

Pl	Name	Time															Comment		
Long		8.1 km	105 m	15 C															
				1(214) Finish	2(227)	3(215)	4(224)	5(219)	6(212)	7(201)	8(216)	9(210)	10(228)	11(220)	12(218)	13(211)	14(206)	15(204)	
1	Richard Cronin NGOC		46:13	1:26 1:26 46:12 0:46	3:42 2:16	6:46 3:04	13:19 6:33	15:09 1:50	21:17 6:08	24:30 3:13	28:44 4:14	32:48 4:04	35:50 3:02	36:46 0:56	41:06 4:20	43:36 2:30	44:26 0:50	45:26 1:00	
2	Thomas Cochrane NGOC		49:31	1:21 1:21 49:30 0:52	3:45 2:24	6:46 3:01	14:03 7:17	15:45 1:42	22:26 6:41	25:54 3:28	30:36 4:42	34:47 4:11	38:10 3:23	39:07 0:57	43:48 4:41	46:35 2:47	47:27 0:52	48:38 1:11	
3	John Miklausic NGOC		57:00	1:50 1:50 56:59 1:00	4:02 2:12	7:38 3:36	15:41 8:03	17:34 1:53	24:45 7:11	28:57 4:12	34:29 5:32	39:49 5:20	43:53 4:04	45:02 1:09	50:40 5:38	53:37 2:57	54:40 1:03	55:59 1:19	
4	Anders Johansson NGOC		57:54	1:33 1:33 57:54 0:53	3:58 2:25	7:31 3:33	15:09 7:38	17:02 1:53	25:33 8:31	29:26 3:53	35:59 6:33	40:59 5:00	44:58 3:59	46:02 1:04	51:30 5:28	54:44 3:14	55:46 1:02	57:01 1:15	
5	Steve Williams NGOC		1:03:27	1:57 1:57 1:03:27 0:56	5:11 3:14	9:10 3:59	17:25 8:15	19:23 1:58	27:38 8:15	32:36 4:58	38:12 5:36	43:52 5:40	48:28 4:36	49:55 1:27	55:33 5:38	59:48 4:15	1:01:08 1:20	1:02:31 1:23	
6	Paul Hammond HOC		1:14:18	2:09 2:09 1:14:18 1:08	5:53 3:44	10:08 4:15	19:50 9:42	25:41 5:51	34:51 9:10	39:41 4:50	46:15 6:34	52:15 6:00	56:55 4:40	58:15 1:20	1:06:11 7:56	1:10:36 4:25	1:11:46 1:10	1:13:10 1:24	
	Paul Murrin NGOC		mp	1:34 1:34 46:06 0:42	3:51 2:17	6:47 2:56	13:12 6:25	14:39 1:27	20:39 6:00	23:47 3:08	28:27 4:40	32:25 3:58	35:33 3:08	----- 40:58 5:25	43:22 2:24	44:12 0:50	45:24 1:12		

PI	Name	Time																Comment	
Short		5.5 km	85 m	15 C	2(227)	3(215)	4(217)	5(207)	6(204)	7(208)	8(219)	9(220)	10(221)	11(210)	12(223)	13(224)	14(202)	15(226)	
				1(225) Finish															
1	Andy Creber NGOC		41:01	2:09 2:09 41:01	5:28 3:19	9:39 4:11	13:08 3:29	17:09 4:01	18:07 0:58	21:11 3:04	22:57 1:46	24:33 1:36	29:35 5:02	31:10 1:35	32:54 1:44	35:49 2:55	38:39 2:50	40:15 1:36	
2	Tom Birthwright NGOC		41:47	1:43 1:43 41:47	5:22 3:39	9:36 4:14	13:07 3:31	16:25 3:18	17:37 1:12	21:07 3:30	23:01 1:54	24:46 1:45	28:45 3:59	30:36 1:51	32:34 1:58	36:08 3:34	39:10 3:02	40:54 1:44	
3	Vanessa Lawson NGOC		46:08	1:50 1:50 46:07	6:04 4:14	9:53 3:49	13:36 3:43	20:02 6:26	21:12 1:10	25:59 4:47	27:49 1:50	29:29 1:40	33:26 3:57	35:05 1:39	37:10 2:05	40:06 2:56	43:27 3:21	45:03 1:36	
4	Doug Wilson NGOC		47:40	1:51 1:51 47:40	6:37 4:46	10:15 3:38	14:11 3:56	21:51 7:40	22:53 1:02	26:15 3:22	28:36 2:21	30:45 2:09	34:52 4:07	36:38 1:46	38:31 1:53	41:47 3:16	45:19 3:32	46:52 1:33	
5	Ian Macklin MDC		48:20	2:39 2:39 48:19	6:28 3:49	10:09 3:41	17:09 7:00	21:54 4:45	23:06 1:12	26:24 3:18	28:32 2:08	30:34 2:02	34:28 3:54	36:03 1:35	39:30 3:27	42:44 3:14	46:04 3:20	47:33 1:29	
6	David Palmer BOK		50:13	2:17 2:17 50:12	6:52 4:35	11:36 4:44	15:48 4:12	22:56 7:08	24:18 1:22	28:17 3:59	30:14 1:57	32:10 1:56	36:17 4:07	38:07 1:50	40:17 2:10	43:49 3:32	47:31 3:42	49:17 1:46	
7	Alan Pucill NGOC		51:58	2:04 2:04 51:57	6:04 4:00	11:02 4:58	15:11 4:09	21:42 6:31	23:04 1:22	27:32 4:28	29:58 2:26	32:09 2:11	36:59 4:50	39:04 2:05	41:16 2:12	45:09 3:53	49:07 3:58	51:02 1:55	
8	Michelle Ward NGOC		56:02	2:37 2:37 56:01	8:15 5:38	13:08 4:53	18:43 5:35	23:55 5:12	25:20 1:25	29:49 4:29	33:03 3:14	35:13 2:10	40:08 4:55	42:14 2:06	44:33 2:19	48:37 4:04	52:56 4:19	54:50 1:54	
9	Ian Phillips NGOC		56:46	2:15 2:15 56:46	7:31 5:16	12:08 4:37	16:40 4:32	24:35 7:55	25:53 1:18	30:06 4:13	32:42 2:36	34:45 2:03	40:38 5:53	42:48 2:10	45:21 2:33	49:26 4:05	53:33 4:07	55:35 2:02	
10	Ashleigh Denman NGOC		57:32	2:05 2:05 57:32	6:44 4:39	11:29 4:45	16:28 4:59	24:45 8:17	25:54 1:09	32:34 6:40	35:43 3:09	37:46 2:03	42:55 5:09	44:53 1:58	47:04 2:11	50:58 3:54	54:55 3:57	56:34 1:39	
11	Brian Laycock HOC		1:06:39	2:49 2:49 1:06:39	8:37 5:48	14:43 6:06	20:20 5:37	25:24 5:04	26:57 1:33	33:21 6:24	38:18 4:57	40:57 2:39	47:04 6:07	49:43 2:39	52:44 3:01	57:40 4:56	1:02:44 5:04	1:05:10 2:26	
12	Kathy Lewis + Wendy Pomeroy IND		1:06:51	2:32 2:32 1:06:50	8:34 6:02	15:56 7:22	22:16 6:20	27:59 5:43	29:30 1:31	34:32 5:02	38:05 3:33	40:28 2:23	46:57 6:29	49:06 2:09	53:40 4:34	58:22 4:42	1:03:31 5:09	1:05:33 2:02	
13	Eleri Cowen NGOC		1:10:29	2:05 2:05 1:10:29	9:20 7:15	14:04 4:44	20:08 6:04	25:19 5:11	26:36 1:17	31:11 4:35	33:51 2:40	37:01 3:10	49:00 11:59	51:16 2:16	54:24 3:08	1:01:14 6:50	1:06:57 5:43	1:09:45 2:48	
				0:44															

[illegible]

Pl	Name	Time													Comment
Junior		2.4 km	12 C												
			1(214)	2(225)	3(203)	4(205)	5(213)	6(222)	7(211)	8(206)	9(207)	10(204)	11(209)	12(218)	Finish
1	Reuben Lawson	14:21	1:45	2:45	3:29	4:28	5:17	6:07	8:30	9:26	10:09	11:04	12:08	13:36	14:20
	NGOC		1:45	1:00	0:44	0:59	0:49	0:50	2:23	0:56	0:43	0:55	1:04	1:28	0:44
2	Rebecca Ward	14:24	1:11	3:04	3:40	4:39	5:19	6:04	8:43	9:33	10:04	10:58	12:00	13:36	14:24
	NGOC		1:11	1:53	0:36	0:59	0:40	0:45	2:39	0:50	0:31	0:54	1:02	1:36	0:47
3	Jessica Ward	15:12	2:34	3:34	4:25	5:27	6:20	7:08	9:13	10:17	10:55	11:57	13:02	14:27	15:12
	NGOC		2:34	1:00	0:51	1:02	0:53	0:48	2:05	1:04	0:38	1:02	1:05	1:25	0:44
4	Seth Lawson	22:48	2:58	5:55	8:21	10:09	11:40	12:48	14:55	16:24	17:14	18:34	19:53	22:08	22:47
	NGOC		2:58	2:57	2:26	1:48	1:31	1:08	2:07	1:29	0:50	1:20	1:19	2:15	0:39

Pl	Name	Time	Comment										
V Short		4.2 km	11 C										
			1(204)	2(202)	3(220)	4(228)	5(221)	6(210)	7(223)	8(224)	9(219)	10(208)	11(226) Finish
1	Kim Liggett	30:27	0:45	3:05	6:55	8:53	11:57	14:17	17:08	21:25	23:54	26:13	29:03 30:27
	NGOC		0:45	2:20	3:50	1:58	3:04	2:20	2:51	4:17	2:29	2:19	2:50 1:24
2	Ros Taunton	35:05	0:43	3:33	8:00	9:56	14:10	16:49	19:45	24:40	27:49	30:41	33:58 35:05
	NGOC		0:43	2:50	4:27	1:56	4:14	2:39	2:56	4:55	3:09	2:52	3:17 1:07
3	Robert Teed	40:13	1:04	4:15	9:14	11:30	15:35	18:32	21:58	27:30	30:59	34:50	38:33 40:13
	NGOC		1:04	3:11	4:59	2:16	4:05	2:57	3:26	5:32	3:29	3:51	3:43 1:40
4	Nathan Fernandes	1:09:11	1:12	6:27	11:55	19:45	28:38	31:53	37:29	47:51	53:05	1:02:17	1:06:35 1:09:11
	BOK		1:12	5:15	5:28	7:50	8:53	3:15	5:36	10:22	5:14	9:12	4:18 2:35