:32	20:28	21:39	28:05	29:15	30:02	33:09	34:35	38:25	43:26	45:58	47:05	53:37	56:28	58:52	49:39
	RAFO		1:51	2:16	3:41	2:27	3:17	6:56	1:11	6:26	1:10	0:47	3:07	1:26	3:50	5:01	2:32	1:07	6:32	2:51	2:24	*40
7	Kath Atkins	59:07	1:53	3:45	7:38	10:16	13:21	20:14	21:33	27:29	28:37	29:22	33:13	34:38	38:31	43:36	46:09	47:15	54:12	56:26	59:07	50:02
	HOC		1:53	1:52	3:53	2:38	3:05	6:53	1:19	5:56	1:08	0:45	3:51	1:25	3:53	5:05	2:33	1:06	6:57	2:14	2:41	*40
8	Ian Hopkins	59:26	1:55	3:42	7:13	9:38	12:49	19:55	21:08	27:12	28:22	29:03	32:41	34:10	37:54	43:26	45:58	47:13	54:29	56:34	59:26	0:54
	WRE		1:55	1:47	3:31	2:25	3:11	7:06	1:13	6:04	1:10	0:41	3:38	1:29	3:44	5:32	2:32	1:15	7:16	2:05	2:52	*210
9	Neil Albert	59:39	2:01	3:45	7:27	9:53	13:15	20:25	21:44	27:43	28:56	29:40	33:15	34:51	39:03	44:19	46:49	47:58	54:38	57:00	59:39	50:37
	NGOC		2:01	1:44	3:42	2:26	3:22	7:10	1:19	5:59	1:13	0:44	3:35	1:36	4:12	5:16	2:30	1:09	6:40	2:22	2:39	*40
10	Rob Atkins	60:25	1:58	4:25	8:27	11:22	14:47	21:28	22:42	28:38	29:53	30:46	34:06	35:37	39:33	44:44	47:24	48:32	55:25	57:56	60:25	51:25
	HOC		1:58	2:27	4:02	2:55	3:25	6:41	1:14	5:56	1:15	0:53	3:20	1:31	3:56	5:11	2:40	1:08	6:53	2:31	2:29	*40
11	Anders Johansson	63:40	1:30	3:12	7:00	9:42	13:04	20:29	22:03	28:26	29:52	30:49	34:38	36:20	40:42	46:29	49:13	50:31	58:20	60:42	63:40	53:37
	NGOC		1:30	1:42	3:48	2:42	3:22	7:25	1:34	6:23	1:26	0:57	3:49	1:42	4:22	5:47	2:44	1:18	7:49	2:22	2:58	*40
12	Tony Callow	66:17	1:46	3:32	7:28	9:56	14:10	21:43	22:59	28:54	30:07	30:55	34:28	36:05	40:12	45:48	48:31	49:52	61:22	63:33	66:17	57:18
	WRE		1:46	1:46	3:56	2:28	4:14	7:33	1:16	5:55	1:13	0:48	3:33	1:37	4:07	5:36	2:43	1:21	11:30	2:11	2:44	*40
13	Tim Stott	68:05	1:39	5:02	8:36	11:00	14:42	21:26	22:49	29:30	31:00	36:20	40:06	41:42	46:06	51:47	54:35	55:47	63:17	65:37	68:05	58:58
	IND		1:39	3:23	3:34	2:24	3:42	6:44	1:23	6:41	1:30	5:20	3:46	1:36	4:24	5:41	2:48	1:12	7:30	2:20	2:28	*40
14	Rob Hick	68:23	2:06	3:59	8:01	10:58	14:26	22:36	24:26	31:05	32:21	33:13	37:19	39:05	43:45	49:47	52:34	54:02	61:54	65:19	68:23	57:19
	WSX		2:06	1:53	4:02	2:57	3:28	8:10	1:50	6:39	1:16	0:52	4:06	1:46	4:40	6:02	2:47	1:28	7:52	3:25	3:04	*40
15	Eric Heritage	85:51	2:15	4:27	9:37	12:57	17:23	26:44	28:26	36:44	38:15	39:16	46:16	48:21	54:57	62:29	66:08	67:43	78:30	82:07	85:51	0:55
	WRE		2:15	2:12	5:10	3:20	4:26	9:21	1:42	8:18	1:31	1:01	7:00	2:05	6:36	7:32	3:39	1:35	10:47	3:37	3:44	*210
	Thomas Cochrane	mp	1:31	3:11	6:24	8:46	11:32	17:44	18:47	23:44	24:41	25:18	28:08	29:25	32:46	37:07	39:19	40:19	46:13	-----	51:03	48:00
	NGOC		1:31	1:40	3:13	2:22	2:46	6:12	1:03	4:57	0:57	0:37	2:50	1:17	3:21	4:21	2:12	1:00	5:54		4:50	*204
Blue (25)																						
			1(31)	2(211)	3(212)	4(34)	5(213)	6(215)	7(216)	8(218)	9(220)	10(227)	11(217)	12(37)	13(38)	14(219)	15(214)	16(36)	Finish			
1	Chris McCartney	43:31	1:00	6:55	9:38	13:47	15:30	16:30	17:12	20:18	22:51	27:08	28:29	31:44	35:54	37:37	39:17	41:02	43:31		4:09	
	OD		1:00	5:55	2:43	4:09	1:43	1:00	0:42	3:06	2:33	4:17	1:21	3:15	4:10	1:43	1:40	1:45	2:29		*40	
2	Caroline Craig	44:33	1:06	7:34	10:22	14:29	16:20	17:22	18:05	21:11	23:41	28:59	30:06	32:32	36:52	38:41	40:19	42:10	44:33			
	NGOC		1:06	6:28	2:48	4:07	1:51	1:02	0:43	3:06	2:30	5:18	1:07	2:26	4:20	1:49	1:38	1:51	2:23			
3	Russell Finch	47:52	1:43	8:46	11:41	16:00	17:54	18:58	19:42	22:53	25:23	30:40	31:44	34:49	39:20	41:15	42:54	45:36	47:52			
	SWOC		1:43	7:03	2:55	4:19	1:54	1:04	0:44	3:11	2:30	5:17	1:04	3:05	4:31	1:55	1:39	2:42	2:16			
4	Tim Brett	47:54	1:08	8:11	11:20	15:56	17:58	19:06	19:49	23:20	25:55	30:36	32:22	35:06	39:52	41:50	43:30	45:24	47:54			
	NGOC		1:08	7:03	3:09	4:36	2:02	1:08	0:43	3:31	2:35	4:41	1:46	2:44	4:46	1:58	1:40	1:54	2:30			
5	Philip EEles	48:53	1:05	7:43	10:45	15:27	17:29	18:37	19:20	22:51	25:30	30:56	32:06	34:58	40:05	42:09	43:56	46:03	48:53			
	SOC		1:05	6:38	3:02	4:42	2:02	1:08	0:43	3:31	2:39	5:26	1:10	2:52	5:07	2:04	1:47	2:07	2:50			
6	Ian Gamlen	49:14	1:16	9:06	12:11	16:46	18:50	20:04	20:54	24:21	27:00	32:20	33:36	36:46	41:23	43:22	45:06	46:52	49:14		5:14	
	COBOC		1:16	7:50	3:05	4:35	2:04	1:14	0:50	3:27	2:39	5:20	1:16	3:10	4:37	1:59	1:44	1:46	2:22		*40	
7	Nick Dennis	50:19	1:15	8:24	11:36	16:15	18:21	19:31	20:19	23:53	26:31	32:01	33:21	36:40	41:52	43:44	45:26	47:29	50:19			
	BOK		1:15	7:09	3:12	4:39	2:06	1:10	0:48	3:34	2:38	5:30	1:20	3:19	5:12	1:52	1:42	2:03	2:50			
8	Scott Johnson	50:59	0:56	8:52	11:51	17:08	19:07	20:15	20:59	25:40	28:18	34:09	35:21	38:08	43:00	44:59	46:52	48:42	50:59		4:27	
	NGOC		0:56	7:56	2:59	5:17	1:59	1:08	0:44	4:41	2:38	5:51	1:12	2:47	4:52	1:59	1:50	2:17			*40	
9	John Leeson	52:43	1:23	9:07	12:15	17:18	19:24	20:52	21:38	25:17	28:00	33:35	34:55	38:16	43:34	45:42	47:50	49:47	52:43			
	HOC		1:23	7:44	3:0																	

Pl	Name	Time	Blue (25)																
			1(31)	2(211)	3(212)	4(34)	5(213)	6(215)	7(216)	8(218)	9(220)	10(227)	11(217)	12(37)	13(38)	14(219)	15(214)	16(36)	Finish
			8.8 km 20 m			16 C			<i>(cont.)</i>										
12	Peter Watson	55:18	1:12	8:47	12:02	17:05	21:00	22:16	23:05	26:38	29:25	35:38	36:45	39:34	45:38	48:09	50:08	52:14	55:18
	NGOC		1:12	7:35	3:15	5:03	3:55	1:16	0:49	3:33	2:47	6:13	1:07	2:49	6:04	2:31	1:59	2:06	3:04
13	Andy Stott	56:23	1:26	9:37	12:59	18:13	20:26	21:44	22:40	26:48	29:42	35:43	37:06	40:41	46:21	48:51	51:00	53:15	56:23
	NGOC		1:26	8:11	3:22	5:14	2:13	1:18	0:56	4:08	2:54	6:01	1:23	3:35	5:40	2:30	2:09	2:15	3:08
14	stephen ware	56:45	1:09	8:48	12:26	17:37	20:51	22:01	22:52	26:26	29:35	35:44	38:05	41:16	47:04	49:15	51:35	53:44	56:45
	POW		1:09	7:39	3:38	5:11	3:14	1:10	0:51	3:34	3:09	6:09	2:21	3:11	5:48	2:11	2:20	2:09	3:01
15	Si Read	60:08	1:45	11:50	15:00	19:39	24:01	25:19	26:05	31:30	33:56	39:24	42:42	46:08	51:08	53:18	55:31	57:20	60:08
	IND		1:45	10:05	3:10	4:39	4:22	1:18	0:46	5:25	2:26	5:28	3:18	3:26	5:00	2:10	2:13	1:49	2:48
16	Tom Birthwright	60:27	1:13	9:02	12:44	18:32	21:00	22:25	23:33	27:34	30:57	37:14	38:54	43:03	49:37	52:14	54:24	57:08	60:27
	NGOC		1:13	7:49	3:42	5:48	2:28	1:25	1:08	4:01	3:23	6:17	1:40	4:09	6:34	2:37	2:10	2:44	3:19
17	Greg Best	61:28	1:23	9:35	13:17	18:42	21:08	22:27	23:19	27:25	30:35	37:23	38:50	43:02	51:01	53:13	55:26	58:06	61:28
	NGOC		1:23	8:12	3:42	5:25	2:26	1:19	0:52	4:06	3:10	6:48	1:27	4:12	7:59	2:12	2:13	2:40	3:22
18	Ian Phillips	62:40	1:40	10:22	13:58	19:29	21:52	23:26	24:18	28:49	32:24	39:14	41:16	45:34	51:39	54:25	56:47	59:19	62:40
	NGOC		1:40	8:42	3:36	5:31	2:23	1:34	0:52	4:31	3:35	6:50	2:02	4:18	6:05	2:46	2:22	2:32	3:21
19	Mark Thomson	63:09	1:20	10:27	14:27	20:37	23:17	24:39	25:39	29:39	32:52	39:15	40:46	45:00	51:35	54:13	56:36	59:25	63:09
	IND		1:20	9:07	4:00	6:10	2:40	1:22	1:00	4:00	3:13	6:23	1:31	4:14	6:35	2:38	2:23	2:49	3:44
20	Alan Pucill	63:55	1:15	9:45	13:59	20:24	23:10	24:31	25:35	30:03	33:12	40:40	42:34	46:08	52:50	55:22	57:51	60:14	63:55
	NGOC		1:15	8:30	4:14	6:25	2:46	1:21	1:04	4:28	3:09	7:28	1:54	3:34	6:42	2:32	2:29	2:23	3:41
21	Rachel Dennis	64:02	1:29	10:03	14:02	20:05	22:57	24:31	25:31	30:10	33:27	40:33	41:59	45:24	52:02	55:06	57:38	60:09	64:02
	BOK		1:29	8:34	3:59	6:03	2:52	1:34	1:00	4:39	3:17	7:06	1:26	3:25	6:38	3:04	2:32	2:31	3:53
22	Clive Caffall	67:11	1:31	10:13	14:28	20:22	23:04	24:40	25:39	31:15	34:41	41:55	44:49	49:24	55:39	58:37	61:00	63:27	67:11
	NGOC		1:31	8:42	4:15	5:54	2:42	1:36	0:59	5:36	3:26	7:14	2:54	4:35	6:15	2:58	2:23	2:27	3:44
23	Andy Johnson	67:31	1:20	9:26	13:20	19:33	22:29	24:52	25:54	30:30	34:01	41:29	43:00	46:53	53:39	57:02	60:41	63:37	67:31
	HOC		1:20	8:06	3:54	6:13	2:56	2:23	1:02	4:36	3:31	7:28	1:31	3:53	6:46	3:23	3:39	2:56	3:54
24	David Pal	69:52	1:30	10:58	15:16	21:54	24:54	26:23	27:26	33:00	36:38	43:59	46:02	51:07	57:47	60:37	63:25	66:15	69:52
	WRE		1:30	9:28	4:18	6:38	3:00	1:29	1:03	5:34	3:38	7:21	2:03	5:05	6:40	2:50	2:48	2:50	3:37
25	Paul Taunton	71:11	1:30	11:19	16:02	22:58	25:52	27:34	28:43	34:15	37:50	45:23	47:23	51:21	58:39	61:27	64:08	67:07	71:11
	NGOC		1:30	9:49	4:43	6:56	2:54	1:42	1:09	5:32	3:35	7:33	2:00	3:58	7:18	2:48	2:41	2:59	4:04

0:47

*210

5:14

*40

5:49

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6:41

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5:35

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64:02

3:53

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4:54

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6:41

*40

Pl	Name	Time	Green (35)												
			1(36)	2(223)	3(215)	4(220)	5(229)	6(218)	7(225)	8(230)	9(206)	10(224)	11(226)	12(209)	Finish
1	Kevin Howe	25:41	2:18	6:46	7:49	9:23	11:12	13:01	14:36	17:03	19:24	22:06	22:44	24:21	25:41
	BOK		2:18	4:28	1:03	1:34	1:49	1:49	1:35	2:27	2:21	2:42	0:38	1:37	1:20
2	Ginny Hudson	27:32	2:23	7:34	8:47	10:32	12:26	13:59	15:35	18:20	20:44	23:56	24:30	26:03	27:32
	NGOC		2:23	5:11	1:13	1:45	1:54	1:33	1:36	2:45	2:24	3:12	0:34	1:33	1:29
3	Kevin Brooker	27:55	2:43	7:33	8:46	10:26	12:19	14:51	16:20	19:01	21:18	24:08	24:45	26:23	27:55
	NGOC		2:43	4:50	1:13	1:40	1:53	2:32	1:29	2:41	2:17	2:50	0:37	1:38	1:32
4	Rob Rees	28:46	2:32	7:42	8:54	10:44	12:43	14:24	16:06	18:47	21:20	24:31	25:07	27:06	28:46
	IND		2:32	5:10	1:12	1:50	1:59	1:41	1:42	2:41	2:33	3:11	0:36	1:59	1:40
5	Mike Farrington	29:27	2:30	8:17	9:49	11:29	13:31	15:10	16:50	19:56	22:19	25:49	26:23	27:54	29:27
	HOC		2:30	5:47	1:32	1:40	2:02	1:39	1:40	3:06	2:23	3:30	0:34	1:31	1:33
6	Bruce Bryant	30:01	2:34	8:18	9:35	11:34	14:06	15:44	17:23	20:25	23:12	26:26	27:00	28:28	30:01
	OD		2:34	5:44	1:17	1:59	2:32	1:38	1:39	3:02	2:47	3:14	0:34	1:28	1:33
7	Kevin Gallagher	31:02	2:32	8:28	9:58	11:52	14:00	16:40	18:21	21:19	23:55	27:01	27:38	29:19	31:02
	LEI		2:32	5:56	1:30	1:54	2:08	2:40	1:41	2:58	2:36	3:06	0:37	1:41	1:43
8	Esther Woods	31:04	2:17	7:35	8:37	10:23	15:30	17:02	18:48	21:28	24:11	27:03	27:46	29:27	31:04
	RAFO		2:17	5:18	1:02	1:46	5:07	1:32	1:46	2:40	2:43	2:52	0:43	1:41	1:37
9	Hal Young	31:06	2:37	7:47	9:05	11:02	13:04	16:10	17:55	20:49	24:05	27:11	27:49	29:26	31:06
	NGOC		2:37	5:10	1:18	1:57	2:02	3:06	1:45	2:54	3:16	3:06	0:38	1:37	1:40
10	David Palmer	31:12	2:47	8:50	10:08	12:05	15:03	16:42	18:33	21:31	24:12	27:20	27:57	29:38	31:12
	BOK		2:47	6:03	1:18	1:57	2:58	1:39	1:51	2:58	2:41	3:08	0:37	1:41	1:34
11	Dave Hartley	33:11	2:35	9:24	10:47	13:19	15:28	17:28	19:21	22:32	25:22	28:44	29:29	31:25	33:11
	NGOC		2:35	6:49	1:23	2:32	2:09	2:00	1:53	3:11	2:50	3:22	0:45	1:56	1:46
12	Alec Watson	33:14	2:28	8:18	9:41	11:32	13:44	15:36	18:03	22:47	25:43	29:30	30:03	31:40	33:14
	NGOC		2:28	5:50	1:23	1:51	2:12	1:52	2:27	4:44	2:56	3:47	0:33	1:37	1:34
13	Chris Johnson	33:25	2:50	8:57	10:18	12:27	14:47	16:41	18:40	21:59	24:57	28:39	29:21	31:27	33:25
	BOK		2:50	6:07	1:21	2:09	2:20	1:54	1:59	3:19	2:58	3:42	0:42	2:06	1:58

5:47

*40

13:29

*230

Pl	Name	Time													Finish	
			1(36)	2(223)	3(215)	4(220)	5(229)	6(218)	7(225)	8(230)	9(206)	10(224)	11(226)	12(209)		
Green (35)																
			5.1 km 15 m			12 C			<i>(cont.)</i>							
14	Philip Bostock NGOC	34:08	3:26	9:33	10:56	13:08	15:34	17:37	19:35	22:59	25:56	29:29	30:09	31:57	34:08	7:06
			3:26	6:07	1:23	2:12	2:26	2:03	1:58	3:24	2:57	3:33	0:40	1:48	2:11	*40
15	Neil Cameron NGOC	34:41	2:56	9:14	10:45	12:53	15:49	17:44	19:48	23:20	26:31	30:09	30:50	32:46	34:41	
			2:56	6:18	1:31	2:08	2:56	1:55	2:04	3:32	3:11	3:38	0:41	1:56	1:55	
16	Steve Parker WRE	35:01	2:58	9:42	11:02	13:15	15:40	17:41	19:37	23:03	26:12	30:14	31:07	33:03	35:01	8:03
			2:58	6:44	1:20	2:13	2:25	2:01	1:56	3:26	3:09	4:02	0:53	1:56	1:58	*206
17	Laurence Gossage BOK	35:31	2:56	10:50	12:16	14:12	16:45	18:53	21:04	24:13	27:21	30:56	31:40	33:55	35:31	
			2:56	7:54	1:26	1:56	2:33	2:08	2:11	3:09	3:08	3:35	0:44	2:15	1:36	
18	Lesley Brown HOC	35:37	3:25	9:37	11:08	13:14	15:48	17:46	19:51	23:34	26:51	30:39	31:28	33:34	35:37	7:15
			3:25	6:12	1:31	2:06	2:34	1:58	2:05	3:43	3:17	3:48	0:49	2:06	2:03	*40
19	Mick Sadler COBOC	36:24	3:23	9:46	11:35	13:41	16:11	18:22	20:19	23:44	27:26	31:06	31:57	34:25	36:24	
			3:23	6:23	1:49	2:06	2:30	2:11	1:57	3:25	3:42	3:40	0:51	2:28	1:59	
20	David Roach SLOW	36:49	3:32	10:24	12:00	14:17	16:53	18:56	21:00	24:40	27:47	31:38	32:25	34:31	36:49	8:23
			3:32	6:52	1:36	2:17	2:36	2:03	2:04	3:40	3:07	3:51	0:47	2:06	2:18	*206
21	ted mcdonald BOK	37:17	4:00	10:49	12:29	14:48	17:28	19:33	21:52	25:36	28:52	32:52	33:33	35:25	37:17	
			4:00	6:49	1:40	2:19	2:40	2:05	2:19	3:44	3:16	4:00	0:41	1:52	1:52	
22	Mike Wilkinson HOC	37:29	3:19	10:13	11:39	13:50	16:37	18:37	20:49	24:45	28:02	32:26	33:20	35:21	37:29	
			3:19	6:54	1:26	2:11	2:47	2:00	2:12	3:56	3:17	4:24	0:54	2:01	2:08	
23	Barry McGowan HOC	39:36	3:19	10:00	11:32	13:46	16:51	19:30	21:50	25:54	29:27	34:09	35:06	37:28	39:36	7:14
			3:19	6:41	1:32	2:14	3:05	2:39	2:20	4:04	3:33	4:42	0:57	2:22	2:08	*40
24	Gill Stott NGOC	39:43	3:42	10:29	12:06	14:54	17:44	19:57	22:12	26:37	30:01	34:38	35:29	37:34	39:43	
			3:42	6:47	1:37	2:48	2:50	2:13	2:15	4:25	3:24	4:37	0:51	2:05	2:09	
25	Kim Liggett NGOC	40:00	3:20	11:14	12:51	15:10	17:55	20:22	22:28	26:32	30:23	34:45	35:51	37:52	40:00	
			3:20	7:54	1:37	2:19	2:45	2:27	2:06	4:04	3:51	4:22	1:06	2:01	2:08	
26	Brian Curtis BOK	40:39	3:30	10:55	12:46	15:16	19:20	21:28	23:48	28:55	32:04	35:51	36:38	38:38	40:39	
			3:30	7:25	1:51	2:30	4:04	2:08	2:20	5:07	3:09	3:47	0:47	2:00	2:01	
27	Allan Darwell BOK	42:04	3:18	10:00	11:49	14:31	18:19	20:46	23:07	29:56	33:16	37:03	37:50	40:08	42:04	
			3:18	6:42	1:49	2:42	3:48	2:27	2:21	6:49	3:20	3:47	0:47	2:18	1:56	
28	Stephen Nightingale HOC	42:06	3:47	12:06	13:59	16:30	19:20	21:57	24:46	28:40	32:33	36:44	37:28	39:35	42:06	
			3:47	8:19	1:53	2:31	2:50	2:37	2:49	3:54	3:53	4:11	0:44	2:07	2:31	
29	Ros Taunton NGOC	42:47	3:45	11:23	13:08	16:18	19:27	21:44	24:08	28:38	32:45	37:09	38:04	40:25	42:47	8:18
			3:45	7:38	1:45	3:10	3:09	2:17	2:24	4:30	4:07	4:24	0:55	2:21	2:22	*40
30	Philip May OD	42:54	3:32	11:17	13:30	15:58	19:04	21:41	24:17	28:39	32:48	36:58	38:02	40:37	42:54	34:14
			3:32	7:45	2:13	2:28	3:06	2:37	2:36	4:22	4:09	4:10	1:04	2:35	2:17	*207
31	Hilary Nicholls NGOC	43:11	4:07	12:13	14:12	16:50	19:43	22:18	24:49	29:08	32:54	37:49	38:46	40:55	43:11	
			4:07	8:06	1:59	2:38	2:53	2:35	2:31	4:19	3:46	4:55	0:57	2:09	2:16	
32	Rosie Watson NGOC	43:50	3:16	12:15	14:01	16:50	20:43	23:00	25:21	29:35	32:56	38:31	39:23	41:58	43:50	
			3:16	8:59	1:46	2:49	3:53	2:17	2:21	4:14	3:21	5:35	0:52	2:35	1:52	
33	Alex Evans NGOC	45:29	3:30	10:52	12:25	15:09	26:33	28:34	30:46	34:04	37:14	41:04	41:48	43:34	45:29	
			3:30	7:22	1:33	2:44	11:24	2:01	2:12	3:18	3:10	3:50	0:44	1:46	1:55	
34	Ashley Ford HOC	45:53	5:40	13:05	14:55	17:22	20:31	23:01	25:32	31:56	35:43	40:14	41:10	43:29	45:53	10:18
			5:40	7:25	1:50	2:27	3:09	2:30	2:31	6:24	3:47	4:31	0:56	2:19	2:24	*40
	Eric Brown HOC	mp	3:01	8:59	10:23	13:06	17:52	20:17	22:15	25:45	28:53	32:55	33:55	----	36:49	6:32
			3:01	5:58	1:24	2:43	4:46	2:25	1:58	3:30	3:08	4:02	1:00	2:54		*40

Short Green (17)														
			1(214)	2(34)	3(213)	4(215)	5(216)	6(229)	7(201)	8(225)	9(230)	10(220)	Finish	
1	David May SLOW	25:20	1:58	7:05	9:13	10:26	11:18	13:49	16:02	18:03	20:53	22:15	25:20	
			1:58	5:07	2:08	1:13	0:52	2:31	2:13	2:01	2:50	1:22	3:05	
2	Liz Phillips OD	31:13	2:20	9:19	11:59	13:24	14:20	16:47	19:36	22:03	25:35	27:21	31:13	
			2:20	6:59	2:40	1:25	0:56	2:27	2:49	2:27	3:32	1:46	3:52	
3	Maggie Roach SLOW	31:46	2:23	8:37	11:14	12:46	13:47	16:16	19:00	21:31	26:00	27:36	31:46	0:58
			2:23	6:14	2:37	1:32	1:01	2:29	2:44	2:31	4:29	1:36	4:10	*210
4	Sarah Rees IND	33:55	2:57	9:31	12:22	13:57	15:05	18:08	21:02	23:23	28:40	30:39	33:55	
			2:57	6:34	2:51	1:35	1:08	3:03	2:54	2:21	5:17	1:59	3:16	
5	Brian Laycock HOC	34:36	2:57	10:20	13:17	14:51	16:05	18:55	21:56	24:31	28:35	30:26	34:36	
			2:57	7:23	2:57	1:34	1:14	2:50	3:01	2:35	4:04	1:51	4:10	

Pl	Name	Time													
Short Green (17)			4.4 km 10 m 10 C (cont.)												
			1(214)	2(34)	3(213)	4(215)	5(216)	6(229)	7(201)	8(225)	9(230)	10(220)	Finish		
6	Carol Farrington HOC	38:46	3:10 3:10	11:29 8:19	14:46 3:17	16:30 1:44	17:46 1:16	20:45 2:59	23:58 3:13	27:39 3:41	31:59 4:20	33:57 1:58	38:46 4:49	1:15 *210	
7	Maureen Webb LEI	39:28	3:23 3:23	11:53 8:30	15:09 3:16	17:02 1:53	18:13 1:11	21:22 3:09	24:53 3:31	28:00 3:07	32:30 4:30	34:33 2:03	39:28 4:55		
8	Robert Vickers HOC	40:35	3:34 3:34	11:34 8:00	15:07 3:33	16:58 1:51	18:22 1:24	21:14 2:52	24:30 3:16	27:54 3:24	33:24 5:30	35:55 2:31	40:35 4:40		
9	Phillippa Coleman WRE	43:43	4:16 4:16	16:28 12:12	19:37 3:09	21:21 1:44	22:51 1:30	25:50 2:59	30:48 4:58	34:22 3:34	38:16 3:54	40:04 1:48	43:43 3:39		
10	Susan Curtis BOK	44:32	3:03 3:03	10:43 7:40	14:22 3:39	16:20 1:58	17:31 1:11	24:26 6:55	28:00 3:34	31:12 3:12	36:17 5:05	38:43 2:26	44:32 5:49		
11	Gabrielle + Colette I IND	49:48	2:23 2:23	15:10 12:47	28:25 13:15	30:24 1:59	31:21 0:57	34:09 2:48	37:03 2:54	39:38 2:35	43:41 4:03	45:46 2:05	49:48 4:02		
12	Hilary May OD	52:02	3:46 3:46	14:28 10:42	19:30 5:02	22:04 2:34	25:03 2:59	29:13 4:10	33:31 4:18	37:16 3:45	42:31 5:15	45:13 2:42	52:02 6:49		
13	alan mackenzie BOK	60:00	5:27 5:27	17:33 12:06	22:09 4:36	27:17 5:08	29:07 1:50	34:36 5:29	40:08 5:32	44:33 4:25	50:53 6:20	53:37 2:44	60:00 6:23		
14	Tania Honey BOK	64:42	7:30 7:30	22:34 15:04	29:56 7:22	32:38 2:42	34:53 2:15	39:23 4:30	44:28 5:05	48:12 3:44	54:10 5:58	58:06 3:56	64:42 6:36		
15	Liz McConnell BOK	64:48	7:38 7:38	22:38 15:00	30:03 7:25	32:37 2:34	34:51 2:14	39:30 4:39	44:23 4:53	48:17 3:54	54:09 5:52	58:12 4:03	64:48 6:36		
16	Barbara Ford HOC	66:35	5:49 5:49	19:18 13:29	25:49 6:31	29:04 3:15	31:20 2:16	37:02 5:42	42:45 5:43	48:05 5:20	55:21 7:16	58:36 3:15	66:35 7:59		
	Joanne Leigh OD	mp	2:23 2:23	12:25 10:02	15:51 3:26	17:40 1:49	18:33 0:53	21:19 2:46	24:18 2:59	26:47 2:29	30:21 3:34	-----	36:44 6:23		
Orange (8)			3.9 km 10 m 11 C												
			1(31)	2(32)	3(39)	4(36)	5(201)	6(230)	7(229)	8(218)	9(221)	10(220)	11(209)	Finish	
1	Ashleigh Denman NGOC	25:59	1:49 1:49	3:00 1:11	3:44 0:44	6:00 2:16	12:17 6:17	14:24 2:07	16:06 1:42	18:16 2:10	20:12 1:56	22:17 2:05	24:16 1:59	25:59 1:43	9:40 *40
2	Ben Mawer BAOC	26:19	1:06 1:06	2:17 1:11	3:00 0:43	5:35 2:35	12:28 6:53	15:53 3:25	17:13 1:20	19:15 2:02	21:06 1:51	22:57 1:51	24:47 1:50	26:19 1:32	9:28 *40
3	Tom Johnsson NGOC	28:51	1:57 1:57	3:26 1:29	4:16 0:50	7:25 3:09	14:02 6:37	16:39 2:37	18:17 1:38	20:38 2:21	22:55 2:17	25:01 2:06	27:08 2:07	28:51 1:43	11:16 *40
4	Max Johansson NGOC	31:53	1:26 1:26	2:51 1:25	3:29 0:38	7:52 4:23	17:12 9:20	19:45 2:33	21:28 1:43	23:51 2:23	26:14 2:23	28:25 2:11	30:22 1:57	31:53 1:31	12:43 *40
5	Thomas Simpson NGOC	36:36	1:33 1:33	3:23 1:50	4:33 1:10	7:13 2:40	16:35 9:22	20:41 4:06	22:57 2:16	25:20 2:23	28:28 3:08	31:05 2:37	34:01 2:56	36:36 2:35	
6	Gregory Young NGOC	41:23	2:23 2:23	5:13 2:50	6:31 1:18	8:54 2:23	18:29 9:35	23:08 4:39	26:33 3:25	31:43 5:10	33:54 2:11	36:36 2:42	39:10 2:34	41:23 2:13	14:49 *40
7	Helen Young NGOC	41:27	2:22 2:22	5:16 2:54	6:30 1:14	8:59 2:29	18:27 9:28	23:08 4:41	26:35 3:27	31:43 5:08	33:58 2:15	36:35 2:37	39:16 2:41	41:27 2:11	14:48 *40
8	George Mather NGOC	41:35	2:32 2:32	5:15 2:43	6:58 1:43	9:09 2:11	18:32 9:23	23:10 4:38	26:35 3:25	31:43 5:08	33:55 2:12	36:34 2:39	39:17 2:43	41:35 2:18	14:48 *40
Yellow (6)			2.3 km 10 m 9 C												
			1(210)	2(202)	3(39)	4(204)	5(205)	6(206)	7(207)	8(208)	9(209)	Finish			
1	Alex Hutchinson IND	18:44	1:15 1:15	2:31 1:16	3:30 0:59	5:37 2:07	9:07 3:30	11:49 2:42	13:04 1:15	14:34 1:30	16:16 1:42	18:44 2:28			
2	Johannes Pige NGOC	22:09	1:30 1:30	3:57 2:27	5:26 1:29	7:53 2:27	11:36 3:43	14:30 2:54	16:13 1:43	17:57 1:44	19:51 1:54	22:09 2:18			
3	Barthelemy Pige NGOC	27:26	1:09 1:09	2:33 1:24	3:54 1:21	6:29 2:35	12:13 5:44	15:09 2:56	17:36 2:27	19:52 2:16	22:11 2:19	27:26 5:15			
4	Gillian James NGOC	35:50	1:50 1:50	4:22 2:32	6:30 2:08	11:14 4:44	17:53 6:39	22:08 4:15	24:51 2:43	27:27 2:36	29:55 2:28	35:50 5:55			
5	David Watkins IND	38:53	1:51 1:51	4:57 3:06	8:27 3:30	16:51 8:24	23:05 6:14	26:52 3:47	29:22 2:30	31:52 2:30	34:16 2:24	38:53 4:37			

Pl	Name	Time											
Yellow (6)		2.3 km 10 m		9 C		<i>(cont.)</i>							
		1(210)	2(202)	3(39)	4(204)	5(205)	6(206)	7(207)	8(208)	9(209)	Finish		
6	Jamie Atkins HOC	42:04	1:47 1:47	5:13 3:26	7:33 2:20	11:38 4:05	19:47 8:09	25:33 5:46	28:31 2:58	33:16 4:45	36:31 3:15	42:04 5:33	14:47 *36