



**A weekend of Orienteering in the  
Forest of Dean.  
( 3 events available in all )**



# **Southern Championships Weekend Feb. 20 - 21<sup>st</sup>, 2010.**

## **Sunday: Southern Championships Level 1 National event**

- Venue:** Lydney Park Estate, an area of runnable woodland with complex areas resulting from old mine workings, as used for JK 2002.
- Parking:** Field off B4231 NW of Lydney at SO607048, Postcode GL15 6ER
- Map:** Revised 2009. Scale 1:10000 or 1:15000 dependent on class.
- Courses:** National: M/W18E to M/W21E (highest placed eligible runners on these courses will be M/W18-21 Southern Champions). M/W10A&B – M/W70L&S, M75 & 80L&S, W75, W80, M/W21V  
Colour Coded: White, Yellow, Orange and Light Green.  
Free String Course.
- Entries:** Pre Entry available for both National and Colour coded courses.  
**On line entries (preferred)** at [www.fabian4.co.uk](http://www.fabian4.co.uk)  
**Postal entries** on SEF, and entry enquiries, to John Fallows, The Cottage, Comptons Alley, Tewkesbury, Glos. GL20 5QE. Tel. 01684 290256.  
Please send two SAE's for printed versions of Final Details and Results if required.  
Cost: Details £1.00 Results £1.00, both to include Saturday's Middle Distance event.  
Closing date 7<sup>th</sup> Feb. 2010. Late entries (on line only) guaranteed until 14<sup>th</sup> Feb., thereafter subject to map availability.
- Entry Fees:** National: £15.00 (Juniors/Students £6.50).  
Colour Coded (pre Entry and EOD): £8.00 (Juniors £3.00).  
£2.00 discount on all courses for Senior BOF National or SWOA local members.  
£3.00 supplement for Late Entries ( Seniors running National courses only).
- Electronic Punching:** All courses use SI electronic punching. SI card hire £1.00 (Juniors free).
- Start times:** 10.00 – 13.00
- Website:** [www.ngoc.org.uk](http://www.ngoc.org.uk) or [www.fabian4.co.uk](http://www.fabian4.co.uk) for late changes, final details, start lists and results
- Officials:** Organiser: Roger Coe (NGOC), [randvcoe@btinternet.com](mailto:randvcoe@btinternet.com) Tel. 01594 510444 (before 21.30 please)  
Planner: Paul Taunton (NGOC)  
Controller: David May (SLOW)