



PI	Name	Time																						
<i>Blue (43) Voided legs: 44-69, 69-44</i>			<b>6.2 km 185 m</b>			<b>24 C</b>	<i>(cont.)</i>																	
			1(42) 23(32)	2(49) 24(54)	3(34) Finish	4(63)	5(47)	6(81)	7(75)	8(80)	9(69)	10(44)	11(52)	12(71)	13(72)	14(73)	15(74)	16(76)	17(77)	18(48)	19(44)	20(69)	21(56)	22(55)
4	Scott Johnson NGOC	59:37	2:19 2:19 59:59	6:31 4:12 1:00:55	9:26 2:55 1:01:05	12:02 2:36	16:29 4:27	18:32 <b>2:03</b>	21:40 3:08	24:13 2:33	24:58 0:45	25:55 <del>0:57</del>	27:29 1:34	33:34 6:05	36:27 2:53	40:11 3:44	43:16 3:05	46:28 3:12	47:57 1:29	51:34 3:37	52:50 1:16	53:21 <del>0:34</del>	55:38 2:17	58:21 2:43
5	Philip Eeles SOC	1:02:03	2:34 2:34 1:01:33	7:27 4:53 1:02:42	10:35 3:08 1:02:59	13:23 2:48	16:31 3:08	19:45 3:14	23:56 4:11	26:36 2:40	27:23 0:47	27:48 <del>0:25</del>	30:09 2:21	34:51 4:42	38:23 3:32	41:07 2:44	43:15 2:08	46:17 3:02	47:55 1:38	51:35 3:40	52:49 1:14	53:20 <del>0:34</del>	56:26 3:06	59:45 3:19
6	Alan Honey BOK	1:06:47	2:54 2:54 1:06:14	8:19 5:25 1:07:19	12:07 3:48 1:07:34	14:55 2:48	18:13 3:18	23:31 5:18	27:10 3:39	30:39 3:29	31:27 0:48	31:46 <del>0:19</del>	33:50 2:04	39:51 6:01	43:17 3:26	46:09 2:52	48:20 2:11	51:38 3:18	53:12 1:34	57:03 3:51	58:18 1:15	58:46 <del>0:28</del>	1:01:11 2:25	1:04:21 3:10
7	Mike Goldthorpe SOC	1:07:27	2:40 2:40 1:06:07	8:02 5:22 1:07:25	11:28 3:26 1:07:42	15:00 3:32	19:03 4:03	22:08 3:05	26:40 4:32	29:18 2:38	30:06 0:48	30:13 <del>0:07</del>	31:38 1:25	36:52 5:14	40:30 3:38	43:30 3:00	45:50 2:20	49:14 3:24	51:07 1:53	55:26 4:19	57:04 1:38	57:12 <del>0:08</del>	1:00:01 2:49	1:03:56 3:55
8	Andy Stott NGOC	1:07:56	2:45 2:45 1:06:59	8:36 5:51 1:08:22	11:56 3:20 1:08:39	15:10 3:14	19:03 3:53	22:05 3:02	25:37 3:32	28:37 3:00	29:32 0:55	29:55 <del>0:23</del>	31:26 1:31	36:22 4:56	40:19 3:57	43:37 3:18	46:30 2:53	49:42 3:12	51:31 1:49	56:13 4:42	57:46 1:33	58:06 <del>0:20</del>	1:00:45 2:39	1:04:47 4:02
9	Paul Fox SN	1:09:45	2:12 2:33 1:08:49	1:23 8:27 1:10:19	0:17 11:45 1:10:42	14:58 3:13	17:57 2:59	20:42 2:45	24:21 3:39	27:32 3:11	28:22 0:50	28:48 <del>0:26</del>	30:36 1:48	37:08 6:32	43:05 5:57	46:30 3:25	48:35 2:05	51:53 3:18	53:47 1:54	57:51 4:04	59:08 1:17	59:39 <del>0:34</del>	1:02:35 2:56	1:06:40 4:05
10	Jonathan Urch BOK	1:10:01	2:09 2:06 1:08:05	1:30 6:51 1:10:16	0:23 10:17 1:10:32	12:58 2:41	18:26 5:28	21:52 3:26	25:35 3:43	28:00 2:25	28:49 0:49	28:56 <del>0:07</del>	33:10 4:14	38:34 5:24	42:27 3:53	46:07 3:40	48:30 2:23	51:28 2:58	53:10 1:42	57:17 4:07	58:36 1:19	59:00 <del>0:24</del>	1:01:47 2:47	1:06:09 4:22
11	Greg Best NGOC	1:11:43	1:56 2:47 1:11:01	2:11 8:17 1:12:26	0:16 11:31 1:12:44	14:51 3:20	18:20 3:29	20:50 2:30	24:45 3:55	28:31 3:46	29:18 0:47	29:53 <del>0:35</del>	31:43 1:50	38:27 6:44	42:33 4:06	46:15 3:42	49:45 3:30	53:17 3:32	54:55 1:38	1:00:14 5:19	1:01:42 1:28	1:02:08 <del>0:26</del>	1:05:33 3:25	1:08:47 3:14
12	Rose Taylor NGOC	1:12:22	2:41 2:41 1:12:28	8:25 5:44 1:13:25	11:53 3:28 1:13:40	15:09 3:16	19:03 3:54	22:22 3:19	26:39 4:17	29:31 2:52	30:20 0:49	31:10 <del>0:50</del>	33:44 2:34	40:08 6:24	43:46 3:38	47:33 3:47	50:35 3:02	54:42 4:07	56:35 1:53	1:01:18 4:43	1:03:38 2:20	1:04:06 <del>0:28</del>	1:06:57 2:51	1:10:37 3:40
13	Bob Dredge WCOC	1:12:48	1:51 2:35 1:13:07	0:57 8:04 1:14:11	0:15 11:09 1:14:26	14:38 3:29	17:36 2:58	21:57 4:21	26:08 4:11	28:47 2:39	29:28 0:41	30:12 <del>0:44</del>	31:42 1:30	37:20 5:38	40:05 <b>2:45</b>	43:11 3:06	46:54 3:43	50:07 3:13	51:38 1:31	57:57 6:19	1:00:57 3:00	1:01:51 <del>0:54</del>	1:05:08 3:17	1:11:13 6:05
14	Paul Bryce NGOC	1:13:28	1:54 2:35 1:13:29	1:04 8:39 1:14:47	0:15 12:04 1:15:04	15:12 3:08	19:00 3:48	22:15 3:15	25:57 3:42	29:13 3:16	30:05 0:52	31:08 <del>4:03</del>	32:48 1:40	38:52 6:04	42:44 3:52	46:20 3:36	49:06 2:46	52:31 3:25	54:32 2:01	1:00:12 5:40	1:01:28 1:16	1:02:01 <del>0:33</del>	1:04:52 2:51	1:11:28 6:36
15	Joe Parkinson NGOC	1:13:58	2:01 2:39 1:12:59	1:18 8:23 1:14:27	0:17 11:41 1:14:44	17:18 5:37	20:20 3:02	23:27 3:07	27:13 3:46	30:09 2:56	31:00 0:51	31:19 <del>0:19</del>	35:56 4:37	41:45 5:49	47:06 5:21	50:15 3:09	54:18 4:03	57:20 3:02	59:02 1:42	1:03:01 3:59	1:04:23 1:22	1:04:50 <del>0:27</del>	1:07:36 2:46	1:10:54 3:18
16	Bernhard Hagen BOK	1:15:32	2:05 4:17 1:14:16	1:28 10:27 1:15:34	0:17 14:00 1:15:49	16:54 2:54	22:43 5:49	25:15 2:32	29:29 4:14	35:28 5:59	36:12 0:44	36:18 <del>0:06</del>	37:59 1:41	42:42 4:43	47:02 4:20	50:12 3:10	52:23 2:11	57:10 4:47	59:02 1:52	1:03:36 4:34	1:04:58 1:22	1:05:09 <del>0:11</del>	1:07:42 2:33	1:12:22 4:40
17	Rob Hick WSX	1:15:49	1:54 2:48 1:14:48	1:18 9:14 1:16:31	0:15 12:53 1:16:47	16:24 3:31	19:50 3:26	23:51 4:01	28:04 4:13	31:31 3:27	32:35 1:04	33:01 <del>0:26</del>	35:18 2:17	42:07 6:49	47:01 4:54	50:12 3:11	54:37 4:25	58:08 3:31	59:52 1:44	1:04:34 4:42	1:06:03 1:29	1:06:35 <del>0:32</del>	1:09:22 2:47	1:12:35 3:13

Pl	Name	Time																							
<b>Blue (43) Voided legs: 44-69, 69-44</b>			<b>6.2 km</b>		<b>185 m</b>	<b>24 C</b>	<i>(cont.)</i>																		
			1(42)	2(49)	3(34)	4(63)	5(47)	6(81)	7(75)	8(80)	9(69)	10(44)	11(52)	12(71)	13(72)	14(73)	15(74)	16(76)	17(77)	18(48)	19(44)	20(69)	21(56)	22(55)	
			23(32)	24(54)	Finish																				
18	Matthew Lawson NGOC	1:16:31	2:52	11:29	16:32	21:07	24:24	27:53	31:33	34:30	35:26	36:10	37:59	43:42	47:15	51:32	54:47	57:49	59:27	1:03:39	1:05:20	1:06:47	1:09:36	1:14:58	
			2:52	8:37	5:03	4:35	3:17	3:29	3:40	2:57	0:56	<del>0:44</del>	1:49	5:43	3:33	4:17	3:15	3:02	1:38	4:12	1:41	<del>1:27</del>	2:49	5:22	
			1:17:05	1:18:25	1:18:42																				
19	Thomas Cochrane NGOC	1:16:57	2:02	9:46	13:02	16:02	24:47	29:59	33:42	36:40	37:27	37:36	39:26	45:01	49:36	52:44	55:05	57:54	59:25	1:03:04	1:04:29	1:04:51	1:07:50	1:13:34	
			2:02	7:44	3:16	3:00	8:45	5:12	3:43	2:58	0:47	<del>0:09</del>	1:50	5:35	4:35	3:08	2:21	2:49	1:31	3:39	1:25	<del>0:22</del>	2:59	5:44	
			1:15:43	1:17:12	1:17:28																				
20	Andy Wareing BOK	1:18:59	2:09	1:20	0:17																				
			2:12	7:48	11:15	14:43	17:33	21:26	25:26	34:51	36:48	37:00	39:12	44:15	48:34	55:02	57:22	1:00:34	1:02:35	1:07:19	1:08:23	1:08:41	1:11:46	1:15:44	
			2:12	5:36	3:27	3:28	2:50	3:53	4:00	9:25	1:57	<del>0:12</del>	2:12	5:03	4:19	6:28	2:20	3:12	2:01	4:44	1:04	<del>0:18</del>	3:05	3:58	
21	John Cameron NGOC	1:19:47	1:18:06	1:19:12	1:19:29																				
			2:22	1:06	0:17																				
			2:24	9:43	13:20	21:54	25:22	29:58	33:56	37:00	37:44	38:01	40:34	46:12	50:56	54:08	56:59	1:00:28	1:03:23	1:07:33	1:08:46	1:09:01	1:12:41	1:16:43	
22	Paul Basher HOC	1:19:55	2:24	7:19	3:37	8:34	3:28	4:36	3:58	3:04	0:44	<del>0:17</del>	2:33	5:38	4:44	3:12	2:51	3:29	2:55	4:10	1:13	<del>0:15</del>	3:40	4:02	
			1:18:55	1:20:05	1:20:19																				
			2:12	1:10	0:14																				
23	Alan Pucill NGOC	1:20:03	2:51	9:49	13:52	17:05	22:55	26:00	29:32	32:40	33:38	33:56	36:00	43:42	47:55	55:54	57:58	1:01:12	1:02:51	1:06:33	1:08:05	1:08:29	1:11:06	1:17:11	
			2:51	6:58	4:03	3:13	5:50	3:05	3:32	3:08	0:58	<del>0:18</del>	2:04	7:42	4:13	7:59	2:04	3:14	1:39	3:42	1:32	<del>0:24</del>	2:37	6:05	
			1:19:12	1:20:20	1:20:37																				
24	Nick Dennis BOK	1:20:31	2:01	1:08	0:17																				
			3:00	9:31	13:13	16:31	19:57	23:50	28:17	31:26	32:24	32:39	35:19	43:53	48:04	51:50	55:46	59:46	1:02:20	1:07:09	1:08:50	1:09:06	1:12:16	1:16:28	
			3:00	6:31	3:42	3:18	3:26	3:53	4:27	3:09	0:58	<del>0:15</del>	2:40	8:34	4:11	3:46	3:56	4:00	2:34	4:49	1:41	<del>0:16</del>	3:10	4:12	
25	Bethan Irwin SBOC	1:21:11	1:18:54	1:20:19	1:20:34																				
			2:26	1:25	0:15																				
			2:33	8:18	12:55	16:14	19:25	22:50	27:25	30:49	31:42	32:04	41:02	46:47	51:38	54:06	56:28	59:36	1:01:30	1:06:17	1:07:41	1:08:09	1:12:10	1:17:21	
26	Rob Taylor NGOC	1:24:59	1:19:39	1:21:05	1:21:21																				
			2:18	1:26	0:16																				
			2:35	9:54	13:20	16:29	20:03	25:24	29:26	32:29	33:28	33:35	35:54	41:48	45:19	52:51	55:05	58:26	1:00:19	1:05:03	1:08:57	1:09:12	1:12:12	1:16:49	
27	Anne Tynegate BADO	1:26:52	1:20:00	1:21:16	1:21:33																				
			3:11	1:16	0:17																				
			2:43	9:49	14:53	20:10	23:44	28:10	32:20	36:37	37:29	38:03	42:37	48:58	53:04	56:59	59:49	1:03:04	1:05:07	1:11:24	1:14:50	1:15:26	1:18:18	1:22:24	
28	Brian Hughes HOC	1:26:53	1:24:27	1:25:52	1:26:09																				
			2:03	1:25	0:17																				
			2:43	7:06	5:04	5:17	3:34	4:26	4:10	4:17	0:52	<del>0:34</del>	4:34	6:21	4:06	3:55	2:50	3:15	2:03	6:17	3:26	<del>0:36</del>	2:52	4:06	
29	Gareth Irwin SBOC	1:28:45	2:03	1:25	0:17																				
			3:48	9:33	13:42	17:53	21:58	25:47	31:15	38:59	39:57	40:04	42:10	49:54	54:21	58:12	1:01:40	1:05:48	1:07:59	1:13:00	1:14:44	1:14:53	1:18:38	1:22:53	
			3:48	5:45	4:09	4:11	4:05	3:49	5:28	7:44	0:58	<del>0:07</del>	2:06	7:44	4:27	3:51	3:28	4:08	2:11	5:01	1:44	<del>0:09</del>	3:45	4:15	
30	Elisabeth Cameron NGOC	1:29:19	1:25:20	1:26:49	1:27:08																				
			2:27	1:29	0:19																				
			2:55	9:46	15:30	19:03	22:31	29:37	34:10	37:47	38:49	39:49	42:15	49:35	54:05	57:41	1:01:57	1:05:41	1:07:58	1:12:59	1:14:32	1:15:09	1:18:34	1:24:16	
31	Trevor Griffiths BOK	1:29:53	1:26:36	1:28:12	1:28:30																				
			2:20	1:36	0:18																				
			2:55	6:51	5:44	3:33	3:28	7:06	4:33	3:37	1:02	<del>1:00</del>	2:26	7:20	4:30	3:36	4:16	3:44	2:17	5:01	1:33	<del>0:37</del>	3:25	5:42	
32	Gareth Irwin SBOC	1:28:45	1:27:54	1:29:09	1:29:28																				
			3:04	1:15	0:19																				
			2:32	18:57	22:13	25:40	29:02	31:58	36:05	44:01	44:48	45:08	46:40	51:55	56:26	59:49	1:02:40	1:05:27	1:12:02	1:16:35	1:17:45	1:18:08	1:21:07	1:24:50	
33	Elisabeth Cameron NGOC	1:29:19	2:32	16:25	3:16	3:27	3:22	2:56	4:07	7:56	0:47	<del>0:20</del>	1:32	5:15	4:31	3:23	2:51	2:47	6:35	4:33	1:10	<del>0:23</del>	2:59	3:43	
			1:27:54	1:29:09	1:29:28																				
			2:46	9:21	4:15	4:00	3:55	4:57	4:35	3:13	0:51	<del>0:20</del>	2:11	16:31	4:43	2:46	3:11	3:15	1:57	4:11	1:25	<del>0:32</del>	2:37	4:50	
34	Trevor Griffiths BOK	1:29:53	1:28:32	1:29:55	1:30:11																				
			2:10	1:23	0:16																				
			3:14	10:53	14:59	21:08	25:25	29:15	34:10	40:38	41:38	41:49	44:00	51:09	56:25	1:00:50	1:03:46	1:07:57	1:10:17	1:15:39	1:17:19	1:18:18	1:21:43	1:26:24	
35	Trevor Griffiths BOK	1:29:53	3:14	7:39	4:06	6:09	4:17	3:50	4:55	6:28	1:00	<del>0:11</del>	2:11	7:09	5:16	4:25	2:56	4:11	2:20	5:22	1:40	<del>0:59</del>	3:25	4:41	
			1:29:04	1:30:42	1:31:03																				
			2:40	1:38	0:21																				

PI	Name	Time																						
<b>Blue (43) Voided legs: 44-69, 69-44</b>			<b>6.2 km 185 m</b>			<b>24 C</b>			<i>(cont.)</i>															
			1(42) 23(32)	2(49) 24(54)	3(34) Finish	4(63)	5(47)	6(81)	7(75)	8(80)	9(69)	10(44)	11(52)	12(71)	13(72)	14(73)	15(74)	16(76)	17(77)	18(48)	19(44)	20(69)	21(56)	22(55)
<b>32</b>	<b>John Harrison</b> <b>BADO</b>	<b>1:31:31</b>	3:16 3:16 1:30:38	10:23 7:07 1:32:10	14:56 4:33 1:32:28	18:26 3:30	22:40 4:14	26:55 4:15	32:30 5:35	35:46 3:16	36:27 0:41	36:56 <del>0:29</del>	38:50 1:54	57:21 18:31	1:01:27 4:06	1:05:07 3:40	1:07:31 2:24	1:11:25 3:54	1:13:51 2:26	1:18:39 4:48	1:20:31 1:52	1:20:59 <del>0:28</del>	1:24:27 3:28	1:28:15 3:48
<b>33</b>	<b>John van Rooyen</b> <b>SAX</b>	<b>1:34:34</b>	2:23 3:37 1:32:57	1:32 6:33 1:34:41	0:18 5:46 1:35:02	19:39 3:43	23:43 4:04	27:27 3:44	32:21 4:54	35:46 3:25	36:40 0:54	36:48 <del>0:08</del>	38:59 2:11	47:58 8:59	52:26 4:28	56:13 3:47	59:30 3:17	1:03:36 4:06	1:05:49 2:13	1:19:23 13:34	1:21:13 1:50	1:21:33 <del>0:20</del>	1:25:10 3:37	1:30:08 4:58
<b>34</b>	<b>Rachel Dennis</b> <b>BOK</b>	<b>1:36:39</b>	2:49 3:15 1:35:30	1:44 7:09 1:37:10	0:21 4:10 1:37:29	19:01 4:27	23:33 4:32	28:39 5:06	33:30 4:51	37:29 3:59	38:26 0:57	38:35 <del>0:09</del>	41:12 2:37	48:22 7:10	54:30 6:08	58:03 3:33	1:01:24 3:21	1:05:16 3:52	1:07:58 2:42	1:15:05 7:07	1:16:58 1:53	1:17:39 <del>0:47</del>	1:21:45 4:06	1:32:48 11:03
<b>35</b>	<b>Peter Foster</b> <b>BOK</b>	<b>1:37:04</b>	2:42 2:35 1:35:14	1:40 6:21 1:37:06	0:19 4:51 1:37:27	25:27 11:40	29:09 3:42	32:36 3:27	37:24 4:48	49:41 12:17	50:42 1:01	50:53 <del>0:11</del>	53:06 2:13	1:00:48 7:42	1:04:19 3:31	1:08:00 3:41	1:11:07 3:07	1:14:20 3:13	1:15:57 1:37	1:22:00 6:03	1:25:20 3:20	1:25:32 <del>0:12</del>	1:29:12 3:40	1:32:59 3:47
<b>36</b>	<b>Clive Caffall</b> <b>NGOC</b>	<b>1:39:04</b>	2:15 6:47 1:38:27	1:52 13:41 1:39:52	0:21 18:54 1:40:15	23:06 4:12	28:51 5:45	32:43 3:52	40:38 7:55	44:58 4:20	45:52 0:54	46:15 <del>0:23</del>	48:15 2:00	55:24 7:09	59:49 4:25	1:03:48 3:59	1:11:43 7:55	1:15:30 3:47	1:17:53 2:23	1:23:22 5:29	1:25:10 1:48	1:25:58 <del>0:48</del>	1:29:38 3:40	1:35:39 6:01
<b>37</b>	<b>Steve Williams</b> <b>NGOC</b>	<b>1:41:56</b>	2:48 3:03 1:40:42	1:25 9:48 1:42:07	0:23 14:22 1:42:27	18:20 3:58	22:52 4:32	27:52 5:00	33:07 5:15	36:27 3:20	37:24 0:57	37:33 <del>0:09</del>	39:45 2:12	52:09 12:24	57:24 5:15	1:07:30 10:06	1:13:50 6:20	1:18:21 4:31	1:20:55 2:34	1:26:39 5:44	1:28:33 1:54	1:28:55 <del>0:22</del>	1:33:20 4:25	1:38:04 4:44
<b>38</b>	<b>Pete Gladstone</b> <b>TVOC</b>	<b>1:44:01</b>	2:38 3:15 1:43:17	1:25 10:47 1:45:07	0:20 16:10 1:45:30	20:34 4:24	24:44 4:10	31:28 6:44	36:28 5:00	40:48 4:20	41:38 0:50	42:21 <del>0:43</del>	44:24 2:03	53:35 9:11	59:45 6:10	1:03:55 4:10	1:07:37 3:42	1:12:49 5:12	1:15:35 2:46	1:22:21 6:46	1:24:11 1:50	1:24:57 <del>0:46</del>	1:29:23 4:26	1:39:46 10:23
<b>39</b>	<b>Ian Phillips</b> <b>NGOC</b>	<b>1:52:59</b>	3:31 5:04 1:51:04	1:50 14:50 1:53:02	0:29 19:55 1:53:31	25:27 5:32	30:46 5:19	35:26 4:40	41:30 6:04	46:15 4:45	47:16 1:01	47:35 <del>0:19</del>	50:47 3:12	59:33 8:46	1:06:11 6:38	1:14:18 8:07	1:18:17 3:59	1:23:25 5:08	1:27:46 4:21	1:35:27 7:41	1:37:24 1:57	1:37:37 <del>0:13</del>	1:42:12 4:35	1:48:01 5:49
<b>40</b>	<b>Marie-Anne Fischer</b> <b>TVOC</b>	<b>1:53:52</b>	3:03 3:24 1:50:53	1:58 12:26 1:53:57	0:29 18:43 1:54:18	24:54 6:11	29:37 4:43	34:27 4:50	40:46 6:19	45:58 5:12	47:08 1:10	47:26 <del>0:18</del>	52:15 4:49	1:01:33 9:18	1:10:33 9:00	1:16:10 5:37	1:19:19 3:09	1:23:45 4:26	1:26:51 3:06	1:33:11 6:20	1:35:21 2:10	1:35:29 <del>0:08</del>	1:41:17 5:48	1:47:54 6:37
<b>41</b>	<b>Thomas O'Neill</b> <b>BOK</b>	<b>2:20:55</b>	2:59 3:40 2:18:09	3:04 11:22 2:20:59	0:21 15:52 2:21:26	21:38 5:46	32:11 10:33	38:27 6:16	46:03 7:36	49:11 3:08	50:09 0:58	50:26 <del>0:17</del>	53:18 2:52	1:08:00 14:42	1:12:35 4:35	1:36:30 23:55	1:39:36 3:06	1:47:03 7:27	1:50:02 2:59	1:56:04 6:02	1:59:13 3:09	1:59:27 <del>0:14</del>	2:04:59 5:32	2:14:44 9:45
	<b>David Potter</b> <b>BOK</b>	<b>dnf</b>	2:38 2:38 1:14:22	9:05 6:27 1:16:04	27:00 17:55 1:16:31	54:04 27:04	58:57 4:53	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:05:11 6:14	1:11:10 5:59
	<b>Chris Atkins</b> <b>BOK</b>	<b>dnf</b>	3:12 2:15 2:15 -----	1:42 9:25 7:10 -----	0:27 12:51 3:26 1:17:58 27:58	18:47 5:56	22:13 3:26	25:33 3:20	29:31 3:58	32:36 3:05	33:29 0:53	33:43 <del>0:14</del>	35:28 1:45	42:21 6:53	50:00 7:39	-----	-----	-----	-----	-----	-----	-----	-----	-----
<b>Green (42) Voided legs: 44-69, 69-44</b>			<b>4.8 km 120 m</b>			<b>20 C</b>																		
			1(58)	2(34)	3(59)	4(75)	5(80)	6(69)	7(44)	8(52)	9(35)	10(77)	11(48)	12(44)	13(69)	14(56)	15(47)	16(63)	17(66)	18(31)	19(60)	20(54)	Finish	
<b>1</b>	<b>Keith Agmen</b> <b>BOK</b>	<b>51:10</b>	4:01 4:01	5:38 1:37	11:03 5:25	14:45 3:42	17:38 2:53	18:27 0:49	19:17 <del>0:50</del>	21:04 1:47	24:27 3:23	27:52 3:25	32:27 4:35	33:51 1:24	35:29 <del>4:38</del>	37:57 2:28	41:20 3:23	44:23 3:03	46:58 2:35	50:55 3:57	51:59 1:04	53:19 1:20	53:38 0:19	





Pl	Name	Time																
<i>Short Green (23)</i>			<i>3.6 km 70 m</i>				<i>14 C</i>		<i>(cont.)</i>									
			1(49)	2(34)	3(63)	4(39)	5(81)	6(45)	7(75)	8(80)	9(47)	10(56)	11(38)	12(55)	13(32)	14(54)	Finish	
<b>13</b>	<b>Megan Wareing BOK</b>	<b>1:20:23</b>	6:33	12:23	20:29	26:43	32:33	38:23	41:33	52:38	1:00:31	1:05:32	1:09:19	1:15:09	1:18:14	1:20:05	1:20:23	
			6:33	5:50	8:06	6:14	5:50	5:50	3:10	11:05	7:53	5:01	3:47	5:50	3:05	1:51	0:18	
<b>14</b>	<b>Sarah Bryce NGOC</b>	<b>1:23:32</b>	10:01	22:46	30:31	35:01	41:42	47:24	50:05	55:13	1:02:59	1:08:18	1:11:11	1:18:14	1:21:17	1:23:08	1:23:32	
			10:01	12:45	7:45	4:30	6:41	5:42	2:41	5:08	7:46	5:19	2:53	7:03	3:03	1:51	0:24	
<b>15</b>	<b>Jo Foster BOK</b>	<b>1:25:20</b>	15:51	22:11	27:19	30:46	37:22	43:48	46:46	52:14	58:36	1:09:56	1:12:53	1:18:39	1:22:19	1:24:45	1:25:20	
			15:51	6:20	5:08	3:27	6:36	6:26	2:58	5:28	6:22	11:20	2:57	5:46	3:40	2:26	0:35	
<b>16</b>	<b>Peter Maloney NGOC</b>	<b>1:35:43</b>	8:09	13:42	21:22	26:23	32:29	44:02	47:47	56:25	1:03:41	1:16:25	1:19:51	1:27:47	1:31:52	1:35:14	1:35:43	
			8:09	5:33	7:40	5:01	6:06	11:33	3:45	8:38	7:16	12:44	3:26	7:56	4:05	3:22	0:29	
<b>17</b>	<b>Alan Stringer NGOC</b>	<b>1:38:17</b>	10:58	31:41	42:53	46:05	51:14	56:37	59:16	1:08:26	1:14:05	1:21:29	1:24:22	1:32:11	1:36:17	1:37:59	1:38:17	
			10:58	20:43	11:12	3:12	5:09	5:23	2:39	9:10	5:39	7:24	2:53	7:49	4:06	1:42	0:18	
<b>18</b>	<b>Susan Colbert SWOC</b>	<b>1:41:29</b>	12:48	20:03	28:27	32:54	46:59	52:11	55:26	1:02:01	1:10:54	1:21:52	1:25:09	1:33:56	1:38:04	1:41:03	1:41:29	
			12:48	7:15	8:24	4:27	14:05	5:12	3:15	6:35	8:53	10:58	3:17	8:47	4:08	2:59	0:26	
<b>19</b>	<b>John Ward OD</b>	<b>1:49:00</b>	9:30	19:26	28:03	33:17	41:19	48:53	52:37	1:01:12	1:10:45	1:25:54	1:31:16	1:41:35	1:45:34	1:48:24	1:49:00	
			9:30	9:56	8:37	5:14	8:02	7:34	3:44	8:35	9:33	15:09	5:22	10:19	3:59	2:50	0:36	
<b>20</b>	<b>Hugh Garai NGOC</b>	<b>1:53:07</b>	16:54	21:36	26:45	31:52	1:05:13	1:09:27	1:11:55	1:17:20	1:23:47	1:29:51	1:36:54	1:46:15	1:50:04	1:52:42	1:53:07	
			16:54	4:42	5:09	5:07	33:21	4:14	2:28	5:25	6:27	6:04	7:03	9:21	3:49	2:38	0:25	
<b>21</b>	<b>Richard Andrews NGOC</b>	<b>2:09:14</b>	9:58	16:59	24:46	29:20	37:52	44:50	48:44	55:43	1:40:48	1:47:22	1:51:15	2:00:49	2:05:18	2:08:25	2:09:14	
			9:58	7:01	7:47	4:34	8:32	6:58	3:54	6:59	45:05	6:34	3:53	9:34	4:29	3:07	0:49	
	<b>Howard Thomas BOK</b>	<b>mp</b>	7:10	12:18	16:55	20:44	25:26	38:49	41:30	46:10	----	----	1:03:10	1:08:55	1:12:25	1:14:30	1:15:02	
	<b>Anna Bryce NGOC</b>	<b>dnf</b>	7:10	5:08	4:37	3:49	4:42	13:23	2:41	4:40	----	----	17:00	5:45	3:30	2:05	0:32	
			6:27	13:36	24:49	28:08	34:25	----	----	----	----	----	----	----	----	1:30:18	55:53	
			6:27	7:09	11:13	3:19	6:17											

<i>Orange (14)</i>			<i>2.8 km 55 m</i>				<i>12 C</i>										
			1(42)	2(63)	3(39)	4(36)	5(50)	6(75)	7(57)	8(43)	9(38)	10(46)	11(37)	12(54)	Finish		
<b>1</b>	<b>Daniel Wareing BOK</b>	<b>36:33</b>	<b>2:40</b>	<b>3:29</b>	<b>7:02</b>	<b>10:39</b>	<b>15:33</b>	21:43	25:06	27:12	29:21	<b>32:41</b>	<b>35:30</b>	<b>36:19</b>	<b>36:33</b>		
			<b>2:40</b>	<b>0:49</b>	3:33	<b>3:37</b>	4:54	6:10	<b>3:23</b>	<b>2:06</b>	2:09	<b>3:20</b>	2:49	<b>0:49</b>	<b>0:14</b>		
<b>2</b>	<b>Sam Cottle IND</b>	<b>44:20</b>	2:45	3:42	7:39	11:55	16:41	<b>19:43</b>	<b>24:03</b>	<b>26:20</b>	<b>27:48</b>	41:41	42:55	44:00	44:20		
			2:45	0:57	3:57	4:16	<b>4:46</b>	<b>3:02</b>	4:20	2:17	<b>1:28</b>	13:53	<b>1:14</b>	1:05	0:20		
<b>3</b>	<b>John Bass HOC</b>	<b>50:45</b>	3:40	4:43	7:24	12:09	25:06	28:27	33:20	36:03	41:11	47:22	49:36	50:28	50:45		
			3:40	1:03	<b>2:41</b>	4:45	12:57	3:21	4:53	2:43	5:08	6:11	2:14	0:52	0:17		
<b>4</b>	<b>Barthelemy Albert IND</b>	<b>54:03</b>	5:08	6:09	11:43	19:11	27:04	32:33	37:38	40:13	42:43	50:02	52:48	53:47	54:03		
			5:08	1:01	5:34	7:28	7:53	5:29	5:05	2:35	2:30	7:19	2:46	0:59	0:16		
<b>5</b>	<b>Ann Brown NGOC</b>	<b>1:02:01</b>	5:57	7:49	12:40	19:30	28:25	35:36	43:02	47:24	51:25	56:23	59:13	1:01:21	1:02:01		
			5:57	1:52	4:51	6:50	8:55	7:11	7:26	4:22	4:01	4:58	2:50	2:08	0:40		
<b>6</b>	<b>Jasmine Pilbeam SWOC</b>	<b>1:02:44</b>	4:15	5:46	9:12	17:19	23:36	28:26	35:06	39:53	54:40	58:30	1:00:46	1:02:22	1:02:44		
			4:15	1:31	3:26	8:07	6:17	4:50	6:40	4:47	14:47	3:50	2:16	1:36	0:22		
<b>7</b>	<b>Freya Beynon BOK</b>	<b>1:08:05</b>	3:30	4:45	8:44	15:07	28:35	32:49	40:50	44:11	48:38	1:03:33	1:06:19	1:07:45	1:08:05		
			3:30	1:15	3:59	6:23	13:28	4:14	8:01	3:21	4:27	14:55	2:46	1:26	0:20		
<b>8</b>	<b>Rose Cameron NGOC</b>	<b>1:16:38</b>	3:54	5:15	11:58	23:35	35:03	39:37	47:32	1:01:01	1:04:32	1:11:54	1:14:29	1:16:17	1:16:38		
			3:54	1:21	6:43	11:37	11:28	4:34	7:55	13:29	3:31	7:22	2:35	1:48	0:21		
<b>9</b>	<b>Deena Andrews NGOC</b>	<b>1:33:01</b>	6:43	9:42	24:17	32:20	47:52	55:32	1:06:48	1:12:21	1:16:07	1:22:44	1:30:08	1:32:06	1:33:01		
			6:43	2:59	14:35	8:03	15:32	7:40	11:16	5:33	3:46	6:37	7:24	1:58	0:55		
<b>10</b>	<b>Rachel Woollett IND</b>	<b>2:01:57</b>	8:19	10:53	18:10	40:07	59:37	1:08:36	1:23:36	1:33:14	1:39:32	1:54:30	1:58:38	2:01:14	2:01:57		
			8:19	2:34	7:17	21:57	19:30	8:59	15:00	9:38	6:18	14:58	4:08	2:36	0:43		
	<b>Ebony Fletcher IND</b>	<b>dnf</b>	4:07	5:10	19:52	25:35	37:29	----	----	----	----	53:34	56:25	57:39	58:09	3:19	32:20
			4:07	1:03	14:42	5:43	11:54	----	----	----	----	16:05	2:51	1:14	0:30	*51	*75
	<b>Tom Gambling IND</b>	<b>dnf</b>	4:06	5:17	19:54	25:35	37:50	----	----	----	----	53:30	56:27	57:44	58:14	32:21	*75
			4:06	1:11	14:37	5:41	12:15	----	----	----	----	15:40	2:57	1:17	0:30	*75	
	<b>Abby Jones IND</b>	<b>dnf</b>	4:09	5:24	19:51	25:40	37:35	----	----	----	----	53:45	56:25	57:54	58:28	32:22	*75
			4:09	1:15	14:27	5:49	11:55	----	----	----	----	16:10	2:40	1:29	0:34	*75	
	<b>Nicola Pettiford IND</b>	<b>dnf</b>	4:11	5:28	19:56	25:44	37:52	----	----	----	----	53:57	56:30	57:58	58:31	32:26	*75
			4:11	1:17	14:28	5:48	12:08					16:05	2:33	1:28	0:33		

Pl	Name	Time			2.4 km	40 m	11 C							
			1(51)	2(42)	3(53)	4(36)	5(40)	6(61)	7(43)	8(62)	9(41)	10(37)	11(54)	Finish
<b>1</b>	<b>Samuel Horsfall</b>	<b>27:18</b>	2:30	3:20	6:29	10:12	12:08	15:51	19:20	21:11	24:55	<b>25:50</b>	<b>26:56</b>	<b>27:18</b>
	NGOC		2:30	0:50	<b>3:09</b>	<b>3:43</b>	<b>1:56</b>	3:43	3:29	1:51	3:44	<b>0:55</b>	1:06	0:22
<b>2</b>	<b>Rafferty Britton</b>	<b>27:39</b>	<b>1:40</b>	<b>2:36</b>	<b>6:03</b>	<b>10:00</b>	<b>12:00</b>	<b>15:02</b>	<b>18:22</b>	<b>21:07</b>	<b>24:25</b>	26:30	27:25	27:39
	BOK		<b>1:40</b>	0:56	3:27	3:57	2:00	<b>3:02</b>	3:20	2:45	<b>3:18</b>	2:05	<b>0:55</b>	<b>0:14</b>
<b>3</b>	<b>Maya Britton</b>	<b>31:20</b>	1:49	2:38	8:53	14:18	16:14	19:58	22:35	24:18	27:41	30:00	31:04	31:20
	BOK		1:49	0:49	6:15	5:25	<b>1:56</b>	3:44	<b>2:37</b>	<b>1:43</b>	3:23	2:19	1:04	0:16
<b>4</b>	<b>Alan Kempton</b>	<b>40:08</b>	3:57	5:11	10:37	16:00	19:13	23:52	28:25	30:52	36:00	37:20	39:29	40:08
	BOK		3:57	1:14	5:26	5:23	3:13	4:39	4:33	2:27	5:08	1:20	2:09	0:39
<b>5</b>	<b>Francis Cameron</b>	<b>41:37</b>	2:48	3:28	7:30	14:19	17:11	23:58	28:38	32:31	38:29	39:45	41:16	41:37
	IND		2:48	<b>0:40</b>	4:02	6:49	2:52	6:47	4:40	3:53	5:58	1:16	1:31	0:21
<b>6</b>	<b>Emily Horsfall</b>	<b>46:56</b>	3:20	4:22	10:18	16:29	19:54	25:06	32:39	35:35	42:06	43:52	46:27	46:56
	NGOC		3:20	1:02	5:56	6:11	3:25	5:12	7:33	2:56	6:31	1:46	2:35	0:29
<b>7</b>	<b>Marguerite Urch</b>	<b>47:49</b>	3:49	5:51	12:00	16:50	20:46	25:53	35:09	38:13	43:53	45:09	47:19	47:49
	IND		3:49	2:02	6:09	4:50	3:56	5:07	9:16	3:04	5:40	1:16	2:10	0:30
<b>8</b>	<b>Seren Brett</b>	<b>57:23</b>	3:19	4:40	13:18	19:04	24:10	31:14	41:52	47:37	53:11	55:08	57:07	57:23
	DVO		3:19	1:21	8:38	5:46	5:06	7:04	10:38	5:45	5:34	1:57	1:59	0:16
	<b>Johannes Albert</b>		2:40:46	2:42:09	2:53:30	3:01:27	3:07:27	3:17:23	3:26:15	3:30:10	3:40:26	3:42:22	3:45:07	3:45:34
	IND		2:40:46	1:23	11:21	7:57	6:00	9:56	8:52	3:55	10:16	1:56	2:45	0:27