

Pl	Name	Time	5.9 km		275 m	33 C			6(201)	7(203)	8(202)	9(204)	10(205)	11(208)	12(210)	13(211)	14(206)	15(207)	16(209)	17(213)	18(212)	19(216)	20(215)	21(226)	22(227)
			1(43)	2(31)	3(225)	4(46)	5(37)	23(214)																	
1	David Hunt BOK	59:44	1:00	1:28	2:37	4:16	6:39	8:54	11:04	11:50	13:04	18:02	19:37	21:19	22:52	24:49	25:31	28:36	31:13	33:41	35:14	36:50	38:11	39:56	
			1:00	0:28	1:09	1:39	2:23	2:15	2:10	0:46	1:14	4:58	1:35	1:42	1:33	1:57	0:42	3:05	2:37	2:28	1:33	1:36	1:21	1:45	
			41:05	43:41	47:19	48:02	50:09	51:40	53:57	56:17	57:10	57:47	59:23	59:44											
2	Simon Denman NGOC	1:05:04	0:57	1:18	2:28	4:03	6:18	8:27	10:37	11:23	12:36	17:52	19:51	23:17	24:53	26:48	27:54	31:09	33:33	36:14	38:08	39:55	41:10	42:47	
			0:57	0:21	1:10	1:35	2:15	2:09	2:11	0:45	1:13	5:16	1:59	3:26	1:36	1:55	1:06	3:15	2:24	2:41	1:54	1:47	1:15	1:37	
			43:47	46:09	49:39	50:27	52:48	54:44	57:19	1:01:47	1:02:42	1:03:29	1:04:47	1:05:04											
3	Adam Baker-Hale RAFO	1:06:04	1:11	1:38	3:06	4:54	7:40	10:00	12:26	13:17	14:29	20:02	22:16	24:03	25:43	27:43	28:31	32:04	34:57	37:40	39:24	41:15	42:39	44:31	
			1:11	0:27	1:28	1:48	2:46	2:20	2:26	0:51	1:12	5:33	2:14	1:47	1:40	2:00	0:48	3:33	2:53	2:43	1:44	1:51	1:24	1:52	
			45:53	48:45	52:43	53:43	55:54	57:37	1:00:12	1:02:45	1:03:46	1:04:21	1:05:46	1:06:04											
4	Neil Albert NGOC	1:08:17	1:22	2:52	3:58	1:00	2:11	1:43	2:35	2:33	1:01	0:35	1:25	0:18	27:27	29:19	30:13	33:17	36:12	38:39	40:19	42:00	43:29	45:24	
			1:12	1:44	3:14	5:38	8:06	10:20	12:48	13:40	14:42	21:17	23:29	25:08	27:27	29:19	30:13	33:17	36:12	38:39	40:19	42:00	43:29	45:24	
			1:12	0:32	1:30	2:24	2:28	2:14	2:28	0:52	1:02	6:35	2:12	1:39	2:19	1:52	0:54	3:04	2:55	2:27	1:40	1:41	1:29	1:55	
5	Kevin Brooker NGOC	1:10:25	46:37	49:36	53:38	54:26	56:47	58:33	1:01:18	1:04:08	1:05:12	1:06:21	1:07:54	1:08:17											
			1:13	2:59	4:02	0:48	2:21	1:46	2:45	1:04	1:33	0:23	25:53	28:31	29:23	32:43	35:39	39:10	40:50	42:40	44:35	46:40			
			1:10	1:35	3:12	4:49	7:22	9:35	12:01	12:51	14:30	19:26	21:27	23:15	25:53	28:31	29:23	32:43	35:39	39:10	40:50	42:40	44:35	46:40	
6	Joe Parkinson NGOC	1:10:33	1:10	0:25	1:37	1:37	2:33	2:13	2:26	0:50	1:39	4:56	2:01	1:48	2:38	2:38	0:52	3:20	2:56	3:31	1:40	1:50	1:55	2:05	
			47:50	50:45	54:49	56:46	59:18	1:01:25	1:03:58	1:06:48	1:07:47	1:08:26	1:10:00	1:10:25											
			1:10	2:55	4:04	1:57	2:32	2:07	2:33	2:50	0:59	0:39	1:34	0:25											
7	Rebecca Ward NGOC	1:10:34	1:21	1:51	3:18	5:01	7:49	10:14	14:09	15:02	16:15	21:22	23:20	25:15	27:27	29:18	30:15	33:57	36:29	39:01	40:52	42:48	44:19	46:25	
			1:21	0:30	1:27	1:43	2:48	2:25	3:55	0:53	1:13	5:07	1:58	1:55	2:12	1:51	0:57	3:42	2:32	2:32	1:51	1:56	1:31	2:06	
			47:47	50:36	55:11	56:03	58:48	1:01:27	1:04:09	1:06:52	1:07:57	1:08:40	1:10:10	1:10:33											
8	Ian Gamlen COBOC	1:12:12	1:22	2:49	4:35	0:52	2:45	2:39	2:42	2:43	1:05	0:43	1:30	0:23	26:56	29:44	30:37	34:16	37:30	40:31	42:09	43:49	45:25	47:26	
			0:52	1:15	2:43	4:23	6:49	9:08	12:10	13:05	14:13	19:54	22:08	24:23	26:56	29:44	30:37	34:16	37:30	40:31	42:09	43:49	45:25	47:26	
			0:52	0:23	1:28	1:40	2:26	2:19	3:02	0:55	1:08	5:41	2:14	2:15	2:33	2:48	0:53	3:39	3:14	3:01	1:38	1:40	1:36	2:01	
9	Si Read NGOC	1:17:34	48:37	51:33	55:29	57:02	59:14	1:01:55	1:04:29	1:07:06	1:07:54	1:08:33	1:10:16	1:10:34											
			1:11	2:56	3:56	1:33	2:12	2:41	2:34	2:37	0:48	0:39	1:43	0:18	27:06	29:34	30:33	34:09	38:42	41:43	43:39	45:33	47:41	49:45	
			1:17	1:43	3:28	5:07	7:26	9:36	12:14	13:16	14:34	20:14	23:16	25:23	27:06	29:34	30:33	34:09	38:42	41:43	43:39	45:33	47:41	49:45	
10	Christine Farr SWOC	1:17:45	50:57	53:50	58:00	59:03	1:01:26	1:03:24	1:05:58	1:08:48	1:09:45	1:10:30	1:11:52	1:12:12											
			1:12	2:53	4:10	1:03	2:23	1:58	2:34	2:50	0:57	0:45	1:22	0:20	1:43	2:28	0:59	3:36	4:33	3:01	1:56	1:54	2:08	2:04	
			1:12	2:53	4:10	1:03	2:23	1:58	2:34	2:50	0:57	0:45	1:22	0:20											
11	Samuel Taunton NGOC	1:28:00	1:26	1:52	3:28	5:10	7:47	9:56	14:13	16:13	18:35	27:52	30:40	32:22	34:32	36:57	37:55	41:00	43:41	46:34	48:19	50:12	51:32	54:16	
			1:26	0:26	1:36	1:42	2:37	2:09	4:17	2:00	2:22	9:17	2:48	1:42	2:10	2:25	0:58	3:05	2:41	2:53	1:45	1:53	1:20	2:44	
			55:21	57:59	1:02:06	1:04:31	1:06:40	1:08:33	1:11:51	1:14:22	0:00	0:00	0:00	1:17:34											
12	Reuben Lawson NGOC	1:28:14	1:05	2:38	4:07	2:25	2:09	1:53	3:18	2:31	3:12														
			1:20	1:48	3:18	5:12	7:58	10:25	13:18	14:10	15:42	21:42	24:06	25:56	27:44	29:49	30:45	34:34	40:20	43:30	45:27	47:25	48:53	51:14	
			1:20	0:28	1:30	1:54	2:46	2:27	2:53	0:52	1:32	6:00	2:24	1:50	1:48	2:05	0:56	3:49	5:46	3:10	1:57	1:58	1:28	2:21	
13	Vanessa Lawson NGOC	1:28:25	52:30	55:53	1:00:17	1:02:29	1:05:12	1:07:33	1:10:30	1:13:35	0:00	0:00	0:00	1:17:45											
			1:16	3:23	4:24	2:12	2:43	2:21	2:57	3:05	4:10														
			1:16	3:23	4:24	2:12	2:43	2:21	2:57	3:05	4:10														
14	Clive Caffall NGOC	1:33:32	1:06	1:47	3:38	6:06	9:05	12:15	15:46	16:48	18:22	25:08	27:38	30:01	31:57	34:36	35:32	39:55	43:17	46:47	49:29	52:10	53:55	56:36	
			1:06	0:41	1:51	2:28	2:59	3:10	3:31	1:02	1:34	6:46	2:30	2:23	1:56	2:39	0:56	4:23	3:22	3:30	2:42	2:41	1:45	2:41	
			58:29	1:02:35	1:08:35	1:09:47	1:13:34	1:16:17	1:19:55	1:23:32	1:24:48	1:25:41	1:27:32	1:28:00											

Pl	Name	Time																								
Blue (19)			5.9 km 275 m				33 C		<i>(cont.)</i>																	
			1(43)	2(31)	3(225)	4(46)	5(37)	6(201)	7(203)	8(202)	9(204)	10(205)	11(208)	12(210)	13(211)	14(206)	15(207)	16(209)	17(213)	18(212)	19(216)	20(215)	21(226)	22(227)		
			23(214)	24(217)	25(219)	26(220)	27(221)	28(222)	29(223)	30(50)	31(51)	32(45)	33(42)	Finish												
15	Michelle Ward NGOC	1:34:41	1:18	1:54	3:51	6:17	9:52	13:31	17:43	18:51	20:26	27:29	30:14	33:04	35:33	38:27	39:41	44:37	48:58	52:52	55:09	58:21	1:00:21	1:03:22		
			1:18	0:36	1:57	2:26	3:35	3:39	4:12	1:08	1:35	7:03	2:45	2:50	2:29	2:54	1:14	4:56	4:21	3:54	2:17	3:12	2:00	3:01		
			1:04:50	1:08:57	1:14:34	1:15:56	1:19:37	1:21:57	1:25:07	1:29:47	1:31:13	1:32:04	1:34:14	1:34:41												
16	Charlie Manning TVOC	1:44:55	1:28	4:07	5:37	1:22	3:41	2:20	3:10	4:40	1:26	0:51	2:10	0:27												
			1:33	2:05	5:38	7:48	11:15	14:35	19:16	20:27	22:18	30:46	33:23	37:45	40:37	43:43	45:28	50:54	56:00	1:00:36	1:02:49	1:05:19	1:07:52	1:10:39		
			1:33	0:32	3:33	2:10	3:27	3:20	4:41	1:11	1:51	8:28	2:37	4:22	2:52	3:06	1:45	5:26	5:06	4:36	2:13	2:30	2:33	2:47		
17	Duncan Innes SWOC	1:46:00	1:12:40	1:16:52	1:23:18	1:24:35	1:28:05	1:31:03	1:34:53	1:39:20	0:00	0:00	0:00	1:44:55												
			2:01	4:12	6:26	1:17	3:30	2:58	3:50	4:27	5:35															
			1:40	2:21	5:27	8:38	12:56	16:36	20:38	22:04	24:11	32:47	35:37	38:39	41:40	44:55	46:19	51:20	55:57	59:54	1:02:52	1:05:53	1:08:05	1:11:16		
18	Adrian Bailey HOC	1:56:43	1:40	0:41	3:06	3:11	4:18	3:40	4:02	1:26	2:07	8:36	2:50	3:02	3:01	3:15	1:24	5:01	4:37	3:57	2:58	3:01	2:12	3:11		
			1:13:15	1:17:41	1:24:19	1:25:45	1:29:26	1:32:08	1:36:10	1:40:40	1:42:00	1:43:00	1:45:00	1:46:50												
			1:59	4:26	6:38	1:26	3:41	2:42	4:02	4:30	1:20	1:00	2:00	1:50												
18	Ginny Hudson NGOC	mp	1:12	1:46	3:49	6:47	10:50	14:32	18:40	20:01	22:02	31:12	34:09	37:12	40:00	43:05	44:20	50:36	55:39	1:00:07	1:03:36	1:07:01	1:09:27	1:12:40		
			1:12	0:34	2:03	2:58	4:03	3:42	4:08	1:21	2:01	9:10	2:57	3:03	2:48	3:05	1:15	6:16	5:03	4:28	3:29	3:25	2:26	3:13		
			1:15:00	1:22:00	1:30:06	1:31:39	1:36:12	1:39:41	1:44:51	1:50:11	0:00	0:00	0:00	1:56:43												
			2:20	7:00	8:06	1:33	4:33	3:29	5:10	5:20																
18	Ginny Hudson NGOC	mp	1:04	1:29	2:46	4:42	7:34	9:58	12:32	13:23	14:45	20:44	22:58	24:51	26:36	28:35	29:30	32:58	36:19	38:57	40:56	42:56	44:22	----		
			1:04	0:25	1:17	1:56	2:52	2:24	2:34	0:51	1:22	5:59	2:14	1:53	1:45	1:59	0:55	3:28	3:21	2:38	1:59	2:00	1:26			
			46:25	49:46	54:13	55:01	57:43	59:38	1:02:38	1:05:40	1:06:46	1:07:28	1:09:02	1:09:26												
			2:03	3:21	4:27	0:48	2:42	1:55	3:00	3:02	1:06	0:42	1:34	0:24												
Green (25)			4.1 km 205 m				24 C																			
			1(31)	2(225)	3(201)	4(202)	5(203)	6(204)	7(205)	8(208)	9(207)	10(206)	11(210)	12(213)	13(212)	14(216)	15(215)	16(226)	17(227)	18(214)	19(222)	20(223)	21(50)	22(51)		
1	Tim Sands BOK	59:02	1:30	2:56	7:22	10:23	11:43	12:41	19:56	22:31	24:42	25:32	28:46	30:03	33:11	35:12	37:44	39:25	41:34	43:02	49:09	52:06	55:10	56:13		
			1:30	1:26	4:26	3:01	1:20	0:58	7:15	2:35	2:11	0:50	3:14	1:17	3:08	2:01	2:32	1:41	2:09	1:28	6:07	2:57	3:04	1:03		
			57:20	58:36	59:02																					
2	Ian Prowse NGOC	1:00:08	1:07	1:16	0:26																					
			1:13	2:54	6:44	9:33	10:26	11:23	17:02	19:35	21:42	22:35	29:22	30:33	33:19	35:11	37:15	41:29	43:16	44:30	50:47	53:31	56:18	57:25		
			1:13	1:41	3:50	2:49	0:53	0:57	5:39	2:33	2:07	0:53	6:47	1:11	2:46	1:52	2:04	4:14	1:47	1:14	6:17	2:44	2:47	1:07		
3	Byron Crook NGOC	1:00:44	58:27	59:46	1:00:08																					
			1:02	1:19	0:22																					
			1:21	2:51	6:49	12:20	13:25	14:30	20:10	22:18	24:41	25:41	29:51	31:58	35:07	36:59	39:32	41:10	43:31	44:50	50:57	53:42	56:59	58:03		
4	Chris Johnson BOK	1:01:41	59:05	1:00:21	1:00:44																					
			1:02	1:16	0:23																					
			1:21	1:30	3:58	5:31	1:05	1:05	5:40	2:08	2:23	1:00	4:10	2:07	3:09	1:52	2:33	1:38	2:21	1:19	6:07	2:45	3:17	1:04		
5	Tom Birthwright NGOC	1:03:04	1:26	3:02	7:16	10:58	12:01	13:22	20:02	22:23	24:30	25:41	29:17	30:49	34:03	36:18	38:36	40:22	42:47	44:15	50:41	53:42	57:23	58:36		
			1:26	1:36	4:14	3:42	1:03	1:21	6:40	2:21	2:07	1:11	3:36	1:32	3:14	2:15	2:18	1:46	2:25	1:28	6:26	3:01	3:41	1:13		
			59:48	1:01:14	1:01:41																					
6	Hannah Bradley NGOC	1:03:27	1:12	1:26	0:27																					
			1:16	2:48	6:55	10:10	11:15	12:35	18:45	21:00	23:34	24:49	28:38	29:57	33:14	35:31	37:55	39:48	42:11	44:08	51:17	54:44	58:19	59:43		
			1:16	1:32	4:07	3:15	1:05	1:20	6:10	2:15	2:34	1:15	3:49	1:19	3:17	2:17	2:24	1:53	2:23	1:57	7:09	3:27	3:35	1:24		
7	Nicola Johnson BOK	1:03:57	1:00:57	1:02:40	1:03:04																					
			1:14	1:43	0:24																					
			1:30	3:04	7:10	12:04	12:56	13:58	25:28	28:20	30:15	31:05	34:53	36:31	39:25	41:18	43:15	45:00	47:04	48:17	53:55	56:43	59:38	1:00:48		
8	Paul Bryce NGOC	1:04:37	1:01:53	1:03:05	1:03:27																					
			1:05	1:12	0:22																					
			1:30	1:34	4:06	4:54	0:52	1:02	11:30	2:52	1:55	0:50	3:48	1:38	2:54	1:53	1:57	1:45	2:04	1:13	5:38	2:48	2:55	1:10		
8	Paul Bryce NGOC	1:03:57	1:02:13	1:03:33	1:03:57																					
			1:10	1:20	0:24																					
			1:21	2:49	6:51	10:26	11:31	12:39	18:49	21:41	23:52	24:58	30:05	31:37	34:30	37:25	39:55	41:25	43:38	44:59	52:19	56:02	59:53	1:01:03		
8	Paul Bryce NGOC	1:04:37	1:02:13	1:03:33	1:03:57																					
			1:10	1:20	0:24																					
			1:21	2:49	6:51	10:26	11:31	12:39	18:49	21:41	23:52	24:58	30:05	31:37	34:30	37:25	39:55	41:25	43:38	44:59	52:19	56:02	59:53	1:01:03		
8	Paul Bryce NGOC	1:04:37	1:02:48	1:04:08	1:04:37																					
			1:21	1:28	4:02	3:00	1:10	2:25	7:05	2:28	2:17	1:19	3:48	1:39	3:43	2:29	2:24	1:46	2:10	1:31	7:17	3:26	3:23	1:16		
			1:21	1:20	0:29																					

Pl	Name	Time																						
			4.1 km 205 m		24 C		<i>(cont.)</i>																	
			1(31) 23(39)	2(225) 24(42)	3(201) Finish	4(202)	5(203)	6(204)	7(205)	8(208)	9(207)	10(206)	11(210)	12(213)	13(212)	14(216)	15(215)	16(226)	17(227)	18(214)	19(222)	20(223)	21(50)	22(51)
23	Philip May OD	1:25:24	1:38	3:37	9:09	14:29	15:40	17:30	25:35	29:08	32:31	33:57	39:46	45:09	49:08	52:00	54:41	57:14	1:00:05	1:01:47	1:10:11	1:14:48	1:19:17	1:21:04
			1:38	1:59	5:32	5:20	1:11	1:50	8:05	3:33	3:23	1:26	5:49	5:23	3:59	2:52	2:41	2:33	2:51	1:42	8:24	4:37	4:29	1:47
			1:22:46	1:24:47	1:25:24																			
24	Kim Liggett NGOC	1:26:55	1:42	2:01	0:37																			
			1:46	3:36	9:22	17:13	18:32	19:53	27:57	31:56	35:42	36:57	41:42	44:38	49:34	52:42	55:37	58:07	1:00:56	1:02:56	1:12:16	1:16:27	1:21:39	1:23:04
			1:46	1:50	5:46	7:51	1:19	1:21	8:04	3:59	3:46	1:15	4:45	2:56	4:56	3:08	2:55	2:30	2:49	2:00	9:20	4:11	5:12	1:25
25	Rhiannon Fadeyibi NGOC	1:59:57	1:31	1:47	0:33																			
			1:56	3:56	10:52	19:34	20:58	22:52	45:21	49:24	53:13	54:40	1:00:35	1:04:40	1:09:57	1:12:57	1:16:21	1:24:23	1:28:41	1:31:09	1:43:06	1:47:49	1:53:12	1:55:18
			1:56	2:00	6:56	8:42	1:24	1:54	22:29	4:03	3:49	1:27	5:55	4:05	5:17	3:00	3:24	8:02	4:18	2:28	11:57	4:43	5:23	2:06
			1:57:15	1:59:20	1:59:57																			
			1:57	2:05	0:37																			

Short Green (11)			2.8 km 110 m		20 C																		
			1(43)	2(37)	3(201)	4(202)	5(203)	6(204)	7(205)	8(208)	9(207)	10(206)	11(210)	12(213)	13(212)	14(216)	15(215)	16(224)	17(50)	18(51)	19(39)	20(42)	Finish
1	Seth Lawson NGOC	48:46	1:10	2:16	4:57	9:24	10:20	11:27	17:30	20:14	22:48	23:41	28:26	30:09	33:14	35:24	37:58	42:56	45:18	46:20	47:23	48:31	48:46
			1:10	1:06	2:41	4:27	0:56	1:07	6:03	2:44	2:34	0:53	4:45	1:43	3:05	2:10	2:34	4:58	2:22	1:02	1:03	1:08	1:08
2	Kevin Gallagher LEI	49:11	1:10	2:25	4:50	8:04	9:01	10:36	17:13	19:27	21:25	22:53	26:44	29:27	33:14	35:21	37:35	41:45	44:24	45:45	47:07	48:48	49:11
			1:10	1:15	2:25	3:14	0:57	1:35	6:37	2:14	1:58	1:28	3:51	2:43	3:47	2:07	2:14	4:10	2:39	1:21	1:22	1:41	0:23
3	Mike Hampton OD	50:50	1:20	3:04	6:01	9:32	10:40	12:15	18:19	21:10	23:09	24:16	28:21	30:36	34:15	36:54	39:18	43:45	46:28	47:42	48:58	50:24	50:50
			1:20	1:44	2:57	3:31	1:08	1:35	6:04	2:51	1:59	1:07	4:05	2:15	3:39	2:39	2:24	4:27	2:43	1:14	1:16	1:26	0:26
4	Richard Webster IND	58:29	1:55	3:13	6:18	10:53	13:46	15:27	22:49	25:43	28:56	30:27	34:23	36:01	40:41	43:13	46:19	51:10	54:09	55:38	56:44	58:05	58:29
			1:55	1:18	3:05	4:35	2:53	1:41	7:22	2:54	3:13	1:31	3:56	1:38	4:40	2:32	3:06	4:51	2:59	1:29	1:06	1:21	0:24
5	Carol Farrington HOC	1:05:04	1:30	3:19	6:45	11:59	13:17	14:38	23:11	27:09	29:32	30:48	36:29	38:24	43:43	46:49	50:00	55:55	59:19	1:00:54	1:02:39	1:04:37	1:05:04
			1:30	1:49	3:26	5:14	1:18	1:21	8:33	3:58	2:23	1:16	5:41	1:55	5:19	3:06	3:11	5:55	3:24	1:35	1:45	1:58	0:27
6	Stuart Swalwell DVO	1:06:28	1:29	3:01	5:50	9:59	11:13	12:32	18:26	22:34	25:51	27:05	32:14	38:16	47:51	50:21	52:56	57:48	1:01:37	1:03:00	1:04:20	1:05:58	1:06:28
			1:29	1:32	2:49	4:09	1:14	1:19	5:54	4:08	3:17	1:14	5:09	6:02	9:35	2:30	2:35	4:52	3:49	1:23	1:20	1:38	0:30
7	Maureen Webb LEI	1:08:01	1:40	3:25	6:58	12:49	14:10	15:56	22:58	26:57	29:31	30:53	36:25	40:24	46:50	49:29	52:30	58:36	1:02:06	1:03:57	1:05:37	1:07:26	1:08:01
			1:40	1:45	3:33	5:51	1:21	1:46	7:02	3:59	2:34	1:22	5:32	3:59	6:26	2:39	3:01	6:06	3:30	1:51	1:40	1:49	0:35
8	John Shea NGOC	1:14:25	1:36	3:00	5:49	14:18	15:40	21:56	30:59	33:54	36:36	38:14	42:35	52:48	56:27	59:06	1:01:34	1:06:07	1:09:26	1:10:53	1:12:20	1:13:56	1:14:25
			1:36	1:24	2:49	8:29	1:22	6:16	9:03	2:55	2:42	1:38	4:21	10:13	3:39	2:39	2:28	4:33	3:19	1:27	1:27	1:36	0:29
9	Brian Laycock HOC	1:16:55	1:47	3:41	7:14	14:04	15:42	17:54	25:58	29:14	33:09	34:49	41:11	46:57	51:43	55:12	59:33	1:06:12	1:10:17	1:12:17	1:14:15	1:16:21	1:16:55
			1:47	1:54	3:33	6:50	1:38	2:12	8:04	3:16	3:55	1:40	6:22	5:46	4:46	3:29	4:21	6:39	4:05	2:00	1:58	2:06	0:34
10	Sarah Bryce NGOC	1:19:04	1:42	3:27	6:59	19:08	20:25	22:10	31:14	34:49	38:36	39:39	46:08	48:18	53:23	56:48	1:00:39	1:07:43	1:12:05	1:13:58	1:16:04	1:18:20	1:19:04
			1:42	1:45	3:32	12:09	1:17	1:45	9:04	3:35	3:47	1:03	6:29	2:10	5:05	3:25	3:51	7:04	4:22	1:53	2:06	2:16	0:44
11	Hilary May OD	1:21:34	2:06	4:08	8:31	14:30	16:08	17:45	28:11	32:36	36:59	38:23	44:28	47:57	54:07	58:01	1:01:53	1:09:44	1:14:11	1:16:24	1:18:34	1:20:59	1:21:34
			2:06	2:02	4:23	5:59	1:38	1:37	10:26	4:25	4:23	1:24	6:05	3:29	6:10	3:54	3:52	7:51	4:27	2:13	2:10	2:25	0:35

Orange (1)			3.0 km 160 m		17 C																		
			1(52)	2(225)	3(34)	4(46)	5(37)	6(47)	7(36)	8(48)	9(43)	10(44)	11(38)	12(39)	13(51)	14(45)	15(42)	16(40)	17(49)	Finish			
1	Barthelemy Albert IND	45:05	1:12	4:45	8:26	12:02	16:28	18:11	19:30	23:35	27:04	29:03	29:40	35:30	37:41	38:55	41:04	43:53	44:29	45:05			
			1:12	3:33	3:41	3:36	4:26	1:43	1:19	4:05	3:29	1:59	0:37	5:50	2:11	1:14	2:09	2:49	0:36	0:36			

Yellow (5)			2.5 km 115 m		14 C																		
			1(52)	2(31)	3(32)	4(33)	5(34)	6(35)	7(36)	8(37)	9(41)	10(38)	11(39)	12(42)	13(49)	14(40)	Finish						
1	Johannes Albert IND	31:27	1:15	2:51	5:56	8:53	10:59	13:44	17:35	19:33	21:28	23:38	25:20	28:00	29:56	30:37	31:27						
			1:15	1:36	3:05	2:57	2:06	2:45	3:51	1:58	1:55	2:10	1:42	2:40	1:56	0:41	0:50						
2	Seren Brett DVO	32:10	0:52	1:47	4:35	6:33	9:40	13:21	16:46	18:47	21:48	24:37	26:07	28:43	30:46	31:37	32:10						
			0:52	0:55	2:48	1:58	3:07	3:41	3:25	2:01	3:01	2:49	1:30	2:36	2:03	0:51	0:33						
3	Samuel Horsfall NGOC	34:18	1:35	3:10	6:26	8:23	10:11	13:17	17:10	18:55	22:21	25:07	27:26	30:39	32:16	33:14	34:18						
			1:35	1:35	3:16	1:57	1:48	3:06	3:53	1:45	3:26	2:46	2:19	3:13	1:37	0:58	1:04						
4	Emily Horsfall NGOC	35:27	1:55	3:25	6:38	8:50	10:49	14:10	17:26	19:32	22:30	25:08	27:32	30:40	32:59	34:05	35:27						
			1:55	1:30	3:13	2:12	1:59	3:21	3:16	2:06	2:58	2:38	2:24	3:08	2:19	1:06	1:22						

Pl	Name	Time															
Yellow (5)			2.5 km 115 m		14 C		<i>(cont.)</i>										
			1(52)	2(31)	3(32)	4(33)	5(34)	6(35)	7(36)	8(37)	9(41)	10(38)	11(39)	12(42)	13(49)	14(40)	Finish
5	Jamie Atkins HOC	51:05	2:35	4:29	7:13	10:33	14:06	18:47	23:31	27:04	31:29	35:50	42:13	46:22	49:03	50:18	51:05
			2:35	1:54	2:44	3:20	3:33	4:41	4:44	3:33	4:25	4:21	6:23	4:09	2:41	1:15	0:47