**Black (27)** — **6.0 km 115 m 21 C**

| Pl | Name | Time | 1(31) | 2(32) | 3(33) | 4(44) | 5(35) | 6(36) | 7(37) | 8(38) | 9(39) | 10(42) | 11(61) | 12(60) | 13(45) | 14(63) | 15(64) | 16(54) | 17(56) | 18(57) | 19(58) | 20(43) | 21(62) | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **Jonathan Crickmore** | **34:06** | **1:01** | **1:42** | **3:00** | 3:58 | 4:38 | 5:56 | 6:56 | **7:25** | **11:26** | 12:48 | 14:22 | **16:31** | **17:50** | **23:02** | **24:37** | 26:51 | 28:48 | 29:54 | 31:56 | 33:14 | **33:46** | **34:06** |
| | **SO** | | ***1:01*** | ***0:41*** | 1:18 | 0:58 | 0:40 | ***1:18*** | 1:00 | 0:29 | 4:01 | 1:22 | ***1:34*** | ***2:09*** | 1:19 | 5:12 | 1:35 | 2:14 | 1:57 | 1:06 | ***2:02*** | 1:18 | 0:32 | 0:20 |
| **1** | **Ben Mitchell** | **34:06** | 1:21 | 2:04 | 3:22 | 4:15 | 4:55 | 6:17 | 7:23 | 7:53 | 11:28 | **12:44** | **14:18** | 16:49 | 18:07 | 23:15 | 24:45 | **26:50** | **28:46** | **29:47** | **31:51** | **33:12** | **33:46** | **34:06** |
| | **SBOC** | | 1:21 | 0:43 | 1:18 | 0:53 | 0:40 | 1:22 | 1:06 | 0:30 | ***3:35*** | ***1:16*** | ***1:34*** | 2:31 | ***1:18*** | ***5:08*** | ***1:30*** | 2:05 | ***1:56*** | ***1:01*** | 2:04 | 1:21 | 0:34 | 0:20 |
| **3** | **Jim Bailey** | **39:07** | 1:03 | 1:47 | **3:00** | **3:52** | **4:30** | **5:52** | **6:47** | 9:05 | 12:41 | 13:59 | 15:43 | 18:01 | 19:25 | 24:45 | 28:21 | 30:31 | 32:27 | 34:55 | 37:01 | 38:15 | 38:49 | 39:07 |
| | **BOK** | | 1:03 | 0:44 | ***1:13*** | ***0:52*** | ***0:38*** | 1:22 | ***0:55*** | 2:18 | 3:36 | 1:18 | 1:44 | 2:18 | 1:24 | 5:20 | 3:36 | 2:10 | ***1:56*** | 2:28 | 2:06 | ***1:14*** | 0:34 | ***0:18*** |
| **4** | **Duncan Birtwistle** | **39:22** | 1:31 | 3:42 | 4:56 | 5:53 | 6:33 | 7:51 | 9:09 | 10:42 | 14:22 | 15:44 | 17:32 | 19:53 | 21:18 | 27:21 | 28:52 | 30:55 | 33:05 | 34:15 | 37:15 | 38:33 | 39:02 | 39:22 |
| | **OD** | | 1:31 | 2:11 | 1:14 | 0:57 | 0:40 | ***1:18*** | 1:18 | 1:33 | 3:40 | 1:22 | 1:48 | 2:21 | 1:25 | 6:03 | 1:31 | ***2:03*** | 2:10 | 1:10 | 3:00 | 1:18 | 0:29 | 0:20 |
| **5** | **James Rogers** | **42:22** | 1:21 | 2:05 | 3:59 | 5:04 | 5:54 | 7:22 | 8:51 | 9:20 | 13:32 | 14:57 | 17:03 | 19:39 | 21:20 | 27:43 | 29:41 | 32:24 | 34:53 | 36:18 | 39:28 | 41:35 | 42:02 | 42:22 |
| | **LEI** | | 1:21 | 0:44 | 1:54 | 1:05 | 0:50 | 1:28 | 1:29 | 0:29 | 4:12 | 1:25 | 2:06 | 2:36 | 1:41 | 6:23 | 1:58 | 2:43 | 2:29 | 1:25 | 3:10 | 2:07 | ***0:27*** | 0:20 |
| **6** | **Patrick Jones** | **43:58** | 1:22 | 2:11 | 3:54 | 5:21 | 6:22 | 8:03 | 9:40 | 10:14 | 14:41 | 16:19 | 18:16 | 20:59 | 22:32 | 29:11 | 31:20 | 34:09 | 36:42 | 38:13 | 40:49 | 42:30 | 43:35 | 43:58 |
| | **SBOC** | | 1:22 | 0:49 | 1:43 | 1:27 | 1:01 | 1:41 | 1:37 | 0:34 | 4:27 | 1:38 | 1:57 | 2:43 | 1:33 | 6:39 | 2:09 | 2:49 | 2:33 | 1:31 | 2:36 | 1:41 | 1:05 | 0:23 |
| | | | | *43:04* | | | | | | | | | | | | | | | | | | | | |
| | | | | **53* | | | | | | | | | | | | | | | | | | | | |
| **7** | **Scott Collier** | **45:10** | 1:40 | 2:56 | 4:31 | 5:44 | 6:34 | 8:14 | 9:34 | 10:10 | 14:27 | 16:03 | 17:59 | 20:31 | 22:09 | 29:15 | 31:28 | 34:47 | 37:45 | 39:16 | 42:17 | 44:00 | 44:44 | 45:10 |
| | **KERNO** | | 1:40 | 1:16 | 1:35 | 1:13 | 0:50 | 1:40 | 1:20 | 0:36 | 4:17 | 1:36 | 1:56 | 2:32 | 1:38 | 7:06 | 2:13 | 3:19 | 2:58 | 1:31 | 3:01 | 1:43 | 0:44 | 0:26 |
| **8** | **Joe Taunton** | **45:11** | 1:26 | 2:12 | 3:45 | 4:49 | 5:45 | 7:30 | 8:56 | 9:32 | 14:20 | 16:06 | 18:26 | 21:22 | 23:13 | 30:39 | 32:37 | 35:27 | 37:44 | 39:31 | 42:14 | 43:58 | 44:47 | 45:11 |
| | **NOC** | | 1:26 | 0:46 | 1:33 | 1:04 | 0:56 | 1:45 | 1:26 | 0:36 | 4:48 | 1:46 | 2:20 | 2:56 | 1:51 | 7:26 | 1:58 | 2:50 | 2:17 | 1:47 | 2:43 | 1:44 | 0:49 | 0:24 |
| | | | | *42:56* | | | | | | | | | | | | | | | | | | | | |
| | | | | **66* | | | | | | | | | | | | | | | | | | | | |
| **9** | **Adam Potter** | **45:12** | 1:20 | 2:07 | 3:33 | 4:31 | 5:18 | 6:46 | 7:52 | 8:28 | 12:25 | 13:54 | 15:53 | 21:00 | 22:34 | 28:40 | 30:26 | 33:17 | 35:35 | 38:58 | 41:22 | 44:11 | 44:44 | 45:12 |
| | **BOK** | | 1:20 | 0:47 | 1:26 | 0:58 | 0:47 | 1:28 | 1:06 | 0:36 | 3:57 | 1:29 | 1:59 | 5:07 | 1:34 | 6:06 | 1:46 | 2:51 | 2:18 | 3:23 | 2:24 | 2:49 | 0:33 | 0:28 |
| **10** | **Daniel Gardner** | **45:24** | 1:26 | 2:42 | 5:05 | 6:17 | 7:18 | 8:56 | 10:23 | 11:03 | 15:50 | 17:32 | 19:23 | 22:22 | 24:01 | 30:42 | 32:46 | 35:33 | 37:54 | 40:14 | 42:32 | 44:22 | 45:01 | 45:24 |
| | **TVOC** | | 1:26 | 1:16 | 2:23 | 1:12 | 1:01 | 1:38 | 1:27 | 0:40 | 4:47 | 1:42 | 1:51 | 2:59 | 1:39 | 6:41 | 2:04 | 2:47 | 2:21 | 2:20 | 2:18 | 1:50 | 0:39 | 0:23 |
| **11** | **Tom Dobra** | **45:39** | 2:00 | 2:49 | 4:29 | 5:50 | 6:40 | 8:28 | 9:52 | 10:20 | 14:55 | 16:26 | 18:25 | 21:07 | 23:11 | 30:17 | 32:36 | 35:31 | 38:19 | 39:46 | 42:44 | 44:29 | 45:17 | 45:39 |
| | **BOK** | | 2:00 | 0:49 | 1:40 | 1:21 | 0:50 | 1:48 | 1:24 | ***0:28*** | 4:35 | 1:31 | 1:59 | 2:42 | 2:04 | 7:06 | 2:19 | 2:55 | 2:48 | 1:27 | 2:58 | 1:45 | 0:48 | 0:22 |
| | | | | *41:20* | | | | | | | | | | | | | | | | | | | | |
| | | | | **203* | | | | | | | | | | | | | | | | | | | | |
| **12** | **Megan Carter-Davie** | **46:17** | 1:11 | 1:55 | 3:24 | 4:24 | 5:16 | 6:46 | 8:07 | 8:39 | 12:43 | 14:13 | 16:49 | 21:14 | 22:40 | 33:25 | 34:56 | 37:12 | 39:16 | 41:06 | 43:23 | 45:05 | 45:56 | 46:17 |
| | **MWOC** | | 1:11 | 0:44 | 1:29 | 1:00 | 0:52 | 1:30 | 1:21 | 0:32 | 4:04 | 1:30 | 2:36 | 4:25 | 1:26 | 10:45 | 1:31 | 2:16 | 2:04 | 1:50 | 2:17 | 1:42 | 0:51 | 0:21 |
| **13** | **Andy Pullan** | **47:27** | 2:02 | 2:45 | 4:39 | 6:35 | 7:24 | 9:11 | 11:05 | 11:33 | 17:02 | 19:01 | 21:03 | 24:09 | 25:55 | 32:38 | 34:47 | 37:29 | 39:59 | 41:46 | 44:15 | 46:32 | 47:04 | 47:27 |
| | **AIRE** | | 2:02 | 0:43 | 1:54 | 1:56 | 0:49 | 1:47 | 1:54 | ***0:28*** | 5:29 | 1:59 | 2:02 | 3:06 | 1:46 | 6:43 | 2:09 | 2:42 | 2:30 | 1:47 | 2:29 | 2:17 | 0:32 | 0:23 |
| **14** | **Keith Agmen** | **52:36** | 1:25 | 2:24 | 4:18 | 5:42 | 6:56 | 8:49 | 10:27 | 13:08 | 17:53 | 19:58 | 22:42 | 25:35 | 27:40 | 36:14 | 38:10 | 41:28 | 44:23 | 46:04 | 49:28 | 51:34 | 52:16 | 52:36 |
| | **BOK** | | 1:25 | 0:59 | 1:54 | 1:24 | 1:14 | 1:53 | 1:38 | 2:41 | 4:45 | 2:05 | 2:44 | 2:53 | 2:05 | 8:34 | 1:56 | 3:18 | 2:55 | 1:41 | 3:24 | 2:06 | 0:42 | 0:20 |
| **15** | **Charles Nell** | **53:28** | 1:29 | 2:27 | 4:14 | 5:27 | 6:22 | 8:32 | 9:58 | 12:15 | 16:53 | 18:46 | 21:06 | 23:41 | 25:49 | 33:05 | 35:07 | 38:30 | 41:49 | 43:25 | 50:52 | 52:33 | 53:06 | 53:28 |
| | **RAFO** | | 1:29 | 0:58 | 1:47 | 1:13 | 0:55 | 2:10 | 1:26 | 2:17 | 4:38 | 1:53 | 2:20 | 2:35 | 2:08 | 7:16 | 2:02 | 3:23 | 3:19 | 1:36 | 7:27 | 1:41 | 0:33 | 0:22 |
| **16** | **Tom Horton** | **53:39** | 1:45 | 2:42 | 4:42 | 6:01 | 7:13 | 9:15 | 10:42 | 12:04 | 17:21 | 19:19 | 21:41 | 25:00 | 26:55 | 34:51 | 38:23 | 41:58 | 44:39 | 46:38 | 50:23 | 52:25 | 53:11 | 53:39 |
| | **HOC** | | 1:45 | 0:57 | 2:00 | 1:19 | 1:12 | 2:02 | 1:27 | 1:22 | 5:17 | 1:58 | 2:22 | 3:19 | 1:55 | 7:56 | 3:32 | 3:35 | 2:41 | 1:59 | 3:45 | 2:02 | 0:46 | 0:28 |
| **17** | **Simon Thompson** | **55:26** | 1:43 | 2:41 | 5:06 | 6:45 | 7:49 | 10:14 | 11:37 | 12:25 | 18:22 | 20:25 | 22:55 | 26:16 | 28:21 | 36:36 | 39:21 | 43:00 | 45:53 | 48:33 | 52:13 | 54:17 | 55:01 | 55:26 |
| | **HOC** | | 1:43 | 0:58 | 2:25 | 1:39 | 1:04 | 2:25 | 1:23 | 0:48 | 5:57 | 2:03 | 2:30 | 3:21 | 2:05 | 8:15 | 2:45 | 3:39 | 2:53 | 2:40 | 3:40 | 2:04 | 0:44 | 0:25 |
| **18** | **Robert Leather** | **59:09** | 2:21 | 3:35 | 6:21 | 8:24 | 9:43 | 12:01 | 15:20 | 16:01 | 22:11 | 24:50 | 27:12 | 30:16 | 32:05 | 40:18 | 43:57 | 47:27 | 50:25 | 52:16 | 55:46 | 57:59 | 58:47 | 59:09 |
| | **IND** | | 2:21 | 1:14 | 2:46 | 2:03 | 1:19 | 2:18 | 3:19 | 0:41 | 6:10 | 2:39 | 2:22 | 3:04 | 1:49 | 8:13 | 3:39 | 3:30 | 2:58 | 1:51 | 3:30 | 2:13 | 0:48 | 0:22 |
| **19** | **Christian Saxtoft** | **62:05** | 1:46 | 2:47 | 5:14 | 6:45 | 7:53 | 10:21 | 12:32 | 13:25 | 21:55 | 24:12 | 27:27 | 30:50 | 33:54 | 42:57 | 45:51 | 49:23 | 52:49 | 55:11 | 58:44 | 61:04 | 61:44 | 62:05 |
| | **BOK** | | 1:46 | 1:01 | 2:27 | 1:31 | 1:08 | 2:28 | 2:11 | 0:53 | 8:30 | 2:17 | 3:15 | 3:23 | 3:04 | 9:03 | 2:54 | 3:32 | 3:26 | 2:22 | 3:33 | 2:20 | 0:40 | 0:21 |
| **20** | **Peter Dobra** | **62:51** | 2:10 | 3:23 | 6:03 | 7:32 | 8:43 | 11:24 | 13:02 | 14:23 | 23:44 | 25:47 | 28:28 | 34:06 | 36:26 | 44:26 | 46:58 | 50:45 | 53:55 | 55:44 | 58:52 | 61:55 | 62:29 | 62:51 |
| | **UBOC** | | 2:10 | 1:13 | 2:40 | 1:29 | 1:11 | 2:41 | 1:38 | 1:21 | 9:21 | 2:03 | 2:41 | 5:38 | 2:20 | 8:00 | 2:32 | 3:47 | 3:10 | 1:49 | 3:08 | 3:03 | 0:34 | 0:22 |
| **21** | **Andrew Hartley** | **62:58** | 1:33 | 2:36 | 4:50 | 6:30 | 7:51 | 10:13 | 12:02 | 12:37 | 18:43 | 20:59 | 24:45 | 29:41 | 32:22 | 43:37 | 46:32 | 49:53 | 54:20 | 56:08 | 59:35 | 61:44 | 62:36 | 62:58 |
| | **NGOC** | | 1:33 | 1:03 | 2:14 | 1:40 | 1:21 | 2:22 | 1:49 | 0:35 | 6:06 | 2:16 | 3:46 | 4:56 | 2:41 | 11:15 | 2:55 | 3:21 | 4:27 | 1:48 | 3:27 | 2:09 | 0:52 | 0:22 |
| **22** | **John Sammut** | **64:06** | 2:05 | 3:05 | 5:54 | 7:08 | 8:07 | 10:24 | 11:59 | 19:01 | 24:50 | 26:56 | 29:32 | 33:31 | 36:49 | 44:50 | 48:05 | 52:06 | 55:31 | 57:36 | 60:42 | 63:02 | 63:41 | 64:06 |
| | **POTOC** | | 2:05 | 1:00 | 2:49 | 1:14 | 0:59 | 2:17 | 1:35 | 7:02 | 5:49 | 2:06 | 2:36 | 3:59 | 3:18 | 8:01 | 3:15 | 4:01 | 3:25 | 2:05 | 3:06 | 2:20 | 0:39 | 0:25 |
| **23** | **Christine Farr** | **67:04** | 2:34 | 4:24 | 7:28 | 9:23 | 10:37 | 13:53 | 15:49 | 16:42 | 23:23 | 25:50 | 29:07 | 33:48 | 36:47 | 45:35 | 48:49 | 52:53 | 56:55 | 59:15 | 63:26 | 65:52 | 66:37 | 67:04 |
| | **SWOC** | | 2:34 | 1:50 | 3:04 | 1:55 | 1:14 | 3:16 | 1:56 | 0:53 | 6:41 | 2:27 | 3:17 | 4:41 | 2:59 | 8:48 | 3:14 | 4:04 | 4:02 | 2:20 | 4:11 | 2:26 | 0:45 | 0:27 |
| **24** | **Duncan Innes** | **67:47** | 1:53 | 2:52 | 5:24 | 7:06 | 8:18 | 10:47 | 12:23 | 14:05 | 20:36 | 23:02 | 26:03 | 30:13 | 32:41 | 41:24 | 48:23 | 51:46 | 54:57 | 60:53 | 64:11 | 66:23 | 67:19 | 67:47 |
| | **SWOC** | | 1:53 | 0:59 | 2:32 | 1:42 | 1:12 | 2:29 | 1:36 | 1:42 | 6:31 | 2:26 | 3:01 | 4:10 | 2:28 | 8:43 | 6:59 | 3:23 | 3:11 | 5:56 | 3:18 | 2:12 | 0:56 | 0:28 |
| **25** | **Neil Albert** | **74:22** | 1:51 | 2:51 | 5:20 | 6:58 | 8:19 | 10:33 | 20:05 | 20:34 | 26:16 | 28:18 | 31:00 | 35:05 | 37:33 | 45:44 | 57:48 | 60:54 | 64:21 | 66:04 | 70:14 | 73:03 | 73:56 | 74:22 |
| | **NGOC** | | 1:51 | 1:00 | 2:29 | 1:38 | 1:21 | 2:14 | 9:32 | 0:29 | 5:42 | 2:02 | 2:42 | 4:05 | 2:28 | 8:11 | 12:04 | 3:06 | 3:27 | 1:43 | 4:10 | 2:49 | 0:53 | 0:26 |
| | | | | *12:26* | | | | | | | | | | | | | | | | | | | | |
| | | | | **38* | | | | | | | | | | | | | | | | | | | | |

***Black (27)*** — ***6.0 km 115 m 21 C*** *(cont.)*

| Pl | Name | Time | 1(31) | 2(32) | 3(33) | 4(44) | 5(35) | 6(36) | 7(37) | 8(38) | 9(39) | 10(42) | 11(61) | 12(60) | 13(45) | 14(63) | 15(64) | 16(54) | 17(56) | 18(57) | 19(58) | 20(43) | 21(62) | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **26** | **Jon Chandler** | **74:26** | 3:17 | 4:23 | 9:06 | 10:47 | 11:54 | 14:41 | 18:52 | 19:31 | 28:42 | 31:12 | 34:05 | 41:47 | 44:19 | 53:06 | 55:57 | 60:05 | 63:41 | 65:56 | 70:05 | 73:08 | 73:56 | 74:26 |
| | **LOK** | | 3:17 | 1:06 | 4:43 | 1:41 | 1:07 | 2:47 | 4:11 | 0:39 | 9:11 | 2:30 | 2:53 | 7:42 | 2:32 | 8:47 | 2:51 | 4:08 | 3:36 | 2:15 | 4:09 | 3:03 | 0:48 | 0:30 |
| **27** | **Alec Linton** | **91:35** | 3:14 | 4:43 | 10:31 | 12:33 | 14:08 | 17:27 | 20:08 | 21:03 | 29:51 | 32:42 | 36:19 | 40:37 | 43:48 | 55:02 | 71:16 | 75:53 | 79:56 | 82:36 | 87:02 | 89:53 | 90:55 | 91:35 |
| | **IND** | | 3:14 | 1:29 | 5:48 | 2:02 | 1:35 | 3:19 | 2:41 | 0:55 | 8:48 | 2:51 | 3:37 | 4:18 | 3:11 | 11:14 | 16:14 | 4:37 | 4:03 | 2:40 | 4:26 | 2:51 | 1:02 | 0:40 |

**Brown (41)** — **5.0 km 90 m 17 C**

| Pl | Name | Time | 1(32) | 2(44) | 3(35) | 4(37) | 5(38) | 6(39) | 7(42) | 8(61) | 9(60) | 10(45) | 11(40) | 12(55) | 13(56) | 14(57) | 15(58) | 16(43) | 17(62) | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **Peter Ward** | **37:44** | 1:54 | **4:24** | **5:19** | **7:38** | 10:16 | 15:00 | 16:32 | **18:27** | **21:45** | **23:34** | **28:21** | **30:19** | **30:57** | **32:31** | **34:56** | **36:46** | **37:22** | **37:44** |
| | **NGOC** | | 1:54 | ***2:30*** | 0:55 | ***2:19*** | 2:38 | ***4:44*** | ***1:32*** | ***1:55*** | 3:18 | 1:49 | ***4:47*** | 1:58 | 0:38 | 1:34 | ***2:25*** | 1:50 | 0:36 | 0:22 |
| **2** | **Peter Shirvington** | **38:49** | 2:05 | 5:38 | 6:41 | 9:35 | 10:08 | 15:19 | 17:16 | 19:42 | 22:20 | 24:10 | 29:12 | 31:27 | 32:10 | 33:34 | 36:11 | 37:49 | 38:29 | 38:49 |
| | **QO** | | 2:05 | 3:33 | 1:03 | 2:54 | 0:33 | 5:11 | 1:57 | 2:26 | ***2:38*** | 1:50 | 5:02 | 2:15 | 0:43 | ***1:24*** | 2:37 | ***1:38*** | 0:40 | ***0:20*** |
| **3** | **Sarah Rollins** | **39:43** | 2:10 | 5:18 | 6:13 | 8:43 | 11:17 | 16:12 | 17:58 | 20:01 | 22:43 | 24:40 | 29:42 | 31:26 | 32:08 | 33:42 | 36:40 | 38:30 | 39:18 | 39:43 |
| | **SN** | | 2:10 | 3:08 | 0:55 | 2:30 | 2:34 | 4:55 | 1:46 | 2:03 | 2:42 | 1:57 | 5:02 | ***1:44*** | 0:42 | 1:34 | 2:58 | 1:50 | 0:48 | 0:25 |
| **4** | **Laura Robertson** | **40:28** | 1:59 | 5:05 | 6:05 | 8:44 | 9:35 | **14:23** | **16:13** | 18:33 | 22:12 | 24:22 | 29:27 | 31:23 | 32:21 | 34:18 | 37:16 | 39:09 | 40:04 | 40:28 |
| | **ESOC** | | 1:59 | 3:06 | 1:00 | 2:39 | 0:51 | 4:48 | 1:50 | 2:20 | 3:39 | 2:10 | 5:05 | 1:56 | 0:58 | 1:57 | 2:58 | 1:53 | 0:55 | 0:24 |
| **5** | **Alex Fielding** | **40:34** | **1:43** | 4:41 | 5:44 | 8:43 | **9:18** | 15:12 | 17:01 | 19:38 | 22:31 | 25:06 | 30:29 | 32:15 | 33:04 | 34:38 | 37:46 | 39:36 | 40:14 | 40:34 |
| | **HH** | | ***1:43*** | 2:58 | 1:03 | 2:59 | 0:35 | 5:54 | 1:49 | 2:37 | 2:53 | 2:35 | 5:23 | 1:46 | 0:49 | 1:34 | 3:08 | 1:50 | 0:38 | ***0:20*** |
| **6** | **Anne Edwards** | **40:52** | 2:24 | 5:31 | 6:31 | 10:00 | 10:25 | 15:53 | 17:48 | 20:06 | 23:12 | 24:49 | 30:18 | 32:23 | 33:14 | 34:59 | 37:37 | 39:25 | 40:30 | 40:52 |
| | **TVOC** | | 2:24 | 3:07 | 1:00 | 3:29 | ***0:25*** | 5:28 | 1:55 | 2:18 | 3:06 | ***1:37*** | 5:29 | 2:05 | 0:51 | 1:45 | 2:38 | 1:48 | 1:05 | 0:22 |
| **7** | **Jolyon Medlock** | **42:55** | 2:16 | 5:35 | 6:36 | 9:47 | 10:25 | 15:42 | 17:38 | 20:01 | 23:04 | 25:13 | 31:03 | 33:05 | 34:07 | 35:59 | 39:20 | 41:31 | 42:34 | 42:55 |
| | **WSX** | | 2:16 | 3:19 | 1:01 | 3:11 | 0:38 | 5:17 | 1:56 | 2:23 | 3:03 | 2:09 | 5:50 | 2:02 | 1:02 | 1:52 | 3:21 | 2:11 | 1:03 | 0:21 |
| **8** | **John Embrey** | **43:06** | 2:04 | 5:27 | 6:41 | 9:44 | 10:29 | 16:17 | 18:14 | 20:38 | 23:34 | 25:31 | 31:17 | 33:08 | 34:23 | 36:13 | 39:32 | 41:46 | 42:44 | 43:06 |
| | **DEE** | | 2:04 | 3:23 | 1:14 | 3:03 | 0:45 | 5:48 | 1:57 | 2:24 | 2:56 | 1:57 | 5:46 | 1:51 | 1:15 | 1:50 | 3:19 | 2:14 | 0:58 | 0:22 |
| **9** | **David Jolly** | **43:27** | 2:25 | 5:27 | 6:24 | 9:21 | 10:05 | 15:05 | 17:06 | 20:03 | 23:44 | 25:56 | 31:50 | 33:55 | 34:54 | 36:54 | 40:15 | 42:28 | 43:05 | 43:27 |
| | **RAFO** | | 2:25 | 3:02 | 0:57 | 2:57 | 0:44 | 5:00 | 2:01 | 2:57 | 3:41 | 2:12 | 5:54 | 2:05 | 0:59 | 2:00 | 3:21 | 2:13 | 0:37 | 0:22 |
| **10** | **Christopher McCart** | **43:55** | 2:16 | 5:41 | 6:33 | 9:40 | 10:17 | 15:17 | 17:10 | 19:38 | 22:51 | 26:02 | 31:56 | 33:48 | 34:48 | 37:24 | 41:00 | 42:46 | 43:30 | 43:55 |
| | **OD** | | 2:16 | 3:25 | 0:52 | 3:07 | 0:37 | 5:00 | 1:53 | 2:28 | 3:13 | 3:11 | 5:54 | 1:52 | 1:00 | 2:36 | 3:36 | 1:46 | 0:44 | 0:25 |
| **11** | **Kevin Fielding** | **43:56** | 2:15 | 5:37 | 6:41 | 9:47 | 10:23 | 15:49 | 17:46 | 20:43 | 23:46 | 26:08 | 31:14 | 33:54 | 35:01 | 37:11 | 40:36 | 42:31 | 43:36 | 43:56 |
| | **HH** | | 2:15 | 3:22 | 1:04 | 3:06 | 0:36 | 5:26 | 1:57 | 2:57 | 3:03 | 2:22 | 5:06 | 2:40 | 1:07 | 2:10 | 3:25 | 1:55 | 1:05 | ***0:20*** |
| **12** | **Mark Stodgell** | **45:41** | 2:17 | 5:06 | 6:12 | 9:09 | 9:43 | 15:01 | 16:53 | 19:23 | 23:01 | 25:31 | 31:28 | 33:33 | 34:17 | 39:16 | 42:10 | 44:21 | 45:13 | 45:41 |
| | **WCH** | | 2:17 | 2:49 | 1:06 | 2:57 | 0:34 | 5:18 | 1:52 | 2:30 | 3:38 | 2:30 | 5:57 | 2:05 | 0:44 | 4:59 | 2:54 | 2:11 | 0:52 | 0:28 |
| **13** | **Lawrence Jones** | **45:50** | 2:05 | 5:13 | 6:21 | 10:53 | 11:29 | 17:14 | 19:17 | 22:00 | 25:15 | 27:32 | 33:48 | 35:53 | 37:07 | 38:50 | 42:30 | 44:39 | 45:28 | 45:50 |
| | **NGOC** | | 2:05 | 3:08 | 1:08 | 4:32 | 0:36 | 5:45 | 2:03 | 2:43 | 3:15 | 2:17 | 6:16 | 2:05 | 1:14 | 1:43 | 3:40 | 2:09 | 0:49 | 0:22 |
| **14** | **Richard Sansbury** | **48:21** | 2:06 | 10:22 | 11:09 | 14:24 | 14:56 | 20:50 | 22:50 | 25:33 | 28:56 | 31:16 | 37:34 | 39:25 | 40:31 | 42:06 | 45:24 | 47:21 | 47:56 | 48:21 |
| | **QO** | | 2:06 | 8:16 | ***0:47*** | 3:15 | 0:32 | 5:54 | 2:00 | 2:43 | 3:23 | 2:20 | 6:18 | 1:51 | 1:06 | 1:35 | 3:18 | 1:57 | ***0:35*** | 0:25 |
| **15** | **Tommy Mills** | **49:01** | 2:39 | 6:05 | 7:09 | 12:07 | 14:40 | 19:52 | 22:09 | 24:51 | 28:48 | 31:12 | 37:43 | 39:46 | 40:47 | 42:24 | 45:54 | 47:44 | 48:24 | 49:01 |
| | **NGOC** | | 2:39 | 3:26 | 1:04 | 4:58 | 2:33 | 5:12 | 2:17 | 2:42 | 3:57 | 2:24 | 6:31 | 2:03 | 1:01 | 1:37 | 3:30 | 1:50 | 0:40 | 0:37 |
| **16** | **Dai Wilson** | **49:03** | 2:44 | 6:26 | 7:39 | 14:13 | 14:57 | 20:31 | 22:31 | 25:05 | 28:23 | 31:05 | 37:14 | 39:17 | 40:12 | 41:56 | 45:33 | 47:55 | 48:40 | 49:03 |
| | **RAFO** | | 2:44 | 3:42 | 1:13 | 6:34 | 0:44 | 5:34 | 2:00 | 2:34 | 3:18 | 2:42 | 6:09 | 2:03 | 0:55 | 1:44 | 3:37 | 2:22 | 0:45 | 0:23 |
| **17** | **Thomas Jarvis** | **50:10** | 2:11 | 5:35 | 6:33 | 13:10 | 14:58 | 20:26 | 22:24 | 24:38 | 28:17 | 30:15 | 36:39 | 39:59 | 41:04 | 42:46 | 46:10 | 48:45 | 49:49 | 50:10 |
| | **RAFO** | | 2:11 | 3:24 | 0:58 | 6:37 | 1:48 | 5:28 | 1:58 | 2:14 | 3:39 | 1:58 | 6:24 | 3:20 | 1:05 | 1:42 | 3:24 | 2:35 | 1:04 | 0:21 |
| **18** | **James Wilkinson** | **50:25** | 2:32 | 6:44 | 8:24 | 13:19 | 13:57 | 20:08 | 22:21 | 25:02 | 29:00 | 31:55 | 38:16 | 40:33 | 42:00 | 43:49 | 46:59 | 49:00 | 50:05 | 50:25 |
| | **BKO** | | 2:32 | 4:12 | 1:40 | 4:55 | 0:38 | 6:11 | 2:13 | 2:41 | 3:58 | 2:55 | 6:21 | 2:17 | 1:27 | 1:49 | 3:10 | 2:01 | 1:05 | ***0:20*** |
| **19** | **Ian Jones** | **50:30** | 3:18 | 9:56 | 10:58 | 15:03 | 15:43 | 21:19 | 23:25 | 25:47 | 29:31 | 31:41 | 38:02 | 40:21 | 41:27 | 43:24 | 47:04 | 49:20 | 50:02 | 50:30 |
| | **NGOC** | | 3:18 | 6:38 | 1:02 | 4:05 | 0:40 | 5:36 | 2:06 | 2:22 | 3:44 | 2:10 | 6:21 | 2:19 | 1:06 | 1:57 | 3:40 | 2:16 | 0:42 | 0:28 |
| **20** | **James Clemence** | **50:39** | 2:14 | 5:32 | 6:44 | 9:41 | 10:16 | 15:42 | 17:52 | 20:20 | 29:30 | 31:46 | 37:40 | 41:51 | 42:35 | 44:20 | 47:25 | 49:29 | 50:12 | 50:39 |
| | **SWOC** | | 2:14 | 3:18 | 1:12 | 2:57 | 0:35 | 5:26 | 2:10 | 2:28 | 9:10 | 2:16 | 5:54 | 4:11 | 0:44 | 1:45 | 3:05 | 2:04 | 0:43 | 0:27 |
| **21** | **Jeff Pakes** | **50:53** | 2:29 | 6:24 | 8:33 | 12:03 | 13:13 | 18:58 | 21:11 | 23:46 | 28:18 | 31:30 | 38:08 | 40:40 | 41:40 | 43:38 | 47:36 | 49:49 | 50:30 | 50:53 |
| | **QO** | | 2:29 | 3:55 | 2:09 | 3:30 | 1:10 | 5:45 | 2:13 | 2:35 | 4:32 | 3:12 | 6:38 | 2:32 | 1:00 | 1:58 | 3:58 | 2:13 | 0:41 | 0:23 |
| **22** | **Ben Lonsdale** | **50:59** | 2:55 | 6:17 | 7:28 | 11:37 | 12:38 | 19:06 | 21:14 | 23:52 | 28:20 | 31:10 | 37:37 | 41:13 | 42:12 | 44:02 | 46:56 | 49:16 | 50:34 | 50:59 |
| | **RAFO** | | 2:55 | 3:22 | 1:11 | 4:09 | 1:01 | 6:28 | 2:08 | 2:38 | 4:28 | 2:50 | 6:27 | 3:36 | 0:59 | 1:50 | 2:54 | 2:20 | 1:18 | 0:25 |
| **23** | **Anne Straube** | **53:06** | 2:33 | 6:09 | 7:38 | 11:02 | 13:03 | 19:37 | 22:03 | 24:40 | 29:11 | 31:38 | 38:48 | 40:58 | 42:56 | 45:01 | 49:30 | 51:37 | 52:38 | 53:06 |
| | **OD** | | 2:33 | 3:36 | 1:29 | 3:24 | 2:01 | 6:34 | 2:26 | 2:37 | 4:31 | 2:27 | 7:10 | 2:10 | 1:58 | 2:05 | 4:29 | 2:07 | 1:01 | 0:28 |
| **24** | **Jeremy Parr** | **53:33** | 2:25 | 6:39 | 7:53 | 11:37 | 12:27 | 19:25 | 21:49 | 25:11 | 28:52 | 31:24 | 38:24 | 40:59 | 42:14 | 45:23 | 49:11 | 51:48 | 53:03 | 53:33 |
| | **SWOC** | | 2:25 | 4:14 | 1:14 | 3:44 | 0:50 | 6:58 | 2:24 | 3:22 | 3:41 | 2:32 | 7:00 | 2:35 | 1:15 | 3:09 | 3:48 | 2:37 | 1:15 | 0:30 |
| **25** | **Andy Rimes** | **55:37** | 2:19 | 6:18 | 7:24 | 10:47 | 12:37 | 19:04 | 22:34 | 25:13 | 29:49 | 35:02 | 42:17 | 45:07 | 46:11 | 48:06 | 52:00 | 54:02 | 55:13 | 55:37 |
| | **QO** | | 2:19 | 3:59 | 1:06 | 3:23 | 1:50 | 6:27 | 3:30 | 2:39 | 4:36 | 5:13 | 7:15 | 2:50 | 1:04 | 1:55 | 3:54 | 2:02 | 1:11 | 0:24 |

***Brown (41)*** ***5.0 km 90 m 17 C*** *(cont.)*

| Pl | Name | Time | 1(32) | 2(44) | 3(35) | 4(37) | 5(38) | 6(39) | 7(42) | 8(61) | 9(60) | 10(45) | 11(40) | 12(55) | 13(56) | 14(57) | 15(58) | 16(43) | 17(62) | Finish | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **26** | **Andrew Reynolds** | **55:40** | 2:28 | 6:27 | 7:45 | 13:57 | 16:03 | 22:58 | 25:20 | 28:12 | 33:21 | 35:43 | 42:36 | 45:18 | 46:31 | 48:41 | 51:57 | 54:27 | 55:14 | 55:40 | | |
| | **DEVON** | | 2:28 | 3:59 | 1:18 | 6:12 | 2:06 | 6:55 | 2:22 | 2:52 | 5:09 | 2:22 | 6:53 | 2:42 | 1:13 | 2:10 | 3:16 | 2:30 | 0:47 | 0:26 | | |
| **27** | **Marshall Kinnear** | **55:46** | 2:02 | 4:59 | 6:10 | 10:39 | 16:51 | 22:18 | 24:17 | 26:59 | 30:38 | 32:44 | 41:19 | 46:49 | 47:26 | 49:09 | 52:20 | 54:40 | 55:21 | 55:46 | *44:22* | *45:53* |
| | **RAFO** | | 2:02 | 2:57 | 1:11 | 4:29 | 6:12 | 5:27 | 1:59 | 2:42 | 3:39 | 2:06 | 8:35 | 5:30 | ***0:37*** | 1:43 | 3:11 | 2:20 | 0:41 | 0:25 | **56* | **56* |
| **28** | **Liam Chapple** | **56:05** | 2:52 | 7:00 | 8:55 | 12:26 | 13:14 | 19:44 | 21:43 | 23:54 | 27:05 | 29:22 | 36:14 | 38:38 | 39:50 | 42:56 | 52:34 | 54:43 | 55:38 | 56:05 | *50:52* | *53:37* |
| | **OD** | | 2:52 | 4:08 | 1:55 | 3:31 | 0:48 | 6:30 | 1:59 | 2:11 | 3:11 | 2:17 | 6:52 | 2:24 | 1:12 | 3:06 | 9:38 | 2:09 | 0:55 | 0:27 | **203* | **66* |
| **29** | **Greg Best** | **57:15** | 3:15 | 7:13 | 8:27 | 12:01 | 12:45 | 19:31 | 22:12 | 25:18 | 29:46 | 32:33 | 40:03 | 42:29 | 44:03 | 47:35 | 51:50 | 55:42 | 56:46 | 57:15 | | |
| | **NGOC** | | 3:15 | 3:58 | 1:14 | 3:34 | 0:44 | 6:46 | 2:41 | 3:06 | 4:28 | 2:47 | 7:30 | 2:26 | 1:34 | 3:32 | 4:15 | 3:52 | 1:04 | 0:29 | | |
| **30** | **Russell Finch** | **57:23** | 2:34 | 6:34 | 7:44 | 11:51 | 12:32 | 19:09 | 21:51 | 24:42 | 28:24 | 32:20 | 39:30 | 43:32 | 45:16 | 49:36 | 53:43 | 56:00 | 56:54 | 57:23 | | |
| | **SWOC** | | 2:34 | 4:00 | 1:10 | 4:07 | 0:41 | 6:37 | 2:42 | 2:51 | 3:42 | 3:56 | 7:10 | 4:02 | 1:44 | 4:20 | 4:07 | 2:17 | 0:54 | 0:29 | | |
| **31** | **Edward Stott** | **58:06** | 2:19 | 5:28 | 6:39 | 10:02 | 10:46 | 16:58 | 19:08 | 21:54 | 28:43 | 31:04 | 45:03 | 47:08 | 48:44 | 51:02 | 54:40 | 56:51 | 57:36 | 58:06 | | |
| | **SLOW** | | 2:19 | 3:09 | 1:11 | 3:23 | 0:44 | 6:12 | 2:10 | 2:46 | 6:49 | 2:21 | 13:59 | 2:05 | 1:36 | 2:18 | 3:38 | 2:11 | 0:45 | 0:30 | | |
| **32** | **Doug Wilson** | **58:24** | 2:31 | 6:38 | 8:25 | 12:14 | 13:42 | 21:24 | 23:48 | 27:06 | 31:38 | 34:21 | 40:26 | 42:41 | 45:44 | 48:15 | 54:15 | 57:04 | 57:59 | 58:24 | | |
| | **NGOC** | | 2:31 | 4:07 | 1:47 | 3:49 | 1:28 | 7:42 | 2:24 | 3:18 | 4:32 | 2:43 | 6:05 | 2:15 | 3:03 | 2:31 | 6:00 | 2:49 | 0:55 | 0:25 | | |
| **33** | **Paul Fox** | **58:56** | 2:35 | 7:10 | 8:51 | 13:57 | 14:57 | 22:25 | 24:54 | 27:50 | 31:32 | 34:37 | 42:35 | 45:40 | 47:06 | 49:29 | 54:05 | 56:56 | 58:25 | 58:56 | | |
| | **SN** | | 2:35 | 4:35 | 1:41 | 5:06 | 1:00 | 7:28 | 2:29 | 2:56 | 3:42 | 3:05 | 7:58 | 3:05 | 1:26 | 2:23 | 4:36 | 2:51 | 1:29 | 0:31 | | |
| **34** | **Peter Lake** | **66:30** | 2:30 | 6:26 | 8:03 | 14:38 | 15:27 | 21:52 | 24:08 | 26:49 | 33:12 | 42:12 | 49:39 | 53:07 | 55:31 | 57:35 | 62:30 | 64:57 | 66:04 | 66:30 | | |
| | **SBOC** | | 2:30 | 3:56 | 1:37 | 6:35 | 0:49 | 6:25 | 2:16 | 2:41 | 6:23 | 9:00 | 7:27 | 3:28 | 2:24 | 2:04 | 4:55 | 2:27 | 1:07 | 0:26 | | |
| **35** | **Tom Hards** | **66:37** | 4:51 | 9:07 | 18:12 | 23:27 | 24:07 | 30:12 | 32:14 | 36:03 | 39:44 | 42:30 | 49:37 | 52:37 | 53:30 | 56:08 | 63:20 | 65:18 | 66:15 | 66:37 | | |
| | **NGOC** | | 4:51 | 4:16 | 9:05 | 5:15 | 0:40 | 6:05 | 2:02 | 3:49 | 3:41 | 2:46 | 7:07 | 3:00 | 0:53 | 2:38 | 7:12 | 1:58 | 0:57 | 0:22 | | |
| **36** | **John Miklausic** | **67:47** | 2:04 | 5:40 | 6:50 | 10:26 | 13:58 | 20:06 | 22:24 | 25:37 | 35:09 | 37:18 | 50:50 | 54:13 | 55:17 | 57:53 | 60:56 | 65:59 | 67:21 | 67:47 | | |
| | **NGOC** | | 2:04 | 3:36 | 1:10 | 3:36 | 3:32 | 6:08 | 2:18 | 3:13 | 9:32 | 2:09 | 13:32 | 3:23 | 1:04 | 2:36 | 3:03 | 5:03 | 1:22 | 0:26 | | |
| **37** | **Reece Nineham** | **70:08** | 2:53 | 7:08 | 8:28 | 13:34 | 14:19 | 28:58 | 31:45 | 34:54 | 40:38 | 44:40 | 53:07 | 56:13 | 58:14 | 61:13 | 66:07 | 68:39 | 69:40 | 70:08 | | |
| | **RAFO** | | 2:53 | 4:15 | 1:20 | 5:06 | 0:45 | 14:39 | 2:47 | 3:09 | 5:44 | 4:02 | 8:27 | 3:06 | 2:01 | 2:59 | 4:54 | 2:32 | 1:01 | 0:28 | | |
| **38** | **Mykyta Chubynsky** | **70:24** | 2:33 | 7:47 | 9:08 | 13:49 | 20:18 | 28:36 | 31:27 | 35:14 | 39:47 | 42:45 | 51:58 | 55:04 | 56:26 | 58:59 | 64:25 | 69:04 | 69:57 | 70:24 | | |
| | **OD** | | 2:33 | 5:14 | 1:21 | 4:41 | 6:29 | 8:18 | 2:51 | 3:47 | 4:33 | 2:58 | 9:13 | 3:06 | 1:22 | 2:33 | 5:26 | 4:39 | 0:53 | 0:27 | | |
| **39** | **David Pal** | **72:33** | 3:08 | 8:20 | 10:05 | 16:08 | 18:07 | 26:52 | 29:48 | 34:39 | 41:56 | 45:58 | 56:09 | 59:23 | 60:41 | 63:18 | 68:11 | 71:18 | 72:07 | 72:33 | | |
| | **WRE** | | 3:08 | 5:12 | 1:45 | 6:03 | 1:59 | 8:45 | 2:56 | 4:51 | 7:17 | 4:02 | 10:11 | 3:14 | 1:18 | 2:37 | 4:53 | 3:07 | 0:49 | 0:26 | | |
| **40** | **Steve Williams** | **72:54** | 2:39 | 7:36 | 9:05 | 13:26 | 16:59 | 24:52 | 27:16 | 30:49 | 35:33 | 38:52 | 48:39 | 52:23 | 55:23 | 63:10 | 68:39 | 71:26 | 72:25 | 72:54 | | |
| | **NGOC** | | 2:39 | 4:57 | 1:29 | 4:21 | 3:33 | 7:53 | 2:24 | 3:33 | 4:44 | 3:19 | 9:47 | 3:44 | 3:00 | 7:47 | 5:29 | 2:47 | 0:59 | 0:29 | | |
| **41** | **Tom Baker** | **77:04** | 3:51 | 8:13 | 17:19 | 22:25 | 23:15 | 31:12 | 33:30 | 37:24 | 44:48 | 47:12 | 54:37 | 63:53 | 65:36 | 68:05 | 72:33 | 75:16 | 76:38 | 77:04 | | |
| | **IND** | | 3:51 | 4:22 | 9:06 | 5:06 | 0:50 | 7:57 | 2:18 | 3:54 | 7:24 | 2:24 | 7:25 | 9:16 | 1:43 | 2:29 | 4:28 | 2:43 | 1:22 | 0:26 | | |

**Blue (92)** **4.5 km 70 m 18 C**

| Pl | Name | Time | 1(31) | 2(32) | 3(33) | 4(44) | 5(35) | 6(36) | 7(37) | 8(38) | 9(39) | 10(42) | 11(63) | 12(40) | 13(41) | 14(56) | 15(57) | 16(58) | 17(43) | 18(62) | Finish | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **Neil Crickmore** | **36:27** | **1:29** | **2:19** | **4:05** | **5:24** | **6:22** | **8:14** | **10:05** | 12:13 | **16:54** | **18:38** | **22:34** | **25:37** | **26:55** | **28:45** | **30:18** | **32:58** | **35:31** | **36:06** | **36:27** | |
| | **SO** | | ***1:29*** | ***0:50*** | ***1:46*** | 1:19 | ***0:58*** | ***1:52*** | 1:51 | 2:08 | ***4:41*** | ***1:44*** | 3:56 | ***3:03*** | ***1:18*** | ***1:50*** | ***1:33*** | ***2:40*** | 2:33 | 0:35 | 0:21 | |
| **2** | **Kevin Harding** | **38:51** | 1:57 | 3:28 | 5:32 | 6:55 | 7:57 | 9:49 | 11:14 | 11:55 | 18:48 | 20:48 | 24:42 | 28:22 | 29:42 | 31:33 | 33:17 | 36:02 | 37:52 | 38:28 | 38:51 | |
| | **HH** | | 1:57 | 1:31 | 2:04 | 1:23 | 1:02 | ***1:52*** | 1:25 | 0:41 | 6:53 | 2:00 | 3:54 | 3:40 | 1:20 | 1:51 | 1:44 | 2:45 | ***1:50*** | 0:36 | 0:23 | |
| **3** | **Niall Reynolds** | **40:17** | 1:54 | 2:55 | 5:16 | 6:53 | 8:07 | 10:31 | 12:21 | 12:58 | 18:17 | 20:15 | 24:13 | 27:54 | 29:14 | 31:17 | 33:02 | 36:31 | 38:46 | 39:49 | 40:17 | |
| | **SBOC** | | 1:54 | 1:01 | 2:21 | 1:37 | 1:14 | 2:24 | 1:50 | 0:37 | 5:19 | 1:58 | 3:58 | 3:41 | 1:20 | 2:03 | 1:45 | 3:29 | 2:15 | 1:03 | 0:28 | |
| **4** | **Scott Bailey** | **41:41** | 2:09 | 3:04 | 6:23 | 7:38 | 8:40 | 11:08 | 12:30 | 13:08 | 19:08 | 21:10 | 24:26 | 29:46 | 31:07 | 33:16 | 34:50 | 38:00 | 40:17 | 41:19 | 41:41 | |
| | **BOK** | | 2:09 | 0:55 | 3:19 | ***1:15*** | 1:02 | 2:28 | ***1:22*** | 0:38 | 6:00 | 2:02 | ***3:16*** | 5:20 | 1:21 | 2:09 | 1:34 | 3:10 | 2:17 | 1:02 | 0:22 | |
| **5** | **Colin Dickson** | **41:46** | 1:40 | 2:39 | 4:38 | 6:07 | 7:12 | 9:15 | 10:51 | 13:03 | 18:19 | 20:17 | 25:59 | 29:58 | 31:17 | 33:45 | 35:24 | 38:41 | 40:48 | 41:25 | 41:46 | |
| | **BAOC** | | 1:40 | 0:59 | 1:59 | 1:29 | 1:05 | 2:03 | 1:36 | 2:12 | 5:16 | 1:58 | 5:42 | 3:59 | 1:19 | 2:28 | 1:39 | 3:17 | 2:07 | 0:37 | 0:21 | |
| **6** | **Axel Blomquist** | **42:03** | 1:56 | 3:28 | 8:31 | 9:53 | 11:05 | 13:00 | 14:23 | 15:03 | 22:01 | 24:03 | 27:52 | 31:29 | 32:51 | 34:41 | 36:24 | 39:10 | 41:00 | 41:37 | 42:03 | *38:08* |
| | **BAOC** | | 1:56 | 1:32 | 5:03 | 1:22 | 1:12 | 1:55 | 1:23 | 0:40 | 6:58 | 2:02 | 3:49 | 3:37 | 1:22 | ***1:50*** | 1:43 | 2:46 | ***1:50*** | 0:37 | 0:26 | **203* |
| **7** | **Philip Eeles** | **42:08** | 1:45 | 2:46 | 5:01 | 6:35 | 8:22 | 10:41 | 12:14 | 12:53 | 18:48 | 21:00 | 25:03 | 28:17 | 30:54 | 33:01 | 35:02 | 38:21 | 40:46 | 41:42 | 42:08 | |
| | **SOC** | | 1:45 | 1:01 | 2:15 | 1:34 | 1:47 | 2:19 | 1:33 | 0:39 | 5:55 | 2:12 | 4:03 | 3:14 | 2:37 | 2:07 | 2:01 | 3:19 | 2:25 | 0:56 | 0:26 | |
| **8** | **Andrew Quickfall** | **42:29** | 2:18 | 3:24 | 6:21 | 7:45 | 8:48 | 11:30 | 13:18 | 13:54 | 19:02 | 21:05 | 26:32 | 30:52 | 32:23 | 34:22 | 36:01 | 39:26 | 41:17 | 41:59 | 42:29 | *37:48* |
| | **SROC** | | 2:18 | 1:06 | 2:57 | 1:24 | 1:03 | 2:42 | 1:48 | ***0:36*** | 5:08 | 2:03 | 5:27 | 4:20 | 1:31 | 1:59 | 1:39 | 3:25 | 1:51 | 0:42 | 0:30 | **203* |
| **9** | **Lucy Tonge** | **42:36** | 1:43 | 2:47 | 4:57 | 6:30 | 7:40 | 10:01 | 11:50 | 12:28 | 18:36 | 20:47 | 24:55 | 29:31 | 32:03 | 34:09 | 35:56 | 39:02 | 41:12 | 42:07 | 42:36 | |
| | **BOK** | | 1:43 | 1:04 | 2:10 | 1:33 | 1:10 | 2:21 | 1:49 | 0:38 | 6:08 | 2:11 | 4:08 | 4:36 | 2:32 | 2:06 | 1:47 | 3:06 | 2:10 | 0:55 | 0:29 | |
| **10** | **Paul Bradbury** | **43:52** | 1:48 | 3:00 | 5:45 | 7:33 | 8:46 | 11:07 | 13:09 | 13:54 | 20:03 | 22:17 | 25:49 | 30:16 | 32:23 | 34:50 | 36:40 | 40:28 | 42:46 | 43:30 | 43:52 | |
| | **SYO** | | 1:48 | 1:12 | 2:45 | 1:48 | 1:13 | 2:21 | 2:02 | 0:45 | 6:09 | 2:14 | 3:32 | 4:27 | 2:07 | 2:27 | 1:50 | 3:48 | 2:18 | 0:44 | 0:22 | |
| **11** | **Michelle Spillar** | **44:04** | 2:00 | 3:03 | 5:22 | 6:53 | 9:02 | 11:11 | 13:28 | 14:43 | 20:49 | 23:18 | 27:55 | 31:28 | 33:07 | 35:13 | 36:59 | 40:19 | 43:04 | 43:40 | 44:04 | |
| | **WIM** | | 2:00 | 1:03 | 2:19 | 1:31 | 2:09 | 2:09 | 2:17 | 1:15 | 6:06 | 2:29 | 4:37 | 3:33 | 1:39 | 2:06 | 1:46 | 3:20 | 2:45 | 0:36 | 0:24 | |

***Blue (92)*** ***4.5 km 70 m 18 C*** *(cont.)*

| Pl | Name | Time | 1(31) | 2(32) | 3(33) | 4(44) | 5(35) | 6(36) | 7(37) | 8(38) | 9(39) | 10(42) | 11(63) | 12(40) | 13(41) | 14(56) | 15(57) | 16(58) | 17(43) | 18(62) | Finish | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **12** | **Andy Jones** | **45:01** | 2:19 | 3:32 | 8:07 | 9:32 | 10:50 | 13:13 | 14:48 | 15:31 | 21:14 | 23:23 | 27:35 | 31:50 | 33:42 | 36:21 | 38:19 | 41:24 | 43:36 | 44:33 | 45:01 | |
| | **SLOW** | | 2:19 | 1:13 | 4:35 | 1:25 | 1:18 | 2:23 | 1:35 | 0:43 | 5:43 | 2:09 | 4:12 | 4:15 | 1:52 | 2:39 | 1:58 | 3:05 | 2:12 | 0:57 | 0:28 | |
| **13** | **Andy Emmerson** | **45:07** | 2:05 | 3:14 | 5:22 | 6:58 | 8:18 | 10:44 | 12:47 | 13:31 | 20:00 | 22:14 | 26:19 | 29:52 | 31:56 | 34:18 | 36:10 | 39:25 | 44:02 | 44:40 | 45:07 | |
| | **OD** | | 2:05 | 1:09 | 2:08 | 1:36 | 1:20 | 2:26 | 2:03 | 0:44 | 6:29 | 2:14 | 4:05 | 3:33 | 2:04 | 2:22 | 1:52 | 3:15 | 4:37 | 0:38 | 0:27 | |
| **14** | **Daniel Roth** | **46:11** | 2:05 | 3:17 | 5:40 | 7:56 | 8:59 | 11:36 | 13:38 | 14:19 | 20:57 | 23:04 | 29:04 | 33:06 | 34:41 | 37:09 | 39:04 | 42:49 | 45:06 | 45:45 | 46:11 | |
| | **OD** | | 2:05 | 1:12 | 2:23 | 2:16 | 1:03 | 2:37 | 2:02 | 0:41 | 6:38 | 2:07 | 6:00 | 4:02 | 1:35 | 2:28 | 1:55 | 3:45 | 2:17 | 0:39 | 0:26 | |
| **15** | **Caroline Craig** | **46:19** | 1:34 | 2:31 | 4:49 | 6:13 | 7:20 | 9:23 | 10:56 | 16:57 | 22:38 | 24:39 | 28:08 | 33:32 | 36:01 | 38:05 | 39:58 | 43:07 | 45:19 | 45:54 | 46:19 | |
| | **NGOC** | | 1:34 | 0:57 | 2:18 | 1:24 | 1:07 | 2:03 | 1:33 | 6:01 | 5:41 | 2:01 | 3:29 | 5:24 | 2:29 | 2:04 | 1:53 | 3:09 | 2:12 | 0:35 | 0:25 | |
| **16** | **Richard Davies** | **46:42** | 2:15 | 3:22 | 5:52 | 7:33 | 8:46 | 11:28 | 13:23 | 14:10 | 21:06 | 23:49 | 27:58 | 32:53 | 34:52 | 37:32 | 39:38 | 43:11 | 45:34 | 46:21 | 46:42 | |
| | **HOC** | | 2:15 | 1:07 | 2:30 | 1:41 | 1:13 | 2:42 | 1:55 | 0:47 | 6:56 | 2:43 | 4:09 | 4:55 | 1:59 | 2:40 | 2:06 | 3:33 | 2:23 | 0:47 | 0:21 | |
| **17** | **Bernhard Hagen** | **46:44** | 1:48 | 2:49 | 5:05 | 6:42 | 7:52 | 9:55 | 12:44 | 15:37 | 21:55 | 24:01 | 28:02 | 32:14 | 33:58 | 36:23 | 38:57 | 42:45 | 45:23 | 46:19 | 46:44 | |
| | **BOK** | | 1:48 | 1:01 | 2:16 | 1:37 | 1:10 | 2:03 | 2:49 | 2:53 | 6:18 | 2:06 | 4:01 | 4:12 | 1:44 | 2:25 | 2:34 | 3:48 | 2:38 | 0:56 | 0:25 | |
| **18** | **Tim Brett** | **46:53** | 1:59 | 4:15 | 6:47 | 8:48 | 9:50 | 12:09 | 14:10 | 15:00 | 21:28 | 23:52 | 28:07 | 32:08 | 34:03 | 37:06 | 38:57 | 42:32 | 45:13 | 46:28 | 46:53 | |
| | **NGOC** | | 1:59 | 2:16 | 2:32 | 2:01 | 1:02 | 2:19 | 2:01 | 0:50 | 6:28 | 2:24 | 4:15 | 4:01 | 1:55 | 3:03 | 1:51 | 3:35 | 2:41 | 1:15 | 0:25 | |
| **19** | **Bruce Bryant** | **47:00** | 1:53 | 3:07 | 5:30 | 7:15 | 8:31 | 11:04 | 12:48 | 13:27 | 20:18 | 22:50 | 27:50 | 32:26 | 34:34 | 37:36 | 39:51 | 43:17 | 45:48 | 46:32 | 47:00 | |
| | **OD** | | 1:53 | 1:14 | 2:23 | 1:45 | 1:16 | 2:33 | 1:44 | 0:39 | 6:51 | 2:32 | 5:00 | 4:36 | 2:08 | 3:02 | 2:15 | 3:26 | 2:31 | 0:44 | 0:28 | |
| **20** | **Mark Saunders** | **47:02** | 1:34 | 2:36 | 4:53 | 6:15 | 7:27 | 9:41 | 11:10 | **11:54** | 17:59 | 20:12 | 23:58 | 27:20 | 34:13 | 36:27 | 40:39 | 44:01 | 45:56 | 46:37 | 47:02 | |
| | **BOK** | | 1:34 | 1:02 | 2:17 | 1:22 | 1:12 | 2:14 | 1:29 | 0:44 | 6:05 | 2:13 | 3:46 | 3:22 | 6:53 | 2:14 | 4:12 | 3:22 | 1:55 | 0:41 | 0:25 | |
| **21** | **Chris Perry** | **47:08** | 2:03 | 3:06 | 9:12 | 11:01 | 12:12 | 14:16 | 16:12 | 17:33 | 24:01 | 26:00 | 29:59 | 33:54 | 35:45 | 38:09 | 39:59 | 43:45 | 45:59 | 46:39 | 47:08 | |
| | **DEVON** | | 2:03 | 1:03 | 6:06 | 1:49 | 1:11 | 2:04 | 1:56 | 1:21 | 6:28 | 1:59 | 3:59 | 3:55 | 1:51 | 2:24 | 1:50 | 3:46 | 2:14 | 0:40 | 0:29 | |
| **22** | **Steve Robertson** | **47:22** | 2:15 | 3:22 | 5:36 | 7:20 | 8:30 | 10:53 | 13:09 | 14:07 | 21:15 | 23:30 | 29:15 | 33:21 | 34:39 | 36:58 | 38:47 | 42:36 | 45:54 | 46:53 | 47:22 | |
| | **QO** | | 2:15 | 1:07 | 2:14 | 1:44 | 1:10 | 2:23 | 2:16 | 0:58 | 7:08 | 2:15 | 5:45 | 4:06 | ***1:18*** | 2:19 | 1:49 | 3:49 | 3:18 | 0:59 | 0:29 | |
| **23** | **Kevin Brooker** | **47:25** | 1:56 | 3:20 | 5:49 | 7:37 | 8:49 | 11:06 | 13:09 | 14:09 | 20:13 | 22:26 | 27:00 | 31:16 | 33:13 | 35:54 | 37:57 | 41:37 | 44:08 | 46:55 | 47:25 | *44:49* |
| | **NGOC** | | 1:56 | 1:24 | 2:29 | 1:48 | 1:12 | 2:17 | 2:03 | 1:00 | 6:04 | 2:13 | 4:34 | 4:16 | 1:57 | 2:41 | 2:03 | 3:40 | 2:31 | 2:47 | 0:30 | **53* |
| **24** | **Joe Parkinson** | **47:37** | 1:49 | 2:56 | 5:11 | 6:46 | 7:56 | 10:29 | 12:25 | 13:14 | 20:18 | 22:49 | 27:17 | 34:09 | 35:38 | 38:09 | 40:12 | 43:46 | 46:17 | 47:10 | 47:37 | *44:41* |
| | **NGOC** | | 1:49 | 1:07 | 2:15 | 1:35 | 1:10 | 2:33 | 1:56 | 0:49 | 7:04 | 2:31 | 4:28 | 6:52 | 1:29 | 2:31 | 2:03 | 3:34 | 2:31 | 0:53 | 0:27 | **66* |
| **25** | **Thomas Cochrane** | **47:38** | 1:39 | 3:04 | 5:14 | 7:01 | 8:46 | 11:04 | 12:53 | 16:05 | 22:23 | 24:32 | 28:18 | 32:36 | 34:12 | 38:30 | 40:20 | 43:41 | 46:24 | 47:13 | 47:38 | |
| | **NGOC** | | 1:39 | 1:25 | 2:10 | 1:47 | 1:45 | 2:18 | 1:49 | 3:12 | 6:18 | 2:09 | 3:46 | 4:18 | 1:36 | 4:18 | 1:50 | 3:21 | 2:43 | 0:49 | 0:25 | |
| **26** | **Ginny Hudson** | **47:39** | 2:28 | 3:30 | 5:38 | 7:23 | 8:29 | 11:01 | 13:11 | 14:54 | 20:53 | 23:20 | 29:45 | 34:05 | 36:01 | 38:08 | 40:27 | 43:57 | 46:30 | 47:15 | 47:39 | |
| | **NGOC** | | 2:28 | 1:02 | 2:08 | 1:45 | 1:06 | 2:32 | 2:10 | 1:43 | 5:59 | 2:27 | 6:25 | 4:20 | 1:56 | 2:07 | 2:19 | 3:30 | 2:33 | 0:45 | 0:24 | |
| **27** | **Alison Harding** | **48:03** | 1:59 | 3:16 | 6:11 | 7:55 | 9:16 | 11:49 | 13:28 | 14:13 | 21:34 | 23:46 | 27:48 | 31:29 | 34:55 | 37:24 | 39:36 | 43:24 | 46:31 | 47:34 | 48:03 | |
| | **HH** | | 1:59 | 1:17 | 2:55 | 1:44 | 1:21 | 2:33 | 1:39 | 0:45 | 7:21 | 2:12 | 4:02 | 3:41 | 3:26 | 2:29 | 2:12 | 3:48 | 3:07 | 1:03 | 0:29 | |
| **28** | **Derick Mercer** | **48:21** | 2:25 | 3:32 | 5:56 | 7:46 | 9:04 | 11:34 | 13:20 | 14:00 | 21:44 | 24:04 | 30:07 | 34:15 | 35:38 | 38:08 | 40:07 | 44:26 | 46:49 | 47:56 | 48:21 | |
| | **BKO** | | 2:25 | 1:07 | 2:24 | 1:50 | 1:18 | 2:30 | 1:46 | 0:40 | 7:44 | 2:20 | 6:03 | 4:08 | 1:23 | 2:30 | 1:59 | 4:19 | 2:23 | 1:07 | 0:25 | |
| **29** | **Rebecca Ward** | **49:35** | 2:17 | 3:19 | 6:09 | 8:01 | 9:10 | 12:07 | 14:33 | 16:35 | 23:47 | 25:59 | 30:29 | 37:42 | 39:12 | 41:17 | 43:11 | 46:44 | 48:37 | 49:13 | 49:35 | |
| | **NGOC** | | 2:17 | 1:02 | 2:50 | 1:52 | 1:09 | 2:57 | 2:26 | 2:02 | 7:12 | 2:12 | 4:30 | 7:13 | 1:30 | 2:05 | 1:54 | 3:33 | 1:53 | 0:36 | 0:22 | |
| **30** | **William Lake** | **50:13** | 2:13 | 3:20 | 6:22 | 7:53 | 9:57 | 12:45 | 14:40 | 15:24 | 25:12 | 27:15 | 31:46 | 38:00 | 39:34 | 41:42 | 43:46 | 47:12 | 49:24 | 49:54 | 50:13 | |
| | **SBOC** | | 2:13 | 1:07 | 3:02 | 1:31 | 2:04 | 2:48 | 1:55 | 0:44 | 9:48 | 2:03 | 4:31 | 6:14 | 1:34 | 2:08 | 2:04 | 3:26 | 2:12 | ***0:30*** | ***0:19*** | |
| **31** | **Paul Basher** | **51:13** | 1:59 | 3:09 | 5:28 | 6:55 | 8:20 | 11:06 | 13:03 | 14:03 | 20:01 | 22:09 | 27:05 | 31:25 | 33:04 | 35:42 | 40:17 | 47:47 | 49:52 | 50:45 | 51:13 | *45:16* |
| | **HOC** | | 1:59 | 1:10 | 2:19 | 1:27 | 1:25 | 2:46 | 1:57 | 1:00 | 5:58 | 2:08 | 4:56 | 4:20 | 1:39 | 2:38 | 4:35 | 7:30 | 2:05 | 0:53 | 0:28 | **203* |
| **32** | **Stuart Hanstock** | **51:16** | 1:52 | 3:34 | 6:08 | 7:51 | 9:49 | 14:44 | 17:03 | 17:52 | 24:20 | 26:41 | 31:05 | 36:27 | 38:26 | 40:49 | 42:56 | 46:39 | 49:54 | 50:48 | 51:16 | |
| | **BOK** | | 1:52 | 1:42 | 2:34 | 1:43 | 1:58 | 4:55 | 2:19 | 0:49 | 6:28 | 2:21 | 4:24 | 5:22 | 1:59 | 2:23 | 2:07 | 3:43 | 3:15 | 0:54 | 0:28 | |
| **33** | **Nick Dennis** | **51:19** | 2:04 | 4:23 | 7:33 | 9:27 | 10:36 | 13:32 | 15:41 | 16:26 | 23:55 | 27:12 | 31:18 | 36:13 | 38:15 | 40:50 | 43:13 | 47:44 | 50:10 | 50:53 | 51:19 | |
| | **BOK** | | 2:04 | 2:19 | 3:10 | 1:54 | 1:09 | 2:56 | 2:09 | 0:45 | 7:29 | 3:17 | 4:06 | 4:55 | 2:02 | 2:35 | 2:23 | 4:31 | 2:26 | 0:43 | 0:26 | |
| **34** | **Andrew Yeates** | **51:24** | 2:17 | 3:37 | 9:44 | 11:45 | 13:02 | 15:28 | 17:36 | 18:58 | 26:11 | 28:29 | 32:45 | 37:35 | 39:04 | 41:41 | 43:41 | 47:36 | 49:55 | 50:53 | 51:24 | |
| | **WCH** | | 2:17 | 1:20 | 6:07 | 2:01 | 1:17 | 2:26 | 2:08 | 1:22 | 7:13 | 2:18 | 4:16 | 4:50 | 1:29 | 2:37 | 2:00 | 3:55 | 2:19 | 0:58 | 0:31 | |
| **35** | **John Van Rooyen** | **52:01** | 2:16 | 3:25 | 6:04 | 8:11 | 10:40 | 13:16 | 15:22 | 16:11 | 23:33 | 26:14 | 31:30 | 36:42 | 39:11 | 41:34 | 43:51 | 47:32 | 49:57 | 51:33 | 52:01 | |
| | **SAX** | | 2:16 | 1:09 | 2:39 | 2:07 | 2:29 | 2:36 | 2:06 | 0:49 | 7:22 | 2:41 | 5:16 | 5:12 | 2:29 | 2:23 | 2:17 | 3:41 | 2:25 | 1:36 | 0:28 | |
| **36** | **Robin Smith** | **52:25** | 2:13 | 3:17 | 8:24 | 10:01 | 11:29 | 13:55 | 15:48 | 16:37 | 23:11 | 25:54 | 30:50 | 36:08 | 38:35 | 41:25 | 43:50 | 48:22 | 50:42 | 51:57 | 52:25 | *51:34* |
| | **SO** | | 2:13 | 1:04 | 5:07 | 1:37 | 1:28 | 2:26 | 1:53 | 0:49 | 6:34 | 2:43 | 4:56 | 5:18 | 2:27 | 2:50 | 2:25 | 4:32 | 2:20 | 1:15 | 0:28 | **53* |
| **37** | **Karen Crawford** | **52:57** | 2:02 | 3:17 | 5:39 | 7:33 | 8:50 | 11:34 | 14:47 | 16:07 | 23:44 | 26:23 | 31:39 | 37:26 | 39:17 | 42:14 | 45:09 | 49:05 | 51:14 | 52:25 | 52:57 | *50:00* |
| | **BOK** | | 2:02 | 1:15 | 2:22 | 1:54 | 1:17 | 2:44 | 3:13 | 1:20 | 7:37 | 2:39 | 5:16 | 5:47 | 1:51 | 2:57 | 2:55 | 3:56 | 2:09 | 1:11 | 0:32 | **66* |
| **38** | **Andrew Graham** | **53:04** | 2:13 | 3:36 | 5:59 | 7:37 | 9:18 | 12:29 | 14:17 | 15:05 | 22:54 | 25:36 | 30:02 | 36:12 | 38:19 | 42:46 | 45:08 | 48:55 | 51:21 | 52:36 | 53:04 | |
| | **SARUM** | | 2:13 | 1:23 | 2:23 | 1:38 | 1:41 | 3:11 | 1:48 | 0:48 | 7:49 | 2:42 | 4:26 | 6:10 | 2:07 | 4:27 | 2:22 | 3:47 | 2:26 | 1:15 | 0:28 | |
| **39** | **Kerina Lake** | **53:06** | 2:26 | 3:44 | 6:41 | 8:19 | 9:39 | 12:01 | 14:14 | 14:59 | 21:37 | 24:17 | 28:59 | 32:57 | 40:16 | 42:28 | 45:14 | 49:02 | 51:37 | 52:35 | 53:06 | |
| | **SBOC** | | 2:26 | 1:18 | 2:57 | 1:38 | 1:20 | 2:22 | 2:13 | 0:45 | 6:38 | 2:40 | 4:42 | 3:58 | 7:19 | 2:12 | 2:46 | 3:48 | 2:35 | 0:58 | 0:31 | |
| **40** | **Vanessa Lawson** | **53:14** | 2:15 | 3:22 | 6:09 | 8:11 | 9:25 | 12:54 | 14:51 | 17:18 | 24:34 | 27:00 | 31:30 | 38:28 | 40:22 | 43:00 | 45:19 | 48:51 | 52:04 | 52:48 | 53:14 | |
| | **NGOC** | | 2:15 | 1:07 | 2:47 | 2:02 | 1:14 | 3:29 | 1:57 | 2:27 | 7:16 | 2:26 | 4:30 | 6:58 | 1:54 | 2:38 | 2:19 | 3:32 | 3:13 | 0:44 | 0:26 | |

***Blue (92)*** ***4.5 km 70 m 18 C*** *(cont.)*

| Pl | Name | Time | 1(31) | 2(32) | 3(33) | 4(44) | 5(35) | 6(36) | 7(37) | 8(38) | 9(39) | 10(42) | 11(63) | 12(40) | 13(41) | 14(56) | 15(57) | 16(58) | 17(43) | 18(62) | Finish | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **41** | **Soren Bremer** | **53:55** | 2:06 | 3:13 | 8:58 | 10:28 | 11:45 | 16:01 | 17:57 | 19:00 | 26:03 | 28:25 | 33:21 | 37:53 | 39:26 | 42:44 | 45:03 | 49:15 | 52:06 | 53:27 | 53:55 | | |
| | **BMOL** | | 2:06 | 1:07 | 5:45 | 1:30 | 1:17 | 4:16 | 1:56 | 1:03 | 7:03 | 2:22 | 4:56 | 4:32 | 1:33 | 3:18 | 2:19 | 4:12 | 2:51 | 1:21 | 0:28 | | |
| **42** | **David Faulkner** | **54:36** | 3:02 | 4:39 | 7:30 | 9:22 | 10:44 | 13:14 | 15:20 | 16:13 | 24:21 | 26:53 | 32:01 | 37:50 | 39:43 | 44:07 | 46:32 | 50:51 | 53:08 | 54:08 | 54:36 | | |
| | **BOK** | | 3:02 | 1:37 | 2:51 | 1:52 | 1:22 | 2:30 | 2:06 | 0:53 | 8:08 | 2:32 | 5:08 | 5:49 | 1:53 | 4:24 | 2:25 | 4:19 | 2:17 | 1:00 | 0:28 | | |
| **43** | **John Tzanetis** | **54:48** | 2:44 | 4:03 | 7:10 | 9:11 | 10:44 | 14:03 | 16:37 | 17:32 | 24:59 | 27:28 | 32:23 | 37:21 | 39:40 | 43:10 | 46:07 | 50:36 | 53:15 | 54:20 | 54:48 | | |
| | **SN** | | 2:44 | 1:19 | 3:07 | 2:01 | 1:33 | 3:19 | 2:34 | 0:55 | 7:27 | 2:29 | 4:55 | 4:58 | 2:19 | 3:30 | 2:57 | 4:29 | 2:39 | 1:05 | 0:28 | | |
| **44** | **Alan Leakey** | **55:00** | 1:50 | 2:54 | 5:13 | 9:32 | 10:50 | 13:39 | 15:39 | 19:06 | 25:45 | 28:15 | 33:27 | 39:56 | 41:39 | 44:14 | 47:40 | 51:03 | 53:14 | 54:10 | 55:00 | *49:49* | |
| | **SLOW** | | 1:50 | 1:04 | 2:19 | 4:19 | 1:18 | 2:49 | 2:00 | 3:27 | 6:39 | 2:30 | 5:12 | 6:29 | 1:43 | 2:35 | 3:26 | 3:23 | 2:11 | 0:56 | 0:50 | **203* | |
| **45** | **Tom Birthwright** | **55:02** | 2:44 | 4:07 | 6:40 | 8:24 | 9:56 | 12:46 | 17:20 | 19:52 | 28:01 | 31:02 | 35:44 | 40:23 | 42:07 | 44:59 | 47:21 | 51:14 | 53:54 | 54:36 | 55:02 | | |
| | **NGOC** | | 2:44 | 1:23 | 2:33 | 1:44 | 1:32 | 2:50 | 4:34 | 2:32 | 8:09 | 3:01 | 4:42 | 4:39 | 1:44 | 2:52 | 2:22 | 3:53 | 2:40 | 0:42 | 0:26 | | |
| **46** | **Steve Chiverton** | **55:15** | 3:09 | 4:17 | 6:55 | 8:47 | 10:26 | 13:21 | 15:38 | 17:56 | 25:03 | 27:42 | 32:42 | 38:06 | 40:58 | 43:56 | 46:33 | 51:11 | 53:54 | 54:44 | 55:15 | | |
| | **HOC** | | 3:09 | 1:08 | 2:38 | 1:52 | 1:39 | 2:55 | 2:17 | 2:18 | 7:07 | 2:39 | 5:00 | 5:24 | 2:52 | 2:58 | 2:37 | 4:38 | 2:43 | 0:50 | 0:31 | | |
| **47** | **Martin Cook** | **55:46** | 2:31 | 3:48 | 6:37 | 8:36 | 10:03 | 13:18 | 15:33 | 16:57 | 24:22 | 27:31 | 32:12 | 36:39 | 39:04 | 42:58 | 45:24 | 50:04 | 54:24 | 55:18 | 55:46 | | |
| | **SMOC** | | 2:31 | 1:17 | 2:49 | 1:59 | 1:27 | 3:15 | 2:15 | 1:24 | 7:25 | 3:09 | 4:41 | 4:27 | 2:25 | 3:54 | 2:26 | 4:40 | 4:20 | 0:54 | 0:28 | | |
| **48** | **Geoff Trewin** | **56:38** | 2:12 | 3:30 | 6:00 | 7:54 | 10:09 | 12:46 | 14:55 | 15:48 | 23:18 | 26:04 | 30:56 | 36:14 | 42:51 | 45:21 | 47:56 | 51:54 | 55:07 | 56:08 | 56:38 | | |
| | **HOC** | | 2:12 | 1:18 | 2:30 | 1:54 | 2:15 | 2:37 | 2:09 | 0:53 | 7:30 | 2:46 | 4:52 | 5:18 | 6:37 | 2:30 | 2:35 | 3:58 | 3:13 | 1:01 | 0:30 | | |
| **49** | **Kelvin Davies** | **56:52** | 2:16 | 3:26 | 6:03 | 8:15 | 9:37 | 12:29 | 17:04 | 18:28 | 25:37 | 28:12 | 34:12 | 40:55 | 42:38 | 45:30 | 47:58 | 52:12 | 55:28 | 56:26 | 56:52 | | |
| | **BOK** | | 2:16 | 1:10 | 2:37 | 2:12 | 1:22 | 2:52 | 4:35 | 1:24 | 7:09 | 2:35 | 6:00 | 6:43 | 1:43 | 2:52 | 2:28 | 4:14 | 3:16 | 0:58 | 0:26 | | |
| **50** | **Mike Turner** | **57:41** | 4:51 | 5:42 | 8:19 | 9:48 | 11:09 | 13:29 | 16:29 | 17:19 | 25:14 | 27:46 | 33:53 | 39:01 | 45:33 | 48:29 | 50:37 | 54:29 | 56:33 | 57:18 | 57:41 | | |
| | **SO** | | 4:51 | 0:51 | 2:37 | 1:29 | 1:21 | 2:20 | 3:00 | 0:50 | 7:55 | 2:32 | 6:07 | 5:08 | 6:32 | 2:56 | 2:08 | 3:52 | 2:04 | 0:45 | 0:23 | | |
| **51** | **Alan Pucill** | **57:46** | 1:59 | 3:16 | 5:57 | 8:35 | 9:55 | 12:33 | 15:09 | 16:17 | 24:49 | 27:35 | 33:12 | 38:32 | 41:05 | 44:10 | 47:04 | 51:28 | 56:09 | 57:19 | 57:46 | | |
| | **NGOC** | | 1:59 | 1:17 | 2:41 | 2:38 | 1:20 | 2:38 | 2:36 | 1:08 | 8:32 | 2:46 | 5:37 | 5:20 | 2:33 | 3:05 | 2:54 | 4:24 | 4:41 | 1:10 | 0:27 | | |
| **52** | **Alison Reynolds** | **57:49** | 2:39 | 4:19 | 7:14 | 9:22 | 10:48 | 13:36 | 16:22 | 18:05 | 26:16 | 29:12 | 35:43 | 40:40 | 44:21 | 47:28 | 50:07 | 53:35 | 56:17 | 57:21 | 57:49 | | |
| | **DEVON** | | 2:39 | 1:40 | 2:55 | 2:08 | 1:26 | 2:48 | 2:46 | 1:43 | 8:11 | 2:56 | 6:31 | 4:57 | 3:41 | 3:07 | 2:39 | 3:28 | 2:42 | 1:04 | 0:28 | | |
| **53** | **Peter Martin** | **57:52** | 2:51 | 5:20 | 8:04 | 10:01 | 11:29 | 14:21 | 16:03 | 16:54 | 25:10 | 28:14 | 33:00 | 37:43 | 40:37 | 43:11 | 48:07 | 53:07 | 56:12 | 57:25 | 57:52 | | |
| | **MV** | | 2:51 | 2:29 | 2:44 | 1:57 | 1:28 | 2:52 | 1:42 | 0:51 | 8:16 | 3:04 | 4:46 | 4:43 | 2:54 | 2:34 | 4:56 | 5:00 | 3:05 | 1:13 | 0:27 | | |
| **54** | **Martin Lewis** | **58:27** | 2:29 | 3:39 | 6:24 | 8:15 | 9:51 | 12:32 | 14:58 | 16:19 | 25:16 | 28:08 | 34:16 | 39:34 | 43:49 | 47:34 | 49:28 | 53:51 | 57:02 | 57:56 | 58:27 | | |
| | **QO** | | 2:29 | 1:10 | 2:45 | 1:51 | 1:36 | 2:41 | 2:26 | 1:21 | 8:57 | 2:52 | 6:08 | 5:18 | 4:15 | 3:45 | 1:54 | 4:23 | 3:11 | 0:54 | 0:31 | | |
| **55** | **Rob Taylor** | **58:56** | 2:07 | 3:34 | 6:42 | 8:41 | 9:58 | 12:31 | 14:59 | 15:44 | 23:01 | 25:45 | 30:13 | 34:26 | 42:37 | 45:46 | 50:00 | 53:43 | 57:22 | 58:28 | 58:56 | | |
| | **NGOC** | | 2:07 | 1:27 | 3:08 | 1:59 | 1:17 | 2:33 | 2:28 | 0:45 | 7:17 | 2:44 | 4:28 | 4:13 | 8:11 | 3:09 | 4:14 | 3:43 | 3:39 | 1:06 | 0:28 | | |
| **56** | **Ali Kempson** | **59:28** | 3:07 | 4:23 | 10:27 | 12:05 | 13:36 | 17:02 | 19:56 | 22:07 | 29:35 | 32:37 | 37:17 | 42:12 | 44:28 | 47:18 | 49:56 | 54:23 | 58:00 | 58:56 | 59:28 | | |
| | **TVOC** | | 3:07 | 1:16 | 6:04 | 1:38 | 1:31 | 3:26 | 2:54 | 2:11 | 7:28 | 3:02 | 4:40 | 4:55 | 2:16 | 2:50 | 2:38 | 4:27 | 3:37 | 0:56 | 0:32 | | |
| **57** | **Eddie Speak** | **59:46** | 2:12 | 3:26 | 9:25 | 10:48 | 12:39 | 15:43 | 17:50 | 18:40 | 26:50 | 29:34 | 35:37 | 42:59 | 44:58 | 47:39 | 50:13 | 55:42 | 58:22 | 59:17 | 59:46 | | |
| | **MDOC** | | 2:12 | 1:14 | 5:59 | 1:23 | 1:51 | 3:04 | 2:07 | 0:50 | 8:10 | 2:44 | 6:03 | 7:22 | 1:59 | 2:41 | 2:34 | 5:29 | 2:40 | 0:55 | 0:29 | | |
| **58** | **Rob Hick** | **60:53** | 2:20 | 3:35 | 7:28 | 9:26 | 10:59 | 14:47 | 16:41 | 17:30 | 23:48 | 26:26 | 31:12 | 38:30 | 41:02 | 50:11 | 52:21 | 56:14 | 59:25 | 60:28 | 60:53 | | |
| | **WSX** | | 2:20 | 1:15 | 3:53 | 1:58 | 1:33 | 3:48 | 1:54 | 0:49 | 6:18 | 2:38 | 4:46 | 7:18 | 2:32 | 9:09 | 2:10 | 3:53 | 3:11 | 1:03 | 0:25 | | |
| **59** | **Gary Mills** | **62:00** | 2:04 | 3:18 | 8:36 | 10:21 | 11:36 | 14:34 | 16:50 | 21:28 | 32:02 | 34:32 | 39:45 | 45:26 | 47:12 | 49:46 | 52:11 | 57:57 | 60:37 | 61:31 | 62:00 | | |
| | **TVOC** | | 2:04 | 1:14 | 5:18 | 1:45 | 1:15 | 2:58 | 2:16 | 4:38 | 10:34 | 2:30 | 5:13 | 5:41 | 1:46 | 2:34 | 2:25 | 5:46 | 2:40 | 0:54 | 0:29 | | |
| **60** | **Phil Warry** | **62:24** | 2:06 | 3:36 | 7:29 | 9:42 | 12:03 | 15:24 | 19:52 | 20:49 | 30:56 | 34:13 | 38:56 | 44:06 | 46:57 | 50:14 | 52:42 | 57:21 | 60:26 | 61:51 | 62:24 | | |
| | **BOK** | | 2:06 | 1:30 | 3:53 | 2:13 | 2:21 | 3:21 | 4:28 | 0:57 | 10:07 | 3:17 | 4:43 | 5:10 | 2:51 | 3:17 | 2:28 | 4:39 | 3:05 | 1:25 | 0:33 | | |
| **61** | **Simon St Leger-Har** | **62:49** | 2:27 | 3:45 | 6:34 | 9:13 | 11:02 | 17:52 | 21:33 | 22:31 | 31:59 | 35:00 | 40:19 | 45:49 | 48:07 | 51:33 | 54:10 | 58:28 | 61:27 | 62:22 | 62:49 | | |
| | **BOK** | | 2:27 | 1:18 | 2:49 | 2:39 | 1:49 | 6:50 | 3:41 | 0:58 | 9:28 | 3:01 | 5:19 | 5:30 | 2:18 | 3:26 | 2:37 | 4:18 | 2:59 | 0:55 | 0:27 | | |
| **62** | **Rachel Dennis** | **63:06** | 2:44 | 4:23 | 7:57 | 10:24 | 12:58 | 16:03 | 18:17 | 19:14 | 27:53 | 32:23 | 37:31 | 43:41 | 46:33 | 50:15 | 53:40 | 58:11 | 61:23 | 62:35 | 63:06 | | |
| | **BOK** | | 2:44 | 1:39 | 3:34 | 2:27 | 2:34 | 3:05 | 2:14 | 0:57 | 8:39 | 4:30 | 5:08 | 6:10 | 2:52 | 3:42 | 3:25 | 4:31 | 3:12 | 1:12 | 0:31 | | |
| **63** | **Mikhail Gryaznevich** | **63:31** | 1:51 | 2:59 | 6:00 | 7:37 | 8:53 | 11:26 | 14:16 | 14:56 | 25:43 | 28:29 | 33:47 | 46:50 | 49:08 | 52:20 | 54:46 | 59:01 | 61:45 | 62:57 | 63:31 | | |
| | **TVOC** | | 1:51 | 1:08 | 3:01 | 1:37 | 1:16 | 2:33 | 2:50 | 0:40 | 10:47 | 2:46 | 5:18 | 13:03 | 2:18 | 3:12 | 2:26 | 4:15 | 2:44 | 1:12 | 0:34 | | |
| **64** | **Sue Carter** | **63:54** | 3:42 | 5:11 | 9:26 | 11:44 | 13:40 | 16:45 | 25:07 | 25:53 | 33:00 | 35:34 | 40:50 | 45:22 | 47:55 | 51:33 | 53:52 | 58:47 | 62:20 | 63:23 | 63:54 | *19:05* | |
| | **SLOW** | | 3:42 | 1:29 | 4:15 | 2:18 | 1:56 | 3:05 | 8:22 | 0:46 | 7:07 | 2:34 | 5:16 | 4:32 | 2:33 | 3:38 | 2:19 | 4:55 | 3:33 | 1:03 | 0:31 | **38* | |
| **65** | **John Simmons** | **64:28** | 1:46 | 3:09 | 5:31 | 7:21 | 8:44 | 12:17 | 22:26 | 23:03 | 29:21 | 31:39 | 35:39 | 39:35 | 41:04 | 45:11 | 50:53 | 57:00 | 63:07 | 63:59 | 64:28 | *16:48* | *20:39* |
| | **BOK** | | 1:46 | 1:23 | 2:22 | 1:50 | 1:23 | 3:33 | 10:09 | 0:37 | 6:18 | 2:18 | 4:00 | 3:56 | 1:29 | 4:07 | 5:42 | 6:07 | 6:07 | 0:52 | 0:29 | **38* | **38* |
| **66** | **Phil M'Caw** | **64:55** | 2:04 | 3:19 | 5:53 | 10:41 | 12:04 | 15:05 | 17:49 | 18:42 | 27:04 | 29:48 | 35:43 | 41:29 | 44:20 | 48:06 | 53:36 | 58:26 | 62:34 | 64:26 | 64:55 | | |
| | **HH** | | 2:04 | 1:15 | 2:34 | 4:48 | 1:23 | 3:01 | 2:44 | 0:53 | 8:22 | 2:44 | 5:55 | 5:46 | 2:51 | 3:46 | 5:30 | 4:50 | 4:08 | 1:52 | 0:29 | | |
| **67** | **Rob Rees** | **64:58** | 2:20 | 3:37 | 9:09 | 11:06 | 12:27 | 15:20 | 17:26 | 19:16 | 27:15 | 35:00 | 39:36 | 44:36 | 46:58 | 50:12 | 55:31 | 60:35 | 63:09 | 64:34 | 64:58 | | |
| | **NGOC** | | 2:20 | 1:17 | 5:32 | 1:57 | 1:21 | 2:53 | 2:06 | 1:50 | 7:59 | 7:45 | 4:36 | 5:00 | 2:22 | 3:14 | 5:19 | 5:04 | 2:34 | 1:25 | 0:24 | | |
| **68** | **Kevin Bush** | **66:27** | 2:03 | 3:26 | 6:29 | 8:47 | 10:26 | 13:46 | 16:21 | 17:12 | 27:08 | 30:17 | 35:51 | 41:00 | 51:26 | 54:22 | 57:02 | 61:55 | 64:58 | 65:56 | 66:27 | | |
| | **SWOC** | | 2:03 | 1:23 | 3:03 | 2:18 | 1:39 | 3:20 | 2:35 | 0:51 | 9:56 | 3:09 | 5:34 | 5:09 | 10:26 | 2:56 | 2:40 | 4:53 | 3:03 | 0:58 | 0:31 | | |
| **69** | **Elizabeth Treherne** | **67:24** | 3:08 | 4:31 | 7:38 | 9:57 | 11:22 | 14:31 | 18:35 | 21:58 | 31:16 | 35:29 | 40:54 | 49:45 | 51:42 | 55:15 | 58:14 | 62:45 | 65:58 | 66:53 | 67:24 | | |
| | **BOK** | | 3:08 | 1:23 | 3:07 | 2:19 | 1:25 | 3:09 | 4:04 | 3:23 | 9:18 | 4:13 | 5:25 | 8:51 | 1:57 | 3:33 | 2:59 | 4:31 | 3:13 | 0:55 | 0:31 | | |

| Pl | Name | Time | 1(31) | 2(32) | 3(33) | 4(44) | 5(35) | 6(36) | 7(37) | 8(38) | 9(39) | 10(42) | 11(63) | 12(40) | 13(41) | 14(56) | 15(57) | 16(58) | 17(43) | 18(62) | Finish | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| ***Blue (92)*** | | | | | ***4.5 km*** | ***70 m*** | ***18 C*** | *(cont.)* | | | | | | | | | | | | | | | |
| **70** | **Dave Hartley** | **67:46** | 2:40 | 5:09 | 8:09 | 11:01 | 12:30 | 16:01 | 18:27 | 19:30 | 30:30 | 34:22 | 38:57 | 44:52 | 51:01 | 56:15 | 58:53 | 63:10 | 65:57 | 67:17 | 67:46 | | |
| | **NGOC** | | 2:40 | 2:29 | 3:00 | 2:52 | 1:29 | 3:31 | 2:26 | 1:03 | 11:00 | 3:52 | 4:35 | 5:55 | 6:09 | 5:14 | 2:38 | 4:17 | 2:47 | 1:20 | 0:29 | | |
| **71** | **Nicky Staniforth** | **68:50** | 3:25 | 4:59 | 8:15 | 10:39 | 11:56 | 15:50 | 18:41 | 19:24 | 28:32 | 31:18 | 36:48 | 42:32 | 47:09 | 50:11 | 52:44 | 59:15 | 67:21 | 68:19 | 68:50 | | |
| | **IND** | | 3:25 | 1:34 | 3:16 | 2:24 | 1:17 | 3:54 | 2:51 | 0:43 | 9:08 | 2:46 | 5:30 | 5:44 | 4:37 | 3:02 | 2:33 | 6:31 | 8:06 | 0:58 | 0:31 | | |
| **72** | **Rosie Wych** | **69:47** | 2:29 | 4:53 | 7:52 | 10:10 | 12:41 | 16:21 | 19:00 | 20:03 | 28:51 | 31:51 | 41:59 | 51:00 | 52:54 | 56:43 | 59:44 | 64:46 | 67:36 | 69:11 | 69:47 | | |
| | **QO** | | 2:29 | 2:24 | 2:59 | 2:18 | 2:31 | 3:40 | 2:39 | 1:03 | 8:48 | 3:00 | 10:08 | 9:01 | 1:54 | 3:49 | 3:01 | 5:02 | 2:50 | 1:35 | 0:36 | | |
| **73** | **Catherine Slade** | **70:47** | 3:17 | 4:47 | 8:29 | 10:52 | 12:46 | 17:13 | 21:01 | 22:22 | 32:40 | 36:04 | 42:39 | 48:53 | 51:33 | 56:03 | 60:03 | 65:15 | 68:37 | 70:10 | 70:47 | | |
| | **SAX** | | 3:17 | 1:30 | 3:42 | 2:23 | 1:54 | 4:27 | 3:48 | 1:21 | 10:18 | 3:24 | 6:35 | 6:14 | 2:40 | 4:30 | 4:00 | 5:12 | 3:22 | 1:33 | 0:37 | | |
| **74** | **Colin Swallow** | **72:14** | 2:45 | 4:24 | 9:54 | 11:51 | 13:14 | 16:21 | 21:22 | 22:18 | 30:55 | 33:57 | 39:51 | 52:29 | 54:21 | 57:59 | 63:14 | 67:26 | 70:19 | 71:42 | 72:14 | *48:43* | |
| | **SN** | | 2:45 | 1:39 | 5:30 | 1:57 | 1:23 | 3:07 | 5:01 | 0:56 | 8:37 | 3:02 | 5:54 | 12:38 | 1:52 | 3:38 | 5:15 | 4:12 | 2:53 | 1:23 | 0:32 | **41* | |
| **75** | **Tessa Lewis** | **73:07** | 2:29 | 4:13 | 7:39 | 10:13 | 14:20 | 18:01 | 23:44 | 24:21 | 33:14 | 37:04 | 42:51 | 49:23 | 52:51 | 57:04 | 60:03 | 65:11 | 70:55 | 72:36 | 73:07 | | |
| | **SWOC** | | 2:29 | 1:44 | 3:26 | 2:34 | 4:07 | 3:41 | 5:43 | 0:37 | 8:53 | 3:50 | 5:47 | 6:32 | 3:28 | 4:13 | 2:59 | 5:08 | 5:44 | 1:41 | 0:31 | | |
| **76** | **Michelle Ward** | **74:50** | 3:16 | 4:51 | 8:19 | 10:49 | 12:45 | 16:54 | 21:10 | 22:20 | 32:42 | 36:03 | 45:20 | 51:25 | 55:05 | 59:25 | 62:18 | 68:36 | 72:17 | 74:18 | 74:50 | *73:43* | |
| | **NGOC** | | 3:16 | 1:35 | 3:28 | 2:30 | 1:56 | 4:09 | 4:16 | 1:10 | 10:22 | 3:21 | 9:17 | 6:05 | 3:40 | 4:20 | 2:53 | 6:18 | 3:41 | 2:01 | 0:32 | **53* | |
| **77** | **Stephen Lee-Jones** | **76:13** | 1:51 | 3:05 | 5:59 | 7:50 | 9:18 | 13:37 | 16:14 | 17:03 | 26:01 | 28:59 | 34:00 | 38:21 | 47:31 | 65:19 | 67:38 | 71:44 | 74:47 | 75:47 | 76:13 | | |
| | **BOK** | | 1:51 | 1:14 | 2:54 | 1:51 | 1:28 | 4:19 | 2:37 | 0:49 | 8:58 | 2:58 | 5:01 | 4:21 | 9:10 | 17:48 | 2:19 | 4:06 | 3:03 | 1:00 | 0:26 | | |
| **78** | **John Turner** | **76:45** | 3:59 | 5:45 | 9:03 | 11:24 | 13:51 | 17:45 | 21:24 | 22:22 | 31:05 | 35:39 | 40:31 | 46:54 | 57:15 | 61:45 | 65:49 | 71:51 | 74:53 | 76:14 | 76:45 | | |
| | **TVOC** | | 3:59 | 1:46 | 3:18 | 2:21 | 2:27 | 3:54 | 3:39 | 0:58 | 8:43 | 4:34 | 4:52 | 6:23 | 10:21 | 4:30 | 4:04 | 6:02 | 3:02 | 1:21 | 0:31 | | |
| **79** | **Si Read** | **77:53** | 3:11 | 4:47 | 17:06 | 19:02 | 20:21 | 24:33 | 29:31 | 30:25 | 41:39 | 44:25 | 48:34 | 53:30 | 57:13 | 62:26 | 65:37 | 72:21 | 75:57 | 77:12 | 77:53 | | |
| | **IND** | | 3:11 | 1:36 | 12:19 | 1:56 | 1:19 | 4:12 | 4:58 | 0:54 | 11:14 | 2:46 | 4:09 | 4:56 | 3:43 | 5:13 | 3:11 | 6:44 | 3:36 | 1:15 | 0:41 | | |
| **80** | **Robin Baker** | **81:30** | 2:42 | 5:42 | 9:42 | 12:44 | 14:41 | 18:37 | 22:44 | 24:37 | 35:02 | 38:56 | 45:20 | 51:58 | 61:27 | 66:07 | 69:36 | 75:08 | 79:34 | 80:50 | 81:30 | | |
| | **POTOC** | | 2:42 | 3:00 | 4:00 | 3:02 | 1:57 | 3:56 | 4:07 | 1:53 | 10:25 | 3:54 | 6:24 | 6:38 | 9:29 | 4:40 | 3:29 | 5:32 | 4:26 | 1:16 | 0:40 | | |
| **81** | **Sharon Finch** | **83:29** | 7:01 | 8:05 | 13:18 | 15:36 | 17:56 | 21:56 | 24:43 | 26:38 | 37:38 | 41:19 | 48:45 | 60:12 | 63:58 | 67:37 | 73:07 | 78:36 | 81:47 | 83:00 | 83:29 | | |
| | **SWOC** | | 7:01 | 1:04 | 5:13 | 2:18 | 2:20 | 4:00 | 2:47 | 1:55 | 11:00 | 3:41 | 7:26 | 11:27 | 3:46 | 3:39 | 5:30 | 5:29 | 3:11 | 1:13 | 0:29 | | |
| **82** | **Christopher Moon** | **83:41** | 3:08 | 4:54 | 15:57 | 17:46 | 19:24 | 24:33 | 26:34 | 28:31 | 37:17 | 40:48 | 45:55 | 63:31 | 65:51 | 69:54 | 73:26 | 77:56 | 82:08 | 83:10 | 83:41 | | |
| | **BOK** | | 3:08 | 1:46 | 11:03 | 1:49 | 1:38 | 5:09 | 2:01 | 1:57 | 8:46 | 3:31 | 5:07 | 17:36 | 2:20 | 4:03 | 3:32 | 4:30 | 4:12 | 1:02 | 0:31 | | |
| **83** | **Richard Rossington** | **85:35** | 3:13 | 4:49 | 16:56 | 18:55 | 20:43 | 24:21 | 27:29 | 28:26 | 37:20 | 40:35 | 51:48 | 58:22 | 60:56 | 66:20 | 69:25 | 80:00 | 83:27 | 85:07 | 85:35 | | |
| | **BOK** | | 3:13 | 1:36 | 12:07 | 1:59 | 1:48 | 3:38 | 3:08 | 0:57 | 8:54 | 3:15 | 11:13 | 6:34 | 2:34 | 5:24 | 3:05 | 10:35 | 3:27 | 1:40 | 0:28 | | |
| **84** | **Paul Watterson** | **85:57** | 3:23 | 5:27 | 10:00 | 13:53 | 16:03 | 20:12 | 23:22 | 24:39 | 37:14 | 41:29 | 49:00 | 57:00 | 60:36 | 68:26 | 72:00 | 78:23 | 82:47 | 84:59 | 85:57 | | |
| | **HOC** | | 3:23 | 2:04 | 4:33 | 3:53 | 2:10 | 4:09 | 3:10 | 1:17 | 12:35 | 4:15 | 7:31 | 8:00 | 3:36 | 7:50 | 3:34 | 6:23 | 4:24 | 2:12 | 0:58 | | |
| **85** | **Ian Phillips** | **86:19** | 2:25 | 4:08 | 13:59 | 16:36 | 19:13 | 25:27 | 28:21 | 29:59 | 40:40 | 44:43 | 52:32 | 58:32 | 67:49 | 71:23 | 74:33 | 80:20 | 84:33 | 85:43 | 86:19 | | |
| | **NGOC** | | 2:25 | 1:43 | 9:51 | 2:37 | 2:37 | 6:14 | 2:54 | 1:38 | 10:41 | 4:03 | 7:49 | 6:00 | 9:17 | 3:34 | 3:10 | 5:47 | 4:13 | 1:10 | 0:36 | | |
| **86** | **Jacqueline Embrey** | **87:15** | 2:26 | 4:26 | 8:13 | 10:47 | 12:53 | 21:24 | 27:50 | 29:14 | 41:32 | 46:50 | 53:16 | 62:00 | 67:51 | 72:26 | 75:25 | 81:31 | 85:05 | 86:43 | 87:15 | *86:08* | |
| | **DEE** | | 2:26 | 2:00 | 3:47 | 2:34 | 2:06 | 8:31 | 6:26 | 1:24 | 12:18 | 5:18 | 6:26 | 8:44 | 5:51 | 4:35 | 2:59 | 6:06 | 3:34 | 1:38 | 0:32 | **53* | |
| **87** | **Shirley Robinson** | **93:19** | 2:19 | 4:14 | 14:42 | 17:05 | 19:09 | 23:50 | 27:10 | 32:02 | 44:11 | 47:41 | 54:02 | 60:58 | 66:27 | 71:55 | 76:39 | 82:48 | 91:09 | 92:44 | 93:19 | | |
| | **NGOC** | | 2:19 | 1:55 | 10:28 | 2:23 | 2:04 | 4:41 | 3:20 | 4:52 | 12:09 | 3:30 | 6:21 | 6:56 | 5:29 | 5:28 | 4:44 | 6:09 | 8:21 | 1:35 | 0:35 | | |
| **88** | **Theo Leather** | **99:12** | 2:56 | 4:31 | 7:30 | 9:37 | 10:49 | 14:35 | 18:07 | 19:27 | 29:13 | 32:07 | 40:30 | 46:31 | 72:58 | 87:13 | 89:56 | 94:20 | 97:08 | 98:34 | 99:12 | *92:02* | |
| | **IND** | | 2:56 | 1:35 | 2:59 | 2:07 | 1:12 | 3:46 | 3:32 | 1:20 | 9:46 | 2:54 | 8:23 | 6:01 | 26:27 | 14:15 | 2:43 | 4:24 | 2:48 | 1:26 | 0:38 | **69* | |
| **89** | **Nick Taylor** | **100:27** | 3:59 | 6:13 | 10:47 | 16:18 | 19:01 | 23:49 | 27:05 | 28:45 | 42:30 | 48:18 | 62:54 | 70:25 | 74:48 | 80:38 | 84:37 | 93:05 | 97:55 | 99:50 | 100:27 | | |
| | **HOC** | | 3:59 | 2:14 | 4:34 | 5:31 | 2:43 | 4:48 | 3:16 | 1:40 | 13:45 | 5:48 | 14:36 | 7:31 | 4:23 | 5:50 | 3:59 | 8:28 | 4:50 | 1:55 | 0:37 | | |
| | **Tom Agombar** | **mp** | 4:20 | 5:59 | ----- | 10:42 | 14:05 | 17:27 | 19:29 | 21:09 | 29:54 | 32:38 | 36:43 | 40:40 | 44:29 | 56:39 | 60:00 | 70:20 | 73:34 | 74:47 | 75:15 | | |
| | **NGOC** | | 4:20 | 1:39 | | 4:43 | 3:23 | 3:22 | 2:02 | 1:40 | 8:45 | 2:44 | 4:05 | 3:57 | 3:49 | 12:10 | 3:21 | 10:20 | 3:14 | 1:13 | 0:28 | | |
| | **Reuben Leather** | **mp** | 2:51 | 4:27 | 7:22 | 9:38 | 10:57 | 14:28 | 18:04 | 19:30 | 29:23 | 32:05 | 40:27 | 46:38 | ----- | ----- | 89:56 | ----- | ----- | 98:39 | | *16:52* | *16:55* |
| | **IND** | | 2:51 | 1:36 | 2:55 | 2:16 | 1:19 | 3:31 | 3:36 | 1:26 | 9:53 | 2:42 | 8:22 | 6:11 | | | 43:18 | | | 8:43 | | **38* | **38* |
| | | | *16:57* | | | | | | | | | | | | | | | | | | | | |
| | | | **38* | | | | | | | | | | | | | | | | | | | | |
| | **Mike Wilkinson** | **dnf** | 8:34 | 10:35 | 14:56 | 17:37 | 26:58 | 33:11 | 36:17 | 37:27 | 50:02 | 53:21 | 59:15 | 67:55 | ----- | ----- | ----- | ----- | ----- | 87:51 | 88:22 | | |
| | **HOC** | | 8:34 | 2:01 | 4:21 | 2:41 | 9:21 | 6:13 | 3:06 | 1:10 | 12:35 | 3:19 | 5:54 | 8:40 | | | | | | 19:56 | 0:31 | | |

| | | | 1(31) | 2(33) | 3(44) | 4(35) | 5(55) | 6(40) | 7(34) | 8(64) | 9(54) | 10(56) | 11(57) | 12(59) | 13(58) | 14(43) | 15(62) | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Green (85)** | | | | | **3.5 km** | **60 m** | **15 C** | | | | | | | | | | | |
| **1** | **Nicholas Lightfoot** | **30:36** | 1:37 | 4:15 | **5:39** | **6:50** | **9:16** | **11:32** | **13:36** | **15:49** | **18:56** | **22:00** | **23:45** | **25:40** | **27:32** | **29:28** | **30:06** | **30:36** |
| | **SYO** | | 1:37 | 2:38 | ***1:24*** | 1:11 | 2:26 | 2:16 | 2:04 | 2:13 | ***3:07*** | 3:04 | 1:45 | 1:55 | 1:52 | ***1:56*** | 0:38 | 0:30 |
| **2** | **Ian Ditchfield** | **32:11** | 1:45 | 5:19 | 6:54 | 8:04 | 10:28 | 12:58 | 15:12 | 17:16 | 20:30 | 23:20 | 25:04 | 26:48 | 29:01 | 31:06 | 31:44 | 32:11 |
| | **MV** | | 1:45 | 3:34 | 1:35 | 1:10 | ***2:24*** | 2:30 | 2:14 | ***2:04*** | 3:14 | 2:50 | ***1:44*** | 1:44 | 2:13 | 2:05 | 0:38 | 0:27 |
| **3** | **Jamie Lightfoot** | **32:25** | 1:42 | 4:57 | 6:39 | 7:33 | 10:09 | 13:41 | 15:40 | 18:00 | 21:13 | 23:58 | 25:58 | 27:44 | 29:16 | 31:23 | 31:58 | 32:25 |
| | **SYO** | | 1:42 | 3:15 | 1:42 | ***0:54*** | 2:36 | 3:32 | ***1:59*** | 2:20 | 3:13 | ***2:45*** | 2:00 | 1:46 | 1:32 | 2:07 | ***0:35*** | 0:27 |

*27:23*
**203*

***Green (85)*** ***3.5 km 60 m 15 C*** *(cont.)*

| Pl | Name | Time | 1(31) | 2(33) | 3(44) | 4(35) | 5(55) | 6(40) | 7(34) | 8(64) | 9(54) | 10(56) | 11(57) | 12(59) | 13(58) | 14(43) | 15(62) | Finish | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **4** | **Lyra Medlock** | **33:20** | 1:37 | **4:07** | 5:51 | 7:28 | 10:02 | 12:13 | 15:09 | 18:44 | 22:23 | 25:21 | 27:05 | 28:42 | 30:10 | 32:08 | 33:00 | 33:20 | |
| | **WSX** | | 1:37 | ***2:30*** | 1:44 | 1:37 | 2:34 | ***2:11*** | 2:56 | 3:35 | 3:39 | 2:58 | ***1:44*** | ***1:37*** | 1:28 | 1:58 | 0:52 | 0:20 | |
| **5** | **Peter Maliphant** | **33:36** | **1:34** | 4:16 | 5:54 | 7:11 | 10:00 | 12:25 | 15:01 | 18:35 | 22:05 | 25:01 | 27:05 | 28:43 | 30:27 | 32:29 | 33:10 | 33:36 | |
| | **BOK** | | ***1:34*** | 2:42 | 1:38 | 1:17 | 2:49 | 2:25 | 2:36 | 3:34 | 3:30 | 2:56 | 2:04 | 1:38 | 1:44 | 2:02 | 0:41 | 0:26 | |
| **6** | **Rose Taylor** | **39:33** | 2:02 | 5:12 | 7:07 | 8:28 | 11:34 | 15:12 | 18:55 | 22:00 | 26:14 | 30:34 | 32:42 | 34:45 | 36:07 | 38:17 | 39:14 | 39:33 | |
| | **NGOC** | | 2:02 | 3:10 | 1:55 | 1:21 | 3:06 | 3:38 | 3:43 | 3:05 | 4:14 | 4:20 | 2:08 | 2:03 | ***1:22*** | 2:10 | 0:57 | ***0:19*** | |
| **7** | **Mike Wimpenny** | **39:54** | 2:53 | 7:04 | 8:37 | 9:54 | 12:46 | 16:02 | 18:51 | 21:29 | 25:52 | 29:24 | 31:37 | 33:42 | 36:05 | 38:27 | 39:24 | 39:54 | *37:08* |
| | **DEVON** | | 2:53 | 4:11 | 1:33 | 1:17 | 2:52 | 3:16 | 2:49 | 2:38 | 4:23 | 3:32 | 2:13 | 2:05 | 2:23 | 2:22 | 0:57 | 0:30 | **66* |
| **8** | **David Palmer** | **40:27** | 2:37 | 6:20 | 8:01 | 9:29 | 12:35 | 15:39 | 18:02 | 21:45 | 25:50 | 29:12 | 31:42 | 34:39 | 36:40 | 39:11 | 40:00 | 40:27 | |
| | **BOK** | | 2:37 | 3:43 | 1:41 | 1:28 | 3:06 | 3:04 | 2:23 | 3:43 | 4:05 | 3:22 | 2:30 | 2:57 | 2:01 | 2:31 | 0:49 | 0:27 | |
| **9** | **Jessica Ward** | **42:21** | 2:05 | 5:01 | 7:16 | 9:00 | 12:14 | 15:09 | 18:29 | 22:05 | 26:05 | 31:00 | 32:54 | 36:12 | 38:57 | 41:04 | 42:01 | 42:21 | |
| | **NGOC** | | 2:05 | 2:56 | 2:15 | 1:44 | 3:14 | 2:55 | 3:20 | 3:36 | 4:00 | 4:55 | 1:54 | 3:18 | 2:45 | 2:07 | 0:57 | 0:20 | |
| **10** | **Emily Elms** | **42:25** | 2:09 | 5:23 | 7:21 | 8:38 | 12:20 | 15:35 | 18:49 | 21:56 | 26:57 | 31:59 | 34:04 | 36:17 | 38:43 | 41:02 | 42:02 | 42:25 | |
| | **BOK** | | 2:09 | 3:14 | 1:58 | 1:17 | 3:42 | 3:15 | 3:14 | 3:07 | 5:01 | 5:02 | 2:05 | 2:13 | 2:26 | 2:19 | 1:00 | 0:23 | |
| **11** | **David May** | **43:30** | 1:55 | 5:26 | 7:30 | 9:08 | 12:43 | 15:47 | 18:38 | 21:54 | 28:49 | 32:21 | 34:35 | 36:48 | 39:24 | 42:06 | 42:58 | 43:30 | |
| | **SLOW** | | 1:55 | 3:31 | 2:04 | 1:38 | 3:35 | 3:04 | 2:51 | 3:16 | 6:55 | 3:32 | 2:14 | 2:13 | 2:36 | 2:42 | 0:52 | 0:32 | |
| **12** | **Reuben Lawson** | **43:35** | 2:43 | 5:54 | 7:59 | 10:40 | 13:47 | 16:25 | 20:34 | 24:24 | 28:58 | 32:29 | 34:41 | 36:34 | 38:34 | 42:22 | 43:13 | 43:35 | |
| | **NGOC** | | 2:43 | 3:11 | 2:05 | 2:41 | 3:07 | 2:38 | 4:09 | 3:50 | 4:34 | 3:31 | 2:12 | 1:53 | 2:00 | 3:48 | 0:51 | 0:22 | |
| **13** | **Diane Leakey** | **44:05** | 2:11 | 7:03 | 8:53 | 10:10 | 13:22 | 18:52 | 21:17 | 24:10 | 28:23 | 32:15 | 34:42 | 36:48 | 39:05 | 42:43 | 43:34 | 44:05 | *37:34* |
| | **SLOW** | | 2:11 | 4:52 | 1:50 | 1:17 | 3:12 | 5:30 | 2:25 | 2:53 | 4:13 | 3:52 | 2:27 | 2:06 | 2:17 | 3:38 | 0:51 | 0:31 | **203* |
| **14** | **Pat MacLeod** | **44:19** | 2:11 | 5:52 | 7:49 | 9:15 | 12:46 | 15:57 | 21:09 | 24:15 | 29:09 | 33:18 | 35:41 | 37:49 | 39:59 | 42:42 | 43:51 | 44:19 | |
| | **NGOC** | | 2:11 | 3:41 | 1:57 | 1:26 | 3:31 | 3:11 | 5:12 | 3:06 | 4:54 | 4:09 | 2:23 | 2:08 | 2:10 | 2:43 | 1:09 | 0:28 | |
| **15** | **Ben Perry** | **45:38** | 1:50 | 5:14 | 6:39 | 7:49 | 10:51 | 13:15 | 16:45 | 24:28 | 29:25 | 33:06 | 35:06 | 36:57 | 40:10 | 44:40 | 45:15 | 45:38 | |
| | **DEVON** | | 1:50 | 3:24 | 1:25 | 1:10 | 3:02 | 2:24 | 3:30 | 7:43 | 4:57 | 3:41 | 2:00 | 1:51 | 3:13 | 4:30 | ***0:35*** | 0:23 | |
| **16** | **Freddie Lake** | **45:39** | 2:19 | 5:51 | 7:25 | 8:42 | 12:40 | 16:02 | 20:07 | 23:38 | 27:11 | 35:08 | 37:07 | 40:14 | 42:17 | 44:20 | 45:17 | 45:39 | *43:10* |
| | **SBOC** | | 2:19 | 3:32 | 1:34 | 1:17 | 3:58 | 3:22 | 4:05 | 3:31 | 3:33 | 7:57 | 1:59 | 3:07 | 2:03 | 2:03 | 0:57 | 0:22 | **66* |
| **17** | **Allan Darwell** | **46:43** | 2:45 | 6:18 | 8:13 | 9:35 | 13:04 | 18:04 | 20:52 | 25:37 | 30:09 | 34:34 | 36:52 | 40:36 | 42:35 | 45:10 | 46:15 | 46:43 | |
| | **BOK** | | 2:45 | 3:33 | 1:55 | 1:22 | 3:29 | 5:00 | 2:48 | 4:45 | 4:32 | 4:25 | 2:18 | 3:44 | 1:59 | 2:35 | 1:05 | 0:28 | |
| **18** | **Neil Adams** | **48:20** | 2:32 | 7:20 | 10:51 | 12:29 | 16:19 | 20:38 | 23:50 | 28:03 | 32:37 | 36:32 | 39:10 | 41:47 | 44:08 | 47:04 | 47:53 | 48:20 | *42:48* |
| | **WCH** | | 2:32 | 4:48 | 3:31 | 1:38 | 3:50 | 4:19 | 3:12 | 4:13 | 4:34 | 3:55 | 2:38 | 2:37 | 2:21 | 2:56 | 0:49 | 0:27 | **203* |
| **19** | **Chris Johnson** | **48:40** | 2:39 | 6:50 | 8:51 | 10:22 | 13:54 | 17:46 | 20:35 | 24:17 | 28:50 | 32:32 | 37:02 | 40:31 | 43:50 | 46:57 | 48:06 | 48:40 | |
| | **BOK** | | 2:39 | 4:11 | 2:01 | 1:31 | 3:32 | 3:52 | 2:49 | 3:42 | 4:33 | 3:42 | 4:30 | 3:29 | 3:19 | 3:07 | 1:09 | 0:34 | |
| **20** | **Keith Willdig** | **49:04** | 2:19 | 8:06 | 9:53 | 11:20 | 14:53 | 19:30 | 22:22 | 27:00 | 32:12 | 36:36 | 39:22 | 41:40 | 44:02 | 47:34 | 48:39 | 49:04 | |
| | **OD** | | 2:19 | 5:47 | 1:47 | 1:27 | 3:33 | 4:37 | 2:52 | 4:38 | 5:12 | 4:24 | 2:46 | 2:18 | 2:22 | 3:32 | 1:05 | 0:25 | |
| **21** | **Mike Hampton** | **49:18** | 2:28 | 6:34 | 8:21 | 9:51 | 14:13 | 18:46 | 22:20 | 26:54 | 32:16 | 36:53 | 39:25 | 42:02 | 44:23 | 47:40 | 48:43 | 49:18 | |
| | **OD** | | 2:28 | 4:06 | 1:47 | 1:30 | 4:22 | 4:33 | 3:34 | 4:34 | 5:22 | 4:37 | 2:32 | 2:37 | 2:21 | 3:17 | 1:03 | 0:35 | |
| **22** | **Elisabeth Dickson** | **49:21** | 2:06 | 6:11 | 8:13 | 9:43 | 13:07 | 16:51 | 22:14 | 26:00 | 30:45 | 34:44 | 37:39 | 40:02 | 44:38 | 47:31 | 48:43 | 49:21 | |
| | **BAOC** | | 2:06 | 4:05 | 2:02 | 1:30 | 3:24 | 3:44 | 5:23 | 3:46 | 4:45 | 3:59 | 2:55 | 2:23 | 4:36 | 2:53 | 1:12 | 0:38 | |
| **23** | **Heather Wood** | **49:26** | 2:50 | 7:37 | 9:56 | 11:25 | 15:01 | 18:23 | 21:02 | 25:02 | 29:11 | 33:44 | 37:43 | 40:55 | 44:36 | 47:58 | 48:58 | 49:26 | |
| | **GEN** | | 2:50 | 4:47 | 2:19 | 1:29 | 3:36 | 3:22 | 2:39 | 4:00 | 4:09 | 4:33 | 3:59 | 3:12 | 3:41 | 3:22 | 1:00 | 0:28 | |
| **24** | **David Hanstock** | **49:33** | 2:36 | 7:08 | 9:28 | 11:02 | 14:34 | 18:31 | 21:49 | 26:01 | 32:11 | 36:32 | 39:20 | 41:58 | 44:50 | 47:54 | 49:00 | 49:33 | |
| | **BOK** | | 2:36 | 4:32 | 2:20 | 1:34 | 3:32 | 3:57 | 3:18 | 4:12 | 6:10 | 4:21 | 2:48 | 2:38 | 2:52 | 3:04 | 1:06 | 0:33 | |
| **25** | **Jane Archer** | **49:36** | 2:24 | 7:14 | 9:41 | 11:09 | 15:07 | 18:34 | 22:14 | 26:27 | 31:37 | 36:02 | 38:55 | 41:33 | 44:03 | 47:43 | 49:01 | 49:36 | |
| | **SN** | | 2:24 | 4:50 | 2:27 | 1:28 | 3:58 | 3:27 | 3:40 | 4:13 | 5:10 | 4:25 | 2:53 | 2:38 | 2:30 | 3:40 | 1:18 | 0:35 | |
| **25** | **Louise Tonge** | **49:36** | 2:01 | 5:50 | 8:20 | 9:57 | 13:39 | 17:16 | 23:05 | 26:27 | 31:45 | 36:14 | 39:02 | 41:25 | 45:04 | 48:03 | 49:09 | 49:36 | |
| | **BOK** | | 2:01 | 3:49 | 2:30 | 1:37 | 3:42 | 3:37 | 5:49 | 3:22 | 5:18 | 4:29 | 2:48 | 2:23 | 3:39 | 2:59 | 1:06 | 0:27 | |
| **27** | **David Potter** | **49:52** | 2:13 | 7:03 | 9:27 | 11:02 | 14:47 | 18:11 | 24:37 | 28:06 | 32:44 | 37:04 | 39:40 | 42:47 | 45:43 | 48:28 | 49:26 | 49:52 | *47:02* |
| | **BOK** | | 2:13 | 4:50 | 2:24 | 1:35 | 3:45 | 3:24 | 6:26 | 3:29 | 4:38 | 4:20 | 2:36 | 3:07 | 2:56 | 2:45 | 0:58 | 0:26 | **66* |
| **28** | **Chris Virgo** | **50:31** | 3:11 | 8:35 | 10:41 | 12:16 | 15:54 | 19:07 | 22:28 | 27:29 | 32:33 | 36:44 | 39:55 | 42:22 | 44:54 | 48:50 | 49:58 | 50:31 | |
| | **DEVON** | | 3:11 | 5:24 | 2:06 | 1:35 | 3:38 | 3:13 | 3:21 | 5:01 | 5:04 | 4:11 | 3:11 | 2:27 | 2:32 | 3:56 | 1:08 | 0:33 | |
| **29** | **Tom Mills** | **50:48** | 2:21 | 6:04 | 8:30 | 10:21 | 14:21 | 17:38 | 21:41 | 25:09 | 29:30 | 33:32 | 36:06 | 40:33 | 43:08 | 49:27 | 50:17 | 50:48 | |
| | **NGOC** | | 2:21 | 3:43 | 2:26 | 1:51 | 4:00 | 3:17 | 4:03 | 3:28 | 4:21 | 4:02 | 2:34 | 4:27 | 2:35 | 6:19 | 0:50 | 0:31 | |
| **30** | **Jane Lambert** | **51:21** | 3:12 | 9:39 | 11:34 | 13:15 | 16:46 | 20:04 | 22:57 | 27:27 | 31:53 | 36:03 | 40:28 | 43:01 | 46:49 | 49:57 | 50:54 | 51:21 | |
| | **SO** | | 3:12 | 6:27 | 1:55 | 1:41 | 3:31 | 3:18 | 2:53 | 4:30 | 4:26 | 4:10 | 4:25 | 2:33 | 3:48 | 3:08 | 0:57 | 0:27 | |
| **31** | **Jill Emmerson** | **51:28** | 2:13 | 6:30 | 9:45 | 11:24 | 16:09 | 20:15 | 24:49 | 28:06 | 35:00 | 39:37 | 42:09 | 44:20 | 47:00 | 49:45 | 51:00 | 51:28 | |
| | **OD** | | 2:13 | 4:17 | 3:15 | 1:39 | 4:45 | 4:06 | 4:34 | 3:17 | 6:54 | 4:37 | 2:32 | 2:11 | 2:40 | 2:45 | 1:15 | 0:28 | |
| **32** | **Karen Quickfall** | **52:13** | 2:20 | 5:46 | 7:55 | 10:04 | 18:23 | 22:55 | 26:27 | 30:12 | 34:35 | 38:53 | 41:32 | 44:47 | 47:32 | 50:21 | 51:41 | 52:13 | |
| | **SROC** | | 2:20 | 3:26 | 2:09 | 2:09 | 8:19 | 4:32 | 3:32 | 3:45 | 4:23 | 4:18 | 2:39 | 3:15 | 2:45 | 2:49 | 1:20 | 0:32 | |

***Green (85)*** ***3.5 km 60 m 15 C*** *(cont.)*

| Pl | Name | Time | 1(31) | 2(33) | 3(44) | 4(35) | 5(55) | 6(40) | 7(34) | 8(64) | 9(54) | 10(56) | 11(57) | 12(59) | 13(58) | 14(43) | 15(62) | Finish | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **33** | **Liz Phillips** | **53:06** | 2:24 | 7:03 | 9:09 | 10:48 | 14:46 | 20:57 | 25:59 | 29:41 | 35:02 | 39:41 | 42:41 | 45:22 | 48:02 | 51:11 | 52:32 | 53:06 | | |
| | **OD** | | 2:24 | 4:39 | 2:06 | 1:39 | 3:58 | 6:11 | 5:02 | 3:42 | 5:21 | 4:39 | 3:00 | 2:41 | 2:40 | 3:09 | 1:21 | 0:34 | | |
| **34** | **John Mills** | **53:51** | 1:56 | 5:26 | 7:41 | 9:13 | 15:40 | 21:29 | 24:55 | 30:23 | 35:15 | 42:04 | 44:48 | 47:09 | 49:24 | 52:23 | 53:20 | 53:51 | | |
| | **SWOC** | | 1:56 | 3:30 | 2:15 | 1:32 | 6:27 | 5:49 | 3:26 | 5:28 | 4:52 | 6:49 | 2:44 | 2:21 | 2:15 | 2:59 | 0:57 | 0:31 | | |
| **35** | **Susan Crickmore** | **54:05** | 2:28 | 7:03 | 9:57 | 11:39 | 16:12 | 20:32 | 24:42 | 28:32 | 34:01 | 39:54 | 42:55 | 45:43 | 48:37 | 52:18 | 53:32 | 54:05 | *47:00* | |
| | **SO** | | 2:28 | 4:35 | 2:54 | 1:42 | 4:33 | 4:20 | 4:10 | 3:50 | 5:29 | 5:53 | 3:01 | 2:48 | 2:54 | 3:41 | 1:14 | 0:33 | **203* | |
| **35** | **Marcia Bradbury** | **54:05** | 2:05 | 8:34 | 11:08 | 12:50 | 16:47 | 20:04 | 25:24 | 30:11 | 35:28 | 40:14 | 43:42 | 46:45 | 49:11 | 52:18 | 53:40 | 54:05 | | |
| | **SYO** | | 2:05 | 6:29 | 2:34 | 1:42 | 3:57 | 3:17 | 5:20 | 4:47 | 5:17 | 4:46 | 3:28 | 3:03 | 2:26 | 3:07 | 1:22 | 0:25 | | |
| **37** | **David Battison** | **54:44** | 2:45 | 6:41 | 9:04 | 10:45 | 16:04 | 25:09 | 29:49 | 33:51 | 38:35 | 42:46 | 45:25 | 47:50 | 50:11 | 53:20 | 54:12 | 54:44 | *48:43* | |
| | **SARUM** | | 2:45 | 3:56 | 2:23 | 1:41 | 5:19 | 9:05 | 4:40 | 4:02 | 4:44 | 4:11 | 2:39 | 2:25 | 2:21 | 3:09 | 0:52 | 0:32 | **203* | |
| **38** | **Eifion Thomas** | **55:01** | 2:39 | 6:24 | 8:46 | 10:19 | 15:00 | 20:16 | 22:54 | 28:13 | 32:35 | 37:07 | 41:48 | 46:59 | 49:23 | 53:40 | 54:32 | 55:01 | *47:48* | *50:49* |
| | **DEE** | | 2:39 | 3:45 | 2:22 | 1:33 | 4:41 | 5:16 | 2:38 | 5:19 | 4:22 | 4:32 | 4:41 | 5:11 | 2:24 | 4:17 | 0:52 | 0:29 | **203* | **66* |
| **39** | **Amy Lee-Jones** | **55:08** | 2:33 | 7:49 | 10:05 | 11:25 | 14:47 | 18:13 | 25:08 | 29:15 | 34:09 | 39:05 | 41:13 | 47:17 | 49:44 | 53:32 | 54:39 | 55:08 | | |
| | **BOK** | | 2:33 | 5:16 | 2:16 | 1:20 | 3:22 | 3:26 | 6:55 | 4:07 | 4:54 | 4:56 | 2:08 | 6:04 | 2:27 | 3:48 | 1:07 | 0:29 | | |
| **40** | **Jane Stew** | **55:10** | 3:34 | 8:01 | 10:57 | 12:51 | 17:17 | 21:09 | 26:45 | 30:39 | 35:35 | 40:45 | 43:32 | 47:25 | 49:54 | 53:33 | 54:41 | 55:10 | *45:46* | |
| | **OD** | | 3:34 | 4:27 | 2:56 | 1:54 | 4:26 | 3:52 | 5:36 | 3:54 | 4:56 | 5:10 | 2:47 | 3:53 | 2:29 | 3:39 | 1:08 | 0:29 | **69* | |
| **40** | **Richard Rae** | **55:10** | 2:36 | 8:52 | 11:17 | 13:10 | 17:24 | 21:28 | 25:17 | 29:08 | 35:34 | 40:39 | 44:02 | 46:46 | 49:48 | 53:22 | 54:37 | 55:10 | | |
| | **BKO** | | 2:36 | 6:16 | 2:25 | 1:53 | 4:14 | 4:04 | 3:49 | 3:51 | 6:26 | 5:05 | 3:23 | 2:44 | 3:02 | 3:34 | 1:15 | 0:33 | | |
| **42** | **Philip Kirk** | **55:24** | 2:38 | 6:42 | 9:33 | 11:15 | 15:54 | 19:47 | 25:42 | 29:56 | 35:07 | 39:51 | 42:37 | 46:16 | 49:29 | 53:37 | 54:51 | 55:24 | | |
| | **OD** | | 2:38 | 4:04 | 2:51 | 1:42 | 4:39 | 3:53 | 5:55 | 4:14 | 5:11 | 4:44 | 2:46 | 3:39 | 3:13 | 4:08 | 1:14 | 0:33 | | |
| **43** | **Mike Baggott** | **55:31** | 2:21 | 6:52 | 9:18 | 11:06 | 15:11 | 19:44 | 23:31 | 27:20 | 36:01 | 40:50 | 43:40 | 47:41 | 50:06 | 53:45 | 54:55 | 55:31 | | |
| | **OD** | | 2:21 | 4:31 | 2:26 | 1:48 | 4:05 | 4:33 | 3:47 | 3:49 | 8:41 | 4:49 | 2:50 | 4:01 | 2:25 | 3:39 | 1:10 | 0:36 | | |
| **44** | **John Fallows** | **55:57** | 2:11 | 10:25 | 12:19 | 14:33 | 18:34 | 22:54 | 26:05 | 29:25 | 34:29 | 39:08 | 46:36 | 48:44 | 50:53 | 54:25 | 55:26 | 55:57 | *8:29* | |
| | **NGOC** | | 2:11 | 8:14 | 1:54 | 2:14 | 4:01 | 4:20 | 3:11 | 3:20 | 5:04 | 4:39 | 7:28 | 2:08 | 2:09 | 3:32 | 1:01 | 0:31 | **44* | |
| **45** | **Tim Sands** | **56:30** | 2:35 | 7:14 | 10:13 | 12:02 | 17:30 | 26:11 | 29:37 | 33:18 | 38:10 | 43:33 | 46:24 | 48:57 | 51:27 | 54:41 | 55:49 | 56:30 | | |
| | **BOK** | | 2:35 | 4:39 | 2:59 | 1:49 | 5:28 | 8:41 | 3:26 | 3:41 | 4:52 | 5:23 | 2:51 | 2:33 | 2:30 | 3:14 | 1:08 | 0:41 | | |
| **46** | **Diana McClure** | **57:24** | 3:25 | 7:55 | 10:43 | 12:42 | 17:02 | 23:09 | 27:59 | 32:12 | 37:41 | 42:32 | 45:39 | 48:30 | 51:53 | 55:09 | 56:46 | 57:24 | | |
| | **SBOC** | | 3:25 | 4:30 | 2:48 | 1:59 | 4:20 | 6:07 | 4:50 | 4:13 | 5:29 | 4:51 | 3:07 | 2:51 | 3:23 | 3:16 | 1:37 | 0:38 | | |
| **47** | **Judith Taylor** | **57:37** | 2:41 | 7:11 | 9:29 | 12:10 | 16:37 | 23:36 | 28:27 | 33:21 | 38:33 | 43:13 | 46:01 | 48:45 | 52:28 | 55:57 | 57:11 | 57:37 | | |
| | **NGOC** | | 2:41 | 4:30 | 2:18 | 2:41 | 4:27 | 6:59 | 4:51 | 4:54 | 5:12 | 4:40 | 2:48 | 2:44 | 3:43 | 3:29 | 1:14 | 0:26 | | |
| **48** | **Paul Hammond** | **57:51** | 2:26 | 7:19 | 10:29 | 12:09 | 16:20 | 20:00 | 23:26 | 27:33 | 35:16 | 41:20 | 45:49 | 48:54 | 52:12 | 55:47 | 57:19 | 57:51 | | |
| | **HOC** | | 2:26 | 4:53 | 3:10 | 1:40 | 4:11 | 3:40 | 3:26 | 4:07 | 7:43 | 6:04 | 4:29 | 3:05 | 3:18 | 3:35 | 1:32 | 0:32 | | |
| **49** | **Kath Speak** | **57:54** | 3:27 | 7:56 | 10:35 | 12:38 | 17:34 | 21:36 | 25:12 | 30:03 | 36:45 | 42:14 | 46:09 | 49:04 | 51:47 | 55:58 | 57:20 | 57:54 | | |
| | **MDOC** | | 3:27 | 4:29 | 2:39 | 2:03 | 4:56 | 4:02 | 3:36 | 4:51 | 6:42 | 5:29 | 3:55 | 2:55 | 2:43 | 4:11 | 1:22 | 0:34 | | |
| **50** | **Gill Sharp** | **58:02** | 3:08 | 9:01 | 11:35 | 13:29 | 17:58 | 23:23 | 25:28 | 31:03 | 37:00 | 42:22 | 45:45 | 48:25 | 51:32 | 56:17 | 57:28 | 58:02 | | |
| | **SN** | | 3:08 | 5:53 | 2:34 | 1:54 | 4:29 | 5:25 | 2:05 | 5:35 | 5:57 | 5:22 | 3:23 | 2:40 | 3:07 | 4:45 | 1:11 | 0:34 | | |
| **51** | **Graham Tough** | **58:32** | 2:28 | 6:42 | 9:09 | 11:00 | 14:49 | 18:25 | 24:24 | 32:57 | 38:12 | 44:09 | 47:25 | 50:23 | 53:31 | 56:52 | 58:03 | 58:32 | | |
| | **SWOC** | | 2:28 | 4:14 | 2:27 | 1:51 | 3:49 | 3:36 | 5:59 | 8:33 | 5:15 | 5:57 | 3:16 | 2:58 | 3:08 | 3:21 | 1:11 | 0:29 | | |
| **52** | **Rebecca Medlock** | **59:28** | 2:55 | 7:36 | 9:50 | 11:50 | 18:11 | 22:42 | 26:23 | 31:42 | 38:57 | 43:31 | 46:59 | 50:00 | 53:31 | 57:36 | 58:57 | 59:28 | | |
| | **WSX** | | 2:55 | 4:41 | 2:14 | 2:00 | 6:21 | 4:31 | 3:41 | 5:19 | 7:15 | 4:34 | 3:28 | 3:01 | 3:31 | 4:05 | 1:21 | 0:31 | | |
| **53** | **Russ Fauset** | **59:29** | 7:14 | 11:48 | 14:12 | 15:58 | 21:14 | 25:06 | 28:31 | 33:54 | 39:18 | 44:39 | 47:55 | 51:25 | 54:38 | 57:47 | 58:58 | 59:29 | *52:42* | |
| | **HOC** | | 7:14 | 4:34 | 2:24 | 1:46 | 5:16 | 3:52 | 3:25 | 5:23 | 5:24 | 5:21 | 3:16 | 3:30 | 3:13 | 3:09 | 1:11 | 0:31 | **203* | |
| **54** | **Karen Thompson** | **60:03** | 3:14 | 7:51 | 10:47 | 12:41 | 17:18 | 22:25 | 25:48 | 30:46 | 37:26 | 43:44 | 48:05 | 51:41 | 54:20 | 58:11 | 59:26 | 60:03 | | |
| | **HOC** | | 3:14 | 4:37 | 2:56 | 1:54 | 4:37 | 5:07 | 3:23 | 4:58 | 6:40 | 6:18 | 4:21 | 3:36 | 2:39 | 3:51 | 1:15 | 0:37 | | |
| **55** | **Gwen Tanner** | **61:05** | 2:49 | 7:31 | 10:10 | 13:24 | 17:41 | 21:52 | 28:20 | 33:07 | 41:17 | 47:30 | 50:18 | 53:15 | 56:06 | 59:23 | 60:26 | 61:05 | | |
| | **BOK** | | 2:49 | 4:42 | 2:39 | 3:14 | 4:17 | 4:11 | 6:28 | 4:47 | 8:10 | 6:13 | 2:48 | 2:57 | 2:51 | 3:17 | 1:03 | 0:39 | | |
| **56** | **Barry Houghton** | **61:17** | 3:37 | 6:44 | 8:39 | 10:12 | 13:37 | 31:32 | 35:08 | 40:58 | 45:15 | 49:09 | 51:28 | 54:03 | 56:05 | 59:43 | 60:45 | 61:17 | | |
| | **HOC** | | 3:37 | 3:07 | 1:55 | 1:33 | 3:25 | 17:55 | 3:36 | 5:50 | 4:17 | 3:54 | 2:19 | 2:35 | 2:02 | 3:38 | 1:02 | 0:32 | | |
| **57** | **Paul Hobby** | **61:24** | 5:10 | 9:56 | 12:35 | 14:28 | 18:43 | 22:44 | 26:34 | 31:06 | 37:19 | 43:13 | 46:46 | 49:43 | 53:08 | 59:30 | 60:50 | 61:24 | | |
| | **NGOC** | | 5:10 | 4:46 | 2:39 | 1:53 | 4:15 | 4:01 | 3:50 | 4:32 | 6:13 | 5:54 | 3:33 | 2:57 | 3:25 | 6:22 | 1:20 | 0:34 | | |
| **58** | **Alison Yeates** | **61:29** | 2:57 | 8:43 | 11:31 | 13:43 | 18:15 | 24:03 | 27:45 | 31:48 | 38:07 | 43:51 | 47:37 | 51:52 | 55:39 | 59:31 | 60:46 | 61:29 | | |
| | **WCH** | | 2:57 | 5:46 | 2:48 | 2:12 | 4:32 | 5:48 | 3:42 | 4:03 | 6:19 | 5:44 | 3:46 | 4:15 | 3:47 | 3:52 | 1:15 | 0:43 | | |
| **59** | **Rodney White** | **62:15** | 3:47 | 11:54 | 14:47 | 17:51 | 21:42 | 25:56 | 29:45 | 34:54 | 40:42 | 44:32 | 46:50 | 49:46 | 53:45 | 59:41 | 61:47 | 62:15 | | |
| | **WIM** | | 3:47 | 8:07 | 2:53 | 3:04 | 3:51 | 4:14 | 3:49 | 5:09 | 5:48 | 3:50 | 2:18 | 2:56 | 3:59 | 5:56 | 2:06 | 0:28 | | |
| **60** | **Peter Colbert** | **62:45** | 3:38 | 11:06 | 15:26 | 17:14 | 22:35 | 26:35 | 31:37 | 35:38 | 42:07 | 47:28 | 51:11 | 54:20 | 57:03 | 61:02 | 62:16 | 62:45 | | |
| | **SWOC** | | 3:38 | 7:28 | 4:20 | 1:48 | 5:21 | 4:00 | 5:02 | 4:01 | 6:29 | 5:21 | 3:43 | 3:09 | 2:43 | 3:59 | 1:14 | 0:29 | | |
| **61** | **Steve Lee** | **62:57** | 2:21 | 6:23 | 10:12 | 11:58 | 16:22 | 21:30 | 28:17 | 38:14 | 43:39 | 48:50 | 51:07 | 53:02 | 55:23 | 61:41 | 62:26 | 62:57 | | |
| | **NGOC** | | 2:21 | 4:02 | 3:49 | 1:46 | 4:24 | 5:08 | 6:47 | 9:57 | 5:25 | 5:11 | 2:17 | 1:55 | 2:21 | 6:18 | 0:45 | 0:31 | | |

| Pl | Name | Time | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| ***Green (85)*** | | | | | ***3.5 km*** | ***60 m*** | ***15 C*** | *(cont.)* | | | | | | | | | | | | |
| | | | 1(31) | 2(33) | 3(44) | 4(35) | 5(55) | 6(40) | 7(34) | 8(64) | 9(54) | 10(56) | 11(57) | 12(59) | 13(58) | 14(43) | 15(62) | Finish | | |
| **62** | **Marie Roberts** | **63:43** | 2:59 | 8:31 | 11:33 | 14:00 | 18:49 | 23:54 | 28:29 | 32:39 | 40:29 | 46:40 | 50:25 | 53:39 | 57:20 | 61:16 | 62:53 | 63:43 | | |
| | **MDOC** | | 2:59 | 5:32 | 3:02 | 2:27 | 4:49 | 5:05 | 4:35 | 4:10 | 7:50 | 6:11 | 3:45 | 3:14 | 3:41 | 3:56 | 1:37 | 0:50 | | |
| **63** | **Robert Vickers** | **64:15** | 3:52 | 10:04 | 12:59 | 15:01 | 20:40 | 25:06 | 28:59 | 33:19 | 39:06 | 47:31 | 51:19 | 54:42 | 58:07 | 62:07 | 63:42 | 64:15 | | |
| | **HOC** | | 3:52 | 6:12 | 2:55 | 2:02 | 5:39 | 4:26 | 3:53 | 4:20 | 5:47 | 8:25 | 3:48 | 3:23 | 3:25 | 4:00 | 1:35 | 0:33 | | |
| **64** | **Jane Holcombe** | **64:25** | 2:37 | 7:28 | 9:56 | 11:58 | 17:26 | 28:52 | 33:14 | 37:26 | 43:14 | 48:49 | 52:40 | 56:27 | 59:18 | 62:53 | 63:56 | 64:25 | | |
| | **BOK** | | 2:37 | 4:51 | 2:28 | 2:02 | 5:28 | 11:26 | 4:22 | 4:12 | 5:48 | 5:35 | 3:51 | 3:47 | 2:51 | 3:35 | 1:03 | 0:29 | | |
| **65** | **Carolyn Dent** | **65:29** | 3:02 | 8:53 | 11:29 | 14:49 | 19:41 | 23:52 | 27:34 | 32:50 | 40:22 | 47:37 | 51:22 | 54:58 | 58:58 | 62:56 | 64:49 | 65:29 | | |
| | **BOK** | | 3:02 | 5:51 | 2:36 | 3:20 | 4:52 | 4:11 | 3:42 | 5:16 | 7:32 | 7:15 | 3:45 | 3:36 | 4:00 | 3:58 | 1:53 | 0:40 | | |
| **66** | **Caroline Potter** | **66:10** | 3:17 | 7:12 | 9:22 | 11:22 | 15:56 | 22:00 | 26:44 | 32:19 | 37:18 | 44:15 | 48:31 | 54:42 | 57:56 | 61:41 | 65:41 | 66:10 | | |
| | **BOK** | | 3:17 | 3:55 | 2:10 | 2:00 | 4:34 | 6:04 | 4:44 | 5:35 | 4:59 | 6:57 | 4:16 | 6:11 | 3:14 | 3:45 | 4:00 | 0:29 | | |
| **67** | **Mary Adams** | **66:50** | 4:08 | 7:44 | 9:47 | 12:27 | 16:00 | 25:48 | 36:33 | 40:59 | 47:37 | 52:54 | 56:14 | 58:53 | 61:39 | 64:59 | 66:17 | 66:50 | | |
| | **WCH** | | 4:08 | 3:36 | 2:03 | 2:40 | 3:33 | 9:48 | 10:45 | 4:26 | 6:38 | 5:17 | 3:20 | 2:39 | 2:46 | 3:20 | 1:18 | 0:33 | | |
| **68** | **Trevor Roberts** | **67:02** | 3:21 | 7:52 | 10:47 | 12:36 | 18:30 | 28:40 | 32:16 | 36:28 | 43:45 | 50:05 | 54:51 | 57:50 | 61:06 | 64:54 | 66:27 | 67:02 | | |
| | **MDOC** | | 3:21 | 4:31 | 2:55 | 1:49 | 5:54 | 10:10 | 3:36 | 4:12 | 7:17 | 6:20 | 4:46 | 2:59 | 3:16 | 3:48 | 1:33 | 0:35 | | |
| **69** | **Jack Hobby** | **67:03** | 4:20 | 9:15 | 11:43 | 13:14 | 17:02 | 21:23 | 26:42 | 30:39 | 35:47 | 43:18 | 46:00 | 48:37 | 51:25 | 56:25 | 66:34 | 67:03 | | |
| | **NGOC** | | 4:20 | 4:55 | 2:28 | 1:31 | 3:48 | 4:21 | 5:19 | 3:57 | 5:08 | 7:31 | 2:42 | 2:37 | 2:48 | 5:00 | 10:09 | 0:29 | | |
| **70** | **Di Turner** | **67:31** | 3:22 | 8:23 | 11:05 | 13:16 | 17:53 | 23:24 | 31:32 | 40:47 | 47:21 | 52:19 | 55:10 | 58:22 | 61:54 | 65:51 | 66:58 | 67:31 | | |
| | **SO** | | 3:22 | 5:01 | 2:42 | 2:11 | 4:37 | 5:31 | 8:08 | 9:15 | 6:34 | 4:58 | 2:51 | 3:12 | 3:32 | 3:57 | 1:07 | 0:33 | | |
| **71** | **Jane Bush** | **69:32** | 3:41 | 10:05 | 13:23 | 15:44 | 23:32 | 29:04 | 33:37 | 38:05 | 46:57 | 52:50 | 56:20 | 59:41 | 63:12 | 67:10 | 68:53 | 69:32 | | |
| | **SWOC** | | 3:41 | 6:24 | 3:18 | 2:21 | 7:48 | 5:32 | 4:33 | 4:28 | 8:52 | 5:53 | 3:30 | 3:21 | 3:31 | 3:58 | 1:43 | 0:39 | | |
| **72** | **Eric Brown** | **69:36** | 3:13 | 8:10 | 10:18 | 11:46 | 16:11 | 19:46 | 25:23 | 43:50 | 52:08 | 56:47 | 59:07 | 61:20 | 64:16 | 68:14 | 69:09 | 69:36 | *55:19* | |
| | **HOC** | | 3:13 | 4:57 | 2:08 | 1:28 | 4:25 | 3:35 | 5:37 | 18:27 | 8:18 | 4:39 | 2:20 | 2:13 | 2:56 | 3:58 | 0:55 | 0:27 | **55* | |
| **73** | **Karen Jones** | **70:04** | 3:31 | 18:20 | 20:42 | 23:10 | 27:16 | 31:42 | 35:03 | 39:31 | 47:08 | 51:37 | 55:50 | 59:52 | 64:01 | 68:15 | 69:28 | 70:04 | | |
| | **SLOW** | | 3:31 | 14:49 | 2:22 | 2:28 | 4:06 | 4:26 | 3:21 | 4:28 | 7:37 | 4:29 | 4:13 | 4:02 | 4:09 | 4:14 | 1:13 | 0:36 | | |
| **74** | **Ruth Rhodes** | **70:52** | 2:59 | 9:05 | 12:18 | 14:34 | 20:31 | 25:39 | 31:48 | 37:31 | 45:19 | 51:44 | 55:52 | 59:25 | 63:54 | 67:56 | 70:17 | 70:52 | *60:56* | |
| | **SO** | | 2:59 | 6:06 | 3:13 | 2:16 | 5:57 | 5:08 | 6:09 | 5:43 | 7:48 | 6:25 | 4:08 | 3:33 | 4:29 | 4:02 | 2:21 | 0:35 | **203* | |
| **75** | **Rodney Archard** | **71:00** | 2:48 | 9:44 | 11:38 | 13:17 | 18:08 | 28:21 | 31:55 | 35:36 | 44:08 | 54:18 | 57:09 | 61:59 | 65:45 | 69:01 | 70:24 | 71:00 | | |
| | **NGOC** | | 2:48 | 6:56 | 1:54 | 1:39 | 4:51 | 10:13 | 3:34 | 3:41 | 8:32 | 10:10 | 2:51 | 4:50 | 3:46 | 3:16 | 1:23 | 0:36 | | |
| **76** | **Kim Liggett** | **71:22** | 3:10 | 12:10 | 15:19 | 17:43 | 22:23 | 26:52 | 32:35 | 37:55 | 43:16 | 53:29 | 56:27 | 60:39 | 63:59 | 67:39 | 70:51 | 71:22 | | |
| | **NGOC** | | 3:10 | 9:00 | 3:09 | 2:24 | 4:40 | 4:29 | 5:43 | 5:20 | 5:21 | 10:13 | 2:58 | 4:12 | 3:20 | 3:40 | 3:12 | 0:31 | | |
| **77** | **Fiona Hanstock** | **71:42** | 3:53 | 9:45 | 12:57 | 16:25 | 21:59 | 26:46 | 32:09 | 38:25 | 45:43 | 52:08 | 55:58 | 59:18 | 63:45 | 69:20 | 71:05 | 71:42 | | |
| | **BOK** | | 3:53 | 5:52 | 3:12 | 3:28 | 5:34 | 4:47 | 5:23 | 6:16 | 7:18 | 6:25 | 3:50 | 3:20 | 4:27 | 5:35 | 1:45 | 0:37 | | |
| **78** | **Lesley Brown** | **74:29** | 2:49 | 9:29 | 12:22 | 19:10 | 24:05 | 28:52 | 32:52 | 38:58 | 46:29 | 52:16 | 55:55 | 60:57 | 68:00 | 71:58 | 73:51 | 74:29 | *62:30* | *69:50* |
| | **HOC** | | 2:49 | 6:40 | 2:53 | 6:48 | 4:55 | 4:47 | 4:00 | 6:06 | 7:31 | 5:47 | 3:39 | 5:02 | 7:03 | 3:58 | 1:53 | 0:38 | **203* | **66* |
| **79** | **Susanne Andersen** | **84:34** | 2:48 | 18:53 | 21:04 | 23:05 | 29:16 | 33:03 | 39:47 | 44:32 | 49:54 | 54:45 | 57:49 | 75:58 | 78:25 | 82:29 | 83:55 | 84:34 | | |
| | **BOK** | | 2:48 | 16:05 | 2:11 | 2:01 | 6:11 | 3:47 | 6:44 | 4:45 | 5:22 | 4:51 | 3:04 | 18:09 | 2:27 | 4:04 | 1:26 | 0:39 | | |
| **80** | **Katherine Pike** | **85:22** | 2:36 | 9:24 | 12:03 | 23:36 | 29:14 | 37:34 | 41:19 | 50:15 | 56:09 | 61:22 | 65:42 | 72:08 | 77:00 | 82:52 | 84:40 | 85:22 | *73:43* | |
| | **WIM** | | 2:36 | 6:48 | 2:39 | 11:33 | 5:38 | 8:20 | 3:45 | 8:56 | 5:54 | 5:13 | 4:20 | 6:26 | 4:52 | 5:52 | 1:48 | 0:42 | **203* | |
| **81** | **Julia Wilkinson** | **89:52** | 2:50 | 13:49 | 17:00 | 19:24 | 24:33 | 30:34 | 40:46 | 46:07 | 54:05 | 61:38 | 76:13 | 79:12 | 83:43 | 87:39 | 89:21 | 89:52 | | |
| | **HOC** | | 2:50 | 10:59 | 3:11 | 2:24 | 5:09 | 6:01 | 10:12 | 5:21 | 7:58 | 7:33 | 14:35 | 2:59 | 4:31 | 3:56 | 1:42 | 0:31 | | |
| **82** | **Hilary Nicholls** | **93:08** | 4:50 | 15:01 | 17:01 | 19:20 | 25:38 | 29:37 | 33:56 | 39:29 | 50:15 | 55:58 | 60:09 | 83:23 | 87:19 | 91:05 | 92:34 | 93:08 | | |
| | **NGOC** | | 4:50 | 10:11 | 2:00 | 2:19 | 6:18 | 3:59 | 4:19 | 5:33 | 10:46 | 5:43 | 4:11 | 23:14 | 3:56 | 3:46 | 1:29 | 0:34 | | |
| **83** | **Karen Lewis** | **97:44** | 6:12 | 13:20 | 17:55 | 23:14 | 30:23 | 38:09 | 44:05 | 52:54 | 63:54 | 71:14 | 76:30 | 81:04 | 87:34 | 94:17 | 96:34 | 97:44 | | |
| | **QO** | | 6:12 | 7:08 | 4:35 | 5:19 | 7:09 | 7:46 | 5:56 | 8:49 | 11:00 | 7:20 | 5:16 | 4:34 | 6:30 | 6:43 | 2:17 | 1:10 | | |
| | **Margaret Willdig** | **mp** | 6:19 | 10:57 | 12:57 | 14:39 | 19:49 | 23:17 | 29:34 | 32:47 | 37:32 | 42:05 | 45:58 | ----- | 51:16 | 54:24 | 55:43 | 56:12 | *48:35* | |
| | **OD** | | 6:19 | 4:38 | 2:00 | 1:42 | 5:10 | 3:28 | 6:17 | 3:13 | 4:45 | 4:33 | 3:53 | | 5:18 | 3:08 | 1:19 | 0:29 | **69* | |
| | **Amy Curtis** | **mp** | 3:28 | 8:10 | 10:17 | 11:50 | ----- | 23:05 | 30:56 | 40:05 | ----- | 50:52 | 53:16 | 59:22 | 62:55 | 67:40 | 68:42 | 69:19 | *45:49* | |
| | **BOK** | | 3:28 | 4:42 | 2:07 | 1:33 | | 11:15 | 7:51 | 9:09 | | 10:47 | 2:24 | 6:06 | 3:33 | 4:45 | 1:02 | 0:37 | **54* | |
| **SGreen (28)** | | | | | **2.9 km** | **50 m** | **13 C** | | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(36) | 5(35) | 6(55) | 7(40) | 8(41) | 9(56) | 10(57) | 11(203) | 12(43) | 13(62) | Finish | | | | |
| **1** | **Karen Clark** | **39:46** | **2:18** | **3:24** | 8:33 | 13:13 | 16:47 | 20:46 | 24:44 | 26:39 | 30:11 | 33:03 | 35:46 | **38:21** | **39:17** | **39:46** | | | | |
| | **EBOR** | | ***2:18*** | ***1:06*** | 5:09 | 4:40 | 3:34 | 3:59 | 3:58 | ***1:55*** | 3:32 | 2:52 | ***2:43*** | ***2:35*** | ***0:56*** | 0:29 | | | | |
| **2** | **Ted McDonald** | **40:17** | 2:33 | 4:11 | 7:29 | 10:55 | 14:20 | **18:18** | **22:22** | **24:55** | **28:47** | **31:52** | **35:15** | 38:27 | 39:49 | 40:17 | | | | |
| | **BOK** | | 2:33 | 1:38 | 3:18 | 3:26 | 3:25 | 3:58 | 4:04 | 2:33 | 3:52 | 3:05 | 3:23 | 3:12 | 1:22 | 0:28 | | | | |
| **3** | **Katy Dyer** | **42:02** | 2:51 | 4:28 | 7:56 | 11:16 | 15:11 | 19:00 | 23:57 | 26:32 | 30:27 | 33:24 | 36:48 | 39:51 | 41:33 | 42:02 | | *40:57* | | |
| | **BOK** | | 2:51 | 1:37 | 3:28 | 3:20 | 3:55 | 3:49 | 4:57 | 2:35 | 3:55 | 2:57 | 3:24 | 3:03 | 1:42 | 0:29 | | **53* | | |

| Pl | Name | Time | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| ***SGreen (28)*** | | | | | ***2.9 km*** | ***50 m*** | ***13 C*** | *(cont.)* | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(36) | 5(35) | 6(55) | 7(40) | 8(41) | 9(56) | 10(57) | 11(203) | 12(43) | 13(62) | Finish | |
| **4** | **Frank Ince** | **42:27** | 2:47 | 4:10 | 7:27 | 11:11 | 15:46 | 19:57 | 23:29 | 27:19 | 31:03 | 34:51 | 37:54 | 40:58 | 41:55 | 42:27 | |
| | **SWOC** | | 2:47 | 1:23 | 3:17 | 3:44 | 4:35 | 4:11 | ***3:32*** | 3:50 | 3:44 | 3:48 | 3:03 | 3:04 | 0:57 | 0:32 | |
| **5** | **Roger Maher** | **43:58** | 2:35 | 3:59 | **6:52** | **9:51** | **13:06** | 22:40 | 27:21 | 29:47 | 33:29 | 36:16 | 39:17 | 42:15 | 43:27 | 43:58 | |
| | **SO** | | 2:35 | 1:24 | ***2:53*** | ***2:59*** | ***3:15*** | 9:34 | 4:41 | 2:26 | 3:42 | 2:47 | 3:01 | 2:58 | 1:12 | 0:31 | |
| **6** | **Brian Hughes** | **47:00** | 3:25 | 4:52 | 8:31 | 12:37 | 18:22 | 22:14 | 26:45 | 29:36 | 33:49 | 37:28 | 41:06 | 44:37 | 46:18 | 47:00 | |
| | **HOC** | | 3:25 | 1:27 | 3:39 | 4:06 | 5:45 | 3:52 | 4:31 | 2:51 | 4:13 | 3:39 | 3:38 | 3:31 | 1:41 | 0:42 | |
| **7** | **Carol Sands** | **47:50** | 3:34 | 5:18 | 9:36 | 15:22 | 19:55 | 24:11 | 28:54 | 31:16 | 34:44 | 37:48 | 42:08 | 45:56 | 47:14 | 47:50 | |
| | **BOK** | | 3:34 | 1:44 | 4:18 | 5:46 | 4:33 | 4:16 | 4:43 | 2:22 | ***3:28*** | 3:04 | 4:20 | 3:48 | 1:18 | 0:36 | |
| **8** | **Trevor Simpson** | **49:56** | 3:34 | 5:15 | 9:08 | 14:47 | 18:37 | 23:02 | 28:33 | 31:27 | 36:00 | 40:05 | 43:30 | 47:43 | 49:20 | 49:56 | |
| | **OD** | | 3:34 | 1:41 | 3:53 | 5:39 | 3:50 | 4:25 | 5:31 | 2:54 | 4:33 | 4:05 | 3:25 | 4:13 | 1:37 | 0:36 | |
| **9** | **Anne May** | **51:13** | 3:21 | 5:05 | 8:53 | 16:00 | 20:29 | 24:49 | 28:54 | 32:37 | 37:16 | 40:55 | 44:34 | 49:14 | 50:34 | 51:13 | |
| | **SWOC** | | 3:21 | 1:44 | 3:48 | 7:07 | 4:29 | 4:20 | 4:05 | 3:43 | 4:39 | 3:39 | 3:39 | 4:40 | 1:20 | 0:39 | |
| **10** | **Alex Agombar** | **51:30** | 3:10 | 5:12 | 10:33 | 14:47 | 21:17 | 26:51 | 31:13 | 34:12 | 39:07 | 42:16 | 46:14 | 50:03 | 50:59 | 51:30 | |
| | **NGOC** | | 3:10 | 2:02 | 5:21 | 4:14 | 6:30 | 5:34 | 4:22 | 2:59 | 4:55 | 3:09 | 3:58 | 3:49 | ***0:56*** | 0:31 | |
| **11** | **Margaret Jones** | **52:26** | 2:21 | 3:46 | 14:10 | 18:05 | 21:53 | 26:11 | 30:27 | 32:41 | 36:42 | 42:20 | 47:15 | 50:30 | 51:48 | 52:26 | |
| | **NGOC** | | 2:21 | 1:25 | 10:24 | 3:55 | 3:48 | 4:18 | 4:16 | 2:14 | 4:01 | 5:38 | 4:55 | 3:15 | 1:18 | 0:38 | |
| **12** | **Dawn Figg** | **53:09** | 2:33 | 4:07 | 22:18 | 26:22 | 29:42 | 33:01 | 36:54 | 39:53 | 43:22 | 45:46 | 48:47 | 51:40 | 52:42 | 53:09 | |
| | **HH** | | 2:33 | 1:34 | 18:11 | 4:04 | 3:20 | ***3:19*** | 3:53 | 2:59 | 3:29 | ***2:24*** | 3:01 | 2:53 | 1:02 | ***0:27*** | |
| **13** | **Clare Fletcher** | **55:47** | 3:34 | 5:37 | 10:11 | 14:56 | 19:48 | 25:57 | 32:09 | 35:32 | 40:30 | 44:25 | 49:03 | 53:25 | 55:07 | 55:47 | |
| | **BOK** | | 3:34 | 2:03 | 4:34 | 4:45 | 4:52 | 6:09 | 6:12 | 3:23 | 4:58 | 3:55 | 4:38 | 4:22 | 1:42 | 0:40 | |
| **14** | **Fiona Clough** | **56:14** | 3:28 | 6:15 | 11:18 | 17:11 | 22:46 | 28:20 | 33:53 | 36:50 | 41:45 | 45:53 | 50:05 | 54:07 | 55:31 | 56:14 | |
| | **BKO** | | 3:28 | 2:47 | 5:03 | 5:53 | 5:35 | 5:34 | 5:33 | 2:57 | 4:55 | 4:08 | 4:12 | 4:02 | 1:24 | 0:43 | |
| **15** | **Alison Sloman** | **58:52** | 3:02 | 5:03 | 10:06 | 14:49 | 19:48 | 25:58 | 31:48 | 34:59 | 41:11 | 46:23 | 51:55 | 56:16 | 58:11 | 58:52 | |
| | **HOC** | | 3:02 | 2:01 | 5:03 | 4:43 | 4:59 | 6:10 | 5:50 | 3:11 | 6:12 | 5:12 | 5:32 | 4:21 | 1:55 | 0:41 | |
| **16** | **Janet Richardson** | **65:22** | 3:30 | 5:53 | 11:20 | 16:42 | 21:49 | 29:34 | 35:53 | 42:25 | 48:09 | 53:39 | 59:08 | 63:04 | 64:44 | 65:22 | |
| | **OD** | | 3:30 | 2:23 | 5:27 | 5:22 | 5:07 | 7:45 | 6:19 | 6:32 | 5:44 | 5:30 | 5:29 | 3:56 | 1:40 | 0:38 | |
| **17** | **Donald Moir** | **69:42** | 4:37 | 7:03 | 13:47 | 19:13 | 24:34 | 31:24 | 38:34 | 42:00 | 47:52 | 52:41 | 58:24 | 66:23 | 68:54 | 69:42 | |
| | **LEI** | | 4:37 | 2:26 | 6:44 | 5:26 | 5:21 | 6:50 | 7:10 | 3:26 | 5:52 | 4:49 | 5:43 | 7:59 | 2:31 | 0:48 | |
| **18** | **Robert Teed** | **70:48** | 4:20 | 7:10 | 11:53 | 16:20 | 22:16 | 29:12 | 36:11 | 47:48 | 53:29 | 58:10 | 63:32 | 68:19 | 70:06 | 70:48 | |
| | **NGOC** | | 4:20 | 2:50 | 4:43 | 4:27 | 5:56 | 6:56 | 6:59 | 11:37 | 5:41 | 4:41 | 5:22 | 4:47 | 1:47 | 0:42 | |
| **19** | **Joan Hambleton** | **74:20** | 3:34 | 5:47 | 10:51 | 15:35 | 21:17 | 27:50 | 35:03 | 42:22 | 48:53 | 52:52 | 58:22 | 71:46 | 73:37 | 74:20 | |
| | **SARUM** | | 3:34 | 2:13 | 5:04 | 4:44 | 5:42 | 6:33 | 7:13 | 7:19 | 6:31 | 3:59 | 5:30 | 13:24 | 1:51 | 0:43 | |
| **20** | **Toria Wimpenny** | **74:51** | 4:58 | 6:57 | 13:42 | 20:32 | 33:54 | 42:38 | 48:40 | 53:06 | 58:38 | 63:04 | 67:56 | 72:19 | 74:07 | 74:51 | |
| | **DEVON** | | 4:58 | 1:59 | 6:45 | 6:50 | 13:22 | 8:44 | 6:02 | 4:26 | 5:32 | 4:26 | 4:52 | 4:23 | 1:48 | 0:44 | |
| **21** | **Joanne Leigh** | **75:52** | 3:00 | 4:19 | 13:13 | 17:50 | 21:45 | 26:16 | 43:30 | 49:23 | 55:14 | 61:05 | 70:12 | 73:35 | 75:17 | 75:52 | |
| | **OD** | | 3:00 | 1:19 | 8:54 | 4:37 | 3:55 | 4:31 | 17:14 | 5:53 | 5:51 | 5:51 | 9:07 | 3:23 | 1:42 | 0:35 | |
| **22** | **Karin Kirk** | **78:21** | 4:38 | 7:23 | 13:20 | 20:25 | 26:06 | 32:49 | 40:27 | 44:18 | 52:06 | 57:11 | 63:41 | 74:36 | 77:29 | 78:21 | |
| | **OD** | | 4:38 | 2:45 | 5:57 | 7:05 | 5:41 | 6:43 | 7:38 | 3:51 | 7:48 | 5:05 | 6:30 | 10:55 | 2:53 | 0:52 | |
| **23** | **Susan Colbert** | **84:12** | 3:25 | 6:06 | 11:14 | 16:30 | 23:44 | 30:16 | 44:27 | 49:22 | 55:15 | 71:24 | 76:40 | 81:36 | 83:23 | 84:12 | |
| | **SWOC** | | 3:25 | 2:41 | 5:08 | 5:16 | 7:14 | 6:32 | 14:11 | 4:55 | 5:53 | 16:09 | 5:16 | 4:56 | 1:47 | 0:49 | |
| **24** | **Eleri Cowen** | **84:45** | 3:51 | 6:38 | 20:56 | 28:13 | 35:34 | 41:13 | 47:39 | 52:07 | 61:44 | 68:21 | 75:51 | 81:46 | 84:15 | 84:45 | *83:27* |
| | **NGOC** | | 3:51 | 2:47 | 14:18 | 7:17 | 7:21 | 5:39 | 6:26 | 4:28 | 9:37 | 6:37 | 7:30 | 5:55 | 2:29 | 0:30 | **53* |
| **25** | **John Warren** | **91:56** | 5:03 | 8:14 | 15:26 | 22:22 | 30:10 | 39:50 | 46:58 | 58:56 | 67:53 | 74:44 | 81:22 | 87:33 | 90:52 | 91:56 | |
| | **WIM** | | 5:03 | 3:11 | 7:12 | 6:56 | 7:48 | 9:40 | 7:08 | 11:58 | 8:57 | 6:51 | 6:38 | 6:11 | 3:19 | 1:04 | |
| **26** | **David Lee** | **99:18** | 3:46 | 6:11 | 12:26 | 20:17 | 29:14 | 44:31 | 51:12 | 64:55 | 71:28 | 77:52 | 90:11 | 95:45 | 98:25 | 99:18 | |
| | **NGOC** | | 3:46 | 2:25 | 6:15 | 7:51 | 8:57 | 15:17 | 6:41 | 13:43 | 6:33 | 6:24 | 12:19 | 5:34 | 2:40 | 0:53 | |
| **27** | **Kathryn Turner** | **106:47** | 6:52 | 10:15 | 20:27 | 30:23 | 38:54 | 47:37 | 62:52 | 70:29 | 80:33 | 89:13 | 96:03 | 103:31 | 106:06 | 106:47 | |
| | **TVOC** | | 6:52 | 3:23 | 10:12 | 9:56 | 8:31 | 8:43 | 15:15 | 7:37 | 10:04 | 8:40 | 6:50 | 7:28 | 2:35 | 0:41 | |
| | **Roger Hailey** | **dnf** | 3:49 | 5:44 | 12:27 | 17:35 | 24:27 | 30:30 | 34:44 | 37:51 | ----- | ----- | ----- | ----- | ----- | | |
| | **OD** | | 3:49 | 1:55 | 6:43 | 5:08 | 6:52 | 6:03 | 4:14 | 3:07 | | | | | | | |

| **VSGreen (5)** | | | | | **2.2 km** | **50 m** | **12 C** | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | 1(31) | 2(32) | 3(33) | 4(35) | 5(55) | 6(56) | 7(57) | 8(59) | 9(203) | 10(66) | 11(43) | 12(62) | Finish |
| **1** | **Peter Hambleton** | **40:29** | 3:41 | 5:17 | 9:54 | **15:28** | **19:48** | **22:04** | **25:48** | **29:20** | **30:37** | **35:24** | **37:55** | **39:51** | **40:29** |
| | **SARUM** | | 3:41 | 1:36 | 4:37 | 5:34 | ***4:20*** | 2:16 | ***3:44*** | 3:32 | ***1:17*** | 4:47 | ***2:31*** | 1:56 | 0:38 |
| **2** | **Matthew Fautley** | **45:29** | **2:35** | **3:57** | **7:18** | 17:04 | 22:49 | 24:48 | 29:38 | 32:57 | 36:19 | 40:17 | 43:10 | 44:55 | 45:29 |
| | **IND** | | ***2:35*** | ***1:22*** | ***3:21*** | 9:46 | 5:45 | ***1:59*** | 4:50 | ***3:19*** | 3:22 | ***3:58*** | 2:53 | 1:45 | ***0:34*** |

| Pl | Name | Time | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| ***VSGreen (5)*** | | | | | ***2.2 km*** | ***50 m*** | ***12 C*** | *(cont.)* | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(35) | 5(55) | 6(56) | 7(57) | 8(59) | 9(203) | 10(66) | 11(43) | 12(62) | Finish | |
| **3** | **Zara Rogers** | **63:44** | 5:08 | 8:56 | 15:29 | 25:39 | 34:52 | 38:39 | 42:53 | 47:00 | 50:03 | 58:23 | 61:16 | 62:53 | 63:44 | |
| | **LEI** | | 5:08 | 3:48 | 6:33 | 10:10 | 9:13 | 3:47 | 4:14 | 4:07 | 3:03 | 8:20 | 2:53 | ***1:37*** | 0:51 | |
| | **Judy Douglas** | **mp** | 4:11 | 6:14 | 15:33 | 19:37 | 39:34 | ----- | 46:00 | 49:18 | 50:58 | 54:29 | 56:55 | 58:32 | 59:17 | |
| | **POTOC** | | 4:11 | 2:03 | 9:19 | ***4:04*** | 19:57 | | 6:26 | 3:18 | 1:40 | 3:31 | 2:26 | ***1:37*** | 0:45 | |
| | **Hilary Simpson** | **mp** | 3:46 | 6:39 | ----- | 26:16 | 34:22 | 37:14 | 41:32 | 46:07 | 49:46 | 58:05 | 60:28 | 62:10 | 62:53 | *16:44* |
| | **OD** | | 3:46 | 2:53 | | 19:37 | 8:06 | 2:52 | 4:18 | 4:35 | 3:39 | 8:19 | 2:23 | 1:42 | 0:43 | **44* |
| **LGreen (7)** | | | | | **2.8 km** | **50 m** | **10 C** | | | | | | | | |
| | | | 1(46) | 2(32) | 3(206) | 4(36) | 5(55) | 6(56) | 7(54) | 8(203) | 9(43) | 10(62) | Finish | | |
| **1** | **Thomas Rollins** | **30:01** | 1:59 | **2:47** | **4:40** | **7:06** | **15:18** | **16:44** | **21:09** | **26:18** | **28:39** | **29:37** | **30:01** | | *25:39* |
| | **SN** | | 1:59 | ***0:48*** | ***1:53*** | 2:26 | 8:12 | 1:26 | ***4:25*** | ***5:09*** | ***2:21*** | 0:58 | ***0:24*** | | **59* |
| **2** | **Robbie Lightfoot** | **33:56** | 2:22 | 3:11 | 5:38 | 7:32 | 18:24 | 19:22 | 23:54 | 30:00 | 32:40 | 33:30 | 33:56 | | |
| | **SYO** | | 2:22 | 0:49 | 2:27 | ***1:54*** | 10:52 | ***0:58*** | 4:32 | 6:06 | 2:40 | ***0:50*** | 0:26 | | |
| **3** | **James Thompson** | **36:32** | **1:57** | 2:50 | 5:32 | 8:53 | 17:00 | 20:06 | 25:40 | 31:52 | 35:12 | 36:08 | 36:32 | | |
| | **HOC** | | ***1:57*** | 0:53 | 2:42 | 3:21 | ***8:07*** | 3:06 | 5:34 | 6:12 | 3:20 | 0:56 | ***0:24*** | | |
| **4** | **Ewan Thompson** | **39:01** | 2:29 | 3:31 | 8:59 | 12:25 | 20:32 | 22:14 | 27:40 | 34:54 | 37:34 | 38:35 | 39:01 | | |
| | **NGOC** | | 2:29 | 1:02 | 5:28 | 3:26 | ***8:07*** | 1:42 | 5:26 | 7:14 | 2:40 | 1:01 | 0:26 | | |
| **5** | **Polly Atherton** | **51:15** | 3:02 | 4:05 | 6:49 | 10:11 | 21:02 | 23:35 | 36:54 | 45:21 | 49:23 | 50:46 | 51:15 | | |
| | **BOK** | | 3:02 | 1:03 | 2:44 | 3:22 | 10:51 | 2:33 | 13:19 | 8:27 | 4:02 | 1:23 | 0:29 | | |
| **6** | **David Bliss** | **67:49** | 4:09 | 5:45 | 10:36 | 17:04 | 31:05 | 35:40 | 47:44 | 59:49 | 64:48 | 67:18 | 67:49 | | |
| | **TVOC** | | 4:09 | 1:36 | 4:51 | 6:28 | 14:01 | 4:35 | 12:04 | 12:05 | 4:59 | 2:30 | 0:31 | | |
| **7** | **Kate Maliphant** | **70:11** | 6:29 | 10:02 | 13:48 | 18:24 | 38:24 | 41:29 | 51:07 | 61:27 | 67:03 | 69:26 | 70:11 | | |
| | **BOK** | | 6:29 | 3:33 | 3:46 | 4:36 | 20:00 | 3:05 | 9:38 | 10:20 | 5:36 | 2:23 | 0:45 | | |
| **Orange (18)** | | | | | **2.1 km** | **25 m** | **10 C** | | | | | | | | |
| | | | 1(68) | 2(204) | 3(205) | 4(51) | 5(32) | 6(69) | 7(59) | 8(201) | 9(207) | 10(62) | Finish | | |
| **1** | **Seth Lawson** | **21:06** | **1:27** | 3:27 | 4:43 | 6:34 | **8:57** | **12:24** | **13:35** | **15:34** | **19:33** | **20:47** | **21:06** | | *7:58* |
| | **NGOC** | | ***1:27*** | 2:00 | ***1:16*** | ***1:51*** | ***2:23*** | ***3:27*** | 1:11 | ***1:59*** | 3:59 | 1:14 | ***0:19*** | | **46* |
| **2** | **Rachel Wilcox** | **24:15** | 1:30 | **2:43** | 4:17 | **6:24** | 9:18 | 14:18 | 15:20 | 19:06 | 22:30 | 23:43 | 24:15 | | |
| | **BOK** | | 1:30 | 1:13 | 1:34 | 2:07 | 2:54 | 5:00 | ***1:02*** | 3:46 | ***3:24*** | 1:13 | 0:32 | | |
| **3** | **Eskarina Medlock** | **29:31** | 1:56 | 3:42 | 5:57 | 8:35 | 12:28 | 18:13 | 19:48 | 24:01 | 27:54 | 28:56 | 29:31 | | |
| | **WSX** | | 1:56 | 1:46 | 2:15 | 2:38 | 3:53 | 5:45 | 1:35 | 4:13 | 3:53 | ***1:02*** | 0:35 | | |
| **4** | **Anne Palmer** | **32:18** | 2:07 | 3:59 | 6:01 | 8:52 | 12:17 | 17:09 | 19:54 | 23:50 | 29:52 | 31:38 | 32:18 | | |
| | **BOK** | | 2:07 | 1:52 | 2:02 | 2:51 | 3:25 | 4:52 | 2:45 | 3:56 | 6:02 | 1:46 | 0:40 | | |
| **5** | **Annabelle Lewis** | **35:54** | 2:06 | 3:47 | 5:29 | 8:26 | 13:04 | 19:03 | 20:33 | 26:42 | 34:10 | 35:29 | 35:54 | | |
| | **QO** | | 2:06 | 1:41 | 1:42 | 2:57 | 4:38 | 5:59 | 1:30 | 6:09 | 7:28 | 1:19 | 0:25 | | |
| **6** | **Oliver Lewis** | **37:58** | 3:12 | 5:45 | 7:30 | 10:38 | 15:12 | 21:11 | 22:36 | 28:51 | 36:14 | 37:31 | 37:58 | | |
| | **QO** | | 3:12 | 2:33 | 1:45 | 3:08 | 4:34 | 5:59 | 1:25 | 6:15 | 7:23 | 1:17 | 0:27 | | |
| **7** | **Thomas Simpson** | **38:50** | 2:01 | 4:09 | 6:37 | 9:52 | 13:55 | 22:22 | 24:10 | 28:45 | 35:45 | 38:13 | 38:50 | | |
| | **NGOC** | | 2:01 | 2:08 | 2:28 | 3:15 | 4:03 | 8:27 | 1:48 | 4:35 | 7:00 | 2:28 | 0:37 | | |
| **8** | **Max Straube-Roth** | **39:25** | 2:01 | 5:55 | 8:25 | 11:29 | 21:48 | 26:37 | 28:19 | 32:40 | 37:37 | 38:55 | 39:25 | | |
| | **OD** | | 2:01 | 3:54 | 2:30 | 3:04 | 10:19 | 4:49 | 1:42 | 4:21 | 4:57 | 1:18 | 0:30 | | |
| **9** | **Joanna Howell** | **39:39** | 2:42 | 4:05 | 5:41 | 8:17 | 13:50 | 20:10 | 23:33 | 26:52 | 36:22 | 39:07 | 39:39 | | |
| | **IND** | | 2:42 | 1:23 | 1:36 | 2:36 | 5:33 | 6:20 | 3:23 | 3:19 | 9:30 | 2:45 | 0:32 | | |
| **10** | **Cerys Williams** | **39:44** | 1:52 | 3:44 | 5:59 | 9:00 | 14:02 | 20:38 | 22:50 | 29:59 | 37:01 | 39:10 | 39:44 | | |
| | **IND** | | 1:52 | 1:52 | 2:15 | 3:01 | 5:02 | 6:36 | 2:12 | 7:09 | 7:02 | 2:09 | 0:34 | | |
| **11** | **Tamasine Leighton-** | **41:50** | 2:25 | 4:39 | 7:15 | 10:43 | 14:36 | 21:49 | 23:30 | 32:12 | 39:07 | 40:56 | 41:50 | | |
| | **BOK** | | 2:25 | 2:14 | 2:36 | 3:28 | 3:53 | 7:13 | 1:41 | 8:42 | 6:55 | 1:49 | 0:54 | | |
| **12** | **Diana Hailey** | **41:52** | 2:21 | 4:32 | 6:48 | 10:41 | 16:28 | 24:10 | 26:06 | 32:49 | 38:55 | 41:00 | 41:52 | | |
| | **OD** | | 2:21 | 2:11 | 2:16 | 3:53 | 5:47 | 7:42 | 1:56 | 6:43 | 6:06 | 2:05 | 0:52 | | |
| **13** | **Leni Hagen** | **42:35** | 1:42 | 2:53 | 4:27 | 7:22 | 10:22 | 15:58 | 17:41 | 33:17 | 39:28 | 42:02 | 42:35 | | |
| | **BOK** | | 1:42 | ***1:11*** | 1:34 | 2:55 | 3:00 | 5:36 | 1:43 | 15:36 | 6:11 | 2:34 | 0:33 | | |
| **14** | **Nick Thompson** | **46:38** | 1:50 | 3:09 | 7:03 | 9:06 | 12:01 | 17:23 | 27:40 | 30:26 | 44:17 | 46:02 | 46:38 | | |
| | **IND** | | 1:50 | 1:19 | 3:54 | 2:03 | 2:55 | 5:22 | 10:17 | 2:46 | 13:51 | 1:45 | 0:36 | | |
| **15** | **Nicky Wareing** | **53:55** | 1:29 | 2:45 | **4:05** | 6:25 | 12:11 | 15:46 | 18:02 | 43:32 | 51:11 | 53:17 | 53:55 | | |
| | **BOK** | | 1:29 | 1:16 | 1:20 | 2:20 | 5:46 | 3:35 | 2:16 | 25:30 | 7:39 | 2:06 | 0:38 | | |

***Orange (18)*** — ***2.1 km 25 m 10 C*** *(cont.)*

| Pl | Name | Time | 1(68) | 2(204) | 3(205) | 4(51) | 5(32) | 6(69) | 7(59) | 8(201) | 9(207) | 10(62) | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **16** | **Delyth Williams** | **54:38** | 1:57 | 3:53 | 6:37 | 9:47 | 21:01 | 30:53 | 37:57 | 44:42 | 51:18 | 54:05 | 54:38 |
| | **IND** | | 1:57 | 1:56 | 2:44 | 3:10 | 11:14 | 9:52 | 7:04 | 6:45 | 6:36 | 2:47 | 0:33 |
| **17** | **Daisy Wolstenhome** | **71:52** | 7:48 | 12:39 | 17:18 | 21:37 | 29:33 | 44:15 | 48:34 | 58:17 | 67:32 | 70:49 | 71:52 |
| | **IND** | | 7:48 | 4:51 | 4:39 | 4:19 | 7:56 | 14:42 | 4:19 | 9:43 | 9:15 | 3:17 | 1:03 |
| **nc** | **Megan Wareing** | **59:00** | 1:42 | 3:42 | 5:20 | 8:39 | 15:40 | 23:27 | 25:42 | 49:19 | 56:56 | 58:25 | 59:00 |
| | **BOK** | | 1:42 | 2:00 | 1:38 | 3:19 | 7:01 | 7:47 | 2:15 | 23:37 | 7:37 | 1:29 | 0:35 |

**Yellow (9)** — **2.0 km 20 m 10 C**

| Pl | Name | Time | 1(67) | 2(204) | 3(205) | 4(51) | 5(52) | 6(47) | 7(48) | 8(65) | 9(50) | 10(62) | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **James Agombar** | **15:07** | **0:31** | **2:10** | **3:17** | **5:04** | **7:06** | **8:08** | **9:20** | **10:32** | **13:04** | **14:38** | **15:07** |
| | **NGOC** | | ***0:31*** | ***1:39*** | ***1:07*** | ***1:47*** | ***2:02*** | 1:02 | ***1:12*** | ***1:12*** | 2:32 | 1:34 | ***0:29*** |
| **2** | **Katie Agombar** | **16:22** | 0:40 | 2:30 | 4:03 | 5:55 | 9:17 | 10:31 | 12:10 | 13:46 | 14:46 | 15:52 | 16:22 |
| | **NGOC** | | 0:40 | 1:50 | 1:33 | 1:52 | 3:22 | 1:14 | 1:39 | 1:36 | ***1:00*** | ***1:06*** | 0:30 |
| **3** | **Megan Wareing** | **23:39** | 0:57 | 3:09 | 5:21 | 8:51 | 13:30 | 15:11 | 16:52 | 18:39 | 20:11 | 23:02 | 23:39 |
| | **BOK** | | 0:57 | 2:12 | 2:12 | 3:30 | 4:39 | 1:41 | 1:41 | 1:47 | 1:32 | 2:51 | 0:37 |
| **4** | **Craig Thompson** | **27:27** | 0:44 | 2:46 | 4:26 | 6:36 | 11:12 | 12:12 | 13:46 | 15:07 | 18:26 | 26:53 | 27:27 |
| | **HOC** | | 0:44 | 2:02 | 1:40 | 2:10 | 4:36 | ***1:00*** | 1:34 | 1:21 | 3:19 | 8:27 | 0:34 |
| **5** | **Freya Beynon** | **29:33** | 0:44 | 3:10 | 4:41 | 7:43 | 10:26 | 11:40 | 13:39 | 15:19 | 17:13 | 29:03 | 29:33 |
| | **RHOC** | | 0:44 | 2:26 | 1:31 | 3:02 | 2:43 | 1:14 | 1:59 | 1:40 | 1:54 | 11:50 | 0:30 |
| **6** | **Jacob Reeves** | **35:12** | 0:49 | 4:10 | 6:22 | 14:50 | 19:18 | 21:03 | 24:16 | 27:23 | 29:03 | 34:16 | 35:12 |
| | **IND** | | 0:49 | 3:21 | 2:12 | 8:28 | 4:28 | 1:45 | 3:13 | 3:07 | 1:40 | 5:13 | 0:56 |
| **7** | **Luke Miklausic** | **63:10** | 1:12 | 7:17 | 13:07 | 22:53 | 32:28 | 37:17 | 46:26 | 51:14 | 55:57 | 62:13 | 63:10 |
| | **NGOC** | | 1:12 | 6:05 | 5:50 | 9:46 | 9:35 | 4:49 | 9:09 | 4:48 | 4:43 | 6:16 | 0:57 |
| **8** | **Ella Miklausic** | **64:00** | 1:51 | 8:20 | 14:09 | 23:00 | 34:01 | 39:22 | 47:13 | 52:35 | 56:41 | 63:12 | 64:00 |
| | **NGOC** | | 1:51 | 6:29 | 5:49 | 8:51 | 11:01 | 5:21 | 7:51 | 5:22 | 4:06 | 6:31 | 0:48 |
| **9** | **Phoebe Reeves** | **64:46** | 1:51 | 8:18 | 14:05 | 23:04 | 34:06 | 39:31 | 47:31 | 52:51 | 56:32 | 63:18 | 64:46 |
| | **IND** | | 1:51 | 6:27 | 5:47 | 8:59 | 11:02 | 5:25 | 8:00 | 5:20 | 3:41 | 6:46 | 1:28 |

**White (4)** — **1.4 km 15 m 11 C**

| Pl | Name | Time | 1(208) | 2(70) | 3(51) | 4(46) | 5(52) | 6(47) | 7(48) | 8(65) | 9(50) | 10(53) | 11(62) | Finish |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **Sun Yat Sammut+B** | **26:47** | **0:30** | **0:46** | 3:38 | **7:23** | 12:03 | 14:28 | **17:52** | **20:09** | **21:18** | **25:33** | **26:03** | **26:47** |
| | **IND** | | ***0:30*** | ***0:16*** | 2:52 | ***3:45*** | 4:40 | ***2:25*** | 3:24 | ***2:17*** | ***1:09*** | 4:15 | 0:30 | ***0:44*** |
| **2** | **Riley Sammut** | **31:57** | 0:51 | 1:24 | **3:10** | 7:30 | 11:35 | **14:06** | 18:11 | 21:59 | 25:02 | 28:55 | 30:21 | 31:57 |
| | **IND** | | 0:51 | 0:33 | ***1:46*** | 4:20 | 4:05 | 2:31 | 4:05 | 3:48 | 3:03 | 3:53 | 1:26 | 1:36 |
| **3** | **Maxwell Tyler** | **34:58** | 0:41 | 1:25 | 3:46 | 7:31 | **11:25** | 16:33 | 19:01 | 25:05 | 29:58 | 32:30 | 32:54 | 34:58 |
| | **IND** | | 0:41 | 0:44 | 2:21 | ***3:45*** | 3:54 | 5:08 | ***2:28*** | 6:04 | 4:53 | 2:32 | ***0:24*** | 2:04 |
| **4** | **Robert Tyler** | **35:17** | 0:44 | 1:17 | 4:54 | 9:01 | 12:18 | 16:55 | 22:35 | 27:17 | 31:10 | 33:28 | 34:30 | 35:17 |
| | **IND** | | 0:44 | 0:33 | 3:37 | 4:07 | ***3:17*** | 4:37 | 5:40 | 4:42 | 3:53 | ***2:18*** | 1:02 | 0:47 |