

PI	Name	Time			5.0 km	175 m	33 C																																	
			1(88)	2(72)	3(54)	4(32)	5(63)	6(70)	7(61)	8(67)	9(39)	10(71)	11(40)	12(74)	13(41)	14(42)	15(43)	16(78)	17(69)	18(81)	19(80)	20(44)	21(86)	22(84)																
			23(85)	24(45)	25(46)	26(47)	27(90)	28(75)	29(37)	30(53)	31(51)	32(48)	33(49)	Finish																										
Brown (27)																																								
1	Simon Evans	35:31	0:47	2:59	3:55	4:53	6:14	6:44	7:38	8:23	9:12	9:39	10:16	11:19	14:18	15:12	15:55	16:41	17:05	18:04	18:37	19:41	20:09	23:28																
	KERNO		0:47	2:12	0:56	0:58	1:21	0:30	0:54	0:45	0:49	0:27	0:37	1:03	2:59	0:54	0:43	0:46	0:24	0:59	0:33	1:04	0:28	3:19																
			2:07	0:33	0:43	0:51	0:31	0:52	1:02	1:38	1:07	1:24	0:37	0:38																										
2	Michael Hallett	38:45	0:44	3:14	4:30	5:22	6:45	7:20	8:09	8:44	9:39	10:09	10:36	11:23	14:32	15:43	16:29	17:09	17:37	18:34	19:16	20:07	20:44	24:34																
	BOK		0:44	2:30	1:16	0:52	1:23	0:35	0:49	0:35	0:55	0:30	0:27	0:47	3:09	1:11	0:46	0:40	0:28	0:57	0:42	0:51	0:37	3:50																
			27:54	28:24	29:17	30:07	30:39	31:40	32:38	34:26	35:48	37:17	38:04	38:45																										
3	Richard Mawer	41:14	3:20	0:30	0:53	0:50	0:32	1:01	0:58	1:48	1:22	1:29	0:47	0:41																										
	BAOC		0:38	3:03	5:14	6:09	8:49	9:22	10:14	10:53	13:06	13:34	14:01	14:51	17:57	18:54	19:43	20:22	20:46	21:48	23:01	24:05	24:37	28:16																
			0:38	2:25	2:11	0:55	2:40	0:33	0:52	0:39	2:13	0:28	0:27	0:50	3:06	0:57	0:49	0:39	0:24	1:02	1:13	1:04	0:32	3:39																
			30:23	31:01	31:47	32:54	33:28	34:46	35:41	37:17	38:28	39:56	40:33	41:14		7:59																								
4	Duncan Taylor	42:11	2:07	0:38	0:46	1:07	0:34	1:18	0:55	1:36	1:11	1:28	0:37	0:41																										
	DEVON		0:43	5:08	5:53	6:45	8:24	8:54	9:55	10:37	11:39	12:12	12:45	13:54	17:07	18:13	19:17	20:25	20:56	22:07	23:07	24:17	24:50	28:17																
			0:43	4:25	0:45	0:52	1:39	0:30	1:01	0:42	1:02	0:33	0:33	1:09	3:13	1:06	1:04	1:08	0:31	1:11	1:00	1:10	0:33	3:27																
			30:24	30:57	31:46	32:56	33:26	34:12	35:05	36:35	39:19	40:50	41:29	42:11																										
5	Chris McCartney	43:27	2:07	0:33	0:49	1:10	0:30	0:46	0:53	1:30	2:44	1:31	0:39	0:42																										
	OD		0:53	3:29	4:35	5:30	7:06	7:41	10:12	10:57	11:54	12:28	12:59	13:59	17:07	18:08	19:04	19:47	20:14	21:30	22:07	23:28	24:18	28:01																
			0:53	2:36	1:06	0:55	1:36	0:35	2:31	0:45	0:57	0:34	0:31	1:00	3:08	1:01	0:56	0:43	0:27	1:16	0:37	1:21	0:50	3:43																
			31:20	31:45	32:46	33:46	34:26	36:22	37:19	39:16	40:18	41:49	42:44	43:27																										
6	James Wilkinson	46:00	3:19	0:25	1:01	1:00	0:40	1:56	0:57	1:57	1:02	1:31	0:55	0:43																										
	NGOC		1:06	3:44	4:49	5:49	7:33	8:14	9:26	10:15	11:18	11:56	12:35	13:56	18:01	19:15	20:13	21:04	21:43	23:01	24:12	25:24	26:02	30:45																
			1:06	2:38	1:05	1:00	1:44	0:41	1:12	0:49	1:03	0:38	0:39	1:21	4:05	1:14	0:58	0:51	0:39	1:18	1:11	1:12	0:38	4:43																
			33:18	33:56	34:54	35:57	36:36	37:41	38:51	41:11	42:45	44:29	45:16	46:00																										
7	Andrew Biffen	49:20	2:33	0:38	0:58	1:03	0:39	1:05	1:10	2:20	1:34	1:44	0:47	0:44																										
	KERNO		1:12	4:57	6:14	7:20	8:54	9:47	10:59	11:44	14:45	15:19	15:56	16:42	20:04	21:07	22:13	23:08	24:09	26:07	27:08	28:37	29:36	33:35																
			1:12	3:45	1:17	1:06	1:34	0:53	1:12	0:45	3:01	0:34	0:37	0:46	3:22	1:03	1:06	0:55	1:01	1:58	1:01	1:29	0:59	3:59																
			36:47	37:38	38:40	39:30	40:12	41:35	42:32	44:54	46:15	47:57	48:44	49:20																										
8	Nick Gracie	49:25	3:12	0:51	1:02	0:50	0:42	1:23	0:57	2:22	1:21	1:42	0:47	0:36																										
	BOK		1:06	4:10	5:12	6:25	8:10	8:49	9:56	10:39	11:45	12:24	12:54	14:22	18:16	21:03	22:07	22:52	23:22	24:48	25:43	27:14	27:49	32:28																
			1:06	3:04	1:02	1:13	1:45	0:39	1:07	0:43	1:06	0:39	0:30	1:28	3:54	2:47	1:04	0:45	0:30	1:26	0:55	1:31	0:35	4:39																
			35:10	35:49	37:22	38:24	39:03	40:31	41:40	44:05	45:41	47:48	48:37	49:25																										
9	Michelle Spillar	50:07	2:42	0:39	1:33	1:02	0:39	1:28	1:09	2:25	1:36	2:07	0:49	0:48																										
	WIM		0:51	4:01	5:14	6:35	8:21	9:04	10:17	11:10	12:40	13:23	14:07	15:35	19:38	20:59	22:06	22:59	23:31	24:56	25:54	27:14	27:54	32:50																
			0:51	3:10	1:13	1:21	1:46	0:43	1:13	0:53	1:30	0:43	0:44	1:28	4:03	1:21	1:07	0:53	0:32	1:25	0:58	1:20	0:40	4:56																
			35:35	36:19	37:56	39:01	39:41	40:52	42:10	44:11	45:56	48:11	49:17	50:07																										
10	Philip Eeles	50:09	2:45	0:44	1:37	1:05	0:40	1:11	1:18	2:01	1:45	2:15	1:06	0:50																										
	SOC		0:54	4:41	5:49	7:03	9:02	9:43	11:01	11:52	13:04	13:45	14:22	16:17	20:39	21:54	23:05	23:55	24:31	25:43	26:42	28:09	28:53	33:45																
			0:54	3:47	1:0																																			

PI	Name	Time																						
Blue (32)			4.5 km		170 m	28 C		(cont.)																
			1(72)	2(32)	3(63)	4(70)	5(67)	6(39)	7(71)	8(40)	9(74)	10(41)	11(42)	12(78)	13(81)	14(80)	15(44)	16(86)	17(84)	18(85)	19(45)	20(46)	21(47)	22(90)
			23(75)	24(37)	25(53)	26(51)	27(48)	28(49)	Finish															
15	Steve Williams NGOC	59:55	4:32	5:51	8:07	8:59	10:25	11:58	12:59	13:43	15:53	21:18	22:54	24:28	26:21	27:26	29:20	30:21	36:12	39:39	40:37	42:06	43:33	44:28
			4:32	1:19	2:16	0:52	1:26	1:33	1:01	0:44	2:10	5:25	1:36	1:34	1:53	1:05	1:54	1:01	5:51	3:27	0:58	1:29	1:27	0:55
			46:44	48:06	52:28	55:43	58:03	59:06	59:55	2:16	1:22	4:22	3:15	2:20	1:03	0:49								
16	Tom Birthwright NGOC	1:01:15	2:41	3:51	6:03	6:54	8:27	10:04	10:53	11:41	13:01	18:33	20:10	21:59	24:01	25:10	27:19	28:26	34:36	40:27	41:32	43:10	44:43	45:48
			2:41	1:10	2:12	0:51	1:33	1:37	0:49	0:48	1:20	5:32	1:37	1:49	2:02	1:09	2:09	1:07	6:10	5:51	1:05	1:38	1:33	1:05
			47:43	49:34	53:10	55:23	58:24	59:40	1:01:15	1:55	1:51	3:36	2:13	3:01	1:16	1:35								
17	Anders Johansson NGOC	1:01:20	3:44	4:57	6:59	7:55	9:30	11:07	11:59	12:39	14:59	20:22	21:55	23:32	27:28	29:46	31:12	32:09	38:01	44:02	44:50	46:30	47:45	48:35
			3:44	1:13	2:02	0:56	1:35	1:37	0:52	0:40	2:20	5:23	1:33	1:37	3:56	2:18	1:26	0:57	5:52	6:01	0:48	1:40	1:15	0:50
			50:24	51:55	54:49	56:48	59:10	1:00:12	1:01:20	1:49	1:31	2:54	1:59	2:22	1:02	1:08								
18	Elisabeth Cameron NGOC	1:02:13	3:01	4:10	6:22	7:21	9:00	11:06	12:08	13:06	14:32	20:23	21:41	23:18	25:24	26:27	28:10	29:09	38:03	43:01	43:41	46:09	47:31	48:33
			3:01	1:09	2:12	0:59	1:39	2:06	1:02	0:58	1:26	5:51	1:18	1:37	2:06	1:03	1:43	0:59	8:54	4:58	0:40	2:28	1:22	1:02
			51:01	52:35	55:50	58:14	1:00:15	1:01:19	1:02:13	2:28	1:34	3:15	2:24	2:01	1:04	0:54								
19	Alison Wilkinson IND	1:03:04	4:50	8:23	10:52	11:40	13:05	14:45	15:43	16:25	17:41	22:36	24:02	25:47	27:57	30:09	32:19	33:24	40:03	44:15	45:04	47:47	49:30	50:56
			4:50	3:33	2:29	0:48	1:25	1:40	0:58	0:42	1:16	4:55	1:26	1:45	2:10	2:12	2:10	1:05	6:39	4:12	0:49	2:43	1:43	1:26
			52:51	54:07	56:34	58:36	1:00:57	1:02:06	1:03:04	1:55	1:16	2:27	2:02	2:21	1:09	0:58								
20	Ro Cole NGOC	1:03:08	3:41	4:48	6:56	7:48	11:23	13:24	14:28	15:28	19:17	23:19	26:50	28:32	30:39	32:19	34:08	35:15	42:08	45:02	46:11	48:02	49:17	50:06
			3:41	1:07	2:08	0:52	3:35	2:01	1:04	1:00	3:49	4:02	3:31	1:42	2:07	1:40	1:49	1:07	6:53	2:54	1:09	1:51	1:15	0:49
			51:59	53:44	56:29	58:54	1:01:19	1:02:12	1:03:08	1:53	1:45	2:45	2:25	0:53	0:56									
21	Rachel Dennis BOK	1:03:51	3:27	4:37	6:58	7:58	9:41	11:51	13:11	14:07	15:26	20:07	21:39	23:45	25:36	26:43	29:16	30:37	36:26	40:43	41:55	44:45	46:20	47:42
			3:27	1:10	2:21	1:00	1:43	2:10	1:20	0:56	1:19	4:41	1:32	2:06	1:51	1:07	2:33	1:21	5:49	4:17	1:12	2:50	1:35	1:22
			49:36	51:13	54:49	58:25	1:01:09	1:02:43	1:03:51	1:54	1:37	3:36	3:36	2:44	1:34	1:08								
22	Helen Kelsey BOK	1:05:01	3:57	5:14	7:42	8:46	10:27	12:30	13:57	14:49	17:18	22:44	24:18	25:56	28:28	30:14	32:52	34:04	39:37	44:44	46:03	47:26	49:16	50:20
			3:57	1:17	2:28	1:04	1:41	2:03	1:27	0:52	2:29	5:26	1:34	1:38	2:32	1:46	2:38	1:12	5:33	5:07	1:19	1:23	1:50	1:04
			52:30	54:11	58:07	1:00:30	1:03:06	1:04:04	1:05:01	2:10	1:41	3:56	2:23	2:36	0:58	0:57								
23	Paul Taunton NGOC	1:05:45	3:34	4:48	7:05	8:08	10:11	12:16	13:25	14:15	15:37	21:38	23:22	25:03	27:02	28:29	30:19	31:58	39:39	46:00	47:02	48:25	50:12	51:16
			3:34	1:14	2:17	1:03	2:03	2:05	1:09	0:50	1:22	6:01	1:44	1:41	1:59	1:27	1:50	1:39	7:41	6:21	1:02	1:23	1:47	1:04
			52:59	54:34	57:53	59:58	1:02:37	1:04:39	1:05:45	1:43	1:35	3:19	2:05	2:39	2:02	1:06								
24	Duncan Milne BOK	1:06:02	2:57	4:19	6:43	7:48	9:14	10:38	11:42	12:20	13:35	18:33	20:07	21:58	25:21	26:39	28:36	29:31	36:25	42:21	43:23	45:59	47:36	48:40
			2:57	1:22	2:24	1:05	1:26	1:24	1:04	0:38	1:15	4:58	1:34	1:51	3:23	1:18	1:57	0:55	6:54	5:56	1:02	2:36	1:37	1:04
			50:48	52:42	56:32	59:43	1:03:50	1:05:00	1:06:02	2:08	1:54	3:50	3:11	4:07	1:10	1:02								
25	Claire Bushnell WCH	1:08:10	4:17	5:41	7:56	8:51	12:14	13:53	14:58	17:20	18:46	24:38	26:16	28:17	30:19	31:32	33:49	35:02	41:33	45:24	46:26	49:05	50:39	51:40
			4:17	1:24	2:15	0:55	3:23	1:39	1:05	2:22	1:26	5:52	1:38	2:01	2:02	1:13	2:17	1:13	6:31	3:51	1:02	2:39	1:34	1:01
			53:30	55:18	58:14	1:01:13	1:05:36	0:00	1:08:10	1:50	1:48	2:56	2:59	4:23	2:34	*76								
26	Kevin Bush SWOC	1:09:03	3:34	5:06	7:48	8:50	11:26	13:29	14:47	15:51	17:15	22:42	24:17	26:06	28:33	30:11	32:26	33:47	41:22	45:15	46:15	48:39	50:29	51:59
			3:34	1:32	2:42	1:02	2:36	2:03	1:18	1:04	1:24	5:27	1:35	1:49	2:27	1:38	2:15	1:21	7:35	3:53	1:00	2:24	1:50	1:30
			54:38	56:40	1:00:32	1:02:41	1:06:33	1:07:50	1:09:03	2:39	2:02	3:52	2:09	3:52	1:17	1:13								
27	Ian Phillips NGOC	1:10:16	3:15	4:37	7:21	8:22	10:32	12:32	13:47	14:45	16:18	22:51	24:38	26:47	29:06	30:45	33:14	34:31	41:36	48:15	49:28	51:27	53:15	54:35
			3:15	1:22	2:44	1:01	2:10	2:00	1:15	0:58	1:33	6:33	1:47	2:09	2:19	1:39	2:29	1:17	7:05	6:39	1:13	1:59	1:48	1:20
			56:29	58:20	1:01:59	1:04:29	1:07:21	1:08:41	1:10:16	1:54	1:51	3:39	2:30	2:52	1:20	1:35								
28	Allan Darwell IND	1:14:13	9:13	10:28	13:01	14:01	16:31	19:45	20:44	21:41	23:51	29:51	31:24	33:17	41:08	42:14	43:46	44:47	50:34	55:50	56:36	57:53	59:21	1:00:14
			9:13	1:15	2:33	1:00	2:30	3:14	0:59	0:57	2:10	6:00	1:33	1:53	7:51	1:06	1:32	1:01	5:47	5:16	0:46	1:17	1:28	0:53
			1:02:51	1:04:35	1:07:54	1:09:51	1:12:00	1:13:06	1:14:13	2:37	1:44	3:19	1:57	2:09	1:06	1:07								

Pl	Name	Time																						
Blue (32)			4.5 km 170 m 28 C					<i>(cont.)</i>																
			1(72) 23(75)	2(32) 24(37)	3(63) 25(53)	4(70) 26(51)	5(67) 27(48)	6(39) 28(49)	7(71) Finish	8(40)	9(74)	10(41)	11(42)	12(78)	13(81)	14(80)	15(44)	16(86)	17(84)	18(85)	19(45)	20(46)	21(47)	22(90)
29	Jack Hobby NGOC	1:17:16	5:34 5:34 1:00:49	6:49 1:15 1:02:30	8:54 2:05 1:06:56	9:48 0:54 1:09:50	13:47 3:59 1:12:23	15:49 2:02 1:16:38	16:47 0:58 1:17:16	17:26 0:39 <i>49:14</i>	18:38 1:12 <i>*45</i>	22:43 4:05 <i>0:38</i>	28:26 5:43 <i>*45</i>	30:12 1:46 <i>*45</i>	33:01 2:49 <i>*45</i>	34:14 1:13 <i>*45</i>	35:58 1:44 <i>*45</i>	36:51 0:53 <i>*45</i>	44:02 7:11 <i>*45</i>	53:28 9:26 <i>*45</i>	54:05 0:37 <i>*45</i>	55:26 1:21 <i>*45</i>	57:10 1:44 <i>*45</i>	58:10 1:00 <i>*45</i>
30	Stephen Beer IND	1:18:13	4:20 4:20 1:06:17	5:54 1:34 1:07:54	8:06 2:12 1:11:15	9:10 1:04 1:13:16	11:31 2:21 1:15:41	13:26 1:55 1:17:08	14:49 1:23 1:18:13	15:27 0:38 <i>*45</i>	18:19 2:52 <i>*45</i>	26:55 8:36 <i>*45</i>	27:55 1:00 <i>*45</i>	29:31 1:36 <i>*45</i>	33:34 4:03 <i>*45</i>	35:12 1:38 <i>*45</i>	37:20 2:08 <i>*45</i>	38:15 0:55 <i>*45</i>	44:25 6:10 <i>*45</i>	53:15 8:50 <i>*45</i>	54:22 1:07 <i>*45</i>	1:02:14 7:52 <i>*45</i>	1:03:34 1:20 <i>*45</i>	1:04:20 0:46 <i>*45</i>
31	Si Read NGOC	1:20:49	3:37 3:37 1:09:57	5:15 1:38 1:11:19	8:00 2:45 1:15:16	8:46 0:46 1:17:07	10:44 1:58 1:19:16	18:29 7:45 1:20:01	21:00 2:31 1:20:49	21:39 0:39 <i>14:31</i>	24:29 2:50 <i>*61</i>	29:59 5:30 <i>*61</i>	32:46 2:47 <i>*61</i>	34:40 1:54 <i>*61</i>	37:47 3:07 <i>*61</i>	42:56 5:09 <i>*61</i>	45:38 2:42 <i>*61</i>	47:39 2:01 <i>*61</i>	57:02 9:23 <i>*61</i>	1:00:07 3:05 <i>*61</i>	1:01:11 1:04 <i>*61</i>	1:03:15 2:04 <i>*61</i>	1:06:38 3:23 <i>*61</i>	1:07:26 0:48 <i>*61</i>
	Ted McDonald BOK	mp	4:33 4:33 1:04:14	6:02 1:29 1:07:36	8:49 2:47 1:11:24	10:45 1:56 1:13:50	12:33 1:48 1:16:41	14:20 1:47 1:18:04	15:19 0:59 1:19:30	16:14 0:55 <i>29:34</i>	18:55 2:41 <i>*73</i>	25:58 7:03 <i>*73</i>	----- <i>*73</i>	32:28 6:30 <i>*73</i>	38:34 6:06 <i>*73</i>	39:50 1:16 <i>*73</i>	41:34 1:44 <i>*73</i>	42:34 1:00 <i>*73</i>	50:23 7:49 <i>*73</i>	54:43 4:20 <i>*73</i>	55:45 1:02 <i>*73</i>	57:38 1:53 <i>*73</i>	59:51 2:13 <i>*73</i>	1:01:04 1:13 <i>*73</i>
Green (37)			3.9 km 150 m 27 C																					
			1(77) 23(70)	2(33) 24(76)	3(63) 25(65)	4(49) 26(48)	5(61) 27(52)	6(39) Finish	7(71)	8(62)	9(73)	10(38)	11(69)	12(81)	13(44)	14(87)	15(84)	16(50)	17(45)	18(46)	19(47)	20(90)	21(75)	22(37)
1	Laura Britton BOK	40:16	1:48 1:48 34:15	2:29 0:41 35:43	3:55 1:26 37:09	4:21 0:26 38:24	5:34 1:13 39:43	6:46 1:12 40:16	7:37 0:51 40:16	9:08 1:31 40:16	12:26 3:18 40:16	13:17 0:51 40:16	14:40 1:23 40:16	15:52 1:12 40:16	17:03 1:11 40:16	19:05 2:02 40:16	23:27 4:22 40:16	26:12 2:45 40:16	27:08 0:56 40:16	29:05 1:57 40:16	30:10 1:05 40:16	30:57 0:47 40:16	32:17 1:20 40:16	33:35 1:18 40:16
2	Thomas Kennedy NGOC	45:48	1:35 1:35 40:01	2:17 0:42 41:33	3:39 1:22 43:09	4:11 0:32 44:14	5:31 1:20 45:27	7:08 1:37 45:48	7:46 0:38 45:48	9:10 1:24 45:48	11:59 2:49 45:48	12:55 0:56 45:48	14:06 1:11 45:48	19:07 5:01 45:48	20:13 1:06 45:48	22:56 2:43 45:48	27:55 4:59 45:48	30:57 3:02 45:48	32:02 1:05 45:48	34:49 2:47 45:48	36:13 1:24 45:48	36:58 0:45 45:48	38:19 1:21 45:48	39:26 1:07 45:48
3	Matt Palmer-Wilkins BOK	46:06	1:36 1:36 40:00	2:11 0:35 41:47	3:33 1:32 43:02	4:02 1:36 44:24	5:20 1:18 45:36	7:42 2:22 46:06	8:24 0:42 46:06	9:52 1:28 46:06	12:56 3:04 46:06	13:30 0:34 46:06	14:38 1:08 46:06	15:57 1:19 46:06	16:48 0:51 46:06	18:03 1:15 46:06	30:37 12:34 46:06	32:39 2:02 46:06	33:38 0:59 46:06	35:05 1:27 46:06	36:08 1:03 46:06	36:48 0:40 46:06	37:58 1:10 46:06	39:19 1:21 46:06
4	Seth Lawson NGOC	46:16	2:05 2:05 38:56	2:41 0:36 41:20	4:12 1:31 42:49	5:34 1:22 44:23	7:17 1:43 45:56	8:57 1:40 46:16	9:37 0:40 46:16	11:26 1:49 46:16	15:10 3:44 46:16	16:04 0:54 46:16	17:46 1:42 46:16	19:44 1:58 46:16	21:13 1:29 46:16	22:39 1:26 46:16	26:47 4:08 46:16	30:17 3:30 46:16	31:24 1:07 46:16	33:02 1:38 46:16	34:21 1:19 46:16	35:07 0:46 46:16	36:49 1:42 46:16	38:11 1:22 46:16
5	David Faulkner BOK	46:34	2:21 2:21 39:32	3:03 0:42 41:28	4:36 1:33 43:08	5:05 0:29 44:31	6:32 1:27 46:08	8:07 1:35 46:34	9:02 0:55 46:34	10:50 1:48 46:34	14:23 3:33 46:34	15:06 0:43 46:34	16:45 1:39 46:34	18:19 1:34 46:34	20:01 1:42 46:34	21:39 1:38 46:34	26:17 4:38 46:34	29:30 3:13 46:34	30:28 0:58 46:34	32:08 1:40 46:34	33:28 1:20 46:34	34:29 1:01 46:34	37:22 2:53 46:34	38:37 1:15 46:34
6	David Palmer BOK	47:05	0:55 2:07 39:48	1:56 2:58 41:59	1:40 4:54 43:28	1:23 5:39 45:01	1:37 7:33 46:29	0:26 8:52 47:05	9:56 1:04 47:05	11:43 1:47 47:05	15:14 3:31 47:05	16:02 0:48 47:05	17:41 1:39 47:05	19:48 2:07 47:05	21:06 1:18 47:05	22:35 1:29 47:05	27:07 4:32 47:05	29:45 2:38 47:05	31:12 1:27 47:05	33:01 1:49 47:05	34:23 1:22 47:05	35:21 0:58 47:05	37:08 1:47 47:05	38:53 1:45 47:05
7	Roger Stein SBOC	47:56	2:03 2:03 40:08	3:00 0:57 42:13	4:54 1:54 43:43	5:21 0:27 45:30	7:10 1:49 47:16	8:40 1:30 47:56	9:38 0:58 47:56	11:22 1:44 47:56	15:19 3:57 47:56	15:58 0:39 47:56	17:39 1:41 47:56	19:30 1:51 47:56	20:41 1:11 47:56	22:06 1:25 47:56	27:02 4:56 47:56	30:08 3:06 47:56	31:29 1:21 47:56	32:52 1:23 47:56	34:41 1:49 47:56	35:48 1:07 47:56	37:27 1:39 47:56	39:11 1:44 47:56
8	Esther Woods RAFO	48:02	2:02 2:02 40:25	2:42 0:40 42:10	4:11 1:29 44:29	5:33 1:22 46:01	7:34 2:01 47:31	8:48 1:14 48:02	9:42 0:54 48:02	11:59 2:17 48:02	15:36 3:37 48:02	16:40 1:04 48:02	17:59 1:19 48:02	19:21 1:22 48:02	21:19 1:58 48:02	23:30 2:11 48:02	28:43 5:13 48:02	32:34 3:51 48:02	33:23 0:49 48:02	34:28 1:05 48:02	35:40 1:12 48:02	36:39 0:59 48:02	38:23 1:44 48:02	39:49 1:26 48:02
9	Peter Ribbans SWOC	50:52	2:28 2:28 43:06	3:17 0:49 45:16	5:10 1:53 47:12	5:49 0:39 48:35	7:33 1:44 50:18	9:19 1:46 50:52	10:07 0:48 50:52	12:08 2:01 50:52	17:15 5:07 50:52	17:58 0:43 50:52	19:43 1:45 50:52	21:29 1:46 50:52	22:55 1:26 50:52	24:32 1:37 50:52	30:33 6:01 50:52	33:39 3:06 50:52	34:57 1:18 50:52	36:29 1:32 50:52	37:48 1:19 50:52	38:48 1:00 50:52	40:27 1:39 50:52	42:08 1:41 50:52

Pl	Name	Time																												
Green (37)			3.9 km 150 m 27 C					<i>(cont.)</i>																						
			1(77)	2(33)	3(63)	4(49)	5(61)	6(39)	7(71)	8(62)	9(73)	10(38)	11(69)	12(81)	13(44)	14(87)	15(84)	16(50)	17(45)	18(46)	19(47)	20(90)	21(75)	22(37)						
			23(70)	24(76)	25(65)	26(48)	27(52)	Finish																						
10	Laurence Gossage BOK	52:23	2:25	3:16	5:06	5:41	10:16	11:25	12:30	14:22	19:32	20:17	22:00	24:17	25:57	27:30	32:05	35:15	36:34	38:21	39:47	40:54	42:34	44:15						
			2:25	0:51	1:50	0:35	4:35	1:09	1:05	1:52	5:10	0:45	1:43	2:17	1:40	1:33	4:35	3:10	1:19	1:47	1:26	1:07	1:40	1:41						
			45:03	47:10	48:54	50:11	51:41	52:23																						
11	Hannah Bradley NGOC	52:54	0:48	2:07	1:44	1:17	1:30	0:42	2:09	2:55	5:01	5:39	7:41	10:18	11:11	12:52	16:34	17:43	19:09	20:56	22:54	25:32	30:32	33:44	34:50	36:28	38:28	39:47	41:53	43:24
			2:09	0:46	2:06	0:38	2:02	2:37	0:53	1:41	3:42	1:09	1:26	1:47	1:58	2:38	5:00	3:12	1:06	1:38	2:00	1:19	2:06	1:31						
			44:41	47:49	49:27	51:01	52:25	52:54																						
12	Karen Thompson HOC	52:57	1:17	3:08	1:38	1:34	1:24	0:29	2:49	3:38	5:45	6:42	9:04	11:00	12:12	14:00	17:45	18:54	20:33	22:29	24:47	26:26	31:50	34:55	36:05	37:40	39:10	40:26	42:20	43:54
			2:49	0:49	2:07	0:57	2:22	1:56	1:12	1:48	3:45	1:09	1:39	1:56	2:18	1:39	5:24	3:05	1:10	1:35	1:30	1:16	1:54	1:34						
			45:03	47:10	48:41	50:20	52:18	52:57																						
13	Chris Johnson BOK	54:22	1:09	2:07	1:31	1:39	1:58	0:39	2:08	2:56	4:50	5:28	7:17	9:08	10:07	12:02	16:02	17:16	19:15	21:03	22:26	23:51	28:39	31:31	32:55	38:30	39:55	41:04	43:17	44:50
			2:08	0:48	1:54	0:38	1:49	1:51	0:59	1:55	4:00	1:14	1:59	1:48	1:23	1:25	4:48	2:52	1:24	5:35	1:25	1:09	2:13	1:33						
			46:13	48:23	50:03	51:54	53:40	54:22																						
14	Nick Ashby SWOC	54:30	1:23	2:10	1:40	1:51	1:46	0:42	1:52	4:25	6:00	6:46	8:07	9:41	10:47	12:22	16:02	16:52	18:11	20:01	22:25	24:56	30:04	33:04	34:15	38:35	40:16	41:28	43:27	45:12
			1:52	2:33	1:35	0:46	1:21	1:34	1:06	1:35	3:40	0:50	1:19	1:50	2:24	2:31	5:08	3:00	1:11	4:20	1:41	1:12	1:59	1:45						
			46:06	48:58	50:46	52:12	53:48	54:30																						
15	Judith Taylor NGOC	54:58	0:54	2:52	1:48	1:26	1:36	0:42	2:42	3:31	5:38	6:19	8:00	9:20	10:28	12:31	17:03	18:08	20:09	21:46	23:52	26:17	32:32	35:53	37:05	38:47	40:47	41:52	43:34	45:23
			2:42	0:49	2:07	0:41	1:41	1:20	1:08	2:03	4:32	1:05	2:01	1:37	2:06	2:25	6:15	3:21	1:12	1:42	2:00	1:05	1:42	1:49						
			46:27	48:31	50:24	51:55	54:18	54:58																						
16	Rodney White WIM	57:14	1:04	2:04	1:53	1:31	2:23	0:40	2:51	3:44	5:46	6:35	8:34	10:20	11:45	13:33	18:00	19:17	22:08	24:44	27:22	29:27	35:12	38:20	39:55	41:52	43:57	45:18	47:39	49:17
			2:51	0:53	2:02	0:49	1:59	1:46	1:25	1:48	4:27	1:17	2:51	2:36	2:38	2:05	5:45	3:08	1:35	1:57	2:05	1:21	2:21	1:38						
			50:22	52:23	53:59	55:24	56:49	57:14																						
17	Rosalind Taunton NGOC	57:59	1:05	2:01	1:36	1:25	1:25	0:25	2:33	3:25	5:26	6:17	8:50	10:36	11:52	13:59	18:29	19:53	21:44	23:39	25:30	27:32	33:46	37:26	38:59	41:01	42:42	43:53	46:11	47:59
			2:33	0:52	2:01	0:51	2:33	1:46	1:16	2:07	4:30	1:24	1:51	1:55	1:51	2:02	6:14	3:40	1:33	2:02	1:41	1:11	2:18	1:48						
			49:07	51:29	53:28	55:18	57:10	57:59																						
18	Kim Liggett NGOC	58:12	1:08	2:22	1:59	1:50	1:52	0:49	2:37	3:56	5:58	8:04	9:57	12:02	13:08	15:10	19:10	20:36	22:20	24:07	25:31	27:14	32:59	36:32	37:56	39:53	41:47	42:52	44:51	46:42
			2:37	1:19	2:02	2:06	1:53	2:05	1:06	2:02	4:00	1:26	1:44	1:47	1:24	1:43	5:45	3:33	1:24	1:57	1:54	1:05	1:59	1:51						
			47:41	50:26	53:50	55:23	57:23	58:12																						
19	Andy Pedder NGOC	58:17	0:59	2:45	3:24	1:33	2:00	0:49	2:13	3:07	4:58	5:35	7:24	8:53	9:49	11:53	16:10	17:31	19:08	20:41	21:58	23:43	30:02	33:29	34:40	40:48	42:13	43:29	45:48	48:02
			2:13	0:54	1:51	0:37	1:49	1:29	0:56	2:04	4:17	1:21	1:37	1:33	1:17	1:45	6:19	3:27	1:11	6:08	1:25	1:16	2:19	2:14						
			49:05	51:32	53:24	55:29	57:20	58:17																						
20	Carolyn Dent BOK	58:57	1:03	2:27	1:52	2:05	1:51	0:57	2:46	3:41	5:50	7:56	10:09	12:18	13:41	15:48	20:09	21:18	23:10	25:05	26:36	28:59	34:43	38:06	39:33	41:24	43:20	44:43	47:02	48:51
			2:46	0:55	2:09	2:06	2:13	2:09	1:23	2:07	4:21	1:09	1:52	1:55	1:31	2:23	5:44	3:23	1:27	1:51	1:56	1:23	2:19	1:49						
			49:52	52:10	54:12	56:21	58:08	58:57																						
21	Hilary Nicholls NGOC	1:00:58	1:01	2:18	2:02	2:09	1:47	0:49	3:03	3:56	5:47	6:28	8:44	10:45	11:44	14:19	18:16	19:12	23:21	25:30	27:18	29:03	35:16	39:53	41:24	43:42	46:16	47:28	49:32	51:28
			3:03	0:53	1:51	0:41	2:16	2:01	0:59	2:35	3:57	0:56	4:09	2:09	2:09	1:48	1:45	6:13	4:37	1:31	2:18	2:34	1:12	2:04	1:56					
			52:27	54:36	56:20	57:53	1:00:14	1:00:58																						
22	Paul Hobby NGOC	1:01:25	0:59	2:09	1:44	1:33	2:21	0:44	2:24	3:21	5:22	6:05	8:11	9:47	10:52	13:16	17:55	18:50	20:49	22:43	24:07	26:14	33:05	37:24	38:34	40:35	42:37	43:56	46:06	48:19
			2:24	0:57	2:01	0:43	2:06	1:36	1:05	2:24	4:39	0:55	1:59	1:54	1:24	2:07	6:51	4:19	1:10	2:01	2:02	1:19	2:10	2:13						
			49:56	53:00	55:29	58:08	1:00:30	1:01:25																						
23	Alex Agombar NGOC	1:01:54	1:37	3:04	2:29	2:39	2:22	0:55	4:48	6:03	8:00	9:05	11:05	12:48	14:08	16:32	20:32	22:26	24:19	26:21	28:14	30:14	36:36	40:43	41:48	44:54	46:47	47:58	50:17	51:49
			4:48	1:15	1:57	1:05	2:00	1:43	1:20	2:24	4:00	1:54	1:53	2:02	1:53	2:00	6:22	4:07	1:05	3:06	1:53	1:11	2:19	1:32						
			52:53	55:13	56:57	59:09	1:01:13	1:01:54																						
			1:04	2:20	1:44	2:12	2:04	0:41																						

Pl	Name	Time			2.7 km	125 m	20 C														Finish		
			1(77)	2(33)	3(63)	4(49)	5(61)	6(67)	7(39)	8(74)	9(53)	10(73)	11(38)	12(78)	13(69)	14(41)	15(66)	16(76)	17(65)	18(70)	19(48)	20(52)	Finish
Short Green (18)																							
1	Tom Agombar NGOC	25:25	2:39	3:23	4:41	5:13	6:34	7:33	9:13	10:28	12:49	15:17	16:07	17:06	17:38	18:23	19:14	20:50	21:54	22:52	23:47	25:01	25:25
			2:39	0:44	1:18	0:32	1:21	0:59	1:40	1:15	2:21	2:28	0:50	0:59	0:32	0:45	0:51	1:36	1:04	0:58	0:55	1:14	0:24
2	Finlay Anderson BOK	29:06	2:31	4:41	6:06	6:42	7:54	9:16	10:31	12:00	14:15	17:51	19:06	20:07	20:36	21:12	21:52	23:21	24:42	25:41	27:08	28:40	29:06
			2:31	2:10	1:25	0:36	1:12	1:22	1:15	1:29	2:15	3:36	1:15	1:01	0:29	0:36	0:40	1:29	1:21	0:59	1:27	1:32	0:26
			3:30	7:14	18:44	26:24	28:02																
			*32	*34	*42	*34	*63																
3	Craig Thompson HOC	32:17	3:41	4:19	5:54	6:23	8:04	9:09	10:57	12:43	16:08	18:47	19:59	21:24	21:59	22:46	23:35	25:42	27:21	29:21	30:14	31:44	32:17
			3:41	0:38	1:35	0:29	1:41	1:05	1:48	1:46	3:25	2:39	1:12	1:25	0:35	0:47	0:49	2:07	1:39	2:00	0:53	1:30	0:33
4	Diana Nicoll BOK	33:48	2:26	3:27	5:40	6:23	8:13	9:35	11:38	13:40	16:51	19:37	20:26	22:20	23:15	24:03	25:14	27:25	29:10	30:45	31:35	33:13	33:48
			2:26	1:01	2:13	0:43	1:50	1:22	2:03	2:02	3:11	2:46	0:49	1:54	0:55	0:48	1:11	2:11	1:45	1:35	0:50	1:38	0:35
5	Matthew Fautley NGOC	37:56	2:40	3:28	5:14	5:48	7:22	8:20	14:42	16:25	19:31	23:03	23:40	25:19	26:03	27:02	28:16	30:51	32:53	34:16	35:10	37:13	37:56
			2:40	0:48	1:46	0:34	1:34	0:58	6:22	1:43	3:06	3:32	0:37	1:39	0:44	0:59	1:14	2:35	2:02	1:23	0:54	2:03	0:43
			10:19																				
			*71																				
6	Graham Tough SWOC	41:46	2:38	3:32	5:30	6:17	8:12	9:45	12:20	15:05	20:31	24:32	26:11	28:08	29:07	30:16	31:15	34:02	36:34	38:07	38:53	41:10	41:46
			2:38	0:54	1:58	0:47	1:55	1:33	2:35	2:45	5:26	4:01	1:39	1:57	0:59	1:09	0:59	2:47	2:32	1:33	0:46	2:17	0:36
			23:09	40:30																			
			*51	*63																			
7	Gill Stott NGOC	45:32	3:16	4:26	7:29	8:21	10:56	12:27	15:33	18:22	24:47	27:41	29:40	32:02	32:49	33:50	35:20	38:08	40:03	41:48	42:44	44:45	45:32
			3:16	1:10	3:03	0:52	2:35	1:31	3:06	2:49	6:25	2:54	1:59	2:22	0:47	1:01	1:30	2:48	1:55	1:45	0:56	2:01	0:47
8	Rachel Perry BOK	47:20	2:06	2:56	4:52	8:44	12:12	13:19	15:35	17:57	24:10	30:06	30:56	32:55	34:19	35:15	36:01	38:40	41:16	44:14	44:52	46:39	47:20
			2:06	0:50	1:56	3:52	3:28	1:07	2:16	2:22	6:13	5:56	0:50	1:59	1:24	0:56	0:46	2:39	2:36	2:58	0:38	1:47	0:41
			4:22																				
			*52																				
9	Freja Milne BOK	48:53	3:01	3:53	5:51	6:33	9:04	11:45	17:40	23:44	26:49	32:21	33:55	36:31	37:19	38:01	38:57	41:07	42:49	44:58	45:59	48:21	48:53
			3:01	0:52	1:58	0:42	2:31	2:41	5:55	6:04	3:05	5:32	1:34	2:36	0:48	0:42	0:56	2:10	1:42	2:09	1:01	2:22	0:32
10	Tom Johansson NGOC	49:10	4:48	7:44	9:33	10:03	11:45	12:49	24:20	25:50	28:57	31:58	35:06	37:22	38:03	38:47	39:42	42:02	44:44	46:28	47:11	48:50	49:10
			4:48	2:56	1:49	0:30	1:42	1:04	11:31	1:30	3:07	3:01	3:08	2:16	0:41	0:44	0:55	2:20	2:42	1:44	0:43	1:39	0:20
11	Susan Colbert SWOC	57:59	3:29	4:53	7:44	8:34	11:37	14:04	17:40	21:28	26:43	33:56	35:00	37:53	39:18	40:56	42:45	46:48	49:22	52:19	53:35	57:03	57:59
			3:29	1:24	2:51	0:50	3:03	2:27	3:36	3:48	5:15	7:13	1:04	2:53	1:25	1:38	1:49	4:03	2:34	2:57	1:16	3:28	0:56
12	Clare Fletcher IND	59:42	4:14	5:43	12:29	13:36	16:31	18:15	21:28	24:06	29:03	33:09	34:46	39:26	41:10	42:56	44:39	48:27	51:41	54:26	55:42	58:25	59:42
			4:14	1:29	6:46	1:07	2:55	1:44	3:13	2:38	4:57	4:06	1:37	4:40	1:44	1:46	1:43	3:48	3:14	2:45	1:16	2:43	1:17
13	Robert Teed NGOC	59:47	3:20	4:40	7:13	8:24	10:55	13:08	16:00	19:47	28:12	32:10	33:23	40:50	42:25	43:50	45:22	49:29	52:15	54:38	55:42	58:42	59:47
			3:20	1:20	2:33	1:11	2:31	2:13	2:52	3:47	8:25	3:58	1:13	7:27	1:35	1:25	1:32	4:07	2:46	2:23	1:04	3:00	1:05
14	Hugh Garai NGOC	1:07:14	3:49	4:59	7:29	8:33	11:15	32:15	36:22	38:48	44:32	48:18	49:30	51:45	53:16	54:20	56:07	59:01	1:01:14	1:03:15	1:04:15	1:06:34	1:07:14
			3:49	1:10	2:30	1:04	2:42	21:00	4:07	2:26	5:44	3:46	1:12	2:15	1:31	1:04	1:47	2:54	2:13	2:01	1:00	2:19	0:40
15	Sheila Miklausic NGOC	1:08:18	3:42	12:41	15:20	16:28	19:07	20:50	30:57	33:23	42:14	46:25	48:48	51:20	52:12	53:18	54:55	58:25	1:00:41	1:02:43	1:04:35	1:07:13	1:08:18
			3:42	8:59	2:39	1:08	2:39	1:43	10:07	2:26	8:51	4:11	2:23	2:32	0:52	1:06	1:37	3:30	2:16	2:02	1:52	2:38	1:05
			5:09																				
			*32																				
	Rhiannon Fadeyibi NGOC	mp	----	4:42	7:19	8:17	12:23	14:10	18:02	21:37	26:40	45:27	46:22	51:23	52:33	53:59	56:00	1:00:38	1:03:54	1:07:29	1:08:58	1:11:35	1:12:23
				4:42	2:37	0:58	4:06	1:47	3:52	3:35	5:03	18:47	0:55	5:01	1:10	1:26	2:01	4:38	3:16	3:35	1:29	2:37	0:48
	Jane Milne BOK	dnf	4:06	4:59	6:52	8:55	11:30	13:03	22:37	24:50	29:42	33:01	35:02	37:38	----	----	----	----	----	----	----	----	56:38
			4:06	0:53	1:53	2:03	2:35	1:33	9:34	2:13	4:52	3:19	2:01	2:36									19:00
			16:56	16:56	18:31																		
			*40	*40	*71																		
nc	Andy Creber NGOC	41:41	3:18	4:25	7:21	8:08	10:34	12:01	14:07	16:16	20:16	23:12	24:08	26:44	27:29	28:39	29:50	32:54	35:22	37:05	38:09	40:29	41:41
			3:18	1:07	2:56	0:47	2:26	1:27	2:06	2:09	4:00	2:56	0:56	2:36	0:45	1:10	1:11	3:04	2:28	1:43	1:04	2:20	1:12
			6:44																				
			*52																				
Orange (18)																							
			1(32)	2(33)	3(63)	4(61)	5(62)	6(64)	7(35)	8(66)	9(78)	10(38)	11(65)	12(37)									Finish
1	James Agombar NGOC	21:47	1:58	2:24	3:52	7:22	9:35	10:32	11:51	12:21	13:09	17:04	20:25	21:31	21:47								
			1:58	0:26	1:28	3:30	2:13	0:57	1:19	0:30	0:48	3:55	3:21	1:06	0:16								
2	Magnus McCarthy NWO	24:54	2:56	3:29	6:20	8:50	11:02	12:20	14:50	16:07	17:28	19:52	22:53	24:35	24:54								
			2:56	0:33	2:51	2:30	2:12	1:18	2:30	1:17	1:21	2:24	3:01	1:42	0:19								

PI	Name	Time													
Orange (18)			2.0 km 65 m		12 C		<i>(cont.)</i>								
			1(32)	2(33)	3(63)	4(61)	5(62)	6(64)	7(35)	8(66)	9(78)	10(38)	11(65)	12(37)	Finish
3	Katie Agombar IND	27:50	2:28	3:02	4:42	12:19	14:15	15:16	17:20	18:05	19:31	21:44	25:59	27:30	27:50
			2:28	0:34	1:40	7:37	1:56	1:01	2:04	0:45	1:26	2:13	4:15	1:31	0:20
4	Alex Batterham IND	31:08	3:49	4:52	8:36	10:51	14:54	16:04	18:21	19:50	21:45	24:41	28:31	30:43	31:08
			3:49	1:03	3:44	2:15	4:03	1:10	2:17	1:29	1:55	2:56	3:50	2:12	0:25
5	Fred Zanker IND	32:53	5:00	6:17	8:55	11:51	16:44	17:47	20:10	21:18	23:18	25:20	30:17	32:29	32:53
			5:00	1:17	2:38	2:56	4:53	1:03	2:23	1:08	2:00	2:02	4:57	2:12	0:24
6	Hannah Agombar NGOC	32:54	3:14	3:59	7:02	10:22	12:42	14:19	17:14	18:19	22:07	25:18	30:27	32:37	32:54
			3:14	0:45	3:03	3:20	2:20	1:37	2:55	1:05	3:48	3:11	5:09	2:10	0:17
7	Yasmin Zanker IND	33:01	5:00	6:23	9:02	11:46	16:32	18:04	20:14	21:27	23:05	25:32	30:21	32:34	33:01
			5:00	1:23	2:39	2:44	4:46	1:32	2:10	1:13	1:38	2:27	4:49	2:13	0:27
8	Sue Zanker IND	33:17	5:18	6:34	9:14	11:45	16:22	18:03	20:18	21:40	23:04	25:37	30:28	32:41	33:17
			5:18	1:16	2:40	2:31	4:37	1:41	2:15	1:22	1:24	2:33	4:51	2:13	0:36
9	Dorian Zanker IND	33:20	5:10	6:26	9:12	11:38	16:35	17:54	20:16	21:17	22:58	25:42	30:36	32:49	33:20
			5:10	1:16	2:46	2:26	4:57	1:19	2:22	1:01	1:41	2:44	4:54	2:13	0:31
10	Ben Batterham IND	34:03	3:50	4:50	6:58	8:42	16:45	18:12	20:28	21:30	22:47	24:57	32:12	33:40	34:03
			3:50	1:00	2:08	1:44	8:03	1:27	2:16	1:02	1:17	2:10	7:15	1:28	0:23
11	Larissa Garcia IND	34:41	3:21	4:13	6:33	12:36	15:46	17:50	19:33	20:40	22:41	24:39	31:40	34:13	34:41
			3:21	0:52	2:20	6:03	3:10	2:04	1:43	1:07	2:01	1:58	7:01	2:33	0:28
12	John Bass HOC	39:17	4:34	5:22	7:26	19:50	22:08	23:22	26:03	27:06	29:52	31:50	35:13	38:48	39:17
			4:34	0:48	2:04	12:24	2:18	1:14	2:41	1:03	2:46	1:58	3:23	3:35	0:29
13	Ann Brown NGOC	39:56	4:54	6:09	9:10	13:30	17:10	19:19	22:28	24:15	26:13	30:08	35:57	39:04	39:56
			4:54	1:15	3:01	4:20	3:40	2:09	3:09	1:47	1:58	3:55	5:49	3:07	0:52
14	Rose Cameron NGOC	44:58	9:54	10:42	12:56	14:41	25:33	27:10	29:30	30:40	32:44	35:27	42:38	44:41	44:58
			9:54	0:48	2:14	1:45	10:52	1:37	2:20	1:10	2:04	2:43	7:11	2:03	0:17
15	Himani Gupta IND	51:07	4:37	6:01	10:45	14:55	20:23	24:03	28:53	30:37	33:17	40:10	46:38	50:16	51:07
			4:37	1:24	4:44	4:10	5:28	3:40	4:50	1:44	2:40	6:53	6:28	3:38	0:51
16	Christian Pohl IND	51:17	4:53	5:59	10:50	15:02	20:52	24:10	29:07	30:45	33:34	40:21	46:53	50:24	51:17
			4:53	1:06	4:51	4:12	5:50	3:18	4:57	1:38	2:49	6:47	6:32	3:31	0:53
17	Jon Batterham IND	53:19	4:03	5:09	10:25	12:40	15:22	17:54	28:58	30:13	32:01	40:50	50:31	53:00	53:19
			4:03	1:06	5:16	2:15	2:42	2:32	11:04	1:15	1:48	8:49	9:41	2:29	0:19
18	Ailsa McCarthy NWO	56:06	8:27	10:08	12:42	19:59	25:26	28:05	32:33	34:43	38:55	44:08	52:23	55:23	56:06
			8:27	1:41	2:34	7:17	5:27	2:39	4:28	2:10	4:12	5:13	8:15	3:00	0:43

8:27
*31

Yellow (11)			1.7 km 50 m		9 C										
			1(31)	2(32)	3(33)	4(52)	5(34)	6(64)	7(66)	8(35)	9(36)	Finish			
1	Ella Miklausic NGOC	20:21	2:56	4:39	5:35	7:33	8:49	11:41	13:21	16:02	19:18	20:21			
			2:56	1:43	0:56	1:58	1:16	2:52	1:40	2:41	3:16	1:03			
2	Jacob Reeves IND	20:22	2:57	4:36	5:33	7:31	8:52	11:46	13:24	15:44	19:05	20:22			
			2:57	1:39	0:57	1:58	1:21	2:54	1:38	2:20	3:21	1:17			
3	Luke Miklausic NGOC	20:25	2:52	4:35	5:36	7:34	8:54	11:58	13:31	15:55	19:24	20:25			
			2:52	1:43	1:01	1:58	1:20	3:04	1:33	2:24	3:29	1:01			
4	Phoebe Reeves IND	20:37	2:58	4:40	5:52	7:37	8:51	12:00	13:38	16:07	19:28	20:37			
			2:58	1:42	1:12	1:45	1:14	3:09	1:38	2:29	3:21	1:09			
5	Samuel Horsfall NGOC	21:23	3:13	5:08	6:14	9:42	10:53	13:39	15:18	16:55	19:15	21:23			
			3:13	1:55	1:06	3:28	1:11	2:46	1:39	1:37	2:20	2:08			
6	Francis Cameron IND	22:13	3:21	5:57	7:00	9:07	10:22	13:34	15:31	17:23	20:58	22:13			
			3:21	2:36	1:03	2:07	1:15	3:12	1:57	1:52	3:35	1:15			
7	Emily Horsfall NGOC	23:37	3:55	5:18	6:33	8:44	11:22	14:42	16:45	18:45	21:54	23:37			
			3:55	1:23	1:15	2:11	2:38	3:20	2:03	2:00	3:09	1:43			
8	Alan Kempton BOK	29:49	4:54	6:02	7:34	10:13	12:01	19:57	22:19	24:16	27:42	29:49			
			4:54	1:08	1:32	2:39	1:48	7:56	2:22	1:57	3:26	2:07			
9	Richard Gray IND	32:49	7:05	8:53	11:18	14:28	18:01	21:45	23:47	27:10	31:05	32:49			
			7:05	1:48	2:25	3:10	3:33	3:44	2:02	3:23	3:55	1:44			
10	Ezra Clayfield IND	34:58	4:27	6:31	10:18	12:55	15:32	19:44	24:25	27:22	32:47	34:58			
			4:27	2:04	3:47	2:37	2:37	4:12	4:41	2:57	5:25	2:11			
11	Dylan Miklausic NGOC	35:31	4:38	6:49	9:48	12:55	15:36	20:04	24:25	27:27	33:19	35:31			
			4:38	2:11	2:59	3:07	2:41	4:28	4:21	3:02	5:52	2:12			