

Pl	Name	Time																						
Brown (7)			10.0 km		200 m	20 C																		
			1(32)	2(44)	3(46)	4(61)	5(41)	6(43)	7(45)	8(31)	9(55)	10(57)	11(63)	12(36)	13(56)	14(33)	15(54)	16(48)	17(47)	18(66)	19(38)	20(49)	Finish	
1	Peter Ward NGOC	67:20	2:04	4:01	6:07	8:05	17:59	21:31	25:22	28:29	30:23	34:11	36:06	38:10	42:02	43:59	47:36	50:55	52:47	59:24	63:10	65:59	67:20	
			2:04	1:57	2:06	1:58	9:54	3:32	3:51	3:07	1:54	3:48	1:55	2:04	3:52	1:57	3:37	3:19	1:52	6:37	3:46	2:49	1:21	
2	Richard Mawer BAOC	69:59	1:08	3:16	5:18	7:00	17:49	20:58	24:00	27:11	29:02	32:52	34:45	36:58	41:29	43:22	47:25	50:47	53:10	60:01	64:53	68:22	69:59	
			1:08	2:08	2:02	1:42	10:49	3:09	3:02	3:11	1:51	3:50	1:53	2:13	4:31	1:53	4:03	3:22	2:23	6:51	4:52	3:29	1:37	
3	Dan Weaver UBOC	74:40	1:02	3:01	4:53	6:29	19:51	23:03	26:17	29:32	32:33	36:50	38:27	40:46	44:40	46:43	50:48	54:29	56:33	64:37	69:18	72:59	74:40	
			1:02	1:59	1:52	1:36	13:22	3:12	3:14	3:15	3:01	4:17	1:37	2:19	3:54	2:03	4:05	3:41	2:04	8:04	4:41	3:41	1:41	
			63:26																					
			*34																					
4	Rebecca Ward NGOC	100:02	1:23	4:24	6:41	9:18	23:55	29:19	34:46	40:26	43:32	48:57	51:30	55:45	61:34	66:43	72:16	76:49	79:44	88:28	94:00	98:15	100:02	
			1:23	3:01	2:17	2:37	14:37	5:24	5:27	5:40	3:06	5:25	2:33	4:15	5:49	5:09	5:33	4:33	2:55	8:44	5:32	4:15	1:47	
5	James Leith BOK	109:59	1:57	5:29	8:22	10:10	24:00	28:10	34:23	38:55	41:38	50:43	52:55	56:11	61:26	67:53	72:47	78:32	89:07	98:42	104:34	108:17	109:59	
			1:57	3:32	2:53	1:48	13:50	4:10	6:13	4:32	2:43	9:05	2:12	3:16	5:15	6:27	4:54	5:45	10:35	9:35	5:52	3:43	1:42	
			46:52																					
			*48																					
6	Peter Dobra UBOC	110:18	1:25	4:08	7:11	9:10	25:43	31:39	38:25	43:56	48:03	55:28	58:31	62:02	69:18	72:27	78:13	83:26	86:53	95:44	103:08	108:01	110:18	
			1:25	2:43	3:03	1:59	16:33	5:56	6:46	5:31	4:07	7:25	3:03	3:31	7:16	3:09	5:46	5:13	3:27	8:51	7:24	4:53	2:17	
7	Peter Leith IND	122:36	3:01	6:36	9:28	11:22	28:04	32:41	37:11	43:34	46:09	51:51	54:01	57:20	63:12	68:52	76:23	81:28	93:47	106:49	115:03	119:47	122:36	
			3:01	3:35	2:52	1:54	16:42	4:37	4:30	6:23	2:35	5:42	2:10	3:19	5:52	5:40	7:31	5:05	12:19	13:02	8:14	4:44	2:49	
Blue (17)			6.9 km		130 m	14 C																		
			1(32)	2(52)	3(46)	4(66)	5(33)	6(41)	7(43)	8(54)	9(31)	10(55)	11(51)	12(60)	13(38)	14(49)	Finish							
1	Paul Basher HOC	63:50	1:49	4:09	7:14	11:14	19:42	25:48	30:09	33:28	36:56	39:09	46:32	53:03	58:32	61:59	63:50							
			1:49	2:20	3:05	4:00	8:28	6:06	4:21	3:19	3:28	2:13	7:23	6:31	5:29	3:27	1:51							
2	Andy Creber NGOC	67:41	2:58	5:11	7:30	11:18	22:35	29:04	32:26	35:21	38:32	40:45	47:30	53:13	62:27	65:49	67:41							
			2:58	2:13	2:19	3:48	11:17	6:29	3:22	2:55	3:11	2:13	6:45	5:43	9:14	3:22	1:52							
3	Scott Johnson NGOC	67:43	2:51	5:07	7:25	11:27	20:08	26:28	32:28	36:51	40:36	43:05	50:32	58:14	62:31	66:13	67:43							
			2:51	2:16	2:18	4:02	8:41	6:20	6:00	4:23	3:45	2:29	7:27	7:42	4:17	3:42	1:30							
4	Thomas Cochrane NGOC	70:00	2:25	4:19	7:07	10:37	20:36	27:45	31:41	35:43	38:55	42:13	50:34	57:51	63:09	67:17	70:00							
			2:25	1:54	2:48	3:30	9:59	7:09	3:56	4:02	3:12	3:18	8:21	7:17	5:18	4:08	2:43							
5	Kevin Brooker NGOC	71:28	2:19	4:53	9:03	12:48	20:44	26:44	31:13	35:39	39:06	42:06	50:54	58:16	64:31	69:07	71:28							
			2:19	2:34	4:10	3:45	7:56	6:00	4:29	4:26	3:27	3:00	8:48	7:22	6:15	4:36	2:21							
6	Doug Wilson NGOC	72:45	2:10	4:45	7:53	11:52	21:06	27:58	33:05	41:23	45:06	48:09	55:15	62:05	66:44	70:51	72:45							
			2:10	2:35	3:08	3:59	9:14	6:52	5:07	8:18	3:43	3:03	7:06	6:50	4:39	4:07	1:54							
7	Richard Davies HOC	74:22	1:47	4:16	7:00	11:21	20:23	27:16	31:56	35:59	39:49	43:34	52:51	59:57	67:52	72:17	74:22							
			1:47	2:29	2:44	4:21	9:02	6:53	4:40	4:03	3:50	3:45	9:17	7:06	7:55	4:25	2:05							
8	Robert Elston UBOC	75:39	1:41	4:08	6:11	10:23	27:04	33:20	37:19	47:26	50:34	52:47	59:29	65:28	70:13	73:38	75:39							
			1:41	2:27	2:03	4:12	16:41	6:16	3:59	10:07	3:08	2:13	6:42	5:59	4:45	3:25	2:01							
9	Joe Parkinson NGOC	77:20	1:53	4:44	7:46	12:34	22:16	29:15	34:09	39:37	44:26	47:25	55:55	64:09	70:19	74:47	77:20							
			1:53	2:51	3:02	4:48	9:42	6:59	4:54	5:28	4:49	2:59	8:30	8:14	6:10	4:28	2:33							
10	Alan Pucill NGOC	84:01	2:04	4:57	8:31	13:07	23:28	31:34	37:01	43:38	48:05	51:43	62:01	69:54	76:49	81:34	84:01							
			2:04	2:53	3:34	4:36	10:21	8:06	5:27	6:37	4:27	3:38	10:18	7:53	6:55	4:45	2:27							
11	Karl Kingsman HOC	88:03	4:01	6:30	9:32	13:54	28:48	35:35	40:20	44:43	48:30	53:11	64:19	73:00	79:55	85:00	88:03							
			4:01	2:29	3:02	4:22	14:54	6:47	4:45	4:23	3:47	4:41	11:08	8:41	6:55	5:05	3:03							
12	Kelvin Davies BOK	88:58	2:34	5:18	8:56	15:20	26:02	34:03	39:16	45:02	49:42	53:10	63:51	73:07	80:10	85:16	88:58							
			2:34	2:44	3:38	6:24	10:42	8:01	5:13	5:46	4:40	3:28	10:41	9:16	7:03	5:06	3:42							
13	Rob Taylor NGOC	90:03	2:23	4:46	8:40	13:26	23:38	31:58	37:12	41:24	45:58	52:30	70:34	78:25	83:48	88:12	90:03							
			2:23	2:23	3:54	4:46	10:12	8:20	5:14	4:12	4:34	6:32	18:04	7:51	5:23	4:24	1:51							
14	David Faulkner BOK	92:19	2:34	5:45	9:34	14:39	24:58	33:12	43:52	50:36	54:56	59:28	69:20	77:56	84:41	89:23	92:19							
			2:34	3:11	3:49	5:05	10:19	8:14	10:40	6:44	4:20	4:32	9:52	8:36	6:45	4:42	2:56							
15	Abby & Luke deMar NGOC	97:15	3:10	5:29	9:54	14:11	39:23	46:54	52:23	58:45	62:17	66:51	76:19	83:59	89:41	95:10	97:15							
			3:10	2:19	4:25	4:17	25:12	7:31	5:29	6:22	3:32	4:34	9:28	7:40	5:42	5:29	2:05							
16	Steve Chiverton HOC	98:12	2:24	5:16	8:48	17:23	29:53	38:01	42:56	47:18	52:17	56:58	68:23	77:44	90:43	95:35	98:12							
			2:24	2:52	3:32	8:35	12:30	8:08	4:55	4:22	4:59	4:41	11:25	9:21	12:59	4:52	2:37							
17	Si Read NGOC	153:08	2:41	6:17	11:19	15:49	42:27	48:54	64:26	71:53	77:08	83:50	95:24	128:10	138:24	150:14	153:08							
			2:41	3:36	5:02	4:30	26:38	6:27	15:32	7:27	5:15	6:42	11:34	32:46	10:14	11:50	2:54							

Pl	Name	Time														
Green (34)			1(39)	2(52)	4.1 km 3(46)	95 m 4(62)	13 C 5(56)	6(33)	7(47)	8(55)	9(42)	10(57)	11(63)	12(36)	13(40)	Finish
1	Finlay Anderson BOK	50:04	2:38 2:38	4:04 1:26	7:25 3:21	15:18 7:53	16:45 1:27	19:52 3:07	25:08 5:16	32:42 7:34	37:19 4:37	39:12 1:53	42:42 3:30	47:16 4:34	49:33 2:17	50:04 0:31
2	Rose Taylor NGOC	54:43	1:45 1:45	3:37 1:52	7:09 3:32	18:10 11:01	19:33 1:23	23:44 4:11	28:40 4:56	36:46 8:06	41:53 5:07	45:14 3:21	48:07 2:53	52:13 4:06	54:19 2:06	54:43 0:24
3	Hal Young NGOC	56:03	3:16 3:16	5:25 2:09	8:21 2:56	16:30 8:09	18:23 1:53	21:51 3:28	25:49 3:58	42:05 16:16	46:38 4:33	47:51 1:13	50:51 3:00	53:39 2:48	55:30 1:51	56:03 0:33
4	Tony Lloyd BOK	60:34	3:08 3:08	5:22 2:14	9:07 3:45	20:58 11:51	23:46 2:48	29:17 5:31	35:01 5:44	42:34 7:33	48:40 6:06	50:14 1:34	54:20 4:06	58:05 3:45	59:58 1:53	60:34 0:36
5	Tom Mills NGOC	60:48	3:17 3:17	5:55 2:38	9:41 3:46	22:05 12:24	25:38 3:33	29:27 3:49	35:54 6:27	43:19 7:25	49:41 6:22	51:19 1:38	54:23 3:04	57:36 3:13	60:19 2:43	60:48 0:29
6	Mike Farrington HOC	61:50	2:07 2:07	3:51 1:44	7:07 3:16	26:05 18:58	27:34 1:29	33:59 6:25	38:12 4:13	45:34 7:22	50:59 5:25	52:13 1:14	56:32 4:19	59:23 2:51	61:18 1:55	61:50 0:32
7	Reuben Lawson NGOC	62:20	2:41 2:41	4:09 1:28	7:33 3:24	17:41 10:08	20:50 3:09	24:49 3:59	30:33 5:44	39:58 9:25	45:21 5:23	46:21 1:00	49:15 2:54	52:17 3:02	61:58 9:41	62:20 0:22
8	John Fallows NGOC	63:02	2:12 2:12	4:14 2:02	8:02 3:48	27:31 19:29	29:57 2:26	34:33 4:36	40:12 5:39	46:51 6:39	53:02 6:11	54:45 1:43	57:25 2:40	60:34 3:09	62:27 1:53	63:02 0:35
9	Peter Foster BOK	63:56	2:26 2:26	4:22 1:56	8:51 4:29	31:48 22:57	33:37 1:49	37:03 3:26	41:11 4:08	46:39 5:28	54:23 7:44	55:34 1:11	58:13 2:39	61:23 3:10	63:26 2:03	63:56 0:30
10	Rachel Dennis BOK	66:11	2:36 2:36	4:50 2:14	9:12 4:22	22:07 12:55	24:40 2:33	32:25 7:45	39:49 7:24	47:32 7:43	53:23 5:51	55:52 2:29	59:04 3:12	63:33 4:29	65:34 2:01	66:11 0:37
11	Max Suff IND	66:46	2:53 2:53	4:50 1:57	8:19 3:29	24:21 16:02	28:02 3:41	32:10 4:08	37:10 5:00	50:56 13:46	56:25 5:29	57:42 1:17	60:15 2:33	63:33 3:18	65:57 2:24	66:46 0:49
12	Neil Fraser NWO	66:53	2:50 2:50	5:26 2:36	10:18 4:52	27:34 17:16	29:34 2:00	35:45 6:11	41:39 5:54	48:50 7:11	54:55 6:05	56:25 1:30	59:48 3:23	64:02 4:14	66:17 2:15	66:53 0:36
13	Steve Lee NGOC	69:21	2:48 2:48	4:56 2:08	8:47 3:51	19:59 11:12	22:15 2:16	29:41 7:26	40:51 11:10	51:34 10:43	57:59 6:25	59:40 1:41	63:30 3:50	67:05 3:35	68:49 1:44	69:21 0:32
14	Jane Holcombe BOK	69:35	3:17 3:17	5:54 2:37	12:31 6:37	28:40 16:09	31:04 2:24	35:58 4:54	42:38 6:40	50:38 8:00	57:21 6:43	59:04 1:43	62:32 3:28	66:29 3:57	69:05 2:36	69:35 0:30
15	Katy Dyer BOK	70:02	3:20 3:20	6:33 3:13	11:55 5:22	24:39 12:44	27:49 3:10	33:23 5:34	39:49 6:26	49:43 9:54	56:57 7:14	59:04 2:07	62:20 3:16	66:46 4:26	69:25 2:39	70:02 0:37
16	Andy Pedder NGOC	71:51	4:24 4:24	6:42 2:18	11:13 4:31	29:23 18:10	31:21 1:58	35:15 3:54	40:38 5:23	54:39 14:01	61:04 6:25	63:39 2:35	66:14 2:35	69:16 3:02	71:18 2:02	71:51 0:33
17	Jo Foster BOK	74:35	3:23 3:23	5:42 2:19	10:37 4:55	28:15 17:38	30:16 2:01	38:57 8:41	47:02 8:05	55:40 8:38	62:06 6:26	63:41 1:35	67:44 4:03	71:45 4:01	74:00 2:15	74:35 0:35
18	Paul Hammond HOC	75:53	3:52 3:52	6:47 2:55	11:16 4:29	26:53 15:37	29:35 2:42	35:36 6:01	46:16 10:40	53:05 6:49	60:13 7:08	62:01 1:48	66:38 4:37	72:25 5:47	75:17 2:52	75:53 0:36
19	Judith Taylor NGOC	77:38	2:59 2:59	5:39 2:40	10:56 5:17	29:03 18:07	31:49 2:46	36:24 4:35	44:55 8:31	52:21 7:26	58:50 6:29	60:39 1:49	64:48 4:09	73:58 9:10	77:03 3:05	77:38 0:35
20	Joanna Howell BOK	78:08	3:55 3:55	8:25 4:30	12:42 4:17	26:20 13:38	29:06 2:46	36:16 7:10	46:21 10:05	56:15 9:54	64:00 7:45	65:48 1:48	70:23 4:35	74:57 4:34	77:33 2:36	78:08 0:35
21	Ian Phillips NGOC	78:49	3:21 3:21	6:34 3:13	12:51 6:17	29:32 16:41	32:33 3:01	37:29 4:56	45:06 7:37	56:02 10:56	64:13 8:11	67:01 2:48	70:27 3:26	74:53 4:26	78:01 3:08	78:49 0:48
22	Dave Andrews NGOC	82:23	3:27 3:27	6:03 2:36	11:20 5:17	24:17 12:57	28:33 4:16	41:55 13:22	50:08 8:13	59:37 9:29	68:07 8:30	70:09 2:02	74:35 4:26	78:48 4:13	81:39 2:51	82:23 0:44
23	Ellen Starling NGOC	83:04	4:04 4:04	7:12 3:08	14:07 6:55	31:16 17:09	34:16 3:00	39:33 5:17	46:46 7:13	56:04 9:18	66:08 10:04	68:04 1:56	72:01 3:57	79:29 7:28	82:25 2:56	83:04 0:39
24	Claire Horsfall NGOC	83:43	4:09 4:09	7:46 3:37	15:46 8:00	31:03 15:17	34:36 3:33	40:48 6:12	48:02 7:14	57:06 9:04	66:58 9:52	69:16 2:18	74:08 4:52	79:42 5:34	83:02 3:20	83:43 0:41
25	Adam Rawlings NGOC	85:12	3:57 3:57	6:24 2:27	10:35 4:11	21:22 10:47	25:46 4:24	45:51 20:05	51:40 5:49	59:49 8:09	65:47 5:58	67:41 1:54	70:45 3:04	82:48 12:03	84:43 1:55	85:12 0:29
26	Hilary Nicholls NGOC	88:32	3:49 3:49	7:13 3:24	12:17 5:04	42:25 30:08	46:27 4:02	52:00 5:33	58:45 6:45	68:09 9:24	76:01 7:52	77:43 1:42	81:41 3:58	85:13 3:32	87:55 2:42	88:32 0:37
27	Seth Lawson NGOC	89:22	2:46 2:46	5:25 2:39	10:55 5:30	31:24 20:29	33:54 2:30	39:41 5:47	50:03 10:22	62:21 12:18	72:21 10:00	75:01 2:40	80:47 5:46	86:19 5:32	88:59 2:40	89:22 0:23
28	Pete Colbert SWOC	100:16	4:07 4:07	7:07 3:00	14:24 7:17	32:00 17:36	35:15 3:15	40:53 5:38	49:55 9:02	62:19 12:24	81:20 19:01	85:25 4:05	90:31 5:06	96:00 5:29	99:16 3:16	100:16 1:00
29	Vincent Wong UBOC	105:09	6:05 6:05	8:11 2:06	12:51 4:40	43:40 30:49	48:30 4:50	59:58 11:28	66:08 6:10	80:58 14:50	86:52 5:54	88:22 1:30	92:54 4:32	102:24 9:30	104:35 2:11	105:09 0:34

Pl	Name	Time															
Green (34)					4.1 km	95 m	13 C	(cont.)									
			1(39)	2(52)	3(46)	4(62)	5(56)	6(33)	7(47)	8(55)	9(42)	10(57)	11(63)	12(36)	13(40)	Finish	
30	Gary Wakerley	115:29	5:01	8:52	18:54	45:41	50:03	57:05	70:18	83:08	94:26	97:01	103:35	110:10	114:22	115:29	
	NGOC		5:01	3:51	10:02	26:47	4:22	7:02	13:13	12:50	11:18	2:35	6:34	6:35	4:12	1:07	
31	Nerissa Lee	149:53	4:37	9:02	17:16	76:01	80:00	85:05	90:57	123:32	135:21	138:19	142:43	146:56	149:17	149:53	
	UBOC		4:37	4:25	8:14	58:45	3:59	5:05	5:52	32:35	11:49	2:58	4:24	4:13	2:21	0:36	
	Mike Wilkinson	mp	4:00	7:05	11:58	33:10	36:31	41:33	48:31	59:50	-----	-----	87:57	91:52	94:32	95:09	
	HOC		4:00	3:05	4:53	21:12	3:21	5:02	6:58	11:19			28:07	3:55	2:40	0:37	
	Alex Evans	mp	3:28	6:53	13:15	51:20	60:47	68:17	75:52	85:30	92:41	96:41	-----	-----	-----	105:38	
	NGOC		3:28	3:25	6:22	38:05	9:27	7:30	7:35	9:38	7:11	4:00				8:57	
	Alan Starling	dnf	4:48	8:07	15:15	35:34	39:36	47:10	-----	-----	-----	-----	-----	-----	-----		
	NGOC		4:48	3:19	7:08	20:19	4:02	7:34									
Short Green (12)					2.7 km	70 m	11 C										
			1(32)	2(65)	3(52)	4(61)	5(60)	6(66)	7(62)	8(56)	9(51)	10(36)	11(40)	Finish			
1	Matthew Fautley	42:47	4:38	6:54	9:05	13:12	15:11	17:33	23:56	27:20	29:52	40:00	42:11	42:47			
	NGOC		4:38	2:16	2:11	4:07	1:59	2:22	6:23	3:24	2:32	10:08	2:11	0:36			
2	Rosie Watson	46:24	3:06	4:35	7:03	12:53	15:07	18:07	27:14	29:58	33:34	40:35	45:51	46:24			
	NGOC		3:06	1:29	2:28	5:50	2:14	3:00	9:07	2:44	3:36	7:01	5:16	0:33			
3	Robert Teed	51:43	9:27	11:00	13:31	19:55	22:12	24:55	32:12	35:28	38:33	48:34	51:00	51:43			
	NGOC		9:27	1:33	2:31	6:24	2:17	2:43	7:17	3:16	3:05	10:01	2:26	0:43			
4	Carol Farrington	57:07	3:56	5:28	8:36	14:59	17:28	21:20	31:10	36:48	42:03	53:09	56:31	57:07			
	HOC		3:56	1:32	3:08	6:23	2:29	3:52	9:50	5:38	5:15	11:06	3:22	0:36			
5	Debbie Anderson	61:20	7:38	9:08	13:09	18:56	22:34	25:55	36:13	40:43	44:58	57:52	60:43	61:20			
	BOK		7:38	1:30	4:01	5:47	3:38	3:21	10:18	4:30	4:15	12:54	2:51	0:37			
6	Julia Wilkinson	62:06	3:27	5:09	8:28	17:01	20:06	23:20	39:54	44:03	47:21	58:39	61:30	62:06			
	HOC		3:27	1:42	3:19	8:33	3:05	3:14	16:34	4:09	3:18	11:18	2:51	0:36			
7	Paul Butler	62:32	2:52	5:18	7:46	15:13	17:46	20:37	36:19	42:32	46:57	59:15	61:59	62:32			
	NGOC		2:52	2:26	2:28	7:27	2:33	2:51	15:42	6:13	4:25	12:18	2:44	0:33			
8	Helen Young	66:09	10:23	12:08	14:31	22:49	24:48	28:14	39:06	43:29	48:55	63:48	65:43	66:09			
	NGOC		10:23	1:45	2:23	8:18	1:59	3:26	10:52	4:23	5:26	14:53	1:55	0:26			
8	Gregory Young	66:09	10:22	12:08	14:34	22:51	24:47	28:13	38:57	43:32	49:02	63:51	65:43	66:09			
	NGOC		10:22	1:46	2:26	8:17	1:56	3:26	10:44	4:35	5:30	14:49	1:52	0:26			
10	John Coleman	68:00	6:34	8:45	11:42	19:00	26:35	34:19	43:09	46:10	53:45	63:42	67:12	68:00			
	NGOC		6:34	2:11	2:57	7:18	7:35	7:44	8:50	3:01	7:35	9:57	3:30	0:48			
11	Sue Colbert	76:23	10:11	11:44	14:47	24:45	29:01	38:54	48:57	53:12	57:00	71:28	75:39	76:23			
	SWOC		10:11	1:33	3:03	9:58	4:16	9:53	10:03	4:15	3:48	14:28	4:11	0:44			
	Ben Mawer	ot	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----			
	BAOC																
Orange (4)					2.7 km	70 m	9 C										
			1(50)	2(38)	3(52)	4(61)	5(66)	6(53)	7(62)	8(51)	9(64)	Finish					
1	Nick Dennis	32:54	1:28	3:33	7:43	13:04	16:23	20:42	23:03	27:59	31:02	32:54					
	BOK		1:28	2:05	4:10	5:21	3:19	4:19	2:21	4:56	3:03	1:52					
2	Cerys Williams	56:39	1:53	4:57	12:12	19:44	25:54	34:15	38:53	47:25	53:42	56:39					
	IND		1:53	3:04	7:15	7:32	6:10	8:21	4:38	8:32	6:17	2:57					
3	Peter Maloney	58:52	2:09	7:50	13:51	20:29	24:57	31:33	35:22	50:59	56:06	58:52					
	NGOC		2:09	5:41	6:01	6:38	4:28	6:36	3:49	15:37	5:07	2:46					
4	Alice Young	65:11	2:35	6:03	14:06	23:27	28:43	37:52	51:51	58:03	62:39	65:11					
	NGOC		2:35	3:28	8:03	9:21	5:16	9:09	13:59	6:12	4:36	2:32					
Yellow (5)					2.3 km	50 m	10 C										
			1(50)	2(65)	3(37)	4(35)	5(60)	6(34)	7(53)	8(59)	9(58)	10(64)	Finish				
1	Freya Beynon	29:14	1:12	1:52	6:27	8:53	12:36	16:49	21:37	22:39	25:19	27:23	29:14				
	BOK		1:12	0:40	4:35	2:26	3:43	4:13	4:48	1:02	2:40	2:04	1:51				

76:01
*48

Pl	Name	Time											
Yellow (5)			2.3 km		50 m	10 C	<i>(cont.)</i>						
			1(50)	2(65)	3(37)	4(35)	5(60)	6(34)	7(53)	8(59)	9(58)	10(64)	Finish
2	Chloe+Emily Swans	29:26	1:28	2:34	6:05	8:48	13:58	18:33	21:49	22:45	25:17	27:20	29:26
	IND		1:28	1:06	3:31	2:43	5:10	4:35	3:16	0:56	2:32	2:03	2:06
3	Thomas Simpson	32:51	1:54	3:00	6:29	10:03	14:23	19:14	22:43	24:35	27:49	29:54	32:51
	NGOC		1:54	1:06	3:29	3:34	4:20	4:51	3:29	1:52	3:14	2:05	2:57
4	Reuben Swanson	33:04	1:48	2:50	5:37	9:11	13:39	18:59	22:38	24:12	26:57	29:10	33:04
	IND		1:48	1:02	2:47	3:34	4:28	5:20	3:39	1:34	2:45	2:13	3:54
5	Nolan Phillips	50:53	2:30	3:51	8:24	23:59	30:32	35:11	39:20	40:58	44:32	47:13	50:53
	IND		2:30	1:21	4:33	15:35	6:33	4:39	4:09	1:38	3:34	2:41	3:40
Trail (7)			15.6 km		265 m	9 C							
			1(201)	2(202)	3(203)	4(204)	5(205)	6(206)	7(207)	8(208)	9(209)	Finish	
1	Dan Sandford	55:14	5:19	11:29	15:09	22:09	29:09	34:52	40:20	45:39	51:22	55:14	
	FoDAC		5:19	6:10	3:40	7:00	7:00	5:43	5:28	5:19	5:43	3:52	
2	Cherry Fowler	63:50	6:17	13:49	18:02	25:46	33:28	39:31	44:37	50:24	59:54	63:50	
	Chepstow		6:17	7:32	4:13	7:44	7:42	6:03	5:06	5:47	9:30	3:56	
3	Andy Horlick	76:32	5:58	12:05	15:45	23:14	48:34	54:54	60:00	65:45	72:10	76:32	
	FoDAC		5:58	6:07	3:40	7:29	25:20	6:20	5:06	5:45	6:25	4:22	
4	Rob Rees	78:47	7:00	15:51	21:20	31:13	44:21	51:34	57:42	64:57	74:33	78:47	
	NGOC		7:00	8:51	5:29	9:53	13:08	7:13	6:08	7:15	9:36	4:14	
5	Tabi Ward	79:26	6:44	15:22	21:32	31:23	44:22	52:00	58:10	65:22	74:37	79:26	
	IND		6:44	8:38	6:10	9:51	12:59	7:38	6:10	7:12	9:15	4:49	
6	Lexi Ward	122:52	9:13	24:17	34:52	50:31	65:44	78:11	92:50	103:08	116:46	122:52	
	IND		9:13	15:04	10:35	15:39	15:13	12:27	14:39	10:18	13:38	6:06	
7	Nicky McGrath	123:20	9:18	24:07	35:00	50:44	65:37	78:10	93:03	103:14	117:04	123:20	
	IND		9:18	14:49	10:53	15:44	14:53	12:33	14:53	10:11	13:50	6:16	