

Pl	Name	Time																						
Brown (19)			8.3 km 345 m		23 C		<i>(cont.)</i>																	
			1(59) 23(51)	2(74) Finish	3(69)	4(65)	5(61)	6(62)	7(75)	8(67)	9(33)	10(45)	11(34)	12(41)	13(49)	14(44)	15(52)	16(68)	17(72)	18(56)	19(73)	20(42)	21(70)	22(64)
	Chris McCartney OD	mp	1:59 1:59 1:20:32	3:48 1:49 1:21:00	14:50 11:02	17:14 2:24	19:55 2:41	32:27 12:32	35:42 3:15	38:49 3:07	40:57 2:08	44:14 3:17	45:55 1:41	51:47 5:52	-----	56:58 5:11	58:58 2:00	1:01:11 2:13	1:03:53 2:42	1:06:25 2:32	1:14:17 7:52	1:16:52 2:35	1:18:20 1:28	1:19:03 0:43
	Richard Cronin NGOC	mp	1:29 2:48 1:29:36	0:28 4:47 1:30:01	17:44 12:57	20:23 2:39	23:29 3:06	34:57 11:28	37:58 3:01	41:36 3:38	44:05 2:29	51:09 7:04	-----	55:52 4:43	1:01:49 5:57	1:03:06 1:17	1:05:54 2:48	1:08:13 2:19	1:11:49 3:36	-----	1:22:59 11:10	1:26:25 3:26	-----	1:27:54 1:29
	Nick Gracie BOK	disq	1:42 2:15 1:39:44	0:25 4:17 1:40:20	21:15 16:58	25:31 4:16	28:22 2:51	41:59 13:37	45:00 3:01	49:19 4:19	51:48 2:29	55:38 3:50	57:28 1:50	1:04:22 6:54	1:10:12 5:50	1:11:08 0:56	1:13:23 2:15	1:17:02 3:39	1:20:10 3:08	1:23:02 2:52	1:32:28 9:26	1:34:28 2:00	1:36:44 2:16	1:37:47 1:03
	Anne Straube OD	disq	1:57 3:22 1:52:39	0:36 5:30 1:53:21	21:46 16:16	25:04 3:18	27:56 2:52	44:42 16:46	48:56 4:14	53:04 4:08	56:08 3:04	1:01:13 5:05	1:03:28 2:15	1:10:14 6:46	1:21:01 10:47	1:22:10 1:09	1:24:44 2:34	1:27:02 2:18	1:30:25 3:23	1:33:27 3:02	1:44:07 10:40	1:46:25 2:18	1:49:33 3:08	1:50:43 1:10
	Greg Best NGOC	disq	1:56 4:05 1:59:07	0:42 5:56 1:59:51	20:43 14:47	25:21 4:38	28:02 2:41	44:18 16:16	49:18 5:00	53:41 4:23	56:52 3:11	1:01:37 4:45	1:03:30 1:53	1:09:03 5:33	1:17:51 8:48	1:18:57 1:06	1:21:13 2:16	1:24:10 2:57	1:27:58 3:48	1:31:24 3:26	1:42:56 11:32	1:45:53 2:57	1:55:43 9:50	1:57:08 1:25
Blue (38)			5.4 km 250 m		15 C																			
			1(48)	2(72)	3(56)	4(50)	5(45)	6(34)	7(67)	8(76)	9(52)	10(49)	11(43)	12(60)	13(42)	14(64)	15(51)	Finish						
1	Freddie Lake SBOK	52:48	2:34	11:49	13:50	18:21	22:14	23:43	25:33	33:35	36:49	39:40	43:13	45:32	50:11	51:02	52:23	52:48						
2	Reuben Lawson NGOC	53:44	3:05	9:42	11:38	17:52	22:53	24:05	26:40	34:47	38:41	41:20	44:11	46:37	50:50	51:58	53:19	53:44	45:38					
3	Andy Creber NGOC	56:49	4:02	9:42	11:54	16:48	22:25	23:40	25:17	37:30	40:50	44:24	46:32	48:52	53:52	54:47	56:17	56:49						
4	Ifor Powell BOK	1:02:39	3:45	11:23	13:57	19:13	24:35	26:46	29:32	38:15	42:58	46:28	49:05	51:47	55:38	1:00:08	1:02:03	1:02:39						
5	Paul Basher HOC	1:03:05	3:46	12:53	15:42	20:52	26:32	28:23	31:52	41:50	46:24	49:39	52:03	55:34	59:00	1:00:56	1:02:31	1:03:05						
6	Andy Stott NGOC	1:03:10	4:08	14:04	16:36	21:53	27:06	28:44	31:41	40:26	45:05	48:57	51:21	54:19	58:16	59:53	1:02:21	1:03:10						
7	Simon Thompson HOC	1:03:12	3:23	11:50	14:24	19:47	26:50	28:22	31:42	40:33	45:07	49:00	52:53	55:58	59:45	1:01:11	1:02:41	1:03:12						
8	Alice Bedwell BOK	1:05:04	4:13	11:42	14:19	19:58	27:35	29:30	32:30	42:04	46:37	50:33	53:21	56:33	1:00:34	1:01:58	1:04:20	1:05:04						
9	Jes Dickin SOC	1:07:32	4:43	15:17	18:33	24:05	30:27	32:00	34:39	43:43	48:59	53:01	56:24	59:42	1:03:18	1:04:41	1:06:54	1:07:32						
10	Richard Hudson BOK	1:07:40	4:16	14:31	17:35	22:35	28:38	30:48	34:45	44:19	49:36	53:09	55:30	58:34	1:03:59	1:05:35	1:07:10	1:07:40	39:23					
11	Duncan Innes SWOC	1:07:41	3:30	11:59	14:54	20:39	27:02	28:46	32:42	42:25	47:16	51:17	55:18	59:09	1:03:04	1:04:31	1:06:58	1:07:41						
12	Doug Wilson NGOC	1:07:52	3:43	12:36	15:12	19:56	26:14	27:54	31:35	40:51	46:31	52:14	56:37	1:00:23	1:04:41	1:05:58	1:07:25	1:07:52						
13	Thomas Cochrane NGOC	1:08:35	4:30	12:49	15:23	21:30	26:36	28:10	31:13	41:56	47:32	51:07	53:20	56:24	1:04:35	1:06:10	1:08:02	1:08:35						
14	Ian Hopkins WRE	1:09:46	4:36	12:43	15:53	24:16	30:08	32:22	35:52	45:40	51:11	54:26	57:13	1:00:34	1:05:31	1:06:59	1:09:09	1:09:46						
15	Vanessa Lawson NGOC	1:10:08	3:25	13:17	15:39	21:06	26:19	28:00	33:55	44:35	49:43	53:30	56:55	1:00:16	1:06:16	1:08:03	1:09:36	1:10:08						
16	Rob Taylor NGOC	1:11:51	3:45	12:54	15:56	22:03	28:23	30:40	34:03	45:35	51:22	55:26	59:07	1:02:13	1:08:11	1:09:30	1:11:09	1:11:51						
			3:45	9:09	3:02	6:07	6:20	2:17	3:23	11:32	5:47	4:04	3:41	3:06	5:58	1:19	1:39	0:42						

PI	Name	Time															Finish	
Blue (38)			5.4 km 250 m		15 C		<i>(cont.)</i>											
			1(48)	2(72)	3(56)	4(50)	5(45)	6(34)	7(67)	8(76)	9(52)	10(49)	11(43)	12(60)	13(42)	14(64)	15(51)	Finish
17	Neil Grant SWOC	1:12:15	5:28	16:54	19:59	25:53	32:06	34:13	37:31	46:52	52:21	56:24	59:50	1:04:01	1:07:52	1:09:25	1:11:36	1:12:15
			5:28	11:26	3:05	5:54	6:13	2:07	3:18	9:21	5:29	4:03	3:26	4:11	3:51	1:33	2:11	0:39
18	Paul Bryce NGOC	1:13:28	3:21	16:08	19:13	26:29	32:40	34:32	37:45	48:14	53:50	58:08	1:02:00	1:05:43	1:09:33	1:10:43	1:12:50	1:13:28
			3:21	12:47	3:05	7:16	6:11	1:52	3:13	10:29	5:36	4:18	3:52	3:43	3:50	1:10	2:07	0:38
18	David Williams HOC	1:13:28	3:56	14:26	17:44	23:41	30:01	32:19	35:53	47:10	53:09	57:22	1:00:48	1:03:59	1:09:52	1:11:23	1:12:53	1:13:28
			3:56	10:30	3:18	5:57	6:20	2:18	3:34	11:17	5:59	4:13	3:26	3:11	5:53	1:31	1:30	0:35
20	Bethan Irwin SBOC	1:14:00	4:11	13:43	16:20	21:56	31:12	32:29	35:10	44:53	52:01	55:28	58:18	1:01:58	1:10:17	1:11:28	1:13:19	1:14:00
			4:11	9:32	2:37	5:36	9:16	1:17	2:41	9:43	7:08	3:27	2:50	3:40	8:19	1:11	1:51	0:41
21	Peter Foster BOK	1:14:14	4:23	14:19	17:25	23:32	33:14	35:48	39:40	49:12	55:20	58:53	1:02:07	1:06:11	1:09:57	1:11:45	1:13:38	1:14:14
			4:23	9:56	3:06	6:07	9:42	2:34	3:52	9:32	6:08	3:33	3:14	4:04	3:46	1:48	1:53	0:36
22	Ian Byrne SMOC	1:18:27	4:35	20:18	24:05	31:25	38:24	40:26	43:39	52:22	59:02	1:02:43	1:06:34	1:10:45	1:14:50	1:16:10	1:17:55	1:18:27
			4:35	15:43	3:47	7:20	6:59	2:02	3:13	8:43	6:40	3:41	3:51	4:11	4:05	1:20	1:45	0:32
23	Anis Pirtnieks SWOC	1:22:57	5:23	14:49	18:39	26:58	35:07	37:37	40:57	53:36	59:46	1:04:58	1:08:43	1:12:44	1:17:41	1:19:21	1:21:52	1:22:57
			5:23	9:26	3:50	8:19	8:09	2:30	3:20	12:39	6:10	5:12	3:45	4:01	4:57	1:40	2:31	1:05
24	Chris Atkins BOK	1:23:24	3:22	11:26	12:21	6:06	5:54	2:01	3:28	10:10	7:31	3:30	2:40	6:12	4:37	1:47	1:49	0:30
24	Christine Farr SWOC	1:23:24	4:13	15:35	19:57	26:17	33:44	36:05	41:39	52:11	58:42	1:02:46	1:06:05	1:10:20	1:15:02	1:20:48	1:22:43	1:23:24
			4:13	11:22	4:22	6:20	7:27	2:21	5:34	10:32	6:31	4:04	3:19	4:15	4:42	5:46	1:55	0:41
26	Douglas Greenwood SOC	1:25:51	4:45	17:40	21:50	28:18	35:59	39:00	45:14	56:37	1:03:46	1:08:06	1:11:17	1:15:33	1:21:10	1:23:23	1:25:23	1:25:51
			4:45	12:55	4:10	6:28	7:41	3:01	6:14	11:23	7:09	4:20	3:11	4:16	5:37	2:13	2:00	0:28
27	Mike Goldthorpe SOC	1:26:04	4:03	12:59	15:45	21:17	30:21	32:06	35:54	49:45	54:25	58:26	1:01:06	1:09:07	1:22:20	1:23:44	1:25:24	1:26:04
			4:03	8:56	2:46	5:32	9:04	1:45	3:48	13:51	4:40	4:01	2:40	8:01	13:13	1:24	1:40	0:40
28	Steve Robertson QO	1:27:22	4:51	16:00	18:56	25:29	31:56	34:39	38:54	49:51	55:53	1:08:35	1:12:02	1:16:55	1:22:02	1:24:33	1:26:39	1:27:22
			4:51	11:09	2:56	6:33	6:27	2:43	4:15	10:57	6:02	12:42	3:27	4:53	5:07	2:31	2:06	0:43
29	Clive Caffall NGOC	1:27:42	4:27	14:28	17:52	24:40	31:53	34:06	39:10	52:32	59:43	1:04:46	1:08:28	1:17:12	1:22:54	1:24:33	1:26:49	1:27:42
			4:27	10:01	3:24	6:48	7:13	2:13	5:04	13:22	7:11	5:03	3:42	8:44	5:42	1:39	2:16	0:53
30	Alan Pucill NGOC	1:28:33	4:56	14:43	17:35	23:20	29:19	31:21	34:31	1:01:01	1:07:05	1:11:04	1:15:46	1:19:36	1:23:38	1:25:17	1:27:55	1:28:33
			4:56	9:47	2:52	5:45	5:59	2:02	3:10	26:30	6:04	3:59	4:42	3:50	4:02	1:39	2:38	0:38
31	Tony Cockbain NGOC	1:28:37	4:33	14:35	17:39	24:11	31:29	33:50	38:09	49:45	1:01:41	1:05:36	1:09:31	1:19:46	1:23:19	1:25:18	1:28:03	1:28:37
			4:33	10:02	3:04	6:32	7:18	2:21	4:19	11:36	11:56	3:55	3:55	10:15	3:33	1:59	2:45	0:34
32	Richard Newhouse IND	1:31:15	4:47	14:15	17:47	24:06	30:37	33:13	37:09	48:24	55:09	1:01:26	1:05:49	1:09:41	1:20:55	1:28:33	1:30:32	1:31:15
			4:47	9:28	3:32	6:19	6:31	2:36	3:56	11:15	6:45	6:17	4:23	3:52	11:14	7:38	1:59	0:43
33	Cat Edwardes DEVON	1:31:30	5:28	20:08	24:13	31:20	37:21	39:31	44:10	1:00:21	1:08:34	1:13:06	1:16:47	1:21:19	1:27:06	1:28:35	1:30:51	1:31:30
			5:28	14:40	4:05	7:07	6:01	2:10	4:39	16:11	8:13	4:32	3:41	4:32	5:47	1:29	2:16	0:39
34	Paul Taunton NGOC	1:44:51	4:23	16:08	21:50	29:43	37:17	39:42	45:28	58:43	1:06:32	1:11:24	1:14:46	1:19:28	1:39:49	1:41:59	1:44:05	1:44:51
			4:23	11:45	5:42	7:53	7:34	2:25	5:46	13:15	7:49	4:52	3:22	4:42	20:21	2:10	2:06	0:46
35	Brian Hughes HOC	1:46:53	7:43	26:33	30:06	38:14	55:29	58:29	1:04:12	1:13:49	1:19:47	1:23:47	1:27:38	1:31:59	1:42:12	1:44:18	1:46:12	1:46:53
			7:43	18:50	3:33	8:08	17:15	3:00	5:43	9:37	5:58	4:00	3:51	4:21	10:13	2:06	1:54	0:41
36	Steve Williams NGOC	1:47:56	3:48	15:39	20:05	29:31	37:18	40:07	46:35	1:00:50	1:08:04	1:12:59	1:16:34	1:26:31	1:41:19	1:44:18	1:47:15	1:47:56
			3:48	11:51	4:26	9:26	7:47	2:49	6:28	14:15	7:14	4:55	3:35	9:57	14:48	2:59	2:57	0:41
37	Richard Rossington BOK	2:11:58	5:41	21:51	26:40	34:39	44:43	47:51	56:55	1:16:30	1:25:00	1:29:03	1:33:01	1:46:07	2:05:53	2:08:16	2:11:20	2:11:58
			5:41	16:10	4:49	7:59	10:04	3:08	9:04	19:35	8:30	4:03	3:58	13:06	19:46	2:23	3:04	0:38
38	Ian Phillips NGOC	2:12:01	6:48	21:56	28:03	38:52	50:12	54:32	1:02:47	1:22:57	1:35:28	1:41:55	1:47:29	1:54:36	2:01:06	2:07:08	2:10:43	2:12:01
			6:48	15:08	6:07	10:49	11:20	4:20	8:15	20:10	12:31	6:27	5:34	7:07	6:30	6:02	3:35	1:18
Green (49)			4.1 km 125 m		15 C													
			1(48)	2(74)	3(54)	4(45)	5(34)	6(67)	7(41)	8(32)	9(43)	10(66)	11(52)	12(49)	13(76)	14(64)	15(51)	Finish
1	Rose Taylor NGOC	50:49	3:22	4:36	6:57	11:36	13:44	17:41	20:55	25:45	28:45	31:00	32:05	36:34	43:48	49:08	50:25	50:49
			3:22	1:14	2:21	4:39	2:08	3:57	3:14	4:50	3:00	2:15	1:05	4:29	7:14	5:20	1:17	0:24
2	John Fallows NGOC	54:47	4:53	5:45	8:25	13:17	15:13	18:37	22:08	27:31	30:24	33:04	34:33	39:35	47:23	52:01	54:09	54:47
			4:53	0:52	2:40	4:52	1:56	3:24	3:31	5:23	2:53	2:40	1:29	5:02	7:48	4:38	2:08	0:38
3	Jessica Ward NGOC	56:54	5:39	6:16	8:59	13:04	14:48	19:07	25:01	29:44	32:47	35:29	36:34	41:53	49:23	55:01	56:26	56:54
			5:39	0:37	2:43	4:05	1:44	4:19	5:54	4:43	3:03	2:42	1:05	5:19	7:30	5:38	1:25	0:28
4	Max Suff IND	57:46	4:22	8:16	10:31	14:19	16:31	22:28	26:38	31:01	33:59	36:41	38:54	43:24	49:41	55:11	57:17	57:46
			4:22	3:54	2:15	3:48	2:12	5:57	4:10	4:23	2:58	2:42	2:13	4:30	6:17	5:30	2:06	0:29
5	Robin Irwin SBOC	1:00:10	4:18	5:38	9:28	14:26	17:33	21:09	25:54	30:56	33:46	37:02	39:17	44:06	51:33	56:00	59:24	1:00:10
			4:18	1:20	3:50	4:58	3:07	3:36	4:45	5:02	2:50	3:16	2:15	4:49	7:27	4:27	3:24	0:46

1:02:53
*40

1:01:21 1:30:28
*60 *73

Pl	Name	Time																		
Green (49)			4.1 km		125 m		15 C		<i>(cont.)</i>											
			1(48)	2(74)	3(54)	4(45)	5(34)	6(67)	7(41)	8(32)	9(43)	10(66)	11(52)	12(49)	13(76)	14(64)	15(51)	Finish		
6	Nick Dennis BOK	1:01:15	3:43	4:36	7:14	11:06	12:54	16:33	21:02	27:33	31:37	34:53	35:59	41:11	48:12	58:59	1:00:43	1:01:15	53:45	
			3:43	0:53	2:38	3:52	1:48	3:39	4:29	6:31	4:04	3:16	1:06	5:12	7:01	10:47	1:44	0:32	*70	
7	Phil Warry BOK	1:01:41	5:28	6:33	10:34	15:22	17:41	23:34	28:06	33:00	37:00	40:06	41:31	45:26	53:48	58:47	1:01:00	1:01:41		
			5:28	1:05	4:01	4:48	2:19	5:53	4:32	4:54	4:00	3:06	1:25	3:55	8:22	4:59	2:13	0:41		
8	Roger Stein SBOC	1:02:18	5:25	6:26	9:09	14:52	17:03	20:55	26:42	33:11	37:05	40:43	43:05	47:31	54:29	59:13	1:01:23	1:02:18		
			5:25	1:01	2:43	5:43	2:11	3:52	5:47	6:29	3:54	3:38	2:22	4:26	6:58	4:44	2:10	0:55		
9	Rachel Dennis BOK	1:03:12	4:09	5:17	8:29	14:02	16:32	20:55	26:22	33:16	36:52	41:08	42:47	46:51	55:37	1:00:08	1:02:28	1:03:12		
			4:09	1:08	3:12	5:33	2:30	4:23	5:27	6:54	3:36	4:16	1:39	4:04	8:46	4:31	2:20	0:44		
10	Ted McDonald BOK	1:03:21	5:38	6:55	11:15	16:24	18:33	22:03	26:46	33:02	36:41	40:25	41:51	46:48	54:36	1:00:01	1:02:20	1:03:21		
			5:38	1:17	4:20	5:09	2:09	3:30	4:43	6:16	3:39	3:44	1:26	4:57	7:48	5:25	2:19	1:01		
11	Peter Ribbans SWOC	1:04:13	6:16	7:14	9:48	15:23	17:57	24:41	29:42	35:17	38:31	42:22	43:28	47:51	55:08	1:01:32	1:03:32	1:04:13		
			6:16	0:58	2:34	5:35	2:34	6:44	5:01	5:35	3:14	3:51	1:06	4:23	7:17	6:24	2:00	0:41		
12	Laurence Gossage BOK	1:05:19	4:28	5:21	8:02	15:49	18:59	24:58	28:36	33:56	37:05	40:10	41:26	46:23	55:15	1:01:40	1:04:34	1:05:19		
			4:28	0:53	2:41	7:47	3:10	5:59	3:38	5:20	3:09	3:05	1:16	4:57	8:52	6:25	2:54	0:45		
13	Rosalind Taunton NGOC	1:06:24	4:44	6:05	9:08	16:32	18:57	22:50	27:21	34:19	37:47	40:47	42:03	47:38	56:04	1:02:09	1:05:28	1:06:24		
			4:44	1:21	3:03	7:24	2:25	3:53	4:31	6:58	3:28	3:00	1:16	5:35	8:26	6:05	3:19	0:56		
14	Chris Johnson BOK	1:06:30	4:51	6:22	9:16	14:06	16:24	24:42	30:22	35:50	38:56	43:06	45:02	49:53	57:44	1:03:12	1:05:44	1:06:30		
			4:51	1:31	2:54	4:50	2:18	8:18	5:40	5:28	3:06	4:10	1:56	4:51	7:51	5:28	2:32	0:46		
15	Carol Iddles BOK	1:09:06	4:52	5:56	11:13	16:41	18:45	23:24	34:11	40:05	43:26	47:07	48:18	52:27	1:01:44	1:06:27	1:08:22	1:09:06		
			4:52	1:04	5:17	5:28	2:04	4:39	10:47	5:54	3:21	3:41	1:11	4:09	9:17	4:43	1:55	0:44		
16	Pete Colbert SWOC	1:09:24	5:46	7:00	9:56	15:33	17:58	22:29	27:06	35:27	39:15	43:38	44:55	50:09	1:00:11	1:05:53	1:08:25	1:09:24		
			5:46	1:14	2:56	5:37	2:25	4:31	4:37	8:21	3:48	4:23	1:17	5:14	10:02	5:42	2:32	0:59		
17	Frank Ince SWOC	1:10:05	5:16	6:35	9:53	15:42	18:52	24:14	31:29	37:18	41:38	45:30	47:00	52:09	1:01:05	1:06:52	1:09:19	1:10:05	50:03	1:09:22
			5:16	1:19	3:18	5:49	3:10	5:22	7:15	5:49	4:20	3:52	1:30	5:09	8:56	5:47	2:27	0:46	*63	*51
18	Hannah Bradley NGOC	1:10:30	4:54	5:59	8:53	19:23	21:25	25:40	32:18	40:42	43:52	47:59	50:01	54:21	1:01:18	1:07:10	1:09:59	1:10:30		
			4:54	1:05	2:54	10:30	2:02	4:15	6:38	8:24	3:10	4:07	2:02	4:20	6:57	5:52	2:49	0:31		
19	Kevin Bush SWOC	1:10:33	5:16	6:29	9:46	15:15	18:48	24:06	31:04	38:01	42:04	45:39	47:02	51:54	1:02:12	1:07:07	1:09:43	1:10:33		
			5:16	1:13	3:17	5:29	3:33	5:18	6:58	6:57	4:03	3:35	1:23	4:52	10:18	4:55	2:36	0:50		
20	Kevin Brooker NGOC	1:11:17	3:43	9:13	11:18	15:09	17:23	24:59	29:15	39:31	47:09	50:22	52:12	56:41	1:03:09	1:08:44	1:10:41	1:11:17		
			3:43	5:30	2:05	3:51	2:14	7:36	4:16	10:16	7:38	3:13	1:50	4:29	6:28	5:35	1:57	0:36		
21	Sharon Finch SWOC	1:11:52	9:41	11:00	14:23	20:06	23:19	29:02	34:27	40:50	44:07	47:30	50:03	55:07	1:03:05	1:08:38	1:11:00	1:11:52		
			9:41	1:19	3:23	5:43	3:13	5:43	5:25	6:23	3:17	3:23	2:33	5:04	7:58	5:33	2:22	0:52		
22	Nigel Ferrand SWOC	1:13:14	4:29	5:40	9:33	14:46	16:59	21:29	27:48	38:08	42:29	46:08	48:23	53:13	1:01:44	1:09:09	1:12:11	1:13:14		
			4:29	1:11	3:53	5:13	2:13	4:30	6:19	10:20	4:21	3:39	2:15	4:50	8:31	7:25	3:02	1:03		
23	Seth Lawson NGOC	1:13:43	4:50	6:39	9:50	15:38	17:42	24:18	29:37	36:30	41:38	44:14	46:16	53:31	1:02:07	1:10:49	1:13:08	1:13:43		
			4:50	1:49	3:11	5:48	2:04	6:36	5:19	6:53	5:08	2:36	2:02	7:15	8:36	8:42	2:19	0:35		
24	Helen Kelsey BOK	1:14:14	6:38	7:45	11:11	19:15	21:43	29:01	34:11	41:02	46:31	50:09	51:31	57:22	1:06:53	1:11:29	1:13:31	1:14:14		
			6:38	1:07	3:26	8:04	2:28	7:18	5:10	6:51	5:29	3:38	1:22	5:51	9:31	4:36	2:02	0:43		
25	Gill Tindal BOK	1:18:42	6:39	11:50	14:50	19:35	23:05	27:10	33:59	40:45	44:19	47:38	49:29	53:59	1:07:28	1:15:49	1:17:58	1:18:42		
			6:39	5:11	3:00	4:45	3:30	4:05	6:49	6:46	3:34	3:19	1:51	4:30	13:29	8:21	2:09	0:44		
26	Neil Cameron NGOC	1:19:00	6:12	7:47	11:47	17:59	20:34	26:31	31:51	37:43	45:44	50:14	51:37	59:59	1:09:42	1:15:40	1:18:08	1:19:00	1:12:37	
			6:12	1:35	4:00	6:12	2:35	5:57	5:20	5:52	8:01	4:30	1:23	8:22	9:43	5:58	2:28	0:52	*73	
27	Annika Greenwood SOC	1:19:36	5:10	6:58	12:52	17:38	19:54	25:01	35:44	43:02	46:39	49:53	51:00	57:14	1:06:02	1:15:14	1:18:43	1:19:36		
			5:10	1:48	5:54	4:46	2:16	5:07	10:43	7:18	3:37	3:14	1:07	6:14	8:48	9:12	3:29	0:53		
28	Hilary Nicholls NGOC	1:19:48	4:52	6:13	9:42	15:31	17:55	22:23	28:06	36:15	40:35	44:44	46:27	51:46	1:00:35	1:16:19	1:18:57	1:19:48		
			4:52	1:21	3:29	5:49	2:24	4:28	5:43	8:09	4:20	4:09	1:43	5:19	8:49	15:44	2:38	0:51		
29	Judith Taylor NGOC	1:20:16	6:40	7:40	11:59	17:04	19:41	25:13	40:54	46:54	50:38	54:30	55:53	1:01:16	1:11:22	1:16:34	1:19:23	1:20:16		
			6:40	1:00	4:19	5:05	2:37	5:32	15:41	6:00	3:44	3:52	1:23	5:23	10:06	5:12	2:49	0:53		
30	Karen Thompson HOC	1:20:33	5:42	6:53	10:18	15:32	18:46	23:12	28:47	38:19	43:42	49:08	50:41	55:49	1:09:12	1:17:18	1:19:54	1:20:33		
			5:42	1:11	3:25	5:14	3:14	4:26	5:35	9:32	5:23	5:26	1:33	5:08	13:23	8:06	2:36	0:39		
31	Claire Horsfall NGOC	1:21:06	7:05	9:47	13:12	20:31	24:01	31:34	37:32	44:16	49:22	53:54	56:10	1:01:23	1:12:16	1:17:56	1:20:26	1:21:06		
			7:05	2:42	3:25	7:19	3:30	7:33	5:58	6:44	5:06	4:32	2:16	5:13	10:53	5:40	2:30	0:40		
32	Peter Wilson BKO	1:22:56	5:02	6:22	9:26	15:49	18:45	23:07	28:05	41:50	46:02	50:29	52:11	57:44	1:13:57	1:19:00	1:21:52	1:22:56		
			5:02	1:20	3:04	6:23	2:56	4:22	4:58	13:45	4:12	4:27	1:42	5:33	16:13	5:03	2:52	1:04		
33	Howard Thomas BOK	1:23:07	4:48	6:10	10:12	17:48	21:49	26:33	31:22	38:20	42:05	46:20	47:58	53:09	1:14:23	1:19:01	1:22:10	1:23:07		
			4:48	1:22	4:02	7:36	4:01	4:44	4:49	6:58	3:45	4:15	1:38	5:11	21:14	4:38	3:09	0:57		
34	Christopher Moon BOK	1:23:26	5:58	7:46	12:06	17:28	21:26	28:12	34:27	40:48	45:01	49:43	54:52	59:57	1:13:12	1:19:59	1:22:48			

PI	Name	Time																Finish	
Green (49)			4.1 km 125 m					15 C					<i>(cont.)</i>						
			1(48)	2(74)	3(54)	4(45)	5(34)	6(67)	7(41)	8(32)	9(43)	10(66)	11(52)	12(49)	13(76)	14(64)	15(51)	Finish	
35	Si Read NGOC	1:25:29	6:23	7:28	21:05	27:32	29:55	34:41	40:45	45:40	49:38	53:19	54:50	58:22	1:08:42	1:22:25	1:24:53	1:25:29	
			6:23	1:05	13:37	6:27	2:23	4:46	6:04	4:55	3:58	3:41	1:31	3:32	10:20	13:43	2:28	0:36	
36	Thomas Kennedy NGOC	1:29:09	5:11	7:09	24:42	40:33	46:35	50:27	58:26	1:06:40	1:08:02	1:10:46	1:13:31	1:16:49	1:21:36	1:27:26	1:28:43	1:29:09	
			5:11	1:58	17:33	15:51	6:02	3:52	7:59	8:14	1:22	2:44	2:45	3:18	4:47	5:50	1:17	0:26	
37	Mike Wilkinson HOC	1:29:12	7:48	9:34	12:58	19:32	24:01	32:59	38:53	49:07	58:47	1:02:55	1:04:54	1:09:48	1:19:28	1:25:29	1:28:24	1:29:12	
			7:48	1:46	3:24	6:34	4:29	8:58	5:54	10:14	9:40	4:08	1:59	4:54	9:40	6:01	2:55	0:48	
38	Allan Darwell BOK	1:29:18	4:06	7:25	11:23	31:12	33:43	37:30	43:22	48:35	51:30	54:29	55:38	59:24	1:20:30	1:26:18	1:28:38	1:29:18	
			4:06	3:19	3:58	19:49	2:31	3:47	5:52	5:13	2:55	2:59	1:09	3:46	21:06	5:48	2:20	0:40	
39	Gwen Tanner BOK	1:29:19	5:51	6:59	10:44	17:40	20:15	35:35	45:11	52:25	57:06	1:01:40	1:03:14	1:09:35	1:18:43	1:25:05	1:28:09	1:29:19	
			5:51	1:08	3:45	6:56	2:35	15:20	9:36	7:14	4:41	4:34	1:34	6:21	9:08	6:22	3:04	1:10	
40	David Andrews NGOC	1:29:43	5:52	7:13	11:01	18:16	21:50	30:06	38:50	44:57	48:24	52:52	54:22	59:36	1:21:26	1:26:30	1:28:58	1:29:43	
			5:52	1:21	3:48	7:15	3:34	8:16	8:44	6:07	3:27	4:28	1:30	5:14	21:50	5:04	2:28	0:45	
41	Dan Braund IND	1:29:44	4:26	5:55	8:51	15:55	19:15	25:30	41:27	47:55	57:04	1:00:31	1:02:09	1:08:47	1:18:11	1:27:49	1:29:16	1:29:44	
			4:26	1:29	2:56	7:04	3:20	6:15	15:57	6:28	9:09	3:27	1:38	6:38	9:24	9:38	1:27	0:28	
42	Kim Liggett NGOC	1:31:42	5:49	7:19	13:33	19:14	22:20	28:01	33:32	39:31	42:54	46:19	47:30	53:36	1:13:56	1:28:09	1:30:53	1:31:42	
			5:49	1:30	6:14	5:41	3:06	5:41	5:31	5:59	3:23	3:25	1:11	6:06	20:20	14:13	2:44	0:49	
43	Jane Bush SWOC	1:37:35	8:44	10:33	14:33	22:25	25:58	32:41	47:09	56:21	1:01:34	1:07:12	1:09:15	1:15:51	1:27:33	1:33:24	1:36:25	1:37:35	
			8:44	1:49	4:00	7:52	3:33	6:43	14:28	9:12	5:13	5:38	2:03	6:36	11:42	5:51	3:01	1:10	
44	Duncan Liddle NWO	1:41:22	11:25	13:37	18:46	26:11	34:25	43:20	48:59	56:45	1:00:48	1:07:14	1:09:11	1:16:51	1:29:17	1:35:47	1:40:16	1:41:22	
			11:25	2:12	5:09	7:25	8:14	8:55	5:39	7:46	4:03	6:26	1:57	7:40	12:26	6:30	4:29	1:06	
45	Susanne Andersen BOK	2:04:00	6:44	8:08	12:21	45:15	48:47	55:40	1:04:25	1:15:01	1:22:01	1:27:48	1:29:46	1:37:28	1:52:47	1:59:15	2:03:01	2:04:00	
			6:44	1:24	4:13	32:54	3:32	6:53	8:45	10:36	7:00	5:47	1:58	7:42	15:19	6:28	3:46	0:59	
46	Bob Larcombe NGOC	2:21:17	6:07	7:58	13:24	18:47	22:04	36:27	1:03:41	1:18:25	1:27:12	1:32:36	1:36:35	1:45:23	1:58:50	2:17:06	2:20:10	2:21:17	
			6:07	1:51	5:26	5:23	3:17	14:23	27:14	14:44	8:47	5:24	3:59	8:48	13:27	18:16	3:04	1:07	
	David Palmer BOK	mp	4:15	5:00	7:34	12:04	----	16:57	22:20	27:37	30:32	33:17	34:32	38:43	45:13	49:00	50:46	51:20	
	David May SLOW	mp	4:15	0:45	2:34	4:30	----	4:53	5:23	5:17	2:55	2:45	1:15	4:11	6:30	3:47	1:46	0:34	
	David May SLOW	mp	4:48	5:50	8:19	12:33	14:31	19:14	23:33	28:32	32:14	34:49	35:56	41:05	49:42	----	1:00:35	1:01:46	27:35 38:31
	John Mills SWOC	mp	4:48	1:02	2:29	4:14	1:58	4:43	4:19	4:59	3:42	2:35	1:07	5:09	8:37	10:53	1:11	*47 *63	
	John Mills SWOC	mp	5:21	6:40	10:22	15:16	18:02	----	40:19	47:18	50:58	54:21	55:47	1:01:08	1:11:17	1:16:13	1:19:13	1:20:09	
	John Mills SWOC	mp	5:21	1:19	3:42	4:54	2:46	----	22:17	6:59	3:40	3:23	1:26	5:21	10:09	4:56	3:00	0:56	

Short Green (27)			3.3 km 85 m					13 C										Finish				
			1(59)	2(74)	3(54)	4(50)	5(41)	6(57)	7(32)	8(68)	9(52)	10(36)	11(73)	12(64)	13(51)						Finish	
1	Alison Simmons BOK	36:47	2:47	4:44	6:56	11:59	13:26	15:22	18:31	22:03	24:23	30:01	32:16	34:14	36:08	36:47						
			2:47	1:57	2:12	5:03	1:27	1:56	3:09	3:32	2:20	5:38	2:15	1:58	1:54	0:39						
2	Charles Nelson HOC	45:20	3:53	5:52	8:32	13:49	15:48	18:44	23:34	28:01	30:56	36:13	39:39	42:27	44:36	45:20						
			3:53	1:59	2:40	5:17	1:59	2:56	4:50	4:27	2:55	5:17	3:26	2:48	2:09	0:44						
3	Matthew Fautley NGOC	46:50	4:09	6:55	9:55	14:59	16:59	19:22	25:10	29:26	32:07	37:46	41:11	43:57	46:08	46:50						
			4:09	2:46	3:00	5:04	2:00	2:23	5:48	4:16	2:41	5:39	3:25	2:46	2:11	0:42						
4	Matilda Knox Cartw BOK	49:16	2:44	4:50	7:38	13:13	15:07	17:43	23:47	28:24	33:23	39:52	43:07	45:41	48:44	49:16						
			2:44	2:06	2:48	5:35	1:54	2:36	6:04	4:37	4:59	6:29	3:15	2:34	3:03	0:32						
5	Rodney Archard NGOC	52:28	4:19	6:57	9:56	15:58	17:56	20:31	25:56	31:05	35:50	41:36	45:19	48:24	51:29	52:28						
			4:19	2:38	2:59	6:02	1:58	2:35	5:25	5:09	4:45	5:46	3:43	3:05	3:05	0:59						
6	Anne May SWOC	57:58	4:37	8:11	15:38	21:32	23:51	26:34	30:53	35:51	41:22	47:23	50:41	53:37	56:50	57:58						
			4:37	3:34	7:27	5:54	2:19	2:43	4:19	4:58	5:31	6:01	3:18	2:56	3:13	1:08						
7	Diana Nicoll BOK	1:01:56	5:11	11:30	16:01	22:41	25:36	29:23	34:09	40:16	45:34	51:17	55:25	58:48	1:01:15	1:01:56						
			5:11	6:19	4:31	6:40	2:55	3:47	4:46	6:07	5:18	5:43	4:08	3:23	2:27	0:41						
8	Sally Thomas BOK	1:03:49	5:22	8:21	11:13	17:50	20:31	24:11	29:39	35:46	39:56	51:32	55:35	1:00:38	1:02:59	1:03:49						59:04
			5:22	2:59	2:52	6:37	2:41	3:40	5:28	6:07	4:10	11:36	4:03	5:03	2:21	0:50						*70
9	Graham Tough SWOC	1:08:09	6:25	9:31	13:20	19:20	31:32	34:15	39:30	44:09	49:38	57:18	1:01:09	1:04:42	1:07:10	1:08:09						
			6:25	3:06	3:49	6:00	12:12	2:43	5:15	4:39	5:29	7:40	3:51	3:33	2:28	0:59						
10	Morlich Barnett POTOC	1:13:52	9:08	15:27	18:45	28:29	30:57	34:15	39:45	47:06	52:53	1:00:36	1:04:49	1:09:11	1:12:30	1:13:52						
			9:08	6:19	3:18	9:44	2:28	3:18	5:30	7:21	5:47	7:43	4:13	4:22	3:19	1:22						
11	Max Straube-Roth OD	1:13:53	4:53	10:42	14:02	38:36	40:13	43:38	47:43	52:45	57:45	1:04:09	1:07:31	1:10:26	1:13:21	1:13:53						35:33
			4:53	5:49	3:20	24:34	1:37	3:25	4:05	5:02	5:00	6:24	3:22	2:55	2:55	0:32						*41
12	Judy Douglas POTOC	1:15:18	5:17	10:02	15:13	23:58	27:00	31:40	37:23	45:26	52:59	1:01:18	1:05:40	1:09:44	1:14:06	1:15:18						
			5:17	4:45	5:11	8:45	3:02	4:40	5:43	8:03	7:33	8:19	4:22	4:04	4:22	1:12						

PI	Name	Time														Finish	
Short Green (27)			3.3 km 85 m		13 C		<i>(cont.)</i>										
			1(59)	2(74)	3(54)	4(50)	5(41)	6(57)	7(32)	8(68)	9(52)	10(36)	11(73)	12(64)	13(51)	Finish	
13	Alison Wilkinson	1:18:01	4:49	8:48	11:58	17:54	20:46	26:27	29:56	35:52	39:34	1:08:39	1:12:22	1:15:32	1:17:23	1:18:01	
	IND		4:49	3:59	3:10	5:56	2:52	5:41	3:29	5:56	3:42	29:05	3:43	3:10	1:51	0:38	
14	Julia Wilkinson	1:18:42	3:59	7:43	11:43	21:57	24:37	27:47	33:34	39:44	45:40	1:07:48	1:11:46	1:15:03	1:17:48	1:18:42	
	HOC		3:59	3:44	4:00	10:14	2:40	3:10	5:47	6:10	5:56	22:08	3:58	3:17	2:45	0:54	
15	Clare Fletcher	1:20:17	8:34	12:52	19:07	27:38	30:50	34:25	40:52	49:27	54:24	1:04:20	1:09:55	1:15:10	1:18:50	1:20:17	
	BOK		8:34	4:18	6:15	8:31	3:12	3:35	6:27	8:35	4:57	9:56	5:35	5:15	3:40	1:27	
16	Robert Teed	1:27:07	5:57	10:34	14:59	25:49	39:21	43:40	50:29	56:49	1:01:48	1:10:53	1:18:02	1:22:02	1:25:50	1:27:07	
	NGOC		5:57	4:37	4:25	10:50	13:32	4:19	6:49	6:20	4:59	9:05	7:09	4:00	3:48	1:17	
17	Sarah Bryce	1:28:32	17:59	21:01	25:55	32:48	36:35	39:35	45:48	51:53	1:00:08	1:06:50	1:11:22	1:24:09	1:27:44	1:28:32	
	NGOC		17:59	3:02	4:54	6:53	3:47	3:00	6:13	6:05	8:15	6:42	4:32	12:47	3:35	0:48	
18	Sheila Miklausic	1:39:58	12:05	16:32	20:55	35:38	39:14	42:58	53:12	1:03:18	1:10:31	1:22:08	1:28:32	1:34:17	1:38:44	1:39:58	
	NGOC		12:05	4:27	4:23	14:43	3:36	3:44	10:14	10:06	7:13	11:37	6:24	5:45	4:27	1:14	
19	Joanne Leigh	1:48:21	4:52	7:51	11:38	31:53	34:06	37:07	44:40	49:25	53:32	1:33:00	1:42:29	1:45:07	1:47:30	1:48:21	
	OD		4:52	2:59	3:47	20:15	2:13	3:01	7:33	4:45	4:07	39:28	9:29	2:38	2:23	0:51	
20	Hugh Garai	1:57:36	9:56	13:06	18:46	27:32	30:29	34:22	40:59	50:31	54:27	1:39:36	1:43:26	1:53:49	1:56:36	1:57:36	
	NGOC		9:56	3:10	5:40	8:46	2:57	3:53	6:37	9:32	3:56	45:09	3:50	10:23	2:47	1:00	
21	Rhiannon Fadeyibi	2:04:45	7:04	19:18	25:38	36:39	46:04	52:56	1:00:57	1:32:50	1:38:14	1:49:37	1:55:08	1:59:27	2:03:26	2:04:45	
	NGOC		7:04	12:14	6:20	11:01	9:25	6:52	8:01	31:53	5:24	11:23	5:31	4:19	3:59	1:19	
	Eleri Cowen	mp	6:24	10:16	21:03	28:32	30:35	35:25	43:22	48:40	57:22	----	----	----	1:30:21	1:30:55	
	NGOC		6:24	3:52	10:47	7:29	2:03	4:50	7:57	5:18	8:42	----	----	----	32:59	0:34	
	Colette Du Toit	mp	7:25	10:55	22:31	----	45:07	48:39	1:00:46	1:14:53	1:20:12	1:32:00	1:37:03	1:41:52	1:45:49	1:47:08	
	IND		7:25	3:30	11:36	----	22:36	3:32	12:07	14:07	5:19	11:48	5:03	4:49	3:57	1:19	
	Peter Maloney	mp	7:45	11:12	15:01	40:58	46:38	54:20	1:02:43	1:09:55	1:16:17	----	----	1:51:48	1:55:32	1:56:50	
	NGOC		7:45	3:27	3:49	25:57	5:40	7:42	8:23	7:12	6:22	----	----	35:31	3:44	1:18	
	Nigel Cousins	mp	5:15	13:04	17:17	29:04	34:30	39:00	45:56	1:08:59	1:14:55	1:37:24	----	----	1:55:41	1:57:08	
	HOC		5:15	7:49	4:13	11:47	5:26	4:30	6:56	23:03	5:56	22:29	----	----	18:17	1:27	
	Sue Colbert	disq	7:39	14:50	19:59	39:03	57:30	1:05:36	1:11:29	1:20:42	1:29:14	1:52:03	2:10:34	2:14:54	2:18:48	2:19:54	
	SWOC		7:39	7:11	5:09	19:04	18:27	8:06	5:53	9:13	8:32	22:49	18:31	4:20	3:54	1:06	
	Jonathan Kennedy	dnf	7:11	11:08	15:36	----	----	----	----	----	----	----	----	----	----	1:05:02	
	IND		7:11	3:57	4:28	----	----	----	----	----	----	----	----	----	----	49:26	

1:43:47 1:50:01
*76 *55

Orange (30)			2.9 km 65 m		12 C												Finish
			1(53)	2(39)	3(58)	4(46)	5(71)	6(43)	7(32)	8(31)	9(66)	10(55)	11(35)	12(51)	Finish		
1	Craig Thompson	37:51	1:43	4:11	11:54	13:39	17:08	19:04	22:14	25:10	29:15	34:08	35:13	37:22	37:51		
	HOC		1:43	2:28	7:43	1:45	3:29	1:56	3:10	2:56	4:05	4:53	1:05	2:09	0:29		
2	Alan Brown	38:10	2:11	5:12	8:10	10:22	14:03	16:46	20:25	23:51	28:38	33:39	35:13	37:20	38:10		
	NGOC		2:11	3:01	2:58	2:12	3:41	2:43	3:39	3:26	4:47	5:01	1:34	2:07	0:50		
3	Alan Stringer	41:03	1:55	4:33	11:52	14:02	17:30	19:47	24:12	27:38	32:25	36:34	37:59	40:09	41:03		
	NGOC		1:55	2:38	7:19	2:10	3:28	2:17	4:25	3:26	4:47	4:09	1:25	2:10	0:54		
4	Jess Miklausic	44:48	2:07	4:46	9:01	11:15	16:35	19:03	23:06	27:35	34:50	39:53	41:31	43:59	44:48		
	NGOC		2:07	2:39	4:15	2:14	5:20	2:28	4:03	4:29	7:15	5:03	1:38	2:28	0:49		
4	Alex Prain	44:48	3:30	5:09	8:47	11:06	13:40	16:04	22:19	26:24	30:14	41:50	42:46	44:13	44:48		
	IND		3:30	1:39	3:38	2:19	2:34	2:24	6:15	4:05	3:50	11:36	0:56	1:27	0:35		
6	Dave Grant	48:03	2:52	5:24	9:38	11:19	14:54	17:20	27:33	30:29	33:55	43:19	44:58	46:56	48:03		
	IND		2:52	2:32	4:14	1:41	3:35	2:26	10:13	2:56	3:26	9:24	1:39	1:58	1:07		
7	Alex Cowen	55:35	2:36	5:42	11:00	14:15	19:17	22:23	27:50	36:23	42:40	50:35	52:11	54:45	55:35		
	NGOC		2:36	3:06	5:18	3:15	5:02	3:06	5:27	8:33	6:17	7:55	1:36	2:34	0:50		
8	Sam Cowen	58:06	3:29	7:26	13:31	17:33	25:13	30:00	34:49	39:34	45:36	52:44	54:33	57:26	58:06		
	NGOC		3:29	3:57	6:05	4:02	7:40	4:47	4:49	4:45	6:02	7:08	1:49	2:53	0:40		
9	Lily Callard	1:04:14	4:25	9:29	14:42	20:03	27:50	31:32	39:20	44:35	50:46	57:04	58:39	1:02:43	1:04:14		
	IND		4:25	5:04	5:13	5:21	7:47	3:42	7:48	5:15	6:11	6:18	1:35	4:04	1:31		
10	Alexander Twist	1:07:37	5:40	9:14	13:13	16:39	23:08	26:36	33:35	38:31	54:48	1:00:25	1:03:04	1:06:33	1:07:37		
	IND		5:40	3:34	3:59	3:26	6:29	3:28	6:59	4:56	16:17	5:37	2:39	3:29	1:04		
11	Rebecca Hammond	1:07:44	5:38	9:20	13:36	17:33	23:20	27:13	33:48	38:57	54:41	1:00:44	1:03:02	1:06:32	1:07:44		
	IND		5:38	3:42	4:16	3:57	5:47	3:53	6:35	5:09	15:44	6:03	2:18	3:30	1:12		
12	Ann Brown	1:09:57	3:52	8:11	15:36	19:10	25:59	30:44	38:24	44:34	54:52	1:01:35	1:04:15	1:08:22	1:09:57		
	NGOC		3:52	4:19	7:25	3:34	6:49	4:45	7:40	6:10	10:18	6:43	2:40	4:07	1:35		

37:16
*36

PI	Name	Time																		
Orange (30)			2.9 km		65 m		12 C		<i>(cont.)</i>											
			1(53)	2(39)	3(58)	4(46)	5(71)	6(43)	7(32)	8(31)	9(66)	10(55)	11(35)	12(51)	Finish					
13	Anna Bryce NGOC	1:26:15	2:39	6:24	11:01	14:44	20:19	23:00	38:21	43:01	51:48	1:21:25	1:23:16	1:25:37	1:26:15	41:25				
			2:39	3:45	4:37	3:43	5:35	2:41	15:21	4:40	8:47	29:37	1:51	2:21	0:38	*40				
14	Rosa Ferrari IND	1:31:45	5:36	10:13	18:57	24:30	31:40	37:20	46:49	1:09:15	1:15:16	1:21:35	1:24:03	1:30:03	1:31:45					
			5:36	4:37	8:44	5:33	7:10	5:40	9:29	22:26	6:01	6:19	2:28	6:00	1:42					
15	Rowan Matthews IND	1:32:42	5:38	10:12	19:09	24:31	31:40	37:23	47:21	1:09:04	1:14:09	1:21:41	1:24:57	1:30:47	1:32:42					
			5:38	4:34	8:57	5:22	7:09	5:43	9:58	21:43	5:05	7:32	3:16	5:50	1:55					
16	Katy Newell IND	1:32:59	5:56	10:37	19:14	25:06	32:20	37:59	47:38	1:09:14	1:15:14	1:22:08	1:25:07	1:31:00	1:32:59					
			5:56	4:41	8:37	5:52	7:14	5:39	9:39	21:36	6:00	6:54	2:59	5:53	1:59					
17	Ethan Ferrari IND	1:33:27	5:53	10:35	19:11	25:09	32:17	37:58	47:43	1:09:09	1:15:17	1:22:06	1:25:10	1:31:05	1:33:27					
			5:53	4:42	8:36	5:58	7:08	5:41	9:45	21:26	6:08	6:49	3:04	5:55	2:22					
18	Henry Slee IND	1:35:07	9:44	15:54	22:58	28:02	34:43	46:01	51:13	1:00:57	1:12:49	1:19:45	1:25:49	1:32:29	1:35:07	56:26				
			9:44	6:10	7:04	5:04	6:41	11:18	5:12	9:44	11:52	6:56	6:04	6:40	2:38	*49				
19	Lauren Keeler IND	1:37:02	9:51	16:54	23:48	29:24	34:53	41:09	52:10	1:03:56	1:14:02	1:21:50	1:27:23	1:33:59	1:37:02	57:45				
			9:51	7:03	6:54	5:36	5:29	6:16	11:01	11:46	10:06	7:48	5:33	6:36	3:03	*49				
20	Gwawr Evans IND	1:41:48	6:09	12:15	29:34	33:25	41:18	46:45	57:09	1:07:44	1:17:50	1:26:38	1:33:01	1:39:46	1:41:48	17:27 1:39:49				
			6:09	6:06	17:19	3:51	7:53	5:27	10:24	10:35	10:06	8:48	6:23	6:45	2:02	*54 *51				
21	Pablo Nunez SWOC	1:44:21	2:10	5:00	9:18	12:28	19:28	43:09	1:09:28	1:15:41	1:24:45	1:37:48	1:40:40	1:43:39	1:44:21					
			2:10	2:50	4:18	3:10	7:00	23:41	26:19	6:13	9:04	13:03	2:52	2:59	0:42					
22	Ausra Ceglyte SWOC	1:44:54	2:26	5:26	9:23	12:39	19:35	43:28	1:09:43	1:16:05	1:25:06	1:37:57	1:40:46	1:43:54	1:44:54					
			2:26	3:00	3:57	3:16	6:56	23:53	26:15	6:22	9:01	12:51	2:49	3:08	1:00					
	Donna Grant IND	mp	3:00	5:07	8:16	12:42	22:56	26:20	30:36	48:23	----	----	----	1:07:11	1:08:11					
	Libby Wynne IND	mp	3:00	2:07	3:09	4:26	10:14	3:24	4:16	17:47	----	----	----	18:48	1:00					
	Barthelemy Albert IMP206 IND	mp	6:15	12:28	32:31	36:04	45:32	53:46	----	----	----	1:08:03	1:15:55	1:17:36	18:34 1:02:39 1:16:02					
	Anna Welch IND	mp	6:15	6:13	20:03	3:33	9:28	8:14	----	----	----	14:17	7:52	1:41	*54 *38 *51					
	Alan Welch IND	mp	2:17	5:15	28:40	32:13	38:49	43:05	53:01	1:18:44	1:25:26	----	1:38:24	1:44:37	1:45:46					
	Jonah Welch IND	mp	2:17	2:58	23:25	3:33	6:36	4:16	9:56	25:43	6:42	----	12:58	6:13	1:09					
	Craig Wynne IND	dnf	7:36	12:47	25:58	32:46	43:12	57:49	1:11:31	----	----	1:39:09	1:41:44	1:45:49	1:47:06	1:23:48 1:32:59				
	Ollie Keeler IND	dnf	7:36	5:11	13:11	6:48	10:26	14:37	13:42	----	----	27:38	2:35	4:05	1:17	*49 *38				
	Anna Welch IND	mp	7:33	12:43	25:55	32:44	43:09	57:29	1:11:29	----	----	1:39:08	1:41:43	1:45:46	1:47:07	1:23:43 1:32:57				
	Alan Welch IND	mp	7:33	5:10	13:12	6:49	10:25	14:20	14:00	----	----	27:39	2:35	4:03	1:21	*49 *38				
	Jonah Welch IND	mp	7:36	12:42	25:51	32:27	43:04	57:37	1:11:12	----	----	1:39:07	1:41:27	1:45:14	1:47:11	1:23:43 1:24:04 1:32:38 1:33:09				
	Craig Wynne IND	dnf	7:36	5:06	13:09	6:36	10:37	14:33	13:35	----	----	27:55	2:20	3:47	1:57	*49 *49 *38 *38				
	Craig Wynne IND	dnf	6:14	12:39	30:42	34:37	42:44	47:20	----	----	----	1:08:13	1:16:10	1:17:51	17:21					
	Ollie Keeler IND	dnf	6:14	6:25	18:03	3:55	8:07	4:36	----	----	----	20:53	7:57	1:41	*54					
Yellow (14)			2.9 km		70 m		10 C													
			1(53)	2(39)	3(37)	4(58)	5(47)	6(40)	7(63)	8(38)	9(35)	10(51)	Finish							
1	Samuel Horsfall NGOC	28:52	1:49	4:52	8:41	10:39	14:55	18:17	20:55	23:16	25:36	28:11	28:52							
			1:49	3:03	3:49	1:58	4:16	3:22	2:38	2:21	2:20	2:35	0:41							
2	Alys Grant IND	33:17	1:36	4:28	10:43	12:53	17:15	21:07	23:49	27:43	30:20	32:37	33:17							
			1:36	2:52	6:15	2:10	4:22	3:52	2:42	3:54	2:37	2:17	0:40							
3	Emrys Evans IND	38:18	4:34	8:22	16:19	18:25	22:53	26:01	28:59	31:23	34:09	37:44	38:18							
			4:34	3:48	7:57	2:06	4:28	3:08	2:58	2:24	2:46	3:35	0:34							
4	Emily Horsfall NGOC	41:27	2:32	6:29	10:16	14:10	19:59	24:20	28:54	32:18	36:06	40:13	41:27							
			2:32	3:57	3:47	3:54	5:49	4:21	4:34	3:24	3:48	4:07	1:14							
5	Jacob Reeves NGOC	42:05	2:19	6:20	11:22	14:00	21:50	25:41	28:33	33:41	37:29	41:22	42:05							
			2:19	4:01	5:02	2:38	7:50	3:51	2:52	5:08	3:48	3:53	0:43							
6	Ella Miklausic NGOC	42:09	2:15	6:29	11:35	14:21	21:57	26:02	28:40	33:51	37:52	41:32	42:09							
			2:15	4:14	5:06	2:46	7:36	4:05	2:38	5:11	4:01	3:40	0:37							
7	Luke Miklausic NGOC	42:31	2:09	6:25	10:46	13:55	22:01	26:29	29:12	33:52	37:42	41:27	42:31							
			2:09	4:16	4:21	3:09	8:06	4:28	2:43	4:40	3:50	3:45	1:04							
8	Zebedee Harlock-As TVOC	45:36	2:26	15:06	19:36	25:50	30:12	33:23	36:15	38:39	41:09	45:04	45:36							
			2:26	12:40	4:30	6:14	4:22	3:11	2:52	2:24	2:30	3:55	0:32							
9	Alan Kempton BOK	46:54	3:36	7:31	11:32	16:50	24:20	29:14	33:42	38:06	41:47	45:34	46:54	21:38						
			3:36	3:55	4:01	5:18	7:30	4:54	4:28	4:24	3:41	3:47	1:20	*46						

PI	Name	Time												
Yellow (14)			2.9 km 70 m		10 C		<i>(cont.)</i>							
			1(53)	2(39)	3(37)	4(58)	5(47)	6(40)	7(63)	8(38)	9(35)	10(51)	Finish	
10	Dylan Miklausic NGOC	1:10:14	4:02	10:50	16:19	20:57	29:49	37:40	45:35	52:07	58:09	1:07:13	1:10:14	27:14 *46
			4:02	6:48	5:29	4:38	8:52	7:51	7:55	6:32	6:02	9:04	3:01	
	Susanna Cary	mp	1:36	4:13	11:32	-----	17:23	26:01	29:13	31:05	33:38	35:47	36:36	
	IND		1:36	2:37	7:19		5:51	8:38	3:12	1:52	2:33	2:09	0:49	
	Ffion Grant	mp	2:02	5:06	11:54	13:48	18:22	21:52	-----	29:25	34:26	36:27	37:12	
	IND		2:02	3:04	6:48	1:54	4:34	3:30		7:33	5:01	2:01	0:45	
	Johannes Albert	mp	4:45	9:21	-----	29:08	40:27	48:30	53:53	58:43	1:02:52	1:07:03	1:15:48	
	IMP206 IND		4:45	4:36		19:47	11:19	8:03	5:23	4:50	4:09	4:11	8:45	
	Gwilym Evans	dnf	6:17	11:16	30:55	-----	46:55	-----	-----	-----	-----	-----		1:00:07 *53
	IND		6:17	4:59	19:39		16:00							